



PRAISE THE LORD

Communion Hymn for Sunday Brief Versions in All Eight Modes

adapted from Hieromonk Gregory
of Simonos Petras Monastery

Duration: 3:00

First Mode

Ἡχος ἡ Πα

χ 68

(M) (Δ) (Π)
from the heav - - - ens. Al -

Second Mode

^ο
Ἄχος Δι



P (M) (Δ) raise _____ (M) (Δ) praise _____

4 Λύτε τὸν θεόν μακάριον τοῦ Ιησοῦ τοῦ Θεοῦ
the Lord _____

(B) (M) (Δ) praise _____ the Lord _____ from the _____

heav - - - - - ens. _____

(M) (Δ) Al - le - lu - - - i - - -

a. _____

The book of psalms uproots the passions with a certain melodic enjoyment
and a delight that instills pure thoughts.

-St. Basil the Great

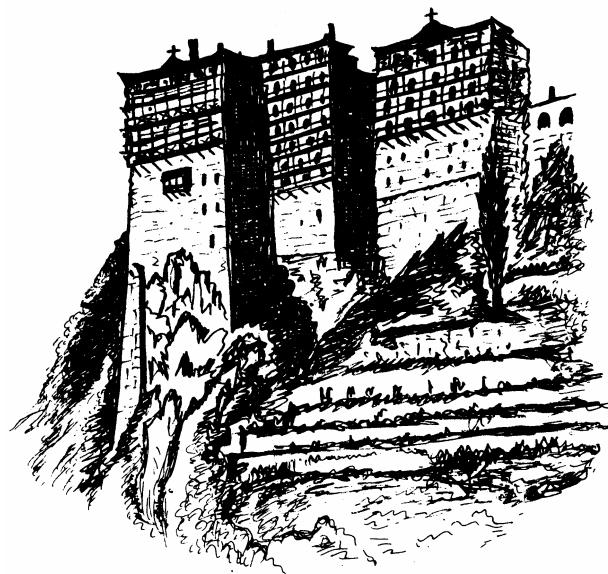
Third Mode

Ἄγαπε Κύριε



(Μ) (Γ) 4
 raise _____ | (Ν)
 the _____ Lord
 (Γ)
 from the heav -
 (Δ) (Γ)
 - - - - ens.
 (Ν) (Γ) 4
 Al - le - lu - i - a.

Ἄγαπε Κύριε



SIMONOS PETRAS MONASTERY

Fourth Mode "Agia"

⁴ ḥχος ḫ Δι

Praise the Lord from the heavens.

Al-le-lu-i-a.

The virtue of silence, especially in church, is very great...

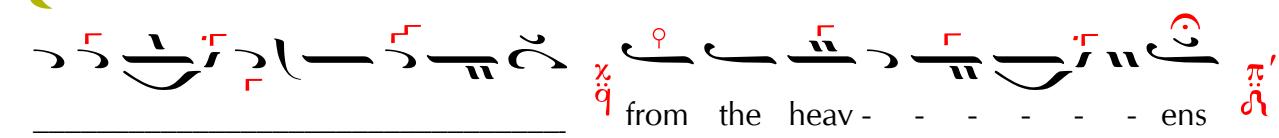
*Is anything more unbecoming than the divine words should
be so drowned by talking, as not to be heard, believed, or made known,
that the sacraments should be indistinctly heard through the sound of voices,
that prayer should be hindered when offered for the salvation of all?*

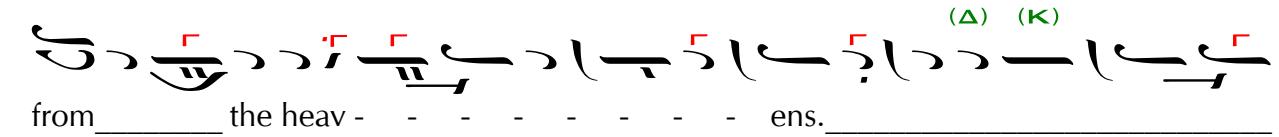
—St. Ambrose of Milan

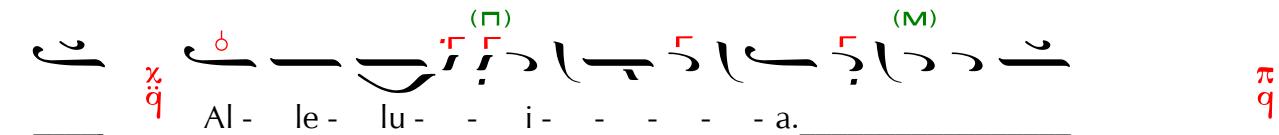
Plagal First Mode

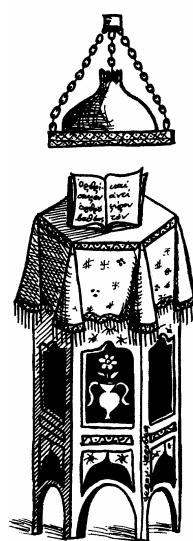
^τΗχος λ π ḥ Πα











Plagal Second Mode

Ἄνθεια πάντας

πᾶ

raise _____
the Lord _____
from the heav -
ens _____
ens. _____
Al - le -
lu - - - - - i - - a. _____

Let the servant of God
sing in such a manner that
the words of the text rather than
the voice of the singer cause delight.

—St. Jerome

Grave Mode (Diatonic)

^τΗχος βαρύς ξ. Ζω

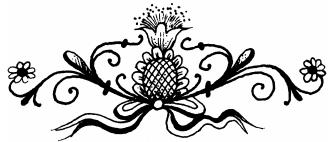
τ Ηχος βαρύς ξ. Ζω

raise _____ praise _____ the Lord _____

from the heav - - - - -

ens, from _____ the heav - - - - -

ens. Ζω Al - le - lu - - - - i - - - - a. _____



Plagal Fourth Mode

³Ηχος πᾶς Ἰη

raise _____ the Lord _____

from the heav - - - - ens. _____

Al - le - lu - - - - i - - - - - - - - a. _____

When we are weighed down by deep despondency,
 we should for a while sing psalms out loud,
 raising our voice with joyful expectation
 until the thick mist is dissolved
 by the warmth of song.

—St. Diadochos of Photiki