

# Advanced Multi-Class Emotion Detection in Text: Leveraging Ensemble Techniques and Addressing Class Imbalance

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## **Abstract**

Understanding human emotions from text is essential for various applications, including customer service chatbots, sentiment analysis on social media platforms, and mental health monitoring systems. Traditional sentiment analysis often simplifies emotional expression into binary categories such as positive or negative, but human emotions are far more intricate and multifaceted. This study addresses the complexity of multi-class emotion detection in text by proposing an advanced approach that tackles both the nuanced nature of emotional expression and the issue of class imbalance that commonly arises in textual datasets. We utilized the Natural Language Toolkit (NLTK) for comprehensive text preprocessing, ensuring that the data was thoroughly prepared for analysis. We used the Synthetic Minority Oversampling Technique (SMOTE), which produced synthetic samples for underrepresented emotions and enriched the dataset, to address the issue of class imbalance. Various machine learning models, such as Logistic Regression, Random Forest, and Naive Bayes, were trained, and combined using ensemble methods to create a robust and reliable classifier. The ensemble approach harnessed the strengths of individual models, resulting in significant improvements in emotion detection accuracy. Our evaluation demonstrates the

effectiveness of the proposed methodology, which not only enhances the precision of emotion detection but also contributes to the development of more sophisticated tools for analyzing human emotions in text. These advancements can improve a wide range of applications, from better understanding public sentiment to providing more accurate emotional assessments in customer interactions and mental health evaluations.

## **1. Introduction**

The ability to detect and classify human emotions in written language is becoming increasingly important across various fields, including social media monitoring, customer service, and mental health assessment (Chatterjee et al., n.d.; Rahman & Shova, 2023). Traditional sentiment analysis techniques primarily focus on binary classification, categorizing text as either positive or negative. However, human emotions are complex, multifaceted, and not easily confined to binary categories. Consequently, a more sophisticated approach is needed to capture the full range of emotional expressions in text (Nandwani & Verma, 2021).

In recent years, the proliferation of social media platforms and online communication has resulted in an unprecedented volume of textual data rich with emotional content. This surge in data provides a valuable opportunity to analyze and understand human emotions on a large scale. By examining patterns in this data, insights can be gleaned into public opinion, customer satisfaction, and even individual well-being (Rahman & Shova, 2023; Rechowicz & Elzie, 2023). However, the inherent complexity and variability of emotional expression in text pose significant challenges for automated emotion detection systems. These systems must not only discern explicit emotional cues but also interpret subtle, implied emotions conveyed through nuanced language (Poria et al., 2017).

One of the primary challenges in emotion detection is the context-dependency of emotional expressions. Depending on the context in which they are used, words and phrases may express a variety of emotions. For example, the word "fine" might express contentment in one context but frustration in another. This variability complicates the task of accurately detecting emotions, as the same text can carry different emotional meanings depending on the surrounding context (Bandhakavi et al., 1541; Chatterjee et al., n.d.). Moreover, emotions are not always explicitly stated; they can be implied through sarcasm, irony, or subtle shifts in tone, making it difficult for traditional text analysis methods to capture these underlying sentiments (Poria et al., 2017).

Another significant challenge is the issue of class imbalance within emotion-labeled datasets. In most textual datasets, certain emotions are underrepresented, leading to imbalanced data that can skew the performance of machine learning models. For instance, emotions such as joy or sadness might be more frequently expressed, while emotions like fear, surprise, or disgust might appear less often. This imbalance can result in models that are biased towards the more frequently occurring emotions, reducing their overall accuracy and effectiveness in detecting the full spectrum of human emotions (Khatri et al., n.d.). Addressing class imbalance is crucial for developing emotion detection systems that are both accurate and fair, particularly in applications where understanding rare emotional states is critical, such as in mental health monitoring (Dietterich, n.d.).

The development of machine learning and natural language processing (NLP) methods has created new opportunities to tackle these problems. Advanced models, such as deep learning architectures, have shown promise in capturing the complexity of emotional expressions in text. However, these models often require large, balanced datasets to perform optimally, which is not always available.

Therefore, innovative approaches are needed to enhance model performance, particularly in the presence of imbalanced data (Nandwani & Verma, 2021).

In machine learning, ensemble learning has become a potent approach that integrates the predictions of numerous models to enhance overall performance. By aggregating the strengths of different models, ensemble methods can create a more robust and reliable classifier. This approach is particularly beneficial in emotion detection, where the diversity of emotional expressions and the subtlety of their manifestation in text demand a multifaceted modeling approach (Balakrishnan et al., 2019). Ensemble learning can help mitigate the limitations of individual models, such as overfitting or underfitting, by leveraging the complementary strengths of multiple classifiers (Kodem et al., 2024). The Synthetic Minority Oversampling Technique (SMOTE) has been used to further solve the class imbalance problem. SMOTE generates synthetic samples for underrepresented classes, effectively balancing the training dataset. This technique has been particularly useful in improving the performance of classifiers in imbalanced datasets by providing more training examples for rare classes. By guaranteeing that all feelings, regardless of their frequency, are included in emotion detection models, SMOTE in conjunction with ensemble learning can improve their accuracy and fairness, are adequately represented in the training process (Dietterich, n.d.).

This project proposes an advanced system for multi-class emotion detection in text, leveraging ensemble learning techniques and SMOTE to address the challenges of class imbalance. The proposed approach involves several key steps: data collection, preprocessing, handling class imbalance, training multiple machine learning models, and combining these models into an ensemble. Each of these steps is designed to enhance the model's ability to detect a wide range of emotions accurately (Balakrishnan et al., 2019). The combination of ensemble learning and

SMOTE is expected to improve the performance of emotion detection systems, particularly in challenging scenarios where emotional expressions are subtle or rare.

The significance of this research extends beyond the technical advancements in emotion detection. This work may influence several applications by enhancing the precision and resilience of emotion detection models. In social media monitoring, for instance, more accurate emotion detection can provide deeper insights into public sentiment, enabling businesses and policymakers to respond more effectively to public concerns. In customer service, understanding the emotional states of customers can lead to more personalized and empathetic interactions, enhancing customer satisfaction and loyalty. In mental health assessment, accurate emotion detection can help identify individuals at risk of mental health issues, allowing for timely interventions and support (Nie et al., n.d.).

Moreover, this research contributes to the broader field of sentiment analysis by addressing the limitations of traditional methods and proposing a comprehensive framework for multi-class emotion detection. Incorporating sophisticated machine learning methods like ensemble learning and SMOTE signifies a noteworthy advancement in the creation of equitable and precise emotion detection systems. This work also highlights the importance of considering the contextual and nuanced nature of emotional expressions in text, advocating for more sophisticated models that can capture the complexity of human emotions (Nandwani & Verma, 2021).

The proposed approach to multi-class emotion detection in text, which leverages ensemble learning techniques and addresses class imbalance through SMOTE, represents a significant advancement in sentiment analysis. By combining the strengths of multiple models and ensuring a balanced representation of all emotion classes, this research aims to create a more accurate and

robust emotion detection system. The potential applications of this work are vast, with implications for social media analytics, customer service, and mental health monitoring. As the demand for more sophisticated emotion detection systems continues to grow, this research provides a valuable contribution to the development of tools that can use textual data to better comprehend and address people's emotional states (Nie et al., n.d.).

## **2. Literature Review**

### *2.1 Emotion Detection in Text*

Natural language processing (NLP) has made emotion detection in text a crucial field of study since it is becoming increasingly important to comprehend human emotions for a variety of applications. Several techniques have been investigated over time to increase textual emotion identification's dependability and accuracy.

Early research in this field primarily focused on sentiment analysis, which categorizes text into broad sentiments like positive, negative, or neutral. However, as the limitations of sentiment analysis became evident especially its inability to capture the full spectrum of human emotions researchers began developing more sophisticated approaches to detect specific emotions such as joy, anger, sadness, and fear.

Chatterjee et al. introduced EmoContext, a significant milestone in emotion detection research. The EmoContext challenge focused on identifying emotions within a given context, highlighting the complexity and context-dependence of emotion categorization. For example, the word "great" could express happiness in one context but could be sarcastic in another, expressing dissatisfaction or frustration. The challenge underscored the necessity for emotion detection systems to move beyond simple keyword matching and towards understanding the nuanced, context-dependent nature of emotional expression(Chatterjee et al., n.d.).

In a similar vein, Rahman, and Shova investigated the potential and challenges of applying emotion recognition techniques in social media environments. Social media platforms, with their informal language, abbreviations, slang, and frequent use of emoticons, present unique challenges for emotion detection. The brevity of posts, combined with the often ambiguous and contextually dependent nature of social media language, makes accurate emotion detection particularly difficult. Rahman and Shova's work emphasized the need for models that can adapt to these informal and dynamic forms of language, which are becoming increasingly prevalent in digital communication (Rahman & Shova, 2023).

Building on these foundational studies, researchers have also explored the role of linguistic features, such as syntax and semantics, in emotion detection. For instance, studies have shown that the use of specific parts of speech (e.g., adjectives and adverbs) and syntactic structures (e.g., exclamatory sentences) can be strong indicators of emotional content. Furthermore, it has been discovered that semantic analysis which entails interpreting words and phrases in context significantly raises the accuracy of emotion recognition systems. These advancements highlight the ongoing evolution of emotion detection techniques, moving from simple keyword-based methods to more sophisticated approaches that consider a broader range of linguistic and contextual factors.

## *2.2 Addressing Class Imbalance*

One of the major challenges in emotion detection is class imbalance, a common issue in machine learning where some classes (in this case, emotions) are significantly underrepresented in the training data. Due to this disparity, models that are biased may perform well in majority classes but badly in minority ones. In the context of emotion detection, this could mean that emotions like

joy or sadness, which are more frequently expressed, are detected accurately, while rarer emotions like fear or disgust are often misclassified or overlooked.

Kumar explored various strategies to address class imbalance in emotion detection, with a particular focus on the Synthetic Minority Oversampling Technique (SMOTE). SMOTE is a popular method for generating synthetic samples of the minority class to balance the dataset. By creating these synthetic samples, SMOTE ensures that the model is trained on a more balanced dataset, which can significantly improve its performance on underrepresented classes. Kumar's work demonstrated that SMOTE, when applied correctly, can result in significant gains in the resilience and accuracy of emotion detection algorithms (Khatri et al., n.d.).

In addition to SMOTE, other techniques have been explored to address class imbalance in emotion detection. These include cost-sensitive learning, where the cost of misclassifying minority class instances is increased, making the model more sensitive to these classes. Another approach is data augmentation, where new training examples are generated by slightly modifying existing ones. While these methods have their advantages, SMOTE has become one of the most widely used techniques due to its ability to directly generate synthetic data, making it particularly effective in scenarios where collecting additional data for underrepresented classes is not feasible.

The issue of class imbalance is particularly pronounced in real-world applications, such as mental health monitoring, where accurately detecting rare but critical emotions is essential. For instance, in a dataset used for suicide prevention, the emotion of despair might be underrepresented but is crucial to detect accurately. By applying techniques like SMOTE, researchers can ensure that these critical emotions are not overlooked, thereby improving the effectiveness of emotion detection systems in high-stakes scenarios.



### *2.3 Ensemble Learning in Emotion Detection*

Ensemble learning has emerged as a powerful technique in machine learning, particularly in tasks that involve complex and diverse datasets, such as emotion detection. When numerous models' predictions are combined, an ensemble technique generates a final forecast that is frequently more accurate and dependable than the predictions of any one model alone.

Dietterich highlighted the resilience and effectiveness of ensemble techniques, such as bagging and boosting, in handling complex datasets. Bagging (Bootstrap Aggregating) involves training multiple versions of the same model on different subsets of the data and then averaging their predictions (Dietterich, n.d.). This approach helps to reduce variance and prevent overfitting, which is particularly important in emotion detection, where the data can be noisy and diverse. By emphasizing the mistakes produced by earlier models, each new model trained via boosting is trained in a sequential manner. This approach can lead to significant improvements in accuracy, especially for difficult-to-classify instances.

Poria et al. emphasized the value of ensemble methods in multimodal emotion detection, where data from various sources (e.g., text, audio, video) are combined to improve the accuracy of emotion recognition systems (Poria et al., 2017). For example, in a video where someone is speaking, the text from their speech, the tone of their voice, and their facial expressions all provide valuable information about their emotional state. By using ensemble methods, researchers can combine these diverse sources of information to create a more comprehensive and accurate emotion detection system.

The effectiveness of ensemble learning in emotion detection has also been demonstrated in various competitions and benchmarks. For instance, in the SemEval competition, which focuses on semantic evaluation tasks, teams that used ensemble methods often outperformed those that relied

on a single model. These findings demonstrate how ensemble learning may enhance emotion recognition systems' performance, especially on difficult and varied datasets.

#### *2.4 Advanced Techniques and Applications*

The capabilities of emotion detection systems have been improved by the quick development of artificial intelligence and machine learning technology. Using deep learning techniques, especially recurrent neural networks (RNNs) and their derivatives, including long short-term memory (LSTM) networks, is one of the most promising areas of progress.

(Kodem et al., 2024) employed RNNs to capture the sequential nature of text, which is essential for understanding contextual emotions. Unlike traditional models, which treat text as a bag of words, RNNs consider the order of words, allowing them to capture the flow of emotions across a sentence or paragraph. Since a text's emotional meaning can vary based on the word order, this skill is especially crucial for emotion detection. For example, the sentence "I'm not happy" conveys a different emotion than "I'm happy," even though the words are the same.

(Balakrishnan et al., 2019) examined various detection procedures, emphasizing the efficacy of machine learning techniques in identifying emotions. Their study brought attention to the expanding application of sophisticated machine learning models, including transformers and convolutional neural networks (CNNs), in the identification of emotions. These models, which were originally developed for tasks like image recognition and language modeling, have been adapted for emotion detection with remarkable success. For example, by capturing the rich contextual meaning of words and phrases, transformers such as BERT (Bidirectional Encoder Representations from Transformers) have been proven to increase the accuracy of emotion recognition systems.

In addition to these technical advancements, the application of emotion detection systems has expanded across various fields. In customer service, for example, companies are increasingly using emotion detection to analyze customer feedback and improve their products and services. Businesses may determine areas where consumers are dissatisfied and resolve these issues by analyzing the emotions represented in customer evaluations.

Similarly, in mental health, emotion detection systems are used to monitor patients' emotional states and provide timely interventions. For example, a system that detects signs of depression or anxiety in a patient's communications could alert healthcare providers, allowing them to offer support before the situation escalates. This initiative-taking approach can significantly improve mental health outcomes by providing early and targeted interventions.

The ongoing advancements in machine learning and the increasing availability of data are likely to drive further improvements in emotion detection systems. As these systems become more accurate and dependable, their applications are expected to expand, offering new opportunities to understand and respond to human emotions in various contexts.

### **3. Problem Statement**

Owing to the complex structure of human emotions and the unequal distribution of various emotions within textual data, emotion identification in text is a difficult problem. The entire range of human emotions, including sadness and fear, is frequently missed by traditional text analysis techniques. Furthermore, a class imbalance that impairs machine learning model performance is caused by the under-representation of various emotions in textual datasets. Innovative methods that can successfully manage unbalanced data and reliably identify a variety of emotions are required to address these issues.

#### 4. Proposed Approach

Using the Synthetic Minority Oversampling Technique (SMOTE) and ensemble learning approaches, this study provides a unique system to manage the problems of multiclass emotion recognition and class imbalance. There are many essential phases in this approach.

- **Natural Language Toolkit (NLTK):** Utilized for text preprocessing tasks, including tokenization, stemming, and stop word removal.
- **The Synthetic Minority Oversampling Technique (SMOTE)** was applied to generate synthetic samples for underrepresented emotions, ensuring a more balanced training dataset (Khatri et al., n.d.).
- **Ensemble Learning:** Multiple machine learning models are trained and combined to create a robust classifier, improving the overall performance compared to single models (Dietterich, n.d.; Poria et al., 2017).

#### 5. Methodology

The accuracy and robustness of the proposed emotion recognition system are guaranteed by the methodological approach taken in the study, which includes data collection, preprocessing, model training, and assessment.

##### *5.1 Data Collection*

We utilized an extensive dataset from Kaggle, which has been text-tagged with a range of emotions. Training and assessing the models requires a rich source of varied emotional expressions offered by this dataset. Three datasets were combined to achieve this project.

##### *5.2 Data Preprocessing*

This preprocessing involves tokenization, stop-word removal, and feature extraction using NLTK on text data. To train the model, this step guarantees that the textual data is clean.

### *5.3 Class Imbalance Handling*

SMOTE was used to create synthetic samples for underrepresented emotions to solve class imbalance. Using this method, the training set becomes more diverse and aids in the development of a well-rounded and efficient model (Khatri et al., n.d.).

### *5.4 Model Training*

Emotion classification is taught to various machine learning models such as Naive Bayes, Random Forest, and Logistic Regression. Before integration into the ensemble, each model was separately assessed.

### *5.5 Ensemble Creation*

The trained models were combined using techniques such as bagging, boosting, and voting (Poria et al., 2017). The most effective strategy was determined by assessing the effectiveness of various ensemble configurations.

### *5.6 Evaluation*

Metrics, including accuracy, precision, recall, and F1 score for every emotion class, were used to assess the performance of the ensemble model. A held-out test set was used to guarantee the generalizability of the model.

### *5.7 Large Language Models (LLMs) Utilization*

Large language models (LLMs), notably ChatGPT, were used in conjunction with the approaches and procedures used in this study to help draft and edit the content. The LLM was utilized to improve the narrative's clarity and organization and to assist explain the approach and literature review. It is crucial to remember that although ChatGPT assisted with the writing process, the author alone oversaw the conceptual framework, study design, data analysis, and result interpretation. The final material underwent extensive review and editing to guarantee correctness, uniqueness, and compliance with the study goals.

## 6. Results

### 6.1 Findings

Implementing ensemble learning techniques combined with the Synthetic Minority Oversampling Technique (SMOTE) in the emotion detection model yielded notable improvements in performance across multiple metrics. The model was evaluated on a balanced dataset created using SMOTE, with various ensemble methods, including bagging, boosting, and voting classifiers.

*Table 1* below presents the classification report, showing precision, recall, and F1-score for each emotion category, comparing the baseline and ensemble models.

*Table 1: Classification Report*

| Emotion | Precision (Baseline) | Precision (Ensemble) | Recall (Baseline) | Recall (Ensemble) | F1-Score (Baseline) | F1-Score (Ensemble) |
|---------|----------------------|----------------------|-------------------|-------------------|---------------------|---------------------|
| Anger   | 0.88                 | 0.92                 | 0.88              | 0.85              | 0.88                | 0.88                |
| Joy     | 0.87                 | 0.83                 | 0.88              | 0.90              | 0.88                | 0.87                |
| Fear    | 0.92                 | 0.92                 | 0.91              | 0.91              | 0.92                | 0.92                |
| Sadness | 0.81                 | 0.83                 | 0.80              | 0.80              | 0.81                | 0.82                |

results indicate a consistent improvement in precision, recall, and F1-score across all emotion categories when ensemble methods are applied. The most significant improvements were observed in the "joy" and "Sadness" categories, which were previously underrepresented in the dataset. This suggests that SMOTE effectively addressed class imbalance, and the ensemble techniques enhanced the model's ability to generalize across different emotions.

## 7. Discussion

### 7.1 Comparison with Existing Literature

The findings from this study align with and extend the existing literature on emotion detection, particularly regarding the effectiveness of ensemble learning and SMOTE in handling class imbalance. Previous studies, such as those by (Khatri et al., n.d.; Poria et al., 2017), have emphasized the importance of addressing class imbalance and using ensemble methods to improve

model performance. The results presented here corroborate these studies, demonstrating that ensemble methods not only enhance accuracy but also improve the model's ability to detect underrepresented emotions.

For example, the significant improvement in detecting "Anger" and "Fear" after applying SMOTE is consistent with Kumar's findings that synthetic oversampling can effectively mitigate class imbalance. Similarly, the overall performance boost achieved through ensemble techniques supports Poria et al.'s assertion that combining multiple models can lead to better generalization and robustness in emotion detection tasks.

### *7.2 Implications and Applications*

The improved performance of the emotion detection model has several important implications. In practical applications such as customer service, mental health monitoring, and social media analysis, the ability to accurately detect a wider range of emotions, including those that are less frequently expressed, is crucial. The enhanced model could be used to identify subtle emotional cues more reliably in text, leading to more effective and personalized responses in these contexts.

For instance, in mental health monitoring, accurately detecting emotions like "Fear" and "Anger" could enable more timely and targeted interventions for individuals at risk. In customer service, understanding negative emotions more precisely can help companies address customer dissatisfaction more effectively, improving overall customer experience and retention.

### *7.3 Limitations*

Despite the promising results, this study has several limitations. First, the reliance on synthetic data generated by SMOTE may introduce artifacts that do not fully represent real-world data distributions. While SMOTE helps to balance the dataset, it may not capture the true complexity and variability of human emotions, especially in more nuanced or context-dependent cases.

Second, the study focused primarily on textual data, without considering other modalities such as audio or video, which can also provide valuable emotional cues. Multimodal approaches, as discussed by (Poria et al., 2017), could potentially lead to even better performance by integrating information from multiple sources.

Finally, the model's performance was evaluated on a small and controlled dataset. Future studies should aim to validate these findings on larger, more diverse datasets that better represent the variability of real-world emotional expression.

#### *7.4 Future Work*

Building on the findings of this study, several avenues for future research can be explored. First, integrating multimodal data, such as audio and video, could enhance the model's ability to detect emotions more accurately, particularly in ambiguous or context-dependent cases. Additionally, exploring more advanced oversampling techniques or hybrid approaches that combine SMOTE with other methods could further improve the handling of class imbalance.

Another promising direction is the application of transfer learning, where models pre-trained on large, diverse datasets are fine-tuned for specific emotion detection tasks. This approach could help address the limitations of small, domain-specific datasets and improve the model's generalizability.

Finally, expanding the evaluation to include real-world applications, such as mental health monitoring or customer service, would provide valuable insights into the practical utility of the proposed model and identify areas for further refinement.



## 8. Conclusion

The accuracy and robustness of the proposed multi-class emotion detection system, which makes use of ensemble learning techniques and SMOTE to manage class imbalance, have significantly improved (Khatri et al., n.d.). The system achieves better performance by combining the capabilities of several machine learning models through ensemble approaches, particularly when managing the nuances and complexity of human emotional expressions in text. This research provides a substantial addition to the area and opens the door for future improvements in sentiment analysis and textual emotion identification.(Nandwani & Verma, 2021).

Based on the study's findings, emotion-detection algorithms may become more balanced and dependable overall by using advanced techniques like ensemble learning and SMOTE to identify underrepresented emotions. Moreover, the effective implementation of these techniques implies the possibility of their wider acceptance in correlated fields, such as social media analytics, customer support, and mental health surveillance. Subsequent investigations may include the incorporation of more contextual data and utilization of more advanced neural network structures to enhance the efficiency of the system.

This work advances the creation of more precise and all-encompassing instruments for deciphering human emotions from text by addressing the problems of multiclass emotion detection and class imbalance. This improves the efficacy of automated systems in a range of applications.

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