

THE PROBE

Let your light shine bright! San Antonio Dental Hygienists' Association

President's Message

By Mercedes Mendoza, RDH BA

Hola! My name is Mercedes Mendoza. I am honored to be your President for the San Antonio Dental Hygiene Association. I can't wait to see everyone in person this year. We have several events coming up including some that do not involve continuing education. This year I would like to focus on what our members want most. I am here to listen to your opinions and am open to any suggestions y'all might have; it is important to me that everyone feels heard. One way I would like to incorporate an open dialog is to have more social events. People can mingle and discuss what happened in their op that day, about their children, or which vacation they are dreaming of taking next!

We will continue to have general meetings with continuing education courses, but I would like to be a little less formal. I desire to foster an environment for our guests to feel welcomed and would love to have more group volunteer opportunities. To stay up to date with SADHA, please check our website or Facebook page.

Our theme for this year is "let your light shine" and that is exactly what I hope we will do this year! We are always looking for members to take on more responsibility within our component, whether that be applying for an officer position or helping post on our Facebook page. You can commit to as much or as little as you would like; there are no limitations to what we can do when we all help each other!



MEET YOUR BOARD MEMBERS



ANDREA WISEMAN

Immediate Past President

CARMELA VILLAREAL

Vice President



SARAH RODDY

Treasurer



JESSICA DUNCAN

Secretary



JODIE HOSTETER

Trustee

A NOTE FROM TRUSTEE

Welcome to the San Antonio Dental Hygienists' Association's new year. I'm Jodie, your component Trustee. I will attend and represent YOU at the Texas Dental Hygienists' Association meetings. Your voice matters! Don't hesitate to reach out.

Be sure to join us at our business meetings. There is some amazing continuing education that is in store. Remember, all continuing education is open to the dental team, members, and guests. There is a fee for any guests.

*Kind regards,
Jodie Hostetter, RDH, BSDH*

SCHEDULE OF EVENTS

| | | |
|----------------------------|---|--|
| October 27th at 6:30 p.m. | Ajuua 11703 Huebner Rd. #208 San Antonio, TX 78230 | Student Night & General Meeting Delegate Nominations |
| November 4th & 5th | VFW, San Antonio, TX | Texas Mission of Mercy |
| November 11th at 6:30 p.m. | Los Cucos 1310 E. Common St. New Braunfels, TX 78130 | General Meeting & CE by Dr. Kohut Voting on Delegates |
| December 9th | TBD | General Meeting & CE by Dr. Reinecke |
| January 13th | TBD | General Meeting & CE |
| February 3rd-6th | Houston Marriott Westchase 2900 Briarpark Houston, TX 77042 | TDHA Annual Conference |
| February 10th | TBD | General Meeting & CE |
| March 10th | TBD | General Meeting & CE Nominations of Officers |
| April 14th | TBD | General Meeting & CE Voting on Officers |
| May 12th | TBD | Installation of Officers |

More information to come. Stay up to date with us online on our Facebook page or website.





Catalina Arredondo
Irma Calvio
Wendy Casanova
Reanna Castilleja
Maria Garanzuay
Caleb Gonzalez
Dejan Kohut

Liliana Lazarin
Stormy O'Sullivan
Sharon Olguin
Emma Reeves
Summer Stahl
Andrea Trabue
Lesia Whisenhunt

Past Events



SOCIAL EVENT AT
ALAMO BEER
COMPAMY

MAY OFFICER
INSTALLATION
AT BETO'S ALT-MEX



THE PROBE

Recap of Virtual TDHA Annual Conference 2021

Saturday February 13, 2021

Welcome - Jodie Hostetter

The 79th Texas Dental Hygienists' Association Annual Conference kicked off February 13, 2021, in a new setting, virtually. It was an adjustment, and we missed the normal buzz of being in person and spending time with our colleagues and friends from around the state. There was still excitement as TDHA President Marian Tajchman gave her opening remarks. ADHA President, Lisa Moravec, was in attendance, gave greetings and well wishes for a productive meeting. Lynda Bean, our ADHA District IX Trustee joined the opening ceremonies and provided her greetings.

Student Poster Presentations- Jessica Duncan

The following are brief summaries of student presentations

Oral Crohn's disease

Oral manifestations = orofacial granulomatosis, recurrent aphthous ulcers, or cobblestone appearance.

Treatment = anti-inflammatory medication, steroids, antibiotics, immunomodulators, biologic therapy.

In-office treatment = treating symptoms with dry mouth aids, like Biotene, for dry mouth and using mouth rinses.



Uncovering the Truth about Mask Mouth

Clinical symptoms of 'mask mouth' are xerostomia and halitosis, mouth breathing, caries, periodontal disease, dehydration, and bruxism from prolonged use of a mask. Recommended using aids to wear the mask more comfortably and to hydrate.

Fad Diets: Affecting the Oral Health of Adults

Fad diets discussed included vegetarian/vegan, intermittent fasting, ketogenic diet, and juice diet. Students recommend MyPlate from the USDA. Oral manifestations from fad diets could include oral lesions like stomatitis and glossitis, teeth becoming brittle and more susceptible to decay.

Importance of Recognizing and Responding to Human Trafficking in a Dental Setting

Research shows human trafficking victims do visit the dental office during their captivity. RDHs should be aware of symptoms of abuse in the victims such as unexplained bruising, scars, pain, swelling or redness, dehydration, and malnutrition. They may avoid eye contact and seem quiet, hesitant to answer questions, uneasy or anxious. Signs of a perpetrator include controlling interactions, keeping personal documents of the victim, unwilling to leave the victim alone, paying with cash, prepaid credit cards or gift cards. RDH has a duty to report cases within 48 hours of visit for minors, elderly, or those with special needs, with or without consent. RDHs have a duty to obtain consent to report personal information from adults before releasing but must still report without information if no consent is obtained.

Mental Health and Wellbeing: An occupational Hazard in Oral Health Care

Stress for the RDH comes from several sources such as not enough time in work schedule, neediness of patients, lack of decision-making ability, difficulty maintaining work-life balance, and physical pain.

Recommendations are recognizing and promoting the need for mental health resources that identify coping skills for work related stressors.

Use of Platelet Rich Fibrin in Periodontics

The use of PRF has become more popular in multiple applications within the field of periodontics like root coverage due to recession, furcation defects, three-walled bony defects, and sinus augmentation for dental implant placement. However, there is no consensus that PRF produces statistically significant results.



Dental Ultrasound Technology

As an alternative to dental radiographs, using ultrasound technology for imaging. Advantages include no ionizing radiation, noninvasive, allowable repeated exposures, low cost, patient comfort, less contraindications, and easily portable.



Genetic Associations with Dental Caries and Periodontal Disease

There is a correlation between genetic markers and dental caries and genetic markers and periodontal disease. More research is needed to determine which genetic marker is specifically responsible for the immune response to these dental microbes. Finances are a barrier to more research in genetics.

An Alternative Approach to Conventional Regenerative Therapies: Cultivating Stem Cells from Deciduous Teeth

Stem cells can be collected from exfoliated deciduous teeth, potentially reducing the ethical controversy over stem cell collection. Potential uses include periodontal tissue regeneration, bone regeneration in patients with orofacial defects such as cleft lip/palate, and a less invasive approach to treatment for patients with diabetes.

Low Level Laser Therapy and Oral Mucositis

LLLT shows non detrimental effects and a positive correlation with healing on oral mucositis. It has been shown to reduce pain, trismus, inflammation, and xerostomia in head and neck cancer patients.

What's the deal with SDF? Attitudes and Perceptions

Under rule 115.2, dental hygienists are allowed to place Silver Diamine Fluoride (SDF) as a topical drug in an area of a diagnosed cavitated lesion as interpreted by the TSBDE.



Honeybee Products in Dentistry

Propolis is a sticky substance obtained from plants and is enriched with salivary enzymes of honeybees. The components include polyphenols, waxes, aromatic acids, and volatile oils. The higher the MGO in the honeybee products the stronger the proposed healing and antibiotic effects.

Low Level Lasers and Oral Lesions

The use of a low-level laser on a lesion, such as herpes labialis and aphthous ulcer, can reduce the healing time by up to 3-5 days. In addition to treatment of oral lesions, LLLs can be used to help with bacterial reduction, pocket therapy, perio debridement, and hemostasis.



Enriching the Scope of Cultural Perceptions: Integrating Diversity and Inclusion in Dental Hygiene Education

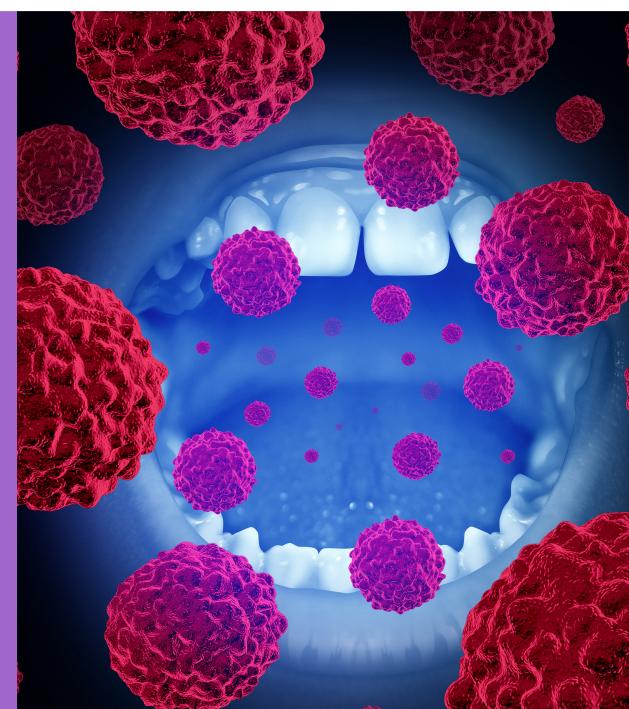
Diversity and inclusion continue to be a systemic issue among people of color within the educational system. Understanding the importance of diversity within specific educational programs is essential to promoting access to care, particularly given the increasing growth of minority populations in the US. Giving value to skill sets that promote cultural diversity, outside of only test scores, will help to achieve a more culturally diverse student population.

Chronic Mechanical Irritation: Association to Oral Cancer

Chronic mechanical irritation is an injury caused in the oral mucosa by the continuous repeated mechanical action of a detrimental intraoral agent. There is no evidence on the relationship between CMI and oral cancer; however, CMI has been identified as a potential risk factor.

Is CBD NBD? What Clinicians Should Know about Cannabidiol

There is evidence of potential therapeutic benefits of using CDB both within and outside the field of dentistry; however, further research is needed. Clinicians should stay up to date on the risks and benefits of CBD use.



THE PROBE



The Effects Polycystic Ovarian Syndrome Has on the Periodontium

PCOS can affect one in 10 women and can lead to chronic inflammation. PCOS can also lead to a potential insulin resistance. Patients could potentially benefit from an additional prophylaxis treatment to prevent periodontal disease.

Therapeutic Chewing Gum

Discussed the use of chewing gum as a vehicle to administer a medicament such as xylitol, chlorhexidine, or even probiotics. More research is needed.



1st House of Delegates

Report by Saralyn Ferrell

On February 6th, 2021, we met for the First House of Delegates virtually through Zoom due to precautions for the Covid-19 pandemic and it went very smoothly despite our first time convening as a large group virtually. HOD One was called to order by our very own Speaker of the House, Monna Carpenter-Barin, RDH, BS, SLP. During the meeting the strength of the house was 100. Below you will find a synopsis of the PR's and PBY's discussed as well as the TDHA Board's recommendations:

PBY-1: No objection, Board recommended adoption

The Board of Directors shall be composed of:

- a. President, President-Elect, Vice-President, Secretary, Treasurer, Immediate Past President, as elected by the HOD and,
- b. One trustee from each component, elected by that component, (or their alternates as defined in Article XI Section 3.)
- c. Five (5) Directors elected by the BOD,
- d. TDHA Student delegate,
- e. Educator/Faculty member approved by the BOD.
- f. No person shall have more than one vote, even should the person hold more than one office.

PBY-2 Board recommended adoption

Be it resolved that, the Texas Dental Hygienists' Association amended Article VII House of Delegates, Section 5.

Meetings by inserting:

c. Virtual Session. The House of Delegates may meet virtually or may make provisions for individuals to join an existing meeting through the use of a conference telephone, electronic, or other suitable communications equipment by means of which all persons participating in the meeting can communicate with each other and such participation shall constitute a member's presence at such meeting.

1. If voting is to take place at the meeting, the association must:

- a) Implement reasonable measures to verify that every person voting at the meeting by means of remote communications is sufficiently identified, and
- b) Keep a record of any vote or other action taken.



1st House of Delegates

Report by Saralyn Ferrell

**PR1: Withdrawn by maker
Great Fort Worth**

**PR2: Board recommended
adoption**

Be it resolved that; Texas Dental Hygienists' Association supports licensed dental professionals to be able to administer vaccinations with proper training during a public health crisis.

**PR3: Board recommended
adoption**

Be it resolved that, Texas Dental Hygienists' Association advocates for registered dental hygienists to be recognized as a high-risk health care professional when determining eligibility for immunizations.

May it be noted that the Resolutions committee met on January 25th and discussed PR 7, referred to the committee by 2020 TDHA HOD. TDHA supports specialty certifications for RDHs. However, the Resolutions Committee recognizes that ADHA has established a new broader policy that aligns with this PR at 2020 ADHA HOD, which happened after TDHA annual conference in 2020. The policy is posted in ADHA policy document under EDUCATION/CONTINUING EDUCATION and reads:

"The American Dental Hygienists' Association supports specialty certification program opportunities for registered dental hygienists."

Specialty Certification 12-20 Adopting resolution would be duplicating the policy and so the committee recommends to reject PR.

Slated Ballot

President: Janessa Bock

President Elect: Annette Smith

VP: Mercedes Mendoza

Secretary: no nominations

Speaker of the House: Angela Do

Delegate Nomination: 6 to go to ADHA

- Melissa Terry
- Angela Do
- Shawna Greer
- Stacy Limas
- Mercedes Mendoza
- LeAnn Winker
- Connie Groves

NEWLY ELECTED DIRECTORS

(THESE POSITIONS ARE NOMINATED BY TDHA BOARD
MEMBERS AT PRE-BOARD MEETING)

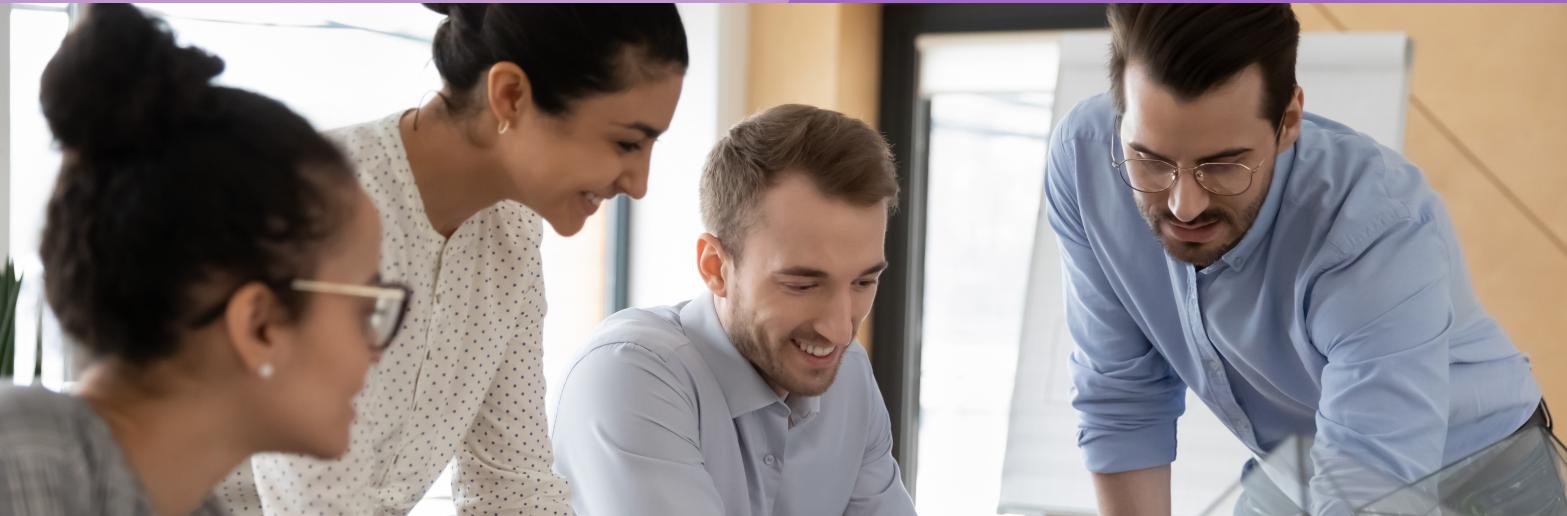
Legislative: LeAnn Winkler
Communication: Shawna Greer
Membership: Nissa Hashmani
Student Director: Christina Horton

INTRODUCTION OF COMPONENT TRUSTEES

- Melissa Terry - Central Texas
- Jodie Hostetter - San Antonio
- Angela Chih Do - Houston
- Alisha Bell -North Texas
- Mandy Weems - Great Collin
- Sarabeth Vallard -Greater Ft Worth
- Helene Picard-Sanchez - Rio Grande Valley
- Kassandra Bowie - Dallas
- Melissa Vetter - Austin
- Chriszelda Luna - Bay Area
- Marque Mathis - Brazos Valley
- Jessi Jost - Concho
- Brittany Johnson - Corpus Christi
- Kayla Golden - East Texas

BYLAWS /RESOLUTIONS

by Virginia Carillo



I had the opportunity to report on the Bylaws and Resolution at the 79th TDHA Annual Conference during the 1st House of Delegates meeting. First off, I wanted to provide a brief overview on what bylaws, proposed bylaws, and proposed resolutions are. Bylaws are the rules and principles that define your governing structure, that may specify the qualifications, rights, liabilities of membership, duties, of an organization. A proposed bylaw is an amendment along with changes to existing bylaw policies. Proposed resolutions are proposals drafted that may be in regard to certain actions, methods, procedure, or policy in favor of the organization.

During the 1st HOD the following proposed bylaws were brought forward for amendments.

SOURCE: VIII Board of Directors

PBY 1

- Composition by moving e to f and adding a new e. Educator/Faculty member approved by the BOD.
- e. Educator/Faculty member approved by the BOD.
- f. No person shall have more than one vote, even should the person hold more than one office

Justification: Adding an educator/faculty member as a voting member to the TDHA board will increase communication between educators and TDHA.

BYLAWS /RESOLUTIONS

by Virginia Carillo



PBY 2: Article VII House of Delegates, Section 5. Meetings - to amend section C. Virtual Session.

Justification: While state law, Texas Business Organizations Code, allows organizations to meet virtually, placing this type of meeting in the TDHA Bylaws would give members easier access to this information.

Both were sent to the Bylaws Committee for further discussion on amendments and would report at the 2nd HOD with amendments and final action of the HOD.

Next up were two Proposed Resolutions that were brought to the floor by Greater Houston Dental Hygienists' Association during the 1st HOD.

PR2 - RESOLUTION:

Be it resolved that; Texas Dental Hygienists' Association supports licensed dental professionals to be able to administer vaccinations with proper training during a public health crisis.

JUSTIFICATION: Registered dental hygienists are educated and licensed health care providers who should be empowered to assist their communities in flattening the curve by administering vaccines.

BYLAWS /RESOLUTIONS

by Virginia Carillo



PR3 - RESOLUTION:

Be it resolved that, Texas Dental Hygienists' Association advocates for registered dental hygienists to be recognized as a high-risk health care professional when determining eligibility for immunizations.

JUSTIFICATION: Supports TDHA's continuing advocacy efforts to get registered dental hygienists acknowledged as a high-risk healthcare professional.

Both were sent to the Bylaws Committee for further discussion on amendments and would report at the 2nd HOD with amendments and final action of the HOD.

I found the PR 2 & PR3 relevant to what our profession is dealing with presently with regard to COVID circumstances. The final action of the PBY's and PR's were discussed during the 2nd HOD. I hope you all found the proposed resolutions interesting and demonstrate how the delegates at the annual conference are advocating in favor of our profession and welfare.

LEGISLATIVE UPDATE

By Stacy Limas



**CONDUCTED ON
SATURDAY
13,2021 FROM 3-
4PM.**

This session was hosted by LeeAnn Winkler, Legislative Chair and TDHA Lobbyist Stephanie Smith.

UPDATES INCLUDED

1. HyPAC page on FB raffles off items throughout the year
2. "Love Thy Neighbor" opportunity (\$21 to enter will gave 5 winners) – ended
3. Stephanie was made an honorary member of TDHA presented at pre-board 2021
4. Proceeding with 2 bills: Teledentistry and an Omnibus bill
5. Teledentistry:
 - 6. Was opposed last session
 - 7. This session, Charles Perry from Lubbock will be our bill sponsor and we have a stronger representation on the board
 - 8. Stephanie Klick will carry both bills (Teledentistry and Omnibus)
 - 9. Omnibus will cover multi-occupations and addresses access to care
10. We have a draft for stand-alone Local Anesthesia bill- will evaluate whether or not to come forward with it. TDA is still heavily opposed to this bill
11. Teledentistry Bill highlights:
 - 12. Creates a definition of "teledentistry"
 - 13. Amends # of non-dentists that any one dentist may supervise (no more than 5)
 - 14. Dispensing a controlled substance is limited to no more than a 5-day supply
 - 15. Lawsuit against TSBDE challenging board position to not modify the rule of the tactile exam
 - 16. New Speaker of House is out of Beaumont, TX
 - 17. Liz Campos is new out of SA, Steve Allison big supporter of Local Anesthesia for SA
 - 18. Will need to reach out to members to support our efforts
 - 19. Last session only 18% of bills were introduced -anticipated less than that this session

HYPAC LIVE AUCTION

SARAH RODDY

The HyPAC Fundraiser took place on Saturday and this year's theme was Get Lit for HyPAC and San Antonio's delegation was lit. I don't mean lit in the way that you are thinking, but we were lit for the occasion. We wore their lit headbands, necklaces, bracelets and earrings, one delegate even had a lit fuzzy jacket. It was a happening night. This year was a little different than in the past in that we were at home bidding from the comforts of our own homes. Auctioneer Brita McNeil did a great job as always to auction off all sorts of good items. The event raised a total of \$8,159.00. The San Antonio association helped a big way in raising funds by outbidding some of the Texas Dental Hygienists' Members. We raised \$1,840 bringing them over halfway to meeting their goal for the 2021-2022 fiscal year. It is always a fun time and if you have never attended, you need to be sure to attend in the future.



TDHA ANNUAL MEETING 2021

PRESIDENT BREAKFAST REPORT 7:30 AM – 8:30 AM



ATTENDEES

-
- Janessa Bock TDHA**
President
- **Andrea Wiseman San Antonio**
 - **Chriszelda Luna Bay Area**
 - **Shawna Greer Houston**
 - **Tricia Brazo Valley**
 - **Melissa Vetter Austin Daniel Van Pelt Corpus Christi**
 - **Mercedes Mendoza San Antonio**
 - **Angela Doe Houston Jess Choncho**
 - **Erika North Texas**

INTRODUCTIONS

Discussion consisted of:

Sharing CE ideas; Collaboration with other components utilizing Webinar to share CE presentation

Leadership and Development Quarterly meetings with components presidents

Group Me with all Presidents of Components

Supporting each other to prevent “burnout”

Board Meetings will be in person: April 17-18 in Austin; July 17-18 in Waco

Monthly Benefits for Members with consistent reminders to our members

CLOSING REMARKS

Marion graciously gave her final farewell and passed on the gavel. Janessa, president elect, mailed and presented Marian with a plaque and gavel pin for her dedication and representing all Texas Hygienists with grace and poise. A tribute video highlighted her most memorable moments throughout the year.

INSTALLATION

Janessa was installed, delivered a powerful and moving greeting to introduce the upcoming theme for the year, Key to the Future. She installed the following board members:

- Immediate Past: Marian Tachjman
- Legislative Director: LeeAnn Winkler
- Membership Director: Khairunisa Hashmani
- Communications Director: Shawna Greer
- Professional Development Director: Cindie Pierce
- Office of Educator Liaison: Kristi Dalton (new position)
- Treasurer: Cathy Nobles
- Secretary: Stacy Limas
- Speaker of the House: Angela Do
- Delegate: Janessa, Annette, Connie, Mercedes, Melissa, Shawna, Stacy, Angela, LeeAnn
- Vice President: Mercedes Mendoza
- President Elect: Annette Smith



INTERESTED IN RUNNING FOR AN OFFICER POSITION?



We are currently taking nominations for the upcoming year. Please email sadhasecretary@gmail.com to notify Andrea Wiseman, Nominating Chair.



HYPAC NEEDS YOU!



Donations to our Hygiene Political Action Committee can be made in any amount and at any time throughout the year!

A one-time donation or monthly donation can be set up. This year TDHA will hold a quarterly raffle for anyone donating monthly. Winners will receive a \$15 gift card. Join us at our next meeting or email sadhasecretary@gmail.com for more information.

INVEST IN YOUR FUTURE AND YOUR PROFESSION OF DENTAL HYGIENE!



Tex HY-Pac PLEDGE CAMPAIGN 2021-2022

YES! I COMMIT TO DONATE ONE HOUR'S PAY EACH MONTH TO HELP PROTECT THE PROFESSION OF
DENTAL HYGIENE IN TEXAS!

NAME: _____ COMPONENT: _____
ADDRESS: _____
CITY: _____ STATE: _____ ZIP: _____
PHONE: _____ EMAIL: _____

DONATION AMOUNT: \$_____
FREQUENCY: monthly____ (Feb 2021-Jan 2022) one time donation____

METHOD OF PAYMENT: CASH CHECK# _____
 Credit Card M/C Visa Am-Ex
Card No: _____ EXP _____ / CVV: _____

SIGNATURE: (if using Credit Card) _____
 I understand that my contribution to TX HYPAC is strictly voluntary and I may choose to decline to contribute without reprisal. I understand that my contribution is not a tax-deductible as a charitable contribution for federal or state tax purposes.

Please make checks payable to:
Tex Hy-PAC
Mail to: Connie Groves, Tex Hy-PAC Treasurer
Or email to: hypactreasurer@gmail.com



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Serving the San Antonio Dental Community since 1994.



**THANK YOU
FOR YOUR SUPPORT!**

