# **Curriculum Vitae**

# Adam M. Kuczynski

APPIC Match No. 12872

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#### **EDUCATION**

| 2023 | Ph.D. Candidate, Clinical Psychology Minor in Quantitative Psychology University of Washington, College of Arts & Sciences, Seattle, WA <u>Dissertation</u> : "Characterizing the dynamics of loneliness, depression, and the role of social interactions: An experience sampling study" <u>Dissertation Chair</u> : Jonathan W. Kanter, Ph.D. <u>Committee</u> : Kevin M. King, Ph.D., Dror Ben-Zeev, Ph.D., John M. Gottman, Ph.D., Susan M. McCurry, Ph.D., Robert J. Kohlenberg, Ph.D. |
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| 2016 | M.S., Clinical Psychology University of Washington, College of Arts & Sciences, Seattle, WA <u>Master's Thesis</u> : "Preliminary development and psychometric evaluation of the ACL scale: Factor structure, measurement invariance, reliability, and validity"   |
| 2013 | B.S., Psychology, minor in Ethics<br>University of Washington, College of Arts & Sciences, Seattle, WA   |

# **ACADEMIC HONORS AND AWARDS**

| 2020      | UW Population Health COVID-19 Rapid Response Grant, <i>Mitigating the Mental Health Consequences of the COVID-19 Crisis</i> , \$16,168 Role: Co-Investigator |
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| 2020      | Student Spotlight Award (Association for Contextual Behavioral Science)  |
| 2019      | Alcor Fellowship (UW Department of Psychology)   |
| 2010-2013 | Arts and Sciences Dean's List, University of Washington (2010-2013)  |

## **CLINICAL PRACTICA EXPERIENCE**

2020 – present **Practicum Student** 

Mental Health Clinic

VA Puget Sound Health Care System, Seattle Division

Supervisors: Kelly Allred, Ph.D. & Jennifer Buchman, Ph.D.

<u>Responsibilities</u>: Worked within an interdisciplinary team of psychiatrists, psychologists, nurses, and social workers to provide comprehensive mental health care to veterans. Provided individual exposure-based interventions (PE for PTSD, IE for PD, and EXRP for OCD) to veterans diagnosed with anxiety and related disorders. Provided individual CBT for veterans diagnosed with depressive disorders. Co-led a motivational enhancement

group for veteran's working to overcome addictive behaviors. Provided assessment and treatment planning services weekly within the Triage and Rapid Evaluation Clinic (TREC). Wrote intake assessment reports and progress notes for all clinical encounters. Completed comprehensive psychodiagnostic assessments for veterans presenting with complex differential diagnoses. Participated in ad-hoc treatment planning meetings within an interdisciplinary team of psychologists, psychiatrists, nurses, and social workers.

2018 - 2020

#### **Practicum Student**

Comprehensive Dialectical Behavior Therapy Program The Seattle Clinic, Seattle, WA

Supervisors: Dorian Hunter, Ph.D. & Elizabeth LoTempio, Psy.D. Responsibilities: Provided comprehensive Dialectical Behavior Therapy (DBT) within a team of psychologists in a private, independent mental health clinic. Provided individual DBT and DBT-PE to adolescents and adults working to overcome problems related to severe emotion dysregulation and suicidal behavior. Led and co-led a DBT skills group. Provided individual skills coaching to patients unable to attend group (e.g., due to time constraints). Provided phone coaching to individual patients to assist in the generalization of skills use. Participated actively in the weekly DBT consultation team. Wrote progress notes for all clinical encounters. Conducted regular suicide assessments for patients at high acute risk.

2017 - 2018

#### **Practicum Student**

Inpatient Psychiatry Unit

University of Washington Medical Center, Seattle, WA

Supervisor: Ty Lostutter, Ph.D.

Responsibilities: Worked within an interdisciplinary team of psychiatrists, psychologists, nurses, social workers, and other medical doctors as needed to provide acute stabilization services in an inpatient psychiatry setting. Participated in weekly psychosocial rounds with psychiatrists, psychologists, nurses, and social workers. Used empirically supported interventions, including cognitive-behavioral therapy (CBT), Dialectical Behavior Therapy (DBT) skills, and mindfulness- and acceptance-based interventions, individually with patients. Provided CBT and third-wave behavioral therapies in a group format for patients on the unit. Wrote progress notes for all clinical encounters. Participated in weekly individual and group supervision with psychologists, interns, and other practicum students.

2016 – present

## **Student Clinician**

Psychological Services and Training Center

University of Washington, Department of Psychology, Seattle, WA Supervisors: Linda Dimeff, Ph.D., Jonathan Kanter, Ph.D., Madelon Bolling, Ph.D., Kristi Kwon, Ph.D., & Matthew Enkema, Ph.D. Responsibilities: Provided weekly outpatient psychotherapy within a university-based, sliding-scale clinic. Used empirically supported interventions for individuals working to overcome mood and anxiety

disorders, substance use disorders, and relationship-related stress. Participated in individual and group (first-year only) supervision. Wrote progress notes for all clinical encounters. Used routine outcomes monitoring to measure patients' progress throughout treatment.

# OTHER CLINICAL EXPERIENCE

2019 - 2020

Study Therapist: A single site randomized-controlled trial of Functional Analytic Psychotherapy for individuals high in fear of intimacy <a href="Supervisors">Supervisors</a>: Jonathan W. Kanter, Ph.D. & Sarah Sullivan-Singh, Ph.D. <a href="Responsibilities">Responsibilities</a>: Assisted in the development of an 8-session manualized protocol based on Functional Analytic Psychotherapy (FAP) for individuals experiencing anxiety forming intimate relationships with others. Provided individual therapy within a clinical research context. Supervised therapist adherence to the protocol and data collection efforts.

2019

Intensive Training in in the DBT Prolonged Exposure Protocol for PTSD, 4-day

Instructors: Melanie S. Harned, Ph.D., ABPP & Sara Schmidt, Ph.D.

2018-2020

Clinic "Buddy"

Psychological Services and Training Center

University of Washington

Supervisor: Corey Fagan, Ph.D.

<u>Responsibilities</u>: Provided weekly supervision to second-year clinical psychology Ph.D. students in their first quarter of clinical training. Met with students as-needed to supplement their early supervision experiences

and provide encouragement.

2018

Intensive Training in Dialectical Behavior Therapy, 5-day Instructors: Jennifer Sayrs, Ph.D. & Ronda Oswalt Reitz, Ph.D.

CBT+: Cognitive Behavioral Interventions for Depression, Anxiety, Trauma, and Behavior Problems (3-day Training)

Instructors: Shannon Dorsey, Ph.D., Phoebe Mulligan, LICSW, & C.J.

Ellsworth, M.A., LMFT

2016

Functional Analytic Psychotherapy (FAP) 3-day Intensive Training Instructors: Jonathan W. Kanter, Ph.D., Mavis Tsai, Ph.D., Robert J. Kohlenberg, Ph.D.

# TEACHING EXPERIENCE

2021

**Lecturer**: Introduction to R Programming (graduate level) *University of Washington, Department of Psychology* 

Seattle, WA

<u>Responsibilities</u>: Developed lecture slides, live-coding exercises, and homework assignments for a PhD-level course on statistical programming in R. Provided twice weekly lectures to graduate students from multiple departments across the university. Graded homework assignments and met with students for office hours to provide additional support outside of class.

2020

2019

**Graduate Teaching Assistant**: Abnormal Psychology (undergraduate level)

University of Washington, Department of Psychology

Seattle, WA

Responsibilities: Taught two weekly discussion sections focused on understanding and applying knowledge of the assessment and treatment of DSM-5 clinical disorders. Assisted in the development of midterm and final

exams. Graded weekly homework assignments.

**Graduate Teaching Assistant**: Linear Models and Data Analysis &

Laboratory in Statistical Computation II (graduate level) University of Washington, Department of Psychology

Seattle, WA

Responsibilities: Assisted with the development of course material. Provided in-class support and met with students for office hours. Graded weekly conceptual/mathematical and statistical programming homework assignments.

2018, 2020

**Graduate Teaching Assistant**: Introduction to Statistics and Data Analysis & Laboratory in Statistical Computation I (graduate level)

University of Washington, Department of Psychology

Seattle, WA

Responsibilities: Assisted with the development of course material. Provided in-class support and met with students for office hours. Graded weekly conceptual/mathematical and statistical programming homework assignments and exams.

2018

**Graduate Teaching Assistant Lead:** Introduction to Psychology

(undergraduate level)

Laboratory in Statistical Computation I (graduate level) University of Washington, Department of Psychology

Seattle, WA

Responsibilities: Supervised a team of Graduate Teaching Assistants in the administration of a 700+ introductory psychology course. Created bi-weekly homework assignments, assisted in the development of exams, and led exam review sessions. Met with students for weekly office hours. Graded homework assignments and exams.

2016, 2017, 2021

**Graduate Teaching Assistant:** Statistical Inference in Psychological Research (undergraduate level)

University of Washington, Department of Psychology

Seattle, WA

Responsibilities: Taught weekly discussion sections focused on statistical computing. Met with students for weekly office hours. Graded weekly homework assignments and exams.

2016, 2017

**Graduate Teaching Assistant**: Introduction to Probability and Statistics for Psychology (undergraduate level)

University of Washington, Department of Psychology

Seattle, WA

Responsibilities: Taught twice weekly discussion sections focused on conceptual/mathematical statistics and statistical programming. Assisted in the

development of exams. Met with students for weekly office hours. Graded weekly homework assignments.

2016, 2017, 2018, 2020

**Graduate Teaching Assistant**: Understanding Statistics in Psychology (undergraduate level)

University of Washington, Department of Psychology

Seattle, WA

<u>Responsibilities</u>: Taught twice weekly discussion sections focused on conceptual/mathematical statistics and statistical programming. Assisted in the development of exams. Met with students weekly for office hours. Graded weekly homework assignments.

2016 **Graduate Teaching Assistant**: Fundamentals of Psychological Research (undergraduate level)

University of Washington, Department of Psychology

Seattle, WA

<u>Responsibilities</u>: Taught twice weekly discussion sections focused on research methods within psychological science. Assisted in the development of weekly homework assignments, midterms, and final exams. Graded weekly homework assignments. Met with students weekly for office hours.

**Graduate Teaching Assistant**: Introduction to Psychology (undergraduate level)

University of Washington, Department of Psychology

Seattle, WA

<u>Responsibilities</u>: Performed administrative duties for a 700+ person class. Created bi-weekly homework assignments. Assisted in the development of exams. Led midterm and final exam review sessions. Met with students for weekly office hours. Graded homework assignments and exams.

## RESEARCH POSITIONS HELD

2015-present

## **Graduate Student**

Center for the Science of Social Connection
Department of Psychology, University of Washington

Principal Investigator: Jonathan W. Kanter, Ph.D.

Research Interests: Broadly focused on understanding the role of social relationships in the development and maintenance, and thus prevention and treatment, of mental health diagnoses. Dissertation is focused on understanding the dynamic association between feelings of loneliness and depression symptoms and the preventative effect that daily interactions with others may have. Interested in applying advanced statistical methods (e.g., mixed effects models) and intensive longitudinal data collection methods (i.e., ESM/EMA, passive data collection) to answer novel research questions (e.g., differentiating among between-person and within-person indicators of risk and resilience factors). Related interests include psychological measurement, treatment development and evaluation, and the application of clinical science principles to the prevention of racial microaggressions. Throughout my graduate training my appreciation for open science practices (e.g., pre-registration, data sharing) has grown. I

2016

have assisted in study design, data collection, statistical analyses, and dissemination with multiple principal investigators. I have supervised several undergraduate and baccalaureate research assistants, several of whom have collaborated on scientific publications and are now in graduate programs.

#### 2013-2015

#### **Research Coordinator**

Center for the Science of Social Connection Department of Psychology, University of Washington Principal Investigator: Jonathan W. Kanter, Ph.D.

Responsibilities: Participated in all stages of research including initial conceptualization, implementation, and manuscript preparation. Designed and executed laboratory-based experimental research, a randomized controlled trial of brief psychotherapy for relational dyads, and evaluation of a one-day workshop to reduce the expression of racial microaggressions. Disseminated research findings via scientific publications and presentations and international conferences. Assisted recruiting and training undergraduate research assistants.

#### 2010-213

# **Undergraduate Research Assistant**

Behavioral Research and Therapy Clinics Department of Psychology, University of Washington Principal Investigator: Marsha M. Linehan, Ph.D.

<u>Responsibilities</u>: Worked as a research assistant in an NIH-funded, multisite randomized controlled trial of Dialectical Behavior Therapy (DBT) for adolescents. Live-coded DBT skills group sessions for therapist adherence. Organized materials for study therapists in both arms of the study. Made copy-edits to the DBT Skills Training Manual, second edition. Assisted with data entry and implementation of data quality measures.

#### 2010-2013

## **Undergraduate Research Assistant**

Functional Analytic Psychotherapy Laboratory
Department of Psychology, University of Washington
Principal Investigators: Robert J. Kohlenberg, Ph.D. & Mavis Tsai, Ph.D.
Responsibilities: Assisted in the development of a laboratory-based component process study of the role of differential reinforcement of interpersonal vulnerability and relational closeness. Implemented the study protocol with face-to-face interactions with research participants. Trained undergraduate research assistants in study protocol.

## **PUBLICATIONS**

- 1. **Kuczynski, A.M.**, Halvorson, M.A., Slater, L.R., Kanter, J.W. (2021). The effect of social interaction quantity and quality on depressed mood and loneliness: A daily diary study. *Journal of Social and Personal Relationships*, 1-23. https://doi.org/10.1177/02654075211045717
- 2. Kanter, J.W., Nash, M.G., **Kuczynski, A.M.**, & Rosen, D.C. (2021). A brief, mobile intervention to decrease depression and loneliness and improve relationship quality during the

- Covid-19 Pandemic. *Journal of Social and Clinical Psychology*, 40(5), 422-446. https://doi.org/10.1521/jscp.2021.40.5.447
- 3. Kanter, J.W., **Kuczynski, A.M.**, Manbeck, K.E., Corey, M.D., & Wallace, E.C. (2020). An integrative contextual behavioral model of intimate relations. *Journal of Contextual Behavioral Science*, *18*, 75–91. https://doi.org/10.1016/j.jcbs.2020.09.001
- 4. Kanter, J.W., Williams, M.T., **Kuczynski, A.M.**, Corey, M.D., Parigoris, R.M., Carey, C.M., ... Rosen, D.C. (2020). The measurement and structure of microaggressive communications by White people against Black people. *Race and Social Problems*, *12*(4), 323–343. https://doi.org/10.1007/s12552-020-09298-w
- 5. Kanter, J.W., Rosen, D.C., Manbeck, K.E., Branstetter, H.M.L., **Kuczynski, A.M.**, Corey, M.D., ... & Williams, M.T. (2020). Addressing microaggressions in racially charged patient-provider interactions: A pilot randomized trial. *BMC Medical Education*, 20(88), 1-14. https://doi.org/10.1186/s12909-020-02004-9
- 6. Manbeck, K.E., Kanter, J.W., **Kuczynski, A.M.**, Maitland, D.W.M., & Corey, M.D. (2020). Fear-of-intimacy in the interpersonal process model: An investigation in two parts. *Journal of Social and Personal Relationships*. https://doi.org/10.1177/0265407519898267
- 7. **Kuczynski, A.M.**, Kanter, J.W., & Robinaugh, D.J. (2019). Differential associations between interpersonal variables and quality-of-life in a sample of college students. *Quality of Life Research*, 29(1), 127-139. https://doi.org/10.1007/s11136-019-02298-3
- 8. **Kuczynski, A.M.**, Kanter, J.W., Wetterneck, C.T., Olaz, F.O., Singh, R.S., Lee, E.B., ... Corey, M.D. (2019). Measuring intimacy as a contextual-behavioral process: Psychometric development and evaluation of the Awareness, Courage, and Responsiveness Scale. *Journal of Contextual Behavioral Science*. https://doi.org/10.1016/j.jcbs.2019.02.004
- 9. Reyes Ortega, M.A., **Kuczynski, A.M.**, Kanter, J.W., de Montis, I.A., & Santos, M.M. (2019). A preliminary test of a social connectedness burnout intervention for Mexican mental health professionals. *The Psychological Record*, 69(2), 267-276. https://doi.org/10.1007/s40732-019-00338-5
- 10. Kanter, J.W., **Kuczynski, A.M.**, Tsai, M., & Kohlenberg, R.J. (2018). A brief contextual-behavioral intervention to improve relationships: A randomized trial. *Journal of Contextual Behavioral Science*, *10*, 75-84. https://doi.org/10.1016/j.jcbs.2018.09.001
- 11. Rosen, D.C., **Kuczynski, A.M.**, & Kanter, J.W. (2018). The Antisemitism-Related Stress Inventory: Development and preliminary psychometric evaluation. *Psychology of Violence*, 8(6), 726-734. https://doi.org/10.1037/vio0000208
- 12. Kanter, J.W., Manbeck, K.E., **Kuczynski, A.M.**, Maitland, D.W.M., Villas-Bôas, A., & Reyes Ortega, M.A. (2017). A comprehensive review of research on Functional Analytic Psychotherapy. *Clinical Psychology Review*, *58*, 141-156. https://doi.org/10.1016/j.cpr.2017.09.010
- 13. Kanter, J.W., Williams, M.T., **Kuczynski, A.M.**, Manbeck, K.E., Debreaux, M., & Rosen, D.C. (2017). A preliminary report on the relationship between microaggressions against Black people and racism among White college students. *Race and Social Problems*, *9*(4), 291-299. https://doi.org/10.1007/s12552-017-9214-0
- 14. Maitland, D.W.M., Kanter, J.W., Manbeck, K.E., & **Kuczynski, A.M.** (2017). Relationship science informed clinically relevant behaviors in Functional Analytic Psychotherapy: The

- Awareness, Courage, and Love Model. *Journal of Contextual Behavioral Science*, 6(4), 347-359. https://doi.org/10.1016/j.jcbs.2017.07.002
- 15. Maitland, D.W.M., Kanter, J.W., Tsai, M., **Kuczynski, A.M.**, Manbeck, K.E., & Kohlenberg, R.J. (2016). Preliminary findings on the effects of online Functional Analytic Psychotherapy training on therapist competency. *The Psychological Record*, 66(4), 627-637. https://doi.org/10.1007/s40732-016-0198-8
- 16. Haworth, K., Kanter, J.W., Tsai, M., **Kuczynski, A.M.**, Rae, J.R., & Kohlenberg, R.J. (2015). Reinforcement matters: A preliminary, laboratory-based component-process analysis of Functional Analytic Psychotherapy's model of social connection. *Journal of Contextual Behavioral Science*, 4(4), 281-291. https://doi.org/10.1016/j.jcbs.2015.08.003
- 17. Kohlenberg, R.J., Tsai, M., **Kuczynski, A.M.**, Rae, J.R., Lagbas, E., Lo, J., & Kanter, J.W. (2015). A brief, interpersonally oriented mindfulness intervention incorporating Functional Analytic Psychotherapy's model of awareness, courage and love. *Journal of Contextual Behavioral Science*, 4(2), 107-111. https://doi.org/10.1016/j.jcbs.2015.03.003

#### MANUSCRIPTS UNDER REVIEW

1. Dora, J., ..., **Kuczynski, A.M.**, ..., King, K.M. (2021). The daily association between affect and alcohol use: A meta-analysis of individual participant data. Submitted to *Science*.

## MANUSCRIPTS IN PREPARATION

1. **Kuczynski, A.M.** & Kanter, J.W. (2021). A comprehensive systematic review of the bidirectional association between loneliness and depressive symptomatology.

## **BOOK CHAPTERS**

1. Kanter, J.W., Rosen, D.C., Manbeck, K.E., **Kuczynski, A.M.**, Corey, M.D., & Branstetter, H.M.L. (2019). Using contextual behavioral science to understand racism and bias. In M.T. Williams, D.C. Rosen, & J.W. Kanter (Eds.), *Eliminating Race-Based Mental Health Disparities*. Oakland, CA: New Harbinger Books.

## SYMPOSIA AND POSTER PRESENTATIONS AT NATIONAL CONFERENCES

- 1. **Kuczynski, A.M.,** Kanter, J.W., & Tonel, A. (2020, May). Contemporaneous and longitudinal associations among relational intimacy, loneliness, and depressed affect: A daily diary study. In S. Moran (Chair), *Exploring social connectedness across conceptualization and context to enhance mental health in emerging adults*. Association for Psychological Science 32<sup>nd</sup> Annual Convention, Chicago, IL (Conference canceled due to Covid-19)
- 2. **Kuczynski, A.M.**, & Kanter, J.W. (2018, July). Modeling ongoing acts-in-context from a contextual behavioral perspective: A network analysis approach. In M. Vriesman (Chair), *Exploring a past, present, and future of broadening of behavioral horizons*. Symposium presented at the Association for Contextual Behavioral Science 16<sup>th</sup> Annual World Conference, Montreal, CA.

- 3. **Kuczynski**, **A.M.**, & Kanter, J.W. (2018, July). Predictive validity of awareness, courage, and responsiveness (ACR) in a general psychiatric sample and non-psychiatric dyads. In J.W. Kanter (Chair), *Awareness, courage, and love: Clinical measurement, clinical analogue, and clinical findings*. Symposium presented at the Association for Contextual Behavioral Science 16<sup>th</sup> Annual World Conference, Montreal, CA.
- 4. Kanter, J.W., Corey, M.D., Parigoris, R., & Carey, C. (2018, July). Discrimination and microaggressions: CBS research findings and a call to action. In **A.M. Kuczynski** (Chair). Symposium presented at the Association for Contextual Behavioral Science 16<sup>th</sup> Annual World Conference, Montréal, Canada.
- 5. Enkema, M.C., **Kuczynski, A.M.**, Canning, J.R., Lee, C.M., Bowen, S., Hallgren, K.A., & Larimer, M. (2018). *Testing the self-medication hypothesis of alcohol and marijuana use among young adult college student marijuana users: Results from ecological momentary assessment.*Poster presented at the Research Society on Alcoholism (RSA) 41<sup>st</sup> Annual Meeting, San Diego, CA
- 6. Enkema, M.C., **Kuczynski, A. M.**, Lee, C.M., Lindgren, K., Bowen, S., Hallgren, K., Jun, E., & Larimer, M. (2018). *How do we measure craving? Intensive longitudinal assessment of craving and cannabis use among young adults with problematic use.* Poster presented at the College on Problems of Drug Dependence 80<sup>th</sup> annual meeting, San Diego, CA.
- 7. **Kuczynski, A.M.**, Parigoris, R.M., Carey, C.M., Boon-Dooley, A.S., & Kanter, J.W. (2017, November). *Measuring outcomes in Functional Analytic Psychotherapy (FAP)*. Poster presented at the 2017 Association for Behavioral and Cognitive Therapies Convention, San Diego, CA.
- 8. Lucid, L. **Kuczynski, A.M.**, Benjamin, K., & Dorsey, S. (2017, November). *Predictors of objectively coded supervision in community mental health*. Poster presented at the 2017 Association for Behavioral and Cognitive Therapies Convention, San Diego, CA.
- 9. Callaghan, G., Follette, W.C., Gaynor, S., Kanter, J.W., Kohlenberg, B.S., Kohlenberg, R.J., Tsai, M. (June, 2016). In **Kuczynski, A.M.**, & Muñoz-Martínez, A. (Chairs). *Understanding FAP: Is awareness, courage, and love a useful model or...only fluffy puppies?* Panel discussion conducted at the Association for Contextual Behavioral Science 14<sup>th</sup> Annual World Conference, Seattle, WA.
- 10. Marfo, N., Oshin, L., Williams, M.T., Debreaux, M.L., Kuczynski, A.M., & Kanter, J.W. (2016, October). Microaggression minefield: Discrepancies from an initial validation of the CCAS. Poster presented at the 2016 Association for Behavioral and Cognitive Therapies Convention, New York City, NY.
- 11. **Kuczynski, A.M.**, Epistola, J., Mier-Chairez, J., Stowe, T., Lee, E., Singh, S., Flaherty, B.P., Dudek, J.E., Tsai, M., Kanter, J.W. (2016, June). *Measuring awareness, courage, and love as a contextual behavioral interpersonal process model for the development of intimacy*. Poster session presented at the Association for Contextual Behavioral Science 14<sup>th</sup> Annual World Conference, Seattle, WA.
- 12. Dudek J.E, **Kuczynski, A.M.**, Ostaszewski P., Białaszek W., Smidt T. (2016, June). *The role of psychological flexibility in living with lipedema*. Poster session presented at the Association for Contextual Behavioral Science 14<sup>th</sup> Annual World Conference, Seattle, WA.
- 13. Dudek J.E, Ostaszewski P., Białaszek W., Smidt T., **Kuczynski A.M.**, (2016, June). Adjusting to problems of appearance in women with lipedema. Poster session presented at the Association for Contextual Behavioral Science 14<sup>th</sup> Annual World Conference, Seattle, WA.

- 14. Debreaux, M., Mier-Chairez, J., Sawyer, B., Skinta, M., **Kuczynski, A.M.**, Kanter, J.W., Williams, M.T. (2015, November). *Reducing racial microaggressions: Focus group background and conceptualizations*. Poster session presented at the Association for Behavioral and Cognitive Therapies 49<sup>th</sup> Annual Convention, Chicago, IL.
- 15. Thurston-Rattue, M., Kanter, J.W., Hakki, F., Kuczynski, A.M., Santos, M.M., Bailey, K., Tsai, M., & Kohlenberg, R.J. (2015, July). *Increasing racially diverse social connections through contextual behavioral science*. Poster session presented at the Association for Contextual Behavioral Science 13th Annual World Conference, Berlin, Germany.
- 16. **Kuczynski, A.M.**, Xavier, R.N., Villas-Bôas, A., Meyer, S., Wetterneck, C., Holman, G., Kohlenberg, R.J., Tsai, M., Callaghan, G., & Kanter, J.W. (2015, July). A behavior analytic conceptualization of Awareness, Courage, and Love as functional response classes. In R.J. Kohlenberg (Chair), *The power of love: Using FAP's model of social connection to address global concerns*. Symposium presented at the Association for Contextual Behavioral Science 13<sup>th</sup> Annual World Conference, Berlin, Germany.
- 17. Dudek, J.E., Tsai, M., **Kuczynski, A.M.**, Ostaszewski, P., Kohlenberg. R.J, & Callaghan, G., Kanter, J.W. (2015, July). Using Awareness, Courage, and Love to improve social functioning: A theoretical model to improve the lives of those with visible chronic conditions. In R.J. Kohlenberg (Chair), *The power of love: Using FAP's model of social connection address global concerns*. Symposium presented at the Association for Contextual Behavioral Science 13<sup>th</sup> Annual World Conference, Berlin, DE.
- 18. Thurston-Rattue, M., Tsai, M., Kanter, J.W., Kohlenberg, R.J., **Kuczynski, A.M.** (2015, July). Practical applications of Awareness, Courage, and Love: Solving contemporary issues though social connection. In R.J. Kohlenberg (Chair), *The power of love: Using FAP's model of social connection address global concerns*. Symposium presented at the Association for Contextual Behavioral Science 13<sup>th</sup> Annual World Conference, Berlin, Germany.
- 19. **Kuczynski, A.M.**, Kanter, J.W., Haworth, K., Tsai, M., Kohlenberg, R.J. (2014, June). Awareness, courage, love and social connection: A laboratory-based component process study. In G. Holman (Chair), *A new contextual behavioral model of social connection for Functional Analytic Psychotherapy*. Symposium presented at the Association for Contextual Behavioral Science 12<sup>th</sup> Annual World Conference, Minneapolis, MN.

## DEPARTMENT AND UNIVERSITY PRESENTATIONS

1. Halvorson, M.A, & **Kuczynski, A.M.** (2017, May). *Estimation accuracy and stability as a function of sample size and inter-group distance in latent profile analysis: A monte carlo study.* Poster presented at the 2017 UW Center for Statistics & Social Sciences Course Information Session, Seattle, WA.

## **INVITED TALKS**

1. **Kuczynski, A.M.** (2019, September). *Intentionally Creating Close Relationships*. 3-hour invited talk and workshop for Providence/Swedish Hospital Telehealth Team, Seattle, WA.

#### DEPARTMENTAL AND OTHER SERVICE

| 2018, 2020  | Association for Contextual Behavioral Science (ACBS) Student Spotlight<br>Award Review Committee   |
|-------------|--|
| 2019 – 2021 | UW Clinical Psychology Student Advisory Committee member   |
| 2018        | Committee to develop independent study courses for APA's Discipline Specific Knowledge (DSK) requirements – University of Washington                           |
| 2015 – 2021 | Student Representative of the Functional Analytic Psychotherapy (FAP)<br>Special Interest Group of the Association for Contextual Behavioral<br>Science (ACBS) |

## **EDITORIAL SERVICE**

- 1. Ad-hoc reviewer, Journal of Social and Personal Relationships
- 2. Ad-hoc reviewer, Journal of Contextual Behavioral Science
- 3. Ad-hoc reviewer, Psychological Assessment

# PROFESSIONAL AFFILIATIONS

| 2018 – present | Association for Psychological Science, Student Member         |
|----------------|---|
| 2015 – present | Association for Contextual Behavioral Science, Student Member |
| 2016           | American Psychological Association, Student Member            |

# **MEDIA COVERAGE**

- The National Geographic
- The Seattle Times
- The Conversation
- KUOW Public Radio (NPR)
- University of Washington News
- Crosscut

#### **SOFTWARE**

**Pingr** is a participant management and data collection tool for use in experience sampling (i.e., ecological momentary assessment), daily diary, and other longitudinal research designs. Built entirely with web-based technologies (Angular, Node.js, cloud computing), Pingr allows researchers to create, share, and administer complex longitudinal research without the need for in-house software developers or expensive bespoke software applications.