

12. 食の安全と有機農業(2)：構造理解

In addition to food safety, another reason for the popularity of organic fruits and vegetables is that they taste better. This is why many restaurants only buy organic products.

A lot of people think organic farming is not competitive compared to other methods because it cannot grow the same quantity of food. However, new research has shown that organic farming only grows, on average, about five percent less than non-organic methods. Still, organic food today is more expensive than non-organic food.

But when the environmental and health costs of non-organic farming are considered, such as the pollution of water by pesticides, most people would agree that the higher price of organic farming is in fact a small price to pay for our health and safety.

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