

Variable Name	Data Type	Description
HEART_DISEASE	Categorical	Diagnosed with Coronary Heart Disease (CHD) [Yes/No]
SEX	Categorical	Sex of respondent
AGE_GROUP	Categorical	Age group of respondent
EDUCATION	Categorical	Level of education completed
INCOME	Categorical	Range of annual household income
UNABLE_TO_AFFORD_MED	Categorical	Inability to see a doctor in the past year due to cost [Yes/No]
WEIGHT_KG	Continuous	Weight of respondent
HEIGHT_M	Continuous	Height of respondent
BMI	Continuous	Calculated body mass index (BMI) of respondent
BMI_CATEGORY	Categorical	BMI category of respondent
GENERAL_HEALTH	Categorical	General health status from 1 to 5 (5 being excellent)
PHYSICAL_HEALTH	Continuous	Number of days in the past 30 days with poor physical health
MENTAL_HEALTH	Continuous	Number of days in the past 30 days with poor mental health
CHECKUP_DURATION_YR	Continuous	Time since the last routine doctor's checkup
EXERCISE	Categorical	Engagement in physical activity or exercise in the past 30 days outside of regular job [Yes/No]
SLEEP_DURATION_HR	Continuous	Average hours of sleep per 24-hour period
SMOKING	Categorical	Is currently a smoker [Yes/No]
CIGARETTES_PER_DAY	Continuous	Number of cigarettes smoked per day
DRINKING	Categorical	Consumed at least one drink of alcohol in the past 30 days

DRINKING_DAYS_PER_MONTH	Continuous	Number of days in the past 30 days where at least one drink of alcohol was consumed
HEAVY_DRINKING	Categorical	Heavy alcohol consumption (more than 14 drinks per week for men and 7 drinks per week for women) [Yes/No]
STROKE	Categorical	Ever diagnosed with a stroke [Yes/No]
ASTHMA	Categorical	Current diagnosis of asthma [Yes/No]
SKIN_CANCER	Categorical	Ever diagnosed with skin cancer [Yes/No]
OTHER_CANCER	Categorical	Ever diagnosed with other types of cancer [Yes/No]
LUNG_DISEASE	Categorical	Ever diagnosed with pulmonary-related disease(s) [Yes/No]
DEPRESSION	Categorical	Ever diagnosed with depressive disorders [Yes/No]
KIDNEY_DISEASE	Categorical	Ever diagnosed with kidney disease [Yes/No]
ARTHRITIS	Categorical	Ever diagnosed with arthritis [Yes/No]
OVERWEIGHT_OR_OBESE	Categorical	Has BMI greater than 25.00 (Overweight or obese) [Yes/No]
DIABETES	Categorical	Ever diagnosed with diabetes [Yes/No]

Data Source

2022 Behavioural Risk Factor Surveillance System Survey Data

https://www.cdc.gov/brfss/annual_data/annual_2022.html