

2-handed HH grooves

1. **RL RL R L R L R L R L R L R L R L R L R L R L R L**

2. **RL RL R L R L R L R L R L R L R L R L R L R L R L**

3. **RL RL R L R L R L R L R L R L R L R L R L R L R L**

4. **RL RL R L R L R L R L R L R L R L R L R L R L R L**

5. **RL RL R L R L R L R L R L R L R L R L R L R L R L**

6. **RL RL R L R L R L R L R L R L R L R L R L R L R L**