

# Judging Distances to Virtual Objects Generated by Optical and Video See-Through Augmented Reality

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## AR distorts depth perception

Depth perception in augmented reality (AR) is distorted [1], but we have yet to isolate the properties of AR that affect people’s ability to correctly perceive the position of virtual objects in space. It is possible that AR display properties and poor integration of virtual objects into real scenes contribute.



Figure 1: In AR displays virtual stimuli are integrated into reality

## Distortions may differ across head-mounted displays (HMDs)

Direct comparisons between different AR head-mounted displays (HMDs) may help us understand how the technical tradeoffs between these AR displays influence perception. Yet few of these comparisons have been conducted. In this research, we compare depth perception in two of the most common types of AR displays:

- A. **Video See-through (VST)** – Virtual overlays are rendered using a display panel and images of the real world are captured through stereoscopic video cameras
- B. **Optical See-through (OST)** – Virtual overlays are projected onto a plastic shield in front of the viewer’s eyes. As a result, viewers have an unaltered view of the real world but the screen is much smaller

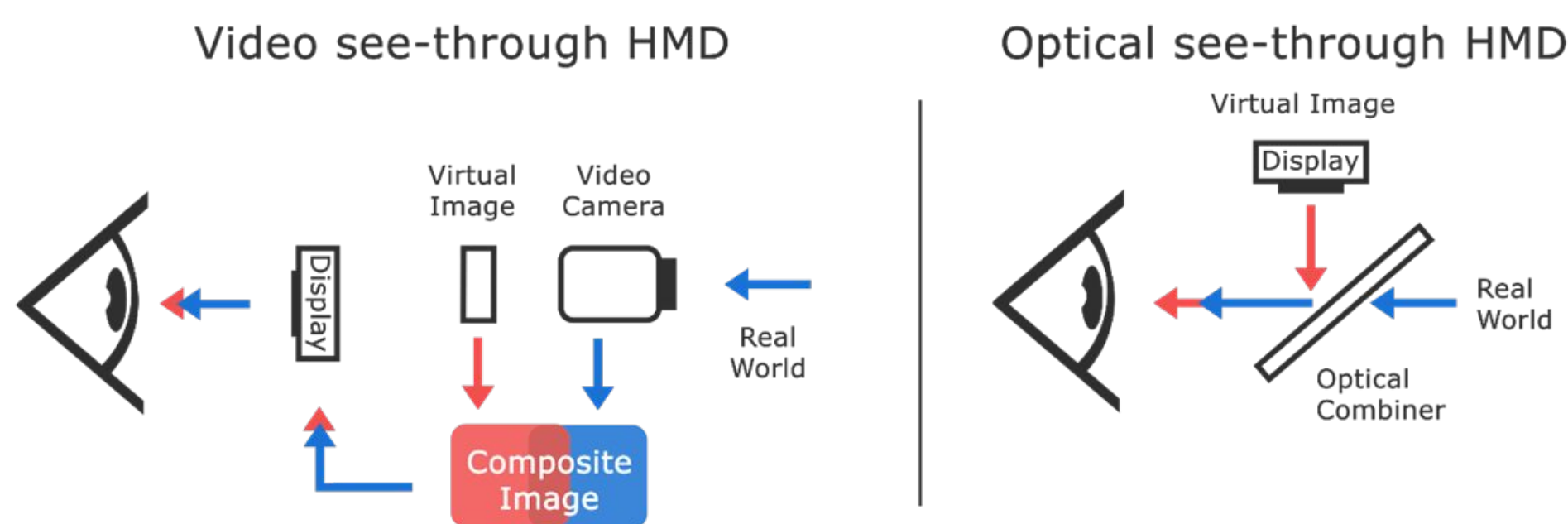


Figure 2: VST and OST displays integrate virtual stimuli differently

## Varjo XR-3 vs. HoloLens 2

Specifically, we study perception in the Varjo XR-3, a VST AR display, and the Microsoft HoloLens 2, an OST AR display. Both are considered state-of-the-art for their respective display categories. Their optical properties differ as do their field of view (FoV) and weight.

In the Varjo XR-3, a person’s view of the real world is restricted, but virtual objects can be rendered anywhere on its screen.

In the HoloLens 2, a person’s view of the real world is unrestricted, but virtual objects can only be rendered onto a small area of the plastic shield. The device is lightweight.



Display Specifications	Varjo XR-3	HoloLens 2
field of view (FoV)	115 × 90°	43 × 29°
weight (g)	980	566

Table 1: Specifications for the VST and OST HMDs

## Grounded vs. floating targets

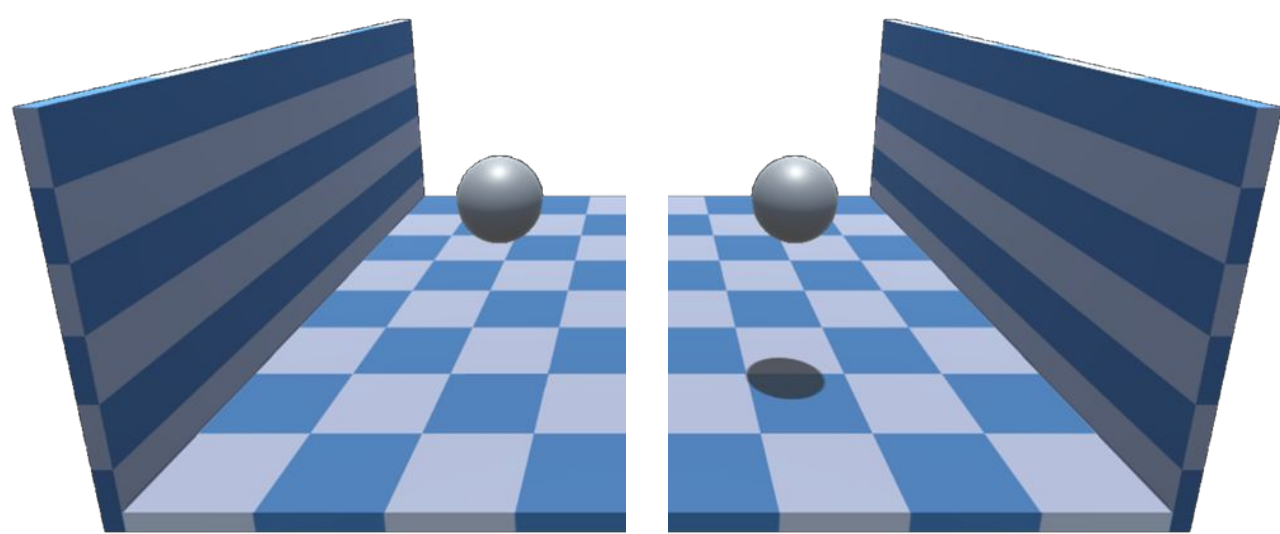


Figure 3: Cast shadows can disambiguate object position

Surface contact cues, like cast shadows, are often missing when virtual objects are rendered in real world scenes for AR.

This missing information may cause people to misjudge the positions of objects in space when it is unclear if an object is on the ground or if it is floating above it [2]

Accordingly, we are interested in how the presence of a shadow affects people’s ability to determine the position of both grounded and floating targets.



Figure 4: Targets were on or above the ground, with or without cast shadow

## Experiment

We evaluated verbal reports of egocentric distance judgments in both OST and VST AR displays to virtual targets at 3, 4.5, and 6 meters.

For each display, participants reported distance judgments to both grounded and floating targets that were rendered either with or without a cast shadow.

The order that the AR displays were experienced was counterbalanced.



Figure 5: A participant wearing the HoloLens 2

Independent Variables		
observers	24	(random)
distance	3	3, 4.5, 6
shadow	2	yes, no
height	2	0, 0.2m
display	2	vst ar, ost ar
repetition	3	1,2,3
Dependent Variables		
distance judgments (meters)		

Table 2: Variables for our experiment

## Distances were underestimated

We found significant underestimation of distance in both HMDs

Display	Each Distance			All Distances
	3	4.5	6	
All	2.43 (.03)	3.71 (.05)	5.03 (.06)	3.72 (.04)
HoloLens 2	2.47 (.04)	3.83 (.07)	5.24 (.09)	3.85 (.06)
Varjo XR-3	2.39 (.05)	3.78 (.06)	4.82 (.08)	3.60 (.05)

Table 3: Average distance judgments in meters

## But they were underestimated less in OST AR

Distances were underestimated by 15.1% in the HoloLens 2 and by 20.2% in the Varjo XR-3.

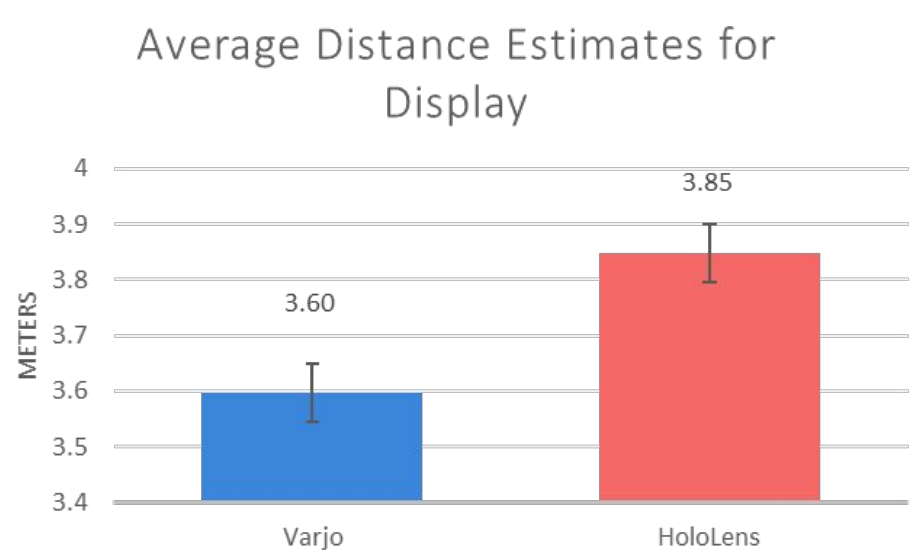


Figure 6: Average distance judgements for the Varjo XR-3 and HoloLens 2

## Shadows and object height influenced judgments

Finally, we found that the vertical height of a virtual object and the presence of a cast shadow influenced distance judgments

Participants distance judgments were more accurate when shadows were present. And they judged targets to be farther away when they were floating.

We had predicted an interaction between shadow and object height, but this was not found in our study.

## Discussion

Our results showed that distance judgments across both displays were underestimated. This result reinforces a growing body of literature in AR HMDs that has found distance estimates in action space to be underestimated [1].

We also found that participants were more accurate at estimating distances in the HoloLens 2 than in the Varjo XR-3. It is possible that this difference was influenced by weight and FoV differences between the 2 HMDs [3]—but this theory will need more research to confirm.

Although we found effects of both shadow and height as perceptual theory and previous work would predict [2,4], we did not find the predicted interaction between object height and the presence of cast shadow, which is a fruitful topic for future investigation.

## References

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- [3] Pfeil, K., Masnadi, S., Belga, J., Sera-Josef, J. V. T., & LaViola. Distance perception with a video see-through head-mounted display. CHI 2021.
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