

# ON THE VARIANCE OF THE ADAPTIVE LEARNING RATE AND BEYOND

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- Introduction
- Previous work and Motivation
- Variance of adaptive learning rate
- Rectified adaptive learning rate
- Experiments
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# Introduction

- Goal of deep learning researchers is to create ‘Fast and stable optimization algorithms’
- Many optimization algorithms like SGD, Momentum, RMSProp, Adam, etc have been created
- Adaptive learning rate algorithms like Adam, Adadelata, Nadam have fast convergence rates
- However, above methods may converge to bad/suspicious local minima
- Above methods use **Warmup** – train with small learning rate for the first few epochs
- But there is no theoretical guarantee that warmup provide consistent improvements nor a guide on when and how to conduct warmup
- Warmup is generally used on a trial-and-error basis making it time consuming

# Introduction

- There is a need to perform extensive analysis on the convergence issue
- To understand the impact of adaptive learning rate on the variance of gradients during model training
- To justify the use of warmup as a method reduce the variance
- Taking the above learnings, we introduce a new optimization technique called **Rectified Adam** (RAdam)

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# Previous work and motivation

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**Algorithm 1:** Generic adaptive optimization method setup. All operations are element-wise.

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**Input:**  $\{\alpha_t\}_{t=1}^T$ : step size,  $\{\phi_t, \psi_t\}_{t=1}^T$ : function to calculate momentum and adaptive rate,  
 $\theta_0$ : initial parameter,  $f(\theta)$ : stochastic objective function.

**Output:**  $\theta_T$ : resulting parameters

```

1 while  $t = 1$  to  $T$  do
2    $g_t \leftarrow \nabla_{\theta} f_t(\theta_{t-1})$  (Calculate gradients w.r.t. stochastic objective at timestep  $t$ )
3    $m_t \leftarrow \phi_t(g_1, \dots, g_t)$  (Calculate momentum)
4    $l_t \leftarrow \psi_t(g_1, \dots, g_t)$  (Calculate adaptive learning rate)
5    $\theta_t \leftarrow \theta_{t-1} - \alpha_t m_t l_t$  (Update parameters)
6 return  $\theta_T$ 

```

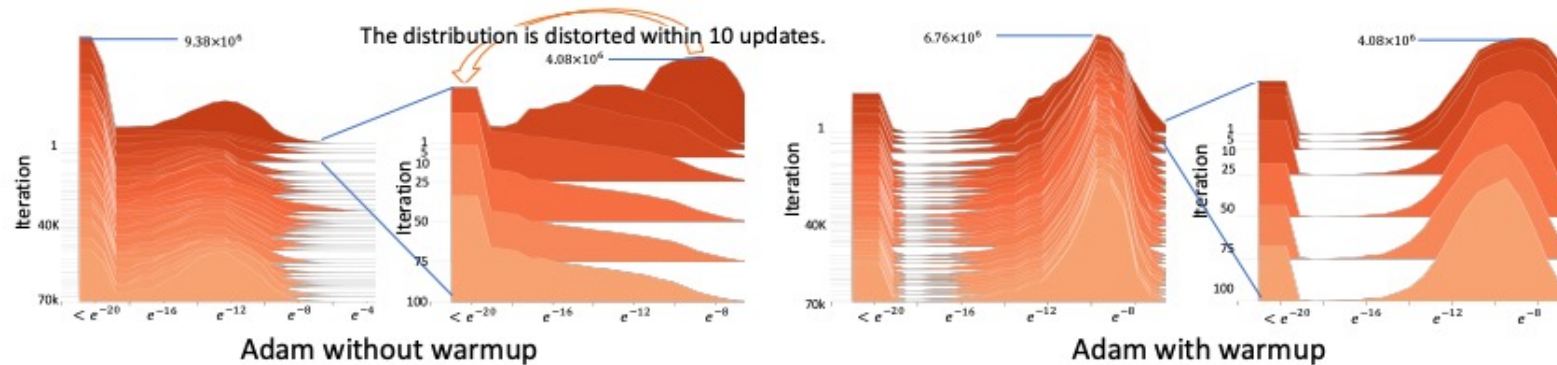
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- This is the general structure of an adaptive learning rate optimization algorithm
- By specifying different choices of  $\varphi(\cdot)$  and  $\phi(\cdot)$  different optimization algorithms are obtained.  
 $\varphi(\cdot)$  is adaptive learning rate and  $\phi(\cdot)$  is the momentum at time  $t$



# Previous work and motivation

## Effect of warmup



- The warmup strategy sets learning rate  $\alpha_t$  to small values initially and slowly increases them until  $t < T_w$ . For example, linear warmup might follow  $\alpha_t = t\alpha_0$
- Without warmup, the distribution of absolute value of gradients becomes distorted with time. This is the reason for bad/suspicious local minima
- Warmup reduces the impact of this to avoid any convergence problems



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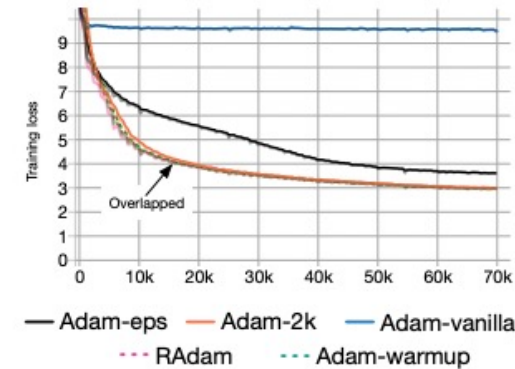
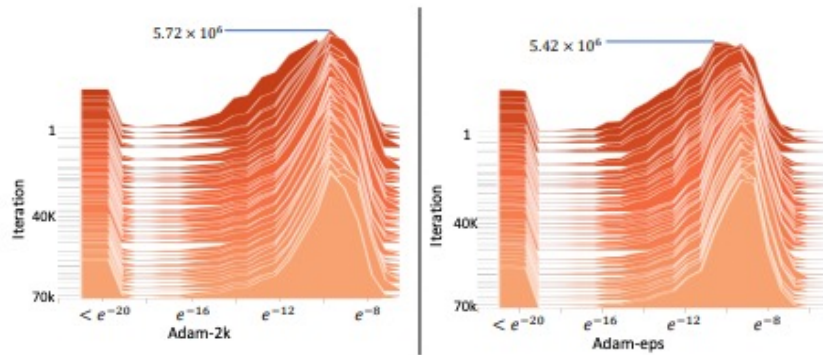
# Variance of the adaptive learning rate

- We will try to prove our hypothesis – ‘Due to the lack of samples in the early stage, the adaptive learning rate has an undesirably large variance, which leads to suspicious/bad local optima’
- Consider a case where adaptive learning rate  $\varphi(g_1) = \sqrt{1/g_1^2}$  at  $t = 1$
- Set of gradients  $\{g_1, g_2, \dots, g_n\}$  are i.i.d gaussian random variables distributed normally  $N(0, \sigma^2)$
- So  $\varphi$  is subject to the scaled inverse chi-squared distribution and its variance is divergent
- This means that the variance is undesirably large initially
- Thus, it is the unbounded variance of  $\varphi$  that causes the above problem

# Warmup as variance reduction

- We will experiment with two new model that are slightly modified from Adam
- Adam-2k
  - Only updates the learning rate  $\varphi(.)$  in the first 2000 iterations, while momentum and other parameters are fixed
  - These are 2000 additional iterations, the remaining iterations take place similar to Adam
- Adam-eps
  - Increase the value of epsilon from  $10^{-8}$  to a non-negligible  $10^{-4}$

# Warmup as variance reduction



- Adam-2k: Additional 2k samples helped avoid convergence problem of vanilla-Adam. Also, the additional samples prevents the gradient distribution from being distorted
- Shows that if there is sufficient data in early stages the convergence problem can be avoided
- Adam-eps: Prevents the gradient distribution from being distorted. The seriousness of the convergence problem is much lesser compared to vanilla-Adam.
- This proves that reducing the variance of adaptive learning rate can solve convergence problem

# Warmup as variance reduction

- It is also seen that the performance of Adam-eps is worse than Adam-2k and Adam-warmup
- This is because the large epsilon induces a large bias and slows down optimization process
- Thus, there is a need to create a more principled way to control the variance of adaptive learning rate

# Analysis of Adaptive Learning Rate Variance

- We know Adam uses the exponential moving average to calculate the adaptive learning rate
- In the initial stages the difference of the exponential weights is relatively small. So, we can approximate the distribution of the exponential moving average as the distribution of the simple average

$$p(\psi(.)) = p\left(\sqrt{\frac{1-\beta_2^t}{(1-\beta_2)\sum_{i=1}^t \beta_2^{t-i} g_i^2}}\right) \approx p\left(\sqrt{\frac{t}{\sum_{i=1}^t g_i^2}}\right).$$

where  $\beta$  is the hyperparameter used in calculating exponential moving average

- Since  $g_i$  is a normal distribution  $t / \sum_{i=1}^t g_i^2$  is subject to scaled inverse chi-square distribution. So,  $\frac{1-\beta_2^t}{(1-\beta_2)\sum_{i=1}^t \beta_2^{t-i} g_i^2}$  is also subject to scaled inverse chi-square distribution with  $\rho$  degrees of freedom



# Analysis of Adaptive Learning Rate Variance

## Theorem

- With the previous assumption we can calculate  $\text{Var}[\varphi^2(.)]$  and the PDF of  $\varphi^2(.)$
- Let us analyze the square root variance  $\text{Var}[\varphi(.)]$  and show that it reduces with increase in degrees of freedom  $\rho$
- For all  $\rho > 4$ , we have the square root variance as:

$$\text{Var}[\psi(.)] = \mathbb{E}[\psi^2(.)] - \mathbb{E}[\psi(.)]^2 = \tau^2 \left( \frac{\rho}{\rho - 2} - \frac{\rho 2^{2\rho-5}}{\pi} \mathcal{B}\left(\frac{\rho-1}{2}, \frac{\rho-1}{2}\right)^2 \right),$$

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# Rectified Adaptive Learning Rate

## Estimating $\rho$

- The previous section gives the analytical form of  $\text{Var}[\varphi(\cdot)]$  with  $\rho$  degrees of freedom
- As mentioned earlier, the exponential moving average (EMA) can be approximated as the simple moving average (SMA)

$$p \left( \frac{(1 - \beta_2) \sum_{i=1}^t \beta_2^{t-i} g_i^2}{1 - \beta_2^t} \right) \approx p \left( \frac{\sum_{i=1}^{f(t, \beta_2)} g_{t+1-i}^2}{f(t, \beta_2)} \right)$$

- Here  $f(t, \beta_2)$  is the length of the SMA which makes it have the same centre of mass as EMA

$$\frac{(1 - \beta_2) \sum_{i=1}^t \beta_2^{t-i} \cdot i}{1 - \beta_2^t} = \frac{\sum_{i=1}^{f(t, \beta_2)} (t + 1 - i)}{f(t, \beta_2)}$$

# Rectified Adaptive Learning Rate

## Estimating $\rho$

- We assumed that EMA is subject to the scaled-inverse chi-square distribution. Since EMA is approximated to SMA and gradient distribution is normal, SMA is also subject to scale-inv- $\chi^2$
- Thus  $\text{Scale-Inv-}\chi^2(f(t, \beta_2), \frac{1}{\sigma^2})$  is an approximation of  $\text{Scale-Inv-}\chi^2(\rho, \frac{1}{\sigma^2})$
- Therefore,  $f(t, \beta_2)$  is an estimate of  $\rho$ .  $f(t, \beta_2)$  is marked as  $\rho_t$  for convenience

# Rectified Adaptive Learning Rate

## Variance estimation and rectification

- It is seen that the value of variance is significantly larger in initial stage than in later stages
- Let the minimal variance be represented as  $C_{var}$
- In order to ensure consistent variance, we modify the variance at  $t^{th}$  timestamp as:

$$Var[r_t \psi(g_1, g_2, \dots, g_t)] = C_{var}, \text{ with } r_t = \sqrt{C_{var} / Var[\psi(g_1, g_2, \dots, g_t)]}$$

- By using first order approximation, we get the rectification term as:

$$r_t = \sqrt{(\rho_t - 4)(\rho_t - 2)\rho_\infty / (\rho_\infty - 4)(\rho_\infty - 2)\rho_t}$$

# Rectified Adaptive Learning Rate

## Modified Algorithm

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**Algorithm 2:** Rectified Adam. All operations are element-wise.

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**Input:**  $\{\alpha_t\}_{t=1}^T$ : step size,  $\{\beta_1, \beta_2\}$ : decay rate to calculate moving average and moving 2nd moment,  $\theta_0$ : initial parameter,  $f_t(\theta)$ : stochastic objective function.

**Output:**  $\theta_t$ : resulting parameters

```

1  $m_0, v_0 \leftarrow 0, 0$  (Initialize moving 1st and 2nd moment)
2  $\rho_\infty \leftarrow 2/(1 - \beta_2) - 1$  (Compute the maximum length of the approximated SMA)
3 while  $t = \{1, \dots, T\}$  do
4    $g_t \leftarrow \nabla_\theta f_t(\theta_{t-1})$  (Calculate gradients w.r.t. stochastic objective at timestep t)
5    $v_t \leftarrow \beta_2 v_{t-1} + (1 - \beta_2) g_t^2$  (Update exponential moving 2nd moment)
6    $m_t \leftarrow \beta_1 m_{t-1} + (1 - \beta_1) g_t$  (Update exponential moving 1st moment)
7    $\widehat{m}_t \leftarrow m_t / (1 - \beta_1^t)$  (Compute bias-corrected moving average)
8    $\rho_t \leftarrow \rho_\infty - 2t\beta_2^t / (1 - \beta_2^t)$  (Compute the length of the approximated SMA)
9   if the variance is tractable, i.e.,  $\rho_t > 4$  then
10     $l_t \leftarrow \sqrt{(1 - \beta_2^t) / v_t}$  (Compute adaptive learning rate)
11     $r_t \leftarrow \sqrt{\frac{(\rho_t - 4)(\rho_t - 2)\rho_\infty}{(\rho_\infty - 4)(\rho_\infty - 2)\rho_t}}$  (Compute the variance rectification term)
12     $\theta_t \leftarrow \theta_{t-1} - \alpha_t r_t \widehat{m}_t l_t$  (Update parameters with adaptive momentum)
13  else
14     $\theta_t \leftarrow \theta_{t-1} - \alpha_t \widehat{m}_t$  (Update parameters with un-adapted momentum)
15 return  $\theta_T$ 

```

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# Rectified Adaptive Learning Rate

## Comparison with Warmup and other stabilization techniques

- $r_t$  has a similar form to the heuristic linear warmup. i.e. setting  $r_t$  as  $\min(t, T_w) / T_w$
- This confirms observation from earlier which shows warmup reduces variance
- RAdam deactivates  $\psi(\cdot)$  when variance is divergent, thus avoiding instability
- RAdam is independent of model architectures and can be combined with other stabilization techniques

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# Experiments

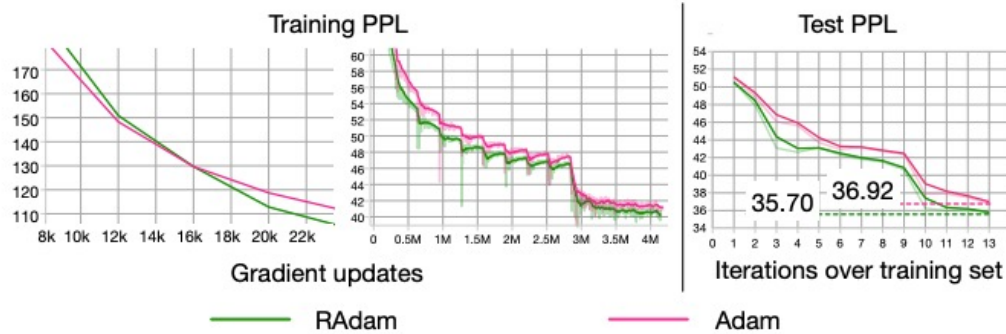


Figure 4: Language modeling (LSTMs) on the One Billion Word.

Table 1: Image Classification

	Method	Acc.
CIFAR10	SGD	91.51
	Adam	90.54
	RAdam	91.38
ImageNet	SGD	69.86
	Adam	66.54
	RAdam	67.62

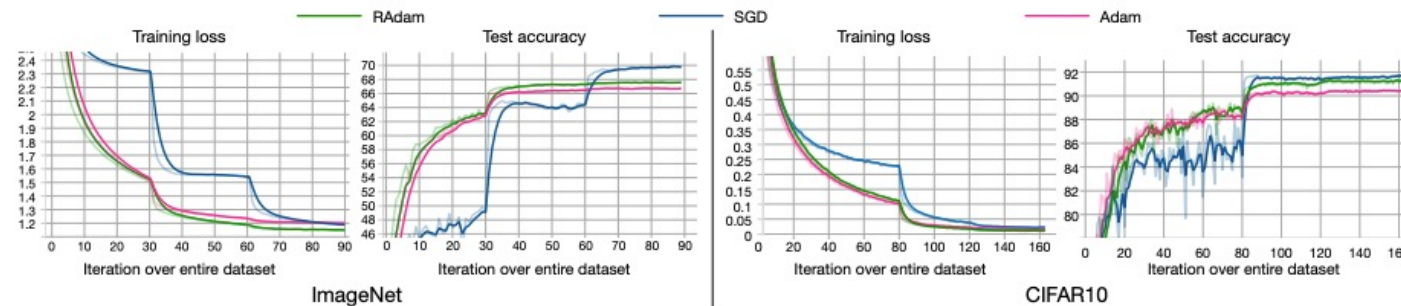


Figure 5: Training of ResNet-18 on the ImageNet and ResNet-20 on the CIFAR10 dataset.

- It is seen RAdam outperforms Adam in all three datasets
- $r_t$  does make the it slower than Adam in first few epochs, but converges faster after that
- In CIFAR10, test accuracy of SGD is slightly higher that RAdam

# Experiments

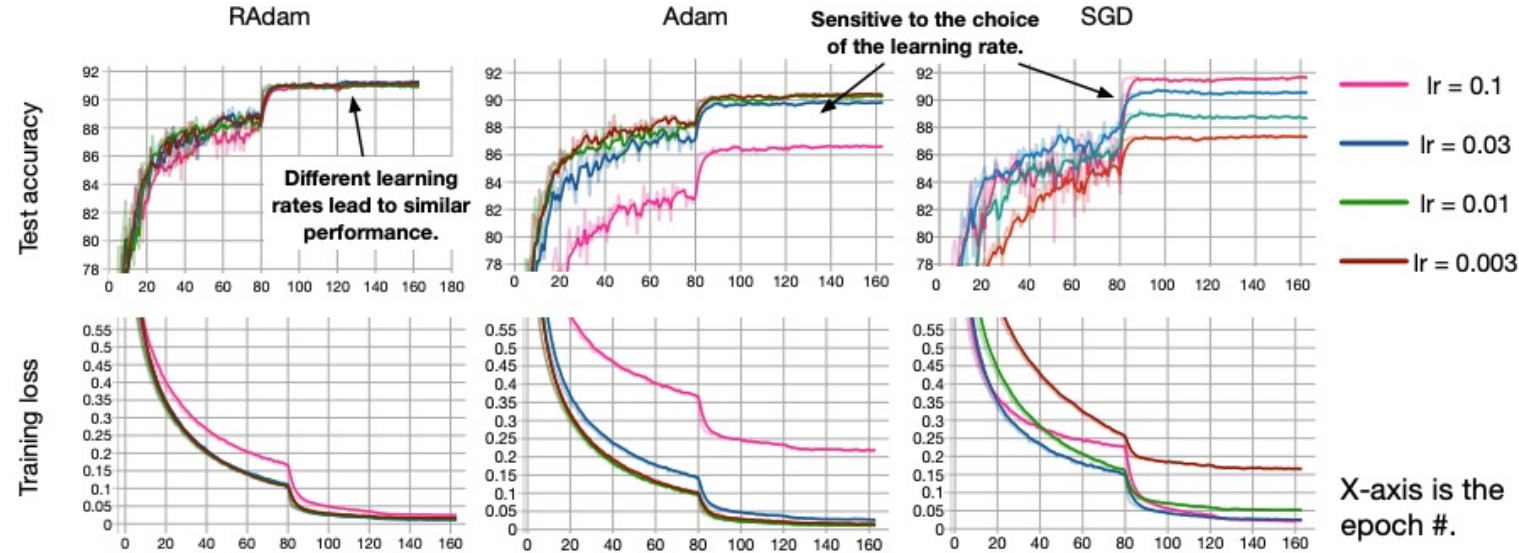


Figure 6: Performance of RAdam, Adam and SGD with different learning rates on CIFAR10.

- RAdam improves robustness of model training by making model less sensitive to learning rate parameter
- Both Adam and SGD can be seen as sensitive to learning rate



# Experiments

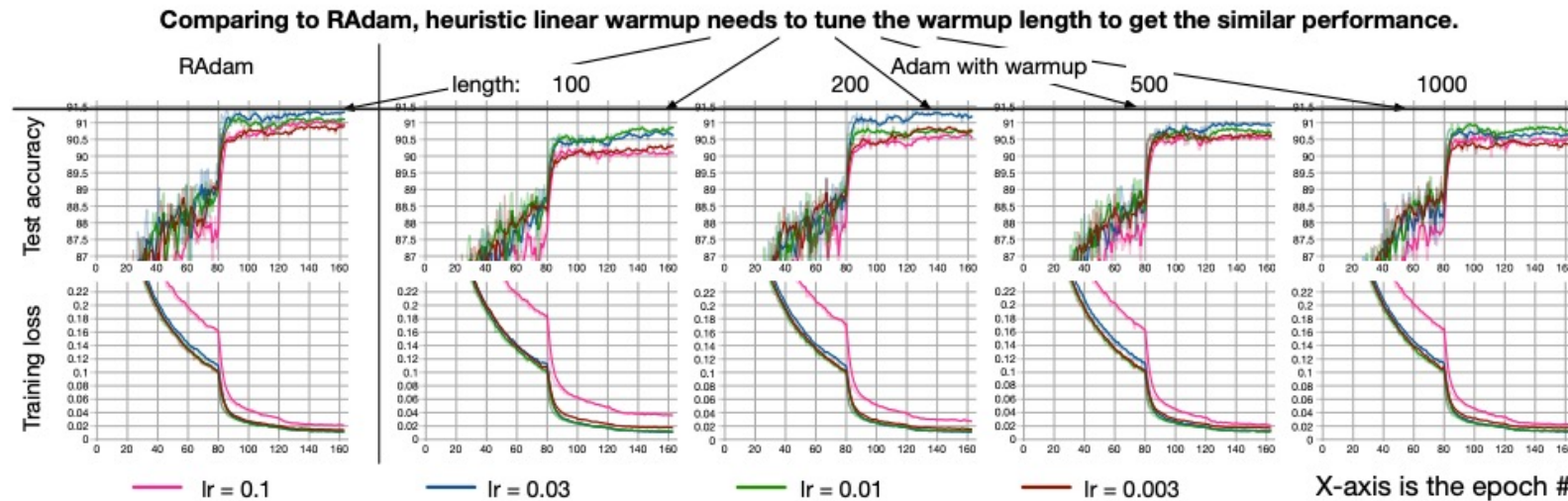


Figure 7: Performance of RAdam, Adam with warmup on CIFAR10 with different learning rates.

- Though test accuracy is similar, RAdam requires less hyperparameter tuning
- Adam is more sensitive to warmup length as well as learning rate

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# Conclusion

- Due to limited data during initial model training, the adaptive learning rate has large variance and can cause the model to converge at bad/suspicious local optima
- Supported by empirical and theoretical analysis
- RAdam is a new variant of Adam which rectifies adaptive learning rate to maintain consistent variance
- Experimental results show the effectiveness of RAdam over vanilla Adam