

Saw Palmettos Text copyright 2018, Charles Theonia

The titles and body text of this edition are set in Palanquin, a type project directed by Pria Ravichandran.

This is Container object number three, designed and produced in Baltimore, Maryland.

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Container Baltimore, Maryland acontainer.co How to not keep doing the same thing forever except abruptly

dust is a pretty concept—a layer of all the befores remaining—but it doesn't belong all over everything I've observed in myself patches of magical thinking

how I pretty much believe things that change other people won't change me Maybe there is always a space between the happening and the noticing I thought I could defer loss as long as I didn't sense it,

as if you couldn't be gone while I was Let's be honest about how much pain we're in. How much we cause

How we go about knowing something and then not knowing it anymore

In a moment you choose to not-know everything that has happened between you

Your partner becomes a stranger if they go on hormones or go by another name

You cover your face with a bouquet: an apology with no eyes behind it

My bratty bottom productivity app is called Make Me, says one possible consequence for not getting my shit together is to post a puberty picture which kind of every pic of me right now is—I take this to mean I'd have to post a 10 months on T! mirror selfie

I can see my body changing, and it's just as cool as all the vloggers we made fun of made it out to be Some of the things you post on the internet make me not want to know you—but there are so few of us (*transexuals*)

I'm figuring out that I can feel for someone and still have no time for their bullshit I don't know what the right thing is. Is it easier to just not bother?

It is, and it isn't

When you're someone who worries and then there's a real reason to worry, it's not like you've prepared

Every hair is a warning

How I feel about magic: embarrassed but still a little bit into it

How my wet oil saw palmetto ritual is warding off a hair-loss curse or hoping to

How the green tincture on the water's surface smells like something done to me as a child: sitting in the bath gone cold waiting for the lice oil to set in

There are many real reasons

How often my friends are hurt and I love them. They could all die at any moment, some more than others. Sometimes they do I've started to feel desire like in dreams, which hinted I was capable of it. I feel more human

That happens when loss, too

Is it so hard to know what we want?

It is.

Over green margaritas you say you're looking for the *long now*: the moment broadening to the scale of an epoch

I wake up, see the news the blur of violence that recalls more like it, makes it feel like always

There are truckfuls and oceanfuls of migrants left idling or washing up on shores and reading about it on the couch your breath shook and mine too. Your father was lost in the desert for three weeks Then he made it out So when there's a truckload of asphyxiated refugees who don't make it out

Presently, there is one sadness, but what you feel is every sadness you've ever experienced in thin coats of fear and sorrow flaking off As before I feel I could go on forever not knowing when not to

We talk about sobbing: what if what we really want is to cry literally all the time

Maybe the only time I ever give in to anything is squirting and just look what a tremendous mess that makes

The only time we're happy in therapy is when our therapists are laughing at our jokes. As soon as one joke is over we need another one I remember thinking I loved you so much I would go live in another universe with you if you were leaving

What if we build a world together and then one day you don't want our world anymore

You want off-world

I occupy myself with wondering: in the parallel universe we would probably still be trans? Your ex said what we work on is the rest of the world–love shouldn't be work

Like mine she wanted you to do all the work and never tell her A science-type article says worrying makes the brain feel productive: physically satisfied to be working on the problem at hand

Often the problem is the habit of worry. The slipping into it

The brain, productive, not like efficient labor but like a cough: a repetitive thought bursts open and something emerges: new, slimy, generative

I didn't know that I would like my body enough to show it to you

We gazed at each other across a pink bath and fell asleep A new habit of ease, of warm wet depth. We get to current in it. Softly there begin to be conditions where I could not worry, or less, or when I do there is something to rest on