

users		
user_id		int
user_first_name	VARCHAR(50)	
user_last_name	VARCHAR(50)	
user_email	VARCHAR(50)	
user_password	VARCHAR(500)	
bio	VARCHAR(1000)	
gender	VARCHAR(10)	
user_phone		INT
profile_pic		TEXT

recipe		
recipe_id		int
owner		INT
title	VARCHAR(50)	
instructions		TEXT
ingredients		TEXT
recipe_post		BOOLEAN
occasion	VARCHAR(50)	

grocery_list		
grocery_id		int
ingredients_needed		INT

public_recipe		
public_id		int
owner		INT
title		INT
instructions		INT
ingredients		INT
occasion		INT

