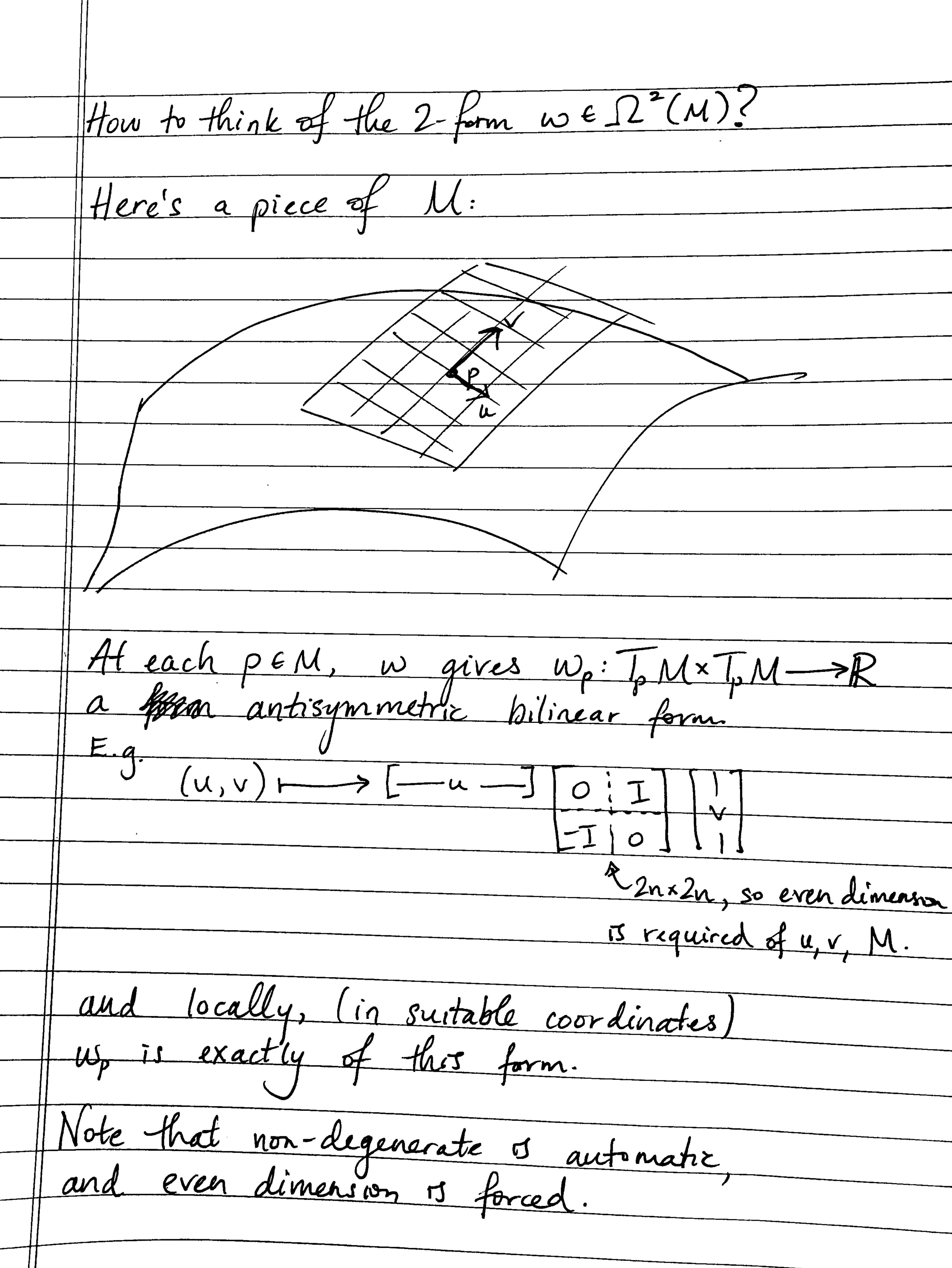
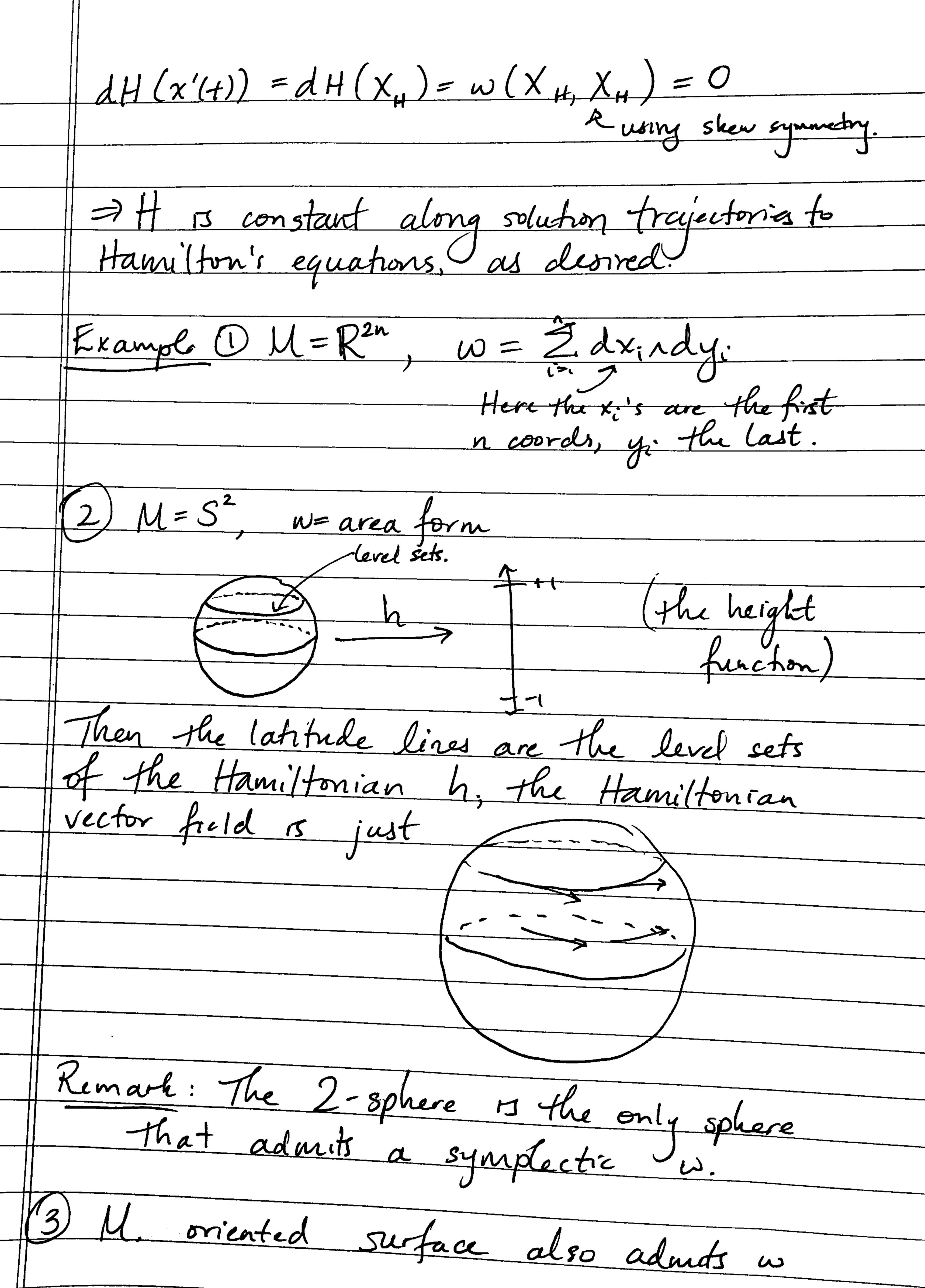
	Quick Introduction to symplectic geometry
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	Terest reposits
	This will be (more or less) an introduction
	to basic definitions in preparation for Binamo and a postdoc talk.
	and a postaoc tain.
	Example: Hooke's Law for springs.
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	X
	$\chi''(t) = -k \chi(t)$, $k = spring constant$.
	Change variables q=x, p=x', then we get
	g'(t) = p(t) and p'(t) = q(t),
,·	a pair of coupled fint order syst egns.
	We find a solution trajectory that's elliptical:
	q = q. cos(Fkt) $p = -q. Fk sin(Fkt)$
	$=) kq^{2} + p^{2} = kq_{0}.$
,	
	Can observe: total energy is
	H(q,p) = kinetic + potential
	$= \frac{kq^2 + \frac{1}{p^2}}{\left(assuming mass 1\right)}$
	2 2

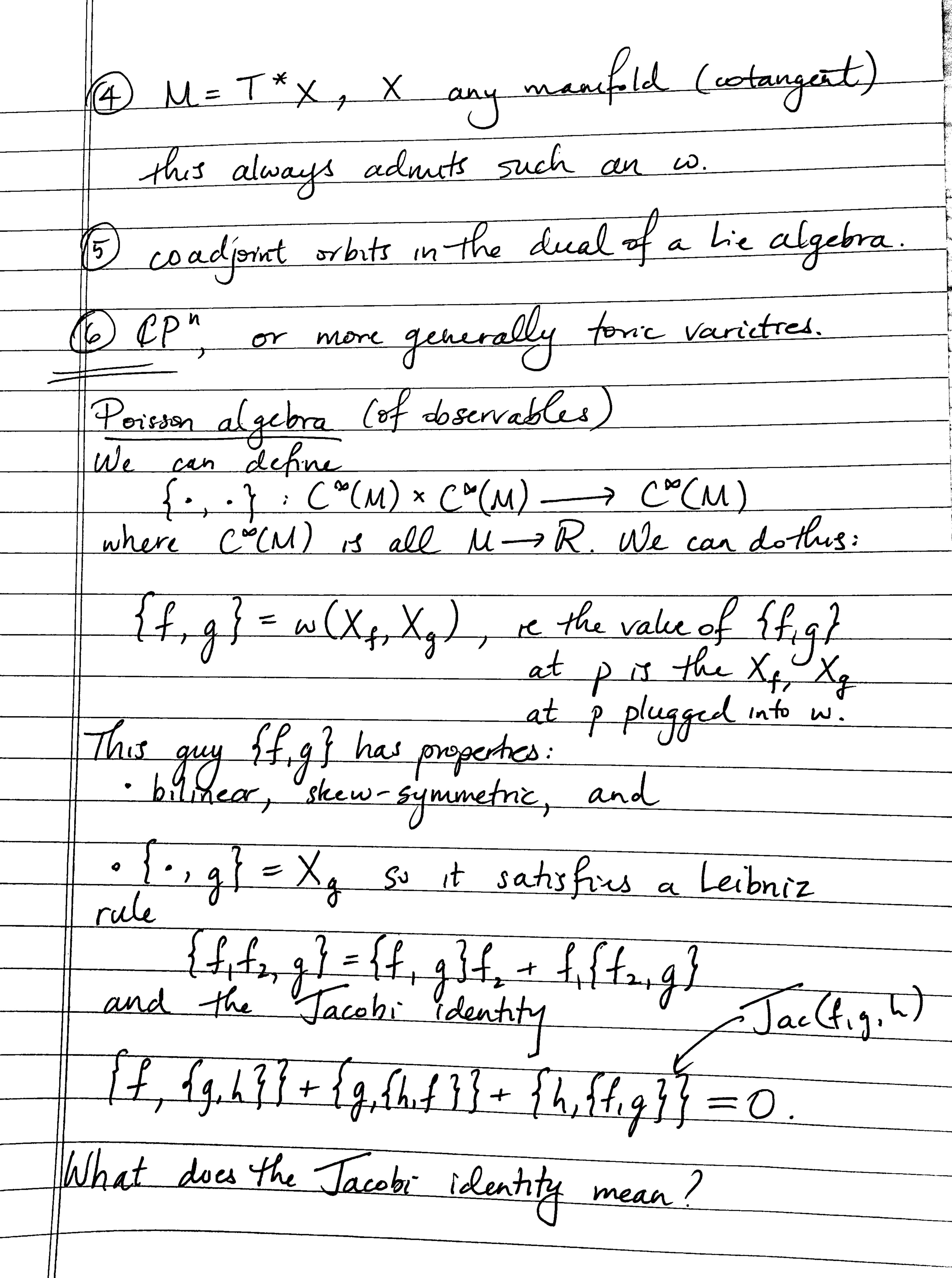
Then we observe that along the trajectory H(p,q) rs constant.Alternatively, one can start with the total energy function - the Hamiltonian H(p,g), and we try to find solutions that evolve along curves of constant energy, ic. level sets of the Hamiltonian. In this special case, we observe that the gradient VH gives a normal vector to the level sets, so we want VH rotated by 957 90° in order to get a vector field Owhose flow lines are solutions. I.e., we want skew gradient.

Hamilton's egne of General setup: Given a smooth manifold M, we think of M as the "phase space" of possible position/momenta we need a closed, non-degenerate
differential 2-form which encodes how We can write down Hamilton's equations.



	What does the non-degeneracy do for us?
	Non-degeneracy yielde a "shew gradient" of
	Non-degeneracy yields a "shew gradient" of functions. H. called XH. It satisfies
	$W(X_H, V) = dH(V).$ (*).
	The RHS is the directional derivative of Hat v,
	a number for each V.
-	Non-degeneracy gives a unique solution of (*) ie. a vector field X4 that happens to vary
	ie. a vector field X4 that happens to vary
	smoothly (need to check ther).
	Non the "skew-gradient" is not the usual
	terminology, it's typically called the
1	tamiltonian vector field of H
	Then the Hamiltonian vector field allows for
1	Hamilton's equations dx(t) = X (x(+))
	at "H(xct)
_ }	
	bes this yield the property that: The function H
	is constant along
_	any solution trajectory?
	ere use use antisymmetry.





Lemma Jac(f,gh) = X_{f,g}(h) - [X_g, X_f](h) In particular, Jac(f,g,h)=0 exactly when Xfg = Xg, Xf je we've got