



Finding a Lawyer

Numerous sources will be able to help you when /if you need it. Many bar associations throughout the country have lawyer referral and information services. These services will be able to provide you with more legal information and can refer you to an attorney who has expertise on family law.

Depending on your income, you may qualify for legal services for free or at a reduced-cost.

Who We Are

About Us

We are a non-profit organization providing those experiencing poverty with legal and health services, as well as inspiring others to do the same in their communities.

Contact Us

Phone: XXX-XXX-XXXX

Email: contact@theondayproject.co

Web: theonedayproject.co



**KNOW THE
FACTS ABOUT
DOMESTIC
VIOLENCE**

**National Domestic Abuse
Hotline**

1 (800) 787-3224



**KNOW THE FACTS ABOUT
DOMESTIC VIOLENCE**



What is Domestic Violence?

Domestic violence is a pattern of behaviors directed at achieving and/or maintaining control over his or significant power. The behavior can be physical or emotional. Additionally, some actions that the individual will take may include isolating his/her partner, use of intimidation, coercion, threats, and economic abuse to influence his/her actions.

Where to Receive Help in an Emergency

If it is an emergency, call 911 or the police. Your local hospital and social service agencies can also help you if you need a place to go. Every state has a coalition and they can help you seeking services and/or referrals.

“Violence is violence and can in no way be misconstrued as discipline under any circumstance cultural or otherwise.” ~Aysha Taryam

Domestic Abuse is Against the Law

In all U.S. states, domestic violence is a crime. Abuse can include:

- Physical attacks (including altercations that result in minor injuries)
- Forced sexual relations
- Verbal abuse and/or harassment
- Threats made against you or another family member
- Any disturbances made at the workplace



Court Order of Protection

The fastest way to get legal help is to get a Court Order of Protection. A Court Order of Protection essentially is an official legal notice. This legal notice requires the abuser to halt all violence and abuse and this notice is enforceable in court.

A Court Order of Protection also can be tailored to your specific situation and concerns such as prohibiting him/her from contacting you. If children are involved, this legal notice can also award you temporary custody of your children.

If the abuser violates the Court Order of Protection, the police can arrest him/her.