

# PRAISE THE LORD

Communion Hymn for Sunday  
Brief Versions in All Eight Modes

adapted from Hieromonk Gregory  
of Simonos Petras Monastery

Duration: 3:00

## First Mode

χ 68

Ὑχος ἡ Πα

π  
q



(M) π (N) (M) π  
— — — — — — — —  
raise \_\_\_\_\_ the \_\_\_\_\_ Lord \_\_\_\_\_

(M) π (M) π (M) π  
— — — — — — — —  
praise the Lord \_\_\_\_\_

(M) π (Δ) (M) 4L π  
— — — — — — — —  
from the heav - - - ens. Al -

(M) π  
— — — — — — — —  
le - lu - - - - i - - - a. \_\_\_\_\_

## Second Mode

Ἄλειτος Διαβούλος



**P**raise \_\_\_\_\_ (M) (Δ) praise \_\_\_\_\_ (M) (Δ)

the \_\_\_\_\_ Lord \_\_\_\_\_ (Γ)

(B) (M) (Δ) praise \_\_\_\_\_ the \_\_\_\_\_ Lord \_\_\_\_\_ from the \_\_\_\_\_

heav - - - - - ens. \_\_\_\_\_

(M) (Δ) Al - le - lu - - - i - - -

a. \_\_\_\_\_ (Γ) (Δ)

The book of psalms uproots the passions with a certain melodic enjoyment  
and a delight that instills pure thoughts.

-St. Basil the Great

## Third Mode

Ὕκος ἦ Γα

2-3

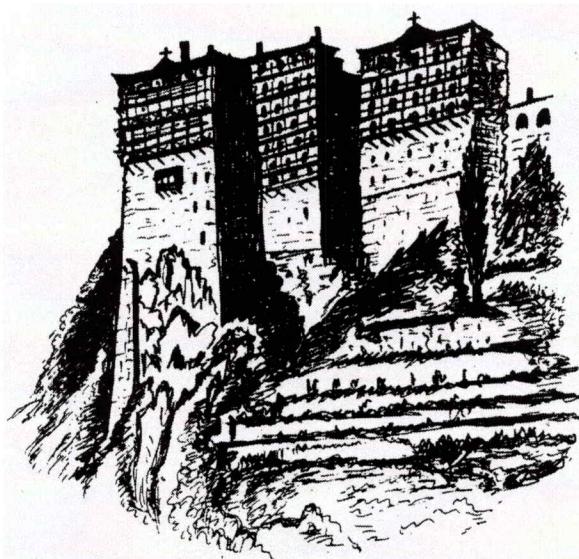


(M) (Γ) 4 ? | (N) 5 — 4   
 raise \_\_\_\_\_ the \_\_\_\_\_ Lord \_\_\_\_\_

(Γ) — (K) 3 |   
 from the heav- \_\_\_\_\_

(Δ) (Γ) 6 —   
 - - - - ens. \_\_\_\_\_

(N) 4   
 Al- le- lu- - - i- - - - a. \_\_\_\_\_



SIMONOS PETRAS MONASTERY

#### **Fourth Mode "Agia"**

<sup>1</sup> Ἡγος Λευτέρης Διεύθυνσης

*The virtue of silence, especially in church, is very great. . .*

*Is anything more unbecoming than the divine words should be so drowned by talking, as not to be heard, believed, or made known, that the sacraments should be indistinctly heard through the sound of voices, that prayer should be hindered when offered for the salvation of all?*

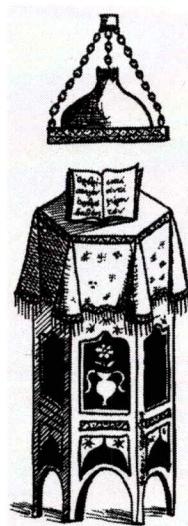
—*St. Ambrose of Milan*

## Plagal First Mode

Ὕχος ἀ π ḥ Πα

π  
q

**P**raise \_\_\_\_\_ <sup>(Π)</sup> <sup>(Ν)</sup> <sup>(Π)</sup> **τ**he <sup>(Κ)</sup> **τ**he \_\_\_\_\_ Lord \_\_\_\_\_  
 from the heav- - - - - ens <sup>π</sup>  
 from \_\_\_\_\_ the heav - - - - - ens. <sup>(Δ) (Κ)</sup>  
 Al - le - lu - - i - - - - a. <sup>(Π)</sup> <sup>(Μ)</sup>



## Plagal Second Mode

Ἄλλος λαττά πάντα



raise \_\_\_\_\_ (N) π  
 the Lord \_\_\_\_\_ (Δ)  
 the Lord \_\_\_\_\_ (K)  
 from the heav -  
 ens \_\_\_\_\_ π from the heav -  
 ens. \_\_\_\_\_ Al - le -  
 lu - i - a. \_\_\_\_\_ π

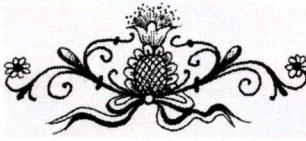
Let the servant of God  
 sing in such a manner that  
 the words of the text rather than  
 the voice of the singer cause delight.

—St. Jerome

## Grave Mode (Diatonic)

'Hχος βαρύς Ζω

**P**raise \_\_\_\_\_ praise \_\_\_\_\_ the Lord \_\_\_\_\_  
 from the \_\_\_\_\_ heav- - - - -  
 ens, from \_\_\_\_\_ the heav- - - - -  
 ens. Al- le- lu- - - - - i- - - - a.  
 \_\_\_\_\_



## Plagal Fourth Mode

<sup>τ</sup>Ηχος λα π ονη

raise the Lord from the heavens. Alleluia.

When we are weighed down by deep despondency,  
we should for a while sing psalms out loud,  
raising our voice with joyful expectation  
until the thick mist is dissolved  
by the warmth of song.

—St. Diadochos of Photiki



## PRAISE THE LORD

Communion Hymn for Sundays

Duration: 8:00

(or 3:30 if abbreviated)

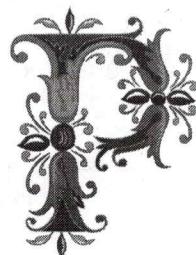
**Plagal First Mode**

by St. John Koukouzelis the Maestro (14th century)

χ 68

Ὕχος ἡ πρὸ Πα

π  
q



raise \_\_\_\_\_

the \_\_\_\_\_ Lord \_\_\_\_\_

(rd)  $\pi^q$  from the heav -  $\sigma^r$   $\sigma^s$   $\Delta$

(v)ens  $n$

from the heav -  $(M)$   $(\Pi)$

(K)  $x^q$   $\Delta$  (K)  $x^q$   $\Delta$  (K)  $x^q$   $\Delta$  (K)  $x^q$   $\Delta$  (K)  $x^q$   $\Delta$

(v)ens. Al - le - al - lu - lu - i - al - le - lu -

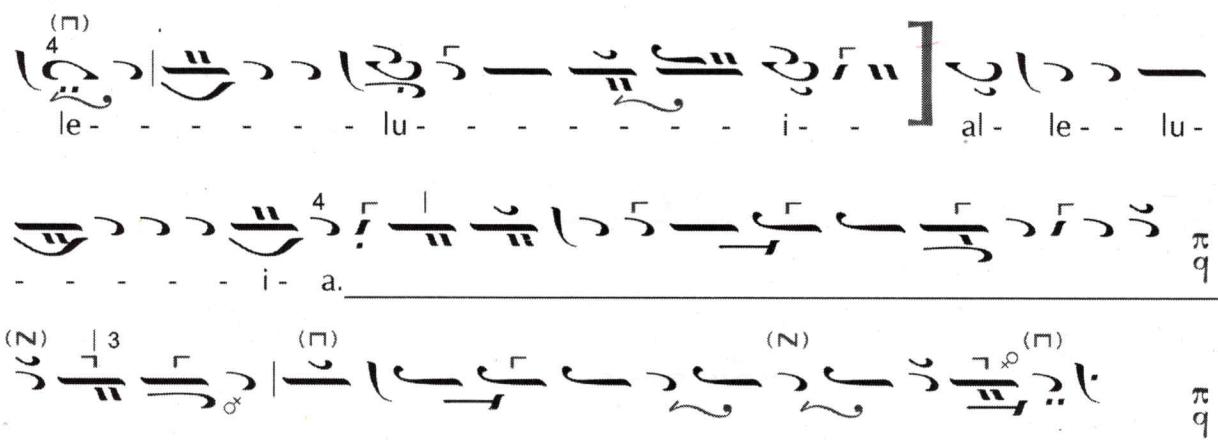
(M)  $\pi^s$   $\sigma^r$   $\sigma^s$   $\Delta$

(Pi)  $\pi^s$   $\sigma^r$   $\sigma^s$   $\Delta$

(K)  $\pi^s$   $\sigma^r$   $\sigma^s$   $\Delta$

\* For brevity, the melody may jump from this left bracket to the right bracket on the final page of this hymn.



*St. John Koukouzelis*

Copy of a miniature found in  
Codex 178 of the Monastery of Lavra