



SATORI

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SUMMER CAMP 2016

For the highly capable teens who love learning

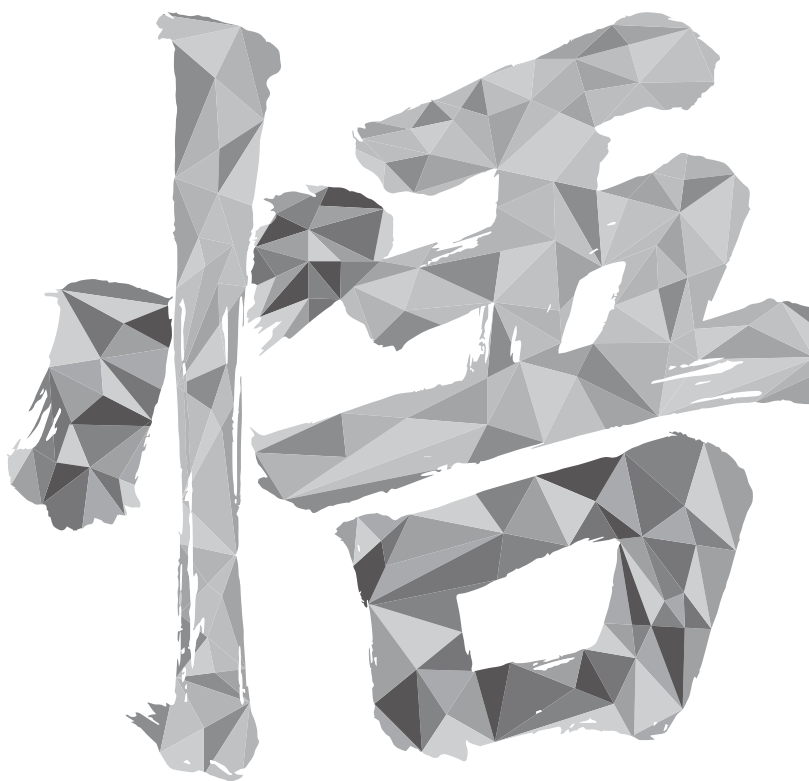
Our Story, who we are, what we do

Literally, the word Satori is Japanese for “Ah Ha!” It originally represented a state of enlightenment sought in Zen Buddhism. It’s an exploration of the mind and the unknown. It’s the insight you achieve only after expending a good deal of your energy and imagination. Satori is the sense of joy that comes from learning.

For junior high and high school students, the word Satori is also the name of a one-week journey toward their own personal enlightenment through specialized instruction and social activities. For its 28th consecutive summer, Eastern Washington University is proud to present this opportunity for academically and intellectually talented students to experience their first taste of college with others who share their enthusiasm for learning in an academic and social environment.

Satori Camp allows students to choose three mini-courses from a variety of offerings. Participants are introduced to a wide range of academic and special interest courses designed to develop a well-rounded individual. Each course is held for approximately two hours a day over the six days of camp. This continuity allows for in-depth exploration of subject material, active inquiry and discussion, and hands-on participation by students.

While attending Satori, campers live on Eastern’s tree-shaded main campus in Cheney, Washington. This collegiate setting is ideal for learning and provides a realistic opportunity for college-bound students to gain college preparatory experience. Recreation and entertainment opportunities round out the student’s total learning experience. Because the camp is designed as an enrichment experience, no letter or number grades are given.



Tuition & Registration

Registration for Satori 2015 will be done exclusively online.

Residential Camper

(On-Campus): \$650

Payment includes residence hall housing, all meals, class instruction and materials (except lab fees as noted), facilities usage, recreation, T-shirt, camp photo and a certificate of achievement. Free: an amazing experience of the mind and finding life-long friends.

Commuter

(Off-Campus): \$550

Includes lunch (Monday-Friday), class instruction and materials (except lab fees as noted), facilities usage, recreation, T-shirt, camp photo and a certificate of achievement. Free: an amazing experience of the mind and finding life-long friends.

Check In and Closing Ceremonies

Sunday, July 24, from 3 to 4 p.m. is scheduled for check-in. Parents are welcome to stay for opening ceremonies at 4:30 p.m. Camp officially ends at 11 a.m., Saturday, July 30, 2016, with closing ceremonies from 10:30 to 11 a.m.. We invite all parents to attend.

Scholarships

A very small number of camp scholarships are available for low-income students. In order to acquire application information, please contact Satori Camp Scholarships c/o Sara Maleki at 220 Showalter Hall, Cheney, WA 99004 or call 1-800-999-8363. The formal applications must arrive at the Satori Camp office prior to June 3, 2016. Formal notification will be mailed out June 17, 2016.

Cancellations

Notification of cancellation must be in writing and postmarked no later than July 2, 2016. Tuition paid will be refunded less a \$25 clerical charge. After this date, refund requests will be allowed only in case of emergencies and will require an explanatory letter from a parent.

Please send written notices of cancellation to:

Satori Camp Cancellations c/o Sara Maleki
220 Showalter Hall,
Cheney, WA 99004

Discipline and Supervision

The 2016 Satori Camp reserves the right to dismiss anyone for any serious violation of regulations. No tuition will be refunded for any camper dismissed or who voluntarily withdraws from camp. All participants are subject to continuous supervision and must remain with the camp at all times.

Student Advisory Council

Campers attending at least their third year of Satori Camp are invited to take part in our Student Advisory Council. This council was established over fifteen years ago by students, with the goal of using students' input and ideas to further develop the idea of "Satori."

The S.A.C. arrives one day early for a roundtable and leadership workshop facilitated by camp directors. All interested campers must submit a one-page essay on why they would like to be a part of the S.A.C. Applications will be ranked by order received and by the quality and thoughtfulness of the essay. Application deadline is July 8, 2016.

Important note: all campers must turn in a medical release form at the time of online registration in order to participate in Satori Camp. Classes are filled on a first-come, first-serve basis. If you do not get your first choice, you will automatically be placed on a waitlist for that class.

Agenda

Daily Schedule

7:30–8 a.m.	Breakfast
8:10–10 a.m.	Morning Session
10:30–12:20 p.m.	Midday Session
12:30–1 p.m.	Lunch
1:10–3 p.m.	Afternoon Session
3:30–5 p.m.	Recreation Time*
5:30–6:30 p.m.	Dinner
7–9 p.m.	Evening Activities
10 p.m.	Lights Out

Evening Activities

Sunday	Check-in (3-4 p.m.) Welcome to Satori! Orientation, Campus Tour and Counselor Group Projects
Monday	Capture the Flag
Tuesday	Skit Night
Wednesday	First Annual Satori Time-Traveler's Ball
Thursday	Satori Scavenger Hunt
Friday	Camp Dance
Saturday	Check-out (9:30-10:30 a.m.), Closing Ceremonies at 10:30 a.m



Courses and Descriptions

Morning Session (8:10–10:00 A.M.)

Sato 011:

Listen with your Eyes
(CRN 22387)

Our environment is full of non-verbal communication. This course will begin to explore the visual world and how we perceive it. We will explore visual cues in the natural and man-made world, and begin to understand our own visual literacy and learn how to manipulate the visual world.

Sato 012:

Infectious and Emerging Diseases
(CRN 22390)

The immune system of humans and other animals and its role in preventing and controlling disease will be described. Other topics of discussion enable us to regulate the immune system and treat a number of different types of diseases, as well as current diagnostic procedures to evaluate the immune system for function and activity.

Sato 013:

Art As A Door To Understanding Reality
(CRN 22391)

Explore historical realities through the visual arts. Day 1- "Why Art?" & "How the Ancient Greeks Changed Our Way of Seeing.", Day 2 - "The Middle Ages- From Darkness to Mystical Light.", Day 3- "The Renaissance: Resurrection of the Classical. ", Day 4- "Photography & Film: The Impressionist Response.", Day 5- "The Age of Extremes & 'Shock of the New.'" Please be prepared to be intrigued.

Sato 014:

Picture This!
(CRN 22392)

Digital photography offers a variety of imagery opportunities that are built on the traditions of photography. In this class, students will be able to learn art concepts through the elements of art and principles of design, improve and develop digital photography skills, compose and produce well-crafted digital images, demonstrate a basic knowledge of Adobe Photoshop, and create projects that yield individual creativity and personal interpretation in a final portfolio.

*There is a \$15 lab fee associated with this course which must be paid at the time tuition is due. All students must bring their own digital camera - cell phones do NOT count.

Sato 015:

Old-Style Journalism in a New
Media World (CRN 22393)

The media world has changed more than anyone could possibly imagine in the last 10 years. Gone are the days of ticking wire transmissions and typewriters. Facebook starts revolutions. Reporters are on Twitter. Videos go viral on YouTube. We will take a look at how news is generated and why you should care how you get it. In this class, we will also visit with some of the exciting careers a changing media world is offering.

Sato 016:

Unknown Rights are Useless: Do
You Know Yours? (CRN 22394)

In this class we will explore where your rights come from and what they are. We will look at such questions as: Who has to respect your rights? Do your rights stem from the US Constitution or elsewhere? Do you have rights if you travel to a foreign country? Come prepared to learn what your actual rights are.

Sato 017:

Catch a Brain Wave (CRN 22395)

This class will be held in a psychophysiology laboratory that can be used to measure GSR (sweat gland activity in the palms), heart rate, vasodilatation and constriction of peripheral blood vessels (using a photo electric cell placed on a finger), brain waves, eye movements, and facial muscle activity during emotional responses.

Sato 018:

Awaken your Inner Geek with Variables,
Loops and Arrays (CRN 22396)

In this introduction to programming class you'll learn about the history of computers and the fundamentals of computer programming. You'll get hands-on experience writing code in the C# programming language while building something fun.

Sato 019:

The Satori Film Challenge (CRN 22397)

In this brand new class, campers will learn to express their ideas through film by tackling unique challenges daily. They will be divided into teams and work to push their creativity to new levels through writing, cinematography, and special effects. The campers will also have to complete their work under a deadline, as every day's videos get uploaded onto the camp's website, making this truly the greatest Satori challenge ever!

Courses and Descriptions

Midday Session (10:30 a.m. - 12:20 p.m.)

Sato 021:

The Philosophy and Culture of Satori (CRN 22398)

Satori, by the Zen Buddhist definition, is a state of sudden spiritual enlightenment. In this class we will explore not only the meaning of Satori, but the culture that surrounds it. We will study both the Japanese language and the writings of the Japanese. Students in this class will even get to use Japanese calligraphy and make their own Kanji. Prepare to be enlightened!

Sato 022:

Acting Like a Star (CRN 22399)

Although none of us is likely to make \$20 million on our next job, acting is a fabulous creative outlet and exercises myriad skill sets. Using improvisation, clown and text analysis, we will learn how to step into the lives of other characters for the stage or screen. At the end of the class, we will get to perform scenes (for our classmates) drawn from the canon of Western Dynamic literature, including Hamlet, Death of a Salesman, and the 1986 film "Ferris Beuller's Day Off."

Sato 023:

Preserving Food (CRN 22400)

Learn techniques for preserving food, from pickling to drying to cold storage. We will study the traditions and seasonality of food and learn different ways of harvesting, storing, and consuming nutrients throughout the year. Participate in hands-on preserving activities to get a taste of several techniques. This is the only Satori class that actually feeds you!

Sato 024:

Karate (CRN 22403)

Ichii! Ni! San! Shi! Students will learn basic karate techniques and judo throws taught in the authentic martial arts atmosphere. The concepts of dignity and respect will be emphasized along with a strengthening of the spirit, which allows the student to push back the limits of their physical prowess. This course is taught by a black-belt in Karate. You will learn the discipline and grace of the art of Karate! Ha-ya!

Sato 025:

The Satori Harold (CRN 22404)

In Print and Video, spread the news! How would you like to be involved in one of Satori's most important lifelines? The eyes and ears of camp, otherwise known as this class, will be responsible for documenting events, highlights and thoughts throughout the week both on paper and on film! Be a part of creating the stories and producing video footage that will ultimately capture how Satori 2016 will be remembered.

*Course restrictions: Must be a returning Satori camper; high school students only.

Sato 026:

The Great Recession (CRN 22405)

Learn about the most significant on-going crisis since the 1930's Depression. Investigate the role of globalism, free market ideology, the history of "corporate welfare," income inequities, credit and debt, the housing mortgage crisis, "systemic risk" vs. "moral hazard," "jobless recovery," TARP, stock market indicators, currency/oil futures, and the emergence of the New Plutocracy. View the 2016 Oscar-winning documentary "Inside Job." A crash course for all aspiring capitalists and revolutionaries!

Sato 027:

Charcoal: Not Just for the Barbeque (CRN 22406)

Calling all artists: This is the class for you! In this class, we will be drawing every which way we can! We will use many different mediums: from charcoal to oil pastels to chalk pastels. The class will use the techniques from many periods in art history and will leave the class with beautiful artwork to take home! We will also learn about values and draw everything from basic forms like three-dimensional cubes to still life. Even if the only thing you've ever drawn is a stick figure, this class is for you!

*There is a \$5 lab fee associated with this course which must be paid at the time tuition is due.

Sato 028:

Negotiate Like a Pro (CRN 22407)

From international treaties to figuring out what's for dinner, life is easier when you can convince others to your way of thinking. This course teaches the fundamentals of negotiation using a multi-disciplinary approach. Topics covered include game theory, lie detection, non-verbal communication, negotiation strategy and networking. However, everything on the syllabus is up for negotiation - as long as you can convince the rest of the class...

Sato 029:

Ethical Issues Facing Society (CRN 22408)

Should human cloning be allowed? Where should nuclear waste be stored? Should parents be able to choose the sex of their baby? Does the need for food and the farmland on which it grows outweigh the need to protect endangered species living in the streams which irrigate these crops? Decisions have to be made as technological and societal advancements lead us down roads no one has traveled before. Having an informed, open-minded populace is key to ensuring that our society makes the best decisions as we tread into these new areas. Be prepared to discuss very controversial topics in a safe, open atmosphere, and have your current paradigms regarding medical and environmental ethics challenged.

Courses and Descriptions

Afternoon Session (1:10–3 P.M.)

Sato 031:

Yphargopyt Citenik (Kinetic Typography)
(CRN 22409)

Just when you thought TYPOGRAPHY couldn't get any cooler, along comes Kinetic Typography. In this class you will develop your graphic design and typography skills while working in a 3D video environment. I guarantee your initial 3D frustration will be overcome with joy and more likely laughter. !ssalc uoy ni eeS.

Sato 032:

It's all in your Head: Mental Illness from
Molecules to Mood (CRN 22410)

Problems such as depression, anxiety and psychotic disorders often lack outwardly obvious physical symptoms, and so are often unnoticed by people who aren't directly affected by them. In this class, we will explore the meaning and treatment of mental illness: where is the line between "normal" and "abnormal" thinking? Join a licensed therapist and a biophysicist as we survey what is known - and what isn't - about the causes, prevention, clinical symptoms, and treatment of mental illness.

Sato 033:

Ummm....Wanna Dance?! CRN 22411 (if
you're a boy) ; CRN 22412 (if you're a girl) :

Dancing with a partner is fun. There is no experience necessary to learn these dances: East Coast Swing, West Coast Swing, Salsa, Rhumba, Cha-cha, Waltz, Fox Trot, and Tango. Warning: Boys and girls will dance together. P.S. If you have taken this class before, you had better be practicing - whether you are taking this class or not.

* All participants MUST bring non-marking, close-toed SHOES (no sandals) or they will not be allowed to participate.

Sato 034:

Get a Grip! (Surviving the Information
Age) (CRN 22413)

Welcome to the Information Age! Of course, we're bombarded by so much "information," it can be hard to tell the difference between the stuff we can trust and the stuff we can't. This class will give you some helpful hints to keep yourself from being persuaded by bad information. We'll look at some of the tricks of the trade used to persuade us, as well as some of the mistakes we frequently make when deciding whether to trust something. Take this class and help yourself survive the Information Age!

Sato 035:

The Secret Society of Linguists (CRN 22414)

Older than science, books and even math; language has been the hallmark of humanity. It binds us together and makes us a community. Campers will look at examples of a variety of languages, from Latin to Klingon and German to Elven, to learn the basic fundamentals of Linguistic Theory and to construct their own secret language.

Sato 036:

3-2-1 Blast Off! (CRN 22415)

This class covers the forces acting on a rocket during flight, how the rocket must be constructed to handle them, and how this can be used to predict the flight profile of the rocket. We will build and launch mid-power rockets that the participants can take home and fly again. They will gain the experience necessary to really get involved in one of the national-level rocketry programs for middle and high school age students.

*There is a \$30 lab fee associated with this course which must be paid at the time tuition is due.

Sato 037:

The People Decide...Sort Of (CRN 22416)

The subject of how democracies make decisions — how they vote, for instance — has been of interest for thousands of years. So how do people decide, and is that even a sensible question? We'll study different methods of social choice, some of the strange paradoxes that arise, and talk about how people should decide and whether modern science can help us find an answer.

Sato 038:

Bring in Da Noise, Bring in Satori! (CRN 22417)

Experience the extraordinary world of African and Latin hand percussion. You will learn techniques for playing several different instruments in the four major families of African/Latin percussion: bells, shakers, mallets, and drums. Remember, as a percussionist, the world is your instrument and the grooves are endless!

Sato 039:

Sustainability: The Power is Yours (CRN 22418)

What is all this talk about sustainability? What does it all really mean? In a time when our environmental impact is under the microscope, sustainability has become a key term in the world forum. Campers will get the opportunity to participate in hands-on activities with solar hot water heaters, PV cells, solar cars, and other "environmentally friendly" tech toys.

Course Notes

Choice of one course from each session

Best to have back up in-case of

Morning Session Options

Midday Session Options

Afternoon Session Options

Satori Staff

Directors

Mike Cantlon

Satori Camp Co-founder and Co-director. Mike is a teacher for the Spokane School District 81's gifted education program. He is also an adjunct faculty member of the Education Department at Eastern Washington University.

Dr. Bruce Mitchell

Satori Camp Co-founder and Co-director. Dr. Mitchell is a retired professor for Eastern Washington University's Department of Education. He is a noted researcher and author in areas of creativity, gifted education and multicultural education.

Sara Maleki, Esq.

Satori Camp Assistant Director. Sara has been with the camp for more than half of its years: first as a camper, then as a counselor and for the past ten years, as Assistant Director. She is a graduate of Gonzaga University School of Law and a practicing attorney in Spokane, WA

EWU Liaison

Jeni Lutey

If you have any questions about finance or need assistance with registration, contact 509-359-6267 or please visit www.ewu.edu/satori.

Counselors

Satori Camp counselors are predominantly certified teachers and students in an education program. We also have several former campers who have worked their way into camp counselor positions.



Satori Staff

Instructors

Matt Buchholtz -

A graduate from the University of Washington with a degree in Cinema Studies, now living in Los Angeles.

Tyler Burnet -

A professional dance instructor currently working on a MFA in Acting at the University of Georgia.

Marshall Casey, Esq. -

Graduated from the University of Louisville Brandeis School of Law; currently practices commercial litigation in Spokane, WA.

Dr. Marcus Collins -

Ph. D. in Physics from Cornell University, where he began to study biology. Currently works in the Department of Physiology and Biophysics at the University of Washington studying mechanisms of pain signaling at the molecular level.

Nathan Edminster -

Graduate of Eastern Washington University, working as an IT consultant and software developer.

Eric Galey -

Has worked and taught at Eastern Washington University for 20 years as a photographer, graphic design specialist and videographer. He also has 5 years of experience working in commercial film.

Pat Hagney -

School District 81 Art Specialist; and art teacher for over 20 years and a watercolor painter.

Pia Hallenberg -

a reporter with the Spokesman Review and in charge of maintaining two Spokane blogs. Graduated Summa Cum Laude from Eastern Washington University and is a Frances B. Huston award recipient.

Jennifer Hegel, M.A. -

Graduate of Western Washington University with an MS in Mental Health Counseling. She works in Spokane as a therapist specializing in child mental health and trauma.

Elizabeth Jernegan -

An alumni of the Ballroom Team at the University of Idaho who dances team formations, socially and choreographs. Graduating with a B.S. in Virtual Technology and Design in May 2016 from the University of Idaho.

Dr. Sidney Kasuga -

Professor of Biology at Eastern Washington University; specialist in immunopathology and hematopathology.

Chris Mathieson -

Executive Director at the Vancouver Police Museum. Also former president of the Gifted Children's Association of BC.

Bruce McDavis -

6th degree black belt in Goju-ryu Karate; has been teaching karate since 1975 throughout the Inland Northwest.

Emily Powell -

Master of Design in Designed Objects from the School of the Art Institute of Chicago and BA in Architecture from Middlebury College. Building Urban Gardens and Beekeeping certifications from Garfield Park Conservatory and community garden committee member with Bickerdike Redevelopment Corporation in Chicago.

Keara Sheahan -

Graduate of Washington State University with a Bachelor's in Biology; graduate of Gonzaga University with a Master's of Initial Teaching.

Charlie Smith -

Section Editor, Copy Editor and Photographer for Spokane Falls Community College's award-winning student newspaper, "The Communicator."

Mark Tietjen -

Director of Orchestra and Assistant Director of Bands in the Central Valley School District. BA in Music Education and MA in Percussion Performance from Eastern Washington University.



satoricamp.org

