Given a matrix of size R*C. Traverse the matrix in spiral form.

Example 1:

```
Input:
R = 4, C = 4
matrix[][] = {{1, 2, 3, 4},
              {5, 6, 7, 8},
              {9, 10, 11, 12},
              {13, 14, 15,16}}
Output:
1 2 3 4 8 12 16 15 14 13 9 5 6 7 11 10
Explanation:
```
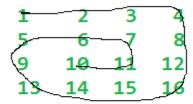

Example 2:

```
Input:
R = 3, C = 4
matrix[][] = {{1, 2, 3, 4},
```

```
          {5, 6, 7, 8},

          {9, 10, 11, 12}}
```

Output:

1 2 3 4 8 12 11 10 9 5 6 7

Explanation:

Applying same technique as shown above,

output for the 2nd testcase will be

1 2 3 4 8 12 11 10 9 5 6 7.

Your Task:
You dont need to read input or print anything. Complete the function **spirallyTraverse()** that takes **matrix, R and C** as input parameters and returns a list of integers denoting the spiral traversal of matrix.

Expected Time Complexity: O(R*C)
Expected Auxiliary Space: O(R*C)

Constraints:
2 <= R, C <= 100
0 <= $matrix_i$ <= 100