

*Lake Catholic High School*  
**2024 BOYS KAIROS RETREAT PERMISSION FORM**

STUDENT NAME: \_\_\_\_\_ RETREAT DATES: **1/23, 1/24, 1/25 2024**

Please accept this form as written permission for my child to attend this Kairos retreat sponsored by Lake Catholic High School.

I, [YOUR full name (parent/guardian)] \_\_\_\_\_, am the [father/mother, parent/guardian]

\_\_\_\_\_ of [student's name] \_\_\_\_\_, an LC Student in the \_\_\_\_th grade.

I hereby request permission for the above named child to attend the **Lake Catholic Boys Kairos Retreat on the dates listed above** at the Loyola Retreat House in Clinton, Ohio. I understand that the retreatants will be transported both TO the retreat AND BACK TO the school by Lake Catholic.

In consideration of my child being allowed to participate in this Kairos Retreat, on behalf of my child, and myself, I hereby assume all risks in connection with the retreat, and I further release the Diocese of Cleveland, the Bishop of the Roman Catholic Diocese of Cleveland, Lake Catholic High School, its employees and its volunteers from all claims, judgments, and liability for any injury or damage due to the child's participation in the retreat, including all risks connected therewith whether foreseen or unforeseen. Furthermore, I acknowledge that it is my responsibility to provide adequate health insurance for my own child.

The cost of this retreat experience for 3 days and 2 nights (including 6 meals, transportation, a t-shirt, and other supplies) is **\$200.00** – all checks may be made payable to Lake Catholic High School. If you would like to set up a payment schedule, or require assistance, please contact Adam Nestor at anestor@lakecatholic.org.

By this agreement, I understand that my child will:

~ leave Lake Catholic High School by bus at 12:45 pm on Tuesday, January 23rd, 2024 and be transported to Loyola Retreat House, 700 Killinger Road, Clinton 44216. (330) 896-2315

~ arrive back at Lake Catholic High School at ~2:30 pm on Thursday, January 25th, 2024 for the Kairos Retreat's closing prayer service and ceremony in the school Chapel;

~ bring personal items necessary for living at the Retreat House during this time period (see info sheet);

~ provide the emergency information sheet (included with this form), completed & signed by me;

~ keep all valuables at home, including (but not limited to) electronics, bank cards & technology;

~ adhere to ALL rules and regulations of Lake Catholic High School AND Loyola Retreat House, as this retreat is a school function and extension of the LCHS property;

~ be immediately sent home with a parent/guardian if there is a rules infraction or disregard for the respectful atmosphere or physical environment of the Retreat or Retreat Center; **AND**

~ face *Lake Catholic High School consequences as results of actions taken that are contrary to the school's mission statement, core values, and/or Student & Parent Handbook.*

I understand that I have the opportunity to call **Mr. Adam Nestor** or **Mrs. Alison Ellis** at **440-578-1020** to ask any additional questions about this retreat experience.

Parent/Guardian signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian email address: \_\_\_\_\_

Student t-shirt size: \_\_\_\_\_

## EMERGENCY MEDICAL INFORMATION FORM

Student Name: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

(1st Contact) Cell Phone #: \_\_\_\_\_

Daytime Alternate #: \_\_\_\_\_

Evening or Home #: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

(2nd Contact) Cell Phone #: \_\_\_\_\_

Daytime Alternate #: \_\_\_\_\_

Evening or Home #: \_\_\_\_\_

Additional Emergency Contact: \_\_\_\_\_

Phone # \_\_\_\_\_

Relationship to student: \_\_\_\_\_

ALLERGIES or SPECIAL CONSIDERATIONS (please describe in appropriate detail):

\_\_\_\_\_  
\_\_\_\_\_

Is an Epi-Pen required for any of these allergies or special considerations? Yes: \_\_\_\_\_ No: \_\_\_\_\_  
If yes, will your child bring it with him? \_\_\_\_\_

MEDICATION MY CHILD WILL BRING WITH HIM TO RETREAT (**MUST** be given to Mr. Nestor upon arrival at the retreat to be administered accordingly): \_\_\_\_\_

\_\_\_\_\_

My son has my permission to take the following over-the-counter, non-prescription medications (for example: Tylenol, Advil, Cough Syrup, etc.): \_\_\_\_\_

\_\_\_\_\_

In case of emergency, I/we give permission for our son to have emergency medical care after all reasonable attempts have been made to reach me/us.

Our primary physician is : \_\_\_\_\_ Phone # \_\_\_\_\_

Our primary dentist is: \_\_\_\_\_ Phone # \_\_\_\_\_

MEDICAL INSURANCE PROVIDER **AND** POLICY NUMBER:

\_\_\_\_\_ Policy # \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Lake Catholic High School

## KAIROS #15 RETREAT INFORMATION SHEET

**Kairos #15** will be held from **Tuesday, January 23rd (1:05pm) through Thursday, January 25th (2:30pm)** at the Loyola Retreat House, 700 Killinger Rd. in Clinton, Ohio. If it is necessary for your parents to contact you during the retreat for some emergency, the phone number at the Retreat House is: **(330) 896-2315**. They may additionally call Lake Catholic High School, who will put them in contact with Mr. Nestor or another chaperone.

1. On **Tuesday, January 23rd**, please come to Lake Catholic High School as normal, however no cars may be left overnight in the parking lot. **We will gather students in the chapel at 1:05 after 9L, then head to the retreat.** Everyone will travel to and from the retreat house by bus. **We will leave the retreat house on Thursday, January 25th at roughly 12:45pm, to arrive back at Lake Catholic around 1:45 pm**
2. Bring casual clothes for indoor and outdoor wear. No towels or bedding are needed since the retreat house provides them, **though some prefer to bring an extra blanket or pillow**. Make sure you bring any prescription medication you are taking. **We are also asking that each student bring some snacks to be shared, i.e. a bag of crackers, chips, cookies, or perhaps a healthy snack, etc. We ask that you do NOT bring beverages.**
3. Do NOT bring any books or schoolwork. **Try to get ahead in some classes before the retreat.** Your teachers will receive an email notifying them that you will be going on the retreat. This is to let your teachers know you will be out of school for two days, and to provide arrangements for get-ahead and make-up work.
4. **Do NOT bring chromebooks, iPods, electronic gaming devices, etc.** We are hoping to experience psychological and spiritual freedom by intentionally getting away from some of the technology that permeates our lives. **Phones brought on retreat will be collected** and kept by the adult leaders to eliminate the temptation to call and text friends. **This is non-negotiable.** They will be returned at the end of the retreat. Overall, you may not use any phones during the retreat. (In the event of an emergency, contact an adult or chaperone.)
5. Bring **your own soap, toothpaste, shampoo and other toiletries**. You may bring a football, Frisbee or other sport-type things, or an acoustic guitar if you play. There will be some time for activities, so a quick board game or a deck of cards would be appropriate.
6. School rules on drugs, alcohol, the use of tobacco products, and vaping are in effect and strictly enforced. Any trouble in this area will be dealt with according to usual school discipline procedures. **THERE IS NO SMOKING or VAPING ALLOWED ON RETREATS!**
7. This is our third year using the Loyola Retreat Center, and we are grateful for the opportunity to pray & enjoy God's good earth there. **Vandalism of any part of the property, including buildings, furniture, trees, or other items on the grounds will not be tolerated.** Any disrespectful acts will be disciplined accordingly through LCHS.
8. As you approach this retreat, **please bring a spirit of openness and willingness to discuss and join in retreat activities.** This unique retreat opportunity is offered to you as a way to grow in your faith and reflect on your life at this time.
9. Lastly, thank you for considering coming! It's always a bit uncomfortable to try something out which you don't know a whole lot about - know that we're excited to have you & that the leaders have been working hard to make this a positive and memorable experience!