



Tapestry
prevention, care and support



HOPWA House Day Centre

Good times in good company

HOPWA House Day Centre

Spend your day, your way in a buzzing environment that offers a host of opportunities to do just as you please.



Do you like to keep active? Are you looking for somewhere to spend time doing whatever takes your fancy? Enjoying activities like keep fit, dancing and Wii® games? From dancing to board games, puzzles to sing-a-longs, HOPWA House really does offer it all.

HOPWA House is a place that bounds with energy. Open every weekday, the centre offers a friendly, comfortable environment where people can plan their own day around an array of activities, most of them suggested by the very people who use them.

Peace of mind

Are you looking for somewhere a loved one can spend some time in a safe and stimulating environment? Staffed by qualified support workers and with plenty of volunteers on hand too, HOPWA House offers all the peace of mind you need.

Things to do at HOPWA House

How does learning something new sound to you? Fancy trying an activity you've never done before? Come along and get to know us, and there's plenty you could be enjoying:

- Arts & crafts
- Board games
- Puzzles & quizzes
- Wii® games
- Bingo
- Large screen films
- Internet access
- Hairdressing & beauty
- Interesting talks
- Short mat bowls
- Keep fit
- Dancing
- Sing-a-longs
- Live entertainment
- Themed events

Of course, if you'd prefer to sit and chat with a new friend, spend some quiet time reading or in the warmer months grab a sunny pew in the garden and enjoy some cooling refreshments, it's entirely up to you.



Food, drink and refreshments at HOPWA House

Early starter? Take breakfast with us if you wish, and there's a freshly cooked lunch at a reasonable price too, made each day with locally bought produce. Vegetarian and diabetic options are offered as well as other dietary choices. Go for a main meal or a light bite, indulge in a dessert or take some sandwiches home with you. There are homemade cakes and biscuits to tempt the taste buds too.



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Hello, call us on:

T: 01708 796600

We're on the web:

tapestry-uk.org

HOPWA House

Inskip Drive
Hornchurch RM11 3UR

01708 796611

hopwa@tapestry-uk.org

Open Monday to
Friday 9am to 5pm

Getting to HOPWA House

Need a hand getting to HOPWA House? No problem. We have wheelchair accessible mini-buses at the ready for return journeys on weekdays. Give us a call or drop us a line for details.

A hive of activity

HOPWA House is open **Monday to Friday, 9am to 5pm**. It really is a hive of activity and a place where you'll always look forward to returning. Whether you want to visit for a particular event or activity, or fancy spending the whole day, we look forward to welcoming you.

HOPWA House is perfect for adults who enjoy staying active. If you are looking for a place that offers companionship and a range of stimulating activities for frailer adults and those with dementia, ask Tapestry about Paines Brook Court or check our website for details.

See you at HOPWA House!

For more information and our latest price list, give us a call or pop in to see us. Or drop us a line – there are plenty of ways to get in touch. And don't forget to check the Tapestry website for information on all the latest special events at HOPWA House.

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