

You are safe, secure and rooted in wisdom.



Take time to give love to what is important to you.



The more you do it the better you will become



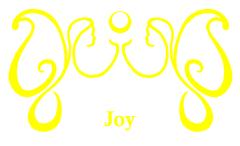
All things come in abundance, you are in the flow!



Follow your dreams, all things are possible!



Your body will put out what you put into it.



Laughter heals — Release your joy!



Time and understanding cure all.



Let your inner child play! Express yourself.



You are loved unconditionally for the whole person you are.



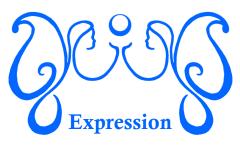
You deserve love and respect.



Love is the energy that binds us all together.



Show the world what you desire.



Let it all pour out! You have so much to express!



Truth is the balance of the heart and mind.



Listen. Your heart is talking to you.



Look at things from all angles. Life is all how you look at it.



Trust yourself you are on the right path.



You are LOVED!



You have the power to make your dreams come true.



Your thoughts and emotions create your reality.