



Metropolitan Life Insurance Company
P.O. Box 80826
Lincoln, NE 68501-0826
Toll Free Phone: 1-800-GET-MET8
Fax Number: 1 (855) 306 7350

ADAM HOPKINS
2567 MARBOURNE AVE
BALTIMORE, MD 21230



Financial protection
wherever you go

Group Policy Holder: Mindlance, Inc.
Group Policy Number: 00000000000215450
Certificate Number: B1795774

Dear Adam Hopkins:

Continue your Accident & Health coverage with MetLife. Your Group Critical Illness insurance coverage with Mindlance, Inc. is cancelling soon. But here's the good news: we make it easy to take your protection with you. By paying your premiums directly to MetLife, you can continue your insurance under the Continuation of Insurance provision offered through your certificate, regardless of your employment status.

If you take no action, your Group Critical Illness insurance will be cancelled. Please note that once your Group Critical Illness insurance coverage is cancelled, if your coverage included any dependent coverage, that dependent coverage will be cancelled as well. If we receive any premium after the cancellation date, the extra premium will be refunded to you under separate cover. Keep in mind that cancelling now and then reapplying for similar coverage in the future could result in an increase in premiums, or this coverage may not be available through another employer.

Stay prepared with coverage that can help provide you with financial security in the face of life's unexpected moments. To maintain your valuable benefits through Continuation Insurance, take the quick steps on the back of this page.





Don't miss out! Contact us today
at 1-800-GET-MET8



Please contact us at **1-800-GET-MET8** Monday through Friday or in writing at
Metropolitan Life Insurance Company P.O. Box 80826, Lincoln, NE 68501-0826



If writing to us, please include the following information:

- Group Employer Name
- Employee Name and Address (City, State, Zip)
- Certificate # (at top of this letter)
- Product Name
- Date of Birth
- If You Wish to Continue Dependent Coverage

Please contact us within 31 calendar days from 01/09/2023. If we do not hear from you, your coverage will remain cancelled. We're happy to assist you with all your insurance needs. Please don't hesitate to call if you have any questions!

Sincerely,
MetLife Customer Service Center