

10. 風邪に関する常識：構造理解

Ben Hemmens is the father of three children, including four-year-old Sophie.

According to medical experts, it is normal

for kids around this age to catch colds four to five times a year.

In adults, the ratio is about two to three times a year, for reasons that are not completely clear.

However, says Dr. Ranit Mishori of Georgetown University Hospital,

many people believe that it is possible to become immune to the common cold

so that one gets fewer and fewer colds as he ages.

“There are about 200 types of virus that cause the common cold,

yet people think that once you get infected one time, you develop immunity for the rest of your life.

This is entirely wrong,” she claims. There are simply too many different viruses,

many of which change in slight ways as they pass from person to person.
