

# What is Functional Programming?

Adam Warski, June 2025  
[warski.org](http://warski.org)



# Programming with functions

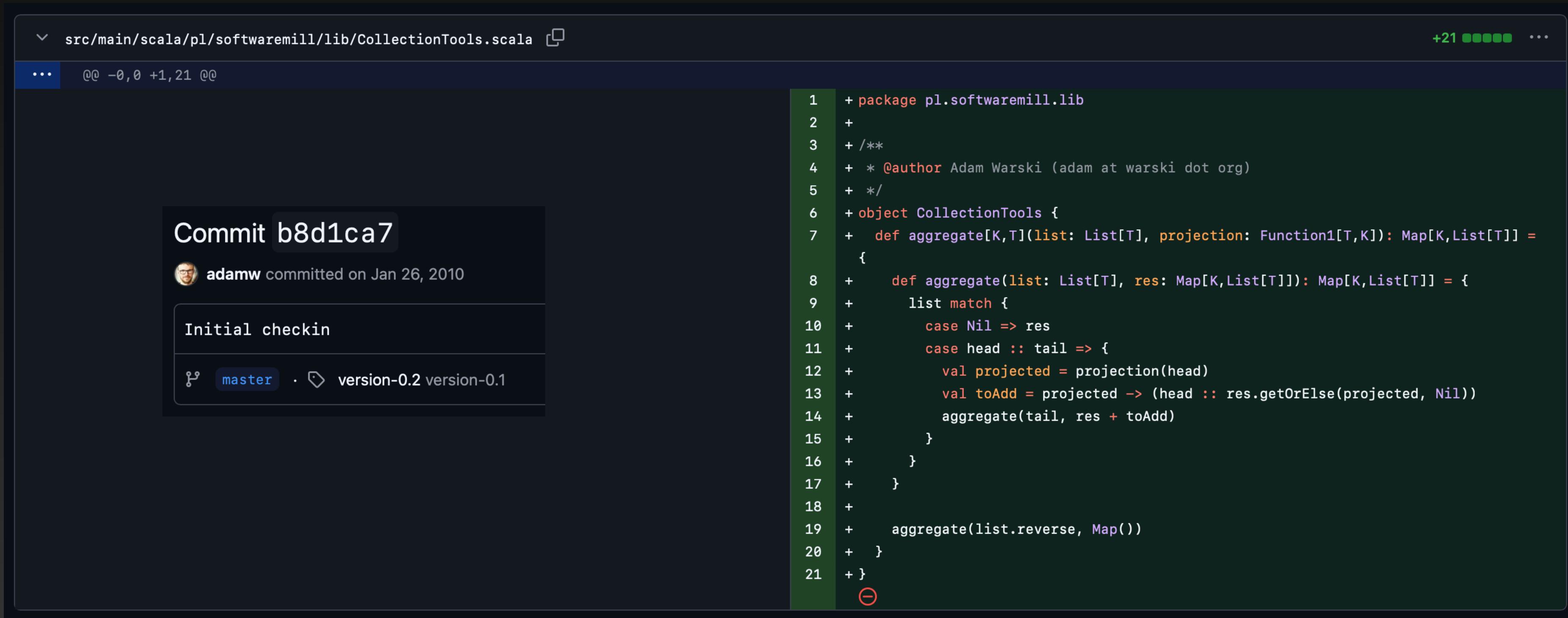
Thank you!

# Programming with functions

But what does it really mean?

Is that what people do when they "code in FP style"?

# Where is this coming from?

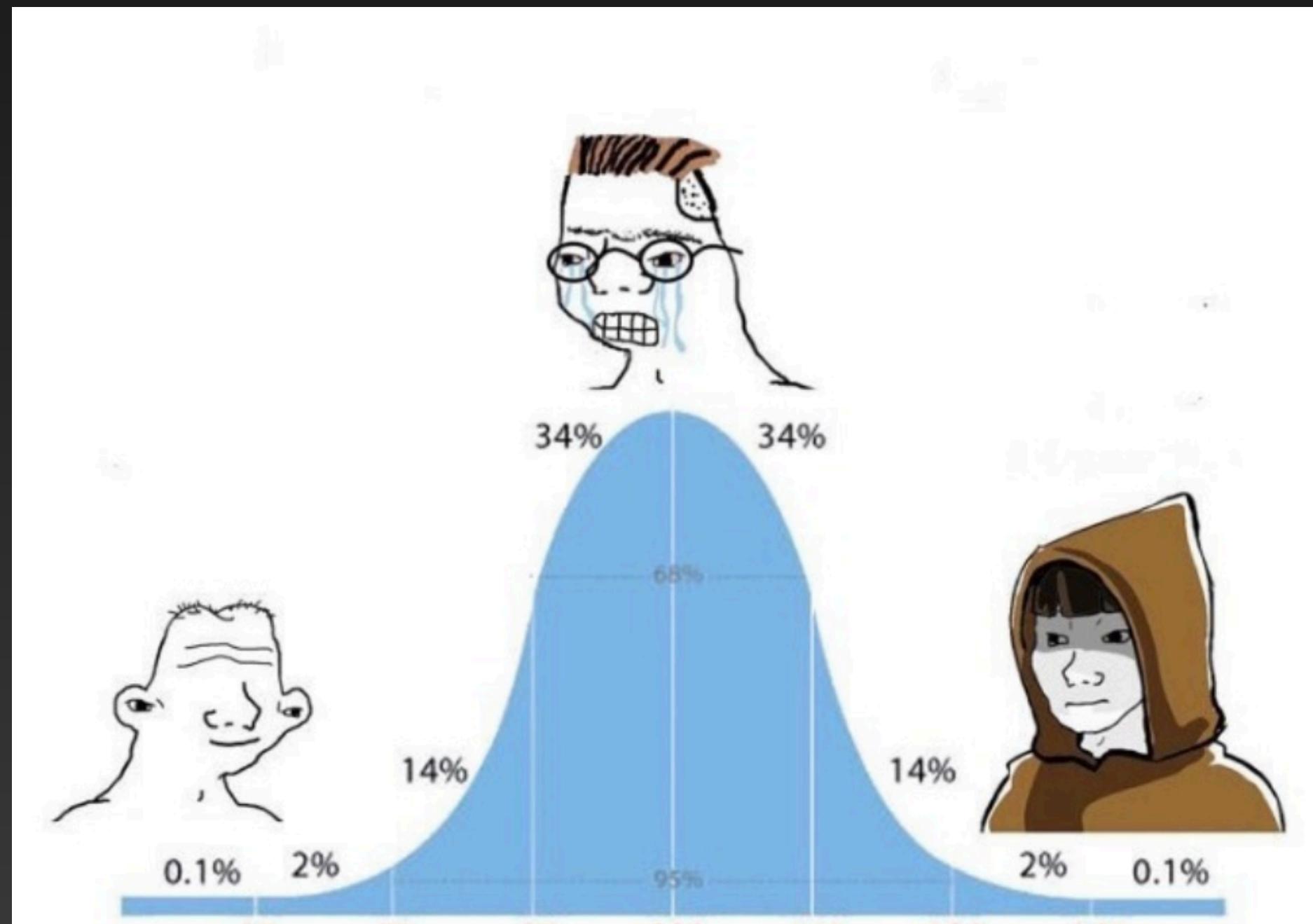


The screenshot shows a GitHub commit page for the file `src/main/scala/pl/softwaremill/lib/CollectionTools.scala`. The commit is identified by the ID `b8d1ca7`. The commit message is "Initial checkin". It was made by `adamw` on Jan 26, 2010. The commit summary indicates changes: `@@ -0,0 +1,21 @@`. The code diff shows 21 new lines of Scala code:

```
+ package plsoftwaremill.lib
+
+ /**
+ * @author Adam Warski (adam at warski dot org)
+ */
+ object CollectionTools {
+   def aggregate[K,T](list: List[T], projection: Function1[T,K]): Map[K,List[T]] =
+     {
+       def aggregate(list: List[T], res: Map[K,List[T]]): Map[K,List[T]] = {
+         list match {
+           case Nil => res
+           case head :: tail => {
+             val projected = projection(head)
+             val toAdd = projected -> (head :: res.getOrElse(projected, Nil))
+             aggregate(tail, res + toAdd)
+           }
+         }
+       }
+       aggregate(list.reverse, Map())
+     }
+ }
```

# Scala's evolution

Lift -> Akka -> Monix -> cats-effect -> ZIO -> Direct





# PART I

A practical take

**"You know it when you see it"**

# Loop

## Function application

```
const numbers = [1, 2, 3, 4, 5, 6];  
const result = numbers  
  .map((num) => num * 2)  
  .filter((num) => num % 2 === 0)  
  .reduce((acc, num) => acc + num, 0);  
  
console.log(result);
```

## Higher-order function

```
const numbers = [1, 2, 3, 4, 5, 6];  
  
let result = 0;  
  
for (let i = 0; i < numbers.length; i++) {  
  const doubled = numbers[i] * 2;  
  if (doubled % 2 === 0) {  
    result += doubled;  
  }  
}  
  
console.log(result);
```

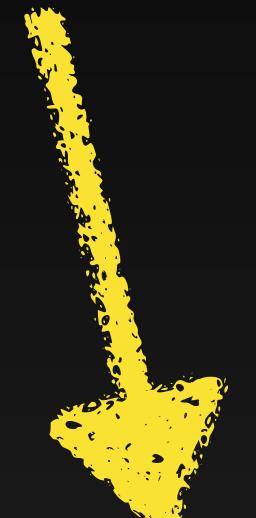
## Code duplication

```
var menu: List[Meal] = Nil  
  
if vegetarian then  
  menu = entireMenu.filter(_.ingredients.forall(_.plant))  
  
else  
  menu = entireMenu.filter(_.ingredients.exists(_.meat))
```



## Function as first-class values

```
val dietaryRestriction: Meal => Boolean = if vegetarian  
  then m => m.ingredients.forall(_.plant)  
  else m => m.ingredients.exists(_.meat)  
  
val menu = entireMenu.filter(dietaryRestriction)
```



if as an expression

```

case class Person(name: String, age: Int)

case class Address(where: String, permanent: Boolean)

val chris = Person("Chris", 29)

val friends = Map(
    chris -> Address("Warsaw", permanent = true),
    Person("Nicole", 36) -> Address("Paris", permanent = false)
)

val updatedFriends = friends
    .removed(chris)
    .updated(chris.copy(age = 30),
        Address("Kraków", permanent = true))

```



Immutable data

```

class Person { String name; int age; }

class Address { String where; boolean permanent; }

Person chris = new Person("Chris", 29);
Map<Person, Address> friends = new HashMap<>();
friends.put(chris, new Address("Warsaw", true));
friends.put(new Person("Nicole", 36),
    new Address("Paris", false));

chris.setAge(30);
friends.put(chris, new Address("Kraków", true));

```



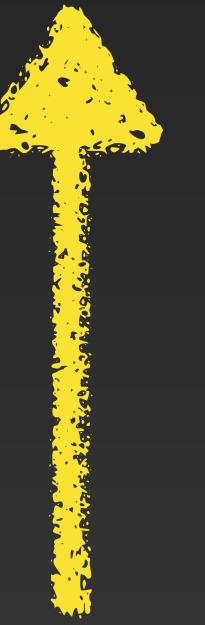
Mutable data

```
public class RocketLauncher {  
    public void launch() {  
        checkFuelLevel();  
        initializeNavigation();  
        performSystemCheck();  
        igniteEngine();  
        System.out.println("Success!");  
    }  
}
```



Immediate effects

```
    launchRocket :: IO ()  
    launchRocket = do  
        checkFuelLevel  
        initializeNavigation  
        performSystemCheck  
        igniteEngine  
        putStrLn "Success!"
```



Effects as values

```
    launchRocket : 'IO  
    launchRocket _ =  
        checkFuelLevel  
        initializeNavigation  
        performSystemCheck  
        igniteEngine  
        printLine "Success!"
```



Somewhere in-between

```
var order = Order.Parse(request); // might throw  
order.Validate(); // might throw  
order.CalculateTotal();  
  
if (request.LoyalCustomer)  
{  
    order.SetLoyal(true);  
    order.ApplyDiscount();  
}  
  
order.CalculateTax();  
  
var invoice = new Invoice(order.Total, order.Tax);
```

parse\_order request (\* returns a Result \*)  
|> Result.bind validate\_order  
|> Result.map (fun order ->  
 create\_invoice  
 (apply\_discount (calculate\_total order) request)  
 (calculate\_tax order))

Imperative steps

Function composition

```
interface Shape { double area(); }

class Square implements Shape {
    private double side;
    Square(double side) { this.side = side; }

    double area() { return side * side; }
}

class Circle implements Shape {
    private double radius;
    Circle(double radius) { this.radius = radius; }

    double area() { return Math.PI * radius * radius; }
}
```

Combine data & behaviour

```
enum Shape {
    Square { side: f64 },
    Circle { radius: f64 },
}

fn area(shape: &Shape) -> f64 {
    match shape {
        Shape::Square { side } => side * side,
        Shape::Circle { radius } =>
            std::f64::consts::PI * radius * radius,
    }
}
```

Separate data & behaviour

# Object-oriented vs functional

OO	FP
Combines state & behaviour	Behaviour and data are separate
Interaction vs message passing	Composing functions
State is protected (encapsulation)	State is immutable

Traits of "functional" approach	Non-trait of "functional" style
Higher-order functions	Loops
Functions as first-class values	Code duplication
Expressions	Statements
Immutable data	Mutable data
ADTs & pattern matching	Classes, inheritance
Effect-free functions	Side-effecting functions
Effects as values	Immediate effects
Function composition	Imperative steps
Data & behaviour separate	Data & behaviour combined

## PART II

A theoretical take

Are these traits rooted in theory?

# Functional Programming:

a paradigm where programs are  
constructed by applying and  
composing functions

Wikipedia

[https://en.wikipedia.org/wiki/Functional\\_programming](https://en.wikipedia.org/wiki/Functional_programming)

# Applying & composing functions

- not only being able to, but primary tool used to structure code
- declarative: expressing the logic without control flow
- as a result: trees of expressions
- requires: functions are 1st class values

# What is a function?

"casual" FP

- a callable unit of software
- well-defined interface & behaviour
- can be invoked multiple times

"pure" FP

- $f: D \rightarrow C$ , for each  $x \in D$ , exactly one  $f(x) \in C$
- deterministic
- effect-free

# Functionfullness

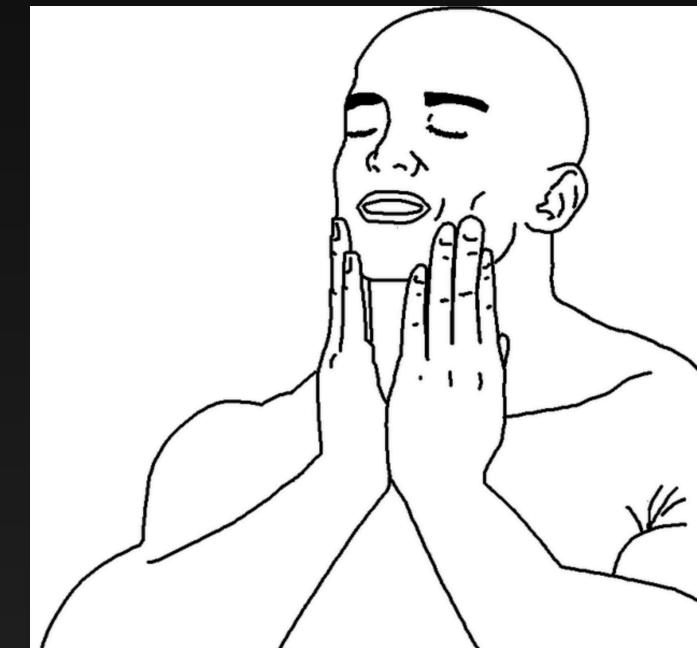


Spaghetti  
code

Clean code  
(small methods)



Casual FP



Pure FP

- + higher-order functions
- + ADTs, immutable data
- + expression-oriented
- + ...



```
var users = new ArrayList[User] ()  
  
for id <- peopleIds do  
    users.add(fetchFromDb(id))  
  
var likes = new ArrayList[Response] ()  
var dislikes = new ArrayList[Response] ()  
  
for user <- users do  
    val response = sendRequest(user)  
    if response.body.likedSciFiMovies  
        .contains("Star Wars")  
    then likes.add(response)  
    else dislikes.add(response)  
  
peopleIds  
peopleIds  
.map(fetchFromDb)  
.map(sendRequest)  
.map(_.body.likedSciFiMovies)  
.partition(_.body  
.likedSciFiMovies  
.contains("Star Wars"))  
  
peopleIds  
.traverse: id =>  
    fetchFromDb(id)  
.flatMap(sendRequest)  
.map(_.partition(_.body  
.likedSciFiMovies  
.contains("Star Wars")))
```



# Why Functional Programming Doesn't Matter

Presented by Sebastian Funk  
2016



<https://www.youtube.com/watch?v=kZ1P8cHN3pY>

**Dexterity:** no boilerplate,  
static type verification

**Performance:** predictable  
translation to machine  
code

**Correctness:** ADTs, make illegal states unrepresentable

# The shared mutable state is always there

Thread/fiber 1:

```
writeToDatabase(user.copy(age = user.age + 1))
```

Thread/fiber 2:

```
readFromDatabase(userId)
```



# Why Functional Programming Matters

John Hughes  
The University, Glasgow

Functional programming is so called because its fundamental operation is the application of functions to arguments. A main program itself is written as a function that receives the program's input as its argument and delivers the program's output as its result. Typically the main function is defined in terms of other functions, which in turn are defined in terms of still more functions, until at the bottom level the functions are language primitives. All of these functions are much like ordinary mathematical functions, and in this paper they will be



r/functionalprogramming · 1 yr. ago

Inconstant\_Moo

...

## What even is functional programming and why do we like it?

Question

One answer I've got from asking this question is "it's a vibe". And this may be a reasonable answer! (See Wittgenstein's discussion of what a "game" is.) So there's a sort of ... not even a spectrum, but a vague cloud ... which embraces both pure lazy languages and Lisp.

But there might be an actual definition. The nearest I can come up with is that **a functional language is one in which it would be hard or impossible to do ordinary easy things if you didn't use functions as first-class objects.**



Puzzleheaded-Lab-635 · 1y ago ·

A functional language, is a language that prioritizes referential transparency and immutability in its semantics and ergonomics.

# What is Haskell's take?

- Functional programming is a style of programming which models computations as the **evaluation of expressions**.
- (...) in contrast with imperative programming where programs are **composed of statements** which **change global state** when executed.
- Functional programming typically avoids using **mutable state**.

# What is functional programming?

- Applying & composing functions
- Functions as 1st-class values
- Expression-oriented
- Immutable data, ADTs
- No shared mutable state
- Effects as values / no effects
- Behaviour & data separate

# What is functional programming language?

Allows FP to be done ergonomically, as witnessed by:  
standard library,  
external libraries,  
and documentation.

FP must be the dominant way of constructing programs.

## PART III

How functional are our  
languages?

# Functionality scorecard

	Java	
<b>Functions as 1st-class values</b>	8 / 10	
<b>Expression-oriented</b>	2 / 5	Java
<b>Functional std lib</b>	0 / 5	
<b>Applying &amp; composing functions</b>	2 / 10	
<b>Immutable data, ADTs</b>	3 / 10	
<b>No shared mutable state</b>	3 / 10	
<b>Effects as values / no effects</b>	0 / 10	
<b>Behaviour &amp; data separate</b>	2 / 5	Data-oriented programming
	20 / 65	

# Functionality scorecard

Kotlin		
<b>Functions as 1st-class values</b>	10 / 10	
<b>Expression-oriented</b>	4 / 5	Kotlin
<b>Functional std lib</b>	2 / 5	
<b>Applying &amp; composing functions</b>	6 / 10	
<b>Immutable data, ADTs</b>	6 / 10	
<b>No shared mutable state</b>	6 / 10	
<b>Effects as values / no effects</b>	0 / 10	
<b>Behaviour &amp; data separate</b>	2 / 5	
	36 / 65	

# Functionality scorecard

	Scala + cats-effect / ZIO	
<b>Functions as 1st-class values</b>	10 / 10	
<b>Expression-oriented</b>	4 / 5	Scala
<b>Functional std lib</b>	5 / 5	
<b>Applying &amp; composing functions</b>	9 / 10	
<b>Immutable data, ADTs</b>	9 / 10	
<b>No shared mutable state</b>	9 / 10	based on discipline
<b>Effects as values / no effects</b>	8 / 10	
<b>Behaviour &amp; data separate</b>	3 / 5	OO / FP hybrid
	57 / 65	

# Functionality scorecard

	Vanilla Scala	
<b>Functions as 1st-class values</b>	10 / 10	
<b>Expression-oriented</b>	4 / 5	Scala
<b>Functional std lib</b>	5 / 5	
<b>Applying &amp; composing functions</b>	6 / 10	
<b>Immutable data, ADTs</b>	8 / 10	based on discipline
<b>No shared mutable state</b>	8 / 10	
<b>Effects as values / no effects</b>	2 / 10	Errors as Eithers
<b>Behaviour &amp; data separate</b>	3 / 5	OO / FP hybrid
	<b>46 / 65</b>	

# Functionality scorecard

	Haskell	
<b>Functions as 1st-class values</b>	10 / 10	
<b>Expression-oriented</b>	5 / 5	Haskell
<b>Functional std lib</b>	5 / 5	
<b>Applying &amp; composing functions</b>	10 / 10	
<b>Immutable data, ADTs</b>	10 / 10	
<b>No shared mutable state</b>	9 / 10	
<b>Effects as values / no effects</b>	9 / 10	unsafePerformIO
<b>Behaviour &amp; data separate</b>	5 / 5	
	63 / 65	

# Functionality scorecard

	Rust	
<b>Functions as 1st-class values</b>	10 / 10	
<b>Expression-oriented</b>	4 / 5	Rust
<b>Functional std lib</b>	3 / 5	
<b>Applying &amp; composing functions</b>	6 / 10	
<b>Immutable data, ADTs</b>	3 / 10	
<b>No shared mutable state</b>	9 / 10	unsafe
<b>Effects as values / no effects</b>	0 / 10	
<b>Behaviour &amp; data separate</b>	5 / 5	
	39 / 65	

# Functionality scorecard



# PART IV

Concluding ...

There's more to FP than pure functions

**Are you a casual or pure FP programmer?**

# FP must-haves

- composing functions
- light syntax for functions-as-values
- higher-order functions

# FP nice-to-haves

- immutable data types
- ADTs + pattern matching
- expression-oriented
- effects-as-values
- functional standard library

# At which point FP provides diminishing returns?

- If you can go purely functional—great
- Most of FP's value is available in the casual variant
- Look for languages where FP is ergonomic & practical (language, std lib, community)

Rúnar ✅  
@runarorama

My take on the whole “pure FP” current thing is that I don’t super care about purity per se. For me it’s only a vehicle to compositionality, which is what I’m really after.

There are only two ways to understand programs:

4:36 AM · Dec 29, 2023 · 40.2K Views



Accelerating product development



IO.pure("Thank you!")



[warski.org](http://warski.org)