

Adam Chwiulkowski

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EDUCATION

Code Institute <i>Level 5 Diploma in Web Application Development</i>	Manchester, United Kingdom 2022-2023
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Manchester Metropolitan University <i>Bachelor of Science, Sport & Exercise Science, Upper Second-Class Honours</i>	Manchester, United Kingdom 2019-2022
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WORK & LEADERSHIP EXPERIENCE

P1 Gym <i>Personal Trainer Intern</i>	Manchester, United Kingdom January 2022-August 2022
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- Individually led group fitness sessions of up to 8 people at a time.
- Collaborated and consulted with individuals of various fitness levels, supported their health and well-being.
- Performed health screenings with clients using body composition analyser.

Manchester Metropolitan University <i>Research Assistant for the development of a new High-Density EMG system</i>	Manchester, United Kingdom May 2021-August 2021
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- Piloted the standardised operating procedure of the EMG system to help other researchers use the system in their studies.
- Gained hands-on experience with the new wireless high-density EMG system and analysed the EMG activity by performing various physical tasks in a laboratory environment.
- Provided feedback to the developer of the EMG system regarding any flaws present.

Manchester Metropolitan University <i>Peer Assisted Learning Scheme Leader</i>	Manchester, United Kingdom October 2020-October 2021
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- Organised weekly MS Teams sessions, supported, and provided academic and personal feedback to a number of first-year students.
- Built a strong spirit and community, ensuring that students are heard and confident in their journey as all lectures and seminars had to be held online due to the pandemic, helped students to work in challenging circumstances.
- Responsible for monitoring attendance and identifying patterns and trends to improve participation. Created educational resources and prepared activities to aid students' academic development.

VOLUNTEERING

Manchester Universities Polish Society <i>President</i>	Manchester, United Kingdom April 2021-June 2022
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- Led a team of individuals, delegated tasks and set agenda, managed committee meetings, and communicated with third parties for event bookings, resources, and collaborations between other societies & establishments across the UK.
- Built a strong image of our society, attracted new members, and led a number of weekly events that bring students together.
- Created and led the PolSoc North project connecting 7 Polish Societies across the northern UK to organise monthly networking events.

SKILLS, ACTIVITIES & INTERESTS

Languages: Fluent in Polish and English; Limited Proficiency in Italian and Spanish.

Interests: foreign languages, travelling, blockchain and cryptocurrencies, martial arts, gym.

Programming Languages & Software: HTML5, CSS3, JavaScript, Python; Git, GitHub, Jest, Flask, Django.