



## He Hath Sent Redemption

Communion Hymn for December 25<sup>th</sup>  
The Nativity of Christ

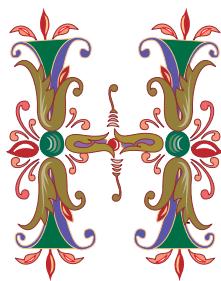
### First Mode

adapted from Hieromonk Gregory  
of Simonos Petras Monastery

Duration: 1:00

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## *Communion Hymn - Nativity*

## Alternate Melody

## Third Mode

Duration: 1:00

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He who is not alone but is with others,  
cannot derive so much benefit from psalmody  
as from internal prayer; for the confusion of voices  
renders the psalms indistinct.

—St. John of the Ladder