



Andrea Mattson

Psychic Song: Tarot, Tea and Music

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Healing begins with Knowledge

The harvest is here and with fiery Mars by close this is going to be a season of passion, focus and festivities. Psychic Song is very pleased to announce that the very first Island Intuitive Arts Festival that will be held on Oct. 23rd and 24th at the Orange Hall in Fernwood. This two day event is to celebrate holistic health, healing and psychic arts by offering workshops, sessions and music to the local community.

Diversity is the theme among the exhibitors/presenters, as each has their own unique flavour to offer the event. Some of the workshops include:

Balance, the heart of Shamanism; Sacred Space, a Container for Intuitive Work and 22 journeys of the Major Arcane. Stayed tuned to www.psychicsong.com for the full workshop schedule that is coming out soon.

Saturday evening will feature local musicians Char and Daniel Kingsbury starting at 7pm. Healthy food and drink will be served downstairs (vegetarian available) throughout the festival. Contact Andrea at (250) 661-6826 or visit www.psychicsong.com for more information.

Come out, enjoy and celebrate! Everyone welcome.

Psychic Song

Intuitive Arts Festival

Orange Hall
1620 Fernwood Rd



\$10

(Suggested Donation)



Friday, October 23rd
5pm – 9pm



Saturday, October
24th

10am – 10pm

Celebrating Spirituality, Psychic Arts, Holistic Health, Energy Healing
and much more!

2 Day Workshop Series

Local Exhibitors

Healthy Food and Snacks

Saturday Night Music

Energy Healing ♥ Shamanic Soul Balancing ♥ Tarot ♥ Magic and ritual ♥ Chakra Clearing ♥ Meditation
♥ Mythology ♥ Astrology ♥ Energy Medicine ♥ Sound Healing ♥ Literm ♥ Tasseography ♥ Law of Attraction
♥ Holistic Counseling ♥ Creative Visualization ♥ Guided Meditation ♥ Reike ♥ Laughter Yoga ♥
Healing Touch ♥ Somatics ♥ Feldenkrais ♥ Akashic Records ♥ Clairvoyance ♥ Clairaudience ♥ Quantum
Touch ♥ Aromatherapy ♥ Massage ♥ Intuitive Portraiture

Courage to Express

by Andrea Mattson

A lovely woman dressed softly in white robes, uses her charms of grace, kindness and compassion, to open a lion's mouth with her bare hands. She has the courage to face the beast and allows it to speak to her. Expressing her darkest fears the beast is overcome by her belief. Eternity crowns her head to representing that she trusts in the divine love of the universe.

Opening your heart to touch your pain can help you to release it. Trust that the universe loves you. The power to overcome your own inner beast is there inside your soul. Emancipate the spirit to clear the mind through the emotions—represented in the yellow background of the Strength Card relating to the 3rd solar plex chakra where the inner child plays.

A song can reach your heart and move you tears because of how it makes you feel and what it represents to you. Allowing music to flow into your ears and vibrate through your body, builds a bridge of understanding between the inner world and outer world realities. Our emotions are the gateway between the mind and the soul; they are the creation of those two planes.

Actors, writers, artisans, musicians and artists of all kinds are able to transform their "deep well of emotions" into the beauty that

is their art – we are all given this gift. Expressing creatively allows the feelings or moods to leave the body, helping to reduce stress and over thinking by clearing your emotional channel.

I have this experience every time I write a song, for music is my art. I can remember a day when I got hit with a wave of sadness, I could feel it in the pit of my stomach. There was a melody to the sadness and as I listened I started to sing. A new song was born that evening and with it the sadness released.

There are many, MANY ways to express your truth and it's important to find one that works for you. The Three of Wands talks about creative self expression and walking your path with inspiration. What inspires you? What is your personal expression? Where do you put your creative energy?

When first starting out with any type of creative work have patience, don't judge yourself or your work, stay open and enjoy! After all life is fun if you want it to be!

"The Singing Psychic"



Up coming events:

Intuitive Arts Festival

Oct. 23rd and 24th

Creative Craft Fair

Nov. 13th—15th

Christmas in the Manger

Nov. 28th and 29th

Moss Street Market Craft Fair

Dec. 12th and 13th

Testimonial

"Thank you for the wonderful, in depth, right on reading. It was more than I could have imagined and I thank you VERY much for your precious gift of time and mind provoking, heart stirring words!"

Your feedback is deeply appreciated. If you have a testimonial that you would like to share please email it to andrea_mattson@hotmail.com.

Love, light, joy, laughter, health and gratitude to all! May your life be filled with many blessings.