We want to prove that
$$\int_{0}^{+} B_{s}^{2} dB_{s} = \frac{1}{3} B_{t}^{3} - \int_{0}^{+} B_{s} ds$$

First, let

Notice that
$$\mathbb{E}\left[\int_{0}^{+} (\phi_{n} - B_{5}^{2})^{2} ds\right] = \mathbb{E}\left[\sum_{i} \int_{+_{i}}^{+_{i+1}} (B_{i}^{2} - B_{5}^{2})^{2} ds\right]$$

$$= \sum_{i} \int_{+_{i}}^{+_{i+1}} (s^{2} - t^{2}) ds = \sum_{i} \frac{1}{3} (t_{i+1} - t_{i})^{3} \rightarrow 0$$

as 1/4->0

$$\frac{1}{4+30} \sum_{j=1}^{2} \frac{B_{j}^{2}(B_{j+1} - B_{j}^{2})}{2} = \frac{1}{4+30} \sum_{j=1}^{2} \frac{1}{3} \frac{(B_{j+1} - B_{j}^{2})}{3}$$

$$-\frac{1}{4+30} \sum_{j=1}^{2} \frac{1}{3} \frac{(B_{j+1} - B_{j}^{2})^{2}}{3}$$

$$\frac{1}{4+30} \sum_{j=1}^{2} \frac{1}{3} \frac{(B_{j+1} - B_{j}^{2})^{3}}{3}$$

Evaluating these limits,
$$\lim_{\Delta t_{j} \to 0} \frac{1}{3} \left(B_{j}^{3} + B_{j}^{3} \right) = 1 B_{j}^{3} - 1 B_{0}^{3} = 1 B_{1}^{3}$$

Taking all these parts together.

$$\lim_{\Delta t_{j} \to 0} \sum_{i} B_{j}^{2} (B_{j} + 1 - B_{j}) = 1 B_{j}^{3} - \int_{0}^{t} B_{5} ds$$

Thus,
$$\int_{0}^{t} B_{s}^{2} dB_{s} = \lim_{\Delta t_{j} \to 0} \sum_{j} B_{j}^{2} \Delta B_{j}$$

$$= \frac{1}{3}B_{t}^{3} - \int_{0}^{t} B_{s} ds$$