

# The Probe

## President's Message

Greetings, members of the San Antonio Dental Hygienists' Association! My name is Stacy Limas, and it is my absolute honor to serve as your President for 2019-2020.

As luck would have it, this is the 20-year anniversary of the Spice Girls movement! Their music always gives me that carefree, happy feeling I had growing up singing and dancing [badly] to their music. I knew no other theme for my Presidential year would do. To me, the music of the Spice Girls embodies friendship, empowerment, encouragement, and good times. These are all qualities I hope to bring to the table as your President over the next year.

I'd like to take a moment to recognize your officers, committee chairs, and delegates for their commitment to serve YOU, our members – they've really got the hang of the Spice Girls theme! We have been brainstorming and planning over the summer for the upcoming year.

Our main goal this year is to develop and strengthen the relationships in our community, which aligns with our theme. Being a member of this component, I've heard over the years that it can be a lot to come every month after work for just 1 hour of CE. We've also not had much social interaction. Taking these points into consideration, we would like to try something different this year.

In lieu of a business meeting AND CE, we will be hosting:

1. 2-hour CE's held at Matamoros every other month on the 2<sup>nd</sup> Tuesday of the month.
2. Business meetings held offsite on the alternating month, followed by a group activity. Location will be announced on our website and Facebook page. RSVP will be required for booking purposes.
3. Community service events throughout the year that serve San Antonio. We would be delighted to have you join us!



We hope to create good times for all over the next year, and we hope to see you sometime- "say you'll be there"? Let's have a zig a zig amazing year, y'all! (Sorry, I had to)

Sincerely yours,  
Stacy Limas, RDH, BSDH  
President, SADHA



Pictured (left to right) are your 2019-2020 Executive Board Members: Vice President, Sunni Lott; Immediate Past President, Sandra Salazar-Mendoza; President, Stacy Limas; President-Elect, Andrea Wiseman; Secretary, Saralyn Farrell; Trustee, Mercedes Mendoza



Steven Parrett, DDS



Jeanette MacLean, DDS



Judy Bendit, RDH



Douglas Young, DDS

## Online CE Supported By Elevate.

We were pleased to provide financial support to assist in the development of these continuing education programs to further professionals' knowledge about this exciting chemistry.

### ***Evolving Approaches to Treating Tooth Decay,***

Led by Steven Parrett, DDS  
[cdeworld.com/webinars](http://cdeworld.com/webinars)

### ***Silver Diamine Fluoride: The Newest Tool In Your Caries Management Toolkit,***

Led by Judy Bendit, RDH and Douglas Young, DDS  
[www.dentalacademyofce.com/dace/courses.aspx](http://www.dentalacademyofce.com/dace/courses.aspx)

### ***Silver Is The New Black: Improving Your Practice with Silver Diamine Fluoride,***

Led by Jeanette MacLean, DDS  
[www.dentaltown.com/onlinece](http://www.dentaltown.com/onlinece)

**Schedule your FREE consultation. Please contact:**

Andrea S. Wiseman, RDH | Phone: 830-385-5285 | Email: [awiseman@elevateoralcare.com](mailto:awiseman@elevateoralcare.com)

Or visit [elevateoralcare.com/dentist/staffmeetings](http://elevateoralcare.com/dentist/staffmeetings)



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## A few thoughts from your Immediate Past President, Sandra Salazar-Mendoza



Pictured from left to right: Tina Grote, Sandra Salazar-Mendoza, Jamie Black Smith, Monna Carpenter-Barin (Sandra's Hygiene Classmates)



I hope everyone has had a wonderful summer. I had a chance to celebrate my quincenera with my fellow dental hygiene classmates. 15 years out of school and loving this wonderful career of ours. I celebrated with my classmates at RDHUOR in Dallas. If any of you have not had the opportunity to attend UOR, I truly encourage y'all to attend.

**Have you ever thought about being a part of the SADHA Board or Chairing a committee? Well, now is your time to SHINE! All positions are OPEN. Not to worry, there are Facilitation Documents to help you understand what responsibilities each position requires. The current board is also willing to mentor for all positions. If interested, please visit with Sandra Salazar-Mendoza (immediate Past President).**

## Trustee's Report

Hello Members! My name is Mercedes Mendoza and I am starting my second year as Trustee for the San Antonio component. I hope everyone had a wonderful summer full of fun. My job as trustee is to be the liaison between the state and local level of your association.

Towards the end of The Probe, there is a pledge form for Texas HY PAC, the donations from this will go to help our legislative efforts for the coming years. I encourage everyone whether you are a member or not to donate an hour's worth of your salary monthly to help this cause.

If you have any questions, you can email me at SADHATrustee@gmail.com. I welcome your questions and concerns.

There are several ways to stay connected to SADHA! All information for our meetings, CE courses, projects, and more are posted on the SADHA website, and Facebook and constantly updated by the SADHA website committee (Celia Aviles & Sarah Roddy,). We encourage you to visit and interact with us any time you like:

SADHA Website:

[www.SanAntonioDHS.org](http://www.SanAntonioDHS.org)

"Like" SADHA on Facebook:

[www.facebook.com/SADDHS](http://www.facebook.com/SADDHS)



Find us on  
**Facebook**

## Recent Grads!

Now that you have graduated, take time to transfer your membership from student to professional at [www.adha.org](http://www.adha.org). A recent graduate with a dental hygiene license can transition to a professional membership for free. So, don't hesitate, take the time to visit the website, update information and check out your member benefits. Use your membership to develop professional contacts, form new friendships and secure a job that's right for you.



## **WE HAVE EMPLOYMENT OPPORTUNITIES!**

Would you like to post a temporary, part-time, or full-time job opportunity to SADHA members? If so, please contact the Employment Co-Chairs:

Virginia Carrillo [vcarrillordh@gmail.com](mailto:vcarrillordh@gmail.com)  
210.535.5470

Bette Atwell-Chubb [betterdh@hotmail.com](mailto:betterdh@hotmail.com)  
210.822.0049

## MEMBERSHIP NEWS

We have a new membership chair this year! Jodie Hostetter is our go-to person for all your membership questions and needs.

SADHA would like to extend a sincere thanks to the continued membership and support of each and every one of you. As a non-profit organization and association, we are always searching for new members to make our yearly membership goals and to strengthen the voice of dental hygiene. The more active/current SADHA/ADHA members, the louder we speak and the more impact we can make as a profession.

Please extend an invitation to any RDHs you know, whether a friend, family member, or coworker to join ADHA and take advantage of all the professional benefits that come along with membership as well as taking pride that they are a member of the largest dental hygiene organization in the WORLD!

We always have a membership welcome table at all our meetings, please feel free to stop by and say hello to Jodie or any other board member. They are more than willing to answer any questions or concerns you might have.

Looking forward to see you our first meeting.

For more information about membership, visit [www.ADHA.org](http://www.ADHA.org).

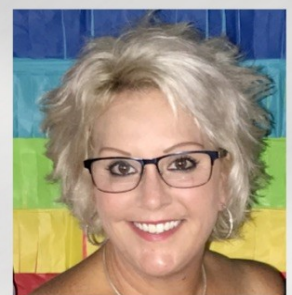


## Have Lunch On Us and Learn About...

- Silver Diamine Fluoride 38% (SDF)
- True Fluoride Varnish Innovations
- New Caries Risk Assessment Codes
- New Dry Mouth Spray with Patent-Pending Technology
- Lozenges & Lollipops with Bactericidal Cavibloc™

For more information contact **Andrea S. Wiseman, RDH.**

Phone: 830-385-5285 • Email: [awiseman@elevateoralcare.com](mailto:awiseman@elevateoralcare.com)



# SADHA CALENDAR OF EVENTS

DATE & TIME	EVENT	PLACE
SEPTEMBER 10TH 6:30 P.M. SIGN IN 7P.M. CE	“FORENSIC DENTISTRY: WHAT IS IT AND IS THERE A PLACE FOR DENTAL HYGIENISTS?” LINDA MILLARD, RDH, BSDH, MED	MATAMOROS
OCTOBER 8TH 6:30 P.M. ARRIVE 7 P.M. MEETING	GENERAL MEETING & SOCIAL WORKOUT WITH FRANKIE MISSFIT PEREZ	SMASH DANCE 6883 BANDERA RD.
OCTOBER 18 & 19	MISSION OF MERCY	KERRVILLE, TX
NOVEMBER 12TH 6:30 P.M. SIGN IN 7 P.M. CE	KATE KECK WITH DOTERRA OILS	MATAMOROS
DECEMBER 2ND 5 P.M.—8 P.M.	ELF LOUISE GIFT WRAPPING	TBA
DECEMBER 10TH 6:30 P.M. ARRIVE 7 P.M. MEETING	GENERAL MEETING & SOCIAL	TBA
JANUARY 14TH 6:30 P.M. SIGN IN 7 P.M. CE	“IS DENTAL EROSION AN ORAL CONDITION OR DISEASE?” AMANDA MITCHELL, RDH, BAS, MA	MATAMOROS
FEBRUARY 11TH 6:30 P.M. ARRIVE 7 P.M. MEETING	GENERAL MEETING & SOCIAL NOMINATIONS	TBA
FEBRUARY 15TH 9 A.M.—11 A.M.	VALENTINE’S BREAKFAST	RONALD MCDONALD HOUSE
MARCH 10TH 6:30 P.M. SIGN IN 7 P.M. CE	“NAVIGATING THE WORLD OF BIO- FILM: ARE YOU READY?” LIISA MAYO, RDH, BSDH, MHA	MATAMOROS
APRIL 14TH 6:20 P.M. ARRIVE 7 P.M. MEETING	STUDENT NIGHT VOTING	MATAMOROS
MAY 12TH 6:30 P.M. ARRIVE 7 P.M. INSTALLATION	INSTALLATION OF NEW OFFICERS	MATAMOROS





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**Website: [dentalpartnersllc.com](http://dentalpartnersllc.com)**

**emails: [admin@dentalpartnersllc.com](mailto:admin@dentalpartnersllc.com)**

**or [temping@dentalpartnersllc.com](mailto:temping@dentalpartnersllc.com)**

**Serving the San Antonio Dental Community since 1994.**



*Registration for the TDHA Winer Tour on November 2, 2019 will be opening soon! Info will be posted on the TDHA Facebook page. This fabulous day will include:*

*6 hours of CE with Katrina Sanders (The Dental Winegenist) and Marianne Dryer*

*3 Hill Country winery tours & tastings*

*Yoga*

*Transportation & meals (lunch & dinner will be at wineries in Fredericksburg)*

*Registration will be \$275 and limited to the first 50 registrants!*



## What is TXHYPAC?

TXHYPAC is a group of politically active TDHA members who voluntarily pool their resources to support candidates for office who are well-placed to support the professional interests of dental hygienists and the patients they serve. TXHYPAC enables dental hygienists to interface directly with candidates for state office to ensure that candidates are aware of the role of the dental hygienist on the dental team and the impact the profession has on the delivery of care.

### **Have you ever wondered how much of a difference your contribution to TXHYPAC makes?**

When TXHYPAC contributes to a candidate's campaign, the TDHA most often sends members from the state association to attend events for candidates for state office. This allows members the opportunity to meet the candidate in person and put a face on dental hygiene. TDHA members would have an opportunity to speak directly with a state candidate about the role of the dental hygienist on the dental team and the impact the profession has on the delivery of oral health. We need all the help we can get.

Please help to advance the future of dental hygiene by making a contribution! Use the form below and donate \$10 or an hour of your day each month. *Contribution is not tax-deductible as a charitable contribution for federal or state tax purposes.*

Visit Sarah Roddy at our monthly meetings for donating to this wonderful cause. You may also contact her at [hypactreasurer@gmail.com](mailto:hypactreasurer@gmail.com) for any questions.



INVEST in YOUR FUTURE of Dental Hygiene in TEXAS!



Texas Dental Hygienist's Association Political Action Committee

**TEX HYPAC PLEDGE CAMPAIGN  
2019-2020**

**YES! I COMMIT TO DONATE ONE HOUR'S PAY EACH MONTH TO HELP PROTECT  
THE PROFESSION OF DENTAL HYGIENE IN TEXAS!**

NAME: \_\_\_\_\_ COMPONENT: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

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DONATION AMOUNT: \$ \_\_\_\_\_

FREQUENCY: monthly \_\_\_\_\_ (Feb 2019-Jan 2020)      one time \_\_\_\_\_

METHOD OF PAYMENT:    ☐ CASH    ☐ CHECK# \_\_\_\_\_    ☐ Credit Card

☐ M/C   ☐ Visa   ☐ Am-Ex Card No: \_\_\_\_\_

EXP \_\_\_\_/\_\_\_\_ CVV: \_\_\_\_\_

SIGNATURE: (if using Credit Card) \_\_\_\_\_

☐ I understand that my contribution to TX HYPAC is strictly voluntary and I may refuse to contribute without reprisal. I understand that my contribution is not a tax-deductible as a charitable contribution for federal or state tax purposes.

**Please make checks payable to:**

Tex Hypac

**Mail to:**

Sarah J. Roddy, RDH

Tex Hypac Treasurer

793 Stirrup Dr.

Spring Branch, TX 78070

Phone (210)232-4833

Or email [hypactreasurer@gmail.com](mailto:hypactreasurer@gmail.com)