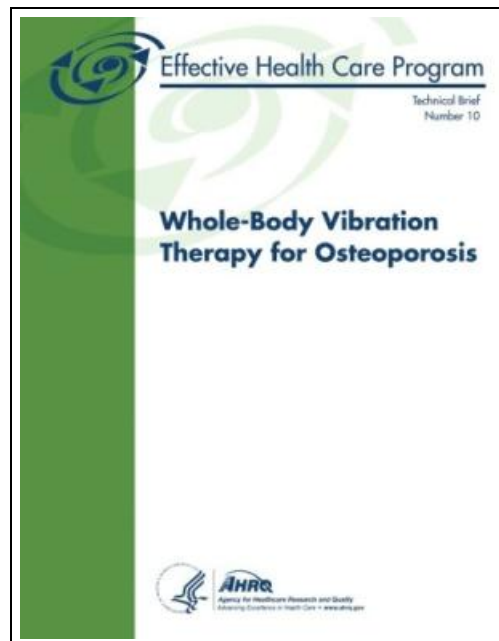


Whole-Body Vibration Therapy for Osteoporosis: Technical Brief Number 10 (Paperback)



Filesize: 9.53 MB

Reviews

This sort of book is every little thing and got me to searching ahead and a lot more. This can be for all those who statte there was not a well worth reading through. I am just easily could possibly get a delight of reading through a published pdf.

(Floy Rollson)

WHOLE-BODY VIBRATION THERAPY FOR OSTEOPOROSIS: TECHNICAL BRIEF NUMBER 10 (PAPERBACK)**DOWNLOAD**

Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Language: English. Brand new Book. Osteoporosis is a skeletal system disease characterized by low bone density and deterioration of bone tissue. The clinical ranges for osteoporosis, osteopenia, and normal bone density are presented. Osteoporosis affects 2 percent of men and 10 percent of women over the age of 50 in the United States. In addition, 49 percent of older women and 30 percent of older men in the United States have low bone density or osteopenia. Osteoporosis is a significant public health problem that leads to increased bone fragility and greater fracture risk, especially of the wrist, hip, and spine. In an epidemiological study conducted in Switzerland, 50 percent of all fractures in women and 24 percent in men were considered osteoporotic. In the United States an estimated 1.5 million yearly osteoporotic fractures result in more than 500,000 hospitalizations, 800,000 emergency room visits, 2.6 million physician office visits, and 180,000 nursing home placements. Hip fractures, in particular, are associated with an increased risk of death. Fractures can also cause pain, height loss, and functional disability, as well as complications such as pressure sores and pneumonia. By 2020, approximately half of all older Americans will be at risk for fractures from osteoporosis or osteopenia. The U.S. Preventive Services Task Force recommends active screening for osteoporosis and early intervention to prevent bone fractures. Current clinical guidelines recommend dietary and pharmacological interventions to treat osteoporosis and prevent bone fractures. An increase of 1 standard deviation in bone mineral density in women would prevent 33 percent of hip fractures and 77 percent of vertebral fractures. Despite proven effectiveness, these treatments may have low rates of long-term adherence. Pharmacological interventions can result in adverse outcomes, commonly minimal trauma atypical fractures, esophageal irritation, renal toxicity, and...

[Read Whole-Body Vibration Therapy for Osteoporosis: Technical Brief Number 10 \(Paperback\) Online](#)[Download PDF Whole-Body Vibration Therapy for Osteoporosis: Technical Brief Number 10 \(Paperback\)](#)

You May Also Like

**Genuine new book Essentials of Leadership: Principles and Practice (4th Edition) (U.S.) Shiliboge. (U.S.(Chinese Edition)**

paperback. Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2012-05-01 Pages: 280 Publisher: Welcome to Our Publishing House of Electronics Industry....

[Save](#) [Book](#)

»

**Unlock: Unlock Level 4 Listening and Speaking Skills Student's Book and Online Workbook (Mixed media product)**

CAMBRIDGE UNIVERSITY PRESS, United Kingdom, 2014. Mixed media product. Condition: New. Language: English. Brand new Book. Unlock is a five-level academic skills course that combines carefully scaffolded exercises, a comprehensive approach to critical thinking and...

[Save](#) [Book](#)

»

**A Valentine's Day Romance (Paperback)**

Createspace Independent Publishing Platform, United States, 2012. Paperback. Condition: New. Language: English. Brand new Book. Todd is a Christian teacher at a Christian Bible college who takes a cabin near a lake on his summer...

[Save](#) [Book](#)

»

**Unlock: Unlock Level 4 Listening and Speaking Skills Teacher's Book with DVD (Mixed media product)**

CAMBRIDGE UNIVERSITY PRESS, United Kingdom, 2015. Mixed media product. Condition: New. Teachers Guide. Language: English. Brand new Book. Unlock is a five-level academic skills course that combines carefully scaffolded exercises, a comprehensive approach to critical...

[Save](#) [Book](#)

»

**SAS and Elite Forces Guide Prisoner of War Escape & Evasion: How To Survive Behind Enemy Lines From The World's Elite Military Units (Paperback)**

ROWMAN & LITTLEFIELD, United States, 2012. Paperback. Condition: New. Language: English. Brand new Book. The POW How To Escape Handbook covers everything you need to know about making a successful return to friendly territory. Beginning...

[Save](#) [Book](#)

»

**Math in Focus: Singapore Math: Enrichment Workbook Grade 2 Book B**

GREAT SOURCE, 2009. Condition: New. book.

[Read](#) [Book](#)

»

**Standard Catalog of World Paper Money: General Issues to 1960: 2 (Standard Catalog of World Paper Money. Vol 2 : General Issues, 8th ed)**

Krause Pubns Inc, 1996. Condition: New. book.

[Read](#) [Book](#)

»

**He Found Me (Paperback)**

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English. Brand new Book. This is the story of Caroline Williams, a young African American woman in her late twenties who was always on

[Read](#) [Book](#)

»

**Positive Parenting Solutions Simplified: Parenting with Love and Logic way to Tame a Strong-Willed Child. (Paperback)**

Createspace Independent Publishing Platform, United States, 2018. Paperback. Condition: New. Language: English. Brand new Book. Positive Parenting SolutionsParenting can be tough, but it can be made easier if the parent stays sensible. We talk about

[Read](#) [Book](#)

»

**Unlock: Unlock Level 4 Listening and Speaking Skills Presentation Plus DVD-ROM (Hardback)**

CAMBRIDGE UNIVERSITY PRESS, United Kingdom, 2016. Hardback. Condition: New. Language: English. Brand new Book. Unlock is a five-level academic skills course that combines carefully scaffolded exercises, a comprehensive approach to critical thinking and motivating video.

[Read](#) [Book](#)

»