



Andrea Mattson

Tarot, Tea and Music

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What's been singing . . .

The Melody

This year is going to be a wonderful year of new and old opportunities. January has started with a bang. So much love has floated into my life and poured inspiration into my soul. My soul's expression is music. I feel blessed to have met and played with so many talented musicians in the last couple of months. Music is the language that unites all differences and it is a common thread to all people, religions and cultures. Harmony and

rhythm bond us in moments of pure expressive truth. A release and a connection. Every person that experiences music plays a vital role to contribute to the overall energy that is created in that moment. I've fallen in love with Song. I can't get enough of it – playing guitar, singing, listening, dancing, attending live performances and meeting musicians.

The Beal

Just like my Great Grandmother Mattson I am reading tea leaves, Tasseography. I love the gentle and free approach that tea leaves give to divination. Symbols and

pictures appear at the bottom of the cup that tell the story of what is to come. How it works: while drinking the tea your energy is put into the cup. That energy then affects the picture of the tea leaves at the bottom of the cup – arranging them in a form that is unique to your soul imprint. I find this similar to the idea presented in the movie "What the Bleep do we know?" with the water crystal experiment. Check out www.youtube.com and search *The hidden messages in water!* Tea leaves are very similar to Tarot, both explore symbols and are a focal point to receive messages. Divination is art. Tarot is surrealism and Tea leaves are expressionism.

**I'd like to dedicate my poem "11 cents" to the year 2009.
May this year light your soul on fire with delight and passion.**

Coming up!

Tarot and Tea Leaf
Readings

UVIC Student Union
Building

Jan. 28th and 29th

10am—5pm



Tea Leaf Readings

Victoria Tea Festival

Victoria Conference Centre

Feb. 14th and 15th

12pm—5pm

There was a boy not quite a man
He sat on the wet grass next to the road

The light was red

The day was dark

His jeans were torn

His face was worn

He was humble

11cents was the sign he held

He reached out to a waiting car, with music and warmth

The driver handed him a cigarette and a lighter.

As the light turned green the car waited as the boy returned the flame with a smile

The Spark

As the traffic began to flow the second driver tried to catch the boy's hand
Unsuccessfully, with the traffic building behind he threw the metal gift on the green
grass then returning to his journey . . .

Eagerly the boy picked it up and waved with gratitude

I witnessed

I cried for the beauty of the world
The beauty that is right here, right now

And being passed

Soul to soul

11 cents at a time

Psychic Song

**Positive
thought,
combined with
positive
action, equals
positive
results.**

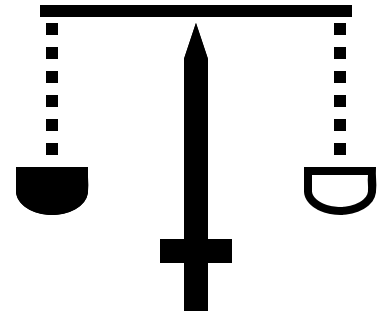
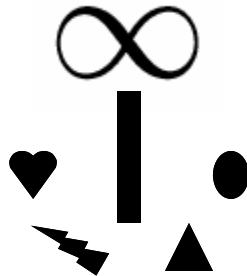
The Magic Scales: the Magician and Justice

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The Magician

This is the year to make things happen. using all aspects of thought, emotion, passion and strength. Everything you need is at your finger tips, all that's left is the momentum to push the dominos to make your plans a reality. Positive thought, combined with positive action, equals positive results.

The one vibration is a powerful influence because it signifies new beginnings and a birth to ideas. Use strength to keep focused and you will be amazed with the results. Be sure to use your powers wisely, as things will manifest much quicker this year.



Justice

The scales always balance in the end. Our reality or the perception of such is the reflection of our soul and the accumulation of experience that we hold and take with us everywhere we go. It is up to you to decide how the past has affected you. Make the cuts you need in order to find better balance. The world is constantly changing, make decisions before they are made for you.

The Art of Smudging

Victoria will soon be alive with flowers as spring is quickly showing signs of renewal. Spring cleaning is an excellent way to get organized and clear out any junk that needs to go. This is also a good time to do a psychic cleanse:

Smudging is a form of energy clearing used by Aborigines for centuries. The smoke helps to lift negative energy, cleansing the soul and blessing the spirit for protection and purification. Common herbs used in smudging are sage, sweet grass and cedar.

It's simple: light the herbs with matches (a clay bowl works best to catch the ashes), then wisp the smoke all around your aura saying aloud, "May all negative energy rise and disappear with the smoke." Take time to breath, relax and give thanks for the blessing. Once you're done cleansing yourself, go through your home—remember to get the corners. This will help to release any stagnant energy. There is no wrong way to conduct your own personal ceremony as spirit listens to intent.

**You are
loved!**

If you'd like to hear a couple of my original tunes:

www.myspace.com/andrealmattson

Wednesday Music at the Bent Mast Starting at 9pm



Ever been to the Best Mast pub and restaurant in James Bay? It's a character house loaded with history and interesting folks. The TV Show "Cheers" comes to mind because everyone knows your name.

I have had the pleasure of singing there since the summer time and it's been amazing to see how the night has developed and grown. Joining me on that night featuring original music and covers is Susanne Sterling on Trumpet and Reuven Sussman on Drums. Susanne, Reuven and I are also in a funk band called "Get up to Get down"

Check out:

www.youtube.com

Search: Get up to get down on Hornby Island

I believe that music is about community; therefore, I am always looking for talents individuals and groups to come and play a song or a set or just play along. I've been amazed at the talent that has been in the audience. A special thanks to everyone that comes out on Wednesdays: Reuven, Susanne, Barefoot in the Sand, Bent Mast staff, owners and management and of course, everyone in the audience!

*The Bent Mast
Pub and Restaurant
512 Simcoe St
Victoria, BC
Tel: 250-383-6000*

Thursday, March 12th

★ **Using the Tarot to open intuition**

March Workshop Series

Thursday, March 19th

★ **22 Journeys: exploring the Major Arcana (Part 1)**

Thursday, March 26th

★ **22 Journeys: exploring the Major Arcana (Part 2)**

I have had many requests to give Tarot workshops and courses. Private lessons for small groups and individuals are available call or email me to set up rates and dates. Starting March 12th, I will be offering a workshop series on Thursdays at 7:30 at my studio. Class size will be limited to 8 people. The work shops will run for 1.5 hours and cost \$20 (\$15 for students/low income). Call ahead to reserve your space! Emphasis will be on class participation and having fun.

Links of interest

Victoria Tea Festival— www.victoriateafestival.com

Tasseography—<http://www.crystalinks.com/tealeaves.html>

Mercury Retrograde—www.astrology.com.com/mercret.html

Forgiveness Meditation—healing.about.com/od/forgive/a/forgivemeditate.htm

Smudging—www.soulfulliving.com/smudging.htm

www.asunam.com/smudge_ceremony.html

There's only one time to live your dreams . . . And that's right now!!

The Rhythm

A reading for the months ahead . . .

January

"I release the old and find balance in a changing world. Peace is in my heart"

This is a month of adjustment, where lines will be drawn. There is a gentle quickness in the air. Inspiration, hope and love have been renewed. It's time to clean out your psychic closet and let go of anything that doesn't suit you anymore. 2009 is going to be a year to create new possibilities and manifest old ones. Focus on what you want, then centre and allow. A new balance is being created. Expect pieces of your past to pop up in your life – it's a great time for resolution. Glowing faces are filled with new romances, it's sure to be fun.

February

"I am worthy"

The 1st will mark the end of the Mercury Retrograde, the conclusion of mixed messages and communication troubles, expect some echos until Valentine's Day. Expressing fear is a way to release it. Heart to heart month - share your stories with your friends about love and loss; appreciate the beauty of the story and the moment. Chocolate is recommended. Knowledge will be illuminated with physical success and emotional reflection. This is a great month for putting thoughts together because there will be gusts of ideas, people and "random" occurrences. It is interesting that there is a Friday the 13th and Valentine's Day back to back, ying and yang. Busy, busy, busy, tensions will bring light to where healing is needed. Lovers rejoice!

March

"My life is filled with abundance and love"

Stay positive and create, it's the month of the Empress. Spring is here! Nurture your ideas and watch as the seeds grow. There is sure to be much social activity so take initiative and engage -connections with friends will be highly rewarding. Good money month for women. Home and community will lead to a peaceful month. Use optimism in the face of self doubt and be sure to ground your ideas. March for mothers. Sensual vibes will flourish connecting to the wisdom of the Piscean energy.

April

"I allow love, laughter and light to flourish in my life"

Laughter rings to start off the month with warmth. Challenges with family can be overcome with love and devotion. A new balance has been sustained and it is finding strength. The New Moon on April 25th will bring healing energy for the inner child. Put some rose quartz on the window sill and make a wish for your family. Harmony and beauty come together to see past thorns to see the whole rose. Good days to meditate: April 1st, 2nd and 22nd.

*"I do not want the peace that
passeth understanding. I want the
understanding which bringeth
peace."*

Helen Keller

Andrea is available for tarot and tea leaf readings in person, by phone, at private parties, and special events.

Office Hours:

Monday through Saturday 11am—6pm
Evenings and weekends by request when available

**Call (250) 661-6826 to book your appointment
or email andrea_mattson@hotmail.com**

