|          | Monday                                   | Tuesday  | Wednesday                     | Thursday  | Friday  |
|----------|--|--|-------------------------------|---|---|
|          | November 28                              | November 29  | November 30                   | December 1  | December 2  |
| Sentinel | 4:00 Wrestling Meet                      | 4:00 Grade 7s                                      | 4:00 Grade 7s                 | 4:00 Bantam Girls<br>Game                                 | 4:00  |
|          | 5:30 Wrestling Meet                      | 5:30   | 5:30 Ex vs Aussies            | 5:30  | 5:30  |
|          | 7:45 <b>SR B vs N Dm</b>                 | 7:00   | 7:00 Ex vs Aussies            | 7:00  | 7:00  |
|          | Monday                                   | Tuesday  | Wednesday                     | Thursday  | Friday  |
|          | December 5                               | December 6   | December 7                    | December 8  | December 9  |
|          | Main Gym                                 | Main Gym   | Main Gym                      | Main Gym  | Main gym  |
| Sentinel | 3:00 – 4:30- Gr.8<br>Girls               | 4:00- 5:30 – <b>Jr B vs Mul</b>                    | 3:00 – 5:00 – Senior<br>Boys  | 3:00 – 5:00 – Grade 9<br>Girls                            | 3:00- 5:00 – Grade 9<br>Boys  |
|          | 4:30 - 6:30 - Jr.<br>Boys Vs. Seycove    | 5:30- 7:00 - Gr. 9 Boys                            | 5:30 Gr 9 Boys vs DR          | 5:00 – 7:00 – Senior<br>Boys                              | 5:00 – 7:00 – Sr.<br>Boys   |
|          | 6:30- 8:30 - Sr.<br>Girls                | 7:00- 9:00 – Available                             | 7:00 – 9:00 – Senior<br>Girls | 7:00- 9:00 - Available                                    | 7:00 – 9:00   |
|          | 8:30 – 10:00                             |  |                               |   |   |
|          | Field House                              | Field House  | Field House                   | Field House   | Field House   |
|          | 3:00 4:30 – Gr. 9<br>Girls               | 3:00 - 5:00- Grade 8<br>Boys                       | 3:00 - 5:00                   | 3:00 - 4:30 - Grade 8<br>Boys                             | 3:00 4:30 – Gr. 8<br>Boys   |
|          | 4:30 – 6:00 - Gr. 9<br>Boys              | 5:00 – 7:30 - Wrestling                            | 5:00 – 7:30- Wrestling        | 4:30 – 6:00 – Grade 9<br>Boys                             | 4:30 - 6:00   |
|          | 6:00 - 8:00                              | 7:30 – 10:00                                       | 7:30 – 10:00                  | 6:00 - 7:30 -   | 6:00 - 8:00   |
|          | 8:00 – 10:00 –<br>Unavailable            |  |                               | 8:00 – 10:00-<br>Unavailable                              | 8:00 – 10:00  |
|          | Gr. 8 Boys @<br>Handswoth Main –<br>4:00 | Gr. 8 Girls @<br>Balmoral- 4:00<br>Gr. 9 Girls @   | Gr. 8 Boys @ Argyle-<br>4:00  | Gr 8. Girls @<br>Rockridge- 4:00                          | Gr 9 Girls @<br>Rockridge – 4:00  |
|          | Wrestlers @<br>Carson                    | Sutherland – 4:00<br>Sr. Girls @ Windsor –<br>6:00 |                               | Wrestlers @ SFU All<br>day Novice<br>Sr. Girls @ New West | Wrestlers @ SFU<br>All Day Elite War of<br>the Floor<br>Sr. Girls @ New<br>West |
|          | Monday                                   | Tuesday  | Wednesday                     | Thursday  | Friday  |
|          | December 12                              | December 13  | December 14                   | December 15   | December 16   |
| Sentinel | 3:00 – 4:30- Gr. 8                       | 4:00 Gr. 8 Girls vs STA                            | NO GYM                        | 3:00 – 5:00 – Grade 8                                     | 3:00- 5:00- Available   |
| Continuo | 3.00 = 4.30° G1. 0                       | 4.00 OI. 0 OIII3 V3 OIA                            | 110 01101                     | 3.00 - 3.00 - Grade 0                                     | 5.50- 5.00- Available   |

|          | Monday                 | Tuesday                 | Wednesday                | Thursday               | Friday                |
|----------|------------------------|-------------------------|--------------------------|------------------------|-----------------------|
|          | December 12            | December 13             | December 14              | December 15            | December 16           |
| Sentinel | 3:00 – 4:30- Gr. 8     | 4:00 Gr. 8 Girls vs STA | NO GYM                   | 3:00 - 5:00 - Grade 8  | 3:00- 5:00- Available |
|          | Boys                   |                         |                          | Boys                   |                       |
|          | 4:30- 6:00 – Gr. 9     | 5:30 - 7:00- Gr. 9 Boys | NO GYM                   | 5:00- 7:00 - Available | 5:00- 7:00- Available |
|          | Girls                  | Bball                   |                          |                        |                       |
|          | 6:00 – 8:00 – Sr.      | 7:00- 9:00 - Available  | 7:00 - concert           | 7:00- 9:00- Available  | 7:00 –9:00- Available |
|          | Boys                   |                         |                          |                        |                       |
|          | 8:00 – 10:00-          | Field House             | Field House              | Field House            | Field House           |
|          | Available              |                         |                          |                        |                       |
|          | Field House            | 3:00 - 5:00- Gr 8 Boys  | 3:00 - 5:00- Gr. 9 Girls | 3:00 4:30              | 3:00 4:30             |
|          | 3:00 - 5:00-Gr.8 Girls | 5:00 - 7:30 - Wrestling | 5:00 - 7:30 - Wrestling  | 4:30 - 6:00            | 4:30 - 6:00           |
|          | 5:00 - 7:00            | 7:30 – 10:00            | 7:30 – 10:00             | 6:00 - 8:00            | 6:00 - 8:00           |
|          | 8:00 - 10:00 -         |                         |                          | 8:00 - 10:00-          | 8:00 - 10:00          |
|          | Unavailable            |                         |                          | Unavailable            |                       |
|          | Gr. 9 Boys @           | Sr. Boys @ Windsor -    | Gr. 8 Boys @ West        | Gr 9 Girls @ West Van  |                       |
|          | Windsor- 4:00          | 7:30                    | Van – 4:00               | - 4:00                 |                       |
|          | Sr. Girls @            | Sr. Girls @ Sutherland  | Gr. 9 Boys @             | Wrestlers @            | LAST DAY BEFORE       |
|          | Rockridge – 6:00       | – 7:30pm                | Collingwood – 5:30       | Elphinstone – Rudolf   | BREAK                 |
|          |                        |                         |                          | Rumble                 |                       |
|          | Wrestlers @            |                         |                          | Sr. Boys Away          |                       |
|          | Carson                 |                         |                          |                        |                       |
|          |                        |                         |                          |                        |                       |

|          | Monday                        | Tuesday                   | Wednesday   | Thursday                         | Friday                          |
|----------|-------------------------------|---------------------------|---|----------------------------------|---------------------------------|
|          | January 2                     | January 3                 | January 4   | January 5                        | January 6                       |
| Sentinel | 3:00- 5:00 - Grade 9<br>Boys  | 3:00- 4:30- Gr. 8 Girls   | 4:00 Gr. 8 Boys vs<br>Windsor   | 3:00- 5:00 – Grade 8<br>Boys     | 3:00- 5:00 – Gr. 9<br>Girls     |
|          | 4:30 – 6:30 – Sr.             | 4:30 – 6:30 – Gr. 9 Girls | 5:30- 7:00 – Sr. Girls  | 5:00- 7:00 – Sr. Boys            | 5:00- 7:00- Available           |
|          | Boys<br>6:00 – 8:00           | 6:30 – 8:30 - Sr. Boys    | 7:00 – 9:00 Sr. Boys  | 7:00- 8:00- Available            | 7:30 Sr B vs WV                 |
|          | Field House                   | Field House               | Field House   | Field House                      | Field House                     |
|          | 3:00 - 5:00- Gr. 9<br>Girls   | 3:00 - 5:00- Gr. 8 Boys   | 3:00 - 5:00- Available  | 3:00 - 5:00- Gr. 9 Boys          | 3:00 4:30 – Gr. 8<br>Boys       |
|          | 5:00 - 7:00                   | 5:00 - 7:30 - Wrestling   | 5:00 – 7:30 - Wrestling   | 5:00 – 7:30 - Wrestling          | 4:30 – 6:00 -<br>Available      |
|          | 8:00 - 10:00 -<br>Unavailable | 7:30 – 10:00 - Available  | 7:30 – 10:00  | 7:30 – 10:00                     | 6:00 – 8:00 -<br>Available      |
|          |                               |                           | Gr.8 Girls @ Windsor –<br>5:30<br>Gr. 9 Boys @<br>Handsworth – 5:30<br>Gr. 9 Girls @ Argyle –<br>5:30 | Sr. Girls @<br>Elphinstone- 4:45 | Gr.8 Girls @<br>Mulgrave – 4:00 |
|          | Monday                        | Tuesday                   | Wednesday   | Thursday                         | Friday                          |
|          | January 9                     | January 10                | January 11  | January 12                       | January 13                      |
| Sentinel | 4:30 Gr. 9 Boys vs            | 4:00 Gr. 8 Girls vs       | 3:45 Gr. 9 Boys vs  | 4:00 - Gr. 9 Girls vs            | 3:00- 5:00- Gr. 9               |
|          | Don Ross                      | Collingwood               | Elphinstone   | STA                              | Boys                            |
|          | 6:00 – 8:00- Gr. 9            | 5:30 – 7:00 Sr. Girls     | 5:30 – 7:30 – Sr. Boys  | 5:30 – 7:00 <b>-</b> Sr. Girls   | 5:00- 7:00                      |

|          | ivionday                         | ruesday                       | vvednesday                     | rnursuay                       | riiday                     |
|----------|----------------------------------|-------------------------------|--------------------------------|--------------------------------|----------------------------|
|          | January 9                        | January 10                    | January 11                     | January 12                     | January 13                 |
| Sentinel | 4:30 Gr. 9 Boys vs               | 4:00 Gr. 8 Girls vs           | 3:45 Gr. 9 Boys vs             | 4:00 - Gr. 9 Girls vs          | 3:00- 5:00- Gr. 9          |
|          | Don Ross                         | Collingwood                   | Elphinstone                    | STA                            | Boys                       |
|          | 6:00 – 8:00- Gr. 9<br>Girls      | 5:30 – 7:00 Sr. Girls         | 5:30 – 7:30 – Sr. Boys         | 5:30 – 7:00 <b>-</b> Sr. Girls | 5:00- 7:00                 |
|          | 7:30                             | 7:30 Sr B vs Hands            | 7:30- 9:30- Available          | 7:00 – 9:00- Available         | 7:00                       |
|          |                                  |                               |                                |                                |                            |
|          | Field House                      | Field House                   | Field House                    | Field House                    | Field House                |
|          | 3:00 - 5:00- Gr. 8<br>Girls      | 3:00 - 5:00- Gr. 8 Boys       | 3:00 - 5:00- Gr. 9 Girls       | 3:00 - 5:00- Gr. 8 Boys        | 3:00 - 5:00- Gr. 8<br>Boys |
|          | 5:00 – 7:30 – Gr. 9<br>Boys      | 5:00 – 7:30 – Wrestling       | 5:00 – 7:30 – Wrestling        | 5:00 – 7:30 – Wrestling        | 5:00 – 7:30 -              |
|          | 7:30 – 10:00                     | 7:30 – 10:00                  | 7:30 – 10:00- Available        | 7:30 – 10:00                   | 7:30 - 10:00               |
|          |                                  |                               | Gr. 8 Boys @ Balmoral          |                                |                            |
|          | Sr. Girls @ Howe<br>Sound – 5:30 | Gr. 9 Girls @ Mulgrave – 5:30 | Sr. Girls @ Mulgrave –<br>6:00 | Sr. Boys @ Britannia           | Sr. Boys @<br>Britannia    |

|          | Monday                          | Tuesday                          | Wednesday                          | Thursday   | Friday                     |
|----------|---------------------------------|----------------------------------|------------------------------------|--|----------------------------|
|          | January 16                      | January 17                       | January 18                         | January 19                                       | January 20                 |
| Sentinel | 4:00 Gr. 8 Boys vs<br>STA       | 4:00 Gr. 8 Girls vs Arg          | 4:00 Gr. 8 Boys vs.<br>Collingwood | 4:00 Gr. 8 Girls vs<br>Sutherland                | 3:00- 5:00-Gr. 8<br>Boys   |
|          | 5:30 - 7:00 - Gr. 9<br>Girls    | 5:30- Gr. 9 Girls vs.<br>Windsor | 5:30 Gr. 9 Boys vs<br>Argyle       | 5:30 – Gr. 9 Girls                               | 5:00- 7:00- Available      |
|          | 7:00 – Senior Boys              | 7:00 – 9:00 - Available          | 7:00- 9:00 – Sr. Boys              | 7:00 - Available                                 | 7:00 - Available           |
|          | Field House                     | Field House                      | Field House                        | Field House                                      | Field House                |
|          | 3:00 - 5:00- Gr. 8<br>Girls     | 3:00 - 5:00- Gr. 8 Boys          | 3:00 - 5:00-Sr. Girls              | 3:00 - 5:00- Gr. 8 Boys                          | 3:00 - 5:00- Gr. 9<br>Boys |
|          | 5:00 – 7:30 – Gr. 9<br>Boys     | 5:00 – 7:30 - Wrestling          | 5:00 – 7:30 - Wrestling            | 5:00 – 7:30 - Wrestling                          | 5:00 - 7:30                |
|          | 7:30 – 10:00                    | 7:30 – 10:00                     | 7:30 – 10:00                       | 7:30 – 10:00                                     | 7:30 – 10:00               |
|          | Sr. Girls @<br>Chatelech – 5:15 | Jr. Boys @ Mulgrave –<br>5:15    |                                    | Sr. Boys @ Delta<br>Sr. Girls @ Hamber –<br>7:30 | Sr. Boys @ Delta           |

|          | Monday                                | Tuesday  | Wednesday                       | Thursday                                  | Friday                        |
|----------|---------------------------------------|--|---------------------------------|---|-------------------------------|
|          | January 23                            | January 24   | January 25                      | January 26                                | January 27                    |
| Sentinel | 4:00- Gr . 9 Girls vs.<br>Collingwood | 4:00 - Gr. 8 Girls vs<br>Handsworth Blue                             | 4:00 Gr. 9 Boys vs<br>West Van  | 4:00 - Gr. 9 Girls vs.<br>Elphinstone     | 4:00 Wrestling Meet           |
|          | 5:30- 7:00 - Senior<br>Girls          | 5:30 – Gr. 9 Boys  | 5:30 Gr. 8 Boys vs<br>Argyle    | 5:30 – Sr. Boys                           | 5:30 Wrestling Meet           |
|          | 7:00- 9:00- Senior<br>Boys            | 7:30 Sr B vs Carson G  | 7:00 – Senior Boys              | 7:00 - Sr. Girls                          | 7:00 Wrestling Meet           |
|          | Field House                           | Field House  | Field House                     | Field House                               | Field House                   |
|          | 3:00 - 4:30- Gr. 8<br>Girls           | 3:00 - 5:00- Gr. 8 Boys  | 3:00 - 5:00- Gr. 9 Girls        | 3:00 - 5:00- Gr. 8 Boys                   | 3:00 - 5:00-<br>Available     |
|          | 4:30 – 6:30 - Gr. 9<br>Girls          | 5:00 – 7:30 – Wrestling  | 5:00 – 7:30 - Wrestling         | 5:00 – 7:30 - Wrestling                   | 5:00 – 7:30 -<br>Available    |
|          |                                       | 7:30 – 10:00 -   | 7:30 – 10:00                    |   | 7:30 - 10:00 -<br>Available   |
|          |                                       | Gr. 9 Girls @ Seycove<br>- 5:30<br>Sr. Girls @<br>Collingwood - 6:00 |                                 | Gr. 8 Girls @<br>Handsworth Gold-<br>4:00 |                               |
|          | Monday                                | Tuesday  | Wednesday                       | Thursday                                  | Friday                        |
|          | January 30                            | January 31   | February 1                      | February 2                                | February 3                    |
| Sentinel | 4:00 Gr. 8 Boys vs<br>Handsworth Gold | 4:00 – Gr. 9 Girls vs<br>Chatelech                                   | 4:00 Gr. 9 Boys vs STA          | 4:00 Gr. 8 Girls vs Sey                   | 3:00- 4:30 - Available        |
|          | 5:30- Gr. 9 Girls                     | 5:30 –Gr. 9 Boys   | 5:30 – Senior Boys              | 5:30 - Gr. 9 Girls vs.<br>Handsworth      | 4:30- 6:00 - Available        |
|          | 7:00 Senior Boys                      | 7:00 - Available   | 7:00 - Available                | 7:00 – Senior Boys                        | 6:00 – 8:00-<br>Available     |
|          | Field House                           | Field House  | Field House                     | Field House                               | Field House                   |
|          | 3:00 - 4:30- Gr. 8<br>Girls           | 3:00 - 5:00- Gr. 8 Boys  | 3:00 - 5:00- Gr. 9 Girls        | 3:00 - 5:00- Gr. 8 Boys                   | 3:00 - 5:00-<br>Available     |
|          | 4:30 – 6:30 – Sr.<br>Girls            | 5:00 – 7:30 – Wrestling  | 5:00 – 7:30 - Wrestling         | 5:00 – 7:30 - Wrestling                   | 5:00 – 7:30 -<br>Available    |
|          |                                       | 7:30 – 10:00   | 7:30 – 10:00                    |   | 7:30 - 10:00 -<br>Available   |
|          | Gr. 9 Boys @<br>Sutherland – 4:00     | Sr. Girls @ West Van - 7:30<br>Sr. Boys @ Carson G - 7:30            | Gr. 8 Boys @ West Van<br>- 5:30 | Sr. Girls at Seycove – 6:00               | Sr. Boys @ West<br>Van – 7:30 |
|          | Monday                                | Tuesday  | Wednesday                       | Thursday                                  | Friday                        |
|          | February 6                            | February 7   | February 8                      | February 9                                | February 10                   |
| Sentinel | 3:00- 4:30<br>4:30 - 6:00 - Sr.       | 4:00<br>5:30   | 4:00<br>5:30                    | 4:00<br><b>5:30</b>                       | 4:00<br>5:30                  |
|          | Girls<br>6:00- 8:00                   | 7:00   | 7:00                            | 7:30 Sr B vs Argyle                       | 7:00                          |
|          |                                       | Sr. Girls @ STA - 7:30   |                                 |   |                               |
|          | Monday                                | Tuesday  | Wednesday                       | Thursday                                  | Friday                        |
|          | February 13                           | February 14  | February 15                     | February 16                               | February 17                   |
| Sentinel | 4:00                                  | 4:00   | 4:00                            | 4:00                                      | 4:00                          |
|          | 5:30                                  | 5:30   | 5:30                            | 5:30                                      | 5:30                          |
|          | 7:00                                  | 7:00   | 7:00                            | 7:00                                      | 7:00                          |
|          | Sr. Boys @<br>Handsworth – 7:30       |  |                                 | Sr. Boys @ Argyle –<br>7:30               |                               |
|          | Monday                                | Tuesday  | Wednesday                       | Thursday                                  | Friday                        |
|          | February 20                           | February 21  | February 22                     | February 23                               | February 24                   |
| Sentinel | 4:00                                  | 4:00   | 4:00                            | 4:00                                      | 4:00                          |
|          | 5:30                                  | 5:30   | 5:30                            | 5:30                                      | 5:30                          |
|          | 7:00                                  | 7:00   | 7:00                            | 7:00                                      | 7:00                          |
|          | Monday                                | Tuesday  | Wednesday                       | Thursday                                  | Friday                        |
|          | February 27                           | February 28  | February 29                     | March 1                                   | March 2                       |
| Sentinel | 4:00                                  | 4:00   | 4:00                            | 4:00                                      | 4:00                          |
|          | 5:30                                  | 5:30   | 5:30                            | 5:30                                      | 5:30                          |
|          | 7:00                                  | 7:00   | 7:00                            | 7:00                                      | 7:00                          |

|          | Monday  | Tuesday | Wednesday | Thursday | Friday  |
|----------|---------|---------|-----------|----------|---------|
|          | March 5 | March 6 | March 7   | March 8  | March 9 |
| Sentinel | 4:00    | 4:00    | 4:00      | 4:00     | 4:00    |
|          | 5:30    | 5:30    | 5:30      | 5:30     | 5:30    |
|          | 7:00    | 7:00    | 7:00      | 7:00     | 7:00    |