# Comparing a binary outcome between groups

Overview:

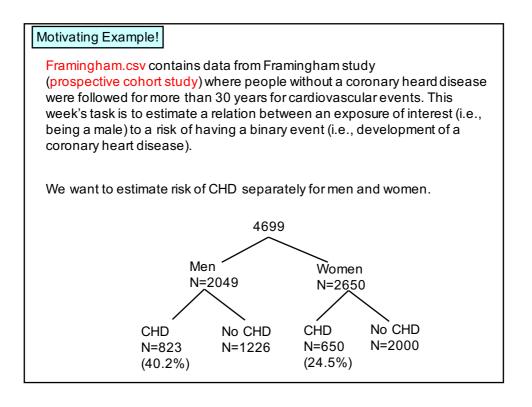
Risk Ratio, Relative Risk (RR)
Chi-square test, Fisher's Exact test
Risk Difference (RD)
Number Needed to Treat (NNT)
Rate Ratio (RR)
Odds Ratio (OR)

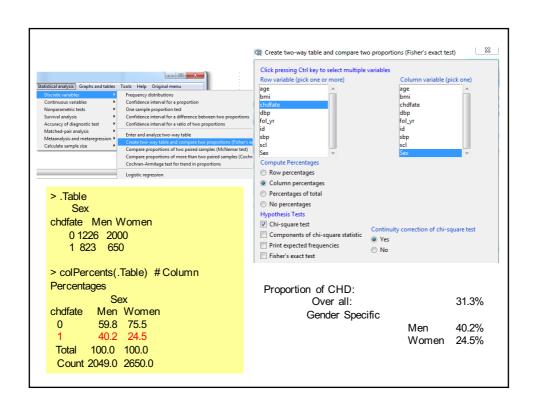
## Flow-chart for popularly used statistical tests

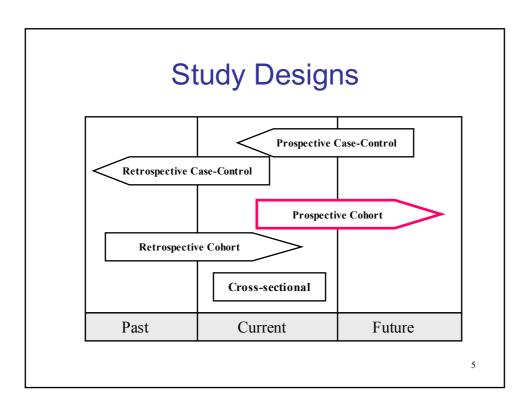
Q1,Univariate /Mutivariable	/Correlatio	Q3, Paired / related	Q4, Q5 Type of outcome (Normality)	Q6, No. of groups	Q7,sampl e size	Valid Tests
Univariate	Difference	Independe nt	Continuous (Normal) Continuous (Non-normal)/	>2		Student's t-test One-way ANOVA Mann-Whitney U test
			Ordered categorical	>2		Kruskal-Wallis H test
			Nominal	2 ≥2	<20 ≥20	Fisher's exact test Chi-square test
			Time to Event			Log-Rank test(Kaplan-Meier plot)
		Dependent (paired)	Continuous (Normal)	>2		Paied-t test Repeated measured ANOVA Mixed effect Regression
			Continuous (Non-normal)/ Ordered categorical	2 >2		Wilcoxon signed-rank test Friedman test
	Correlation		Nominal Continuous (Normal) Continuous (Non-normal)/ordered Nominal (2 levels)			McNemar's test Pearson's correlation (r) Spearman's correlation (rs) Spearman/Kappa (Agrreement)
Multivariable		Independe nt (un-paired)	Continuous (Normal residulas) Continuous (Non-normal residulas) Ordered categorical	Ĺ		Linear Regression Linear Regression* Ordered Logistic Regression
			Nominal (2 levels) (>2) Time to Event			Binary Logistic Regression  Multinomial Logistic Regression  Cox Proportional Hazard Regression
		(paired)	Continuous (Normal residulas) dent Continuous (Non-normal residulas) ed) Ordered categorical Nominal (2 levels)			Linear Mixed Effect Regression Linear Mixed Effect Regression  Generalized Estimation Equation (GFF) Generalized Estimation Equation (GFF)

Transform outcome variables for normalizing residuals

Created based on Publishing Your Medical Research Paper, by Daniel Byrne, Williams and Wilkins (1998)







# Risk ≈ Cumulative Incidence Proportion (%) =

No. of new cases of a disease occurring in a defined period of time

Total number of people at risk for the disease (and without the disease) in the population at beginning of period

In a cohort study, subjects who are followed should be free of outcome at beginning to estimate incidence, and also must have the same risk of developing the outcome.

How do we compare risk of CHD between males and females?

Risk ratio (Relative Risk) =  $\frac{\text{Proportion of people with CHD among males}}{\text{Proportion of people with CHD among females}}$ 

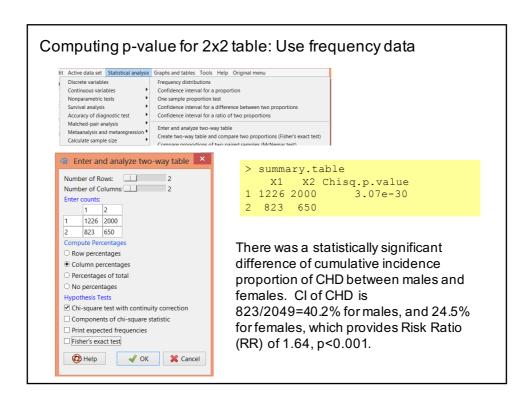
$$=\frac{40.2\%}{24.5\%}=1.64$$

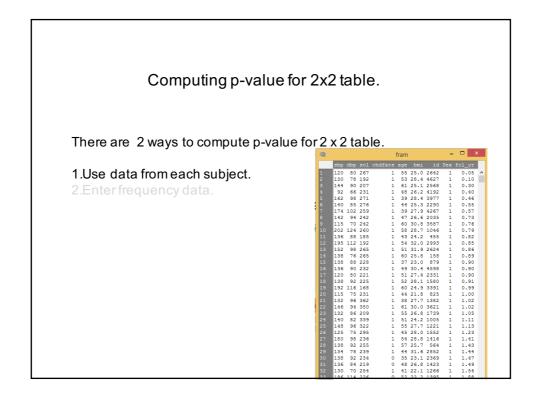
Being a male increases the risk of having CHD by 64% comparing to that of a female.

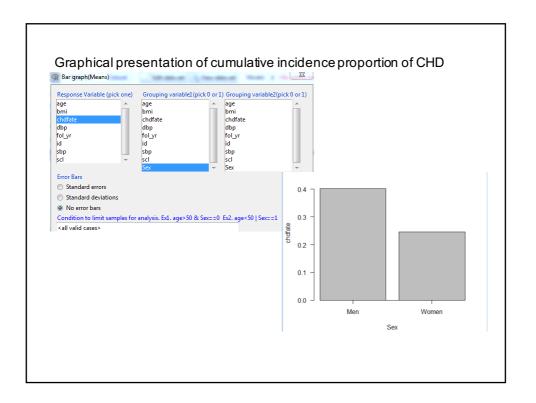
Computing p-value for 2x2 table.

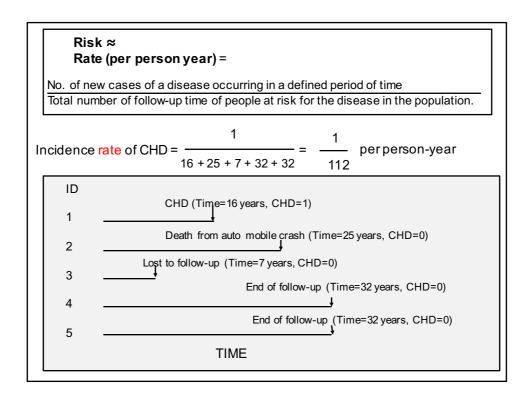
There are 2 ways to compute p-value for 2 x 2 table.

- 1.Use data from each subject.
- 2.Enter frequency data.









CHD rate per person-year among males = 823/42259 = 0.402/20.6 =0.0195
This means that 0.0195 person with CHD is observed if we follow a patient for 1 year of time. (0.0195/1 person year) Average annual risk of CHD

or equivalently,

If 1000 people are followed for 1 year, then 19.5 people with CHD would be observed with CHD.

CHD rate per person-year among females = 650/61451 = 0.245/23.2 = 0.0106

How do we compare risk o CHD between males and females?

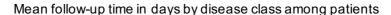
Rate Ratio = 
$$\frac{\text{Rate of CHD among males}}{\text{Rate of CHD among females}}$$
$$= \frac{0.0195}{0.0106} = 1.83$$

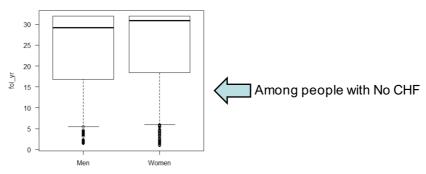
Being a male increases the risk of having CHD by 83% comparing to that of a female.

Risk Ratio = 1.64

Rate Ratio = 1.83

which one is more accurate to estimate the increased risk of CHD for male compared with that of a female?





Men are followed for a shorter period of time than women, thus the risk estimate by using the proportion of CHD in fact under-estimates the additional risk increase of CHD by men.

IJnder estimation

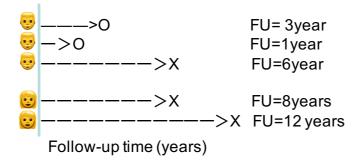
Risk ratio = Proportion of people with CHD among males
Proportion of people with CHD among females

Thus if follow-up time is meaningfully different between comparison groups, results can be biased when only proportions are compared (i.e., using chi-square test or logistic regression) by failing to take into account varying follow-up time.

Thus when follow-up time varies among subjects, we must consider using:

### Rate





Men Incidence Proportion 33% Rate 1/10
Women Incidence Proportion 100% Rate 2/20 =1/10

Risk Ratio = 1/3 Rate Ratio = 1

# Risk Ratio vs Risk Difference vs Number Needed to Treat (NNT)

# Blood Pressure Lowering drug ACE Inhibitor

# The New England Journal of Medicine

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EFFECTS OF AN ANGIOTENSIN-CONVERTING-ENZYME INHIBITOR, RAMIPRIL, ON CARDIOVASCULAR EVENTS IN HIGH-RISK PATIENTS

THE HEART OUTCOMES PREVENTION EVALUATION STUDY INVESTIGATORS

#### ABSTRACT

Background Angiotensin-converting-enzyme inhibitors improve the outcome among patients with left ventricular dysfunction, whether or not they have heart failure. We assessed the role of an angiotensin-converting-enzyme inhibitor, ramipril, in patients who were at high risk for cardiovascular events but who did not have left ventricular dysfunction or heart failure.

Mcthods A total of 9297 high-risk patients (55

Methods A total of 9297 high-risk patients (55 years of age or older) who had evidence of vascular disease or diabetes plus one other cardiovascular risk factor and who were not known to have a low ejection fraction or heart failure were randomly assigned to receive ramipril (10 mg once per day orally) or matching placebo for a mean of five years. The primary outcome was a composite of myocardial infarction, stroke, or death from cardiovascular causes.

The trial was a two-by-two factorial study evaluating both ramipril and vitamin E. The effects of vita-

Results A total of 651 patients who were assigned to receive ramipril (14.0 percent) reached the primary end point, as compared with 826 patients who were assigned to receive placebo (17.8 percent) (relative risk, 0.78; 95 percent confidence interval, 0.70 to 0.86; P < 0.001). Treatment with ramipril reduced the rates of death from cardiovascular causes (6.1 percent, as compared with 8.1 percent in the placebo group; relative risk, 0.74; P < 0.001), myocardial infarction (9.9 percent vs. 12.3 percent; relative risk, 0.80; P < 0.001), stroke (3.4 percent vs. 4.9 percent; relative risk, 0.86; P < 0.001), death from any cause (10.4 percent vs. 12.2 percent; relative risk, 0.84; P = 0.005), revascularization procedures (16.0 percent vs. 18.3 percent; relative risk, 0.63; P = 0.002), cardiac arrest (0.8 percent vs. 1.3 percent; relative risk, 0.63; P = 0.003), heart failure (9.0 percent vs. 11.5 percent; relative risk, 0.77; P < 0.001), and complications related to diabetes (6.4 percent vs. 7.6 percent; relative risk, 0.84; P = 0.003).

Conclusions Ramipril significantly reduces the

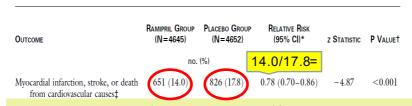
Оитсоме	RAMIPRIL GROUP (N=4645)	PLACEBO GROUP (N=4652)	RELATIVE RISK (95% CI)*	z Statistic	P VALUET
	no.	(%)	14.0/17.8=		
Myocardial infarction, stroke, or death from cardiovascular causes‡	651 (14.0)	826 (17.8)	0.78 (0.70-0.86)	-4.87	< 0.001
Death from cardiovascular causes§	282 (6.1)	377 (8.1)	0.74 (0.64-0.87)	-3.78	< 0.001
Myocardial infarction§	459 (9.9)	570 (12.3)	0.80 (0.70-0.90)	-3.63	< 0.001
Stroke§	156 (3.4)	226 (4.9)	0.68 (0.56-0.84)	-3.69	< 0.001
Death from noncardiovascular causes	200 (4.3)	192 (4.1)	1.03 (0.85-1.26)	0.33	0.74
Death from any cause	$482\ (10.4)$	569 (12.2)	$0.84\ (0.75 - 0.95)$	-2.79	0.005

<sup>\*</sup>CI denotes confidence interval.

‡In the substudy, 34 of 244 patients (13.9 percent) assigned to take a low dose of ramipril (2.5 mg per day) reached the composite end point, as compared with 31 of 244 assigned to take 10 mg of ramipril per day (12.7 percent) and 41 of 244 assigned to placebo (16.8 percent). The inclusion of the data from the low-dose group did not change the overall results (relative risk of the primary outcome, 0.78; 95 percent confidence interval, 0.70 to 0.86).

§All patients with this outcome are included.

 TABLE 3. INCIDENCE OF THE PRIMARY OUTCOME AND OF DEATHS FROM ANY CAUSE.



Relative risk = 14.0/17.8 = 0.78 = 22% Risk reduction Risk difference = 17.8-14.0=3.8% (This indicates that 3.8% of pts did not have the event because of the drug) 1/3.8% =26.3 (In order to prevent 1 person from getting the event, 26.3 patients needed to be treated with this drug.

results (relative risk of the primary outcome, 0.78; 95 percent confidence interval, 0.70 to 0.86). \$\frac{1}{2}\$ All patients with this outcome are included.

<sup>†</sup>P values were calculated with use of the log-rank test.





OR



This year's flu vaccine have an efficacy of 18% (RR=0.82)

Prevalence proportion of flu is thought to be 6%, which means that prevalence proportion of flu is reduced to 6x0.82 = 4.92%

Thus, there is only 1.08% of people who could prevent from getting a flu.

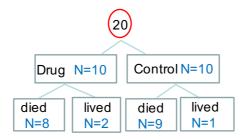
Risk Difference (RD)

Number Needed to Treat (NNT)= 1/(0.06 - 0.049)=92.6 In order to prevent 1 person from having a flu, 92.6 people need to be vaccinated.

NNT = 1/RD

Risk Ratio vs Odds Ratio

# Risk Ratio vs Odds Ratio



Drug Placebo Ratio

Risk 8/10 9/10  $\frac{8/10}{9/10}$ =0.88

Odds 8/2 9/1  $\frac{8/2}{9/1}$ =0.44

### Property of Odds Ratio and Relative Risk

•  $0 \le Odds \le \infty$  •  $0 \le Proportion \le 1$ 

OR = 1 ⇔ RR=1 No association (p-value assessed OR=1, thus this is equivalent with assessing RR=1

RR > 1 ⇔ OR > 1 RR < 1 ⇔ OR < 1

> • If RR > 1 then OR > RR If RR < 1 then OR < RR

> > 26

### Comparison between Odds Ratio and Risk Ratio

Risk ratio=2					
Risk in the unexposed group	Corresponding odds ratio				
0.001	2.002				
0.005	2.010				
0.01	2.020				
0.05	2.111				
0.1	2.25				
0.2	3.5				
0.3	6.0				
0.4	11.0				
0.5	∞				

The use of odds ratio is not a problem for rare outcomes because OR would be similar to RR. Although for common outcomes, OR can be a lot different from RR, therefore an odds ratio should not be used as RR (used to quantify a risk increase).

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Question:

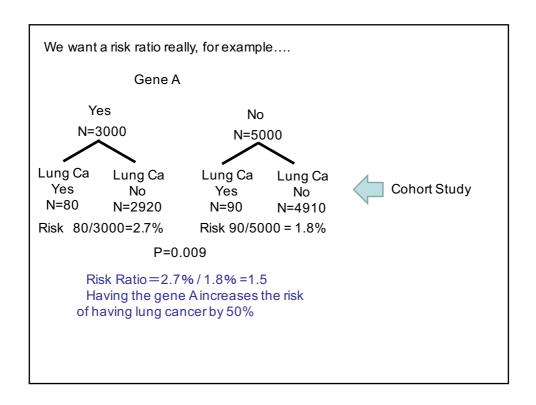
Then, do we need to use OR not RR?

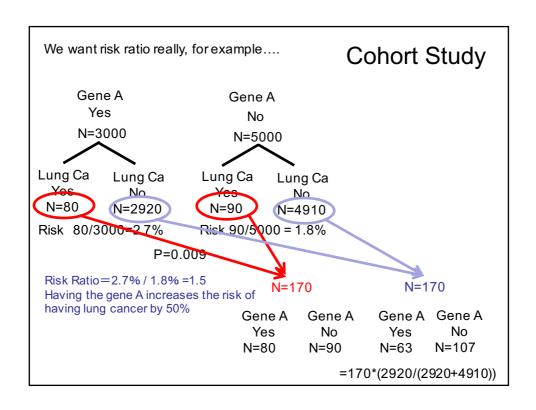


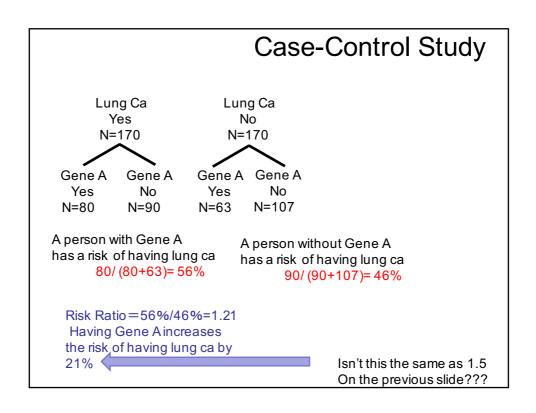
Answer: Don't have to use OR

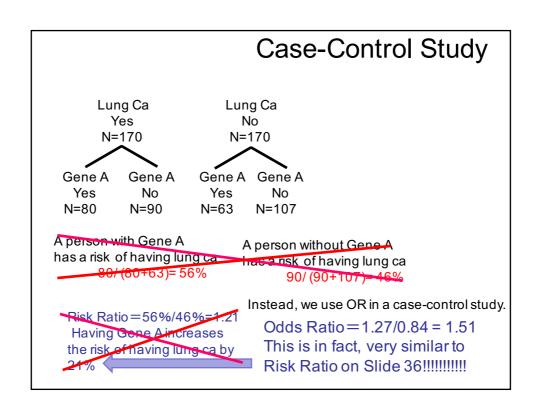
Except for ....

Case-control study









In the previous page of the case-control study,

Cumulative incidence (risk) of LungCancer among gene Ais 56%? Cumulative incidence (risk) of LungCancer among no gene Ais 46%?

Why do you think risk of Lung Cancer became so large in case-control study?

Do you see some thing wrong here??????

In case-control study, cases are OVER SAMPLEed, thus we cannot estimate cumulative incidence proportion (risk).

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Case-control study <- Good study design for a rare disease

When event prevalence is less than 0.1 among control group, Odds ratio approximates Risk ratio pretty well. Thus, in a case-control study, or a study with rare outcome, it is OK to use OR to estimates RR.

Although, odds ratios are used all most always where outcome is binary even in a cohort study where relative risk can be obtained. Why? Logistic regression is a lot more widely used than relative risk regression. Logistic regression computes OR not RR.

Then people interpret an odds ratio as if it were a relative risk regardless of study design (common mistake by literature). And this is not OK in many cases.

