

# Show and Tell: Skill Acquisition

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# Skill Acquisition

- I like learning
- I like tracking myself
- This is me tracking myself learn

## The Skill

- Something I bet you did today...
- and were paid to do it...
- and you probably never practiced it...

Typing!



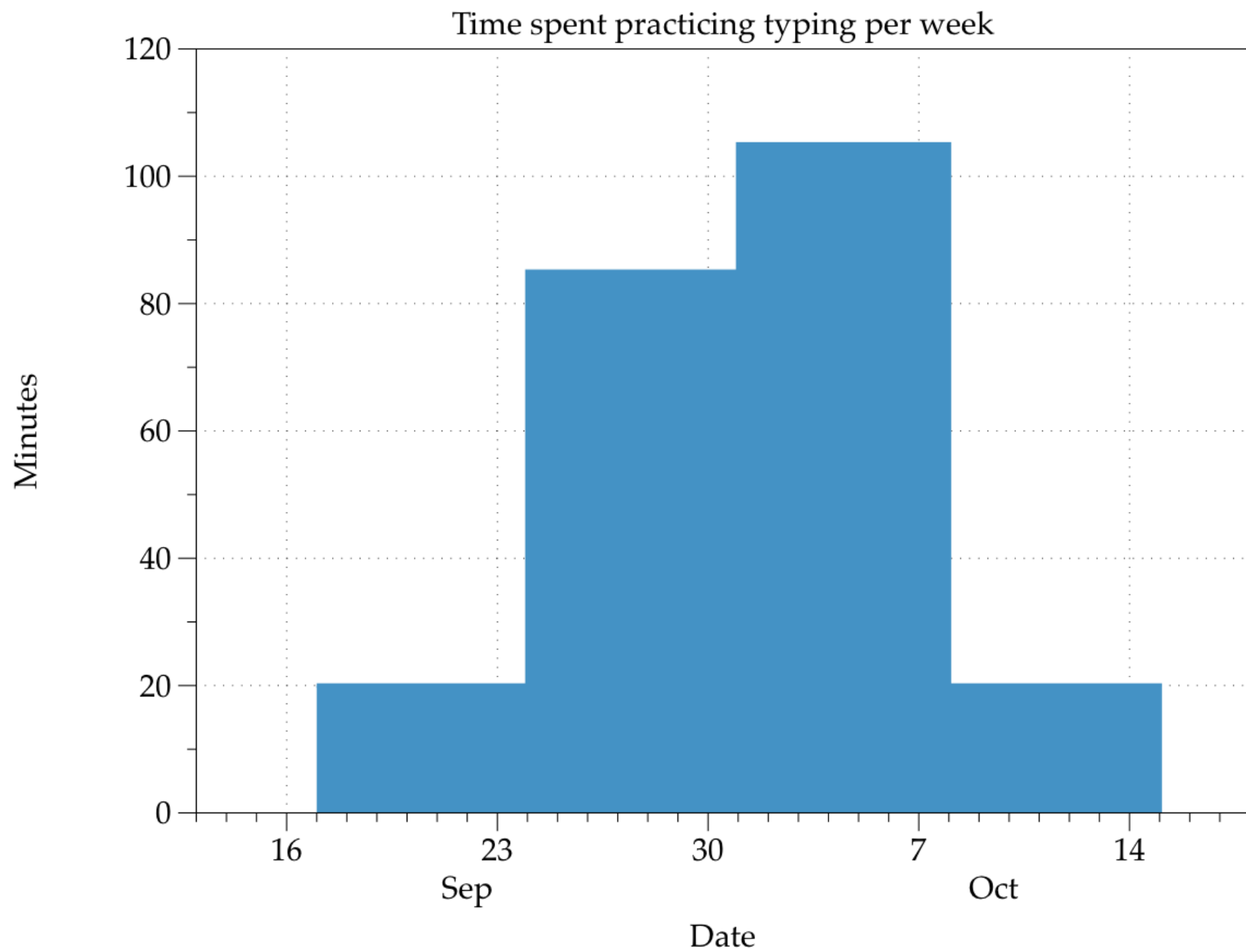
## Motivation

- Extreme fear of RSI
- Always *intended* to learn to touchtyping
- Wikipedia: “In the USA, carpal tunnel syndrome results in an average of \$30,000 in lifetime costs”

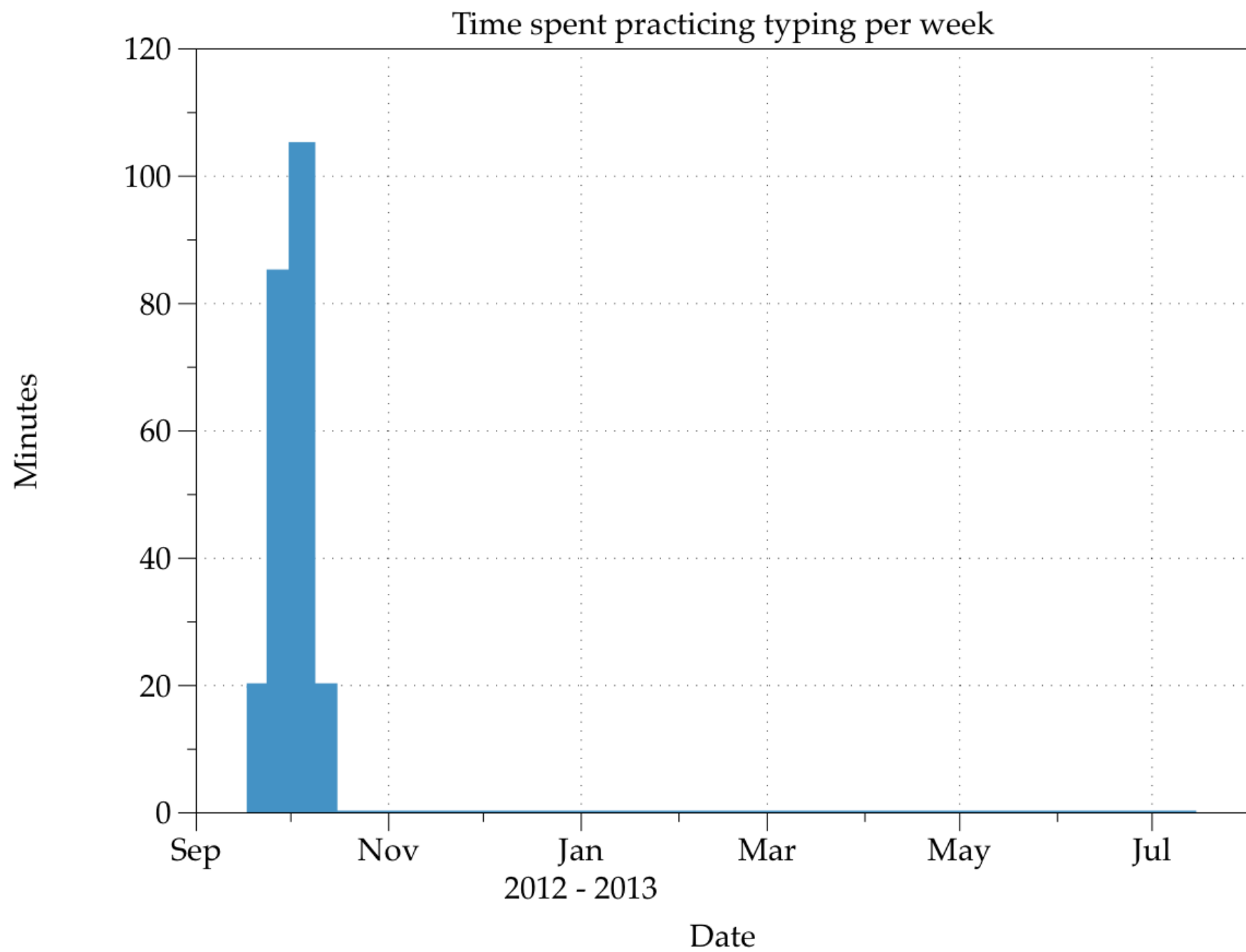
## To business!

- Just grab some typing programs
- Learn QWERTY the right way!!

Oh no....







## Motivation

- Extreme fear of RSI
- Always *intended* to learn to touchtyping
- Found a book that inspired me

# The First 20 Hours

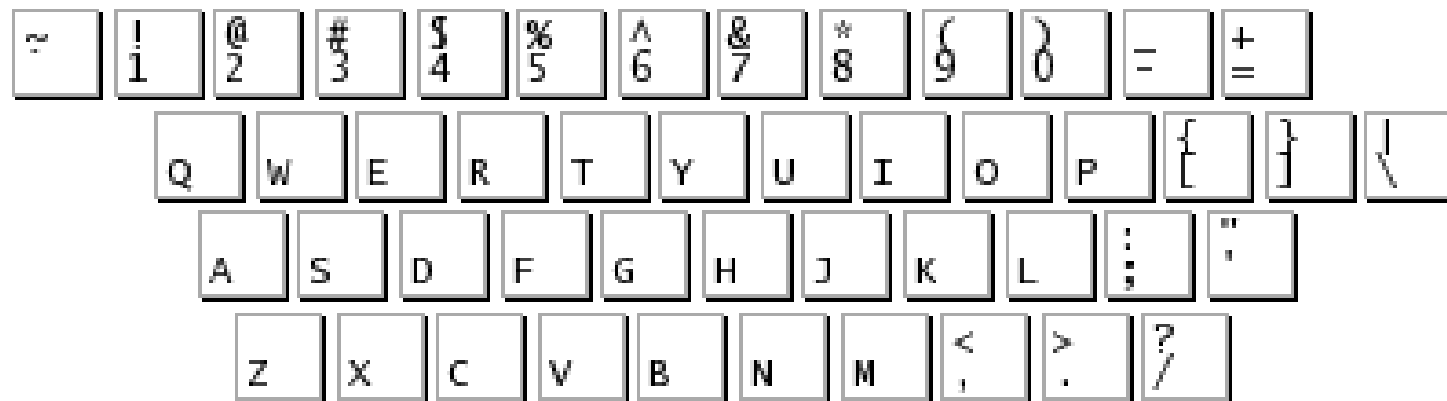


- Josh Kaufman

## The First 20 Hours

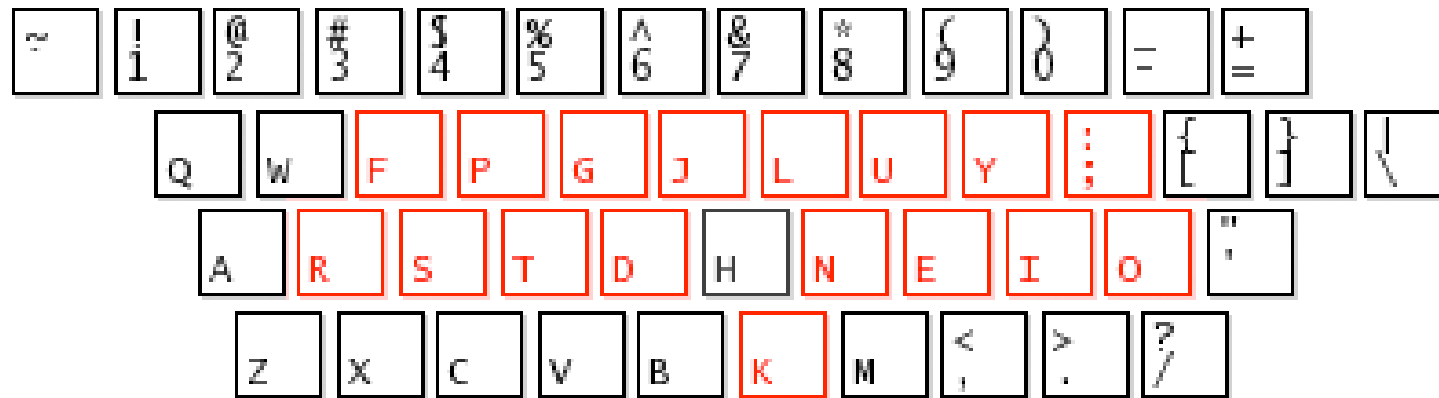
- Learning a skill shouldn't take more than 20 hours to get to a good enough standard
- A couple chapters of general how-to, then one chapter on each skill he learnt with his method
- One of these was touchtyping... with 'Colemak'

# QWERTY



- Checkered past...

# Colemak



- Smooth future...

# Thank you

- Slides on GitHub - <http://is.gd/adamIsDaBomb>
- Email me - [me@adamj.eu](mailto:me@adamj.eu)