Show and Tell: Skill Acquisition

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Skill Acquisition

- I have been re-learning a skill recently
- I tracked myself doing it
- This is the story...

The Skill

• A puzzle for you...

Typing!



(not me)

Motivation

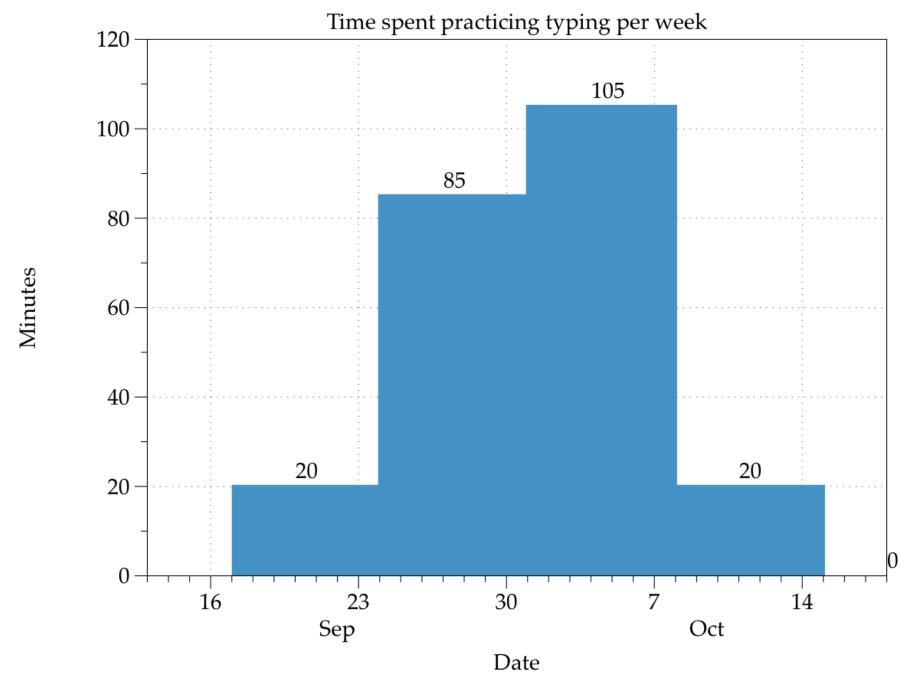
- I'm a programmer I have a lot of typing to do!
- Fear of RSI both Mum and colleague have both been crippled by it
- Stat: "In the USA, carpal tunnel syndrome results in an average of \$30,000 in lifetime costs" (Wikipedia)

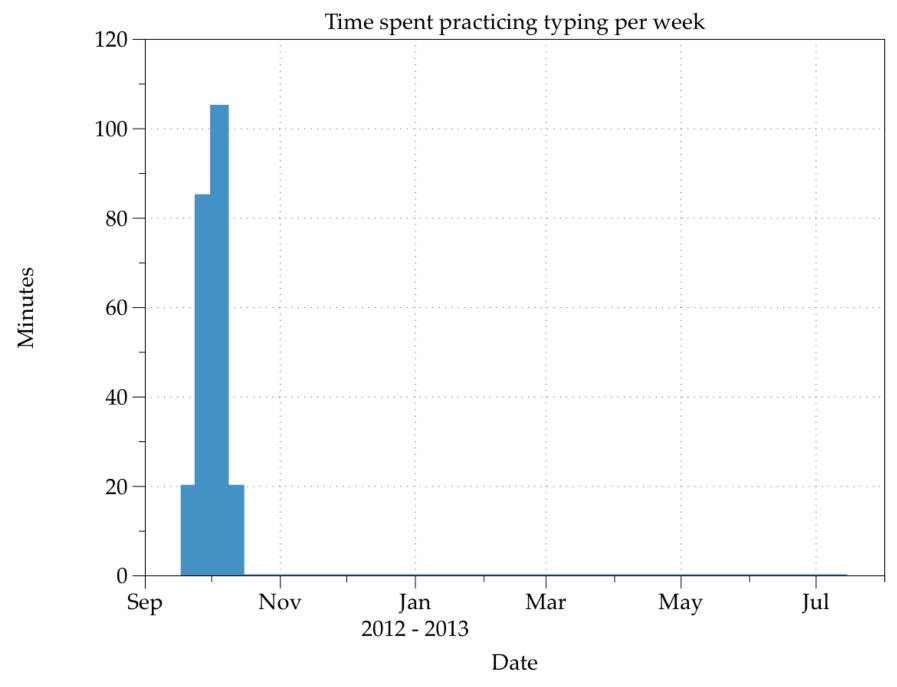
To business!

- Just need to grab some typing programs
- Get down to learning QWERTY the right way!!



Oh no....



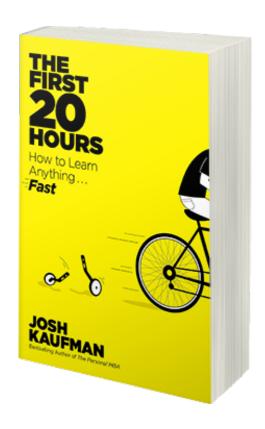


Under-motivation

- Didn't know how long it would take
- Relative size of advantage
- Hard practicing QWERTY the right way at night, then going back to old habits during the day

So what changed?

The First 20 Hours



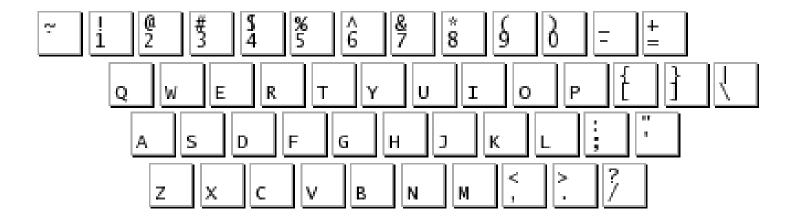
• Josh Kaufman, 2013

• http://first20hours.com/

The First 20 Hours: Rapid Summary

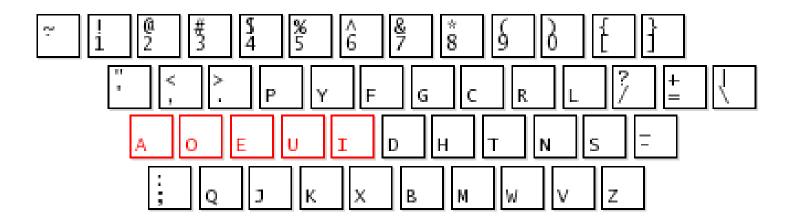
- Nearly any skill can be learnt to a useful degree in 20 hours
- A couple chapters of general how-to, then one chapter on each skill he learnt with his method
- One of these was on touchtyping... in 'Colemak'

QWERTY



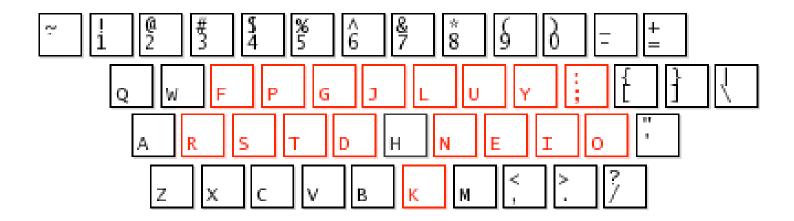
• "Slowly took over the world", since 1872. Main design constraint: to stop typewriter key bars jamming.

DVORAK

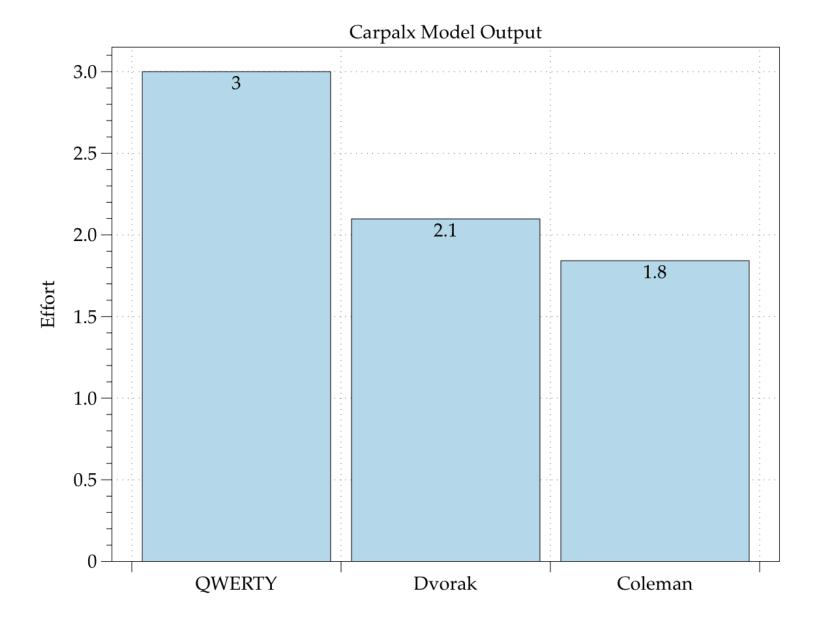


• 1932 attempt at optimisation. Relatively hard to learn.

Colemak



• Designed by a programmer with mathematical models. Split between ease of transition (Q,W,Z,X,C,V stay the same) and optimization.



• Source: http://mkweb.bcgsc.ca/carpalx/?colemak

Method

- Swap keys on OS and keyboard
- Get some training programs
- Fire away

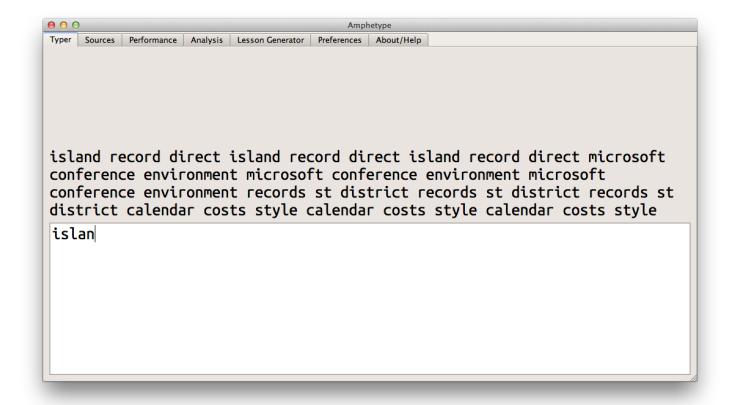
Method

- Swap keys on OS and keyboard
- Get some training programs
- Try to practice in 20 minute + sessions, before bed.

Programs

- A good mix of programs is useful
- Practice different subskills hardest keys, whole prose, etc.
- Data export not much of a feature here. Many record your
 WPM + accuracy, but hard to know

Amphetype



• Free & open source - https://code.google.com/p/amphetype/

Type-Fu

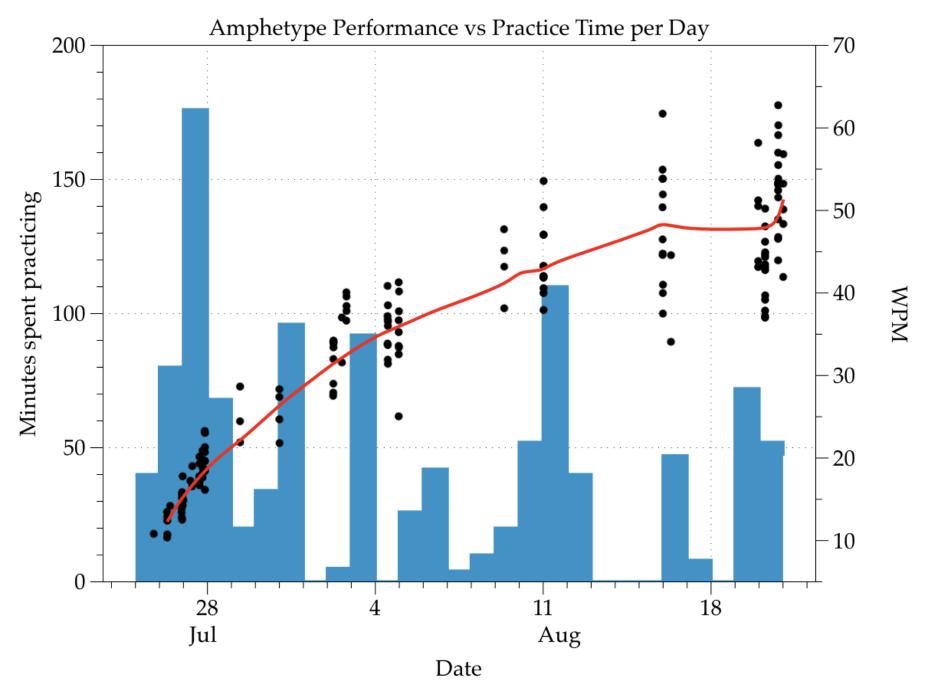


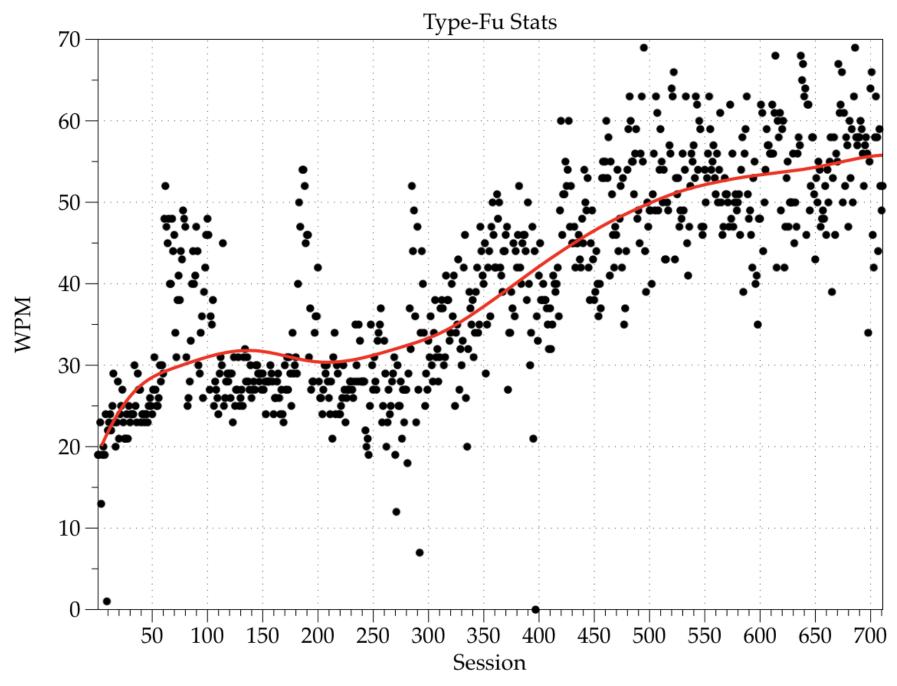
• 6.99 - http://type-fu.com/

Typocalypse 3D



• Free - http://is.gd/typeocalypse





Thank you

• Slides on GitHub - http://is.gd/adamIsDaBomb

• Email me - me@adamj.eu