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Littleroot Town  
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Surfing (44): 60% Squirtle, 30% Totodile, 5% Croconaw, 5% Wartortle

Old Rod (4-5): 70% Luvdisc, 30% Goldeen

Good Rod (20): 60% Corphish, 20% Goldeen, 20% Poliwhirl

Super Rod (65): 41% Luvdisc, 40% Seaking, 15% Poliwhirl, 4% Crawdaunt

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Route 103  
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Grass (4): 20% Sunkern, 20% Wingull, 10% Ledyba, 10% Spearow, 10% Skitty, 10% Ekans, 5% Mareep, 5% Hoppip, 4% Poliwag, 4% Spink, 1% Aipom, 1% Tailow

Surfing (43): 60% Kingler, 30% Seaking, 5% Qwilfish, 5% Mantine

Old Rod (5): 70% Remoraid, 30% Tentacool

Good Rod (20): 80% Octillery, 20% Tentacool

Super Rod (65): 40% Qwilfish, 40% Octillery, 15% Kingler, 5% Seaking

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Oldale Town  
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Grass (2-5): 21% Vulpix, 20% Slugma, 20% Numel, 20% Growlithe, 6% Ponyta, 5% Magby, 4% Cyndaquil, 4% Charmander

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Route 102  
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Grass (4-7): 20% Meowth, 20% Sandshrew, 10% Nidoran(m), 10% Electrike, 10% Hoothoot, 10% Gulpin, 5% Spinarak, 5% Spink, 4% Farfetch'd, 4% Ralts, 1% Minun, 1% Pikachu

Surfing (43): 60% Luvdisc, 30% Seaking, 5% Carvanha, 4% Poliwrath, 1% Politoed

Old Rod (5): 70% Carvanha, 30% Barboach

Good Rod (23): 60% Psyduck, 20% Goldeen, 20% Corphish

Super Rod (65): 40% Golduck, 40% Whiscash, 20% Seaking

## Youngster Calvin [1]

Poochyena(m) Lv.6: Bite, Super Fang, Mud-Slap, Rock Smash [0|Lax]

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Caterpie(m) Lv.5 @Choice Band: Tackle, ----, ----, ---- [Hasty]

Kakuna(m) Lv.5 @Berry Juice: Iron Defense, Poison Sting, ----, ---- [Mild]

— — —

Sunkern(f) Lv.6 @Berry Juice: Mega Drain, Synthesis, Leech Seed, Protect [Impish]

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Weedle(m) Lv.7 @Choice Band: Poison Sting, ----, ----, ----

Metapod(m) Lv.7: @Citrus Berry: Iron Defense, Tackle, ----, ---- [Naughty]

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Good Rod (20): 60% Marill, 20% Goldeen, 20% Corphish

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Route 104 (South)



Venonat(m) Lv.8: Stun Spore, Psybeam, Baton Pass, Mega Drain [12|Timid]

Nincada(m) Lv.9 @Miracle Seed: Giga Drain, Aerial Ace, Dig, Snore [Brave]

Bagon(m) Lv.8 @Scope Lens: Twister, Ember, Bite, Headbutt [15|Sassy]

Electrike(m) Lv.8 @Oran Berry: Thundershock, Bite, Quick Attack, Thunder Wave  
[18|Jolly]

Vulpix(f) Lv.9: Quick Attack, Ember, Confuse Ray, Bite [18]

Smeargle(m) Lv.8: Light Screen, Follow Me, Milk Drink, ----

## Pkmn Trainer Red

Bulbasaur(m) Lv.9 @Berry Juice: Sleep Powder, Mega Drain, Cut, Light Screen  
[Naive]

Charmander(m) Lv.9 @Berry Juice: Flame Wheel, Quick Attack, Bite, Will-o-Wisp  
[Rash]

Pikachu(m) Lv.9 @Citrus Berry: Shock Wave, Quick Attack, Surf, Thunder Wave  
[Rash]

Route 115

Grass (19-43): 20% Swablu, 20% Clefairy, 10% Eevee, 10% Absol, 10% Wigglytuff, 10% Swellow, 9% Beldum, 5% Kangaskhan, 4% Bagon, 1% Shelgon, 1% Metang

Surfing (43): 60% Tentacool, 30% Qwilfish, 5% Relicanth, 4% Kabuto, 1% Omanyte

Old Rod (9): 70% Kabuto, 30% Omanyte

Good Rod (20): 60% Kabuto, 20% Relicanth, 20% Omanyte

Super Rod (65) 44% Kabutops, 40% Relicanth, 16% Omastar

Route 116

Grass (9): 20% Grimer, 20% Makuhita, 10% Yanma, 10% Natu, 10% Paras, 10% Voltorb, 5% Spink, 5% Chimecho, 4% Ralts, 4% Unown, 1% Kakuna, 1% Metapod

## Rustboro City

Grass (9): 20% Shroomish, 20% Seedot, 10% Cacnea, 10% Bellsprout, 10% Oddish, 10% Hoppip, 5% Sunkern, 5% Roselia, 4% Chikorita, 4% Bulbasaur, 1% Exeggcute, 1% Lotad

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## Rustboro Gym

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## School Kid Josh

Geodude(m) Lv.15 @Choice Band: SELFDESTRUCT, -----, -----, ----- [0|Modest]  
+276

Zubat(m) Lv.11 @Cheri Berry: Giga Drain, Aerial Ace, Hypnosis, Leech Life [Mild]  
+126

Sudowoodo(m) Lv.12 @Citrus Berry: Calm Mind, Thunderpunch, Ice Punch, Rock Tomb [Sassy] +346

Omanyte(m) Lv.14 @Hard Stone: Water Pulse, Rock Tomb, Aurora Beam, Bite +360

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School Kid Tammy

Aron(m) Lv.13 @Sharp Beak: Aerial Ace, Rock Tomb, Brick Break, Secret Power  
+267

Corsola(f) Lv.13 @Hard Stone: Recover, Rock Tomb, Aurora Beam, Water Pulse  
[Sassy] +313

Rhyhorn(m) Lv.15 @Lum Berry: Megahorn, Magnitude, Rock Tomb, Ice Beam  
[Relaxed] +433

Yanma(m) Lv.11: Aerial Ace, Ancientpower, Silver Wind, Giga Drain [24|Careful]  
+346

Larvitar(m) Lv.15 @Persim Berry: Rock Slide, Earthquake, Facade, Sleep Talk  
[24|Rash] +214

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Hiker Marc

Onix(m) Lv.15 @Liechi Berry: Swagger, Dig, Rock Tomb, SELFDESTRUCT [Gentle]  
+346

Cacnea(m) Lv.12 @Silk Scarf: Thunder Wave, Teeter Dance, Needle Arm, Stomp  
[Adamant] +249

Kabuto(m) Lv.14 @Miracle Seed: Aerial Ace, Rock Tomb, Giga Drain, Mud Shot  
+357

Baltoy Lv.12 @Twistedspoon: Psybeam, Rock Tomb, Signal Beam,  
SELFDESTRUCT [24|Jolly] +148

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Leader Roxanne

Nosepass(f) Lv.15 @Citrus Berry: SELFDESTRUCT, Attract, Seismic Toss, Thunder Wave [Naughty]

Lileep(m) Lv.14 @Citrus Berry: Sludge Bomb, Giga Drain, Recover, Ancientpower

Anorith(m) Lv.14 @Lum Berry: Aerial Ace, Brick Break, X-Scissors, Rock Slide  
[Quiet]

Relicanth(m) Lv.14 @Citrus Berry: Rock Throw, Secret Power, Yawn, Water Pulse  
[Lax]

Shuckle(f) Lv.14 @Citrus Berry: Toxic, Curse, Rollout, Sunny Day [Adamant]

Lunatone Lv.15 @Lum Berry: Hypnosis, Moonlight, Confusion, Rock Slide [Lonely]

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Route 116  
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Hiker Devan

Geodude(m) Lv.10 @Citrus Berry: Rock Tomb, Dig, Secret Power, Seismic Toss [Calm]

DIGLETT(m) Lv.9: Rock Tomb, Aerial Ace, Dig, Secret Power

TRAPINCH(m) Lv.9: Quick Attack, Dig, Rock Tomb, Secret Power

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Bird Keeper Johnson

Hoothoot(m) Lv.9: Hypnosis, Night Shade, Reflect, Confusion [18|Quiet]

Swablu(m) Lv.9: Sing, Aerial Ace, Secret Power, Rest [18|Jolly]

Natu(m) Lv.9: Confuse Ray, Confusion, Aerial Ace, Night Shade [18|Calm]

---  
School Kid Karen

Totodile(m) Lv.9: -----, Bite, Dive, Dig [21|Sassy]

Cyndaquil(m) Lv.9: -----, Quick Attack, Ember, Dig [18|Lonely]

Chikorita(m) Lv.9: -----, Synthesis, Mega Drain, Secret Power [24|Impish]

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School Kid Jerry

Nidoran(m) Lv.10: Horn Attack, Toxic, Dig, Rock Tomb [24|Calm]

Shuppet(m) Lv.9: Shadow Sneak, -----, -----, ----- [12|Careful]

Phanpy(m) Lv.10: Mud Shot, Rock Tomb, Secret Power, Attract [24|Timid]

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Lady Sarah

Spoink(f) Lv.10 @Oran Berry: Confusion, Confuse Ray, Bounce, Secret Power [18|Relaxed]

Meowth(f) Lv.10 @Oran Berry: Fake Out, Aerial Ace, Pay Day, Bite [18|Rash]

Bellsprout(f) Lv.10 @Poison Barb: Stun Spore, Acid, Secret Power, Mega Drain [24]

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Rich Boy Dawson

Swinub(m) Lv.10 @Oran Berry: Ice Shard, Mud Shot, Rock Tomb, Secret Power [24]

Mareep(m) Lv.10 @Oran Berry: Thunder Wave, Thunder Shock, Secret Power, ----- [Impish]

Aipom(m) Lv.9: Fake Out, Aerial Ace, Cut, Tickle [24|Naive]

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Rattata(m) Lv.10 @Citrus Berry: Quick Attack, Bite, Secret Power, Water Pulse  
[Adamant]

Sandshrew(m) Lv.10: Sand Tomb, Rock Tomb, Swift, Aerial Ace [24]

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Slugma(m) Lv.10 @Charcoal: Recover, Flame Wheel, Rock Tomb, Body Slam  
[Calm]

Gulpin(m) Lv.10 @Berry Juice: Acid, Swallow, Toxic, Secret Power [24|Modest]

— — —

Marill(f) Lv.9: -----, Bubblebeam, Secret Power, Tickle [Adamant]

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Dustox(m) Lv.10 @Citrus Berry: Iron Defense, Light Screen, Confusion, Toxic  
[Impish]

Beautifully(m) Lv.10 @Miracle Seed: Gust, Leech Life, Mega Drain, Stun Spore  
[24|Mild]

Beedrill(m) Lv.10 @Black Belt: Rock Smash, Aerial Ace, Secret Power, Giga Drain  
[24|Naughty]

Butterfree(m) Lv.10 @Cheri Berry: Stun Spore, Supersonic, Mega Drain, Confusion  
[24|Quiet]

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Dratini(m) Lv.14 @Scope Lens: Thunder Wave, Dragonbreath, Water Pulse, Headbutt [24|Impish]





Old Rod (15): 100% Clamperl  
Good Rod (20): 60% Shellder, 20% Seel, 20% Spheal  
Super Rod (65): 40% Seel, 40% Spheal, 15% Cloyster, 5% Sealeo

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Dewford Town  
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Grass (3-15): 34% Makuhita, 29% Mankey, 20% Machop, 16% Tyrogue, 1% Meditite

Surfing (43): 60% Corsola, 30% Seel, 5% Spheal, 4% Krabby, 1% Slowpoke

Old Rod (15): 70% Spheal, 30% Shellder  
Good Rod (20): 60% Clamperl, 20% Sealeo, 20% Seel  
Super Rod (65): 40% Huntail, 40% Dewgong, 15% Cloyster, 4% Gorebyss, 1% Walrein

>>>>>>>>>>  
Dewford Gym  
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Battle Girl Laura  
Makuhita(m) Lv.16 @Citrus Berry: Fake Out, Force Palm, Rock Tomb, Shadow Punch +297  
Machop(m) Lv.16 @Citrus Berry: Revenge, Rock Tomb, Facade, Sleep Talk [Bold] +301  
Meditite(f) Lv.16 @Citrus Berry: Fake Out, Rock Smash, Rock Tomb, Body Slam [27|Mild] +312

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Black Belt Takao  
Tyrogue(m) Lv.16 @Salac Berry: Mach Punch, Hi Jump Kick, Facade, Rock Slide [Relaxed] +312  
Mankey(m) Lv.16 @Citrus Berry: Brick Break, Rock Tomb, Facade, Bulk Up [Timid] +253  
Vigoroth(m) Lv.16 @Rawst Berry: Brick Break, Slack Off, COUNTER, Shadow Ball [18|Modest] +432

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Battle Girl Lilith  
WYNAUT(f) Lv.15 @Lum Berry: Counter, Mirror Coat, Tickle, Safeguard +141  
Shroomish(f) Lv.16 @Citrus Berry: Spore, Giga Drain, Facade, Substitute [Timid] +222

Combusken(m) Lv.16 @Starf Berry: Ember, Double Kick, Rock Tomb, Endure  
[24|Jolly] +486

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Black Belt Cristian

Magby(m) Lv.15 @Black Belt: Fire Punch, Brick Break, Thunderpunch, Psychic  
[18|Modest] +375

Makuhita(m) Lv.16 @Citrus Berry: Bulk Up, Revenge, Rock Slide, Shadow Punch  
[Impish] +297

Elekid(m) Lv.15 @Black Belt: Thunderpunch, Brick Break, Ice Punch, Fire Punch  
[15|Mild] +340

Mankey(m) Lv.16 @Liechi Berry: Substitute, Reversal, Rock Tomb, Secret Power  
+253

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Sailor Brenden

Breloom(m) Lv.16 @Miracle Seed: Stun Spore, Mach Punch, Giga Drain, Rock Tomb  
[18] +565

Poliwhirl(m) Lv.16 @Soft Sand: Hypnosis, Water Pulse, Ice Punch, Mud Shot  
[24|Sassy] +448

Machoke(m) Lv.16 @Citrus Berry: Karate Chop, Rock Tomb, Bulk Up, Rest  
[Naughty] +499

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Battle Girl Jocelyn

Heracross(f) Lv.16: Rock Smash, Aerial Ace, Rock Tomb, Sleep Talk [0|Mild] +685

WOBBUFFET(f) Lv.15: Charm, Mirror Coat, Counter, Encore [0|Lonely] +568

Meditite(f) Lv.16 @Lum Berry: Revenge, Ice Punch, Thunderpunch, Psychic [Bold]  
+312

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Leader Brawly

Hitmontop(m) Lv.17 @Lum Berry: Fake Out, Mach Punch, Rock Slide, Secret Power  
[Quiet]

Hitmonlee(m) Lv.17 @Citrus Berry: Sleep Talk, Rolling Kick, Rock Slide, Secret  
Power

Hitmonchan(m) Lv.17 @Chesto Berry: Shadow Punch, Mach Punch, Rock Slide,  
Facade [Gentle]

Meditite(m) Lv.19 @Lum Berry: Brick Break, Shadow Ball, Rock Slide, Fake Out  
[Mild]

Poliwrath(m) Lv.17 @Lum Berry: Hypnosis, Surf, Ice Punch, Brick Break

Hariyama(m) Lv.19 @Lum Berry: Force Palm, Shadow Punch, Rock Slide, Fake Out  
[Modest]

## Route

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## Team Aqua Grunt

Gastly(m) Lv.14 @Scope Lens: Shadow Ball, Sludge Bomb, SELFDESTRUCT, Hypnosis [Gentle]

Porygon Lv.14 @Starf Berry: Tri Attack, Psybeam, Recover, Recycle [24|Adamant]

Marshtomp(m) Lv.16 @FOCUS BAND: Mud Shot, Water Pulse, Ice Punch, Toxic  
[12|Calm]

Drowzee(m) Lv.14 @Scope Lens: Hypnosis, Dream Eater, Brick Break, Confusion

Sneasel(m) Lv.13 @King's Rock: Ice Beam, Aerial Ace, Secret Power, Surf  
[24|Modest]

Clamperl(m) Lv.15 @Deepseascale: Toxic, Water Pulse, Aurora Beam, Rest [Impish]

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Fisherman Elliot

Poliwag(m) Lv.15: -----, Hypnosis, Secret Power, Water Pulse [Bold]

Wooper(m) Lv.15: ----, Magnitude, Rock Tomb, Recover

Remoraid(m) Lv.15: ----, Flamethrower, Psybeam, Water Pulse [Sassy]

Horsea(m) Lv.15: ----, Aurora Beam, Dragonbreath, Water Pulse [Careful]

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Granite Cave  
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Cave [1F] (14-15): 25% Aron, 25% Mawile, 14% Spoink, 10% Clefairy, 10% Spinda, 10% Teddiursa, 4% Ralts, 1% Drowzee, 1% Chimecho

Cave [B1F] (15): 24% Seel, 21% Smoochum, 10% Delibird, 10% Sneasel, 10% Swinub, 10% Snorunt, 9% Spheal, 6% Shellder

Cave [B2F] (16): 21% Snorunt, 21% Swinub, 15% Smoochum, 15% Shellder, 14% Seel, 14% Spheal

Rock Smash [B2F] (15-16): 70% Geodude, 30% Nosepass

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Cave [Steven's Room] (15-16): 20% Spoink, 20% Ralts, 10% Onix, 10% Voltorb, 10% Spinda, 10% Magnemite, 5% Nosepass, 5% Makuhita, 4% Aron, 4% Dunsparce, 1% Clefairy, 1% Abra

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\*B1F ice puzzle solution: 2 up, right, up, left, up, right, down, right, up, right, up, right, down, right, up.

\*B2F ice puzzle solution: left, up, left, up, right, up, left, down, right, up, right, up, left, down, left, up, right, down, left, up.

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Route 109  
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Surfing (43): 60% Pelipper, 30% Kingler, 5% Seaking, 4% Wartortle, 1% Blastoise

Old Rod (15): 100% Squirtle

Good Rod (20): 60% Krabby, 20% Tentacool, 20% Goldeen

Super Rod (65): 56% Sharpedo, 40% Wartortle, 4% Mantine

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\*Heart Scale under a red parasol southwest of the Zigzagoon, left tile.

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Sailor Huey

Seel(f) Lv.16: -----, Aurora Beam, Water Pulse, Ice Shard [Careful]

Electrike(f) Lv.15: -----, Secret Power, Shock Wave, Bite [Jolly]

Spheal(f) Lv.16: -----, Powder Snow, Water Pulse, Secret Power

Growlithe(m) Lv.15: -----, Secret Power, Flame Wheel, Bite [Relaxed]

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Tuber Gwen

Spheal(f) Lv.15 @Citrus Berry: Ice Ball, Defense Curl, Rollout, ----- [Modest]

Treecko(m) Lv.15: Mega Drain, Bite, Quick Attack, Secret Power [24|Sassy]

DIGLETT(f) Lv.15 @Soft Sand: Mud Shot, Rock Tomb, Secret Power, Flail [24|Naughty]

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Tuber Austina

Lotad(f) Lv.15: -----, Fake Out, Mega Drain, Dive [18|Lax]

Hoothoot(f) Lv.15: -----, Hypnosis, Night Shade, Aerial Ace [24|Bold]

Mudkip(m) Lv.15: -----, Water Gun, Endeavor, Mud-Slap [24|Quiet]

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Bird Keeper Elijah

Psyduck(m) Lv.15: -----, Bubblebeam, Confusion, Aerial Ace [24|Impish]

Delibird(m) Lv.15: -----, Ice Punch, Aerial Ace, Ice Shard [24|Bold]  
Torchic(m) Lv.15: -----, Will-o-Wisp, Aerial Ace, Seismic Toss [24|Naive]  
Doduo(m) Lv.15: -----, Quick Attack, Mud-Slap, Peck [Naive]

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Fisherman Carter  
Slowpoke(m) Lv.15: -----, Slack Off, Bubblebeam, Confusion [24|Gentle]  
Shellder(m) Lv.15: -----, Ice Shard, Bubblebeam, Mud Shot [Impish]  
Barboach(m) Lv.16: -----, Mud Shot, Bounce, Water Pulse [Sassy]

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Tuber Ricky [1]  
Seedot(m) Lv.16: Giga Drain, Nature Power, Quick Attack, Synthesis [Mild]  
Sandshrew(m) Lv.16: Magnitude, Rock Slide, Slash, Mud-Slap [Brave]  
Farfetch'd(m) Lv.16 @Stick: Quick Attack, Slash, Aerial Ace, Steel Wing [Adamant]

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Tuber Hailey  
Azurill(f) Lv.16 @Choice Band: Double-Edge, -----, -----, ----- [Relaxed]  
Numel(f) Lv.16 @Berry Juice: Magnitude, Flame Wheel, Rock Tomb, ----- [Impish]  
Jigglypuff(f) Lv.16 @Mystic Water: Sing, Water Pulse, Secret Power, Seismic Toss [Jolly]

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Sailor Edmond  
Krabby(m) Lv.16 @Mystic Water: Crabhammer, Mud Shot, Secret Power, X-Scissors  
Gulpin(m) Lv.16 @Berry Juice: Sludge Bomb, Swallow, Water Pulse, Giga Drain [Impish]  
Exeggcute(m) Lv.15: Mega Drain, Confusion, Hypnosis, Secret Power [Timid]

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Tuber Lola [1]  
Hoppip(f) Lv.16: -----, Stun Spore, Leech Seed, Aerial Ace  
Marill(f) Lv.16: -----, Rollout, Defense Curl, Bubblebeam [Modest]  
Swablu(f) Lv.16: -----, Aerial Ace, Secret Power, Rest [24|Impish]

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Tuber Chandler  
Corphish(m) Lv.16: -----, Aerial Ace, Crabhammer, Mud-Slap [24|Impish]  
Spearow(m) Lv.16: -----, Drill Run, Quick Attack, Aerial Ace [24|Calm]  
Spink(m) Lv.16: -----, Psybeam, Confuse Ray, Secret Power [24|Jolly]

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Beach House (Optional)

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Tuber Simon

Luvdisc(f) Lv.16: Attract, Sweet Kiss, Waterfall [Jolly]

Sunflora(m) Lv.16: Razor Leaf, Secret Power, Synthesis [Brave]

Aipom(m) Lv.16: Fake Out, Secret Power, Brick Break

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Beauty Johanna

Ponyta(f) Lv.16 @Charcoal: Flame Wheel, Wild Charge, Quick Attack, Double Kick [Brave]

Murkrow(f) Lv.16 @Blackglasses: PURSUIT, Aerial Ace, Night Shade, Confuse Ray

Delcatty(f) Lv.16 @Citrus Berry: Attract, Assist, Thunder Wave, Secret Power [Lonely]

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Sailor Dwayne

Poliwhirl(m) Lv.16: ----, Mud Shot, Water Pulse, Ice Punch [Modest]

Spinda(m) Lv.16: ----, Metronome, ----, ---- [Quiet]

Quilava(m) Lv.16: ----, Ember, Quick Attack, ---- [Bold]

Machop(m) Lv.16: ----, Brick Break, Rock Slide, Facade [Modest]

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Slateport City

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\*Delay encounter until obtaining the Good Rod.

\*Swagger Move Tutor inside the Pokémon Fan Club house.

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Aqua Grunt #1 [11]

Shellder(m) Lv.17 @Scope Lens: Icy Wind, SELFDESTRUCT, Water Pulse, Mud Shot [Sassy]

Croconaw(m) Lv.18 @Scope Lens: Brick Break, Crunch, Body Slam, Water Pulse

Grimer(m) Lv.17 @Scope Lens: SELFDESTRUCT, Brick Break, Shadow Sneak, Sludge Bomb [Jolly]

Lombre(m) Lv.18 @FOCUS BAND: Leech Seed, Synthesis, Icy Wind, Mega Drain [Lax]

Staryu Lv.19 @King's Rock: Thunder Wave, Shock Wave, Water Pulse, Tri Attack [Naive]

Vigoro(m) Lv.18 @Rawst Berry: Aerial Ace, Surf, Slack Off, Secret Power [Hasty]

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Aqua Grunt #2 [11]

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Delcatty(f) Lv.16 @Leftovers: Thunder Wave, Attract, Protect, Headbutt [Calm]

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Mawile(m) Lv.16 @Berry Juice: Brick Break, Rock Tomb, Attract, Ice Punch [18]

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Abra(m) Lv.18: Psychic, Ice Punch, Thunderpunch, Fire Punch [Timid]

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Kirlia(f) Lv.19 @Citrus Berry: Psybeam, Hypnosis, Thunder Wave, Will-o-Wisp  
[Adamant]



## Youngster Timmy

Kecleon(m) Lv.19: ----, Secret Power, Shadow Sneak, Aerial Ace [18|Careful]

Nuzleaf(m) Lv.19: -----, PURSUIT, Fake Out, Giga Drain [19|Bold]

Lickitung(m) Lv.19: -----, Lick, Water Pulse, Cut [24|Calm]

Collector Edwin

Chimecho(m) Lv.19: Signal Beam, Psybeam, Recover, Safeguard [24|Impish]

Porygon Lv.19: Tri Attack, Recover, Thunder Wave, Psybeam [Modest]

Omanyte(m) Lv.19: Earth Power, Aurora Beam, Waterfall, Rock Slide [Calm]

Guitarist Joseph

Elekid(m) Lv.20: ----, Thunderpunch, Quick Attack, Seismic Toss [24|Quiet]

Lombre(m) Lv.18: -----, Rain Dance, Teeter Dance, Water Pulse [24]

Wigglytuff(f) Lv.19: ----, Sing, Hyper Voice, Seismic Toss [12|Sassy]

### Route 103 (Optional)

[illegible]

## Aroma Lady Daisy

Butterfree(f) Lv.16: Sleep Powder, Silver Wind, Giga Drain, ----- [Adamant]

Roselia(f) Lv.16: Stun Spore, Magical Leaf, Sludge Bomb, Synthesis [Quiet]

Skiploom(f) Lv.16 @Leftovers: Leech Seed, Substitute, Protect, Aerial Ace [Impish]

Lombre(f) Lv.16: Water Pulse, Ice Punch, Fire Punch, ThunderPunch [24|Sassy]

Sunflora(f) Lv.17: Razor Leaf, Synthesis, Sludge Bomb, Secret Power [Naive]

## Dragon Tamer Rhett

Bagon(m) Lv.17 @Dragon Fang: Dragonbreath, Rock Tomb, Double-Edge, Brick Break [24]

Dratini(m) Lv.17 @Dragon Fang: Dragonbreath, Flamethrower, Thunderbolt, Secret Power [24]

Charmeleon(m) Lv.17 @Dragon Fang: Dragon Claw, Fire Punch, Crunch, Quick Attack [24|Naughty]

Guitarist Marcos

Voltorb Lv.17 @Silk Scarf: Shock Wave, Thunder Wave, Return, Sonicboom  
[Relaxed]

Lombre(m) Lv.16: Teeter Dance, Mega Drain, Fake Out, Water Pulse [24|Adamant]

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### Fisherman Dale (Optional)

Slowpoke(m) Lv.24: ----, Earthquake, Thunder Wave, Water Pulse [18|Naughty]

Grass (20): Elekid 20%, Pikachu 20%, Voltorb 15%, Magnemite 14%, Mareep 10%, Porygon 10%, Electrike 5%, Pichu 4%, Flaaffy 2%

\*Rollout Move Tutor next to the Gym.

Ralts(m) Lv.70 @Oran Berry: Pain Split, Teleport, Encore, Will-o-Wisp [0|Naughty]

Route 110

Grass (15): 20% Delcatty, 20% Roselia, 10% Pidgeotto, 10% Murkrow, 10% Nuzleaf, 10% Skiploom, 5% Tropius, 5% Togetic, 4% Lickitung, 4% Kecleon, 1% Oddish, 1% Poochyena

Surfing (43): 60% Chinchou, 30% Seaking, 5% Croconaw, 4% Feraligatr, 1% Lanturn

Old Rod (16): 70% Qwilfish, 30% Remoraid

Good Rod (20): 60% Chinchou, 20% Tentacool, 20% Remoraid

Super Rod (65): 40% Lanturn, 40% Mantine, 16% Sharpedo, 4% Whiscash

### Cycling Road (Optional)

### Triathlete Abigail

Linoone(f) Lv.24: -----, Swift, Surf, Mud-Slap [12|Rash]

Seadra(f) Lv.24: ----, Bubblebeam, Aurora Beam, Secret Power [12|Hasty]

Roselia(f) Lv.24: -----, Toxic, Protect, Leech Seed [Bold]

## Triathlete Anthony

Baltoy Lv.24: Earthquake, Signal Beam, Psychic, Ice Beam [12|Lonely]

Beldum Lv.25 @Choice Band: Take Down, ----, ----, ---- [Impish]

Porygon Lv.24 @Citrus Berry: Recover, Tri Attack, Psybeam, Conversion [24]

---

Triathlete Benjamin

Magnemite Lv.24: Wild Charge, Flash Cannon, Tri Attack, Thunder Wave [18|Jolly]

Poliwhirl(m) Lv.24 @Citrus Berry: Belly Drum, Hypnosis, Brick Break, Body Slam

Stantler(m) Lv.23: Confuse Ray, Stomp, Bite, Mud-Slap [12]

---

Triathlete Jasmine

Meditite(f) Lv.24: -----, Fake Out, Substitute, Focus Punch [Gentle]

Vigoroth(f) Lv.24: -----, Seismic Toss, Swift, Dig [18|Gentle]

Rhyhorn(f) Lv.25: -----, Rock Tomb, Drill Run, Double-Edge [Relaxed]

---

Triathlete Jacob

Voltorb Lv.25: -----, Thunderbolt, SELFDESTRUCT, Sonicboom [24|Jolly]

Ivysaur(m) Lv.25: -----, Magical Leaf, Sludge Bomb, Synthesis [18]

Slowpoke(m) Lv.25: -----, Slack Off, Psychic, Ice Beam [Gentle]

-----

\*Trainer list from north to south.

-----

Slateport City

-----

Grass (15): 20% Mareep, 20% Elekid, 14% Voltorb, 14% Electrike, 10% Pikachu, 10% Minun, 5% Plusle, 5% Pichu, 1% Magnemite, 1% Flaaffy

Surfing (43): 60% Octillery, 30% Mantine, 5% Pelipper, 4% Sharpedo, 1% Seadra

Old Rod (15): 70% Chinchou, 30% Corsola

Good Rod (20): 60% Mantine, 20% Remoraidd, 20% Horsea

Super Rod (65): 40% Sharpedo, 40% Octillery, 15% Lanturn, 4% Mantine, 1% Seadra

-----

Route 118

-----

Grass (41): 20% Growlithe, 20% Manectric, 10% Vulpix, 10% Rapidash, 10% Grumpig, 10% Nuzleaf, 5% Weepinbell, 5% Gloom, 4% Nidorina, 4% Nidorino, 1% Pikachu, 1% Exeggcute



Gastly(m) Lv.22 @Spell Tag: Shadow Ball, Sludge Bomb, Shadow Sneak, Night Shade [Sassy]

Noctowl(m) Lv.20 @Leftovers: Reflect, Hypnosis, Aerial Ace, Secret Power [Impish]

Baltoy Lv.22 @Choice Band: Earthquake, -----, -----, ----- [Mild]

---

Battle Girl Aisha

Meowth(f) Lv.22 @Silk Scarf: Fake Out, Assist, Slash, Water Pulse [Adamant]

Meditite(f) Lv.22 @Black Belt: Fake Out, Rock Smash, Secret Power, Rock Tomb

Delcatty(f) Lv.22 @Citrus Berry: Assist, Secret Power, Attract, Thunder Wave

---

Pkmn Breeder Lydia

Gloom(f) Lv.22 @Citrus Berry: Sleep Powder, Sludge Bomb, Razor Leaf, Moonlight [Impish]

Azumarill(f) Lv.21 @Citrus Berry: Water Pulse, Rollout, Ice Punch, Belly Drum [24|Mild]

Chansey(f) Lv.22 @Lucky Punch: Double-Edge, Brick Break, Softboiled, Water Pulse [Naive]

---

Pkmn Breeder Isaac

Cubone(m) Lv.23 @Thick Club: Bone Rush, Double-Edge, Aerial Ace, Rock Tomb [Calm]

Weepinbell(m) Lv.23 @Silk Scarf: Razor Leaf, Sludge Bomb, Secret Power, Stun Spore [Lonely]

DITTO Lv.20 @Leppa Berry: Transform, -----, -----, ----- [0|Quiet]

---

Psychic Brandi

Unown Lv.23 @Choice Band: HP Dark, -----, -----, ----- [29]

Kirlia(f) Lv.23 @Cheri Berry: Psybeam, Magical Leaf, Shock Wave, Hypnosis [Gentle]

Chimecho(f) Lv.22: Recover, Psybeam, Secret Power, Thunder Wave [Quiet]

---

Triathlete Maria

Rhyhorn(f) Lv.24 @Salac Berry: Rock Slide, Earthquake, Megahorn, Endure

Seel(f) Lv.24 @Nevermeltice: Ice Shard, Waterfall, Body Slam, Aurora Beam [Quiet]

Linoone(f) Lv.22 @Leftovers: Swift, Rock Smash, Mud-Slap, Snore [Modest]

---

Bug Maniac Derek

Ariados(m) Lv.23 @Leftovers: Giga Drain, Sludge Bomb, Shadow Sneak, Signal Beam

## Verdanturf Town

Grass (23): 24% Sandshrew, 21% Phanpy, 15% Rhyhorn, 14% Cubone, 10% Geodude, 10% Swinub, 5% Numel, 1% Sunflora

\*X-Scissors Move Tutor inside the Pokémon Center.

[illegible]

## Mauville Gym

>>>>>>>>>>>>>

Lady Vivian

Wigglytuff(f) Lv.25 @Leftovers: Thunder Wave, Headbutt, Water Pulse, Thunderbolt  
[Naughty] +583

Pikachu(f) Lv.27 @Light Ball: Thunderbolt, Seismic Toss, Surf, Quick Attack [Jolly]  
+474

Shuppet(f) Lv.26 @Citrus Berry: Thunder Wave, Shadow Ball, Night Shade, Double-Edge [Jolly] +540

Togetic(m) Lv.25 @Leftovers: Thunder Wave, Softboiled, Seismic Toss, Water Pulse  
[Relaxed] +610

Flaaffy(f) Lv.27 @Lum Berry: Thunder Wave, Thunderbolt, Seismic Toss, Fire Punch  
[Rash] +676

## Guitarist Kirk

Voltorb Lv.27 @Lum Berry: Thunder Wave, Thunderbolt, EXPLOSION, Sonicboom  
[Bold] +595

Loudred(m) Lv.26 @Lum Berry: Hyper Voice, Ice Beam, Water Pulse, Flamethrower  
+702

Elekid(m) Lv.27 @Lum Berry: Seismic Toss, Thunderbolt, Ice Punch, Fire Punch  
[Naughty] +612

Golbat(m) Lv.26 @Lum Berry: Confuse Ray, Giga Drain, Sludge Bomb, Heat Wave  
+952

Ludicolo(m) Lv.25 @Magnet: Water Pulse, Thunderpunch, Razor Leaf, Teeter Dance  
[Relaxed] +969

---

Fisherman Ben

Staryu Lv.27 @Lum Berry: Thunder Wave, Thunderbolt, Waterfall, Ice Beam [Bold]  
+612

Chinchou(m) Lv.27 @Lum Berry: Thunder Wave, Ice Beam, Thunderbolt, Surf +520

Dragonair(m) Lv.26 @Magnet: Thunder Wave, Dragonbreath, Water Pulse, Shock  
Wave [Impish] +801

Qwilfish(m) Lv.26 @Poison Barb: Thunder Wave, Waterfall, Acid, Headbutt  
[Adamant] +556

Octillery(m) Lv.26 @Soft Sand: Thunder Wave, Water Pulse, Signal Beam, Mud Shot  
[Timid] +913

---

Bug Maniac Angelo [Double Battle]

Plusle(m) Lv.27 @Silverpowder: Thunder, Thunderbolt, Seismic Toss, Signal Beam  
[Naughty] +693

Minun(m) Lv.27 @Lum Berry: Thunderbolt, Thunder Wave, Reflect, Rain Dance  
[Bold] +693

Volbeat(m) Lv.27 @Lum Berry: Thunder Wave, Signal Beam, Giga Drain, Confuse  
Ray +844

Illumise(f) Lv.27 @Lum Berry: Thunder Wave, Giga Drain, Flatter, Water Pulse  
[Sassy] +844

Dunsparce(m) Lv.26 @Blackglasses: Thunder Wave, Headbutt, Rock Slide, Bite  
[Quiet] +417

---

Collector Shawn

Koffing(m) Lv.27 @Chesto Berry: Thunderbolt, Sludge Bomb, Flamethrower,  
SELFDESTRUCT [Lonely] +658

Electrode Lv.27 @Liechi Berry: Thunder Wave, Sonicboom, Wild Charge,  
SELFDESTRUCT +867

Porygon Lv.27 @Lum Berry: Thunder Wave, Ice Beam, Thunderbolt, Recover  
[Naughty] +751

Kadabra(m) Lv.26 @Magnet: Thunder Wave, Psybeam, Thunderpunch, Seismic  
Toss [Naive] +807

Magneton Lv.27 @Metal Coat: Thunder Wave, Sonicboom, Flash Cannon, Wild  
Charge [Gentle] +931

---

Leader Wattson





Azumarill(f) Lv.26 @Cheri Berry: Bubblebeam, Secret Power, Ice Punch, Seismic Toss [Adamant]

Wigglytuff(f) Lv.26 @Chesto Berry: Secret Power, Seismic Toss, Water Pulse, Sing  
[Modest]

— — —

## Winstrate Vicky

Kadabra(m) Lv.26 @Lum Berry: Psychic, Fire Punch, Thunderpunch, Ice Punch  
[Timid]

Meditite(f) Lv.27 @Lum Berry: Fake Out, Brick Break, Shadow Ball, Rock Slide  
[Careful]

Camerupt(f) Lv.27 @Leftovers: Earthquake, Flamethrower, Rock Slide, Body Slam  
[Impish]

[illegible]

### Picnicker Bianca [Double Battle with Hayden]

Ivysaur(m) Lv.24: -----, Sleep Powder, Giga Drain, Sludge Bomb [Careful]

Wartortle(m) Lv.24: -----, Water Pulse, Ice Punch, Secret Power [Timid]

 $\sim$ 

Kindler Hayden [Double Battle with Bianca]

Charmeleon(m) Lv.25 @Lum Berry: Dragon Rage, Flamethrower, Secret Power, Protect [Careful]

---

### Interviewers Gabby & Ty [Double Battle] (Optional)

Magneton Lv.27 @Metal Coat: Wild Charge, Protect, Flash Cannon, Signal Beam  
[Naive]

Loudred(m) Lv.27 @Choice Band: Hyper Voice, -----, -----, -----

---

Camper Tyron [Double Battle with Celina]

Poliwhirl(m) Lv.27 @Nevermeltice: Hypnosis, Blizzard, Protect, Hydro Pump [Rash]

 $\sim$ 

### Aroma Lady Celina [Double Battle with Tyron]

Skiploom(f) Lv.25: -----, Sweet Scent, Sleep Powder, Aerial Ace

Butterfree(f) Lv.25: -----, Sweet Scent, Sleep Powder, Supersonic [Impish]

Gloom(f) Lv.26: ----, Sweet Scent, Sleep Powder, Sludge Bomb [Calm]

— — —

Picnicker Irene [Double Battle with Travis]

Bayleef(m) Lv.25 @Leftovers: Light Screen, Reflect, Giga Drain, Protect [Naughty]

Quilava(m) Lv.25 @Silk Scarf: Flame Wheel, Quick Attack, Protect, Secret Power

Croconaw(m) Lv.25 @Mystic Water: Water Pulse, Aerial Ace, Protect, Crunch [Mild]

Camper Travis [Double Battle with Irene]  
Vigoroth(m) Lv.26 @Choice Band: Uproar, ----, ----, ---- [Adamant]

Grass (27): 20% Ponyta, 20% Vulpix, 10% Numel, 10% Spoink, 10% Absol, 10% Sandshrew, 5% Skiploom, 5% Natu, 4% Snubbull, 4% Growlithe, 1% Flareon, 1% Mightyena

Kadabra(m) Lv.26 @Scope Lens: Fire Punch, Signal Beam, Extrasensory, Ice Punch  
Cacturne(f) Lv.27 @Scope Lens: Magical Leaf, Faint Attack, Revenge, Sleep Talk  
[Timid]

Golbat(m) Lv.27 @Scope Lens: Hypnosis, Heat Wave, Giga Drain, Shadow Ball [Lax]

Route 111

\*Bring Mach Bike or Cut to skip the optional battles.

[illegible]

### Cooltrainer Wilton (Optional)

Forretress(m) Lv.31 @Lum Berry: Spikes, Signal Beam, Flash Cannon, Protect  
[Impish]

Gyarados(m) Lv.30 @Lum Berry: Dragon Rage, Bounce, Waterfall, Protect [Bold]

Porygon2 Lv.30 @Leftovers: Conversion, Tri Attack, Shadow Ball, Recover [Lax]

---

### Ruin Maniac Bryan (Optional)

Omanyte(m) Lv.30 @Lum Berry: Rain Dance, Hydro Pump, Ice Beam, Ancientpower  
[Gentle]

Lileep(m) Lv.30 @Leftovers: Rain Dance, Protect, Leech Seed, Sludge Bomb [Hasty]

Duskull(m) Lv.30 @Leftovers: Will-o-Wisp, Night Shade, Protect, Pain Split [Jolly]

---

### Black Belt Daisuke [Double Battle with Brooke]

Hitmontop(m) Lv.29 @Hard Stone: Fake Out, Mach Punch, Detect, Rock Tomb  
[18|Quiet]

Hitmonchan(m) Lv.29 @Spell Tag: Mach Punch, Brick Break, Rock Tomb, Shadow Punch [18|Naive]

Hitmonlee(m) Lv.29 @Silk Scarf: Fake Out, Hi Jump Kick, Mega Kick, Detect  
[18]Gentle]

~

Cooltrainer Brooke [Double Battle with Daisuke]

Skarmory(f) Lv.30 @Leftovers: Spikes, Drill Peck, Flash Cannon, Whirlwind [Timid]

Miltank(f) Lv.30 @Lum Berry: Attract, Milk Drink, Body Slam, Brick Break [Rash]

Quagsire(f) Lv.30 @Leftovers: Mud Shot, Muddy Water, Sludge Bomb, Protect  
[Gentle]

-----

Route 113

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Grass (30): 20% Noctowl, 20% Shroomish, 10% Parasect, 10% Koffing, 10% Rhyhorn, 10% Magby, 5% Phanpy, 5% Teddiursa, 4% Gloom, 4% Numel, 1% Torkoal, 1% Absol

>>>>>>>>>>>>>>>

## Pokémoniac Wyatt

Lairon(m) Lv.32 @Metal Coat: Iron Tail, Double-Edge, Rock Slide, Earthquake  
[Timid]

Grovyle(m) Lv.33 @Dragon Fang: Giga Drain, Crunch, Dragonbreath, Quick Attack [Timid]

Lickitung(m) Lv.32 @Chesto Berry: Flamethrower, Ice Beam, Thunderbolt, Body Slam [Naughty]

---

Dragon Tamer Lawrence

Vibrava(m) Lv.32 @Dragon Fang: Quick Attack, Mud Shot, Dragonbreath, Giga Drain

Shelgon(m) Lv.32 @Dragon Fang: Double-Edge, Dragon Claw, Dragon Rage, Crunch

Dragonair(m) Lv.32 @Dragon Fang: Thunder Wave, Secret Power, Dragonbreath, Dragon Rage [Careful]

---

Ninja Boy Lung

Ninjask(m) Lv.32 @Lum Berry: Aerial Ace, Swords Dance, Baton Pass, Silver Wind [Naughty]

Koffing(m) Lv.34 @Lum Berry: EXPLOSION, Sludge Bomb, Shadow Ball, Secret Power

Kecleon(m) Lv.32 @Leftovers: Flamethrower, Shadow Ball, Secret Power, Ice Punch [Brave]

Venomoth(m) Lv.33 @Lum Berry: Sleep Powder, Sludge Bomb, Signal Beam, Steel Wing [Modest]

---

Youngster Dillon

Raticate(m) Lv.33 @Silk Scarf: Quick Attack, Crunch, Secret Power, Super Fang

Spinda(m) Lv.34 @Twistedspoon: Teeter Dance, Secret Power, Psychic, Brick Break [Lax]

Azumarill(m) Lv.31 @Mystic Water: Water Pulse, Body Slam, Ice Punch, Brick Break [Careful]

---

Twins Tori & Tia [Double Battle]

Smeargle(m) Lv.35 @Sharp Beak: Teeter Dance, Dragon Rage, Extremespeed, Nightmare [Calm]

Smeargle(m) Lv.35 @Lum Berry: Spore, Super Fang, Dragon Rage, Aeroblast

---

Picnicker Sophie

Slaking(f) Lv.36 @Leppa Berry: Solarbeam, -----, -----, ----- [Careful]

Drowzee(f) Lv.34 @Silverpowder: Hypnosis, Psychic, Signal Beam, Fire Punch [Naive]

Parasect(f) Lv.35 @FOCUS BAND: Spore, Signal Beam, Giga Drain, Brick Break

---

Bird Keeper Coby

Fearow(m) Lv.33 @Silk Scarf: Aerial Ace, Steel Wing, Quick Attack, Secret Power

Noctowl(m) Lv.34 @Leftovers: Hypnosis, Psychic, Faint Attack, Light Screen

[Relaxed]

Pidgeot(m) Lv.34 @Silk Scarf: Quick Attack, Air Slash, Steel Wing, Secret Power

[Lax]

---

Ninja Boy Lao

Shedinja Lv.36 @Lum Berry: Shadow Sneak, Signal Beam, Giga Drain, Toxic

Shuckle(m) Lv.33 @Leftovers: Toxic, Protect, Wrap, Rest [Brave]

Golbat(m) Lv.34 @Lum Berry: Confuse Ray, Protect, Toxic, Shadow Ball

---

Parasol Lady Madeline

Numel(f) Lv.36 @Soft Sand: Earthquake, Flamethrower, Protect, Body Slam [Gentle]

Seaking(f) Lv.34 @Cheri Berry: Rain Dance, Waterfall, Ice Beam, Secret Power

[Timid]

Tropius(f) Lv.33 @Lum Berry: Earthquake, Sunny Day, Giga Drain, Air Slash [Hasty]

---

Pkmn Trainer Red

Pikachu(m) Lv.37 @Light Ball: Volt Tackle, Surf, HP Ice, Sing [Sassy]

Espeon(m) Lv.36 @Lum Berry: Reflect, Psychic, Bite, Signal Beam [Sassy]

Snorlax(m) Lv.36 @Leftovers: Curse, Snore, Earthquake, Rest

Blastoise(m) Lv.36 @Lum Berry: Surf, Yawn, Ice Beam, MIRROR COAT [Adamant]

Venusaur(m) Lv.36 @Lum Berry: Sleep Powder, Giga Drain, Sludge Bomb,

Synthesis [Quiet]

Charizard(m) Lv.36 @Lum Berry: Flamethrower, Aerial Ace, Dragon Claw,

Earthquake

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Fallarbor Town

-----

Grass (34): 20% Aron, 20% Sudowoodo, 10% Stantler, 10% Noctowl, 10% Persian,  
10% Mawile, 5% Rapidash, 5% Nosepass, 4% Spinda, 4% Seviper, 1% Zangoose,  
1% Golduck

-----

\*Metronome Move Tutor inside the Pokémon Mart.

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Route  
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Grass (34): 20% Pikachu, 20% Swablu, 10% Spinda, 10% Zangoose, 10% Nuzleaf, 10% Stantler, 5% Sudowoodo, 5% Electrike, 4% Swalot, 4% Seviper, 1% Lombre, 1% Lotad

Surfing (43): 60% Masquerain, 30% Whiscash, 5% Blastoise, 4% Feraligatr, 1% Gyarados

Old Rod (35): 70% Tentacool, 30% Qwilfish

Good Rod (35): 60% Whiscash, 20% Carvanha, 20% Poliwhirl

Super Rod (65): 40% Magikarp, 40% Barboach, 15% Seaking, 4% Whiscash, 1% Gyarados

Rock Smash (5-20): 100% Geodude

>>>>>>>>>>>>>>>>>

## Pokémoniac Steve

Rhydon(m) Lv.36 @FOCUS BAND: Drill Run, Double-Edge, Rock Slide, Body Slam  
[Quiet]

Kangaskhan(f) Lv.34: Fake Out, Brick Break, Secret Power, Shadow Ball [24|Bold]

Nidoqueen(f) Lv.35 @Blackglasses: Drill Run, Poison Fang, Crunch, Surf [Naughty]

\*\*\*

Sr. and Jr. Tyra & Ivy [Double Battle]

Swellow(m) Lv.35 @Leftovers: Toxic, Facade, Steel Wing, Aerial Ace [Gentle]

Linoone(m) Lv.35 @Leftovers: Facade, Toxic, Shadow Ball, Iron Tail [Naive]

— — —

Kindler Bernie

Shiftry(m) Lv.33 @Blackglasses: Giga Drain, Faint Attack, Fake Out, Brick Break  
[24|Quiet]

Flareon(m) Lv.35 @Shell Bell: Flamethrower, Quick Attack, Shadow Ball, Iron Tail  
[Rash]

Pelipper(m) Lv.34 @Magnet: Air Slash, Surf, Shock Wave, Quick Attack

— — —

## Team Magma Grunt #1

Weezing(f) Lv.35 @Leftovers: Sludge Bomb, Will-o-Wisp, Shadow Ball, Flamethrower [Lonely]



Magneton Lv.36 @FOCUS BAND: EXPLOSION, Thunderbolt, Thunder Wave, Signal Beam [Careful]

Rapidash(f) Lv.36 @King's Rock: Flamethrower, Megahorn, Drill Run, Quick Attack [Quiet]

Bellossom(f) Lv.35 @Leftovers: Sleep Powder, Giga Drain, Synthesis, Double-Edge

---

Team Magma Grunt #2

Exploud(f) Lv.35 @Scope Lens: Hyper Voice, Flamethrower, Extrasensory, Earthquake

Marowak(f) Lv.36 @Lum Berry: Earthquake, Double-Edge, Ancientpower, Aerial Ace [Jolly]

Altaria(f) Lv.35 @Leftovers: Rest, Flamethrower, Ice Beam, Dragon Claw [Relaxed]

Vileplume(f) Lv.35 @King's Rock: Stun Spore, Sludge Bomb, Moonlight, Giga Drain [Lonely]

---

Team Magma Grunt #3

WOBBUFFET(m) Lv.34 @Leftovers: Counter, Mirror Coat, Encore, ----- [Modest]

Camerupt(m) Lv.36 @QUICK CLAW: Earthquake, Flamethrower, Rock Slide, Body Slam [Timid]

Venusaur(m) Lv.34 @Shell Bell: Sleep Powder, Giga Drain, Sludge Bomb, Earthquake

Dodrio(m) Lv.34 @Silk Scarf: Steel Wing, Drill Peck, Quick Attack, Body Slam [Calm]

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Team Magma Grunt #4

Vibrava(m) Lv.34 @Lum Berry: Earthquake, Signal Beam, Giga Drain, Rock Slide [Impish]

Ninjask(m) Lv.34 @Leftovers: Signal Beam, Steel Wing, Air Slash, Substitute [Careful]

Torkoal(m) Lv.35 @QUICK CLAW: Overheat, Earthquake, Body Slam, Rock Slide [Sassy]

Metang Lv.35 @Lum Berry: Earthquake, Ice Punch, EXPLOSION, Rock Slide [Jolly]

Golem(m) Lv.36 @QUICK CLAW: Earthquake, Double-Edge, Ancientpower, EXPLOSION [Modest]

---

Team Magma Grunt #5

Sandslash(m) Lv.35 @Scope Lens: Earthquake, Rock Slide, X-Scissors, Crush Claw [Sassy]

Breloom(m) Lv.34 @Shell Bell: Spore, Brick Break, Giga Drain, Mach Punch

Zangoose(m) Lv.35 @Scope Lens: Swords Dance, Quick Attack, Crush Claw, Brick Break

Shelgon(m) Lv.36 @Lum Berry: Double-Edge, Brick Break, Dragon Dance, Rock Slide [Lonely]

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Team Magma Grunt #6

Jumpluff(f) Lv.35 @FOCUS BAND: Sleep Powder, Stun Spore, Giga Drain, Aerial Ace [Jolly]

Sudowoodo(f) Lv.35 @Scope Lens: Ancientpower, Earthquake, Double-Edge, EXPLOSION [Adamant]

Xatu(f) Lv.34 @King's Rock: Psychic, Drill Peck, Giga Drain, Confuse Ray [Careful]

Chansey(f) Lv.34 @Leftovers: Softboiled, COUNTER, Toxic, Seismic Toss [Calm]

---

Team Magma Grunt #7

Smeargle(m) Lv.36 @Leftovers: Spore, SPIDER WEB, Substitute, Baton Pass [Naughty]

Manectric(m) Lv.35 @King's Rock: Thunderbolt, Flamethrower, Crunch, Thunder Wave

Arcanine(m) Lv.35 @Leftovers: Flamethrower, Body Slam, Crunch, Morning Sun [Brave]

Granbull(f) Lv.35 @BRIGHTPOWDER: Attract, Earthquake, Body Slam, Shadow Ball

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Team Magma Grunt #8

Steelix(f) Lv.36 @FOCUS BAND: Earthquake, Toxic, Protect, Iron Tail

Misdreavus(f) Lv.36 @Leftovers: Will-o-Wisp, Shadow Ball, Psychic, Thunderbolt

Fearow(f) Lv.36 @Silk Scarf: Drill Peck, Drill Run, Tri Attack, Quick Attack [Lonely]

Chimecho(f) Lv.36 @Leftovers: Hypnosis, Recover, Dream Eater, Nightmare [Careful]

---

Team Magma Grunt #9

Nidoking(m) Lv.35 @Scope Lens: Drill Run, Sludge Bomb, Flamethrower, Megahorn [Sassy]

Scizor(m) Lv.35 @QUICK CLAW: Signal Beam, Flash Cannon, Superpower, Air Slash

Lunatone Lv.35 @Scope Lens: Hypnosis, Psychic, Ice Beam, EXPLOSION

Smeargle(m) Lv.36 @FOCUS BAND: Spore, Belly Drum, Extremerespeed, EXPLOSION [Hasty]

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Meteor Falls

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\*Bring Rock Smash to skip the optional battles.

Poliwrath(m) Lv.35 @Black Belt: Brick Break, Surf, Rock Slide, Body Slam [Impish]

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[Gentle]

---

Hypno(f) Lv. 35: -----, Meditate, Brick Break, Shadow Ball

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Ampharos(f) Lv.35 @BRIGHTPOWDER: Thunderbolt, Thunder Wave, Fire Punch, Seismic Toss [Bold]

Magmar(m) Lv.36 @Lum Berry: Fire Blast, Thunderpunch, Cross Chop, Psychic [Naughty]  
Kangaskhan(f) Lv.35 @Leftovers: Fake Out, Body Slam, Earthquake, Rest [Gentle]

---

Team Magma Grunt #2

Camerupt(m) Lv.36 @QUICK CLAW: EXPLOSION, Earthquake, Overheat, Body Slam

Shiftry(m) Lv.35 @FOCUS BAND: EXPLOSION, Brick Break, Giga Drain, Shadow Ball [Impish]

Granbull(f) Lv.35 @Scope Lens: Thunder Wave, Double-Edge, Earthquake, Shadow Ball

Gengar(m) Lv.36 @Scope Lens: Sludge Bomb, Shadow Ball, Brick Break, EXPLOSION [Hasty]

Octillery(m) Lv.36 @QUICK CLAW: Octazooka, Fire Blast, Ice Beam, Body Slam [Naughty]

---

Magma Admin Tabitha

Dodrio(m) Lv.37 @Lum Berry: Double-Edge, HP Ground, Quick Attack, Drill Peck

Manectric(m) Lv.37 @Lum Berry: HP Water, Crunch, Overheat, Thunderbolt [Jolly]

Weezing(m) Lv.37 @Lum Berry: EXPLOSION, Gunk Shot, Flamethrower, HP Grass

Aggron(m) Lv.38 @QUICK CLAW: Head Smash, Superpower, Earthquake, Flash Cannon [Impish]

Flygon(m) Lv.37 @Lum Berry: Earthquake, Giga Drain, Signal Beam, Rock Slide

Arcanine Lv.38 @Lum Berry: Overheat, Extremespeed, HP Grass, Wild Charge [Brave]

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Magma Leader Maxie

Registeel Lv.38 @Lum Berry: Thunder Wave, EXPLOSION, Ancientpower, Earthquake [Sassy]

Crobat(m) Lv.39 @Lum Berry: Giga Drain, Poison Fang, Heat Wave, Air Slash [Naive]

Claydol Lv.39 @Lum Berry: EXPLOSION, Earthquake, Psychic, Signal Beam

Alakazam(m) Lv.38 @Lum Berry: Psychic, Fire Punch, Thunderpunch, Ice Punch [Mild]

Dusclops(m) Lv.38 @Leftovers: Will-o-Wisp, Shadow Ball, Seismic Toss, Rest [Modest]

Houndoom(m) Lv.39 @Lum Berry: Overheat, Crunch, HP Grass, Poison Fang [Modest]

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Fallarbor Town



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Plusle(f) Lv.36 @Magnet: Thunderbolt, Thunder Wave, Seismic Toss, Signal Beam  
[Hasty]

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Sealeo(m) Lv.37 @Lum Berry: Ice Beam, Hydro Pump, Protect, Body Slam [Timid]

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Gift (Egg): Wynaut

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Chimecho(f) Lv.36 @Citrus Berry: Recycle, Psychic, Signal Beam, Hypnosis [Jolly]

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## Beauty Sheila



Rapidash(m) Lv.39 @Lum Berry: Overheat, Drill Run, Solarbeam, Wild Charge  
[Calm] +1603



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Beauty Danielle

Slowbro(f) Lv.38 @Leftovers: Psychic, Flamethrower, Earthquake, Ice Beam +1335

Clefable(f) Lv.38 @Leftovers: Flamethrower, Solarbeam, Tri Attack, Ice Beam [Timid]  
+1050

Manectric(f) Lv.38 @Charcoal: Overheat, Thunderbolt, Crunch, Thunder Wave  
[Calm] +1368

Flareon(m) Lv.39 @Lum Berry: Heat Wave, Solarbeam, Quick Attack, Double-Edge  
[Impish] +1654

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Pokémaniac Axle

Torkoal(m) Lv.39 @Lum Berry: Heat Wave, Solarbeam, Earthquake, Rock Slide  
[Mild] +1345

Tropius(m) Lv.38 @Lum Berry: Solarbeam, Earthquake, Air Slash, HP Fire [Brave]  
+1375

Slowking(m) Lv.38 @Leftovers: Psychic, Earthquake, Ice Beam, Flamethrower  
+1335

Nidoking(m) Lv.38 @Lum Berry: Megahorn, Fire Blast, Ice Beam, Earthquake  
[Careful] +1587

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Expert Keegan

Electabuzz(m) Lv.37 @ Lum Berry: Fire Punch, Ice Punch, Thunderbolt, Cross Chop  
[Lonely] +1236

Octillery(m) Lv.38 @ Lum Berry: Fire Blast, Ice Beam, Octazooka, Body Slam [Jolly]  
+1335

Hariyama(m) Lv.38 @Leftovers: Fake Out, Rock Slide, Earthquake, Force Palm  
[Lonely] +1497

Victreebel(m) Lv.38 @Lum Berry: Gunk Shot, Weather Ball, Solarbeam, HP Rock  
[Gentle] +1554

Houndoom(m) Lv.39 @Salac Berry: Overheat, Crunch, PURSUIT, HP Ice [Impish]  
+1704

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Leader Flannery

Ninetales(f) Lv.41 @Lum Berry: HP Electric, Overheat, Solarbeam, Hypnosis

Charizard(m) Lv.42 @Lum Berry: Heat Wave, Earthquake, Solarbeam, Dragon Claw  
[Lonely]

Blaziken(m) Lv.42 @Lum Berry: Blaze Kick, Sky Uppercut, Thunderpunch,  
Solarbeam [Relaxed]

Arcanine(m) Lv.41 @Leftovers: Wild Charge, Heat Wave, Solarbeam, Extremespeed  
[Careful]

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Fiery Path

Route 111

Cacturne(f) Lv.40 @BRIGHTPOWDER: Needle Arm, Brick Break, Faint Attack, Thunderpunch [Careful]

Sandslash(f) Lv.40 @Leftovers: Earthquake, Aerial Ace, Ancientpower, Substitute  
[Brave]

Relicanth(m) Lv.40 @Shell Bell: Head Smash, Earthquake, Surf, Yawn [Lax]

Octillery(f) Lv.40: Octazooka, Ice Beam, Flamethrower, Signal Beam

Cacturne(m) Lv.43: Ingrain, Faint Attack, Spikes, Needle Arm

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\*Delay encounter until the top floor.  
\*Bring Rock Smash and Mach Bike.

>>>>>>>>>>>  
Petalburg Gym  
>>>>>>>>>>>

### A1. Triathlete Randall (Speed Room)

Ninjask(m) Lv.40 @Leftovers: Substitute, Baton Pass, Signal Beam, HP Rock +1327  
Granbull(f) Lv.41 @QUICK CLAW: Thunder Wave, Facade, Shadow Ball, Earthquake [Lax] +1563  
Girafarig(m) Lv.42 @QUICK CLAW: Psychic, Body Slam, Earthquake, Thunder Wave +1341  
Jolteon(m) Lv.40 @Lum Berry: Thunder Wave, Thunderbolt, Bite, HP Ice [Timid] +1687  
Altaria(m) Lv.40 @QUICK CLAW: Dragon Dance, Earthquake, Aerial Ace, Steel Wing [Adamant] +1611  
Linoone(m) Lv.42 @BRIGHTPOWDER: Belly Drum, Extremespeed, Shadow Ball, HP Ground [Adamant] +1152

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### B1. Triathlete Mary (Crit Room)

Primeape(f) Lv.40 @Scope Lens: Cross Chop, Rock Slide, Earthquake, HP Ghost  
[Brave] +1276

Fearow(f) Lv.42 @Scope Lens: Drill Peck, Drill Run, Slash, Sleep Talk +1458

Sceptile(m) Lv.40 @Scope Lens: Leaf Blade, Dragon Claw, Brick Break, Rock Slide  
[Bold] +1782

Crawdaunt(f) Lv.41 @Scope Lens: Crabhammer, X-Scissors, Crunch, Body Slam  
[Timid] +1414

Rapidash Lv.41 @Scope Lens: Blaze Kick, Drill Run, HP Ice, Wild Charge +1686

Ursaring(f) Lv.42 @Scope Lens: Slash, Cross Chop, Rest, Sleep Talk [Lonely] +1701

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## A2. Pokéfan Parker (Confusion Room)

Raichu(m) Lv.42 @Leftovers: Teeter Dance, Thunderbolt, Surf, Signal Beam [Brave] +1098

Umbreon(m) Lv.42 @Leftovers: Confuse Ray, Body Slam, Moonlight, Psychic [Brave] +1773

Tentacruel(m) Lv.41 @Leftovers: Confuse Ray, Muddy Water, Ice Beam, Sludge Bomb [Hasty] +1800

Exploud(m) Lv.43 @Leftovers: Teeter Dance, Body Slam, Earthquake, Shadow Ball [Modest] +1695

Grumpig(m) Lv.42 @Silverpowder: Confuse Ray, Psychic, Fire Punch, Signal Beam [Impish] +1476

Stantler(m) Lv.43 @Lum Berry: Confuse Ray, Body Slam, Earthquake, Shadow Ball +1519

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AB2. Pokéfan Alexia (Stall Room)

Glalie(f) Lv.41 @Lum Berry: Spikes, EXPLOSION, -----, ----- +1642

Shuckle(f) Lv.42 @Leftovers: Toxic, Protect, Sandstorm, Rest [Rash] +720

Dusclops(f) Lv.42 @Leftovers: Toxic, Protect, Will-o-Wisp, Rest [Lax] +1611

Blissey(f) Lv.42 @Leftovers: Toxic, Protect, Charm, Softboiled +9

Claydol Lv.42 @Leftovers: Toxic, Drill Run, Psychic, Protect [Brave] +1701

Clefable(f) Lv.42 @Leftovers: Moonlight, Protect, Toxic, Seismic Toss [Naive] +1161

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B2. Pkmn Breeder George (Recovery Room)

Meganium(m) Lv.41 @Leftovers: Synthesis, Giga Drain, Leech Seed, Ancientpower +1827

Miltank(f) Lv.42 @Lum Berry: Attract, Milk Drink, Body Slam, Earthquake [Bold] +1800

Lunatone Lv.42 @Leftovers: Moonlight, Psychic, Ice Beam, Hypnosis [Impish] +1350

Porygon2 Lv.42 @Starf Berry: Recover, Tri Attack, Recycle, Psychic [Gentle] +1620

Milotic(m) Lv.40 @Leftovers: Recover, Ice Beam, Attract, Waterfall [Relaxed] +1825

Arcanine(m) Lv.42 @Leftovers: Morning Sun, Extremespeed, Overheat, HP Grass [Jolly] +1917

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A3. Cooltrainer Jody [11] (Strength Room)

Dodrio(f) Lv.43 @Silk Scarf: Double-Edge, Drill Peck, Quick Attack, HP Fight [Rash] +1455

Marowak(f) Lv.42 @Thick Club: Earthquake, Double-Edge, Ancientpower, HP Flying [Hasty] +1116

Medicham(f) Lv.42 @Lum Berry: Fake Out, Hi Jump Kick, Shadow Ball, Rock Slide [Jolly] +1377

Flareon(m) Lv.42 @Lum Berry: Overheat, Double-Edge, HP Fight, Quick Attack [Naive] +1782

Vaporeon(m) Lv.42 @Mystic Water: Hydro Pump, Quick Attack, Ice Beam, HP Grass [Mild] +1764

Zangoose(f) Lv.43 @Silk Scarf: Crush Claw, Quick Attack, Brick Break, Shadow Ball [Rash] +1519

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B3. Cooltrainer Berke (Sleep Room)



\*Bring Mach Bike.

Medicham(f) Lv.46 @Black Belt: Bulk Up, Recover, Brick Break, Shadow Ball  
[Modest]

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Swalot(m) Lv43: EXPLOSION, Ice Beam, Shadow Ball, Gunk Shot [Brave]

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Girafarig(f) Lv.43: Body Slam, Crunch, Psychic, Earthquake [Quiet]

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Hitmonchan(m) Lv.43 @Leftovers: Body Slam, Earthquake, Sky Uppercut, Shadow Punch [Timid]

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Exeggutor(f) Lv.43: Ancientpower, Sleep Powder, EXPLOSION, Stun Spore [Lax]

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Ampharos(m) Lv.46 @QUICK CLAW: Thunderbolt, Fire Punch, HP Water, Thunder Wave [Naive]

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Route 105





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Cooltrainer Carolina (Optional)

Kangaskhan(f) Lv.45 @QUICK CLAW: Body Slam, Superpower, Crush Claw, Shadow Ball

Torkoal(f) Lv.45 @QUICK CLAW: Flamethrower, EXPLOSION, Earth Power, Superpower [Careful]

Vileplume(f) Lv.45 @QUICK CLAW: Sleep Powder, Moonlight, Sludge Bomb, Petal Dance [Careful]

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Sailor Cory (Optional)

Seaking(m) Lv.45 @QUICK CLAW: Double-Edge, Drill Run, Waterfall, Megahorn

Hitmontop(m) Lv.43 @QUICK CLAW: Seismic Toss, Revenge, Rock Slide, Detect [Adamant]

Raticate(m) Lv.43 @QUICK CLAW: Shadow Ball, Super Fang, Facade, Quick Attack [Careful]

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Route 109

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\*Heart Scale straight north from where ends, in the central tile of a small island.

\*Heart Scale straight east from where route 108 ends, in the left tile under a blue parasol on an island.

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Route 134

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Surfing (43): 60% Horsea, 31% Seadra, 5% Remoraid, 4% Seaking

Old Rod (43): 70% Horsea, 30% Seadra

Good Rod (43): 60% Octillery, 40% Remoraid

Super Rod (43): 40% Corsola, 40% Mantine, 15% Horsea, 5% Chinchou

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New Mauville

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Cave [1F] (43): 20% Electrode, 20% Plusle, 10% Minun, 10% Magneon, 10%

Raichu, 10% Manectric, 5% Porygon, 5% Electabuzz, 4% Ampharos, 4% Flaaffy, 1% Voltorb, 1% Pikachu



Raticate(m) Lv.43 @Silk Scarf: Shadow Ball, Quick Attack, Return, Super Fang  
[Rash]

Arbok(m) Lv.43 @Miracle Seed: Poison Fang, Glare, Earthquake, Giga Drain

Sandslash(m) Lv.42 @Lum Berry: Swords Dance, Earthquake, X-Scissors, Rock  
Slide

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Guitarist Dalton (Optional)

Electrode Lv.44 @Silverpowder: Thunder Wave, Thunderbolt, Signal Beam,  
EXPLOSION [Rash]

Exploud(m) Lv.43 @Nevermeltice: Hyper Voice, Earthquake, Ice Beam,  
Flamethrower [Bold]

Jynx(f) Lv.42 @Lum Berry: PERISH SONG, MEAN LOOK, Protect, Ice Beam

Ludicolo(m) Lv.41 @Miracle Seed: Teeter Dance, Giga Drain, Waterfall, Ice Beam  
[Modest]

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Bird Keeper Chester (Optional)

Togetic(m) Lv.44 @Leftovers: Follow Me, Softboiled, -----, ----- [Brave]

Swellow(m) Lv.42 @Silk Scarf: Facade, Quick Attack, Aerial Ace, Steel Wing  
[Careful]

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Aroma Lady Rose (Optional)

Breloom(f) Lv.44 @Black Belt: Spore, Focus Punch, Mach Punch, -----

Meganium(m) Lv.43 @Leftovers: Swords Dance, Earthquake, Ancientpower,  
Synthesis

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Route 119

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Grass (43): 20% Zangoose, 20% Tangela, 10% Breloom, 10% Absol, 10% Seviper,  
10% Scyther, 5% Linoone, 5% Tropius, 4% Furret, 4% Raticate, 1% Pinsir, 1%  
Scizor

Surfing (43): 60% Golduck, 30% Pelipper, 5% Whiscash, 4% Carvanha, 1%  
Feraligatr

Old Rod (44): 70% Carvanha, 30% Magikarp

Good Rod (44): 60% Sharpedo, 20% Politoed, 20% Feraligatr

Super Rod (65): 40% Gyarados, 40% Poliwrath, 15% Whiscash, 4% Feraligatr, 1%  
Blastoise

Gift (25): Castform

\*Delay encounter until Weather Institute.

\*Bring Acro Bike.

>>>>>>>>>>>>>>>>>

## Bug Catcher Kent [1] (Optional)

Weedle(m) Lv.100 @Poison Barb: Poison Sting, String Shot, ----, ---- [Calm]

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### Bug Catcher Greg (Optional)

Metapod(m) Lv.100 @Leftovers: Iron Defense, Tackle, ----, ---- [Adamant]

— — —

### Bug Maniac Donald (Optional)

Cascoo(m) Lv.100 @Leftovers: Iron Defense, Tackle, Poison Sting, ----- [Naive]

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### Bug Maniac Taylor (Optional)

Silcoon(m) Lv.100 @Leftovers: Iron Defense, Tackle, Poison Sting, -----

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## Bug Catcher Doug (Optional)

Kakuna(m) Lv.100 @Choice Band: Poison Sting, ----, ----, ---- [Relaxed]

— — —

### Bug Maniac Brent [1] (Optional)

Wurmple(m) Lv.100 @Leftovers: Tackle, String Shot, Poison Sting, ----- [Bold]

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Fisherman Chris [1] (Optional)

Magikarp(m) Lv.100: Flail, Tackle, Bounce, ----- [Quiet]

Tentacruel(m) Lv.40: Acid, Bubblebeam, Sludgebomb, Toxic [Jolly]

Feebas(m) Lv.100: Flail, Tackle, Bounce, ----- [Lax]

Sharpedo(m) Lv.44: Crunch, Ancientpower, Poison Fang, Hydro Pump

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Bird Keeper Hugh

Dodrio(m) Lv.44 @Silk Scarf: Drill Peck, Hyper Beam, Steel Wing, Body Slam

Altaria(m) Lv.44 @Lum Berry: Dragon Claw, Ice Beam, Aerial Ace, Earthquake

Skarmory(m) Lv.45 @Leftovers: Drill Peck, Flash Cannon, Rock Slide, Return [Jolly]

Swellow(m) Lv.44 @Silk Scarf: Aerial Ace, Hyper Beam, Facade, Steel Wing

[Relaxed]

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Pkmon Ranger Catherine [11]

Manetric(f) Lv.45 @Lum Berry: Thunder, Crunch, Quick Attack, Iron Tail [Sassy]

Politoed(f) Lv.45 @Leftovers: Waterfall, Belly Drum, Return, Earthquake

Victreebel(f) Lv.45 @Lum Berry: HP Rock, Sleep Powder, Gunk Shot, Leaf Blade [Lonely]

Ursaring(f) Lv.45 @Silk Scarf: Facade, Earthquake, Return, Brick Break [Jolly]

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Pkmon Ranger Jackson

Primeape(m) Lv.45 @Lum Berry: Brick Break, Earthquake, Rock Slide, Body Slam

Crawdaunt(m) Lv.45 @Lum Berry: PURSUIT, Crabhammer, X-Scissors, HP Flying [Hasty]

Jolteon(m) Lv.45 @Lum Berry: Thunder, Quick Attack, Bite, Reflect [Rash]

Tauros(m) Lv.44 @Chesto Berry: Hyper Beam, Earthquake, Return, Rest [Naughty]

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Ninja Boy Yasu

Absol(m) Lv.45 @Lum Berry: Shadow Ball, Swords Dance, Quick Attack, HP Fight [Calm]

Banette(m) Lv.44 @Spell Tag: Shadow Sneak, Shadow Ball, Thunder, Confuse Ray [Rash]

Sudowoodo(m) Lv.45 @QUICK CLAW: Rock Slide, Double-Edge, Earthquake, HP Bug [Lax]

Ninjask(m) Lv.45 @Lum Berry: Aerial Ace, Signal Beam, Double-Edge, HP Ground

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Bird Keeper Phil [Double Battle with Missy]

Fearow(m) Lv.45 @Choice Band: Drill Peck, Quick Attack, Hyper Beam, Steel Wing

Xatu(m) Lv.45 @Leftovers: Drill Peck, Psychic, Reflect, Light Screen

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Parasol Lady Missy [Double Battle with Phil]

Granbull(f) Lv.44 @Soft Sand: Earthquake, Attract, Body Slam, Shadow Ball [Timid]

Mawile(f) Lv.46 @Leftovers: Attract, Protect, Flash Cannon, Brick Break

---

Bug Maniac Darrin

Masquerain(m) Lv.45 @Lum Berry: Hydro Pump, Ice Beam, Signal Beam, Air Slash [Lax]

Pinsir(m) Lv.45 @Lum Berry: X-Scissors, Earthquake, HP Rock, Quick Attack [Calm]

Vibrava(m) Lv.44 @BRIGHTPOWDER: Earthquake, Signal Beam, HP Rock, Giga Drain

## Ninja Boy Takashi

Lunatone Lv.45 @Hard Stone: Hypnosis, Psychic, Ice Beam, Ancientpower

[illegible][illegible]

Sharpedo(f) Lv.46 @BRIGHTPOWDER: Earthquake, Crunch, Hydro Pump, Poison Fang

Quagsire(f) Lv.46 @Lum Berry: Sludge Bomb, Earthquake, Muddy Water, Recover  
[Bold]

Seviper(f) Lv.45 @King's Rock: Glare, Poison Tail, Earthquake, Giga Drain [Quiet]

## Team Aqua Grunt #2

Octillery(m) Lv.46 @QUICK CLAW: Water Spout, Fire Blast, Ice Beam, Double-Edge [Bold]

Starmie Lv.46 @King's Rock: Thunder Wave, Signal Beam, Psychic, Surf [Mild]

Walrein(m) Lv.46 @Leftovers: Toxic, Protect, Ice Beam, Earthquake [Impish]

## Team Aqua Grunt #3

Whiscash(f) Lv.46 @Lum Berry: Dragon Dance, Earthquake, HP Flying, Rock Slide [Jolly]

Omastar(m) Lv.46 @BRIGHTPOWDER: Surf, HP Grass, Ice Beam, Ancientpower  
[Relaxed]



Nidoqueen(f) Lv.50 @Lum Berry: Earthquake, Thunder, Surf, Poison Tail [Rash]  
Swampert(m) Lv.50 @Lum Berry: Muddy Water, Earthquake, Ice Beam, Attract [Rash]  
Venusaur(m) Lv.50 @Lum Berry: Sleep Powder, Giga Drain, Earthquake, Ancientpower [Bold]

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Guitarist Beth

Wigglytuff(f) Lv.48 @Leftovers: Sing, Hyper Voice, Brick Break, Shadow Ball [Hasty]

Swalot(m) Lv.48 @Poison Barb: Sing, Giga Drain, Sludge Bomb, Brick Break [Gentle]

Azumarill(m) Lv.47 @Mystic Water: Sing, Return, Surf, Ice Beam [Quiet]

Electabuzz(m) Lv.49 @Lum Berry: Thunder, Ice Punch, Cross Chop, Psychic [Brave]

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Ninja Boy Hideo

Kecleon(m) Lv.50 @Lum Berry: Fake Out, Brick Break, Shadow Sneak, Double-Edge [Naive]

Octillery(m) Lv.48 @Leftovers: Octazooka, Ice Beam, Body Slam, Gunk Shot [Careful]

Cacturne(m) Lv.48 @BRIGHTPOWDER: DESTINY BOND, Needle Arm, Brick Break, Faint Attack

DITTO Lv.50 @Leppa Berry: Transform, -----, -----, ----- [Lonely]

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Fortree City

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Grass (47-50): 20% Pidgeot, 20% Fearow, 14% Swellow, 10% Pelipper, 10% Noctowl, 10% Tropius, 5% Swablu, 5% Altaria, 4% Dodrio, 1% Pineco, 1% Shiftry

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\*Sleep Talk Move Tutor inside the second house on the top side.

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Route 120

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Grass (47): 20% Scyther, 20% Absol, 10% Zangoose, 10% Pinsir, 10% Kecleon, 10% Primeape, 5% Tangela, 5% Azumarill, 4% Seviper, 4% Spink, 1% Linoone, 1% Scizor

Surfing (47): 60% Azumarill, 30% Fearow, 5% Whiscash, 4% Seaking, 1% Golduck



Super Rod (65): 40% Crawdaunt, 40% Kingler, 15% Slowpoke, 4% Slowking, 1% Slowbro

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# Bird Keeper Robert

Dodrio(m) Lv.50 @Choice Band: Quick Attack, Hyper Beam, Steel Wing, Drill Peck  
[Hasty]

Altaria(m) Lv.50 @Leftovers: Dragon Claw, Flamethrower, Ice Beam, Aerial Ace  
[Lax]

Swellow(m) Lv.50 @Silk Scarf: Quick Attack, Facade, Aerial Ace, Endeavor [Naive]

— — —

## Parasol Lady Clarissa

Parasect(f) Lv.50 @QUICK CLAW: Spore, Giga Drain, X-Scissors, Brick Break [Mild]

Politoed(f) Lv.50 @Leftovers: Surf, Ice Beam, Earthquake, Hypnosis [Modest]

Jynx(f) Lv.50 @Silverpowder: Lovely Kiss, Psychic, Ice Beam, Signal Beam

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## Ninja Boy Riley

Ninjask(m) Lv.51 @Miracle Seed: Giga Drain, X-Scissors, Dig, Aerial Ace [Timid]

Azumarill(m) Lv.50 @Silk Scarf: Camouflage, Double-Edge, Surf, Brick Break  
[Lonely]

Kecleon(m) Lv.51 @Silk Scarf: Fake Out, Shadow Ball, Brick Break, Body Slam  
[Sassy]

Shedinja Lv.51 @FOCUS BAND: Shadow Sneak, Shadow Ball, X-Scissors, Return  
[Naive]

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Interviewers Gabby & Ty [Double Battle] (Optional)

Exploud(m) Lv.53 @Silk Scarf: Hyper Voice, Teeter Dance, Earthquake, Shadow Ball  
[Gentle]

Xatu(m) Lv.52 @Lum Berry: Psychic, Giga Drain, Drill Peck, Quick Attack [Bold]

Lunatone Lv.51 @Leftovers: Psychic, Ice Beam, Calm Mind, Moonlight [Rash]

Chimecho(m) Lv.52 @Silk Scarf: Psychic, Hypnosis, Signal Beam, Recover [Bold]

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## Scorched Slab

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Cave (50): 20% Vulpix, 20% Growlithe, 10% Rapidash, 10% Quilava, 10%

Charmeleon, 10% Ninetales, 5% Manetric, 5% Magby, 4% Magmar, 4% Torkoal, 1% Flareon, 1% Arcanine

Surfing (50): 60% Grimer, 30% Koffing, 5% Muk, 5% Weezing

Old Rod (45): 70% Grimer, 30% Muk

Good Rod (50): 60% Remoraid, 20% Muk, 20% Kingler

Super Rod (65): 40% Crawdaunt, 40% Octillery, 15% Muk, 5% Slowpoke

>>>>>>>>>>

Fortree Gym

>>>>>>>>>>

Pkmon Ranger Ashley

Stantler(f) Lv.50 @Lum Berry: Hypnosis, Return, HP Flying, Earthquake +1767

Pidgeot(f) Lv.53 @Leftovers: Sky Attack, Double-Edge, Quick Attack, HP Ground [Brave] +1953

Sudowoodo(f) Lv.52 @QUICK CLAW: Earthquake, Ancientpower, Double-Edge, HP Flying [Careful] +1503

Heracross(m) Lv.51 @QUICK CLAW: Megahorn, Brick Break, Rock Slide, HP Ghost [Rash] +2185

Raichu(f) Lv.50 @Lum Berry: Thunderbolt, Surf, HP Flying, Brick Break [Mild] +1306

Ludicolo(f) Lv.51 @Leftovers: Fake Out, Surf, Giga Drain, Ice Beam +1977

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Bird Keeper Jared

Swellow(m) Lv.51 @Choice Band: Double-Edge, Sky Attack, HP Fight, ----- [Timid] +1770

Skarmory(m) Lv.53 @BRIGHTPOWDER: Spikes, Flash Cannon, Sky Attack, HP Ground [Mild] +1908

Pelipper(m) Lv.52 @BRIGHTPOWDER: Hydro Pump, Ice Beam, HP Electric, Surf [Lax] +1827

Tropius(m) Lv.52 @BRIGHTPOWDER: Earthquake, Ancientpower, Leaf Blade, Air Slash +1882

Magmar(m) Lv.50 @Lum Berry: Fire Blast, Mach Punch, Thunderpunch, HP Grass [Lax] +1788

Altaria(m) Lv.53 @Lum Berry: Sing, Dragon Dance, Earthquake, Sky Attack [Lonely] +2134

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Ninja Boy Edwardo

Forretress(m) Lv.54 @QUICK CLAW: Spikes, EXPLOSION, Rock Slide, Earthquake [Hasty] +1365

Dusclops(m) Lv.50 @Leftovers: Shadow Ball, Brick Break, Protect, Toxic +1917

Venomoth(m) Lv.52 @Lum Berry: Sleep Powder, Signal Beam, Sludge Bomb, HP Ground [Relaxed] +1537

Claydol Lv.51 @BRIGHTPOWDER: Earthquake, Rock Slide, Ice Beam, Psychic [Impish] +2065

Lanturn(m) Lv.50 @BRIGHTPOWDER: Thunderbolt, Surf, Confuse Ray, Ice Beam [Brave] +1671

Scyther(m) Lv.53 @BRIGHTPOWDER: Signal Beam, Air Slash, Superpower, Quick Attack [Lax] +2122

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Pkmn Ranger Flint

Noctowl(m) Lv.53 @Leftovers: Hypnosis, Double-Edge, Sky Attack, HP Water +1839

Gligar(m) Lv.53 @Lum Berry: Earthquake, Rock Slide, Aerial Ace, Quick Attack [Sassy] +1225

Shiftry(m) Lv.52 @Leftovers: Fake Out, Brick Break, Shadow Ball, Giga Drain [Timid] +2016

Slaking(m) Lv.50 @Choice Band: Hyper Beam, -----, -----, ----- +2250

Dodrio(m) Lv.53 @Lum Berry: Quick Attack, Double-Edge, Drill Peck, HP Ground [Jolly] +1794

Blaziken(m) Lv.52 @Lum Berry: Sky Uppercut, Flamethrower, Quick Attack, Thunderpunch [Quiet] +2328

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Pkmn Breeder Humberto

Piloswine(m) Lv.50 @Lum Berry: Earthquake, Ice Shard, Ice Beam, Ancientpower [Brave] +1713

Xatu(m) Lv.53 @Lum Berry: Psychic, Giga Drain, HP Fire, Signal Beam [Brave] +1941

Breloom(m) Lv.51 @QUICK CLAW: Spore, Sky Uppercut, HP Ghost, Giga Drain [Lax] +1803

Golduck(m) Lv.52 @Lum Berry: Surf, Ice Beam, Hypnosis, HP Grass +1938

Porygon2 Lv.52 @Leftovers: Thunder Wave, Recover, Double-Edge, HP Water [Naive] +2005

Swellow(m) Lv.54 @Lum Berry: Double-Edge, Sky Attack, HP Ground, Quick Attack [Calm] +1873

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Dragon Tamer Sora

Charizard(m) Lv.53 @Lum Berry: Earthquake, Fire Blast, Thunderpunch, Dragon Claw [Modest] +2373

Sceptile(m) Lv.50 @Lum Berry: Dragon Claw, Leaf Blade, Thunderpunch, Grasswhistle [Lax] +2227

Gyarados(m) Lv.53 @BRIGHTPOWDER: Earthquake, Bounce, Hydro Pump, HP Rock [Lax] +2430

Kingdra(m) Lv.50 @Leftovers: Ice Beam, Dragonbreath, Body Slam, Hydro Pump +2217

Salamence(m) Lv.53 @Leftovers: Aerial Ace, Dragon Claw, Earthquake, Flamethrower +2475

...

Leader Winona [Double Battle] [23]

Aerodactyl(m) Lv.54 @Lum Berry: HP Flying, Ancientpower, Double-Edge, Earthquake [Naive]

Zapdos Lv.55 @Lum Berry: Sky Attack, Thunderbolt, HP Ice, Return [Careful]

Crobat(m) Lv.54 @Lum Berry: Sky Attack, Poison Fang, Giga Drain, HP Ground

Articuno Lv.55 @Lum Berry: Ice Beam, Sky Attack, Ice Shard, HP Grass [Hasty]

Flygon(m) Lv.55 @Lum Berry: Earthquake, Dragon Claw, Flamethrower, Giga Drain  
[Impish]

Moltres Lv.55 @Lum Berry: Overheat, Sky Attack, HP Grass, Steel Wing [Lax]

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## Route 120

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## Battle Girl Tara

Pikachu(f) Lv.52 @Light Ball: Thunder, Surf, ----, ----

Dragonair(f) Lv. 52 @Dragon Fang: Dragonbreath, Hydro Pump, Thunder, Double-Edge [Calm]

Clamperl(f) Lv.52 @Deepseatooth: Hydro Pump, Ice Beam, ----, ---- [Relaxed]

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Bird Keeper Colin

Skarmory(m) Lv.50 @Metal Coat: Spikes, Drill Peck, Steel Wing, Whirlwind  
[Relaxed]

Golduck(m) Lv.50 @Twistedspoon: Waterfall, Psychic, Brick Break, Ice Beam [Bold]

Fearow(m) Lv.51 @Silk Scarf: Steel Wing, Drill Peck, Return, Drill Run [Relaxed]

\*\*\*

Cooltrainer Jerome

Heracross(m) Lv.51 @QUICK CLAW: Megahorn, Earthquake, Rock Slide, Brick Break [Impish]

Cloyster(m) Lv.51 @Lum Berry: EXPLOSION, Ice Beam, Hydro Pump, Ice Shard  
[Bold]

Magneton Lv.52 @Salac Berry: Thunder, HP Water, EXPLOSION, Endure [Lax]

Gengar(m) Lv.50 @Lum Berry: Hypnosis, Giga Drain, HP Water, Thunder [Lax]

DUGTRIO(m) Lv.52 @Choice Band: Earthquake, ----, ----, ---- [Brave]

## Ninja Boy Keigo

Electrode Lv.50 @Leftovers: Reflect, Thunder, Signal Beam, Toxic [Naive]

Scizor(m) Lv.51 @Silk Scarf: X-Scissors, Quick Attack, Light Screen, Brick Break  
[Calm]

## Parasol Lady Angelica

Jumpluff(f) Lv.50 @Lum Berry: Sleep Powder, Giga Drain, Double-Edge, Aerial Ace

Furret(f) Lv.51 @Silk Scarf: Super Fang, Quick Attack, Double- Edge, Surf [Relaxed]

Seaking(f) Lv.51 @Nevermeltice: Surf, Ice Beam, Return, Attract [Bold]

## Cooltrainer Jennifer

Gorebyss(f) Lv.50 @Petaya Berry: Surf, Ice Beam, Psychic, Double-Edge [Sassy]

Ludicolo(f) Lv.50: Fake Out, Giga Drain, Waterfall, Ice Beam [Timid]

Lanturn(f) Lv.50 @Leftovers: Thunder, Surf, Confuse Ray, Ice Beam [Hasty]

Castform(f) Lv.49 @Salac Berry: Ice Beam, Thunder, Hydro Pump, Attract [Careful]

Porygon2 Lv.51 @Starf Berry: Thunder, Ice Beam, Recycle, Recover

\*Can't leave between the next two trainers, except with Fly.

Pkmn Ranger Jenna [11]

Hitmonlee(m) Lv.51 @Black Belt: Fake Out, Hi Jump Kick, Return, Rock Slide  
[Naive]

Rapidash(f) Lv.51 @Silk Scarf: Blaze Kick, Quick Attack, Drill Run, Wild Charge  
[Quiet]

Manetric(f) Lv.51 @Silk Scarf: Thunderbolt, Crunch, Quick Attack, Flamethrower [Gentle]

Girafarig(f) Lv.52 @Twistedspoon: Body Slam, Earthquake, Psychic, Crunch  
[Modest]

## Pkmn Ranger Lorenzo

Ursaring(m) Lv.50 @Silk Scarf: Facade, Earthquake, Crunch, Brick Break [Careful]

Grumpig(m) Lv.50 @Spell Tag: Psychic, Shadow Ball, Thunderpunch, Confuse Ray  
[Careful]

Feraligatr(m) Lv.51 @Blackglasses: Crunch, Surf, Ice Beam, Earthquake [Relaxed]

Flareon(m) Lv.52 @Metal Coat: Fire Blast, Body Slam, Shadow Ball, Iron Tail

## Ruin Maniac Chip

Claydol Lv.51 @Hard Stone: Psychic, Earthquake, Ancientpower, Reflect [Impish]

Kabutops(m) Lv.52 @Mystic Water: Surf, Ancientpower, X-Scissors, Brick Break  
[Calm]

## Bug Maniac Jeffrey

Flygon(m) Lv.50 @Dragon Fang: Dragon Claw, Flamethrower, Earthquake, Rock Slide [Bold]

Armaldo(m) Lv.51 @Hard Stone: X-Scissors, Rock Slide, Earthquake, Body Slam

Route 121

Grass (50): 20% Absol, 20% Exeggcute, 10% Tropius, 10% Exploud, 10% Rapidash, 10% Pidgeot, 5% Stantler, 5% Gloom, 4% Weepinbell, 4% Jumpluff, 1% Arcanine, 1% Pinsir

Surfing (50): 60% Crawdaunt, 30% Octillery, 5% Tentacool, 5% Pelipper

Old Rod (50): 70% Seaking, 30% Qwilfish

Good Rod (50): 60% Mantine, 20% Chinchou, 20% Corsola

Super Rod (65): 40% Octillery, 40% Seviper, 15% Tentacruel, 5% Relicanth

## Hex Maniac Tammy

Chimecho(f) Lv.52 @Leftovers: Hypnosis, Recover, Psychic, Signal Beam [Rash]

Absol(f) Lv.52 @Lum Berry: Aerial Ace, Shadow Ball, Body Slam, Protect [Bold]

Banette(f) Lv.52 @Spell Tag: Shadow Sneak, Thunder Wave, Thunderbolt, Shadow Ball

## Bug Maniac Ali

Ledian(m) Lv.53 @Leftovers: Light Screen, Reflect, Attract, Protect [Relaxed]

Gligar(m) Lv.52 @Soft Sand: HP Ground, Aerial Ace, Sludge Bomb, Rock Tomb  
[Relaxed]

Pinsir(m) Lv.52 @Hard Stone: X-Scissors, Brick Break, Quick Attack, Rock Slide

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Beauty Jessica

Hitmontop(m) Lv.52 @Black Belt: Fake Out, Brick Break, Mach Punch, Rock Tomb  
[Brave]

Dewgong(f) Lv.51 @Silk Scarf: Ice Beam, Waterfall, Body Slam, Protect [Sassy]

Persian(f) Lv.52 @Silk Scarf: Fake Out, Return, Shadow Ball, Iron Tail [Lax]

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Pkmn Breeder David

Ninetales(f) Lv.52 @Leftovers: Extrasensory, Flamethrower, Confuse Ray, Body  
Slam [Rash]

Bellossom(m) Lv.52 @Silk Scarf: Stun Spore, Sleep Powder, Giga Drain, Return  
[Bold]

Ampharos(m) Lv.51 @Silverpowder: Thunder Wave, Fire Punch, Thunderbolt, Signal  
Beam

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Sr. and Jr. Kate and Joy [Double Battle]

Togetic(m) Lv.54 @Leftovers: Follow Me, Softboiled, -----, -----

Medicham(m) Lv.53 @Choice Band: Focus Punch, -----, -----, ----- [Hasty]

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Pokéfan Vanessa

Misdreavus(f) Lv.52 @Green Scarf: Calm Mind, Psychic, DESTINY BOND, MEAN  
LOOK [Naive]

Arcanine(m) Lv.52 @Blue Scarf: Sunny Day, Overheat, Overheat, Morning Sun  
[Bold]

Wigglytuff(f) Lv.53 @Pink Scarf: Belly Drum, Rest, Snore, ----- [Naughty]

Sudowoodo(f) Lv.53 @Yellow Scarf: Harden, Double-Edge, Earthquake, Rock Slide  
[Relaxed]

Raichu(f) Lv.53 @Red Scarf: Thunder Wave, Volt Tackle, Double Team, Quick Attack  
[Hasty]

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Pkmn Breeder Nora

Sunflora(m) Lv.54 @QUICK CLAW: Leaf Blade, Synthesis, HP Ice, Return [Brave]

Luvdisc(f) Lv.54 @BRIGHTPOWDER: Attract, Sweet Kiss, Substitute, Dive

Spinda(m) Lv.54 @Silk Scarf: Teeter Dance, Double-Edge, Shadow Ball, Brick Break  
[Relaxed]

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Cooltrainer Cristin

Steelix(f) Lv.54 @QUICK CLAW: Double-Edge, Earthquake, Rock Slide, Flash Cannon [Timid]

Slaking(f) Lv.51 @Leftovers: Hyper Beam, Earthquake, Shadow Ball, -----

Crobat(f) Lv.52 @Lum Berry: Hypnosis, Heat Wave, Giga Drain, Air Slash [Jolly]

Exeggutor(f) Lv.52 @Lum Berry: Sleep Powder, Giga Drain, Psychic, Ancientpower [Adamant]

Blissey(f) Lv.52 @Leftovers: Thunder Wave, Softboiled, Seismic Toss, Ice Beam

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Cooltrainer Marcel

Gyarados(m) Lv.52 @Lum Berry: Earthquake, Hydro Pump, Double-Edge, Thunder Wave

Flygon(m) Lv.51 @Lum Berry: Earthquake, Giga Drain, Flamethrower, Rock Slide [Modest]

Electabuzz(m) Lv.51 @Lum Berry: Thunderbolt, Ice Punch, Cross Chop, Quick Attack [Lax]

Breloom(m) Lv.52 @Lum Berry: Spore, Brick Break, Giga Drain, Mach Punch [Lax]

Houndoom(m) Lv.51 @Lum Berry: Crunch, PURSUIT, Flamethrower, Body Slam

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Gentleman Walter

Eevee(m) Lv.55 @BRIGHTPOWDER: Substitute, Body Slam, Double Team, Baton Pass [Jolly]

Flareon(m) Lv.53 @Leftovers: Fire Blast, Shadow Ball, Iron Tail, Baton Pass [Gentle]

Vaporeon(m) Lv.51 @Leftovers: Acid Armor, Baton Pass, Surf, Substitute [Bold]

Jolteon(m) Lv.52 @Petaya Berry: Agility, Substitute, Thunderbolt, Baton Pass [Impish]

Espeon(m) Lv.52 @Leftovers: Calm Mind, Baton Pass, Psychic, Substitute

Umbreon(m) Lv.52 @Leftovers: MEAN LOOK, Moonlight, Baton Pass, Faint Attack [Adamant]

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Lilycove City

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Grass (55): 20% Granbull, 20% Jumpluff, 10% Blastoise, 10% Vileplume, 10% Wigglytuff, 10% Bellossom, 6% Lickitung, 5% Togetic, 5% Feraligatr, 4% Exploud

Surfing (55): 60% Sharpedo, 30% Crawdaunt, 5% Kingler, 4% Octillery, 1% Blastoise

Old Rod (55): 70% Sharpedo, 30% Crawdaunt

Good Rod (55): 60% Sharpedo, 20% Qwilfish, 20% Mantine



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-TM38[Fire Blast]    -TM40[Aerial Ace]  
-TM36[Sludge Bomb]    -TM20[Safeguard]  
-TM14[Blizzard]    -TM33[Reflect]  
-TM47[Steel Wing]    -TM16[Light Screen]

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Swampert(m) Lv.60 @Lum Berry: Earthquake, Muddy Water, Ice Beam, Sludge Bomb [Gentle]

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- TM32[Brick Break]    ₱30.000
- TM29[Psychic]       ₱70.000
- TM35[Flamethrower]   ₱80.000
- TM30[Shadow Ball]   ₱80.000
- TM13[Ice Beam]       ₱80.000

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Grass [Area 1] (45-50): 20% Vileplume, 20% Granbull, 10% Girafarig, 10% Victreebel, 10% Rapidash, 10% Dodrio, 5% Vigoroth, 5% Forretress, 4% Primeape, 4% Grovyle, 2% Ivysaur

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Grass [Area 2] (50-56): 20% Exeggutor, 20% Rhydon, 10% Miltank, 10% Kangaskhan, 10% Nidoqueen, 10% Dodrio, 5% Arbok, 5% Zangoose, 4% Sandslash, 4% Venusaur, 1% Ivysaur, 1% Bulbasaur

Surfing [Area 2] (50): 90% Psyduck, 10% Golduck

Old Rod [Area 2] (52): 70% Corphish, 30% Crawdaunt

Good Rod [Area 2] (10-45): 60% Ludicolo, 20% Lombre, 20% Lotad

Super Rod [Area 2] (25-65): 40% Psyduck, 40% Golduck, 15% Seadra, 4% Milotic, 1% Feebas

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Grass [Area 3] (42-55): 20% Eevee, 20% Flareon, 10% Espeon, 10% Umbreon, 10% Vaporeon, 10% Jolteon, 5% Kangaskhan, 5% Rhydon, 4% Dodrio, 4% Miltank, 1% Tauros, 1% Snorlax

Surfing [Area 3] (50): 60% Omastar, 30% Kabutops, 5% Kabuto, 5% Omanyte

Old Rod [Area 3] (40): 70% Wartortle, 30% Squirtle

Good Rod [Area 3] (10-50): 60% Whiscash, 20% Barboach, 20% Wooper

Super Rod [Area 3] (25-46): 40% Croconaw, 40% Totodile, 15% Quagsire, 4% Marshtomp, 1% Mudkip

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Grass [Area 4] (27-56): 20% Donphan, 20% Arcanine, 10% Nidoking, 10% Scyther, 10% Ursaring, 10% Seviper, 5% Tauros, 5% Heracross, 4% Bayleef, 4% Grovyle, 1% Chikorita, 1% Treecko

Rock Smash [Area 4] (5-30): 100% Geodude

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\*Area 1: entrance area.

Area 2: west of entrance.

Area 3: Mach Bike area.

Area 4: Acro Bike area.

\*Heart Scale beyond the lake in the northeastern side of Area 3.

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## Route 122

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\*Delay until Super Rod.

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Mt. Pyre

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Tower [1F] (51): 20% Shuppet, 20% Gastly, 10% Abra, 10% Drowzee, 10% Vulpix, 10% Cubone, 5% Absol, 5% Misdreavus, 4% Mr. Mime, 4% Grumpig, 1% Kirlia, 1% Umbreon

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Tower [2F] (51): 20% Unown, 20% Murkrow, 10% Golbat, 10% Drowzee, 10% Shuppet, 10% Gastly, 5% Raticate, 5% Persian, 4% Misdreavus, 4% Mightyena, 1% Marowak, 1% Haunter

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Tower [3F] (51): 20% Seviper, 20% Persian, 10% Xatu, 10% Abra, 10% Exeggcute, 10% Vulpix, 5% Absol, 5% Misdreavus, 4% Grumpig, 4% Marowak, 1% Banette, 1% Kirlia

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Tower [4F] (51): 20% Chimecho, 20% Gastly, 10% Shuppet, 10% Drowzee, 10% Cubone, 10% Unown, 5% Xatu, 5% Vulpix, 4% Mr. Mime, 4% Persian, 1% Haunter, 1% Jynx

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Tower [5F] (52): 20% Abra, 20% Mr. Mime, 10% Xatu, 10% Vulpix, 10% Cubone, 10% Raticate, 5% Persian, 5% Golbat, 4% Seviper, 4% Banette, 1% Haunter, 1% Hypno

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Tower [6F] (52): 20% Kirlia, 20% Ninetales, 10% Venomoth, 10% Xatu, 10% Misdreavus, 10% Marowak, 5% Persian, 5% Golbat, 4% Banette, 4% Haunter, 2% Kadabra

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Grass [Outside] (53): 20% Noctowl, 20% Ninetales, 10% Marowak, 10% Cacturne, 10% Banette, 10% Absol, 5% Murkrow, 5% Shiftry, 4% Persian, 4% Misdreavus, 1% Hypno, 1% Umbreon

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[illegible]

Delcatty(f) Lv.55 @Silk Scarf: Attract, Hyper Beam, Fake Out, Sing [Relaxed]

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Misdreavus(f) Lv.52 @Silverpowder: Confuse Ray, Shadow Ball, Signal Beam, Thunderbolt [Hasty]

Grumpig(f) Lv.52 @Leftovers: Psychic, Signal Beam, Confuse Ray, Attract [Impish]

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Walrein(m) Lv.50 @Leftovers: Rain Dance, Surf, Substitute, Ice Shard

Huntail(m) Lv.50 @Scope Lens: Waterfall, Rain Dance, Ice Beam, Double-Edge  
[Timid]

Qwifish(m) Lv.50 @FOCUS BAND: Rain Dance, Sludge Bomb, Waterfall, EXPLOSION [Rash]

\*\*\*

Swalot(f) Lv.52 @Poison Barb: Sludge Bomb, Giga Drain, Shadow Ball, Fire Punch  
[Lonely]

Blissey(f) Lv.50 @Leftovers: Softboiled, Seismic Toss, Charm, Ice Beam [Relaxed]

— — —

Seviper(f) Lv.52 @King's Rock: Glare, Earthquake, Giga Drain, Poison Fang

Sharpedo(f) Lv.53 @FOCUS BAND: Crunch, Earthquake, Poison Fang, Surf [Timid]

Banette(f) Lv.52 @King's Rock: Thunder Wave, Shadow Ball, Return, HP Fight [Lax]  
Ursaring(f) Lv.52 @Scope Lens: Scary Face, Earthquake, HP Ghost, Crush Claw [Naive]  
Mr. Mime(f) Lv.52 @Scope Lens: Psychic, Fake Out, Fire Punch, Signal Beam [Lax]  
Feraligatr(m) Lv.53 @King's Rock: Scary Face, Waterfall, Earthquake, Ice Beam [Hasty]

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#### Team Aqua Grunt #3

Exeggutor(m) Lv.50 @Scope Lens: Sleep Powder, EXPLOSION, Psychic, Giga Drain [Sassy]  
Crawdaunt(m) Lv.53 @Scope Lens: Crabhammer, X-Scissors, Crunch, HP Ground  
Nidoking(m) Lv.50 @Scope Lens: Surf, Fire Blast, Earthquake, Thunderbolt [Quiet]  
Blastoise(m) Lv.50 @Leftovers: MIRROR COAT, Ice Beam, Roar, Surf [Impish]  
Slowking(m) Lv.50 @QUICK CLAW: Psychic, Surf, Signal Beam, Earthquake  
Dragonite(m) Lv.55 @Salac Berry: Double-Edge, Thunder, Fire Blast, Hydro Pump

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#### Team Aqua Grunt #4 [23]

Muk(m) Lv.50 @Scope Lens: EXPLOSION, Fire Blast, Shadow Ball, Sludge Bomb [Naive]  
Jynx(f) Lv.50 @Scope Lens: Blizzard, Psychic, HP Fire, Fake Tears [Lonely]  
Relicanth(m) Lv.53 @Choice Band: Head Smash, -----, -----, ----- [Calm]  
Sableye(m) Lv.48 @Scope Lens: Confuse Ray, Shadow Sneak, Brick Break, Shadow Ball  
Azumarill(m) Lv.53 @Scope Lens: Hydro Pump, Double-Edge, HP Ghost, Blizzard [Jolly]  
Swampert(m) Lv.53 @Salac Berry: Hydro Cannon, Sludge Bomb, HP Electric, Ice Beam [Mild]

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#### Hex Maniac Valerie

Ninetales(f) Lv.53 @Leftovers: Calm Mind, Flamethrower, Extrasensory, Bite [Brave]  
Persian(f) Lv.51 @Lum Berry: Double-Edge, Hypnosis, Shadow Ball, Water Pulse  
Alakazam(m) Lv.52 @Black Belt: Substitute, Focus Punch, Psychic, Shadow Ball

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\*Can't leave between the next three trainers.

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#### Team Aqua Grunt #5 [23]

Lunatone Lv.51 @Scope Lens: Hypnosis, Psychic, EXPLOSION, Ice Beam [Calm]  
Ludicolo(f) Lv.51 @Scope Lens: Ice Beam, Fire Punch, Thunderpunch, Giga Drain [Naughty]



Nidoking(m) Lv.51 @Scope Lens: Megahorn, Earthquake, Poison Tail, Thunderbolt  
Walrein(m) Lv.54 @Leftovers: Blizzard, Surf, Super Fang, Earthquake [Naive]  
Hypno(m) Lv.51 @Leftovers: Psychic, Fire Punch, Hypnosis, Thunderpunch [Sassy]  
Relicanth(m) Lv.55 @FOCUS BAND: Head Smash, Earthquake, Hydro Pump, -----  
[Mild]

---

Team Aqua Grunt #10 [23]

Jynx(f) Lv.53 @BRIGHTPOWDER: Lovely Kiss, Psychic, Blizzard, Fake Tears  
[Careful]

Milotic(m) Lv.52 @Leftovers: Toxic, Surf, Ice Beam, Recover

Cradily(m) Lv.53 @Leftovers: Stockpile, Recover, Toxic, Earthquake [Timid]

Banette(m) Lv.52 @Leppa Berry: Thunder Wave, DESTINY BOND, Shadow Ball, HP  
Fight [Lax]

Lanturn(m) Lv.54 @King's Rock: Thunder Wave, Confuse Ray, Ice Beam,  
Thunderbolt

Blastoise(m) Lv.55 @Leftovers: Hydro Cannon, Ice Beam, HP Electric, Roar [Sassy]

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Aqua Admin Matt [23]

Wailord(m) Lv.57 @QUICK CLAW: SELFDESTRUCT, Water Spout, Earthquake, Ice  
Beam [Adamant]

Machop(m) Lv.56 @Chesto Berry: Superpower, Earthquake, Rock Slide, HP Ghost  
[Impish]

Slaking(m) Lv.56 @Lum Berry: Hyper Beam, Surf, Earthquake, Shadow Ball [Gentle]

Exeggutor(m) Lv.56 @QUICK CLAW: EXPLOSION, Egg Bomb, Psychic,  
Ancientpower [Timid]

Gyarados(m) Lv.58 @BRIGHTPOWDER: Earthquake, HP Flying, Dragon Dance,  
Frustration [Mild]

Dragonite(m) Lv.57 @Lum Berry: Superpower, Rock Slide, Earthquake,  
Extremespeed

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Magma Hideout

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Cave [Room 1] (56): 20% Camerupt, 20% Weezing, 10% DUGTRIO, 10% Torkoal,  
10% Golem, 10% Magmar, 5% Mightyena, 5% Typhlosion, 4% Golbat, 4% Rhydon,  
1% Aggron, 1% Magcargo

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Cave [Room 2] (57): 20% Magmar, 20% Torkoal, 10% WOBBUFFET, 10%  
DUGTRIO, 10% Dunsparce, 10% Golem, 5% Weezing, 5% Muk, 4% Ninetales, 4%  
Aggron, 2% Rhydon

Cave [Room 3] (58): 20% DUGTRIO, 20% Manectric, 10% Electrode, 10% WOBBUFFET, 10% Sudowoodo, 10% Weezing, 5% Rapidash, 5% Swalot, 4% Torkoal, 4% Camerupt, 2% Charizard

Cave [Room 4] (59): 20% Electrode, 20% Weezing, 10% WOBBUFFET, 10% Dunsparce, 10% Steelix, 10% Aggron, 5% DUGTRIO, 5% Crobat, 4% Electabuzz, 4% Arcanine, 2% Lunatone

Cave [Room 5] (5-60): 20% WOBBUFFET, 20% Crobat, 10% Electrode, 10% DUGTRIO, 10% Camerupt, 10% Torkoal, 5% Magmar, 5% Typhlosion, 4% Charizard, 4% Claydol, 1% Houndoom, 1% Houndour (**Can't get anything**)

Cave [Room 6] (61): 20% WOBBUFFET, 20% Electrode, 10% DUGTRIO, 10% Crobat, 10% Magmar, 10% Weezing, 5% Camerupt, 5% Typhlosion, 4% Torkoal, 4% Claydol, 1% TRAPINCH, 1% Rhydon

Cave [Room 7] (25-63): 20% DUGTRIO, 20% Magmar, 10% Electrode, 10% Torkoal, 10% Golem, 10% Aggron, 5% Rhydon, 5% Typhlosion, 4% Charizard, 4% Claydol, 1% Blaziken, 1% Combusken

Cave [Room 8] (63): 20% WOBBUFFET, 20% Crobat, 10% Electrode, 10% Torkoal, 10% Magmar, 10% Hariyama, 5% Manectric, 5% DUGTRIO, 4% Weezing, 4% Claydol, 2% Flygon

\*Weather is always sunny.

\*Room 5 is a side room off Room 4, remaining rooms are in order.

\*Bring Strength.

[illegible]

## Team Magma Grunt #1

Smeargle(m) Lv.57 @Leftovers: Spore, Super Fang, Nightmare, Substitute [Naughty]

Vileplume(m) Lv.56 @Leftovers: Sleep Powder, Solarbeam, Sludge Bomb, Leech

Seed [Careful]

Donphan(m) Lv.57 @BRIGHTPOWDER: Earthquake, Swagger, Ancientpower, Body Slam [Brave]



Ninetales(f) Lv.57 @BRIGHTPOWDER: Hypnosis, Overheat, Solarbeam, Extrasensory  
Absol(m) Lv.57 @BRIGHTPOWDER: Thunder Wave, Fire Blast, Shadow Ball, Superpower [Lax]

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Team Magma Grunt #2 [23]  
Gengar(m) Lv.56 @FOCUS BAND: DESTINY BOND, EXPLOSION, Ice Punch, Thunderbolt [Naughty]  
Camerupt(m) Lv.59 @QUICK CLAW: EXPLOSION, Earthquake, Overheat, Solarbeam  
Shiftry(m) Lv.56 @Scope Lens: EXPLOSION, Solarbeam, Brick Break, Shadow Ball [Lonely]  
Manectric(m) Lv.57: Thunder Wave, Flamethrower, Crunch, Thunderbolt [Gentle]  
Solrock Lv.58 @Leftovers: Will-o-Wisp, Earthquake, Ancientpower, Morning Sun [Lonely]

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Team Magma Grunt #3  
Flygon(f) Lv.56 @BRIGHTPOWDER: Earthquake, Solarbeam, Fire Blast, Rock Slide  
Xatu(f) Lv.58 @BRIGHTPOWDER: Solarbeam, Psychic, Drill Peck, Light Screen [Calm]  
Manectric(f) Lv.58 @King's Rock: Overheat, Thunderbolt, Thunder Wave, Crunch [Modest]  
Bellossom(f) Lv.59 @Lum Berry: Sleep Powder, Solarbeam, Weather Ball, Leech Seed [Mild]  
Arcanine(m) Lv.59 @BRIGHTPOWDER: Overheat, Extremespeed, Crunch, Solarbeam [Rash]

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Team Magma Grunt #4  
Granbull(f) Lv.57 @FOCUS BAND: COUNTER, Earthquake, Shadow Ball, Body Slam [Gentle]  
Victreebel(m) Lv.59 @BRIGHTPOWDER: Sleep Powder, Solarbeam, Gunk Shot, Weather Ball [Sassy]  
Claydol Lv.59 @Scope Lens: Solarbeam, Earthquake, EXPLOSION, Psychic [Lonely]  
Charizard(m) Lv.59 @BRIGHTPOWDER: Belly Drum, Earthquake, Heat Wave, Rock Slide [Impish]  
Aggron(m) Lv.60 @BRIGHTPOWDER: Thunder Wave, Head Smash, Earthquake, Iron Tail [Hasty]

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Team Magma Grunt #5

Smeargle(m) Lv.59 @BRIGHTPOWDER: Spore, Substitute, Belly Drum, Baton Pass [Naughty]  
Crobat(m) Lv.56 @Scope Lens: Sludge Bomb, Shadow Ball, Heat Wave, Confuse Ray [Naive]  
DUGTRIO(m) Lv.60 @BRIGHTPOWDER: Earthquake, Sludge Bomb, Ancientpower, Tri Attack  
Venusaur(m) Lv.58 @FOCUS BAND: Solarbeam, Sludge Bomb, Ancientpower, Earthquake [Naive]  
Dodrio(m) Lv.60 @BRIGHTPOWDER: Quick Attack, Double-Edge, Drill Peck, HP Fight [Timid]

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Team Magma Grunt #6 [23]  
Misdreavus(f) Lv.60 @Leftovers: MEAN LOOK, Substitute, PERISH SONG, Protect [Lonely]  
Torkoal(f) Lv.60 @QUICK CLAW: Heat Wave, Solarbeam, Earthquake, EXPLOSION  
Aggron(f) Lv.61 @FOCUS BAND: COUNTER, Head Smash, Earthquake, Iron Tail [Adamant]  
Jumpluff(f) Lv.59 @Leftovers: Leech Seed, Sleep Powder, Protect, Substitute [Gentle]  
Ampharos(f) Lv.58 @BRIGHTPOWDER: Tail Glow, Thunderbolt, Fire Punch, HP Ice [Bold]  
Sandslash(f) Lv.60 @BRIGHTPOWDER: Earthquake, Ancientpower, X-Scissors, Crush Claw [Mild]

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Team Magma Grunt #7 [23]  
WOBBUFFET(m) Lv.58 @Leftovers: Counter, Encore, Mirror Coat, Destiny Bond [Modest]  
Magmar(m) Lv.61 @Scope Lens: Solarbeam, Fire Blast, Cross Chop, Thunderpunch [Naive]  
Shiftry(m) Lv.60 @FOCUS BAND: Swords Dance, EXPLOSION, Brick Break, Shadow Ball [Mild]  
Gligar(m) Lv.62 @BRIGHTPOWDER: Earthquake, Rock Slide, Aerial Ace, Swords Dance [Gentle]  
Golem(m) Lv.63 @QUICK CLAW: EXPLOSION, Earthquake, Head Smash, Double-Edge [Careful]  
Exploud(m) Lv.59 @QUICK CLAW: Hyper Voice, Overheat, Solarbeam, Ice Beam [Brave]

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Team Magma Grunt #8  
Smeargle(f) Lv.60 @Leftovers: Spore, Tail Glow, Substitute, Baton Pass [Jolly]  
Gengar(f) Lv.58 @Scope Lens: Giga Drain, Fire Punch, Thunderbolt, Ice Punch

Typhlosion(m) Lv.60 @King's Rock: Heat Wave, Thunderpunch, Solarbeam, Earthquake [Rash]  
Alakazam(m) Lv.57 @Scope Lens: Psychic, Fire Punch, Ice Punch, Thunderpunch [Adamant]  
Altaria(f) Lv.60 @BRIGHTPOWDER: Draco Meteor, Solarbeam, Flamethrower, Ice Beam [Sassy]  
Vileplume(f) Lv.61 @Lum Berry: Solarbeam, HP Ice, Weather Ball, Sleep Powder [Mild]

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#### Team Magma Grunt #9

Octillery(m) Lv.60 @QUICK CLAW: Water Spout, Fire Blast, Ice Beam, HP Electric [Naughty]  
Glalie(m) Lv.60 @FOCUS BAND: Ice Beam, Weather Ball, Earthquake, Ice Shard [Hasty]  
Ludicolo(m) Lv.60 @QUICK CLAW: Solarbeam, Ice Beam, Fire Punch, Thunderpunch [Calm]  
Walrein(m) Lv.60 @Leftovers: Ice Beam, Ice Shard, Earthquake, Surf [Lax]  
Quagsire(m) Lv.60 @Lum Berry: Earthquake, Sludge Bomb, Ancientpower, Recover [Naughty]  
Charizard(m) Lv.60 @BRIGHTPOWDER: Dragon Dance, Earthquake, Rock Slide, Heat Wave [Hasty]

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#### Team Magma Grunt #10

Marowak(f) Lv.60 @Thick Club: HP Flying, Double-Edge, Earthquake, Ancientpower [Lax]  
Shiftry(f) Lv.57 @Choice Band: EXPLOSION, -----, -----, ----- [Hasty]  
Solrock Lv.60 @Choice Band: EXPLOSION, -----, -----, ----- [Mild]  
Manectric(f) Lv.60 @Lum Berry: Light Screen, Thunderbolt, Overheat, Crunch [Hasty]  
Dodrio(f) Lv.61 @Scope Lens: Body Slam, Quick Attack, Drill Peck, Steel Wing [Relaxed]  
Blaziken(m) Lv.61 @Lum Berry: Blaze Kick, Solarbeam, Brick Break, Thunderpunch

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#### Team Magma Grunt #11

Smeargle(f) Lv.61 @Leftovers: Spore, EXPLOSION, Light Screen, Reflect [Jolly]  
Armaldo(m) Lv.62 @Lum Berry: Swords Dance, Earthquake, X-Scissors, Ancientpower [Rash]  
Venusaur(m) Lv.59 @Scope Lens: Swords Dance, Earthquake, Sludge Bomb, Ancientpower [Impish]  
Granbull(f) Lv.61 @QUICK CLAW: Earthquake, Shadow Ball, Frustration, Super Fang

Flygon(f) Lv.58 @Scope Lens: Solarbeam, Draco Meteor, Flamethrower, Earthquake [Careful]

Torkoal(f) Lv.63 @Leftovers: Curse, Earthquake, Heat Wave, Rest [Sassy]

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Team Magma Grunt #12 [23]

Gengar(m) Lv.59 @Leftovers: Hypnosis, MEAN LOOK, PERISH SONG, Substitute [Naughty]

Claydol Lv.58 @Choice Band: EXPLOSION, -----, -----, ----- [Impish]

Exeggutor(m) Lv.59 @BRIGHTPOWDER: Swords Dance, EXPLOSION, Ancientpower, HP Fight [Rash]

WOBBUFFET(m) Lv.61 @Leftovers: Counter, Mirror Coat, Destiny Bond, Encore [Careful]

Exploud(m) Lv.62 @Lum Berry: Overheat, Hyper Voice, Solarbeam, Extrasensory [Brave]

Arcanine(m) Lv.62 @Leftovers: Will-o-Wisp, Morning Sun, Extremespeed, Solarbeam [Bold]

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Team Magma Grunt #13 [23]

Weezing(f) Lv.62 @Lum Berry: DESTINY BOND, EXPLOSION, Fire Blast, Gunk Shot [Lonely]

Granbull(f) Lv.62 @Leftovers: Attract, Body Slam, Earthquake, Shadow Ball [Hasty]

Jumpluff(f) Lv.63 @Leftovers: Attract, Stun Spore, Substitute, Leech Seed [Naughty]

Espeon(m) Lv.61 @Lum Berry: Psychic, HP Fire, Bite, Morning Sun [Naughty]

Umbreon(m) Lv.61 @Leftovers: MEAN LOOK, Toxic, Charm, Rest [Naughty]

Flareon(m) Lv.63 @QUICK CLAW: Overheat, Superpower, Shadow Ball, Double-Edge [Brave]

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Team Magma Grunt #14 [23]

Smeargle(m) Lv.63 @Lum Berry: Spore, EXPLOSION, Light Screen, ----- [Naughty]

Sudowoodo(m) Lv.63 @QUICK CLAW: EXPLOSION, Head Smash, Earthquake, Double-Edge [Rash]

Victreebel(m) Lv.64 @Lum Berry: Solarbeam, Weather Ball, Gunk Shot, HP Rock [Calm]

Manectric(m) Lv.63 @Scope Lens: Overheat, Thunderbolt, Crunch, Quick Attack [Modest]

Claydol(m) Lv.63 @Leftovers: Earthquake, Solarbeam, Ice Beam, Psychic [Rash]

Rapidash(m) Lv.64 @Lum Berry: Overheat, Drill Run, Solarbeam, Hypnosis [Jolly]

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Team Magma Grunt #15

Sudowoodo(f) Lv.59 @Choice Band: EXPLOSION, -----, -----, ----- [Timid]

Meganium(m) Lv.63 @Leftovers: Solarbeam, Earthquake, Ancientpower, HP Fire [Gentle]

Misdreavus(f) Lv.63 @Leftovers: MEAN LOOK, PERISH SONG, Protect, Attract [Brave]

Altaria(f) Lv.63 @Leftovers: Sing, Earthquake, Sky Attack, Flamethrower [Gentle]

Clefable(f) Lv.63 @QUICK CLAW: Fire Blast, Ice Beam, Solarbeam, Thunderbolt [Timid]

Ninetales(f) Lv.64 @Leftovers: Calm Mind, Heat Wave, HP Electric, Solarbeam [Impish]

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Team Magma Grunt #16 [23]

Solrock Lv.63 @Lum Berry: Light Screen, EXPLOSION, Shadow Ball, Will-o-Wisp [Mild]

Aggron(m) Lv.64 @QUICK CLAW: Thunder Wave, Head Smash, Earthquake, Superpower [Rash]

Weezing(m) Lv.63 @Lum Berry: EXPLOSION, Gunk Shot, Fire Blast, Shadow Ball

WOBBUFFET(m) Lv.62 @Leftovers: Counter, Mirror Coat, Safeguard, Destiny Bond [Naughty]

Houndoom(m) Lv.60 @Lum Berry: Heat Wave, Solarbeam, Crunch, PURSUIT [Sassy]

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Magma Admin Courtney

Charizard(m) Lv.64 @Lum Berry: Overheat, Dragon Claw, Solarbeam, Earthquake

Regirock Lv.65 @Lum Berry: COUNTER, EXPLOSION, Ancientpower, Earthquake [Timid]

Salamence(m) Lv.64 @Lum Berry: Earthquake, Flamethrower, Draco Meteor, Air Slash [Gentle]

Kangaskhan(f) Lv.63 @Lum Berry: Fake Out, Crush Claw, Earthquake, Shadow Ball [Relaxed]

Venusaur(m) Lv.65 @Lum Berry: Sleep Powder, Weather Ball, Solarbeam, Ancientpower [Modest]

Castform(m) Lv.64 @Lum Berry: Weather Ball, Ice Beam, Thunderbolt, Solarbeam [Quiet]

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Magma Leader Maxie

Tyranitar(m) Lv.66 @Lum Berry: Solarbeam, Fire Blast, Ancientpower, Earthquake [Adamant]

Flygon(m) Lv.66 @Lum Berry: Draco Meteor, Earthquake, Heat Wave, Solarbeam [Modest]

Gengar(m) Lv.66 @Lum Berry: Ice Punch, Thunderbolt, Psychic, Fire Punch [Modest]

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Aqua Hideout

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## Team Aqua Grunt #4

Jynx(f) Lv.65 @Leftovers: Lovely Kiss, MEAN LOOK, PERISH SONG, Substitute [Relaxed]

Wailord(f) Lv.59 @Choice Band: SELFDESTRUCT, -----, -----, ----- [Gentle]

Nidoqueen(f) Lv.63 @QUICK CLAW: Poison Fang, Shadow Ball, Earthquake, Ice Beam

Milotic(f) Lv.62 @Leftovers: Light Screen, Surf, Ice Beam, Recover [Relaxed]

Clefable(f) Lv.64 @Leftovers: Toxic, Cosmic Power, Moonlight, Psywave [Gentle]

Relicanth(m) Lv.65 @BRIGHTPOWDER: Head Smash, Earthquake, Rest, Sleep Talk [Modest]

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#### Team Aqua Grunt #5

Raichu(m) Lv.64 @BRIGHTPOWDER: Rain Dance, Thunder, Surf, Signal Beam [Brave]

Starmie Lv.62 @King's Rock: Rain Dance, Surf, Thunder, Psychic [Lax]

Ludicolo(m) Lv.61 @Leftovers: Rain Dance, Ice Beam, Waterfall, Leech Seed

Omastar(m) Lv.65 @BRIGHTPOWDER: Rain Dance, Muddy Water, Ice Beam, Ancientpower

Dragonite(m) Lv.60 @Scope Lens: Rain Dance, Thunder, Surf, Double-Edge

Poliwrath(m) Lv.65 @Leftovers: Rain Dance, Earthquake, Superpower, Ice Beam [Timid]

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#### Team Aqua Grunt #6

Dragonite(f) Lv.60 @Leftovers: Toxic, Protect, Flamethrower, Dragon Claw [Relaxed]

Muk(f) Lv.60 @Choice Band: EXPLOSION, -----, -----, ----- [Timid]

Lapras(f) Lv.64 @Leftovers: Rest, Thunder, Ice Beam, Confuse Ray

Exeggutor(f) Lv.62 @QUICK CLAW: Sleep Powder, Psychic, Ancientpower, Egg Bomb [Naughty]

Blissey(f) Lv.62 @Leftovers: COUNTER, Softboiled, Psywave, Seismic Toss [Sassy]

Medicham(f) Lv.64 @Scope Lens: Psychic, Fake Out, Brick Break, Shadow Ball [Gentle]

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#### Team Aqua Grunt #7

Gyarados(m) Lv.63 @BRIGHTPOWDER: Dragon Dance, Earthquake, Frustration, Bounce [Naive]

Cradily(m) Lv.64 @Leftovers: Giga Drain, Recover, Toxic, Earthquake

Slaking(m) Lv.60 @Choice Band: Hyper Beam, -----, -----, ----- [Adamant]

Nidoking(m) Lv.64 @Leftovers: Earthquake, COUNTER, Shadow Ball, Poison Tail [Naive]

Snorlax(m) Lv.60 @Choice Band: SELFDESTRUCT, -----, -----, ----- [Naughty]

Starmie Lv.62 @Scope Lens: Hydro Pump, Signal Beam, Psychic, Ice Beam [Hasty]

## Team Aqua Grunt #8

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Team Aqua Admin Matt [23]

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Surfing (63): 60% Qwilfish, 30% Mantine, 5% Tentacruel, 5% Pelipper

Old Rod (63): 70% Corsola, 30% Seaking

Good Rod (63): 60% Qwilfish, 20% Remoraid, 20% Tentacruel

Super Rod (63): 40% Sharpedo, 40% Octillery, 15% Mantine, 5% Lanturn

[illegible]

Team Aqua Grunt #1 [Double Battle With Team Aqua Grunt #2]

Ludicolo(m) Lv.64 @Lum Berry: Rain Dance, Ice Beam, Giga Drain, Waterfall [Calm]

Qwilfish(m) Lv.65 @Lum Berry: Rain Dance, Waterfall, Sludge Bomb, DESTINY

BOND [Lonely]

Omastar(m) Lv.65 @Mystic Water: Rain Dance, Hydro Pump, Ice Beam, Ancientpower [Calm]

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Team Aqua Grunt #2 [Double Battle With Team Aqua Grunt #1]

Dewgong(f) Lv.65 @Lum Berry: Rain Dance, Ice Beam, Drill Run, Waterfall [Quiet]

Gorebyss(f) Lv.64 @Lum Berry: Rain Dance, Hydro Pump, Ice Beam, Psychic  
[Modest]

Whiscash(f) Lv.65 @BRIGHTPOWDER: Rain Dance, Hydro Pump, Earth Power,  
Ancientpower

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Sis And Bro Lila & Roy [Double Battle] (Optional)

Gyarados(m) Lv.66 @QUICK CLAW: Double-Edge, Body Slam, Hydro Pump,  
Bounce [Bold]

Pikachu(m) Lv.65 @Light Ball: Thunderbolt, Signal Beam, Surf, Volt Tackle [Modest]

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SwimmerM Declan (Optional)

Luvdisc(f) Lv.100: Attract, Sweet Kiss, Flail, Surf [0]

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SwimmerF Jenny (Optional)

Azumarill(f) Lv.64: Ice Beam, Double-Edge, Superpower, Hydro Pump [Bold]

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Triathlete Isabella (Optional)

Nidoking(m) Lv.65: Poison Fang, Drill Run, Megahorn, Head Smash [Modest]

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Mossdeep City

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Grass (65): 20% Ralts, 20% Abra, 10% Spink, 10% Mr. Mime, 10% Exeggcute,  
10% Slowpoke, 5% Girafarig, 5% Drowzee, 4% Xatu, 4% Chimecho, 1% Espeon,  
1% Jynx

Surfing (65): 60% Mantine, 30% Octillery, 5% Seaking, 4% Relicanth, 1% Tentacruel

Old Rod (65): 70% Slowpoke, 30% Shellder

Good Rod (65): 60% Huntail, 20% Slowbro, 20% Slowking

Super Rod (65): 40% Gorebyss, 40% Cloyster, 15% Kingler, 4% Crawdaunt, 1%  
Sharpedo

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\*Dynamicpunch Move Tutor left Black Belt on shallow water to the south.

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Old Rod (44): 70% Magikarp, 30% Tentacool  
Good Rod (44): 60% Magikarp, 20% Tentacool, 20% Sharpedo  
Super Rod (20-66): 99% Sharpedo, 1% Wailmer

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Old Rod (50): 70% Crawdaunt, 30% Tentacruel  
Good Rod (50): 60% Gyarados, 40% Sharpedo  
Super Rod (65): 55% Tentacruel, 40% Gastly, 5% Qwilfish

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Old Rod (64): 100% Sealeo  
 Good Rod (64): 60% Slowking, 20% Slowbro, 20% Shellder  
 Super Rod (64): 40% Cloyster, 40% Dewgong, 15% Walrein, 5% Sharpedo

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### Expert Auron (Optional)

Flygon(m) Lv.67: Double-Edge, Crunch, Dragon Claw, Earthquake  
Machop(m) Lv.67: Vital Throw, Facade, Cross Chop, Rock Slide [Hasty]

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Sr. and Jr. Kim & Iris [Double Battle] (Optional)

Togetic(m): Lv.100 @Shoal Shell: Follow Me, Softboiled, -----, -----

Marowak(m): Lv.66 @Thick Club: Belly Drum, Ancientpower, Earthquake, Body Slam  
[Jolly]

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Shoal Cave

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Nevermelt ice in icerooom

Cave [1F] (63-65): 20% Spheal, 20% Seel, 10% Sealeo, 10% Smoochum, 10% Swinub, 10% Slowpoke, 5% Shellder, 5% Delibird, 4% Kingler, 4% Golduck, 1% Cloyster, 1% Walrein

Surfing [1F] (64): 60% Sealeo, 30% Dewgong, 5% Shellder, 4% Slowbro, 1% Walrein

Old Rod [1F] (65): 70% Shellder, 30% Seel

Good Rod [1F] (65): 60% Seel, 20% Spheal, 20% Shellder

Super Rod [1F] (4-65): 40% Sealeo, 40% Dewgong, 15% Walrein, 4% Cloyster, 1% Wailmer

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Cave [1F Room 2] (64): 20% Swinub, 20% Sealeo, 10% Smoochum, 10% Seel, 10% Shellder, 10% Delibird, 5% Sneasel, 5% Kingler, 4% Slowking, 4% Slowbro, 1% Jynx, 1% Walrein

Surfing [1F Room 2] (64-65): 60% Dewgong, 30% Slowking, 5% Slowbro, 4% Cloyster, 1% Walrein

Old Rod [1F Room 2] (65): 70% Shellder, 30% Clamperl

Good Rod [1F Room 2] (65): 60% Seel, 40% Sealeo

Super Rod [1F Room 2] (4-65): 40% Dewgong, 40% Cloyster, 19% Walrein, 1% Wailmer

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Cave [1F Room 3] (64): 20% Snorunt, 20% Smoochum, 10% Swinub, 10% Seel, 10% Sealeo, 10% Shellder, 5% Slowpoke, 5% Cloyster, 4% Jynx, 4% Glalie, 1% Piloswine, 1% Walrein

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Room which leads to ice cave, strength bolder

Cave [B1F] (65): 20% Piloswine, 20% Glalie, 10% Jynx, 10% Seel, 10% Sealeo, 10% Slowpoke, 5% Slowking, 5% Slowbro, 4% Delibird, 4% Swinub, 1% Smoochum, 1% Snorunt

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Cave [B1F Ice] (63-65): 20% DUGTRIO, 20% Jynx, 10% Dewgong, 10% Cloyster, 10% Piloswine, 10% Glalie, 5% Walrein, 5% Slowbro, 4% Slowking, 4% WOBBUFFET, 1% Hariyama, 1% Lapras

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\*Bring Strength.

>>>>>>>>>>

Mossdeep Gym

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Psychic Preston [Double Battle with Maura]

Solrock Lv.66 @Lum Berry: Signal Beam, Earthquake, Ancientpower, Light Screen [Timid] +2121

Girafarig(m) Lv.66 @Lum Berry: Earthquake, Psychic, Body Slam, Signal Beam [Naive] +2016

Claydol Lv.66 @Lum Berry: Earthquake, Signal Beam, Psychic, Light Screen +2673

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Psychic Maura [Double Battle with Preston]

Lunatone Lv.66 @Leftovers: Calm Mind, Ice Beam, Psychic, Moonlight [Naive] +2121

Xatu(f) Lv.66 @Lum Berry: Calm Mind, Giga Drain, Psychic, Drill Peck [Adamant] +2418

Chimecho(f) Lv.66 @Leftovers: Calm Mind, Psychic, Recover, Reflect [Rash] +2079

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Psychic Samantha [Double Battle with Virgil]

Jynx(f) Lv.66 @Lum Berry: Lovely Kiss, Ice Beam, Psychic, Fake Out +1936

Slowbro(f) Lv.66 @Leftovers: Calm Mind, Slack Off, Psychic, Hydro Pump [Jolly] +2319

Exeggutor(f) Lv.66 @Lum Berry: Sleep Powder, Psychic, Giga Drain, Ancientpower [Naughty] +2997

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Cooltrainer Virgil [Double Battle with Samantha]

Clefable(f) Lv.67 @Leftovers: Shadow Ball, Brick Break, Flamethrower, Follow Me [Careful] +1851

Hitmonlee(m) Lv.66 @Lum Berry: Fake Out, Hi Jump Kick, Rock Tomb, Mach Punch +1965

Armaldo(m) Lv.66 @Lum Berry: X-Scissors, Ancientpower, Brick Break, Body Slam [Timid] +2827

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\*Avoid the top right switch before using either of the other two.

Might run into wrong trainer:

>>>>>>>>>>>>>>>>>> bottom right, double male

Gentleman Nate [Double Battle with Nicholas]

Espeon(m) Lv.67 @Lum Berry: Skill Swap, Psychic, Bite, Toxic [Bold] +2827

Alakazam(m) Lv.66 @Lum Berry: Skill Swap, Psychic, Toxic, Fire Punch [Impish] +2629

Claydol Lv.67 @Lum Berry: Skill Swap, Toxic, Drill Run, Ice Beam +2713

~

Expert Nicholas [Double Battle with Nate]

Slaking(m) Lv.67 @Lum Berry: Slack Off, Body Slam, Superpower, Shadow Ball +3015

Hitmonchan(m) Lv.67 @Leftovers: Facade, Brick Break, Shadow Punch, Fake Out [Naughty] +2010

Swellow(m) Lv.67 @Leftovers: Facade, Steel Wing, Quick Attack, Sky Attack [Lax] +2325

— top right no way back

Psychic Blake [Double Battle with Hannah]

Grumpig(m) Lv.66 @Leftovers: Calm Mind, Psychic, Fire Punch, Thunderpunch [Timid] +2319

Slowking(m) Lv.66 @Leftovers: Calm Mind, Psychic, Hydro Pump, Slack Off [Naive] +2319

Hypno(m) Lv.66 @Leftovers: Calm Mind, Psychic, Fire Punch, Thunderpunch [Adamant] +2332

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Cooltrainer Hannah [Double Battle with Blake]

Granbull(f) Lv.66 @Lum Berry: Return, Superpower, Shadow Ball, Bulk Up [Quiet] +2517

Hitmontop(m) Lv.66 @Lum Berry: Bulk Up, Brick Break, Rock Tomb, Fake Out [Jolly] +1951

Tyranitar(f) Lv.66 @Lum Berry: Ice Beam, Superpower, Ancientpower, Crunch [Timid] +3082

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Hex Maniac Sylvia [Double Battle with Macey]

Misdreavus(f) Lv.69 @QUICK CLAW: PERISH SONG, Sleep Talk, Rest, ----- +2173  
Wigglytuff(f) Lv.69 @QUICK CLAW: PERISH SONG, Sleep Talk, Rest, ----- +1611

WOBBUFFET(f) Lv.69 @Lum Berry: Encore, Mirror Coat, Destiny Bond, Counter  
[Lonely] +2616

WYNAUT(f) Lv.100 @Leftovers: Counter, Mirror Coat, Encore, Destiny Bond [Gentle]  
+942

Metagross Lv.66 @Lum Berry: Agility, EXPLOSION, Flash Cannon, Earthquake  
[Lonely] +2970

Dusclops(f) Lv.66 @Leftovers: Imprison, Protect, Shadow Ball, Brick Break  
[Adamant] +2530

Latos(m) Lv.70 @Lum Berry: Dragon Claw, Luster Purge, HP Fire, Thunderbolt  
[Sassy]

Medicham(m) Lv.70 @Lum Berry: Fake Out, Brick Break, HP Psychic, Shadow Ball  
[Careful]

Jirachi Lv.70 @Lum Berry: Meteor Mash, Signal Beam, Fire Punch, Ancientpower  
[Naughty]

[illegible]

Magma Grunt #1 [Double Battle with Grunt #2]

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Typhlosion(m) Lv.67 @Lum Berry: Sunny Day, Overheat, Wild Charge, HP Ice

Houndoom(m) Lv.67 @Lum Berry: : Sunny Day, Overheat, Crunch, HP Grass

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Blaziken(m) Lv.67 @BRIGHTPOWDER: Blaze Kick, Brick Break, Earthquake, Thunderpunch [Bold]

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Dusclops(f) Lv.70 @Leftovers: Will-o-Wisp, Rest, Shadow Ball, Earthquake [Brave]

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Dodrio(m) Lv.66 @Silk Scarf: Hyper Beam, Quick Attack, Drill Peck, Steel Wing  
[Relaxed]

Steelix(m) Lv.69 @QUICK CLAW: EXPLOSION, Iron Tail, Earthquake, Rock Slide  
[Sassy]

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## Magma Grunt #5

Camerupt(m) Lv.69 @QUICK CLAW: Overheat, Earthquake, EXPLOSION, Rock Slide

Weezing(m) Lv.66 @Scope Lens: EXPLOSION, Gunk Shot, Shadow Ball, Fire Blast

Altaria(m) Lv.66 @Scope Lens: Earthquake, Air Slash, Dragon Claw, Flamethrower

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## Magma Grunt #6

Breloom(m) Lv.66 @Scope Lens: Spore, Mach Punch, Giga Drain, Brick Break  
[Jolly]

Magmar(m) Lv.67 @BRIGHTPOWDER: Heat Wave, Cross Chop, Thunderpunch, Confuse Ray

Kangaskhan(f) Lv.66 @Leftovers: Attract, Earthquake, Shadow Ball, Body Slam  
[Naughty]

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\*Superboss ... [Double Battle with You]

Aerodactyl(f) Lv.70: Fly, Steel Wing, Rock Blast, Return

Starmie Lv.70: Dive, Surf, Psychic, Thunderbolt [Lonely]

Metagross Lv.70: Psychic, Shadow Ball, Meteor Mash, Brick Break [Brave]

[illegible]

Magma Leader Maxie [Double Battle with Tabitha]

Tauros(m) Lv.71 @Lum Berry: Earthquake, Double-Edge, HP Ghost, Iron Tail [Jolly]

Flygon(m) Lv.71 @Lum Berry: Earthquake, Flamethrower, Signal Beam,

Ancientpower

Metagross Lv.72 @Lum Berry: Earthquake, Meteor Mash, Shadow Ball, HP Grass  
[Jolly]

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Magma Admin Tabitha [Double Battle with Maxie]

Gengar(m) Lv.70 @Lum Berry: Giga Drain, Thunderbolt, Fire Punch, Ice Punch  
[Sassy]

Salamence(m) Lv.70 @Lum Berry: Draco Meteor, Air Slash, Flamethrower, HP Grass [Relaxed]

Charizard(m) Lv.71 @Lum Berry: Overheat, Thunderpunch, Dragon Claw, HP Ice  
[Relaxed]

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\*Heart Scale in the Dive spot west of the three trees on the Mossdeep beach, under the light.

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## Old Rod (65): 100% Slowpoke

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[illegible]

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Mantine(m) Lv.65: Air Slash, Surf, Ice Beam, Confuse Ray [Naughty]

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Hitmonlee(m) Lv.67 @QUICK CLAW: Body Slam, Earthquake, Rock Slide, Hi Jump Kick [Calm]

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Old Rod (65): 100% Clamperl

Super Rod (65): 40% Corsola, 40% Octillery, 15% Relicanth, 4% Armaldo, 1% Cradily

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\*Heart Scale next to the rock on the shallow water patch east of Seafloor Cavern.

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Magneton Lv.65: Tri Attack, Flash Cannon, Thunderbolt, Thunder Wave [Lonely]

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DUGTRIO(f) Lv.66 @Choice Band: Tri Attack, Slash, Earthquake, Rock Slide [Hasty]

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Quagsire(m) Lv.65: Earthquake, Muddy Water, Body Slam, Sludge Bomb [Hasty]

— — —

SwimmerF Carlee [1] (Optional)

Seaking(f) Lv.35: Ice Beam, Double-Edge, Drill Run, Waterfall [Jolly]

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Seafloor Cavern  
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Surfing [Room 1] (67): 60% Crobat, 30% Gyarados, 5% Feraligatr, 5% Tentacruel

Old Rod [Room 1] (65): 70% Huntail, 30% Gorebyss

Good Rod [Room 1] (65): 60% Tentacruel, 20% Qwilfish, 20% Feraligatr

Super Rod [Room 1] (65): 40% Blastoise, 40% Sharpedo, 15% Relicanth, 5% Walrein

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Cave [Room 2] (66): 20% Crawdaunt, 20% WOBBUFFET, 10% Crobat, 10% Muk, 10% Gengar, 10% DUGTRIO, 5% Feraligatr, 5% Kingler, 4% Blastoise, 4% Seviper, 2% Kabutops

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Cave [Room 3] (68): 20% WOBBUFFET, 20% DUGTRIO, 10% Omastar, 10% Kabutops, 10% Crobat, 10% Muk, 5% Cloyster, 5% Crawdaunt, 4% Kingler, 4% Steelix, 2% Claydol

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Cave [Room 4] (68): 22% WOBBUFFET, 20% DUGTRIO, 10% Seviper, 10% Dunsparce, 10% Crobat, 10% Feraligatr, 5% Blastoise, 5% Electrode, 4% Glalie, 4% Steelix

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Cave [Room 5] (68): 20% DUGTRIO, 20% WOBBUFFET, 10% Parasect, 10% Feraligatr, 10% Ariados, 10% Crobat, 5% Seviper, 5% Muk, 4% Crawdaunt, 4% Misdreavus, 2% Vaporeon

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Cave [Room 6] (68): 20% WOBBUFFET, 20% Glalie, 10% Jynx, 10% Piloswine, 10% Walrein, 10% DUGTRIO, 5% Armaldo, 5% Dewgong, 4% Misdreavus, 4% Gyarados, 1% Dunsparce, 1% Steelix

Surfing [Room 6] (66-69): 60% Gorebyss, 30% Cloyster, 5% Dewgong, 4% Walrein, 1% Lapras

Old Rod [Room 6] (68): 70% Walrein, 30% Tentacruel

Good Rod [Room 6] (68): 60% Dewgong, 20% Cloyster, 20% Qwilfish



Aqua Grunt #2

Kabutops(m) Lv.70 @King's Rock: Ancientpower, X-Scissors, Earth Power, HP Flying [Naughty]

Ludicolo(m) Lv.67 @Leftovers: Toxic, Ice Beam, Leech Seed, Protect [Jolly]

Electabuzz(m) Lv.68 @BRIGHTPOWDER: Thunder, Cross Chop, Ice Punch, Psychic [Lax]

Golduck(m) Lv.68 @Scope Lens: Calm Mind, Surf, Ice Beam, Psychic [Rash]

Snorlax(m) Lv.68 @Leftovers: Thunder, Surf, Body Slam, Shadow Ball [Lax]

Salamence(m) Lv.67 @BRIGHTPOWDER: Hydro Pump, Dragon Claw, Earthquake, Air Slash [Lonely]

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Aqua Grunt #3

Gorebyss(f) Lv.67 @Petaya Berry: Hydro Pump, Ice Beam, Psychic, Substitute

Poliwrath(f) Lv.70 @Lum Berry: Hypnosis, Superpower, Earthquake, Ice Beam [Naughty]

Dragonite(f) Lv.67 @Scope Lens: Surf, Dragon Claw, Thunder, HP Flying [Mild]

Milotic(f) Lv.66 @Leftovers: Toxic, Recover, Waterfall, Ice Beam

Lanturn(f) Lv.68 @BRIGHTPOWDER: Thunder, Confuse Ray, Ice Beam, Waterfall [Gentle]

Castform(f) Lv.66 @Scope Lens: Thunder, Weather Ball, Ice Beam, Attract [Naughty]

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Aqua Grunt #4

Wailord(m) Lv.70 @Lum Berry: Amnesia, SELFDESTRUCT, Hyper Voice, Water Spout

Slaking(m) Lv.70 @Leftovers: Double-Edge, Surf, Thunder, Shadow Ball [Timid]

Qwilfish(m) Lv.70 @Scope Lens: Substitute, EXPLOSION, Sludge Bomb, Surf [Mild]

Ampharos(m) Lv.67 @Leftovers: Flatter, Thunder, HP Water, Signal Beam

Glalie(m) Lv.70 @Scope Lens: EXPLOSION, Ice Shard, Ice Beam, Earthquake [Relaxed]

Kingdra(m) Lv.66 @Leftovers: Octazooka, Toxic, Ice Beam, Protect [Jolly]

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Aqua Grunt #5

Omastar(m) Lv.70 @Scope Lens: Hydro Pump, Muddy Water, Ice Beam, Ancientpower [Bold]

Exeggutor(m) Lv.69 @Leftovers: Sleep Powder, Psychic, Ancientpower, Egg Bomb [Mild]

Blissey(f) Lv.69 @Leftovers: Thunder, Softboiled, Ice Beam, COUNTER [Lax]

Gengar(m) Lv.69 @King's Rock: Thunder, Giga Drain, Ice Punch, Confuse Ray [Brave]

Politoed(m) Lv.70 @Leftovers: Hypnosis, Surf, Earthquake, Ice Beam [Mild]

Kingdra(m) Lv.67 @Leftovers: Dragon Dance, HP Ground, Body Slam, Octazooka [Sassy]

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Aqua Admin Shelly

Lapras(f) Lv.72 @Lum Berry: Drill Run, Hydro Pump, Ice Beam, Thunder

Ludicolo(f) Lv.72 @Leftovers: Leech Seed, Waterfall, Protect, Ice Beam

Starmie(f) Lv.72 @Lum Berry: Hydro Pump, Thunder, Psychic, Ice Beam [Timid]

Raichu(f) Lv.72 @Lum Berry: Thunder, Surf, Extremespeed, Sing [Careful]

Dragonite(f) Lv.72 @Lum Berry: Earthquake, Extremespeed, HP Flying, Thunder [Relaxed]

Vaporeon(m) Lv.73 @Leftovers: Sing, Muddy Water, Ice Beam, HP Grass [Adamant]

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Team Aqua Leader Archie [Double Battle]

Raikou Lv.75 @Lum Berry: Thunder, HP Grass, Weather Ball, Calm Mind [Lax]

Suicune Lv.75 @Lum Berry: Calm Mind, Ice Beam, Hydro Pump, HP Grass [Impish]

Metagross Lv.75 @Lum Berry: Meteor Mash, Earth Power, Sludge Bomb, Protect [Naive]

Dragonite(m) Lv.75 @Lum Berry: Thunder, Draco Meteor, Hydro Pump, Extremespeed [Lonely]

Qwilfish(m) Lv.75 @Lum Berry: DESTINY BOND, Gunk Shot, Hydro Pump, Swords Dance [Relaxed]

Kingdra(m) Lv.75 @Lum Berry: Octazooka, Draco Meteor, Signal Beam, Yawn [Jolly]

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Cave of Origin

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Cave [1F] (70): 20% Misdreavus, 20% Xatu, 10% Marowak, 10% Banette, 10% Kadabra, 10% Absol, 5% Haunter, 5% Persian, 4% Hypno, 4% Crobat, 1% Gardevoir, Gengar

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Cave [1F Room 2] (61-70): 20% WOBBUFFET, 20% Crobat, 10% Parasect, 10% Banette, 10% Armaldo, 10% Cradily, 5% Omastar, 5% Kabutops, 4% Marowak, 4% Ninetales, 1% Duskull, 1% Dusclops

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Cave [B1F] (60-70): 20% WOBBUFFET, 20% Crobat, 10% Gardevoir, 10% Dunsparce, 10% Armaldo, 10% Cradily, 5% Banette, 5% Gengar, 4% Misdreavus, 4% Houndour 1% Duskull, 1% Dusclops

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Old Rod (65): 70% Mantine, 30% Omastar

Good Rod (65): 60% Kabutops, 20% Sharpedo, 20% Tentacruel

Super Rod (65): 40% Relicanth, 40% Lanturn, 15% Armaldo, 5% Cradily

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SwimmerM Reed

Tangela(m) Lv.66 @Leftovers: Stun Spore, Giga Drain, Swagger, Synthesis [Naive]

Kingler(m) Lv.67 @FOCUS BAND: Crabhammer, X-Scissors, Return, Agility [Jolly]

Charizard(m) Lv.65 @Salac Berry: Blast Burn, Flamethrower, Earthquake, Dragon Claw [Mild]

Furret(m) Lv.67 @Leftovers: Quick Attack, Body Slam, COUNTER, Shadow Ball  
[Gentle]

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## Triathlete Chase

DUGTRIO(m) Lv.66 @Choice Band: Earthquake, ----, ----, ---- [Impish]

Magneton Lv.67 @FOCUS BAND: Thunderbolt, Flash Cannon, HP Ice, Thunder Wave [Mild]

Dodrio(m) Lv.66 @Silk Scarf: Swords Dance, Quick Attack, Drill Peck, Steel Wing  
[Careful]

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## Triathlete Allison

Mantine(f) Lv.67 @Leppa Berry: Protect, Ice Beam, Hydro Pump, Attract [Quiet]

Altaria(f) Lv.66 @Dragon Fang: Dragon Claw, Flamethrower, Ice Beam, Sing [Bold]

Lunatone Lv.66 @Leppa Berry: Hypnosis, Psychic, Ice Beam, Moonlight

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SwimmerF Tisha

Whiscash(f) Lv.66 @Leftovers: Protect, Earth Power, Attract, Ice Beam [Timid]

Swalot(f) Lv.66 @Leftovers: Gunk Shot, Protect, Attract, Shadow Ball

Gyarados(f) Lv.66 @Leftovers: Protect, Bounce, Attract, Thunder Wave [Impish]

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SwimmerM Clarence

Sharpedo(m) Lv.66 @Scope Lens: Hydro Pump, Crunch, Double-Edge, Ice Beam

Grumpig(m) Lv.66 @Silverpowder: Psychic, Thunder Wave, Fire Punch, Signal Beam [Lonely]

Victreebel(m) Lv.66 @Scope Lens: Stun Spore, Sludge Bomb, Leaf Blade, Double-Edge [Hasty]

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Route 130

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Grass (63): 20% Sableye, 20% Shuckle, 10% Tauros, 10% Snorlax, 10% Blissey, 10% Dusclops, 5% Shedinja, 5% Ninjask, 4% Tyranitar, 4% Salamence, 1% Metagross, 1% Dragonite

Surfing (65): 60% Qwilfish, 30% Mantine, 5% Huntail, 4% Dewgong, 1% Gorebyss

Old Rod (65): 70% Dewgong, 30% Tentacruel

Good Rod (65): 60% Mantine, 20% Gyarados, 20% Slowking

Super Rod (65): 40% Sharpedo, 40% Slowbro, 15% Octillery, 5% Relicanth

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\*Grass encounters require Mirage Island to be visible.

[illegible]

SwimmerM Rodney (Optional)

Magmar(m) Lv.65: Brick Break, Flamethrower, Confuse Ray, Fire Blast [Relaxed]

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SwimmerF Katie (Optional)

Luvdisc(f) Lv.100: Attract, Sweet Kiss, Flail, Surf [0|Adamant]

Banette(f) Lv.64: Faint Attack, Shadow Ball, Double-Edge, Confuse Ray [Careful]

■■■

SwimmerM Santiago (Optional)

Ampharos(m) Lv.66: Shock Wave, Thunderpunch, Thunderbolt, Body Slam  
[Naughty]

Bellossom(m) Lv.66: Stun Spore, Synthesis, Petal Dance, Double-Edge [Naive]

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Route  
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Surfing (65): 60% Qwilfish, 30% Mantine, 5% Misdreavus, 4% Dewgong, 1% Altaria

Old Rod (65): 70% Corsola, 30% Sharpedo

Good Rod (65): 60% Mantine, 20% Gyarados, 20% Tentacruel

Super Rod (65): 40% Relicanth, 40% Qwilfish, 15% Tentacruel, 5% Lanturn

[illegible]

SwimmerM Kevin (Optional)

Sudowoodo(m) Lv.66: Earthquake, Double-Edge, EXPLOSION, Head Smash

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### Triathlete Talia (Optional)

Misdreavus(f) Lv.65: Hyper Voice, Pain Split, Shadow Ball, Night Shade [Naughty]

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SwimmerM Richard (Optional)

Qwifish(m) Lv.67: Hydro Pump, Toxic, Gunk Shot, EXPLOSION [Timid]

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SwimmerF Kara (Optional)

Medicham(f) Lv.65: Hi Jump Kick, Psychic, Reversal, Recover [Lax]

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SwimmerM Herman (Optional)

Huntail(m) Lv.65: Confuse Ray, Muddy Water, Ice Beam, Super Fang [Impish]

Whiscash(m) Lv.65: Bounce, Earthquake, Muddy Water, Ice Beam [Lonely]

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SwimmerF Susie (Optional)

Wigglytuff(f) Lv.67: Sing, Brick Break, Hyper Voice, Shadow Ball [Naive]

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Sis and Bro Reli & Ian [Double Battle] (Optional)

Azumarill(m) Lv.65: Ice Beam, Double-Edge, Superpower, Hydro Pump [Modest]

Furret(m) Lv.65: Shadow Ball, Hyper Voice, Super Fang, Quick Attack [Naughty]

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Pacifidlog T  
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Manetric(f) Lv.70 @Lum Berry: Thunder, Quick Attack, Crunch, Signal Beam  
[Brave] +2520

Whiscash(f) Lv.73 @Lum Berry: Dragon Dance, Earthquake, Muddy Water, Rock Slide [Lonely] +2470

Masquerain(f) Lv.72 @Lum Berry: Hydro Pump, Signal Beam, Ice Beam, Giga Drain +1974

Mawile(f) Lv.71 @Lum Berry: Sing, Rock Slide, Brick Break, Shadow Ball [Bold] +1491

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Pkmn Ranger Andrea

Venusaur(m) Lv.70 @Lum Berry: Sleep Powder, Leaf Blade, Weather Ball, Ancientpower [Adamant] +3120

Huntail(f) Lv.73 @Lum Berry: Muddy Water, Double-Edge, Ice Beam, Confuse Ray [Naughty] +2784

Glalie(f) Lv.71 @Lum Berry: Weather Ball, Ice Beam, Earthquake, Ice Shard [Bold] +2844

Lanturn(f) Lv.72 @Lum Berry: Thunder, Surf, Ice Beam, Confuse Ray [Gentle] +2406

Pinsir(f) Lv.70 @Lum Berry: Signal Beam, Earthquake, Rock Slide, Brick Break +3000

Pelipper(f) Lv.74 @Lum Berry: Hydro Pump, Ice Beam, HP Electric, Air Slash [Calm] +2599

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Parasol Lady Daphne

Porygon2 Lv.70 @Leftovers: Thunder, Recover, Ice Beam, Tri Attack [Naughty] +2700

Politoed(f) Lv.72 @Lum Berry: Hypnosis, Surf, Belly Drum, Return [Quiet] +2853

Victreebel(f) Lv.71 @Lum Berry: Weather Ball, Leaf Blade, Gunk Shot, Sleep Powder [Quiet] +2905

Whiscash(f) Lv.74 @Lum Berry: Dragon Dance, Earthquake, Ancientpower, Return [Rash] +2505

Walrein(f) Lv.73 @Lum Berry: Ice Beam, Surf, Earthquake, Ice Shard [Relaxed] +3003

Ampharos(f) Lv.71 @Lum Berry: Thunder, Signal Beam, HP Water, Brick Break [Modest] +2950

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Pokéfan Bethany

Jolteon(m) Lv.70 @Petaya Berry: Substitute, Thunder, Baton Pass, Bite [Modest] +2955

Politoed(f) Lv.74 @Lum Berry: Surf, Ice Beam, Hypnosis, Earthquake +2932

Clefable(f) Lv.71 @Lum Berry: Thunder, Ice Beam, Psychic, Brick Break [Sassy] +1962

Meganium(m) Lv.71 @Leftovers: Giga Drain, Earthquake, Ancientpower, Synthesis [Timid] +3163

Dewgong(f) Lv.73 @Lum Berry: Attract, Drill Run, Surf, Ice Beam [Lax] +2752  
Quagsire(f) Lv.73 @Leftovers: Earthquake, Sludge Bomb, Ice Beam, Hydro Pump  
+2142

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Triathlete Brianna  
Electrode Lv.70 @Liechi Berry: Thunder, Substitute, EXPLOSION, Endure [Brave]  
+2250  
Octillery(f) Lv.74 @Lum Berry: Water Spout, Ice Beam, Return, Gunk Shot [Lonely]  
+2599  
Sceptile(m) Lv.71 @Lum Berry: Leaf Blade, Dragon Claw, Thunderpunch,  
Earthquake [Naughty] +3163  
Golduck(f) Lv.73 @Lum Berry: Hypnosis, Hydro Pump, Ice Beam, Cross Chop  
[Calm] +2721  
Magnetron Lv.72 @Salac Berry: Thunder, Substitute, Flash Cannon, EXPLOSION  
[Careful] +2484  
Starmie Lv.70 @Lum Berry: Thunder, Psychic, Hydro Pump, Ice Beam [Hasty] +3105

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Battle Girl Crissy  
Medicham(f) Lv.70 @Lum Berry: Fake Out, Brick Break, Shadow Ball, Rock Slide  
[Jolly] +2295  
Azumarill(f) Lv.74 @Lum Berry: Muddy Water, Double-Edge, Superpower, Sing  
[Naive] +2425  
Electabuzz(m) Lv.72 @Lum Berry: Thunder, Cross Chop, Ice Punch, Psychic  
[Naughty] +2406  
Feraligatr(m) Lv.74 @Lum Berry: Dragon Dance, Earthquake, Surf, Ice Beam +3330  
Scizor(f) Lv.73 @Lum Berry: Quick Attack, Signal Beam, Flash Cannon, Superpower  
[Modest] +3127  
Poliwrath(f) Lv.74 @Lum Berry: Belly Drum, Earthquake, Rock Slide, Brick Break  
[Calm] +2932

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Pkmon Breeder Bridget  
Mantine(f) Lv.74 @Lum Berry: Confuse Ray, Surf, Ice Beam, Air Slash [Modest]  
+2664  
Quagsire(f) Lv.74 @Lum Berry: Yawn, Recover, Earthquake, Ancientpower [Brave]  
+2172  
Tentacruel(f) Lv.73 @Lum Berry: Giga Drain, Ice Beam, Muddy Water, Sludge Bomb  
[Adamant] +3205  
Mr. Mime(f) Lv.72 @Lum Berry: Thunder, Psychic, Ice Punch, Fake Out [Modest]  
+2097  
Forretress(f) Lv.73 @Lum Berry: Rock Slide, Earthquake, Signal Beam,  
EXPLOSION [Timid] +1845

Blastoise(m) Lv.73 @Leftovers: Water Spout, Yawn, MIRROR COAT, Sleep Talk +3285

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Expert Annika

Gengar(f) Lv.74 @Lum Berry: Thunder, Giga Drain, Ice Punch, DESTINY BOND +3012

Omastar(m) Lv.75 @Lum Berry: Ice Beam, Surf, Ancientpower, Hydro Pump [Naughty] +3198

Dragonite(f) Lv.73 @Leftovers: Thunder, Ice Beam, Earthquake, Surf [Brave] +3409

Vaporeon(m) Lv.73 @Leftovers: Sing, Signal Beam, Muddy Water, Ice Beam +3066

Metagross Lv.73 @Lum Berry: Meteor Mash, Sludge Bomb, Rock Slide, Earthquake [Naughty] +3285

Golduck(f) Lv.75 @Leftovers: Calm Mind, Surf, Ice Beam, Psychic +2796

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Cooltrainer Olivia

Gorebyss(f) Lv.75 @Lum Berry: Surf, Hydro Pump, Ice Beam, Psychic +2860

Snorlax(m) Lv.73 @Lum Berry: Thunder, Earthquake, Body Slam, Shadow Ball [Gentle] +2409

Kabutops(m) Lv.76 @Lum Berry: X-Scissors, Ancientpower, Earth Power, Muddy Water [Impish] +3273

Salamence(f) Lv.73 @Lum Berry: Dragon Claw, Hydro Pump, Air Slash, Earthquake [Rash] +3409

Raichu(f) Lv.74 @Lum Berry: Thunder, Signal Beam, Surf, Brick Break [Naughty] +1933

Wailord(f) Lv.75 @Leftovers: Water Spout, Ice Beam, Earthquake, Sleep Talk +3310

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Leader #1 Wallace [11]

Kingdra(f) Lv.76 @Lum Berry: Octazooka, Ice Beam, Draco Meteor, HP Ground [Calm] +3370

Castform(f) Lv.76 @Lum Berry: Thunder, Ice Beam, Weather Ball, HP Grass [Sassy] +2361

Ludicolo(f) Lv.76 @Lum Berry: Surf, Giga Drain, Grasswhistle, Ice Beam +2947

Swampert(m) Lv.77 @Lum Berry: Yawn, Earthquake, Ancientpower, Muddy Water [Sassy] +3465

Lapras(f) Lv.76 @Lum Berry: Thunder, Surf, Ice Beam, HP Bug +3565

Milotic(f) Lv.77 @Lum Berry: Hypnosis, Surf, Ice Beam, Recover [Lonely] +3514

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Leader #2 Juan [Double Battle]

Kingdra(m) Lv.77 @Lum Berry: Octazooka, Ice Beam, Draco Meteor, HP Ground [Naive]

Lapras(m) Lv.76 @Lum Berry: Hydro Pump, Thunder, Ice Beam, HP Grass [Brave]

Castform(m) Lv.76 @Lum Berry: Weather Ball, Ice Beam, Thunder, HP Grass

[Modest]

Lanturn(m) Lv.77 @Lum Berry: Hydro Pump, Thunder, Ice Beam, HP Grass [Quiet]

Ludicolo(m) Lv.76 @Lum Berry: Hydro Pump, Giga Drain, Thunderpunch, Ice Beam

Vaporeon(m) Lv.77 @Lum Berry: Sing, Ice Beam, Hydro Pump, HP Grass [Timid]

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## Route 114

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\*Heart Scale west of Fallarbor, above the waterfall.

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## Meteor Falls

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Cave [1F] (35): 20% Clefairy, 20% Porygon, 10% Lairon, 10% Parasect, 10% Golbat, 10% Dunsparce, 5% Loudred, 5% Solrock, 4% Lunatone, 4% Unown, 1% Cleffa, 1% Clefable

Surfing [1F] (43): 60% Lunatone, 30% Solrock, 5% Seviper, 4% Gyarados, 1% Whiscash

Old Rod [1F] (35): 70% Kabuto, 30% Omanyte

Good Rod [1F] (35): 60% Tentacool, 20% Relicanth, 20% Grimer

Super Rod [1F] (65): 40% Whiscash, 40% Muk, 15% Gyarados, 4% Staryu, 1% Starmie

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Cave [1F Room 2] (70): 20% WOBBUFFET, 20% Electrode, 10% Crobat, 10% Solrock, 10% Lunatone, 10% Clefable, 5% Clefairy, 5% Metang, 4% Shelgon, 4% Bagon, 2% Beldum

Surfing [1F Room 2] (70): 60% Armaldo, 30% Starmie, 5% Solrock, 4% Lunatone, 1% Cradily

Old Rod [1F Room 2] (70): 70% Seaking, 30% Sharpedo

Good Rod [1F Room 2] (70): 60% Politoed, 20% Poliwrath, 20% Golduck

Super Rod [1F Room 2] (70): 40% Whiscash, 40% Gyarados, 15% Kingdra, 4% Feebas, 1% Lapras

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Surfing (60-65): 60% Tentacruel, 30% Relicanth, 5% Seadra, 4% Staryu, 1% Wailmer



Super Rod (40-66): 40% Sharpedo, 40% Lanturn, 15% Tentacruel, 4% Luvdisc, 1% Wailmer

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Blastoise(m) Lv.99 @Mystic Water: Hydro Cannon, ----, ----, ---- [Relaxed]

Azumarill(f) Lv.34: Body Slam, Waterfall, Ice Beam, Double-Edge [Lonely]

Lanturn(m) Lv.66 @QUICK CLAW: Confuse Ray, Thunder Wave, Hydro Pump, Thunderbolt

Alakazam(m) Lv.66 @King's Rock: Psychic, Thunder Wave, Fire Punch, Ice Punch  
[Gentle]

Snorlax(m) Lv.69 @Leftovers: Curse, Rest, Snore, Shadow Ball [Hasty]

Expert Makayla (Optional)

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### Cooltrainer Warren (Optional)

Piloswine(m) Lv.70 @QUICK CLAW: Body Slam, Ice Beam, Ancientpower, Earthquake [Modest]

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Cleable(f) Lv.99 @Lum Berry: Follow Me, Softboiled, ----, ---- [Lax]

Togetic(m) Lv.100 @Lum Berry: Follow Me, Softboiled, ----, ---- [Bold]

Jumpluff(f) Lv.99 @Lum Berry: Follow Me, Synthesis, -----, ----- [Careful]

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Ninjask(m) Lv.100 @Lum Berry: Swords Dance, Substitute, Silver Wind, Baton Pass  
[Naughty]

Marowak(m) Lv.100 @Thick Club: Earthquake, Ancientpower, HP Bug, Return  
[Gentle]

Medicham(m) Lv.100 @Lum Berry: Focus Punch, Shadow Ball, HP Ground, Rock Tomb [Careful]

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### Route 134 (Optional)

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\*Trainer list from north to south.

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SwimmerF Laurel

Luvdisc(f) Lv.100 @Lum Berry: Surf, Ice Beam, Attract, HP Electric [Relaxed]

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SwimmerM Jack

Slowbro(m) Lv.67: Slack Off, Ice Punch, Psychic, Water Pulse [Hasty]

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## Black Belt Hitoshi

Heracross(m) Lv.67: Rock Slide, X-Scissors, Double-Edge, Brick Break

Blastoise(m) Lv.68: Bubblebeam, Body Slam, Ice Punch, Hydro Pump [Brave]

— — —

## Battle Girl Reyna

Granbull(f) Lv.67: Body Slam, Superpower, Shadow Ball, Double-Edge [Adamant]

Hariyama(m) Lv.67: Shadow Punch, Rock Slide, Body Slam, Superpower [Calm]

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Sailor Hudson

Walrein(m) Lv.67: Water Pulse, Double-Edge, Blizzard, Ice Beam [Sassy]

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Dragon Tamer Aaron

Salamence(m) Lv.70 @Lum Berry: Dragon Claw, Air Slash, Earthquake,  
Flamethrower [Quiet]

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Cooltrainer Marley

Gengar(f) Lv.70 @Lum Berry: Thunderbolt, Ice Punch, Giga Drain, Fire Punch

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Sailor Kelvin

Hitmontop(m) Lv.67: Revenge, Rock Slide, Detect, Endeavor [Rash]

Dewgong(m) Lv.67: Ice Beam, Hydro Pump, Drill Run, Ice Shard [Modest]

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Bird Keeper Alex

Altaria(m) Lv.67: Air Slash, Dragon Claw, Roar, Heal Bell [Hasty]

Noctowl(m) Lv. 67: Faint Attack, Extrasensory, Double-Edge, Sky Attack [Lonely]

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Sealed Chamber (Optional)

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\*Bring Dig, Waterfall, Wailord and Relicanth. Locations:

-Route 111 (Regirock): read, 2 left, 2 down, use Rock Smash.

-Route 105 (Regice): read, walk a lap around the room.

-Route 120 (Registeel): use Flash in the center of the room.

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Route 123

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Grass (74): 20% WOBBUFFET, 20% Tauros, 10% Ludicolo, 10% Arcanine, 10%  
Medicham, 10% Slaking, 5% Skarmory, 5% Duskull, 4% Miltank, 4% Heracross, 2%  
Snorlax

Surfing (52): 60% Crawdaunt, 30% Qwilfish, 5% Sharpedo, 4% Gyarados, 1%  
Lombre

Old Rod (55): 70% Qwilfish, 30% Lombre

Super Rod (65): 40% Crawdaunt, 40% Seaking, 15% Clamperl, 5% Blastoise

[illegible]

Grumpig(m) Lv.74 @QUICK CLAW: Reflect, Psychic, Fire Punch, Thunderpunch  
[Calm]

Hypno(m) Lv. 74 @QUICK CLAW: Psychic, Reflect, Brick Break, Shadow Ball  
[Modest]

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Venomoth(f) Lv.74 @QUICK CLAW: Sleep Powder, Signal Beam, Psychic, Poison Fang [Naive]

Vileplume(f) Lv.74 @QUICK CLAW: Sleep Powder, Stun Spore, Sludge Bomb, Giga Drain

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Weezing(m) Lv.74 @Salac Berry: Fire Blast, Gunk Shot, Shadow Ball, DESTINY BOND [Careful]

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WOBBUFFET(m) Lv.74 @Leftovers: Encore, Counter, Mirror Coat, Destiny Bond  
[Lax]

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Kingdra(f) Lv.74 @QUICK CLAW: Dragonbreath, Yawn, Octazooka, Ice Beam [Lax]

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Guitarist Fernando [Double Battle with Kindra]

Electrode Lv.74 @Liechi Berry: Thunder, Reflect, EXPLOSION, Endure [Quiet]

Exploud(m) Lv.74 @QUICK CLAW: Hyper Voice, Earthquake, Teeter Dance, Water Pulse [Lonely]

Ludicolo(m) Lv.74 @QUICK CLAW: Giga Drain, Teeter Dance, Waterfall, Ice Beam [Modest]

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Bird Keeper Alberto [Double Battle with Jacki]

Skarmory(m) Lv.74 @QUICK CLAW: Spikes, Protect, Drill Peck, Flash Cannon [Lax]

Pelipper(m) Lv.74 @QUICK CLAW: Hydro Pump, Ice Beam, Air Slash, Mud Shot [Rash]

Swellow(m) Lv.74 @Choice Band: Sky Attack, Double-Edge, -----, ----- [Timid]

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Psychic Jacki [Double Battle with Alberto]

Starmie Lv.74 @QUICK CLAW: Psychic, Thunder, Ice Beam, Hydro Pump [Lonely]

Metagross Lv.74 @QUICK CLAW: Earthquake, Meteor Mash, Ice Punch, Thunderpunch

Claydol Lv.74 @Choice Band: Earthquake, -----, -----, ----- [Lax]

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Parasol Lady Kayley [Double Battle with Davis]

Castform(f) Lv.74 @QUICK CLAW: Hydro Pump, Ice Beam, Thunder, Rain Dance [Jolly]

Whiscash(f) Lv.74 @QUICK CLAW: Earth Power, Hydro Pump, Ice Beam, Rain Dance [Lonely]

Qwilfish(f) Lv.74 @QUICK CLAW: DESTINY BOND, Sludge Bomb, Rain Dance, Shadow Ball [Quiet]

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Bug Maniac Davis [Double Battle with Kayley]

Heracross(f) Lv.74 @QUICK CLAW: Megahorn, Brick Break, Facade, Protect [Timid]

Masquerain(f) Lv.74 @QUICK CLAW: Hydro Pump, Ice Beam, Giga Drain, Stun Spore [Jolly]

Scizor(f) Lv.74 @QUICK CLAW: Signal Beam, HP Rock, Brick Break, Protect [Lax]

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Cooltrainer Wendy [11] [Double Battle with Braxton]

Mantine(f) Lv.75 @QUICK CLAW: Hydro Pump, Ice Beam, HP Grass, Confuse Ray [Rash]

Dodrio(f) Lv.75 @QUICK CLAW: Drill Peck, Double-Edge, Quick Attack, HP Ground [Hasty]

Gyarados(f) Lv.75 @QUICK CLAW: HP Flying, Double-Edge, Protect, Hydro Pump [Timid]

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Whiscash(m) Lv.71 @Lum Berry: Earthquake, Muddy Water, Ancientpower, Ice Beam

Crobat(m) Lv.70 @Leftovers: Air Slash, Shadow Ball, Heat Wave, HP Ground  
Castform(m) Lv.70 @Leppa Berry: Hydro Pump, Fire Blast, Ice Beam, Thunderbolt  
[Quiet]  
Exeggutor(m) Lv.71 @Lum Berry: Sleep Powder, Egg Bomb, Psychic, Ancientpower

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Cooltrainer Ruben

Skarmory(m) Lv.74 @Leftovers: Spikes, Sky Attack, Flash Cannon, HP Ground

Flygon(m) Lv.71 @Lum Berry: Earthquake, Dragon Claw, Signal Beam,  
Flamethrower [Lax]

Walrein(m) Lv.72 @Leftovers: Ice Shard, Surf, Ice Beam, Earthquake [Adamant]

Banette(m) Lv.73 @Spell Tag: Shadow Ball, Thunder Wave, HP Fight, Shadow  
Sneak [Relaxed]

Absol(m) Lv.74 @Lum Berry: Thunder Wave, Shadow Ball, Superpower, Rock Slide  
[Gentle]

Lunatone Lv.74 @Lum Berry: Hypnosis, Psychic, Ice Beam, HP Electric [Lonely]

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Cooltrainer Alexa

Solrock Lv.74 @Salac Berry: EXPLOSION, Ancientpower, Earthquake, Shadow Ball  
[Adamant]

Hariyama(m) Lv.74 @Lum Berry: Earthquake, HP Ghost, Superpower, Rock Slide

Manectric(f) Lv.74 @Lum Berry: Thunder Wave, Thunderbolt, Crunch, Flamethrower  
[Careful]

Slaking(f) Lv.74 @Choice Band: Hyper Beam, -----, -----, ----- [Hasty]

Altaria(f) Lv.74 @Leftovers: Dragon Dance, Sky Attack, Earthquake, HP Rock  
[Impish]

Milotic(f) Lv.70 @Leftovers: Toxic, Ice Beam, Waterfall, Recover [Rash]

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Ever Grande City

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Grass (70): 25% Torchic, 25% Treecko, 10% Combusken, 10% Grovyle, 10%  
Blaziken, 10% Sceptile, 4% Eevee, 4% Marshtomp, 1% Mudkip, 1% Swampert

Surfing (65): 60% Blastoise, 30% Feraligatr, 5% Gyarados, 4% Sharpedo, 1%  
Lanturn

Old Rod (65): 70% Sharpedo, 30% Mantine

Good Rod (65): 60% Tentacruel, 20% Qwilfish, 20% Gyarados

Super Rod (65): 81% Luvdisc, 19% Corsola

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Surfing [B2F] (73): 60% Crobat, 30% Muk, 5% Sharpedo, 5% Weezing

Good Rod [B2F] (73): 60% Whiscash, 20% Relicanth, 20% Tentacruel

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Cooltrainer Hope

Smeargle(f) Lv.83 @Lum Berry: Spore, Ingrain, Baton Pass, Recover

Espeon(m) Lv.81 @Leftovers : Calm Mind, Morning Sun, Psychic, Baton Pass

Umbreon(m) Lv.81 @Leftovers: MEAN LOOK, Baton Pass, Toxic, Wish [Quiet]

Jolteon(m) Lv.81 @Leftovers: Thunderbolt, Substitute, HP Ice, Baton Pass

[Adamant]

Vaporeon(m) Lv.81 @Leftovers: Muddy Water, Ice Beam, Baton Pass, Wish [Calm]

Solrock Lv.81 @Leftovers: Cosmic Power, Ancientpower, Morning Sun, Baton Pass

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Pkmon Trainer Wally

Meganium(m) Lv.85 @Lum Berry: Synthesis, Giga Drain, Earthquake, Ancientpower  
[Bold]

Raichu(m) Lv.85 @Lum Berry: Volt Tackle, Extremespeed, Surf, HP Ice [Naughty]

Hitmontop(m) Lv.85 @Lum Berry: Mach Punch, Brick Break, Rock Slide, HP Ghost  
[Gentle]

Vaporeon(m) Lv.85 @Leftovers: Muddy Water, HP Grass, Ice Beam, Quick Attack  
[Adamant]

Blissey(f) Lv.85 @Leftovers: COUNTER, Softboiled, Seismic Toss, Psywave  
[Naughty]

Gardevoir(m) Lv.88 @Lum Berry: Calm Mind, Psychic, Fire Punch, Thunderbolt  
[Timid]

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Expert Samuel

Nidoking(m) Lv.84 @Lum Berry: Poison Tail, Earthquake, Shadow Ball, Ice Beam  
[Lax]

Cradily(m) Lv.84 @Leftovers: Confuse Ray, Giga Drain, Earthquake, Ancientpower

Jynx(f) Lv.84 @Lum Berry: Lovely Kiss, Ice Beam, Psychic, HP Fire

Feraligatr(m) Lv.85 @Lum Berry: Earthquake, HP Flying, Ice Beam, Hydro Pump  
[Jolly]

Lunatone Lv.84 @Leftovers: Calm Mind, Psychic, Ice Beam, HP Fire

Lanturn(m) Lv.84 @Leftovers: Thunder Wave, Thunderbolt, Waterfall, Ice Beam [Lax]

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Expert Shannon

DITTO Lv.87 @Lum Berry: Transform, -----, -----, ----- [Bold]

Blastoise(m) Lv.84 @Lum Berry: Water Spout, MIRROR COAT, Ice Beam, Yawn  
[Impish]

Manectric(f) Lv.84 @Lum Berry: Thunder Wave, Flamethrower, Thunderbolt, HP  
Grass [Modest]

Gligar(f) Lv.85 @Lum Berry: HP Flying, Rock Slide, Earthquake, Quick Attack  
[Relaxed]

Venomoth(f) Lv.85 @Lum Berry: Sleep Powder, Signal Beam, HP Fire, Psychic [Naughty]

Tyranitar(f) Lv.84 @Lum Berry: Crunch, Ancientpower, HP Grass, Earthquake [Lonely]

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Pkmn Trainer Red

Ho-Oh Lv.87 @Lum Berry: Sacred Fire, Sky Attack, Recover, Earthquake [Bold]

Mew Lv.88 @Lum Berry: Softboiled, Psychic, Heat Wave, Signal Beam [Lax]

Lapras Lv.89 @Leftovers: Ice Beam, Surf, Thunderbolt, Megahorn [Quiet]

Celebi Lv.88 @Leftovers: Recover, Giga Drain, Ancientpower, HP Fire [Naive]

Snorlax(m) Lv.89 @Leftovers: Shadow Ball, Earthquake, Body Slam, COUNTER [Naughty]

Dragonite(m) Lv.89 @Lum Berry: Extremespeed, HP Flying, Earthquake, Draco Meteor [Mild]

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Cooltrainer Owen

Swellow(m) Lv.86 @Lum Berry: Sky Attack, Double-Edge, Heat Wave, HP Water [Impish]

Blaziken(m) Lv.85 @Lum Berry: Overheat, Superpower, HP Ice, Quick Attack [Sassy]

Exeggutor(m) Lv.85 @Lum Berry: Sleep Powder, Psychic, Egg Bomb, EXPLOSION [Naughty]

Tentacruel(m) Lv.85 @Leftovers: MIRROR COAT, Muddy Water, Giga Drain, Ice Beam [Lax]

Zangoose(m) Lv.87 @Chesto Berry: Crush Claw, Superpower, Shadow Ball, Thunder Wave [Bold]

Pinsir(m) Lv.87 @Lum Berry: X-Scissors, Rock Slide, Earthquake, Quick Attack [Quiet]

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Expert Dianne

Misdreavus(f) Lv.84 @Lum Berry: Thunder Wave, Psychic, Thunderbolt, HP Fire [Rash]

Porygon2 Lv.85 @Lum Berry: Thunder Wave, Recover, Double-Edge, HP Water [Sassy]

Dragonite(f) Lv.84 @Leftovers: Thunder Wave, Ice Beam, Thunderbolt, Earthquake [Brave]

Slowbro(f) Lv.87 @Leftovers: Thunder Wave, Calm Mind, Surf, Slack Off [Mild]

Ampharos(f) Lv.86 @Lum Berry: Thunder Wave, Thunderbolt, HP Grass, Fire Punch

Hypno(f) Lv.86 @Leftovers: Thunder Wave, Psychic, Signal Beam, Fire Punch [Rash]

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#### Expert Quincy

Glalie(m) Lv.86 @Lum Berry: Spikes, EXPLOSION, -----, ----- [Jolly]

Shuckle(m) Lv.87 @Leftovers: Toxic, Sandstorm, Protect, Rest [Naughty]

Dusclops(m) Lv.85 @Leftovers: Toxic, Protect, Will-o-Wisp, Rest [Mild]

Umbreon(m) Lv.85 @Leftovers: Toxic, Protect, Rest, Moonlight [Hasty]

Wailord(m) Lv.85 @Leftovers: Toxic, Protect, Rest, Hail [Calm]

Grumpig(m) Lv.87 @Leftovers: Toxic, Protect, Psychic, Fire Punch [Impish]

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#### Expert Julie

Electrode Lv.86 @Lum Berry: Reflect, EXPLOSION, Thunderbolt, HP Ice [Impish]

Cloyster(f) Lv.85 @Salac Berry: EXPLOSION, Ice Beam, Surf, Tri Attack [Timid]

Claydol Lv.85 @Salac Berry: EXPLOSION, Earthquake, Shadow Ball, Psychic [Lonely]

Muk(f) Lv.87 @Lum Berry: EXPLOSION, Gunk Shot, Shadow Ball, Brick Break [Mild]

Metagross Lv.84 @Liechi Berry: EXPLOSION, Agility, Meteor Mash, Earthquake [Lax]

Snorlax(m) Lv.84 @Leftovers: SELFDESTRUCT, Body Slam, Earthquake, Shadow Ball [Hasty]

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#### Expert Edgar

Heracross(m) Lv.87 @QUICK CLAW: Megahorn, Superpower, Earthquake, Rock Slide

Kangaskhan(f) Lv.87 @Leftovers: Fake Out, Crush Claw, Earthquake, Shadow Ball [Adamant]

Electabuzz(m) Lv.88 @Lum Berry: Thunderbolt, HP Dark, Ice Punch, Fire Punch [Naughty]

Armaldo(m) Lv.88 @Lum Berry: X-Scissors, Ancientpower, Earthquake, Agility [Modest]

WOBBUFFET(m) Lv.86 @Leftovers: Encore, Mirror Coat, Counter, Destiny Bond

Dodrio(m) Lv.88 @Lum Berry: Sky Attack, HP Ground, Quick Attack, Steel Wing

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#### Cooltrainer Caroline

Forretress Lv.88(f) @Lum Berry: Spikes, Signal Beam, Earthquake, Rock Slide [Adamant]

Quagsire Lv.88(f) @Lum Berry: Muddy Water, Earthquake, Yawn, Ancientpower [Adamant]

Ampharos Lv.88(f) @Leftovers: COUNTER, Thunderbolt, HP Grass, Fire Punch [Quiet]

Weezing Lv.88(f) @Lum Berry: EXPLOSION, Gunk Shot, Shadow Ball, Flamethrower [Adamant]

Kingdra Lv.85(f) @Leftovers: Muddy Water, Yawn, Ice Beam, Signal Beam [Naive]  
Miltank Lv.88(f) @Leftovers: Milk Drink, Body Slam, Earthquake, Shadow Ball  
[Gentle]

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Expert Halle

Granbull(f) Lv.87 @Leftovers: Thunder Wave, Double-Edge, Earthquake, Shadow  
Ball [Adamant]

Venusaur(m) Lv.87 @Leftovers: Sleep Powder, Giga Drain, Earthquake, Sludge  
Bomb [Modest]

Typhlosion(m) Lv.87 @Lum Berry: Overheat, Wild Charge, HP Ice, Quick Attack  
[Lonely]

Slowking(f) Lv.87 @Lum Berry: Thunder Wave, Surf, Psychic, Earthquake [Sassy]

Flygon(f) Lv.86 @Lum Berry: Earthquake, Flamethrower, Dragon Claw, Quick Attack

Cradily(m) Lv.87 @Leftovers: Stockpile, Rest, Ancientpower, Earthquake [Brave]

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Expert Mitchell [Double Battle]

Salamence(m) Lv.86 @Lum Berry: Dragon Dance, Earthquake, Air Slash, HP Rock  
[Bold]

Flygon(m) Lv.86 @Lum Berry: Earthquake, Dragon Dance, Ancientpower, Signal  
Beam [Calm]

Aerodactyl(m) Lv.86 @Lum Berry: Earthquake, Air Slash, Double-Edge,  
Ancientpower

Gyarados(m) Lv.87 @Lum Berry: Earthquake, HP Flying, Dragon Dance, Body Slam

Claydol Lv.88 @Leftovers: Light Screen, Earthquake, Signal Beam, Psychic [Lonely]

Gengar(m) Lv.87 @Lum Berry: Thunderbolt, Giga Drain, Ice Punch, Fire Punch  
[Naughty]

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Expert Felix [Double Battle]

Starmie Lv.88 @Lum Berry: Hydro Pump, Psychic, Ice Beam, Thunderbolt [Mild]

DUGTRIO(m) Lv.89 @Lum Berry: Earth Power, Ancientpower, Sludge Bomb, HP  
Ghost [Impish]

Sceptile(m) Lv.87 @Lum Berry: Giga Drain, Thunderpunch, HP Fire, Dragon Claw  
[Hasty]

Linoone(m) Lv.89 @Choice Band: Extremspeed, -----, -----, -----

Crobat(m) Lv.87 @Lum Berry: Sky Attack, Poison Fang, HP Ground, Shadow Ball  
[Lax]

Jolteon(m) Lv.87 @Lum Berry: Thunderbolt, HP Ice, Bite, Attract [Impish]

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Cooltrainer Katelynn

Walrein(f) Lv.88 @Nevermeltice: Ice Shard, Ice Beam, Earthquake, Surf [Naive]

Hitmonchan(m) Lv.88 @Black Belt: Mach Punch, Brick Break, HP Ghost, Rock Slide [Rash]

Banette(f) Lv.88 @Spell Tag: Shadow Ball, Shadow Sneak, HP Fight, Psychic [Careful]

Linoone(f) Lv.89 @Silk Scarf: Extremspeed, Shadow Ball, HP Fight, Snore [Naughty]

Raichu(f) Lv.88 @Lum Berry: Extremspeed, Surf, HP Grass, Thunderbolt

Arcanine(m) Lv.88 @Lum Berry: Extremspeed, Overheat, Wild Charge, HP Grass [Impish]

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Winstrate Vito

Dusclops(m) Lv.90 @Leftovers: Shadow Ball, Brick Break, Substitute, Rest [Adamant]

Slaking(m) Lv.95 @Leftovers: Crush Claw, Earthquake, Shadow Ball, Superpower [Jolly]

Salamence(m) Lv.90 @Lum Berry: Dragon Claw, Earthquake, Flamethrower, Air Slash [Bold]

Metagross Lv.90 @Lum Berry: Meteor Mash, HP Grass, Earthquake, Rock Slide [Hasty]

Milotic(m) Lv.95 @Lum Berry: Mirror Coat, Recover, Ice Beam, Surf [Rash]

Alakazam(m) Lv.95 @Lum Berry: Psychic, Fire Punch, Thunderpunch, HP Grass [Adamant]

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Elite Four

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Elite Four Sidney [15]

Sableye(m) Lv.100 @Lum Berry: Shadow Sneak, Shadow Ball, Brick Break, HP Rock [Naive]

Jolteon(m) Lv.100 @Lum Berry: Thunderbolt, HP Grass, Bite, Signal Beam

Tauros(m) Lv.100 @Lum Berry: Double-Edge, HP Ghost, Earthquake, Quick Attack [Hasty]

Alakazam(m) Lv.100 @Lum Berry: Psychic, HP Water, Fire Punch, Thunderpunch

Machop(m) Lv.100 @Chesto Berry: Superpower, HP Ghost, Earthquake, Rock Slide

Houndoom(m) Lv.100 @Lum Berry: Heat Wave, Crunch, HP Grass, PURSUIT [Mild]

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Elite Four Phoebe

Dusclops(f) Lv.100 @Lum Berry: Double Team, Brick Break, Rest, Shadow Ball  
[Timid]

Lapras(f) Lv.100 @Lum Berry: Ice Shard, Thunder, Ice Beam, Hydro Pump [Mild]

Latias(f) Lv.100 @Soul Dew: Calm Mind, Dragon Claw, HP Fire, Recover [Calm]

Jirachi Lv.100 @Lum Berry: Meteor Mash, Extrasensory, Fire Punch, Thunderbolt  
[Relaxed]

Mewtwo Lv.100 @Lum Berry: Psychic, Shadow Ball, Brick Break, Flamethrower  
[Adamant]

Aerodactyl(m) Lv.100 @Lum Berry: Sky Attack, Earthquake, Flamethrower,  
Ancientpower

Deoxys-F Lv.100 @Lum Berry: Psycho Boost, Superpower, Shadow Ball, Fire Punch  
[Sassy]