# Sustainability in hospitality and tourism: a review of key research topics from 1994 to 2020

Hospitality and tourism

3029

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#### Abstract

**Purpose** – The purpose of this study is to examine the scientific research related to sustainability in hospitality and tourism from 1994 to 2020 by conducting bibliometric and science mapping analyses and to discuss the implications for prospective research opportunities.

**Design/methodology/approach** – Keyword co-occurrences with 2,980 published papers collected from the Web of Science (Social Science Citation Index and Emerging Sources Citation Index) were used for the bibliometric-based analysis. The authors use SciMAT software which offers relevant outputs, such as research themes and graphical outputs (strategic diagrams, cluster networks and science mapping representing the temporal evolution of the themes).

**Findings** – The findings show that biodiversity conservation, sustainable attitudes, climate change, protected areas, satisfaction and environmental management were the focal motor-themes in the studied periods. Additionally, four areas for future investigation are identified and discussed: sustainable behavior and environmental sustainability; consumption, demand and economic growth; tourism development and strategies; and rural tourism, poverty, ethics and education.

**Research limitations/implications** – This analysis shows insightful results processing a high number of published documents. However, the authors recommend further research focused on qualitative literature review for each critical topic.

**Originality/value** – The authors are unaware of analogous, completed and recent work about sustainability in hospitality and tourism. The authors believe this article is of great value to academics and practitioners because it synthesizes and disseminates the research topic while providing an outstanding basis for identifying research opportunities.

**Keywords** Bibliometric analysis, Science mapping analysis, Sustainability, Hospitality, Tourism, SciMAT **Paper type** Research paper

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3030

#### 1. Introduction

Sustainability has become a popular concept in recent scientific literature and a key strategic guideline for public policies and the strategies of private business organizations. In the field of hospitality and tourism, sustainability has been one of the dominant discourses in academia, business, policy and government over the past three decades (Butler, 1999; Hopwood et al., 2005; Prud'homme and Raymond, 2013; Sharpley, 2020), specially since 2015, when the United Nations members adopted the 2030 Agenda for Sustainable Development (Moyle et al., 2020). Despite this progress, research on sustainability in tourism and hospitality continues to be underdeveloped (Ertuna et al., 2019); hospitality and tourism companies are still far from implementing the results of academic research (Gössling and Higham, 2021; Sharpley, 2020). Moreover, although the benefits derived from addressing sustainable practices are clear in terms of costs reduction, enhanced customer satisfaction. trust and improved benefits (Batle et al., 2018; Chan and Hsu, 2016), many hospitality and tourism managers still focus on maximizing profits and controlling costs while ignoring the potential of sustainability (Jones et al., 2016). The COVID-19 pandemic has also opened new opportunities and challenges to develop sustainability activities and programs in the hospitality industry and tourism to respond to the new demands of society and stakeholders (Iones and Comfort, 2020).

This study addresses several literature gaps. First, sustainability is widely defined as "meeting the needs of the present without compromising the ability of future generations to meet their own needs" (United Nations, 1987, p. 16). Thus, the term sustainability is used to refer to multiple economic, environmental and socio-cultural policies and practices implemented by governments, businesses, or NGOs, such as environmental protection, containing climate change, favoring local economy, poverty elimination or social sustainability in terms of health, human rights and ethical issues, among others (Fischer et al., 2020). As a result, there is an overuse of the term sustainability (Hopwood et al., 2005) and the concept is often misinterpreted, which reinforces the need for a holistic understanding of sustainability. Second, there is a lack of a comprehensive view of research examining sustainability in hospitality and tourism, which is essential to develop a framework to position future research in the field because of the extent of the definitions and variables related to sustainability. Third, research on sustainability in tourism and hospitality is linked to environmental, economic, socio-cultural, political and ethical aspects of sustainable tourism (Mihalic, 2020; Moyle et al., 2020), which is examined from different disciplines such as consumer behavior, marketing, finance and human resource management, leading to a variety of contexts and perspectives of analysis that may limit the generalizability of the results. Therefore, to address these limitations, and in an attempt to reduce the gap between theoretical sustainability and its practical implementation in tourism and hospitality (Sharpley, 2020), this study provides a bibliometric analysis and science mapping of this body of literature to synthesize the main research themes, guide future research agenda on sustainability in hospitality and tourism and offer practical implications for the industry.

Following Donthu *et al.* (2021), a bibliometric analysis was used instead of a metaanalysis or qualitative systematic literature review because the aim is to summarize extant literature, the scope is broad and there is a large amount of data to manually make the analysis. In addition, the bibliometric analysis is a quantitative method that allows descriptive statistical analyses and it is also useful to identify the topics that are gaining more importance and identify possible gaps in the literature. The aim of this analysis is to present the research structure of a domain (Paul and Rialp, 2020). Specifically, the following research questions (RQs) concerning sustainability in hospitality and tourism are examined:

- RQ2. Which topics on sustainability in hospitality and tourism are most influential?
- RQ3. How has the literature advanced? Which topics on sustainability in hospitality and tourism are emergent and beneficial for prospective research?
- RQ4. What are the main implications so far for policymakers and tourism and hospitality businesses arising from the challenges involved in adopting sustainable practices?

The first research question refers to the need to generate a complete and accurate approach to the field of study by identifying the key issues, the size and the relationships between them. The second research question is related to the relative importance of each topic. In this respect, topics with a high number of citations are considered more influential (Huang *et al.*, 2021). The third question will help define the direction and interest in the research field where researchers are looking for influential topics. The last question seeks to draw out the main practical implications of this research and provide actionable recommendations to contribute to the development of sustainable practices in the hospitality and tourism industry.

Several disciplines, including tourism, hospitality, services and management, among others, have used the bibliometric analysis. Recent examples included Cunill *et al.* (2019), Nusair (2020) or Mody *et al.* (2021). Specifically, there are several studies in the areas of tourism and hospitality, even in sustainability within these areas, but they are limited to a specific journal or four-five top journals (see Table 1). Therefore, this paper also contributes to the literature by using a broader scope in investigating and exploring the progress of sustainability in hospitality and tourism, and identifying the more promising avenues for future research along with some key practical implications for tourism firms.

The paper is structured using the following sections: the methodology, data and tools for analyses are described in Section 2. The results, including the descriptive statistics, the highly cited articles within the two periods, a content analysis of the research and structural analysis of the progression of sustainability in hospitality and tourism comparing the two periods are presented in Section 3. Section 4 provides an agenda for future research. Section 5 offers conclusions, theoretical and practical implications and limitations.

#### 2. Method

#### 2.1 Literature review article guidelines

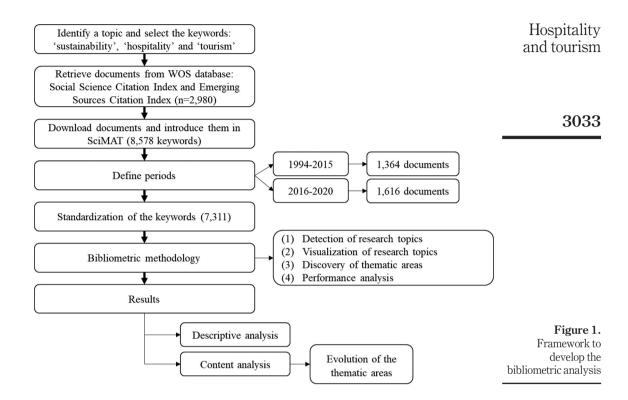
There are three types of systematic literature reviews (Paul and Rialp, 2020). First, the domain-based analysis, which synthesizes research into various themes. Second, the theory-based analysis, which focuses on how research from the same body of literature applies theories. Third, the method-based analysis, which focuses on methodologies used in a body of literature. In this research, the domain-based review is an excellent choice given the current research questions because it combines the methodologies of bibliometric and content analysis. Bibliometric analysis is helpful to investigate journal publications using statistical tools, whereas content analysis synthesizes the major themes of the literature (Donthu *et al.*, 2021).

IJCHM 34,8	Author/year	Journal	Topic/analysis
0 2,0	Hocevar and Bartol (2021)	International Journal of Tourism Cities	Urban tourism (not sustainability)
	Sigala <i>et al.</i> (2021)	Journal of Hospitality and Tourism Management	Journal of Hospitality and Tourism  Management (analysis of one journal)
3032	Senbeto et al. (2021)	Journal of Hospitality and Tourism Research	Hospitality and tourism in Africa (not sustainability)
	Moyle <i>et al.</i> (2020)	Journal of Sustainable Tourism	Sustainability (analysis of four high-ranked journals)
	Kumar <i>et al.</i> (2020)	Journal of Heritage Tourism	Journal of Heritage Tourism (analysis of one journal)
	Nusair <i>et al.</i> (2019)	International Journal of Contemporary Hospitality Management	Social media in hospitality and tourism journals (not sustainability)
	Avila-Robinson and Wakabayashi (2018)	Journal of Destination Marketing and Management	Destination management and marketing research (not sustainability)
m.i	Mauleon-Mendez <i>et al.</i> (2018)	Advances in Hospitality and Tourism Research	Sustainable tourism research (analysis of one journal)
Table 1. Recent bibliometric	Bramwell et al. (2017)	Journal of Sustainable Tourism	Sustainable tourism in <i>Journal of Sustainable Tourism</i> (analysis of one journal)
analyses on tourism and hospitality	Ruhanen et al. (2015)	Journal of Sustainable Tourism	Sustainable tourism (analysis of four high-ranked journals)

The process of developing a review article requires an organizing framework (see Figure 1). The first critical phase is identifying a relevant topic[1] (Paul and Rialp, 2020). In this regard, the keywords used for the selection of the articles is an essential input for the bibliometric analysis, thus setting the breadth of the study. The literature presents two criteria to select keywords: using a high number of keywords could be an alternative (Leung et al., 2017); or a more concentrated search on a very few words with direct relation to the exact research topic (Leung et al., 2013; Zeng and Gerritsen, 2014). Both alternatives were tested in this research. The first search included many words (e.g. environment\*, greenhouse gas emissions, CO2 emissions, climate change, biodiversity conservation, sustainable development, etc.). In the second search, following the work of Leung et al. (2013) and Zeng and Gerritsen (2014), the search list was narrowed down to "sustainability" in "hospitality" and "tourism" to cover exactly one of the topics of the special issue. Findings from both alternatives were compared, and the last search resulted in publications related to "climate change," "biodiversity conservation," etc. and also publications related to sustainability in tourism and hospitality in general (sustainable attitudes, green hotels, environmental behavior, etc.). Thus, the second search was used in this research. The second critical phase is establishing criteria to select journals or databases, scope and period (Paul and Rialp, 2020). The Web of Science was selected because it is the most widely used because of its reliability, the category "Hospitality, Leisure, Sport and Tourism" and all coverage years). Furthermore, this type of analysis produces tables and figures to identify research gaps and future research directions.

#### 2.2 Data set and standardization

The data was extracted from the Web of Science (Social Science Citation Index and Emerging Sources Citation Index databases) for the period 1994–2020. The search is grounded on the occurrence of the study's keywords, "sustainability," "hospitality" and/or



"tourism," in the title, abstract or keywords of each article. The query was TI=(SUSTAINAB\* AND HOSPITALITY) OR TI=(SUSTAINAB\* AND TOURISM) OR AB=(SUSTAINAB\* AND HOSPITALITY) OR AB=(SUSTAINAB\* AND TOURISM) OR AK=(SUSTAINAB\* AND HOSPITALITY) OR AK=(SUSTAINAB\* AND TOURISM). A total of 2,980 articles were obtained in the category "Hospitality, Leisure, Sport and Tourism." These were then exported to SciMAT (Cobo *et al.*, 2011; https://sci2s.ugr.es/scimat/), an extensively used software in the literature (Leong *et al.*, 2021; Mulet-Forteza *et al.*, 2021), which generated 8,578 groups of words.

The first step included standardizing those words with the same or similar meaning. This involved an automatic term grouping based on distances. SciMAT detects terms that differ by a distance of X characters. The second step is a laborious process of manually grouping terms that can be analyzed in the same group based on words having similar meanings (e.g. environmental-attitudes and ecology-attitudes). After this process, 1,329-word groups were reduced and a total of 7,311 word groups were obtained for the analysis. The third step involved creating periods for the analysis to provide a longitudinal view. The starting point of the search (1994) was defined by the first article in the database, which included the keywords "sustainability" combined with "hospitality" and/or "tourism" in the title, abstract and/or keywords. Next, an appropriate cut-off point, which is usually defined by events that caused key changes and a balanced sample regarding the quantity of articles across the two periods, was established (Leong *et al.*, 2021; Mulet-Forteza *et al.*, 2021). For this purpose, the Paris

IJCHM 34.8

3034

Agreement approved at the Paris Climate Conference in December 2015, and 2030 Agenda for Sustainable Development, along with the Sustainable Development Goals (SDGs), approved by governments in 2015, could be one of the most relevant milestones for sustainability in hospitality and tourism, which was considered to establish a cut-off point. In addition, using the year 2015 as the cut-off point also resulted in a balanced sample in the number of articles in each period (1,364 articles in 1994–2015 and 1,616 articles in 2016–2020).

## 2.3 Analytical tools and process

SciMAT generates two types of outputs (Cobo et al., 2011):

- performance analysis, which refers to the impact of a research theme through the quantity of publications (as a gauge of an author or theme's productivity) and citations (as a measure of an author or theme's influence within a body of literature) (Fetscherin and Heinrich, 2015; Merigó and Yang, 2017); and
- (2) science mapping analysis, which produces a depiction of the body of literature's structure and temporal progress (Cobo *et al.*, 2012).

In addition, the bibliometric methodology is discussed in four analysis processes: detection of research themes; visual depiction of research themes using strategic diagrams and networks of themes; the discovery of thematic areas and their evolutions; and performance analysis (see Figure 2).

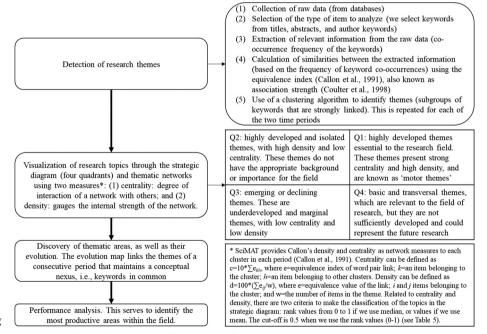


Figure 2. Phases of bibliometric method and science mapping analysis

**Source:** Cobo *et al.* (2011) and López-Robles *et al.* (2021)

#### 3. Results

#### 3.1 Descriptive statistics

The analyses found 2,980 publications that fit the selection criteria. As shown in Figure 3, there is an ascendant trend in the quantity of publications over time. Analyzing the periods, the number of articles fluctuates from 5 in 1994 to 214 in 2015, and from 219 in 2016 to 481 in 2020. In relation to the number of citations, there is also consistent growth because of the rising trend in the quantity of publications. During the first 10 years, citations are low, from 5 in 1995 to 71 in 2004. However, it starts to grow until 13,436 citations in 2020. The total number of citations is 68,365, the average number of citations per article is 23.03 and the h-index is 109; that is, 109 articles are cited at least 109 times.

Table 2 shows the top 30 journals classified by the number of articles. The *Journal of Sustainable Tourism* and *Tourism Management* are the most productive journals in the field of sustainability in hospitality and tourism, with 622 and 228 articles, respectively. Another essential question is which journals are most influential based on the number of citations in this domain. In this case, the top three journals taking into account the average of citations per publication are *Annals of Tourism Research* (76.96 citations per document), *Tourism Management* (66.89 citations per document) and *Journal of Travel Research* (35.06 citations per document).

## 3.2 Content and science mapping analyses

To respond RQ1, SciMAT was used to investigate the issues and themes of the analyzed articles. The research team manually assessed and standardized the initial extractions of the words or phrases by SciMAT. For instance, keywords/phrases like "CO<sub>2</sub> emissions" and "carbon dioxide emissions" are judged to be the same construct that have similar meanings. After this process, the themes located in the cluster networks and strategic diagrams were identified per period. The themes' location among the quadrants depends on centrality, which reflects the number of connections among networks, and density, which reflects a network's internal strength. The software provides the rank values from 0 to 1 based on the median (see Table 3). The cut-off is 0.5. In addition, the cluster network of themes signifies the connection a theme has with other research areas based on co-occurrences of the keywords. The utmost pertinent keyword is located centrally of the network. The sphere's volume reflects the quantity of articles/h-index, and the association's strength is reflected by the thickness of the connection between two keywords (see all the cluster networks in the Appendix).

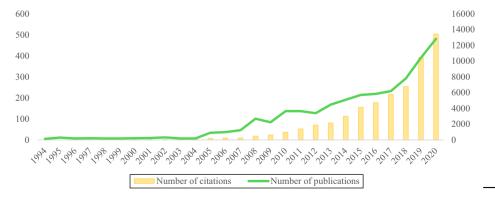


Figure 3.
Development of the quantity of articles and citations

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Rank	Journal	No. of published documents	Citations	Average citations/publication
1	Journal of Sustainable Tourism	622	19,070	30.66
2	Tourism Management	228	15,250	68.89
3	Worldwide Hospitality and Tourism Themes	142	206	3.56
4	Current Issues in Tourism	125	2,055	16.44
2	Tourism Planning Development	114	1,335	11.71
9	Annals of Tourism Research	91	7,003	76.96
7	Tourism Geographies	88	2,587	29.40
8	Tourism Management Perspectives	77	1,615	20.97
6	Tourism Recreation Research	75	911	12.15
10	Asia Pacific Journal of Tourism Research	72	824	11.44
11	International Journal of Tourism Research	20	1,358	19.40
12	Tourism and Hospitality Research	99	1,160	17.58
13	Tourism Analysis	57	406	7.12
14	International Journal of Contemporary Hospitality Management	51	1,193	23.39
15	Journal of Travel Research	51	1,788	35.06
16	Journal of Heritage Tourism	48	380	7.92
17	Tourism Economics	46	529	11.50
18	Tourism	45	223	4.96
19	Tourism Review International	45	527	11.71
20	Tourism Review	42	714	17.00
21	Journal of Destination Marketing & Management	41	893	21.78
22	Anatolia. International Journal of Tourism and Hospitality Research	38	374	9.84
23	European Journal of Tourism Research	36	188	5.22
24	International Journal of Tourism Cities	35	188	5.37
25	Journal of Tourism Culture and Territorial Development	33	43	1.30
56	Scandinavian Journal of Hospitality and Tourism	32	671	20.97
27	Journal of Tourism and Culture Change	29	214	7.38
82	International Journal of Culture, Tourism and Hospitality Research	28	588	10.32
53	International Journal of Hospitality Management	27	669	25.89
30	Journal of Hospitality and Tourism Management	27	685	25.26

**Table 2.**Top 30 journals by the number of articles in the field of sustainability in hospitality and tourism

Hospitality and tourism

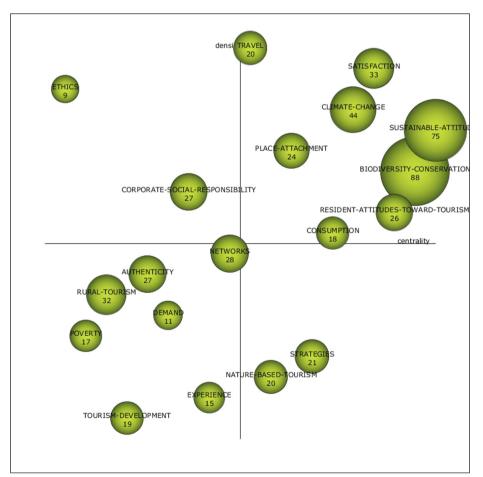
3037

Table 3.
Performance indicators in the periods 1994–2015 and 2016–2020

									_		
Period Theme	Quadrant	) Quadrant Centrality	Centrality rank	Density	Density rank	T) No. of documents	Themes No. of citations	h- index	Cluste No. of documents	Cluster networks of No. of ents citations	h- index
Resident-attitudes-toward-	Q1	35.98	0.78	5.43	0.58	51	692	17	250	2,859	26
tourishi World-heritage-site	Q1	40.84	0.83	5.11	0.53	46	296	16	170	1,726	21
Adaptation	05	23.57	0.42	22.03	0.94	33	614	14	145	1,954	21
Agriculture	62	14.08	0.22	7.26	0.75	12	105	9 1	53	459	12
Gender	3 8	10.19	0.31	5.20	0.50	L3	217	· L	දි දි	360	17 17
Geography Sustainable-tourism-	38	15.74	0.19	5.00	0.50	21	332	10	113	1,160	70
indicators	ļ										
Education	05	3.79	0.03	7.25	0.72	8	20	2	37	320	11
Inclusive-tourism	<b>0</b> 5	4.39	90.0	7.01	69.0	10	102	2	59	999	15
Overtourism	<b>0</b> 5	8.59	0.08	5.94	0.61	15	367	7	75	954	14
Sport-tourism	<b>3</b>	24.22	0.47	2.89	0.25	17	100	7	88	746	16
Island	රි	21.65	0.39	3.39	0.31	27	260	10	186	2,453	56
Travel	රි	21.60	0.36	3.43	0.33	18	223	7	92	866	15
Identity	<u> </u>	14.43	0.25	4.16	0.42	73	198	∞ 1	66 8	1,029	16
Preferences	<u> </u>	11.31	0.17	4.33	0.47	12	156		09,	999	9[
Strategies	공 (	24.20	0.44	1.77	0.11	25	728	10	160	1,618	19
Volunteer-tourism	F &	CO.TT	0.14	4.L3	0.39	CT Po	124	- ;	80	1.00	12
Starkeholders	3 8	18.81	0.33	1.31	0.00	47	321	I 4	911	1,08	T/
Dografy	35	88 OE	0.11	2.43 2.61	77.0	. c	90° 949	0	60 00	960	3 5
Consumption	\$ 3	24.50	0.53	4.33	0.25	23	450	. 1	120	1 897	24
Destination-image	\$ \$	38.18	0.81	2.04	0.14	8 8	342	6	123	1,516	21
Demand	\$	28.68	0.61	3.04	0.28	19	168	∞	111	1,083	18
China	94	34.53	0.72	2.17	0.17	24	275	6	121	1,433	20
Policy	9	25.63	0.58	2.31	0.19	30	461	13	165	1,733	21
Behavior	45	30.47	0.67	1.50	0.08	23	298	10	124	1,432	20
Knowledge	\$	24.23	0.50	1.24	0.03	20	239	∞	136	1,326	19

3.2.1 Emerging period (1994–2015). The SciMAT analysis produced 19 themes. Biodiversity conservation has the largest number of documents (88), followed by sustainable attitudes (75) and climate change (44). These are the motor themes together with satisfaction, resident attitudes toward tourism, place attachment, travel and consumption (see Q1, top right quadrant of Figure 4). In response to RQ2, biodiversity conservation and sustainable attitudes were the most relevant motor themes, with 4,292 and 4,004 citations received, respectively (see Table 3), and they can be considered as the most influential in this analysis.

The cluster network of *biodiversity* conservation shows that it has been analyzed from different perspectives such as management, ecotourism, environmental behavior or visitor experience (see the Appendix). Hall (2010) suggests the importance of avoiding the potential effect of tourism in the continuing deterioration of biodiversity and the role of governments



**Note:** Centrality reflects the number of connections among networks, and a network's internal strength is reflected by density

**Figure 4.** Strategic diagram of the 1994–2015 period (quantity of articles)

in this respect. Weaver (2005) discusses two ways to achieve sustainable performance in ecotourism: one based on the learning opportunities in the destination and the other based on how to transform environmental behavior to enhance the tourist experience.

Sustainable attitudes and resident attitudes toward tourism emerge in the first quadrant connected because they are based on the residents' perceptions and consider community participation (see the Appendix). Choi and Murray (2010) used the social exchange theory to define the residents' attitudes toward tourism and their impact on sustainable tourism. Duerden and Witt (2010) pointed out that several socio-demographic and external factors such as legislation or the media contribute to forming attitudes in this context.

Climate change, satisfaction, place attachment, travel and consumption are also motor themes in the first period. Climate change refers to adaptation, vulnerability, resilience or CO<sub>2</sub> emissions. The theory of resilience has been applied to link environment, society and economy to achieve sustainable development (Lambert et al., 2010). Satisfaction highlights service quality, customer value or loyalty in the cluster network, and it is analyzed from the customer or visitor perspective in different contexts; satisfaction in hospitality (Prud'homme and Raymond, 2013), protected areas (Okello and Yerian, 2009) or ecotourism (Torres-Sovero et al., 2012), and residents' perspective (Cottrell et al., 2013). Place attachment presents links with identity, social construction and involvement. Creating a brand is useful for enhancing place identity and achieving tourism involvement, for which stakeholders are also responsible, although sociological barriers can limit the effects of identity development to place-attachment (Cohen et al., 2013; Wheeler et al., 2011). Travel refers to accessible tourism and sustainable mobility. Darcy (2010) explored important criteria for tourists with a disability in selecting accommodation. Consumption, as the last motor theme, presents links with energy consumption, greenhouse emissions, or footprint. Consumption implies thinking about the environmental impact derived from visitors in a destination, and about the consumption of energy needed from the combustion of fossil fuels, which is a threat because of the emission of greenhouse gases (Dickinson and Peeters, 2014; Nepal, 2008). A balanced approach requires collaboration between stakeholders, sectors and local governance (Currie and Falconer, 2014).

In the second quadrant, themes with well-developed internal and weak external links emerged, which lack the appropriate background or importance for the field (see Figure 4): corporate social responsibility (CSR) and ethics. The cluster network of CSR shows that it connects mainly to financial performance and sustainable practices in hospitality (Wang, 2014). Ethics has been studied in the context of environmental ethics, host—guest interaction and education, and it has been applied in pilgrimage destinations, among others (Isaac, 2010) (see the figures of the cluster networks in the Appendix).

The third quadrant at the bottom left in Figure 4 includes the following themes: rural tourism, networks, authenticity, tourism development, poverty, experience and demand. These themes are less developed, and some of them could emerge in the second period. Rural tourism has been studied from local food or farm tourism perspectives to achieve sustainable development and economic sustainability. Networks present links with innovation, local government, policymaking or collaboration theory (Currie and Falconer, 2014). Authenticity has been investigated in the context of heritage, cultural and food tourism (Sims, 2009). Tourism development research has focused on countries such as China, Portugal or Iceland. Poverty illustrates how governments and non-governmental organizations (NGOs) have tried to develop tourism in several countries to reduce poverty (Spenceley and Meyer, 2012). The links in the cluster network include developing countries, Africa, NGOs or community-based tourism, among others. Experience includes several topics such as emotions and information in volunteer tourism (Weaver, 2015). Demand

shows links with seasonality, arrivals or economic development, water management and food.

Finally, the fourth quadrant (see Figure 4) also presents central themes like in the first quadrant (many connections) but internally underdeveloped, so they could be considered as potential themes for the future. There are only two themes with a similar number of publications: *strategies* (21) and *nature-based tourism* (20). *Strategies* presents links with stakeholders, human resource management, technology, competitive advantage, competitiveness, sustainable tourism strategy and dynamic capabilities, among others. Specifically, human resources oriented to technology allow firms in the hospitality industry to obtain a sustainable competitive advantage (Norman *et al.*, 2014). The second theme, *nature-based tourism*, is mainly related to entrepreneurship, environmental responsibility or resources, among others. In the nature tourism sector, the most common business is small businesses located in rural areas that have a high environmental responsibility for the use of natural resources (Lundberg and Fredman, 2012).

3.2.2 Expansion period (2016–2020). Research in the second period is exemplified by a diversity in themes (36 themes), with protected areas, sustainable attitudes and satisfaction standing out as foremost research areas (Figure 5). Protected areas has the highest number of publications (127 vs 126), although sustainable attitudes has a higher number of citations (1,840 vs 1,391) (Table 3). Both themes are the most influential considering their number of citations and their cluster networks. *Protected areas* is linked to biodiversity conservation, ecotourism, wildlife tourism, nature-based tourism or national park (Spenceley, 2017; Weaver and Lawton, 2017), and they are based on optimal use of natural resources, protection of biodiversity and natural heritage and obtaining of social and economic benefits. Attitudes continues to be one of the motor themes as in the emerging period (see Q1, top right quadrant of Figure 5). This theme is linked to residents, environmentally responsible behavior or quality of life. Passafaro (2020, p. 583) affirms that "attitudes represent one of the first psychological factors taken into account by researchers interested in identifying the determinants of environmentally significant behaviors." In this second period, satisfaction also continues as a motor theme, and continues related to service quality, loyalty, experience and place attachment, among others. It has been mainly analyzed from a customer perspective with its antecedents (e.g. service quality) and consequences (e.g. loyalty) because it is a key performance indicator in the hospitality industry (Koch et al., 2020).

Other motor themes ordered by the number of publications are the following: environmental management (54), rural tourism (51), resident attitudes toward tourism (51), world heritage site (46), CSR (40), norm activation theory (39), economic growth (30) and innovation (27) (see Figure 5). The cluster networks (see the Appendix) display the subsequent findings. Related to *environmental management*, the relevance of hotel industry and specifically green practices hotels and eco-innovation are widely examined (Batle et al., 2018; Chan and Hsu, 2016; Tritto, 2020). Rural tourism presents links to entrepreneurship and family business (Cunha et al., 2020), and focuses on culinary and farm tourism (Chen and Huang, 2019). Resident attitudes toward tourism are analyzed from perspectives such as tourism impacts, sustainable tourism indicators or community participation (Uysal and Sirgy, 2019). World heritage site is approached from the visitor perspective and considering the importance of cultural management for heritage tourism (Bec et al., 2019). CSR in the hospitality industry focuses on SDGs, SMEs, green restaurants and employees, among others (Ahn and Kwon, 2020; Tuan, 2018). Norm activation theory presents links with the theory of planned behavior because they are simultaneously used in empirical studies to analyze pro-environmental behavior (Cyelbar et al., 2017; Esfandiar et al., 2019). Economic IJCHM 34,8

3042

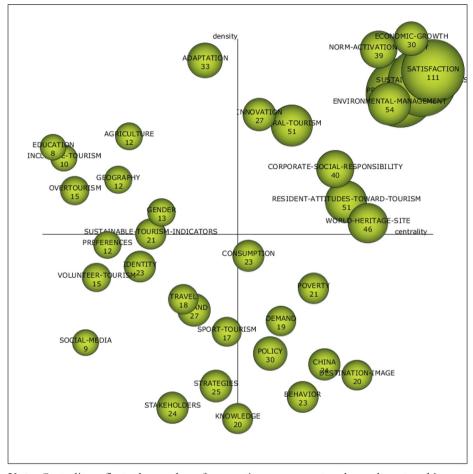


Figure 5. Strategic diagram of the 2016–2020 period (quantity of documents)

**Note:** Centrality reflects the number of connections among networks, and a network's internal strength is reflected by density

growth has been analyzed using panel data from an international perspective and also considering topics such as energy consumption or CO<sub>2</sub> emissions (Pan and Dossou, 2020; Pegkas, 2020). *Innovation* presents links with information technology, transformational leadership and dynamic capabilities to achieve sustainable competitive advantage in the hospitality industry (Batle *et al.*, 2018; Heslinga *et al.*, 2019; Horng *et al.*, 2018).

In the second quadrant (see Figure 5), eight themes emerged, ordered by the number of documents: adaptation (33), sustainable tourism indicators (21), over-tourism (15), gender (13), agriculture (12), geography (12), inclusive-tourism (10) and education (8). The themes in this quadrant are highly developed, isolated and they include highly focused areas with high internal associations but weak external associations with other topics. In relation to adaptation, several studies have analyzed the behavioral tourist adaptation to climate change or disaster derived from the weather (Cocolas et al., 2016; Wu et al., 2017);

Hospitality

and tourism

and *over-tourism* focuses mainly on destinations such as Venice or platforms such as Airbnb (Cheng *et al.*, 2020).

The third quadrant (see Figure 5) reveals nine underdeveloped themes: *island (27), strategies (25), stakeholders (24), identity (23), travel (18), sport tourism (17), volunteer tourism (15), preferences (12) and social media (9).* These themes are potentially emerging or disappearing themes. *Identity* draws attention because the role of environmental identity is helpful to explain behaviors in hospitality and tourism (Teeroovengadum, 2019). The role of *stakeholders* is also essential in the governance of the destination; thus:

[...] destination managers and marketers should encourage investment in promoting green meetings, and tourism establishments and travel agencies must adopt an environmentally friendly certification scheme in order to reduce the negative impacts of tourism on the environment (Cakar and Uzut, 2020, p. 927).

Finally, the fourth quadrant (see Figure 5) shows the central themes in the research field that are weakly developed. They include *policy* (30), *China* (24), *behavior* (23), *consumption* (23), *poverty* (21), *destination image* (20), *knowledge* (20) and *demand* (19). These themes share links with other topics in sustainability in hospitality and tourism. The cluster network for *China* (see Appendix) presents topics such as environmental impacts, rural impacts or themes related to energy (Sharif *et al.*, 2020). The cluster network of consumption presents connections to environmental concern, water management, pollution and so on (Gokmenoglu and Eren, 2020).

3.2.3 Structural analysis of the evolution of "sustainability in hospitality and tourism" research with SciMAT. Relating to the longitudinal results, SciMAT offers two maps. First, the overlapping map shows the number of keywords analyzed in each period. The number of keywords in the first period was 3,513 and 4,858 in the second one. In addition, this map indicates the inclusion rate (number of keywords from the first period that maintains in the second one). In this case, this rate was 38% (1,326 words maintained and moved to the second period), and 3,532 new words were incorporated in the second period. The second map is the evolution map, which provides the temporal progression of the themes, obtaining a dynamic perspective of the conceptual structure of published research on sustainability in hospitality and tourism. The column represents a period; the lines establish the relationships between the different topics over time. A thematic nexus is represented by continuous lines displaying when topics share a matching focal item, while the broken lines indicate those topics related because they share specific keywords. In addition, the thickness of the lines is an indicator of the inclusion rate, and the size of the spheres is proportional to the number of publications achieved by each theme (Murgado-Armenteros et al., 2015). This map was manually transformed to achieve a more synthesized arrangement of the topics, allowing for their grouping by large thematic areas (see Figure 6). The thematic areas were as follows:

- sustainable behavior and environmental sustainability;
- consumption, demand and economic growth;
- tourism development and strategies; and
- rural tourism, poverty, ethics and education.

The map displays the existence of some themes that remain constant over time (e.g. satisfaction, attitudes, CSR, consumption, demand, travel, strategies, poverty and rural tourism) and themes that develop in the subsequent period (e.g. destination image, overtourism, inclusive tourism). Next, responding to RQ3, the four areas were analyzed to identify topics emerging and promising beneficial for further prospective research.

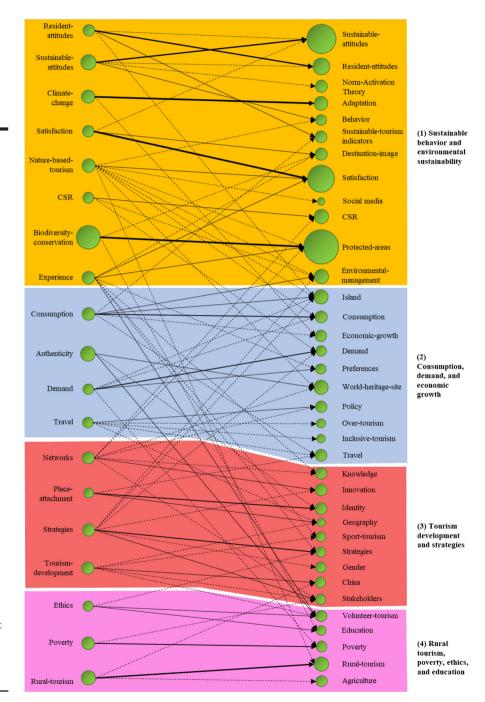


Figure 6.
Longitudinal
evolution map about
research trend on
sustainability in
hospitality and
tourism

3.2.3.1 Sustainable behavior and environmental sustainability. Attitudes, satisfaction and biodiversity conservation are exceedingly researched themes from the first period covering topics such as responsible environmental behavior, protected areas, perceptions and behavioral intentions. The theory of planned behavior is used to explain the sustainable behavior intentions in the context of hospitality and tourism. Sustainable attitudes, resident attitudes and satisfaction are motor themes in both periods. The importance of sustainable attitudes increases in the second period with links to social exchange theory, involvement, residents' perceptions and quality of life. In the case of satisfaction, it presents links to service quality and experience in the hospitality industry. In the second period, the norm activation theory emerges, and it analyzes social norms to explain pro-environmental behavior. In addition, CSR is a highly developed and isolated theme (second quadrant) in the first period, but a motor theme (first quadrant) in the second period, where it presents connections with SDGs, employees and green restaurants. Other new themes that emerge in the second period are the following: destination image, social media, protected areas and environmental management.

3.2.3.2 Consumption, demand and economic growth. In the first period, consumption is a motor theme (first quadrant), and demand is configured as an emerging or declining theme (third quadrant). However, in the second period, both themes are considered applicable to the literature, but lack sufficient development (fourth quadrant), suggesting future lines of research. Specifically, consumption presents links to environmental management and energy, and in the second period, the connections move to sharing-economy and peer-to-peer-accommodation. Demand connects with economic development in the first period and with competitiveness in the second one. In addition, during the first period, travel is a motor-theme, which moves to the third quadrant in the second period. The links are with public transport or greenhouse gas emissions, among others. Moreover, it is worth noting that economic growth and world heritage sites emerge as motor themes. Economic growth is a theme related to consumption, and world heritage site is related to authenticity, which is the first period. The development of themes such as preferences, over-tourism, island, policy and inclusive tourism also emerged during the second period.

3.2.3.3 Tourism development and strategies. Tourism development, strategies and networks are considered as emerging or declining themes (third quadrant) in the first period because they are underdeveloped and marginal themes with low centrality and density. However, the theme strategies evolve to other themes, such as innovation, which is a motor theme in the second period. The theme networks in the first period also evolve to innovation in the second one. Thus, innovation relates to strategy, and the cluster network presents links with several topics studied in the hospitality industry such as transformational leadership, information technology, dynamic capabilities, sustainable competitive advantage and some topics such as smart cities related to tourism. Place attachment is a motor theme in the first period and evolves into identity, connecting to place branding, place identity, reputation and creative tourism. Geography, sport tourism, gender and China are themes that emerge in the second period, and they connect with the area of tourism development and strategies in topics such as globalization, economic crisis or environmental impacts. Finally, knowledge is configurated as potential future research because it is in the fourth quadrant and its connections are with environmental sustainability and evolutionary game theory, which examines the generation of green behaviors by the hospitality industry.

3.2.3.4 Rural tourism, poverty, ethics and education. Rural tourism begins as an underdeveloped theme in the first period (third quadrant), where it is linked to diversification, local food, farm tourism, economic sustainability and sustainable development, among others. Rural tourism evolves to rural tourism and agriculture. In the

second period, rural tourism is a motor theme and adds new topics such as socioemotional wealth, family business and culinary tourism. Poverty is also an underdeveloped theme in the first period, and it evolves to a basic and relevant theme in the second period but is not sufficiently developed. The links with Africa, SDGs and economic development make it an interesting theme for future research. Ethics is a highly and isolated theme (second quadrant), and it evolves to education and volunteer tourism. Education is related to environmental education, and volunteer tourism connects to transformational learning, ethics and authenticity.

#### 4. Future research agenda

The bibliometric and science mapping analyses offer the foundation for identifying future research gaps on sustainability in hospitality and tourism. Thus, the evolution of the research themes in the two periods under consideration is organized around the four broad areas mentioned above, which are also used to develop and discuss the future research agenda:

- Regarding sustainable behavior and environmental sustainability, issues related to behavior and the environment require more research. Recently, a consumer behavior perspective has focused attention on analyzing drivers of environmentally responsible behavior, such as environmental knowledge, green product attachment, descriptive social norm, anticipated pride and guilt, environmental CSR, perceived effectiveness, connectedness to nature, green value and green image. However, these concepts have been examined from a general perspective in a broad range of the environmental literature often not directly related to hospitality or tourism (Farmaki, 2019; Han, 2021). In other cases, "sustainable tourism investigations have focused primarily on tourists' indestination perceptions and behaviors, without taking consideration of the environmental influence from the source market" (Han, 2021, p.1033). Thus, we propose further research focused on facilitators and inhibitors that promote changes in consumers' environmentally responsible behavior in different settings, such as a destination, hotel or restaurant. In addition, further research that builds on the knowledge of the tourist behavior phenomena to promote a change is useful for destination and businesses managers.
- (2) From the consumption, demand and economic growth perspectives, more attention must be paid to consumption, preferences and policies. Specifically, more research about what policies help destinations and the hospitality industry to develop more interest in effective sustainable consumption is needed. It is essential to analyze the customers' sustainable consumption behavior and know who are the consumers that have more preference toward sustainable consumption (Chen et al., 2021). Academia should develop future studies to suggest how governments should cultivate consumers' environmental consciousness to encourage sustainable consumption practices. Additionally, it is relevant to analyze the barriers that do not favor sustainable consumption and the existence of different groups of consumers with different levels of concern and/or preference for sustainable consumption in the tourism and hospitality industry.
- (3) From tourism development and strategies perspectives, more research is needed to analyze the relationship between the design of sustainability-focused strategies and tourism development. Future studies should explore if sustainability is a driver of tourism development. Literature has shown the complex connection

between tourism development and sustainability, which can be contradictory. Thus, when strategies are designed to protect cultural and natural heritage, the attractiveness and image of a destination can be reduced; but policies that support sustainability in destinations usually generate positive perceptions in residents and visitors, and they can improve the image of the destination (Buckley, 2018; Guizzardi et al., 2021). Accordingly, future research should consider different aspects when finding how these relationships manifest in hospitality and tourism, including types of tourism, geographical areas, destinations, hotels or stakeholders. Destination competitiveness or travel expenditure could be indicators to reflect the outcomes of those relationships. The future research agenda should also consider the principles of circular economy in the sustainability strategies and explore if service providers are considering them to establish relationships with stakeholders to achieve more sustainable tourism development (Jones and Wynn, 2019).

Rural tourism, poverty, ethics and education in future research. Based on the analysis of their cluster networks, SDGs could be a promising topic for further research. However, although tourism is a powerful tool for reducing inequalities in rural areas and achieving economic development (UNWTO, 2015), and the adoption of the 2030 Agenda for Sustainable Development by United Nations members to end poverty, protect the planet and ensure prosperity for all, there is a paucity of studies referred to the SDGs industry (Raub and Martin-Rios, 2019), and poverty (Rasoolimanesh et al., 2021; Scheyvens and Hughes, 2019) in the tourism and hospitality. Future research should examine sustainable tourism indicators related to Goal 1 (Poverty) for tourism planning and management in rural areas and in poor locations. It is essential to overcome "sustainability myopia" and conduct research on sustainability initiatives beyond the economic focus, analyzing tourism and hospitality industry as a tool to reduce poverty and provide economic and social benefits. Another intrinsically related issue refers to studying ethical commitment when defining actions that generate wealth and employment in poor areas to alleviate poverty.

#### 5. Discussion and conclusions

#### 5.1 Conclusion

This paper offers a bibliometric analysis and science mapping of sustainability trends in hospitality and tourism from 1994 to 2020, directions for further research and practical implications. This article contributes to the literature revealing the evolution of research themes in sustainability in hospitality and tourism. Our findings suggest four critical topics for future research, such as examining facilitators and inhibitors that promote changes in consumer behavior; what policies help destinations and the hotel industry to develop more interest in effective sustainable consumption; the effects of the principles of the circular economy on the sustainability of the hospitality and tourism industry; or the relationships between SDGs and hospitality and tourism industry in poor areas. This study also offers implications for managers and policymakers.

## 5.2 Theoretical and practical implications

In 2019, the tourism sector accounted for 10.3% of global GDP, employed one out of ten workers and generated one out of four new jobs; furthermore, more than 50% of the global tourism workforce are women. Thus, tourism represents an economic sector that has

undeniable social, cultural, political and economic value and should play a crucial role in contributing to the achievement of the SDGs (World Travel and Tourism Council, 2021). However, the COVID-19 pandemic is posing a major challenge to the tourism sector in terms of growth and employment, and the sector must prepare to return to the market stronger and more resilient than ever (Jones and Comfort, 2020). The hospitality and tourism sector has to focus on the generation of value and abandon business models dominated by a pattern of low technological intensity and poorly trained human capital. In this scenario, sustainability, together with the tourism industry's steady shift towards the circular economy (Jones and Wynn, 2019), emerges as an important avenue for progress, as these practices enable the activation of efficiency and innovation levers that are key to reshaping the underpinnings of hospitality and tourism firms' competitiveness (Heslinga *et al.*, 2019; Horng *et al.*, 2018). Sustainability, therefore, must be understood as a key way forward for the differentiation of tourism businesses and the improvement of competitiveness towards more intelligent and responsible tourism.

Academic research to date reveals a number of practical implications for developing sustainability in the tourism sector. From a *tourism development and strategy perspective*, it is necessary to understand that sustainability cannot be implemented unilaterally. Transforming the production model and value chains of the tourism sector to achieve the SDGs by 2030 requires public–private and citizen collaboration. Thus, administrations and public authorities are responsible for developing the necessary infrastructures and public services, together with the legal framework, that allow the advancement of tourism and hospitality firms towards sustainability and future development. Specifically, public administrations can contribute to sustainability in the hospitality and tourism sector by encouraging:

- tourism and hospitality firms digitalization, because of its implications for overall
  efficiency in the management and consumption of resources (Filipiak et al., 2020);
- the improvement of infrastructures in destinations, paying special attention to sustainable mobility;
- the diversification of the offer, including the design of new flagship tourism products and experiences with high sustainability standards (e.g. rural tourism), which contribute to the generation of new employment opportunities and territorial cohesion (i.e. balanced development and cooperation between regions) (Llorca-Rodríguez et al., 2021);
- the natural capital of the tourism system, guaranteeing its sustainability by reducing emissions, an adequate waste and water management and the introduction of actions to prevent and adapt to the effects of climate change (Wu et al., 2017); and
- the efficiency of the tourism system by revealing and eliminating negative externalities, including the excessive concentration of visitors at the destination, causing increasing tension between residents and visitors (Mihalic, 2020).

To reinforce the achievement of all these objectives, public administrations must also identify the most relevant tourism sustainable tourism indicators and link economic aid and taxes to sustainable business performance in a time-bound transition plan (Rasoolimanesh et al., 2021), as well as to improve the skills, knowledge and competences of tourism stakeholders on how to create, develop and implement sustainable business initiatives (Raub and Martin-Rios, 2019). The tourism sector is largely made up of micro-SMEs; the great challenge is to bring sustainable practices to these businesses to reinforce their competitiveness, for which it is necessary to invest in training policies. These training

policies must be extended to tourists themselves to encourage their sustainable behavior and preferences for sustainable destinations.

The hospitality and tourism industry, in turn, needs to take an active role in the community and lead the change towards economic, social and environmental sustainability. to favor the SGDs implementation, reduce poverty and impulse ethic behaviors. Thus, it is important that tourism companies focus on social innovation through new sectoral practices that promote: (1) stable employment and adequate remuneration, which contribute to the redistribution of wealth and the reduction of poverty in local communities (Scheyvens and Hughes, 2019); (2) the inclusion of vulnerable groups in the different jobs associated with the sector, which also reinforces the stability of the social network (Hon and Gamor, 2021); (3) respect for local culture, food and products, which generates proximity wealth (Chen and Huang, 2019; Ertuna et al., 2019); and (4) gender equality policies that enhance the achievement of the SDGs. Similarly, establishments can take actions to ensure environmental sustainability, such as (5) eradicating plastics; (6) taking concrete measures against food waste or the adequate use of energy and water (Camilleri, 2021); (7) reusing and repairing as many material goods as possible (Cyelbar et al., 2017: Tritto, 2020); or (7) promoting the self-generation of energy from clean sources (Sharif et al., 2020). All these aspects cannot be carried out without involving the firm's workforce, i.e. it is necessary (5) to foster awareness and internal communication to achieve the transmission of the sustainability culture to employees and managers (Pham et al., 2019), and (6) provide incentives linked to the human resources participation in the establishment of sustainable practices. In this respect, employees can play a critical role in capturing the drivers of tourists' sustainable behavior and their preferences to adopt sustainable consumption, thus providing a valuable input to design strategies oriented to promote changes in behavior and favor economic growth.

All these actions will not have the desired effects without the necessary collaboration of tourists. It is essential to better communicate and inform tourists about responsible and sustainable tourism, to increase their satisfaction and improve the establishment's image and attractiveness (Koch *et al.*, 2020). There is a growing number of tourists who choose establishments for their sustainable policies and who are looking for enjoying authentic experiences and resources (Kiatkawsin and Han, 2017; Han, 2021). However, as it has been pointed out, we still need to achieve a *deeper understanding of the sustainable behavior of tourists*, and both administrations and the tourism sector have responsibilities in terms of training and awareness-raising in this area. Nevertheless, post-Covid tourists are also more aware of the impact of their stay on the territory and the resident population, which can reinforce the virtuous circle towards sustainability (Hall *et al.*, 2020; Jiang and Wen, 2020).

#### 5.3 Limitations and future research

This research presents some limitations that should be considered for future research. This analysis, based on bibliometric and science mapping, sets a challenge for further research. First, data collection was limited to the WOS category "Hospitality, Leisure, Sport and Tourism." Second, the keywords were grouped mainly following the authors' criteria based on the meaning of the words, in addition to the SciMAT function "find similar words by distances." Third, the number of citations was considered as a performance indicator to define the most influential research. However, citations or impact factors may be highly related with "fashion" or "popularity" and thus inhibit considering breakthrough and innovative research. Fourth, bibliometric analysis lacks the insights of qualitative literature review. Donthu *et al.* (2021) recommend the use of a systematic qualitative review when the

number of papers to review is in the low hundreds, and the topic is specific. In this research, there are more than 2,000 papers focusing on a broad topic. For this reason, the current research used a quantitative analysis through graphic representation of the research field. However, future research could address a qualitative method to analyze some specific topics related to sustainability in hospitality and tourism with a lower number of articles. Lastly, future research should also include the analysis of other mainstreams fields where sustainability is also analyzed.

#### Note

 One of the topics proposed in the special issue was selected: "sustainability in hospitality and tourism"

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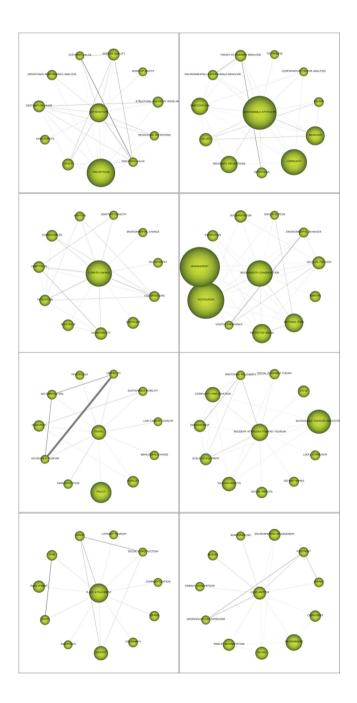
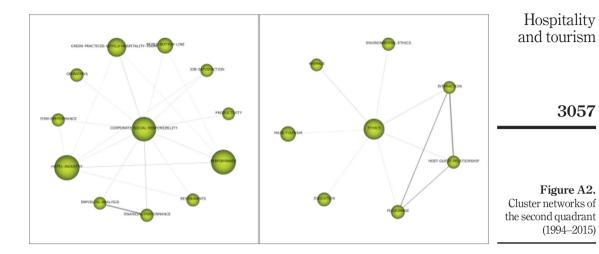


Figure A1. Cluster networks of the first quadrant (1994–2015)



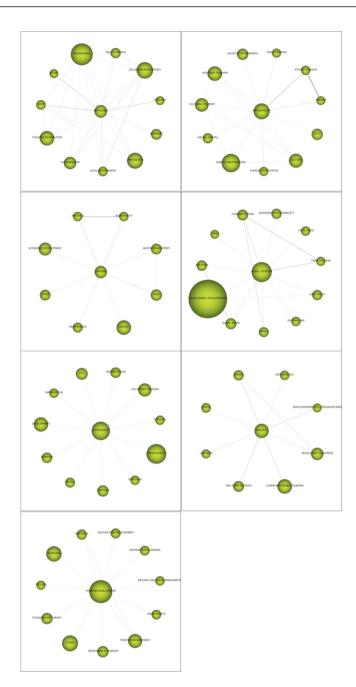
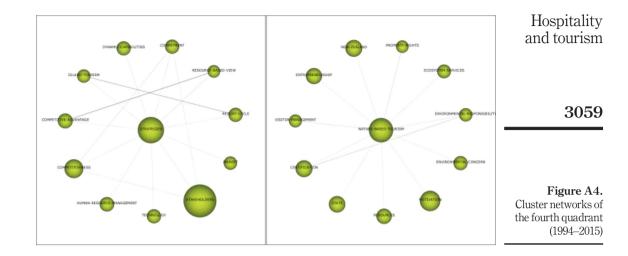


Figure A3. Cluster networks of the third quadrant (1994–2015)



# IJCHM 34,8

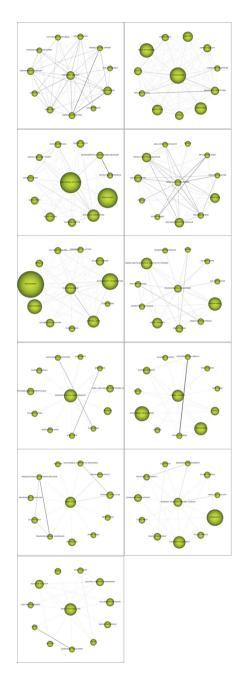


Figure A5. Cluster networks of the first quadrant (2016–2020)

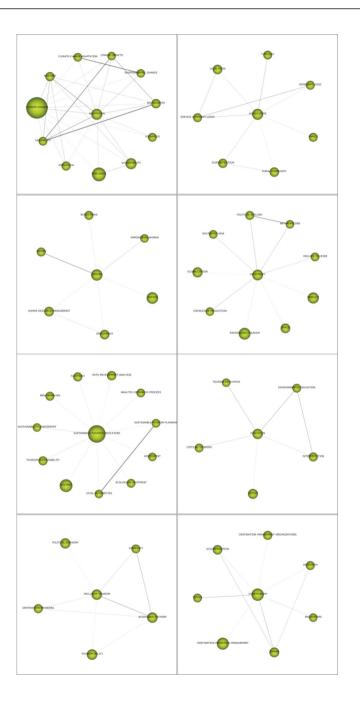


Figure A6. Cluster networks of the second quadrant (2016–2020)

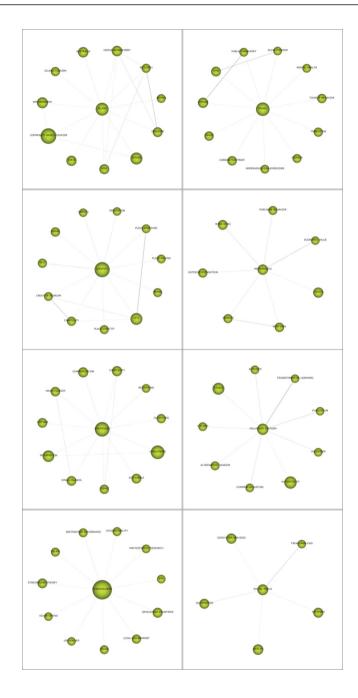


Figure A7. Cluster networks of the third quadrant (2016–2020)

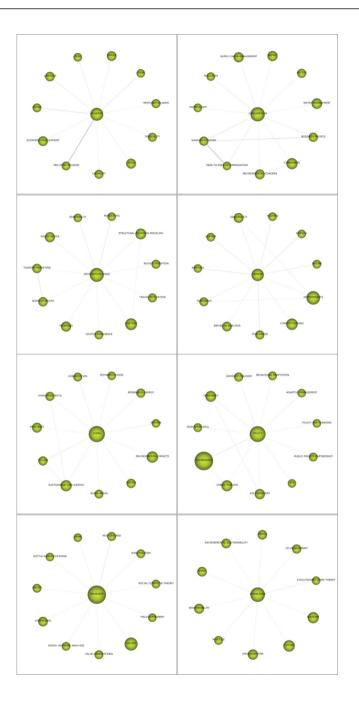


Figure A8. Cluster networks of the fourth quadrant (2016–2020)

## IJCHM 34.8

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