

速熟 04 The Origins and Spread of Coffee : サイトラ (予習用)

If one were to ask most people, / “What do you need in the morning?”

/ the answer would surely be coffee. Were it not for coffee,

/ some people could not even go on with their day. Some people drink it straight,

/ while others add sugar or milk to their coffee.

Where did coffee come from? The exact origins are unknown,

/ but you may have heard of this story. Once upon a time, / a man in Ethiopia named Kaldi

/ was keeping an eye on some goats. Some of his goats went off / and ate some small fruits

/ from a tree. To his surprise, / these goats became very active and energetic.

Kaldi presented religious workers with his findings. They threw the berries into a fire,

/ thinking they were evil. But after smelling the rich aroma / from the beans,

/ they used them / to make a delicious hot drink.

How popular is coffee today? It has been called / the second most heavily traded product

/ in the world, / next to oil. Some economists point out that / this figure may be exaggerated.

But be it true or false, / coffee is still one of the world’s major industries.

It was worth US \$30 billion / in 2015. And it accounts for about 7 to 8% / of Colombia’s GDP.

Coffee beans must be grown, produced, exported, roasted, and sold.

Workers in these processes, / especially farmers, / are not always treated well.

The Fair Trade movement seeks to pay farmers / for their work,

/ so that they earn enough money to live / — whatever may happen / to the price of coffee.