

Snacks

	SML	LRG	FAM
Chips	3.50	5.50	7.50
Gravy	2.00	3.00	5.00
Peas	2.90	4.90	
Scalloped Potatoes	5.50	7.50	
Roast Potato	1.00		
Roast Pumpkin	1.30		
Potato Cakes	0.90		
Dim Sims	0.90		
Chicken Nuggets	0.80		
5 Chicken Nuggets	3.50		
Warm Chicken Roll	5.90		

WRAPS

Various	8.50
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Salads (made fresh daily)

	SML	LRG
Various	4.50	7.50

CHARCOAL CHICKEN

Whole Chicken	14.90
Half Chicken	8.90
Quarter Chicken	5.90

TOASTIES

Sandwiches	
Cheese & Tomato Sandwich	5.50
Chicken Schnitzel	8.50
Steak Sandwich	9.90
Steak Sandwich Meal (with small chips & 375ml can)	13.90

Focaccias	
Chicken Schnitzel	8.50
Pollo	8.50

Kebabs	
Lamb Kebab	9.00
Lamb Kebab Meal (with small chips & 375ml can)	13.00

BURGERS

Chicken Schnitzel	8.90
Chicken Breast	8.90
Moroccan Chicken Breast	8.90
Beef Burger	8.90
Burger Meals (with small chips & 375ml can)	13.00

(all burgers come with lettuce, tomato, cheese, onion)
(choice of sauce: tomato, sweet chilli, bbq, mayo)

ALL PRICES INCLUDE GST* SUBJECT TO CHANGE WITHOUT NOTICE

Packs

GYM JUNKIE

Chicken, Carbs & Greens

*Choice of chips or scalloped potatoes; &

*Choice of salad or veggies Quarter 10.50
Half 13.50

CHICKEN & CHIPS Quarter 7.50
Half 10.50

CHICKEN SCHNITZEL 8.90

*Choice of chips or veggies

FAMILY

Pack 1 24.90

Whole Chicken, Large Coleslaw & Large Chips

Pack 2 29.90

Whole Chicken, Large Coleslaw, Roasted Veggies
Potatoes & Gravy

Pack 3 33.90

Whole Chicken, Family Chips, Large Salad of choice
Roasted Veggies, Potatoes, Gravy & 1.25ltr Soft Drink

Pack 4 39.90

2 whole Chickens, 2 Large Chips & 1.25 lt Soft Drink

Coffee & Tea

Cappucino, Cafe` Latte,

Flat White, Mocha Small 3.30
Large 3.80

Short black, Short Macchiato 3.00

Long Black, Long Macchiato 3.80

Hot Chocolate, Chai Latte Small 3.60
Large 4.00

Tea (various) Small 3.30
Large 3.80

SOY MIK EXTRA 50c

**CATERING
OPTIONS
AVAILABLE FOR
YOUR NEXT
FUNCTION!**



MON - SAT:

9am - 8pm

SUN:

10am - 8pm

LUNCH

DINNER

COFFEE



 **Lyndarum
charcoal
chicken**

**OPEN
7 DAYS**

Ph: 9401 1884

**Shop 5, 1 Lyndarum Drive,
Epping 3076**

