



## HOW DO WE KNOW IF A KID HAS ADD/ADHD?



The best way to make sure that your child is not mis-diagnosed is to make sure that he/she has a *Good Assessment*. This will make sure that the right interventions/treatments are applied to the right problems. Take this form with you when meeting with your kid's doctors or therapist.

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### PARTS OF A GOOD ASSESSMENT

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#### 1. CLINICAL INTERVIEW

- Parents—Experts on their own kids
- Child
- Teachers (if possible)—A Developmental Expert

#### 2. “TESTING”/NORMED INSTRUMENTS

- IQ
- Achievement
- Sustained Attention Task
- Depression
- Anxiety

#### 3. OTHER “OBJECTIVE MEASURES”/ NORMED INSTRUMENTS

- Parent Report Measures--Global Snapshot Of Behaviors Across Domains
  - Teacher Report Measures
  - Child Report Measures
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**\*\*Please Note: If possible, it is also nice to directly observe the kid at home/school—  
But insurance companies usually won't cover this.**

