Before we present the four-part DP solution, we need some notation. Note that you can represent a planting solution as a $4 \times n$ matrix of 1s and 0s - 1 in entry (i, j) if there is a tree in that spot, 0 otherwise. Using this notation, it will be helpful to enumerate all the possible configurations of a column of this matrix. The set of possible configurations is $C = \{0000, 0001, 0010, 0100, 1000, 1001, 1010, 0101\}$, where, for example, 0101 denotes "plant trees in rows 2 and 4."

The intuition driving our DP algorithm will be that the configuration of column j dictates the possible configurations for the rest of the matrix. In particular, column j+1 must be compatible with the configuration of column j: if column j is 0101, the column j+1 may only be 0000, 0010, 1000, or 1010. For each configuration $c \in C$, let comp(c) be the set of configurations in C which are compatible with c. There are finitely many configurations in C, so this can be hard-coded into our algorithm.

Finally, we will need notation for the total quality you get from planting configuration $c = c_1c_2c_3c_4$ in column j. This can be computed as qual $(j,c) = \sum_{i:c_i=1} q_{ij}$. For example, qual $(j,1001) = q_{1j} + q_{4j}$.

Subproblem: For any j and $c \in C$, let OPT(j,c) be the optimal quality from plantings of columns j, \ldots, n given that column j must be compatible with a column of configuration c on the left.

Recurrence: $OPT(j,c) = \max_{d \in comp(c)} [qual(j,d) + OPT(j+1,d)]$

Proof of Recurrence: To solve the subproblem for i and c, we need to decide: of all the configurations of column j which are compatible with c, which do I choose? If you choose d, you get $\operatorname{qual}(j,d)$ in tree growth from column j, and then you must optimally plant columns j+1 through n, and column j+1 must be compatible with d. The optimal solution will choose the best of these options.

Base Cases: OPT(n+1,c) = 0 for all c.

Iterative Algorithm:

Memo[][] = new int[n+1][8] [Note: there are eight configurations.]

Compute qual(j,c) for all j and c. Store these in an array.

Compute comp(c) for each $c \in C$.

For all $c \in C$, set Memo[n+1][c]=0.

For j from n down to 1

For all $c \in C$, set $\text{Memo}[j][c] = \max_{d \in \text{comp}(c)} (\text{qual}(j,d) + \text{Memo}[j+1][d])$

Return $\max_{c \in C} \text{Memo}[1][c]$

Runtime: Computing qual(j,c) for all j and c takes O(n) time, as |C| = 8. Computing comp(c) takes O(1) time. Filling in the base cases also takes O(1) time. The main work comes from filling in the rest of the memo table. The table is of size O(n), and it takes O(1) work to fill in the table, so the runtime is O(n).