




GRiST comment diary for *Deborah* for assessments on or before **17/02/2018**

myGRaCE Person Ref. Code (PRC): **HQDUS-72F-55Q**

This reports pulls in all the historical clinical comments made for this person from all assessments up to 17/02/2018. These are presented in a 'diary' format, and organised around the safety areas and questions they were entered against.

Key:

-  *Comments appear in black italics.*
-  Action information appears in brown regular font.
-  Management plans appear in brown regular font.

Personal Details

Overall Safety Formulation / Action Plan

2017-10-14



Things I need to do immediately to stay safe

Sleep properly

Eat well

keep a diary to stay organised

On-going issues I need to deal with (e.g. where I live, who I live with, long-term physical conditions)

Long-standing issues I need to deal with (e.g. effects of past trauma or abuse, low self-esteem, anxiety)

| SAFETY | COMMENTS & MANAGEMENT PLANS |
|---|-----------------------------|
| Not looking after yourself | |
| Feeling vulnerable | |
| Harming yourself | |
| Ending your own life | |
| Harming others or damaging property | |

Mental health safety

Each safety heading is presented below, expanded to show its underlying information.

not looking after yourself

feeling vulnerable

Harming yourself

ending your own life

harming others or damaging property

General mental health and wellbeing issues

Problems with understanding risk and responsibility:

2017-10-14

+ Sometimes I will interact well with another individual, but after a while, usually when I don't have time to myself, my mood switches.

Assessor:

Service User: