## 5 Burpees a Day

CHALLENGE

Split into manageable sets.

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Done!	Done!	Done!	Done!	Done!
Done!	7 Done!	B Done!	Done!	Done!
Done!	Done!	Done!	Done!	Done!
Done!	Done!	Done!	Done!	Done!
Done!	Done!	Done!	Done!	Done!
Done!	Done!	Done!	Done!	Done!