



## 26 Grains

By Alex Hely-Hutchinson

Hardback. Condition: New. Not Signed; Selected as a Book of the Year 2016 in the Daily Telegraph With 100 recipes that use wholesome grains from oats to amaranth this delicious cookbook spans classic breakfast porridges, through lunchtime salad bowls to nourishing dinners. Taking inspiration from Nordic cooking and the Danish ethos. book.



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### Reviews

*Extensive guide! Its such a excellent read. This can be for anyone who statte that there was not a worth looking at. I am just effortlessly will get a satisfaction of looking at a written publication.*

**-- Melvin Hettinger**

*This book will not be effortless to start on reading through but very exciting to learn. It is amongst the most remarkable book i have got go through. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

**-- Dr. Easton Collier DVM**