

ADEBISI ODEFEMI

Ibara Housing Estate, Abeokuta,
Ogun State, Nigeria
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Key Skills

- Nutritional Assessment
- Customer Relationship
- Counselling and communication
- Diet planning

Computer Skills

- Microsoft Word

Languages

- English
- Yoruba

Interests

- Travel
- Networking
- Reading novels

Summary

Entry-level professional with a degree in Nutrition and Dietetics, 2 years of customer relations experience as a waitress, and recent NYSC experience teaching and mentoring students in a rural setting. Skilled in communication, teamwork, and adaptability, seeking opportunities in Nutrition or customer service, or education to apply my diverse skills and experiences.

Work Experience

English Language and Social Studies teacher (NYSC). August 2023 – July 2024
St Matthew School, Angiama community, Bayelsa State

- Developed and implemented engaging lesson plans to improve student learning outcomes.
- Closely assessed and tracked individual progress, ensuring each student thrives and proactively communicated observations and recommendations to parent and colleagues.
- Fostered children’s personal, social and language skills through engaging interactions.
- Gained valuable experience in community development and public service.

Waitress

Oct 2018 – Mar 2020

Providence Hotel and Suites, Abeokuta, Ogun State.

- Provided a warm and welcoming environment for guests, ensuring exceptional customer service.
- Memorized the menu and proactively suggested appetizers, desserts, and drinks to enhance the dining experience and boost sales.
- Accurately took and relayed guest orders to the kitchen, ensuring clear communication and prompt service.

Nutrition Intern

Aug 2017 – Oct 2017

Federal Medical Centre, Abeokuta, Ogun state

- Educated patients on proper food choices, portion sizes, and healthy eating habits to manage or prevent health conditions.
- Conducted nutritional assessments to evaluate patients' dietary habits, health status, and nutrient requirements.
- Assisted in creating personalized meal plans tailored to patients' health conditions and dietary needs.
- Collaborated with healthcare professionals to develop comprehensive care plans.

Education

Higher National Diploma: Nutrition and Dietetics Aug 2016 - Feb 2020
Rufus Giwa Polytechnic, Ondo State.

National Diploma: Nutrition and Dietetics Sep 2012 - Feb 2015
The Federal Polytechnic, Ilaro.

Certifications, Trainings and Affiliations

- Member, National Association of Nutrition and Dietetics Student.
- Member, Institute for Dietetics in Nigeria (in-view).