

Radiance Med Spa - Knowledge Base Document

About Radiance Med Spa

Our Mission

Radiance Med Spa is Karachi's premier destination for advanced aesthetic treatments and wellness services. We combine medical expertise with a luxurious spa experience to help you look and feel your absolute best.

Our Team

- **Medical Director:** Dr. Ayesha Rahman, MD - Board-certified dermatologist with 15+ years of experience
- **Aesthetic Nurses:** Licensed RNs specialized in injectable treatments
- **Licensed Aestheticians:** Certified in advanced skincare treatments
- **Laser Technicians:** Certified on all laser equipment

Location & Hours

Address: 123 Zamzama Boulevard, Defence Phase 5, Karachi, Pakistan

Operating Hours:

- Monday - Friday: 10:00 AM - 8:00 PM
- Saturday: 10:00 AM - 6:00 PM
- Sunday: Closed

Contact:

- Phone: +92-300-1234567
- Email: info@radiancemedspa.pk
- Website: www.radiancemedspa.pk

Services & Pricing

Injectable Treatments

Botox (Botulinum Toxin)

Description: FDA-approved neurotoxin that smooths wrinkles by temporarily relaxing facial muscles.

Treatment Areas:

- Forehead lines
- Frown lines (11s)
- Crow's feet
- Bunny lines
- Brow lift
- Gummy smile
- Jaw slimming (masseter)
- Neck bands

Pricing:

- Single area: PKR 25,000
- Two areas: PKR 40,000
- Three areas: PKR 55,000
- Full face: PKR 70,000

Duration: 15-20 minutes **Results:** 3-4 months **Downtime:** None **Results visible:** 3-7 days

Contraindications:

- Pregnancy or breastfeeding
- Neuromuscular disorders
- Allergy to botulinum toxin
- Active skin infection

Dermal Fillers (Hyaluronic Acid)

Description: Injectable gel that adds volume, smooths wrinkles, and enhances facial contours.

Treatment Areas:

- Lips (volume and shape)
- Cheeks (volume and lift)
- Under eyes (tear troughs)
- Nasolabial folds (smile lines)
- Marionette lines
- Jawline contouring
- Chin enhancement
- Temple volume

Pricing (per syringe):

- Standard HA filler: PKR 35,000
- Premium filler (Juvederm/Restylane): PKR 50,000
- Lips: 1-2 syringes recommended
- Cheeks: 1-2 syringes per side

Duration: 30-45 minutes **Results:** 6-18 months (depending on area and product) **Downtime:** Minimal (possible swelling/bruising 1-3 days) **Results visible:** Immediate

Contraindications:

- Pregnancy or breastfeeding
- Allergy to hyaluronic acid
- Active skin infection or cold sore
- Autoimmune disorders (consult required)

Laser Treatments

Laser Hair Removal

Description: Advanced diode laser technology for permanent hair reduction.

Treatment Areas:

- Underarms

- Full legs
- Half legs
- Brazilian
- Bikini line
- Full arms
- Half arms
- Upper lip
- Chin
- Full face
- Chest
- Back
- Abdomen

Pricing (per session):

- Small area (upper lip, underarms): PKR 3,000
- Medium area (bikini, half arms, half legs): PKR 8,000
- Large area (full legs, full back, Brazilian): PKR 15,000

Packages (6 sessions - Save 20%):

- Small area: PKR 14,400 (was PKR 18,000)
- Medium area: PKR 38,400 (was PKR 48,000)
- Large area: PKR 72,000 (was PKR 90,000)

Duration: 15 minutes - 1 hour (depending on area) **Sessions needed:** 6-8 treatments, 4-6 weeks apart **Downtime:** None **Results:** 80-95% permanent reduction

Preparation Required:

- Shave area 24 hours before
- No sun exposure 2 weeks before/after
- No waxing/plucking 4 weeks before

- Avoid retinoids 1 week before

Contraindications:

- Pregnancy
 - Tanned or sunburned skin
 - Active skin infection
 - Certain medications (isotretinoin)
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Laser Skin Resurfacing (Fractional CO2)

Description: Advanced laser treatment for skin rejuvenation, scar reduction, and texture improvement.

Treats:

- Acne scars
- Surgical scars
- Fine lines and wrinkles
- Sun damage
- Uneven texture
- Large pores
- Age spots

Pricing:

- Small area (upper lip, spot treatment): PKR 15,000
- Medium area (full face): PKR 50,000
- Large area (face + neck): PKR 70,000

Duration: 30-60 minutes **Sessions needed:** 3-5 treatments, 4-6 weeks apart **Downtime:** 5-7 days (redness, peeling) **Results visible:** 2-3 weeks, continue improving for 3-6 months

Preparation Required:

- Pre-treatment skincare regimen (2 weeks)
- Avoid sun exposure

- Stop retinoids 1 week before
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Facial Treatments

HydraFacial

Description: Medical-grade hydradermabrasion treatment that cleanses, extracts, and hydrates skin.

Treatment Steps:

1. Cleansing and exfoliation
2. Gentle acid peel
3. Painless extractions
4. Hydration with serums
5. LED light therapy
6. Oxygen infusion

Pricing:

- Signature HydraFacial: PKR 20,000
- Deluxe (+ lymphatic drainage + booster): PKR 28,000
- Platinum (+ neck/chest + premium booster): PKR 35,000

Duration: 30-60 minutes **Frequency:** Monthly for best results **Downtime:** None **Results visible:** Immediate

Perfect for:

- Dehydrated skin
 - Clogged pores
 - Dull complexion
 - Fine lines
 - Uneven texture
 - Before special events
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Chemical Peels

Description: Exfoliating treatment using medical-grade acids to improve skin texture and tone.

Types Available:

Superficial Peels (No downtime)

- Glycolic acid (30%, 50%, 70%)
- Salicylic acid (for acne)
- Lactic acid (for sensitive skin)
- Price: PKR 8,000 per session
- Sessions: 4-6, every 2-4 weeks

Medium Peels (3-5 days downtime)

- TCA peel (for pigmentation, aging)
- Jessner's peel (for acne, scars)
- Price: PKR 15,000 per session
- Sessions: 3-4, every 6-8 weeks

Deep Peels (7-10 days downtime)

- TCA High strength (for severe aging, scars)
- Price: PKR 25,000 per session
- Sessions: 1-2, yearly

Best for:

- Acne and acne scars
 - Hyperpigmentation
 - Melasma
 - Sun damage
 - Fine lines
 - Uneven tone and texture
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Microneedling with PRP

Description: Collagen induction therapy combined with platelet-rich plasma for enhanced skin rejuvenation.

Process:

1. Blood draw and PRP preparation
2. Topical numbing (30 minutes)
3. Microneedling treatment
4. PRP application
5. Soothing mask

Pricing:

- Microneedling only: PKR 15,000
- Microneedling + PRP: PKR 30,000

Duration: 90 minutes total **Sessions needed:** 3-6 treatments, 4-6 weeks apart **Downtime:** 2-3 days (redness, mild swelling) **Results visible:** 4-6 weeks, continue improving for 3-6 months

Treats:

- Acne scars
- Stretch marks
- Fine lines and wrinkles
- Large pores
- Uneven texture
- Hair loss (scalp)

Body Treatments

CoolSculpting (Body Contouring)

Description: Non-invasive fat reduction using controlled cooling technology (cryolipolysis).

Treatment Areas:

- Abdomen

- Love handles
- Thighs (inner/outer)
- Arms
- Back fat
- Double chin
- Bra bulge

Pricing (per area):

- Small area (double chin): PKR 50,000
- Medium area (arms, inner thighs): PKR 80,000
- Large area (abdomen, flanks): PKR 120,000

Packages:

- 3 areas: Save 15%
- 5 areas: Save 20%

Duration: 35-60 minutes per area **Sessions needed:** 1-3 per area **Downtime:** Minimal (numbness, redness 1-2 weeks) **Results visible:** 6-12 weeks, final results at 3-4 months **Results:** 20-25% fat reduction per treatment

Best candidates:

- BMI under 30
- Stubborn fat pockets
- Close to ideal weight
- Realistic expectations

Not suitable for:

- Significant weight loss needed
- Pregnancy or breastfeeding
- Cold-related conditions

RF Skin Tightening (Radiofrequency)

Description: Non-invasive treatment using radiofrequency energy to tighten skin and stimulate collagen.

Treatment Areas:

- Face and neck
- Abdomen
- Arms
- Thighs
- Buttocks

Pricing:

- Face and neck: PKR 25,000 per session
- Body (per area): PKR 30,000 per session
- Package of 6: Save 20%

Duration: 30-60 minutes **Sessions needed:** 6-8 treatments, weekly **Downtime:** None **Results visible:** Gradual over 3-6 months

Best for:

- Mild to moderate skin laxity
- Cellulite improvement
- Post-pregnancy skin tightening
- Age-related sagging

Treatment Combinations

Popular Combos (Save 10% when booked together)

The Youth Refresh:

- Botox (forehead + crow's feet) + Dermal Fillers (lips OR cheeks)
- Regular: PKR 90,000 → **Combo: PKR 81,000**

The Complete Glow:

- HydraFacial + Chemical Peel + LED therapy

- Regular: PKR 33,000 → **Combo: PKR 30,000**

The Confidence Builder:

- Laser Hair Removal (3 areas) + RF Skin Tightening
- Custom pricing with 15% discount

The Scar Solution:

- Microneedling + PRP + Laser Resurfacing (3 sessions each)
 - Regular: PKR 270,000 → **Package: PKR 240,000**
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Policies & Procedures

Booking Policy

- Appointments required for all treatments
- First-time clients: Free consultation required for injectables and lasers
- Same-day appointments based on availability
- Online booking available 24/7

Deposit Policy

- PKR 10,000 deposit required for laser packages
- PKR 5,000 deposit for injectable appointments
- Deposits are non-refundable but transferable to future appointments

Payment Options

- Cash
- Credit/Debit cards (Visa, Mastercard)
- Bank transfer
- Payment plans available for packages over PKR 50,000

Refund Policy

- Treatments: No refunds after treatment performed
- Packages: Refundable within 7 days if unused

- Products: Refundable within 14 days if unopened
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Preparation & Aftercare

General Pre-Treatment Guidelines

- Arrive with clean face (no makeup for facial treatments)
- Avoid alcohol 24 hours before injectables
- Avoid blood thinners 1 week before (aspirin, ibuprofen) if possible
- Inform us of all medications and supplements
- Disclose pregnancy, breastfeeding, or recent illness

General Post-Treatment Care

- Avoid sun exposure for 48 hours
- Use SPF 50+ daily
- Avoid intense exercise for 24 hours (injectables)
- No touching/rubbing treated area
- Stay hydrated
- Follow specific treatment aftercare instructions

When to Avoid Treatments

- Active cold sore or skin infection
 - Recent cosmetic procedures (wait 2 weeks)
 - Currently taking isotretinoin (wait 6 months)
 - Recent filler in same area (wait 2 weeks)
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Frequently Asked Questions

General FAQs

Q: Do I need a consultation first? A: Free consultations required for first-time laser and injectable clients. Facials and chemical peels can be booked directly.

Q: Are treatments painful? A: Most treatments involve minimal discomfort. We use topical numbing for injectables and aggressive treatments. Pain levels vary by individual.

Q: How do I know which treatment is right for me? A: Book a free consultation! Our specialists will assess your skin and recommend a personalized treatment plan.

Q: Do you offer payment plans? A: Yes, for packages over PKR 50,000. Discuss options during booking.

Q: Are results guaranteed? A: Results vary by individual. We provide realistic expectations during consultation and follow evidence-based protocols.

Q: What if I'm not happy with results? A: For injectables, we offer complimentary touch-ups within 2 weeks if needed. Other concerns addressed case-by-case.

Treatment-Specific FAQs

Q: How long does Botox last? A: Typically 3-4 months. Results vary based on individual metabolism and treatment area.

Q: Can I get Botox and fillers on the same day? A: Yes! This is very common. Many clients combine treatments for comprehensive rejuvenation.

Q: How many laser hair removal sessions do I need? A: 6-8 sessions for most areas, spaced 4-6 weeks apart. Maintenance sessions may be needed annually.

Q: Will laser hair removal work on my skin tone? A: Our advanced diode laser is safe for all skin tones. Consultation determines candidacy.

Q: When can I wear makeup after a facial? A: Wait 12-24 hours for most facials. Chemical peels may require longer.

Q: Can I exercise after treatment? A: Avoid intense exercise 24 hours after injectables. Most other treatments have no exercise restrictions.

Q: How soon can I get another treatment? A: Varies by treatment type. Facials: monthly. Chemical peels: 2-4 weeks. Injectables: 2 weeks for touch-ups.

Special Offers & Packages

Current Promotions

New Client Special:

- 20% off first HydraFacial

- Free skin consultation (PKR 5,000 value)

Birthday Month:

- 15% off any treatment during your birthday month
- Free upgrade on HydraFacial

Refer a Friend:

- Referrer: PKR 5,000 credit
- Referee: 10% off first treatment

Seasonal Packages (Updated quarterly):

- Check website or call for current offers

Membership Program**Radiance Rewards:**

- Earn 1 point per PKR 100 spent
- 500 points = PKR 2,500 credit
- Exclusive member pricing on packages
- Early access to new treatments
- Birthday bonus: 100 points

VIP Membership (PKR 50,000/year):

- 20% off all treatments
- Complimentary monthly HydraFacial
- Priority booking
- Free product samples
- 2 guest passes per year

Safety & Credentials**Our Standards**

- All treatments performed by licensed medical professionals

- FDA-approved products and equipment only
- Strict hygiene and sterilization protocols
- Regular staff training and certification
- Emergency protocols in place

Certifications

- Medical Director: Board-certified Dermatologist
- Nurses: Licensed RNs with aesthetic certification
- Laser Technicians: Certified on all equipment
- Aestheticians: International certification (CIDESCO/CIBTAC)

Medical Oversight

All treatment plans reviewed and approved by our Medical Director. Medical-grade emergency equipment on-site.

Contact & Booking

How to Book

1. **Phone:** +92-300-1234567 (10 AM - 8 PM, Mon-Sat)
2. **WhatsApp:** +92-300-1234567
3. **Website:** www.radiancemedspa.pk/book
4. **Email:** info@radiancemedspa.pk
5. **In-person:** Walk-ins welcome for consultations

Follow Us

- Instagram: [@radiancemedspa.pk](https://www.instagram.com/radiancemedspa.pk)
- Facebook: Radiance Med Spa Karachi
- TikTok: [@radiancemedspa](https://www.tiktok.com/@radiancemedspa)

Emergency Contact

For post-treatment emergencies: +92-300-9876543 (24/7 hotline)

Insurance & Medical Records

Insurance

Most aesthetic treatments are not covered by insurance as they're considered cosmetic. Medical treatments (acne, scars) may be partially covered. Bring insurance information for verification.

Medical Records

We maintain confidential medical records for all clients. Records available upon request with proper identification.

Last Updated: January 2025 **Version:** 1.0

This knowledge base should be regularly updated with current pricing, promotions, and policies.