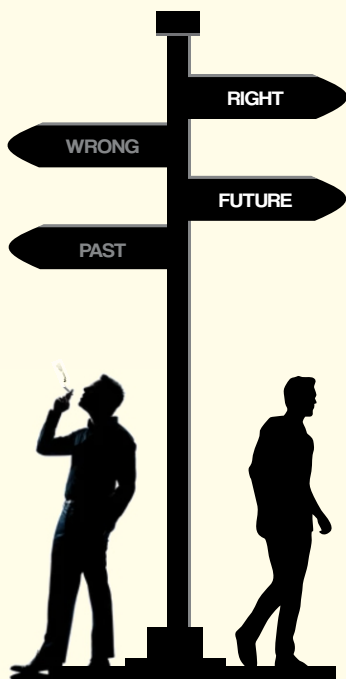


# **DROPTHAT** **JONADAB**



**USOCHUKWU FAVOURED**

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## **DROP THAT JONADAB**

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First Edition

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# Quotes



*Not everything that seems right is right;  
not everyone that smiles at you is a friend;  
not everyone on your contact list deserves a call;  
not every whisper deserves attention;  
not every song deserves a dance.*

*If the iron be blunt, and he do not whet the  
edge, then must he put to more strength: but  
wisdom is profitable to direct.*

# Dedication



*With immense gratitude to God Almighty,  
this book is humbly dedicated to all young people  
who are often under pressure to get ungodly  
counsel from their peers.*

# Acknowledgments



*I am eternally grateful to our Heavenly Father,  
the Giver of life, the all wise God Who has been  
my Helper .*

*I also want to thank my lovely children and their  
husbands for being a blessing to me.*

*A special thanks to Sisiboye for so generously  
offering her time and energy, for her wonderful  
suggestions and ideas ,and for her continual interest  
in my writing projects .*

*I am sincerely grateful to my siblings and their  
families for their constant faith in me despite my  
shortcomings.*

# Foreword



**M**ost Christian deal breakers (ungodly advice) come in the form of a mask; it will be subtle, and we may not realize it until we have gone too far, at which point we will find ourselves in a pit full of mess and shackles to untangle.

If there is any evil that we need to guide against and point out to our young ones today, it is the evil of the wrong counsel.

Taking an ancient story from the Bible and adapting it to our current society, Favour in these few pages opened our eyes to the ills of ungodly association that might lead us into the shackles of the evil one. There is even an assessment so you can test everyone around you and be certain you are not currently

entangled with one, and there are also steps to get rid of any "Jonadab" currently in your life.

It is easy to read and thought-provoking, well wrapped up with lines of prayers that will lead you to the throne of grace for mercy that is needed to prevail.

Read, share, and give out.

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# The **BOOK** at a **GLANCE**



## Section One

### Section One: Read Their Stories

- Linda's Story ..... 00
- Samson's Story ..... 00
- Bambi's Story ..... 00

## Section Two

- The Jonadab Beside You ..... 00
- Identifying Your Jonadab ..... 00
- The Dangers of Jonadab ..... 00
- Stay off Jonadab for Good ..... 00
- Prayer ..... 00

# Section One



Read their stories

- Linda's Story
- Samson's Story
- Bambi's Story

## LINDA:



*My husband and I always enjoyed mutual trust. I always respected his decisions as the head of the family, and I never doubted his judgment on the handling of our finances. But all this changed after I met my old classmate, Ada.*

*It was no doubt a wonderful reunion, as Ada and I had a lot to catch up on. She had recently moved to my area, and was eager to tell me all about her family. She brought out her phone and showed me her screensaver. It was indeed a beautiful spectacle: a fine-looking husband and lovely twins—a boy and a girl.*

*After our reunion, Ada and I kept talking over the phone. Once in a while, we hanged out for lunch, especially during our free time, and our bond began to grow again.*

*I began to look forward to our conversations. Ada was always free with me: she told me a lot about her family, even personal things. I also became very free with her. I began to see her as someone who had it all. She became my counsellor—my go-to person whenever I had issues or needed advice.*

*After a while, Ada suddenly became unreachable, and it wasn't until she got back that she told me she had been on vacation with her family.*

*"Oh wow!" I thought to myself. It sounded really great. "We also go on vacations," I said, even though in recent times, that had not happened.*

*Ada had so much to say about her vacation; and as I listened to her with rapt attention, I also began to crave for an exciting holiday.*

*After that day, most of our discussions, both physically and online, continued to revolve around going on vacations.*

*One day, during a physical meeting, the topic came up again.*

*"When are you going on your vacation?" she said. "Have you booked your flight yet?"*

*I tried to dodge the question, like I always did; but this time, she persisted.*

*"Haven't you been able to convince your husband about the trip?"*

*She went on and on until I confessed that we actually could not afford a family vacation at the time.*

*Ada had quite a lot to say about this.*

*"You really need to watch your husband," she began. "How can he say he doesn't have the money? Are you sure he doesn't have somewhere else he's spending his*

*money? You know these men can't be trusted."*

*This came like a shock to me, yet Ada didn't stop there.*

*"Your own money is even enough to take you out, so why are you letting him deprive you? If I were you, I wouldn't tolerate such nonsense!"*

*And on and on and on she went.*

*I don't know when or how it started; but along the way, Ada's words began to influence my actions at home. I began to distrust my husband. I started complaining about the way he was managing our finances; I tried to let him know I could also take care of myself; and at the slightest opportunity, I would vent my displeasure at his constant refusal to take me on a vacation. But being a quiet man, he rarely responded to my nagging.*

*One day, my husband left home and didn't return. First day, second day, third day... I almost lost it.*

*When he finally came back, he distanced himself for a while. I tried asking what the problem was, but he said he was not ready to talk. He even threatened to go back to where he was coming from if I continued to nag him. About seven days later, he called me to have a conversation. By then I had taken time to appraise my life and had noticed the entrance of a negative influence. Someone had come to corrupt my reasoning.*

*My husband has also noticed; so when he also*

*mentioned it, I was not surprised. And since I love my family, I had to make a decision. That decision to drop Ada saved my sanity and my marriage.*

# SAMSON



*Samson was a young man with a great future; but along the way, he started mixing with truants and drug addicts.*

*His parents cautioned him against keeping bad company; they warned that it would affect his grades in school; but Samson insisted that he was on top of school work. He assured them that he would graduate with good grades.*

*His first- and second-year grades were not bad after all; but by the third year, he started having challenges. He had gotten too used to the bad company and was already a drug addict himself.*

*Samson had been badly influenced by one of his close friends, Thomas, who coaxed him into thinking that taking hard drugs would help him become stronger and more confident in school.*

*During his third year in school, Samson and his friends were arrested by school authorities for being in possession of illegal drugs and arms. He was dismissed.*

*Samson's parents later took him to a rehabilitation centre where he still is till date.*

# BAMBI



*“Yes sir, I am ready to make him pay!” Bambi said, as she stared helplessly at the police officer.*

*The words gushed out like they had been bottled up for years. Tears ran copiously down her eyes.*

*This was the fourth time she would be reporting at the same police station. But for the first time, she had the courage and the confidence to do the needful.*

*The police officer asked her to write a statement; he then proceeded to prepare a letter inviting him to the station for interrogation.*

*Bambi's sister, Bimpe, had arranged a safe place for her and her children. As they drove down there, Bambi sat quietly in the back seat. Her mind went back to the last seven years of her life.*

*She had been cohabiting with Bayo all these years and had borne two children for him. She could not hold back her tears as she thought about these things. It all came down to one solid fact: she allowed herself to be drawn away from the values of her family; she got herself involved with the wrong crowd.*



*The thought of her two children gave her some sort of relief. But as she weighed the implication of raising two young children without the assistance of their father, the relief vanished instantly.*

*She thought of Bayo again. He was her first. She remembered how he used to be all over her. She had gotten pregnant for him when she was just seventeen. Her friends had encouraged her to abort the pregnancy, but she was too scared to do that. Bayo encouraged her to keep the baby and elope with him.*

*Bambi's parents were willing to take care of her and the child at the time. They were ready to give her all the support she needed. But she was so overwhelmed by Bayo's attention that she decided to ignore them.*

*Shortly after Bambi put to bed, Bayo's attitude began to change. In fact, she became more like a stranger to him. He started with constant nagging, then he proceeded to constant beating.*

*On many occasions, it was the neighbours that came to rescue her from his grip. And she never escaped without injuries.*

*Her parents tried many times to bring her back home, but she continued to refuse because Bayo always came back begging.*

*Seven years down the line, the pain had become too unbearable. Bambi had realized her mistakes, even*

*though they could not be undone, and she was prepared to live with the consequences of her actions for the rest of her life.*

*She had reached this position because she lacked discretion and heeded wrong counsels; but she was now ready to write the story of her life as God actually intended. She had learnt her lessons.*

*By dropping Bayo, Bambi changed the course of her life forever.*

DROP THAT JONADAB

## Section Two



- *The Jonadab Beside You*
- *Identifying Your Jonadab*
- *The Dangers of Jonadab*
- *Stay off Jonadab for Good*
- *Prayer*

# The Jonadab beside you



**T**he average adult makes close to 35,000 decisions per day, and each of these decisions affect various aspects of their lives by varying degrees, whether from good to bad or from mild to grievous.

As individuals, the decisions we make do not only impact our lives; they also impact the lives of those around us. But beyond impacting the lives of those around us through our decisions, our environment, and the people closest to us also influence our decisions one way or the other.

The saying, “Show me your friend, and I will tell you who you are,” is very apt and relevant. If you

must make right decisions, you must ensure to surround yourself with the right people. You must ensure that there are no *Jonadabs* lurking somewhere in the shadow, or hiding in a corner, or even standing right in front of you.

If asked the question “*do you have a Jonadab in your life?*” majority of people will say “*No.*” But this is not a question that one can answer too quickly. It is important that you first understand who a Jonadab is before knowing whether the people surrounding you fit the description. You can only answer the question rightly when you have carefully analysed your interactions with them and weighed their actions or reactions in the process. This is an important exercise if you must make good decisions and remain in the will of God for your life.

## WHO IS A JONADAB?

*“But Amnon had a friend whose name was Jonadab the son of Shimeah, David's brother. Now Jonadab was a very crafty man.”* 2 Samuel 13:3

In the above verse of the Bible, the man, Jonadab, is described as being “*very crafty.*”

The Oxford English Dictionary defines crafty

as “*clever at achieving one's aims by indirect or deceitful methods.*” Words similar in meaning to crafty are *cunning, devious, dishonest, cheating, foxy, calculating* and so on. Surely, these are not the kind of words you will like to identify yourself with, neither are they words you would like your friends, family, or loved ones to be described by. But unfortunately, many of us associate with friends who have these attributes because they rub our ego and make us feel confident, even when we are heading in the wrong direction.

Amnon knew Jonadab was a bad influence, yet he continued to keep him as a close friend. Amnon could have kept Jonadab for many possible reasons: it could be that he himself enjoyed doing wrong and needed someone to encourage him or connive with him; it could also be that he did not like being rebuked for doing wrong and needed someone to applaud him instead.

Your Jonadab is that person who sees you going astray but never tries to caution you because they want you to feel good about yourself. Your Jonadab will push you to wrong your fellow human being and also encourage you to sin against God. Your Jonadab is that person who tells you that black is white and that a little lie or sin is fine so long as it doesn't hurt anyone and it is to your advantage.

# Identifying your Jonadab



**T**he very first step to dropping your Jonadab is to identify them. To do this, you need to be sincere with yourself, as your Jonadab actually may be closer to you than you think. Your Jonadab could be your:

- Father
- Mother
- Best friend
- Sister
- Brother
- Uncle
- Niece
- Nephew
- Cousin



- In-law
- Child
- Colleague
- Church Member
- Business Associate
- Neighbour
- Pastor

Identifying your Jonadab is something you must do if you desire to succeed and be in right standing with God. In fact, your first great achievement will be to admit that there is indeed a Jonadab in your life that needs to be fished out. Only then can you set out to identify who the Jonadab really is.

The most difficult Jonadabs to identify are the ones closest to us. They are also the most difficult to drop because we are either physically or emotionally attached to them. Our minds will even play tricks on us, giving us reasons to keep them rather than label them as Jonadabs. Nevertheless, in order to live an exemplarily life and take responsibility for our future here on earth and in eternity, we must gather the courage to do the needful.

Under the table below are questions you must answer sincerely if you are serious about identifying and dropping every Jonadab in your life.

To ascertain if an individual fits the description of Jonadab, insert their name where you have the UNDERLINED SPACE; insert 2 under YES if your answer is in the affirmative and 1 under NO if your answer is in the negative. When you are done, sum it all up.

S/N	Question	Yes	No
1.	Does _____ encourage or help you to hide your faults without regard for what is moral or what God says is best for you?		
2.	Is _____ a thief?		
3.	Does _____ act like they are converted but do not care whether their actions impact others negatively?		
4.	Does _____ encourage and justify what is wrong by saying, 'Everybody is doing it; don't be left out'?		
5.	Does _____ encourage you to steal or alter figures at your workplace?		
6.	Does _____ encourage you to fornicate and see nothing wrong with the act?		

S/N	Question	Yes	No
7.	Does _____ encourage you to go against traffic because you're late for an important meeting or because you have a preaching engagement?		
8.	Does _____ encourage you to commit adultery? Does he/she encourage you to take a second or even a third wife because of your insatiable desire		
9.	for women, including other people's wives?		
10.	Does _____ encourage you to take what does not belong to you?		
11.	Does _____ encourage you to cover up your wrongdoings, even when you are asked?		
12.	Does _____ encourage you to squander your finances?		
13.	Does _____ pretend to be interested in your success but does not really want you to succeed?		
14.	Does _____ truly want you to be joyful, happy, fulfilled and established.		

S/N	Question	Yes	No
15.	Does _____ encourage you to keep secret lovers because your husband/wife is not sometimes not around?		
	<b>TOTAL</b>		

If the individual scores between 0 – 14, you are alright; he/she is not a Jonadab. But if the individual scores between 14 – 28, then we have a red flag; he/she could be a Jonadab that you need to drop.

If you are not wary, the Jonadab in your life could alter the plan of God for your life. A Jonadab, if not checked, can make a bright future go dim; they can turn a potential king into a slave.

# The dangers of Jonadab



Let me take you on a journey through one of the most scandalous stories ever recorded in the Bible. It is the story of a young prince who began to develop an inordinate affection for his half-sister.

Upon the advice of a 'friend,' a demonic facilitator, this prince committed an act of defilement that eventually led to his own death. The name of the prince was Amnon, and the name of his friend was Jonadab.

2 Samuel 13vs3 – 18:

*“But Amnon had a friend whose name was Jonadab the son of Shimeah, David's brother. Now Jonadab was a very*

*crafty man. And he said to him, "Why are you, the king's son, becoming thinner day after day? Will you not tell me?" Amnon said to him, "I love Tamar, my brother Absalom's sister. So Jonadab said to him, "Lie down on your bed and pretend to be ill. And when your father comes to see you, say to him, 'Please let my sister Tamar come and give me food, and prepare the food in my sight, that I may see it and eat it from her hand.'" Then Amnon lay down and pretended to be ill; and when the king came to see him, Amnon said to the king, "Please let Tamar my sister come and make a couple of cakes for me in my sight, that I may eat from her hand." And David sent home to Tamar, saying, "Now go to your brother Amnon's house, and prepare food for him." So Tamar went to her brother Amnon's house; and he was lying down. Then she took flour and kneaded it, made cakes in his sight, and baked the cakes. And she took the pan and placed them out before him, but he refused to eat. Then Amnon said, "Have everyone go out from me." And they all went out from him. Then Amnon said to Tamar, "Bring the food into the bedroom, that I may eat from your hand." And Tamar took the cakes which she had made, and brought them to Amnon her brother in the bedroom. Now when she had brought them to him to eat, he took hold of her and said to her, "Come, lie with me, my sister." But she answered him, "No, my brother, do not force me, for no such thing should be done in Israel. Do not do this*

*disgraceful thing! And I, where could I take my shame? And as for you, you would be like one of the fools in Israel. Now therefore, please speak to the king; for he will not withhold me from you.” However, he would not heed her voice; and being stronger than she, he forced her and lay with her. Then Amnon hated her exceedingly, so that the hatred with which he hated her was greater than the love with which he had loved her. And Amnon said to her, “Arise, be gone!” So she said to him, “No, indeed! This evil of sending me away is worse than the other that you did to me.” But he would not listen to her. Then he called his servant who attended him, and said, “Here! Put this woman out, away from me, and bolt the door behind her.” Now she had on a robe of many colors, for the king's virgin daughters wore such apparel. And his servant put her out and bolted the door behind her. Then Tamar put ashes on her head, and tore her robe of many colors that was on her, and laid her hand on her head and went away crying bitterly.”*

It was Jonadab who advised Amnon to lure his half-sister, Tamar, to bed, and it was the same Jonadab who brought the news of Amnon's death to his father, King David (2 Samuel 13vs33).

Be careful who you call your friends. Do your friends draw you closer to Christ, or do they push you

farther from His kingdom. Do they lift you up or do they pull you down into shame and disrepute?

Your Jonadab is that person waiting to spread the news of your destruction, shame, stagnation and disgrace. Your Jonadab is the enemy of your soul disguising as a friend. Your Jonadab is that close relative who wants to lead you astray.

The voice of Jonadab is not one of reason. The voice of Jonadab is the voice of deceit; it is the voice that lures one to death. 2 Samuel 13 v 28-29.

Let us look at the life of Ahaziah, king of Judah, as recorded in 2 Chronicles 22.

Ahaziah walked outside of God's plan and disobeyed God's commandments because he heeded the advice of his wicked mother, Athaliah.

*Verse 3 – 4: “He also walked in the ways of the house of Ahab, for his mother advised him to do wickedly. Therefore, he did evil in the sight of the Lord, like the house of Ahab for they were his counsellors after the death of his father to his destruction”*

*Verse 9: “So, the house of Ahaziah had no one to assume power over the kingdom.”*

Ahaziah's adherence to ungodly advice was what led to



his eventual destruction. His entire generation was barred from sitting on the throne of Judah.

Drop that Jonadab, no matter who it is—even if were to be your dear mother! Surround yourself with people that fear the Lord—people whose desire is to do good and not evil. Don't let people dictate what you should do or how you should live; live your life according to the commandments and precepts of God as laid down in His word—the Holy Bible.

Let the Holy Spirit be your Guide. Obey God Almighty, your Maker and Source by patterning your steps after His word alone. If you do this, the Jonadabs in your life will have no say in your affairs.

A young lady shared her experience on how staying true to God's word gave her victory:

*Working in the banking industry taught me the importance of trusting in God, listening to the Holy Spirit and obeying God's commandments, even when it is not convenient. People will come with all sorts of shady ideas on how you can achieve your targets. They will tell you it is the end that matters, and that it does not matter how you achieve it.*

*I remember a particular case where I was to follow up on a transaction with a client. (Let's refer to him as Mr. A.) I was finding it difficult to close the deal because Mr. A*

*was not cooperating. I would go to his office with my team members, but he would tell me to come alone. He would say that as manager, I didn't need to come with my team members.*

*Sometimes, he would invite me in and ask my team members to wait at the reception. When with him, he would make advances at me. But I'm grateful that God gave me the grace, even as a young banker, to resist such kinds of temptation.*

*Moreover, there were other kinds of transactions that weren't straightforward that some of my colleagues tried pushing to me. Whenever I refused, they would tell me I was being unserious. In fact, a lot of people around me were engaging in all kinds of fraudulent activities, but luckily, I had a sister that kept encouraging me to stick with my salary because God would always sort me out.*

*It was not easy, but staying close to the word of God and allowing the Holy Spirit show me what steps to take in order to avoid falling into temptation was what helped me overcome. Even though there were so many voices trying to entice me, I stood my ground.*

We must realize that God Almighty, the all-knowing King and Father has put His grace and His gifts inside of us. 1 John 4vs4 says, “Greater is He that is in you than he that is in the world.” Our understanding of this

should make us walk confidently as children of God—as children of the Light.

Never turn aside to the left or to the right; be focused on the promises of God. Do what is right in His sight, and you will be blessed in every aspect of life. Be like Josiah in 2 Kings 22vs1 – 2 who did what was right in the sight of God, even though he became king at eight years old.

Josiah's mother did not act like a Jonadab in his life, so he was already making the right decisions at a tender age of eight. He stayed in the path of righteousness, despite the fact that the kings who reigned before him did evil in the sight of God.

You are from God, and He has declared you an overcomer over every situation. You are greater than any Jonadab around you, so why hearken and listen to that lesser voice? Drop that Jonadab before that Jonadab destroys you!

# Stay off Jonadab For Good



A young man shared his story

*I really don't know how I picked up the habit; but at a point in my life, all my friends were into smoking.*

*I came from a family where smoking is a serious taboo. My parents were pastors, and they always prayed for us and committed us to the Spirit of God for guidance. But somehow, after leaving home and getting into school, I found myself experimenting with smoking until I got so addicted to it.*

*Deep inside, I had this feeling that this was not good for me. My mind was troubled; I was not happy, and I had a deep inside. So many times, I made the decision to stop but it was too difficult, considering that we were in the*

*same school and I see them all the time. That was when it dawned on me that the only way to stop was to completely disengage from my friends. This was a tough decision, and it was going to require tough action to follow through.*

*I went home and pleaded with my parents, I told them everything and we decided that I need to change my school even though I was going to lose a year. My goal for a better life was more important to me.*

*Changing school was one of the best decisions I ever made. In my new school I decided to intentionally look out for students that were serious; I looked out for genuine Christians. My parents also encouraged me; they would always call to remind me. I also spent more time reading the Bible.*

*My routine was from class to hostel. Even when there were extra-curricular activities in school, I didn't go because I wanted to be focused. By the time I graduated, I had spent three solid years without smoking and till today to the glory of God.*

*The experience taught me that it is easier to get into a wrong habit than to get out of it. But it is achievable with the help of God.*

We all know it is not easy to drop a bad habit or stay off bad friends. Even when a bad habit has been dropped, it is could be a herculean task to stay clean without

falling back into it. However, we have a Creator who has given us the Holy Spirit to be our Friend and Helper.

In order to stay off your Jonadab, it is important that you first make up your mind. Bear in mind that this is a battle. No bad habit leaves easily; you need the help of God to overcome it and stay on course. The following are steps you might want to explore, if you desire to gain total victory over your Jonadab:

### **1. Repent and turn to God completely**

*Acts 3vs19: Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord.*

2. Refresh your life like you would your computer when necessary; and never refrain from refreshing whenever you feel the need to do so.

3. Disconnect from your Jonadab, refresh and then connect to Christ Jesus, the only source of life, so He can direct you in all your ways. As you do this, you will receive new thoughts, ideas, direction, anointing, power and much more. Do not cling to your old habits; get rid of your old ways and thinking patterns and abide in God alone (John.15vs5).

When we take our conflicts, complaints, desires and wants to God, He will give us solutions that will bring peace in our hearts. We do not get the wisdom, strength, or wherewithal to say no to our Jonadab just on our own; we get it through the following:

- a. Spending ample time with God's word. You might have heard that an apple a day keeps the doctors away; try a chapter a day, and it will keep that Jonadab away.
- b. Spending quality time in God's presence. This goes beyond reading a chapter a day. If you take a verse a day that you can relate to, meditate on it to receive an insight into the nature of God. The most important thing is to have the word of God continuously in you. *"Study to show yourself approved of God..."* Don't depend on handouts from men; search the word yourself.

Take counsel only from godly men and women who have been tested and trusted.

Ask God to search out your heart like David did; ask Him to lead you out of destruction, disgrace and death into everlasting life.

**Psalm 139:23-24** *New International Version (NIV)*

*Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting*

In 2 Corinthians 6vs14, we are warned: *Do not be yoked together with unbelievers. For what do righteousness and wickedness have in common? Or what fellowship can light have with darkness?*

Drop and stay away from your Jonadab! Take your burdens to the cross. Calvary is where our burdens are lifted. Jesus is very near as the popular hymn says: *Our burdens are lifted at Calvary*. If we go to Christ and not to unrighteous, unwise and wicked people like Jonadab, our souls will find rest.

Flee from unrighteousness. Avoid walking in the counsel of unrighteous people, no matter how close they are to you. Have moral restraint.

When we give heed to Jonadab, we give in to unrighteousness and wickedness which lead to death; but when we pay attention to the word of God, we receive life. Proverbs 10:16 says *“The wages of the righteous is life, but the earnings of the wicked are sin and death.”*



DROP THAT JONADAB

# Prayer



*I \_\_\_\_\_ am your special child because I have been bought at a price that is most precious.*

*I know you have a plan for my life and you want me to be happy while fulfilling my purpose. However, I now realize that staying in the company of \_\_\_\_\_ will deprive me of what you have planned for me and change the course of my life.*

*Lord Jesus, show me how to confidently achieve this disconnection and give me the strength to walk the path that leads me far away from him, her, or them so that I walk alone holding your hand. Show me and lead me to the people you have prepared to help me in my walk with you.*

*Right now, Lord, I say, "I denounce, drop, and disengage from every Jonadab in my life, whether in the spirit or in the physical, in the name of Jesus Christ!" Amen.*

# Action Plan



Dear friend, my motive is to help you achieve your aim of dropping your Jonadab. Below is a little guide you might be willing to adopt to make this happen.

1. Is there a friend you need to stay away from?

.....

2. Give at least two reasons why you want to avoid this particular friend.

a.

.....

b.

.....

3. Do you think there are risks in the nearest future for your life if you do not stay off?

1. Yes / No

4. List at least 2 things that might happen to you if you do not stay off.

a.

.....

b.

.....

**5. Write down the following as an action plan:**

a. Repent and turn completely to God.

(This has been done if you sincerely read through the above prayer.)

b. Next time “Your Jonadab” calls, say NO.

c. Spend ample time with God's word.

i. Write down a specific amount of time you want to spend with God daily.

.....

ii. Which helpful material will you start studying?

.....

iii. Get (an) accountability partner(s).

.....

Write down a list of older, mature people that you think might be good for this role (you need not be in a hurry to do this, you can have a long list and then

cross some out prayerfully until you have the best).

i. ....

ii. ....

iii. ....

iv. ....

v. ....

vi. ....

vii. ....

You are special! Do not let any JONADAB derail the course of your life.

I love you,

~ Usochukwu Favoured

## ABOUT THE BOOK

In this concise and timely book, Emetanjo Favour Usochukwu re-emphasizes the importance of keeping the right kind of association. From the story of Amnon and Tamar in 2 Samuel 13, she points the attention of readers to the dangers that could arise from keeping ungodly company and heeding ungodly counsel. She also shares true-life stories of individuals who fell into grave errors because they let *Jonadabs* creep in unknowingly. This book will not only show you how to identify the *Jonadabs* that may be lurking around you, it will also show you how to avoid and disengage yourself from them.

## ABOUT THE AUTHOR



Emetanjo Favour Usochukwu (Favoured) is a mother and grandmother who loves the Lord and values meaningful relationships. She believes that everyone, regardless of background or status, has something great inside of them. She is a member of the *Panel of Neutrals* with the *Lagos Multi-door Court House* (LMDC), an Alternative Dispute Resolution Centre (ADR). She is a certified grief and loss counselor and a freelance consultant. Favour is also a trustee of *The Favoured Women and Children Foundation* (TFW&CF). She has been involved in various community works. During the Covid-19 pandemic, she collaborated with other NGOs to support residents of Ibeju Lekki and Eti Osa Local Government Areas, creating awareness and providing nose masks and other relief materials. Favour is also actively involved in the empowerment of widows and their children, working closely with them to impact their lives positively.

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