

The Anabathmoi

Fourth Mode

Ἄχος ἡτος Β8
λ

(B) **F**rom my youth ____ up man- y pas- sions have warred a-

gainst _ me. λ But do Thou help and save me, O __ my Sav- ior. (Twice) λ

(B) **Y**e who hate Zi- on shall be put to con- fu-sion of the Lord; λ

like grass ____ in the fire shall ye be with-ered up. (Twice) λ

(B) **G**lo- ry to the Fa-ther, and to the Son, and to the Ho- ly

Spir- - it. λ Through the Ho- ly Spir- - it is eve- ry soul ά quick-

(Δ) _____
eened and ex- alt- ed in pu- ri- ty, λ and made re- splend-ent by the Tri-

(B) _____
une U- ni- - ty in mys-tic ho- li-ness. λ

(M) (B)

Both now and ev- er, and un- to ag- es of ag- es. A-men.^λ

Through the Ho- ly Spir- - it the chan- - nels and streams of grace

o- ver-flow ^λ show- - ering all cre- a - tion with in- vig- or- at- ing

Life.^λ

Prokeimenon

Fourth Mode

^τΗχος ἕτος Β⁸

I shall pro- claim Thy Name from gen- er- a - tion to

gen- er- a- tion.^λ

Heark- en, O daugh- ter, and see, and in- cline thine ear; ^λ

and for- get thine own peo- ple, and thy fa- ther's house^λ and