

# ADEBISI ODEFEMI

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Ogun State, Nigeria  
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## Key Skills

- Nutritional Assessment
- Customer Relationship
- Counselling and communication
- Diet planning

## Computer Skills

- Microsoft Word

## Languages

- English
- Yoruba

## Interests

- Travel
- Networking
- Reading novels

## Summary

Entry-level professional with a degree in Nutrition and Dietetics, 2 years of customer relations experience as a waitress, and recent NYSC experience teaching and mentoring students in a rural setting. Skilled in communication, teamwork, and adaptability, seeking opportunities in Nutrition or customer service, or education to apply my diverse skills and experiences.

## Work Experience

### English Language and Social Studies teacher (NYSC). August 2023 – July 2024

St Mattew School, Angiama community, Bayelsa State

- Developed and implemented engaging lesson plans to improve student learning outcomes.
- Closely assessed and tracked individual progress, ensuring each student thrives and proactively communicated observations and recommendations to parent and colleagues.
- Fostered children's personal, social and language skills through engaging interactions.
- Gained valuable experience in community development and public service.

### Waitress

Oct 2018 – Mar 2020

Providence Hotel and Suites, Abeokuta, Ogun State.

- Provided a warm and welcoming environment for guests, ensuring exceptional customer service.
- Memorized the menu and proactively suggested appetizers, desserts, and drinks to enhance the dining experience and boost sales.
- Accurately took and relayed guest orders to the kitchen, ensuring clear communication and prompt service.

### Nutrition Intern

Aug 2017 – Oct 2017

Federal Medical Centre, Abeokuta, Ogun state

- Educated patients on proper food choices, portion sizes, and healthy eating habits to manage or prevent health conditions.
- Conducted nutritional assessments to evaluate patients' dietary habits, health status, and nutrient requirements.
- Assisted in creating personalized meal plans tailored to patients' health conditions and dietary needs.
- Collaborated with healthcare professionals to develop comprehensive care plans.

## Education

Higher National Diploma: Nutrition and Dietetics  
Rufus Giwa Polytechnic, Ondo State.

Aug 2016 - Feb 2020

National Diploma: Nutrition and Dietetics  
The Federal Polytechnic, Ilaro.

Sep 2012 - Feb 2015

## Certifications, Trainings and Affiliations

- Member, National Association of Nutrition and Dietetics Student.
- Member, Institute for Dietetics in Nigeria (in-view).