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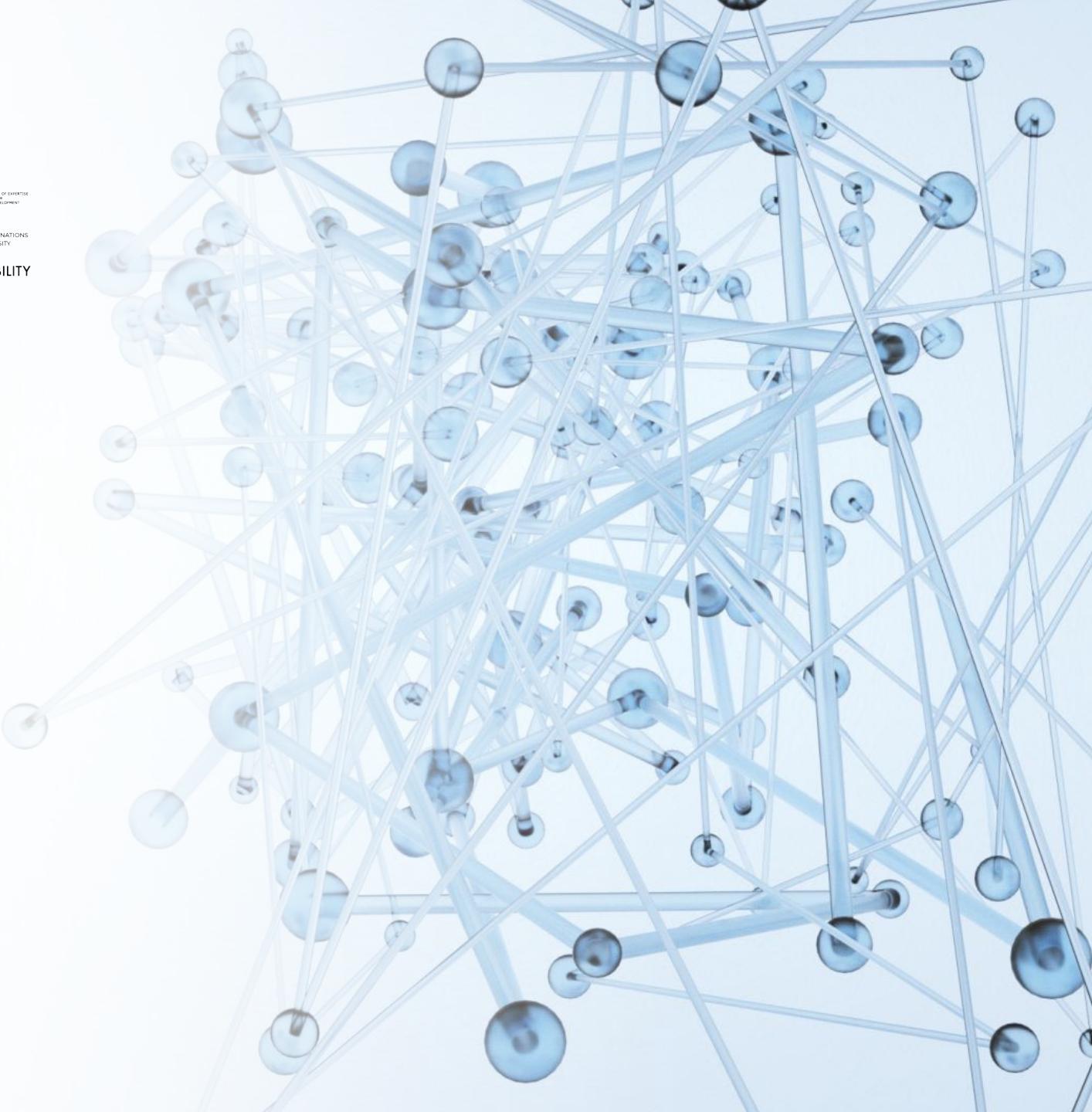


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# Multivariate Analysis

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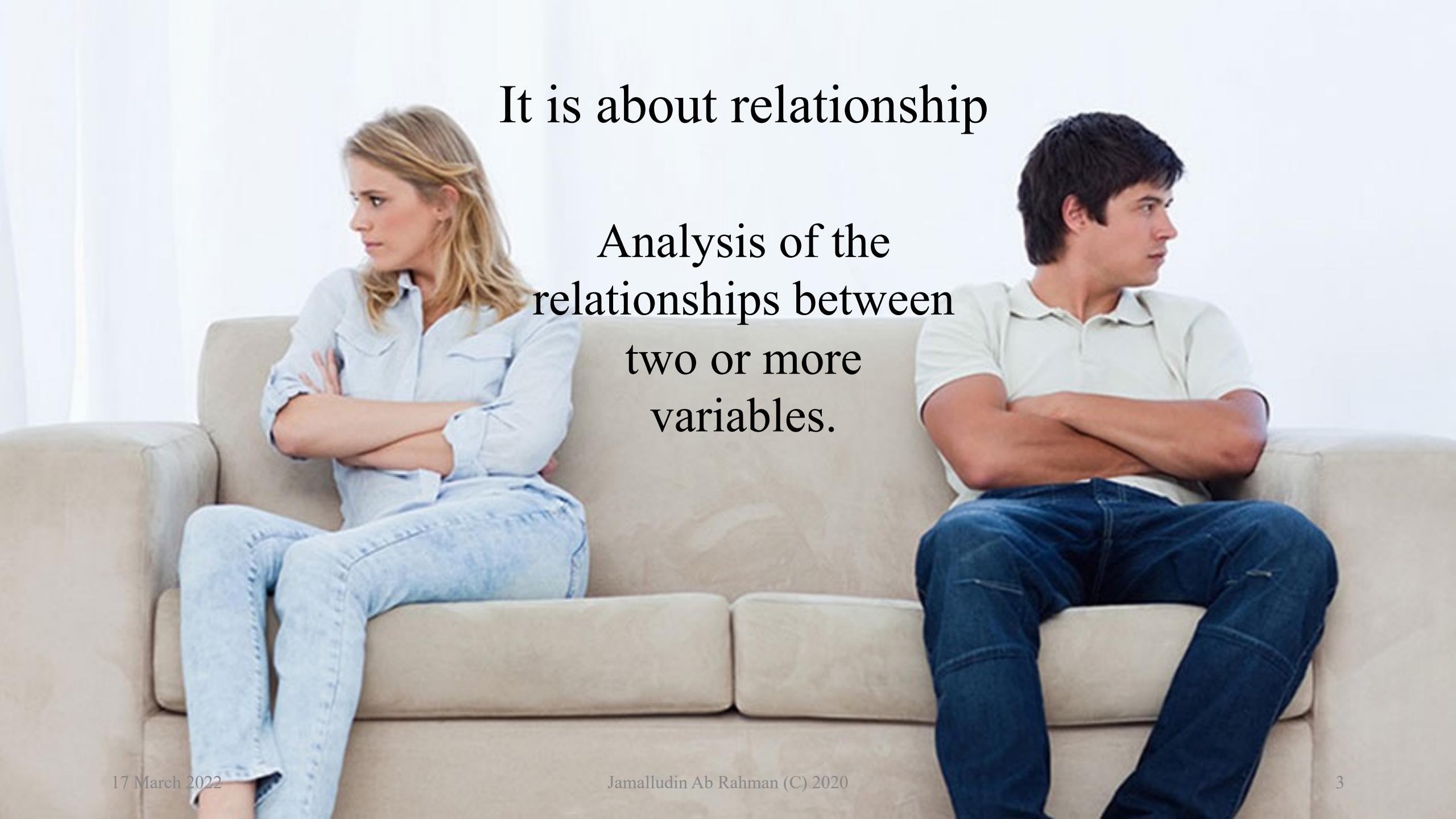
Prof. Dr. Jamalludin Ab Rahman MD MPH  
Department of Community Medicine,  
Kulliyyah of Medicine



# Studying relationship

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Jamalludin Ab Rahman



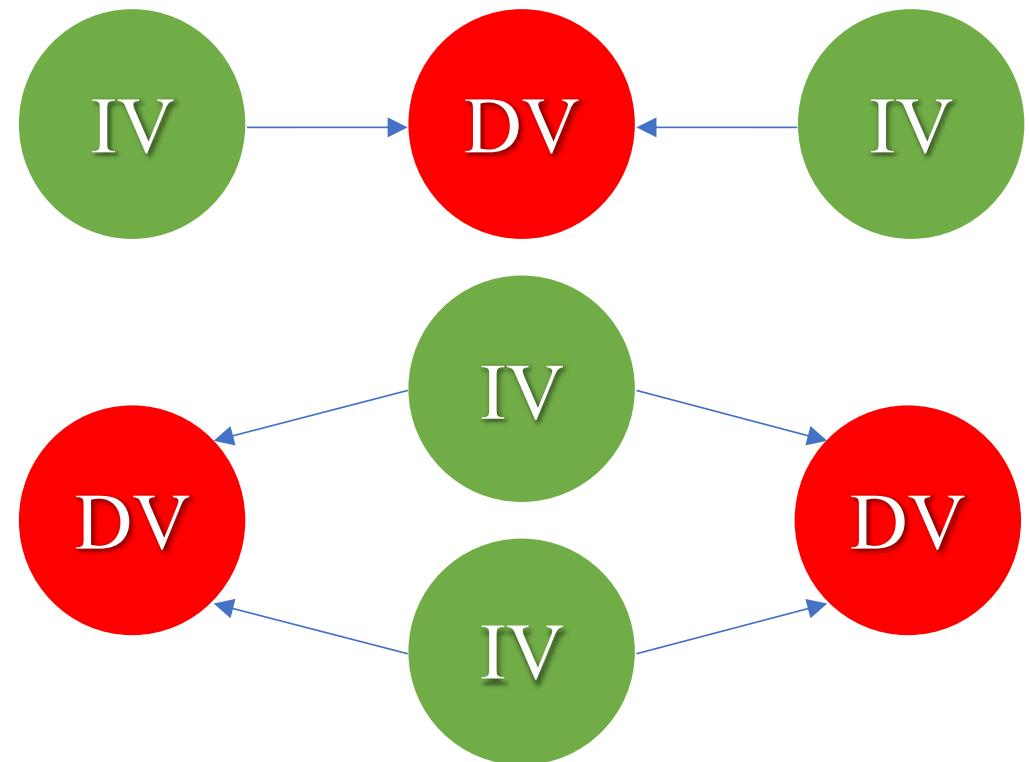
# It is about relationship

Analysis of the  
relationships between  
two or more  
variables.

# Multivariate?

*Basically, bivariate is 1 IV & 1 DV,  
so multivariate can be:*

- More than two IVs
- More than one DV



RESEARCH ARTICLE

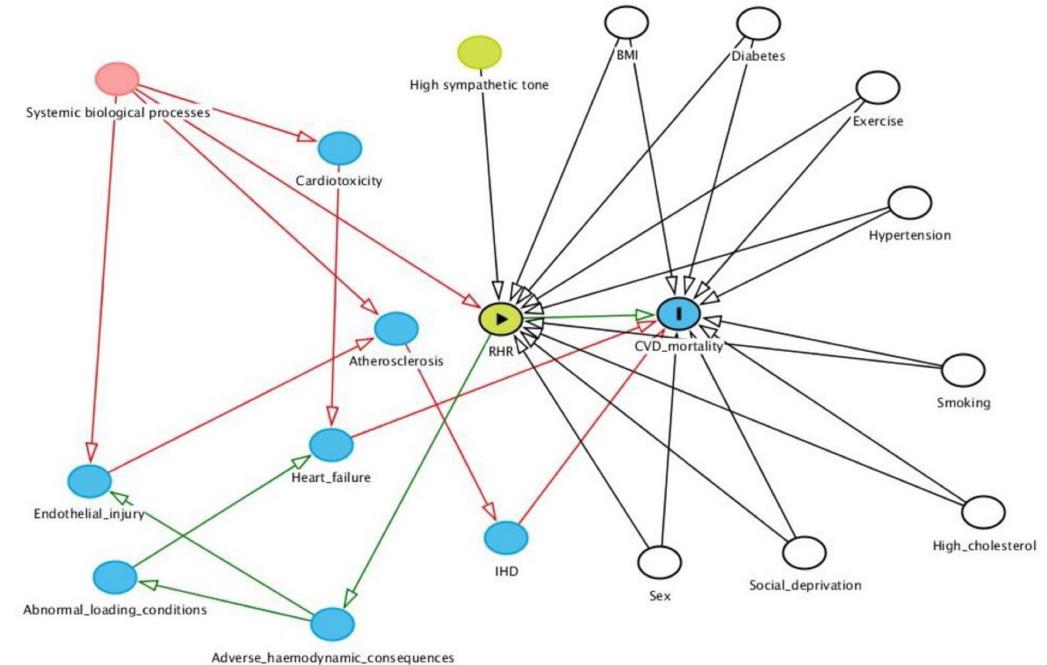
# Age, sex and disease-specific associations between resting heart rate and cardiovascular mortality in the UK BIOBANK

Zahra Raisi-Estabragh<sup>1,2</sup>, Jackie Cooper<sup>1,2</sup>, Rebekah Judge<sup>3</sup>, Mohammed Y. Khanji<sup>1,2</sup>, Patricia B. Munroe<sup>1</sup>, Cyrus Cooper<sup>4,5,6</sup>, Nicholas C. Harvey<sup>4,5</sup>, Steffen E. Petersen<sup>1,2\*</sup>

1 William Harvey Research Institute, NIHR Barts Biomedical Research Centre, Queen Mary University of London, London, United Kingdom, 2 Barts Heart Centre, St Bartholomew's Hospital, Barts Health NHS Trust, London, United Kingdom, 3 Imperial College Healthcare Trust, St Mary's Hospital, London, United Kingdom, 4 MRC Lifecourse Epidemiology Unit (MRCLEU), Southampton, United Kingdom, 5 NIHR Southampton Biomedical Research Centre, University of Southampton and University Hospital Southampton NHS Foundation Trust, Southampton, United Kingdom, 6 NIHR Oxford Biomedical Research Centre, University of Oxford, Oxford, United Kingdom

\* s.e.petersen@qmul.ac.uk

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7259773/pdf/pone.0233898.pdf>



**Fig 1. Directed acyclic graph of the potential relationships between cardiovascular disease and resting heart rate.**  
BMI: Body mass index; CVD: Cardiovascular disease; IHD: Ischaemic heart disease; RHR: Resting heart rate. In this model: RHR = exposure and CVD mortality = outcome; Unshaded circles represent true confounders, all controlled for in fully adjusted model.

<https://doi.org/10.1371/journal.pone.0233898.g001>

# Building a Cardiovascular Disease Predictive Model using Structural Equation Model & Fuzzy Cognitive Map

Manpreet Singh, Levi Monteiro Martins, Patrick Joanis and Vijay K. Mago<sup>§</sup>

Lakehead University

Thunder Bay, Ontario P7B 5E1

§Corresponding author: vmago@lakeheadu.ca

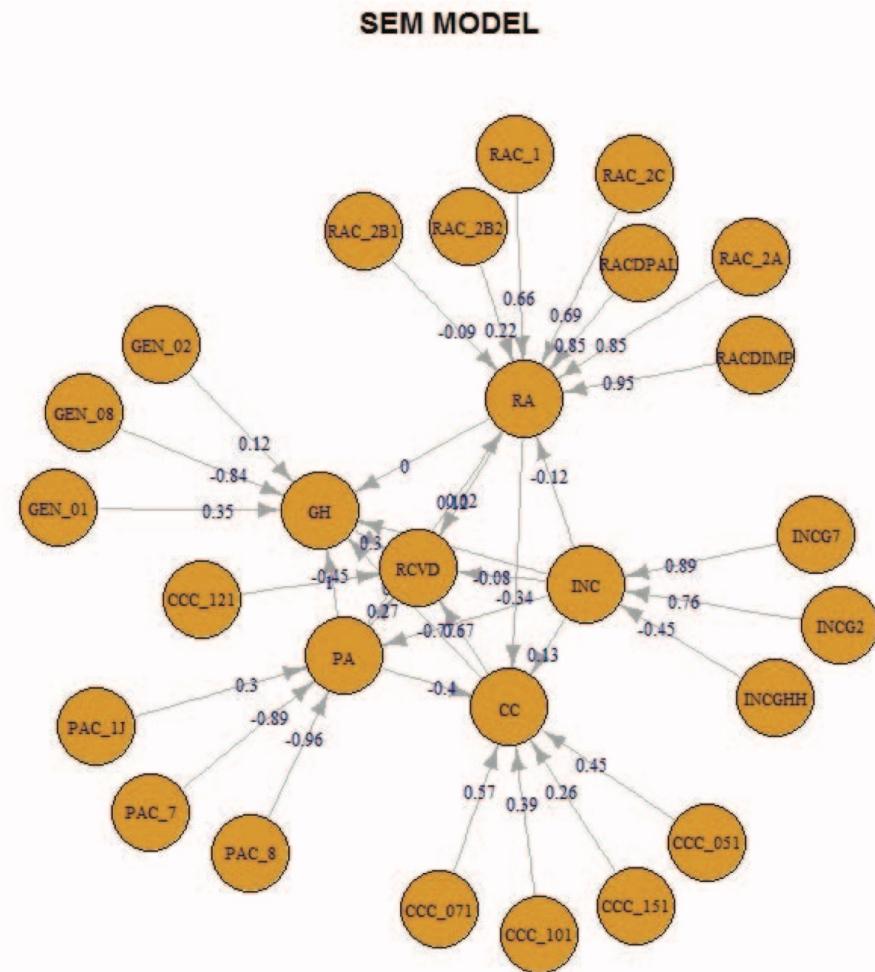
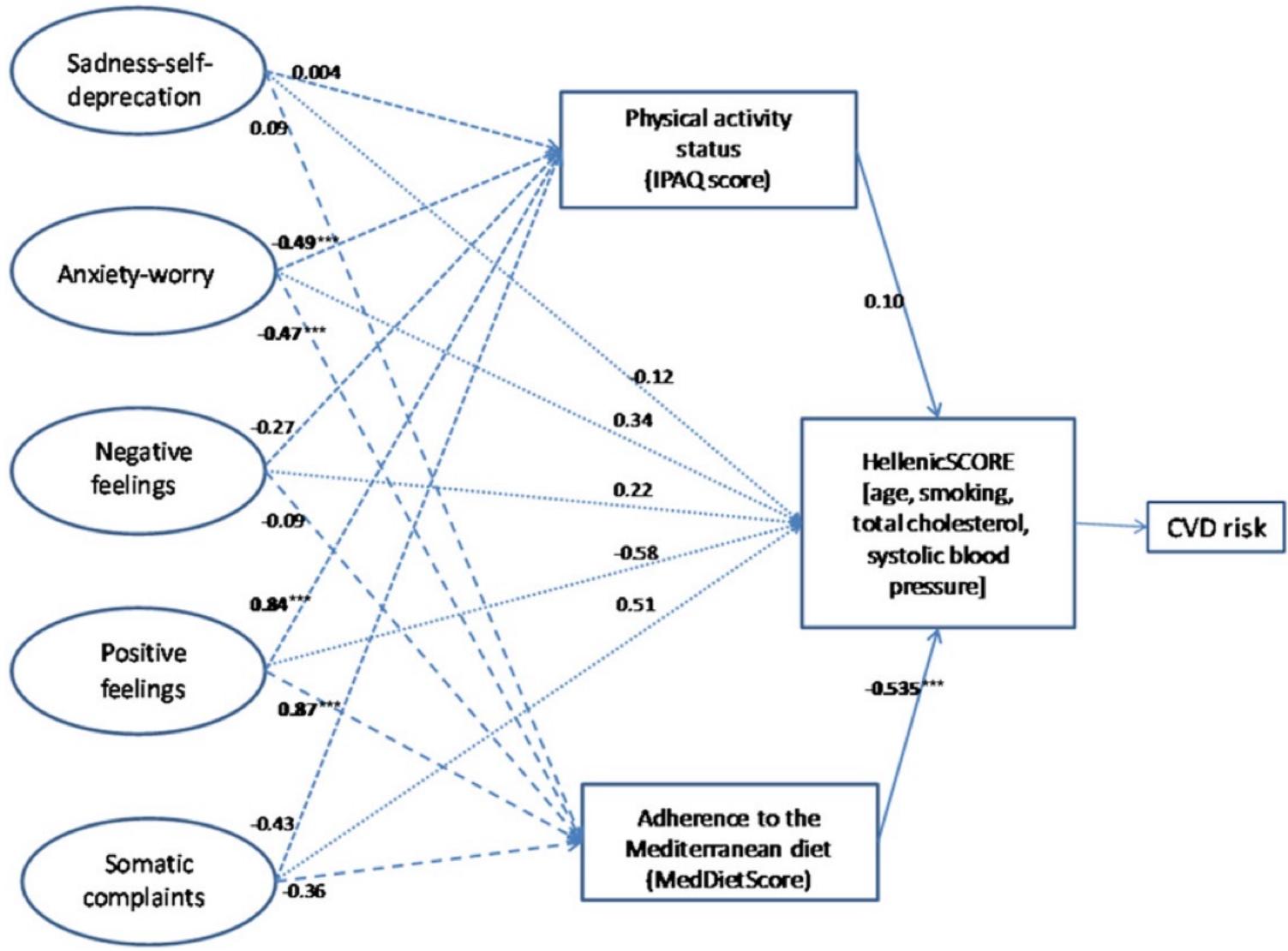


Fig. 2. This SEM model was generated using the 20 variables plus the CCC 121 variable.

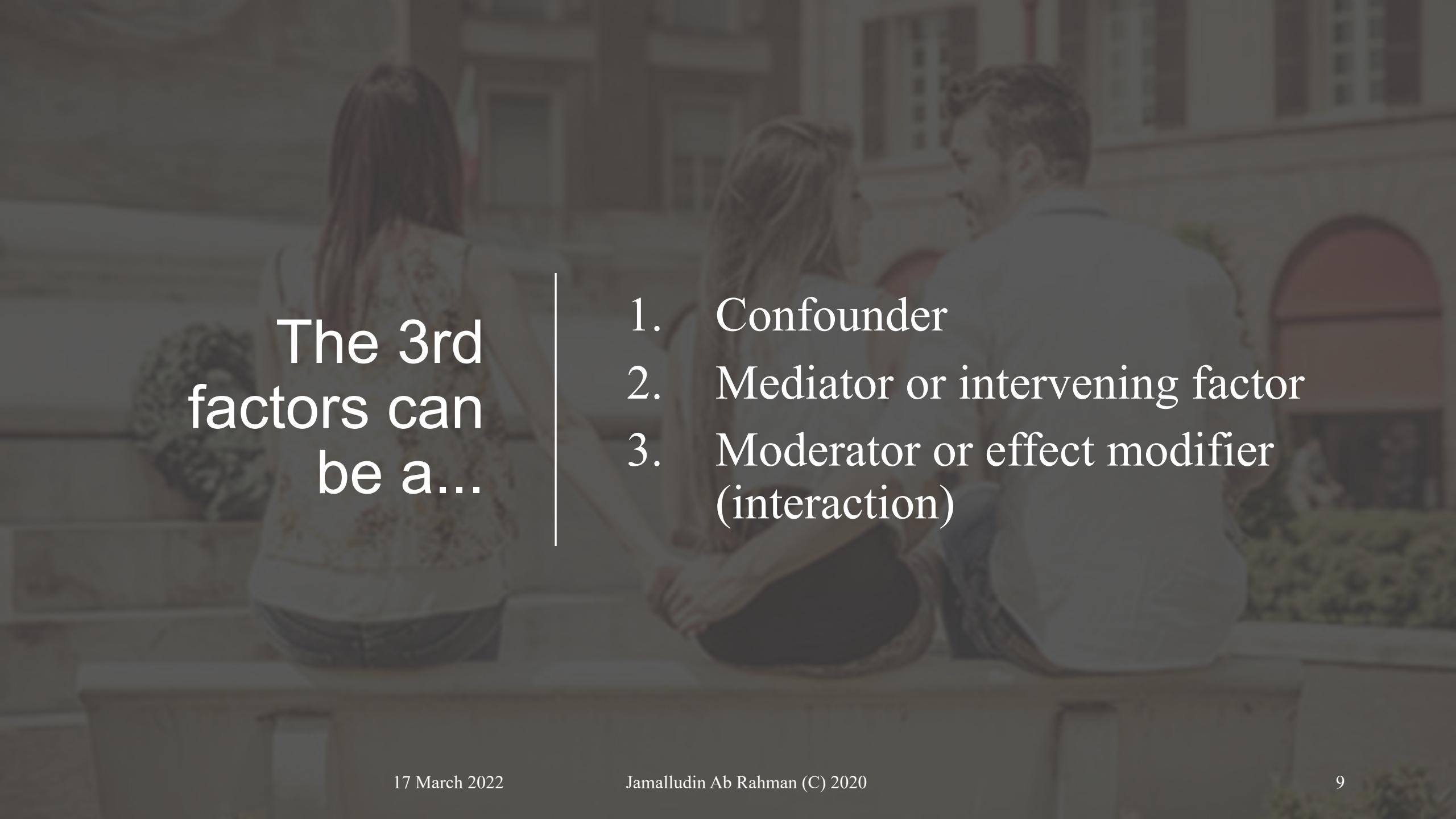


**Fig. 1.** Conceptual framework derived from the study of depression and anxiety, as well as dietary habits and physical activity status, on CVD risk (measured using the HellenicSCORE), using data from the ATTICA study participants. \*Oval shapes represent latent factors, as estimated in the model of anxiety and depression from Table 1. Rectangular shapes represent measured variables: (i) Physical activity (IPAQ score); (ii) adherence to the Mediterranean diet (MedDietScore), (iii) HellenicSCORE (estimated by age, smoking status, total cholesterol, and systolic blood pressure as a proxy for CVD risk estimation). \*\*Numbers represent standardized regression coefficients. The associations between latent and measured variables are represented with dot-line arrows and the associations between measured variables are represented with straight-line arrows. \*\*\* $P < .05$ .

# 3<sup>rd</sup> Factor

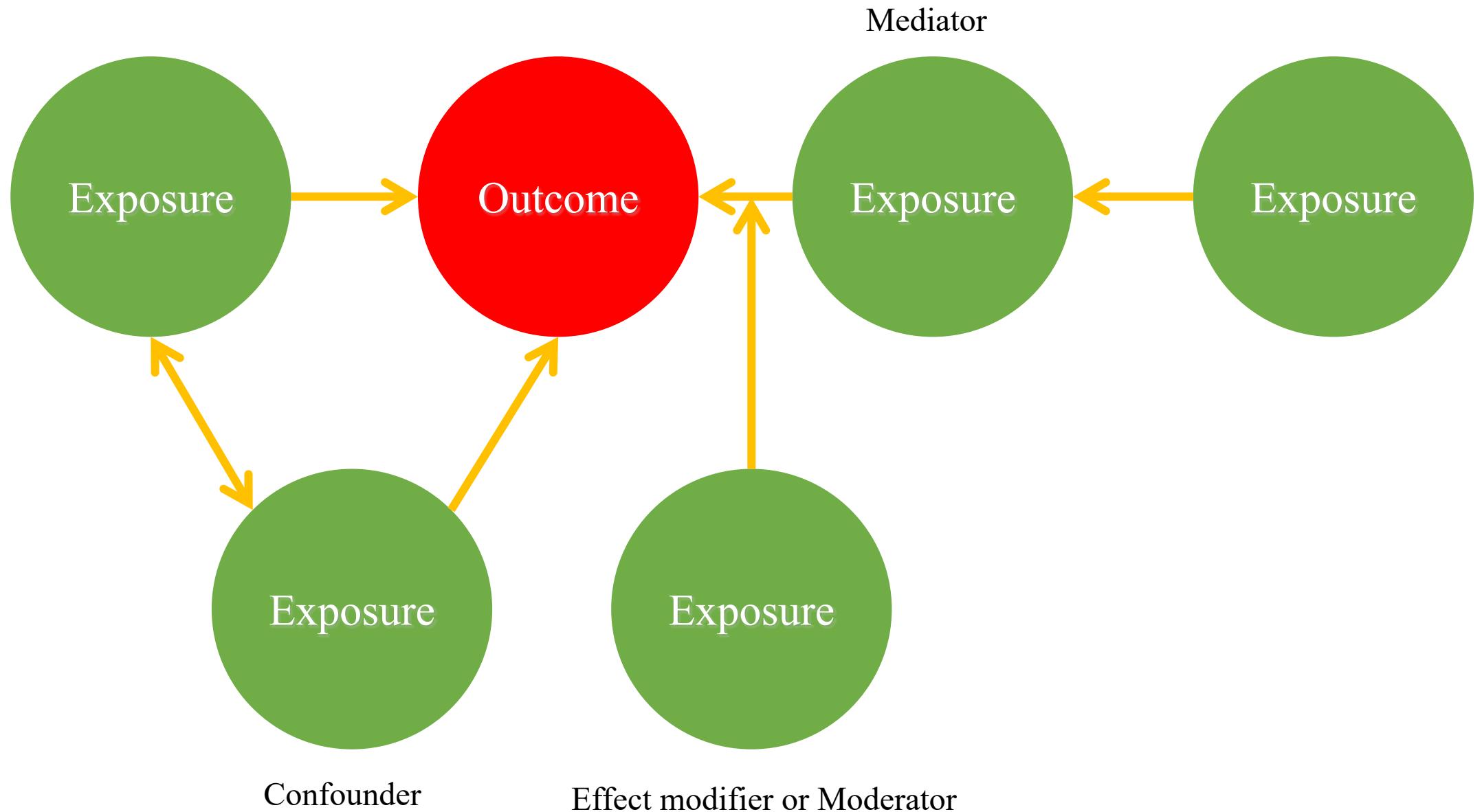
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Jamalludin Ab Rahman

A photograph of a man and a woman in a library. They are both wearing light-colored shirts and are looking down at a book they are holding together. The background shows shelves filled with books.

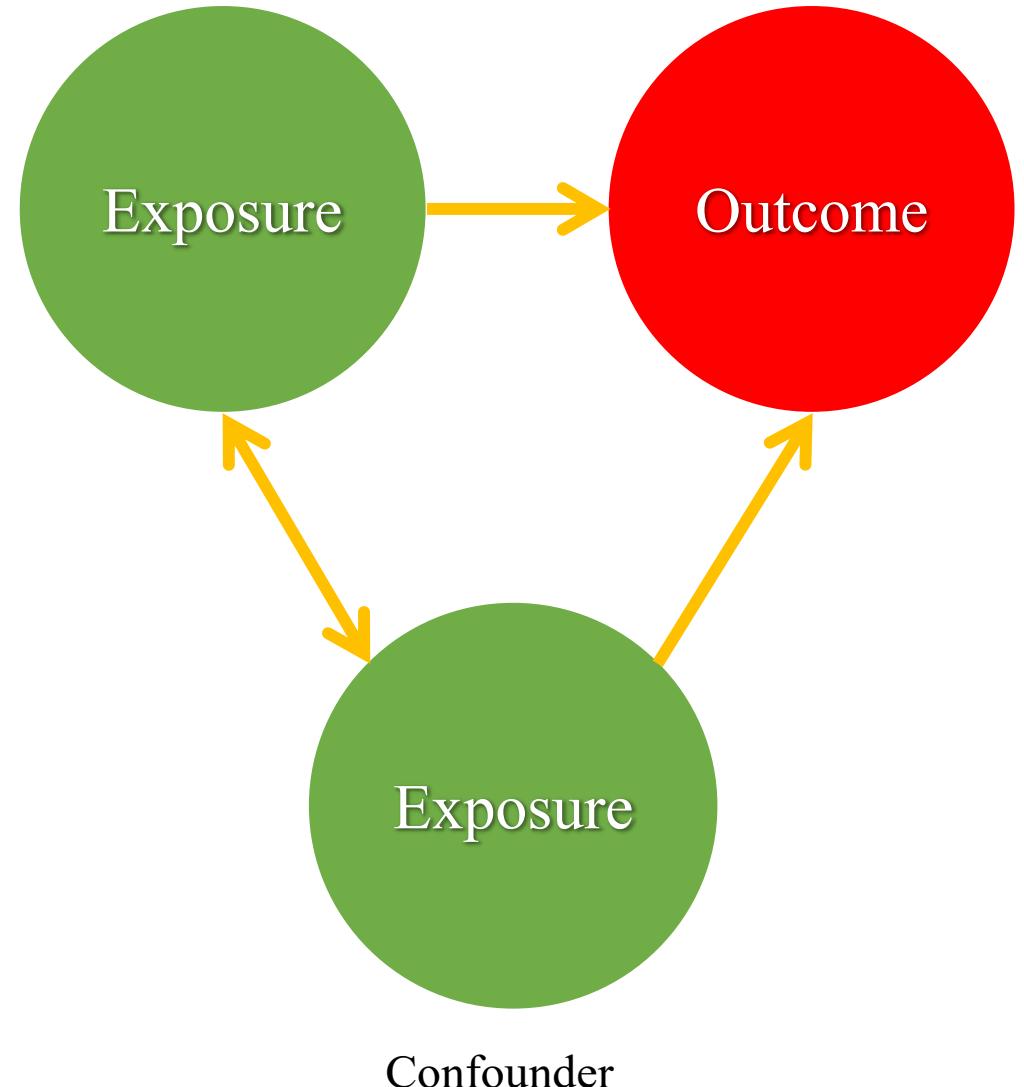
The 3rd  
factors can  
be a...

1. Confounder
2. Mediator or intervening factor
3. Moderator or effect modifier  
(interaction)



# Confounder

Confounder influence a relationship (between two variables), but it is **not a part of the pathway**



The unadjusted analysis showed protective effect of current smoking status

## and Cartilage

### Smoking and Osteoarthritis

F. V. Wilder, B. J. H...  
The Arthritis Research Center, University of Florida, Gainesville, Florida 33755, U.S.A.

Once adjusted, current smokers has no protective effect on OA anymore

Table VI  
*Unadjusted association between smoking and OA (and severe OA) in knee, hand, foot, and spine (current vs never)*

|       | Grades 2+ |           | Grades 3+ |           |
|-------|-----------|-----------|-----------|-----------|
|       | RR        | CI        | RR        | CI        |
| Knee  | 0.62*     | 0.46–0.83 | 0.58      | 0.32–1.04 |
| Hand  | 0.71*     | 0.54–0.92 | 0.38*     | 0.22–0.67 |
| Foot  | 0.63*     | 0.46–0.87 | 0.95      | 0.48–1.89 |
| Spine | 0.69*     | 0.54–0.88 | 0.67      | 0.43–1.04 |

\*P-value < 0.05.

RR = hazard risk ratio; CI = 95% confidence interval.

Table VII  
*Adjusted association between smoking and OA (and severe OA)\* in knee, hand, foot, and spine (current vs never)*

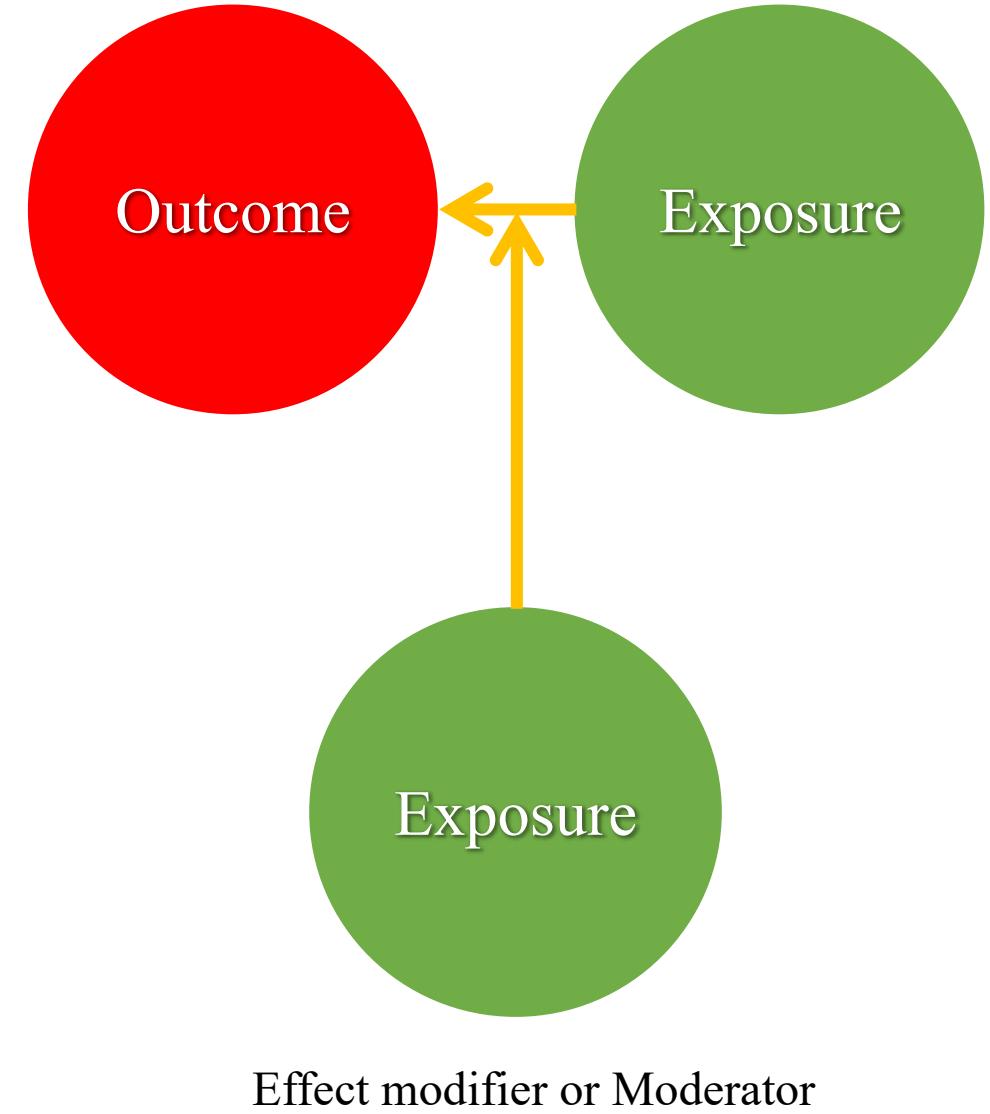
|       | Grades 2+ |           | Grades 3+ |           |
|-------|-----------|-----------|-----------|-----------|
|       | RR        | CI        | RR        | CI        |
| Knee  | 0.97      | 0.71–1.31 | 1.08      | 0.58–2.00 |
| Hand  | 0.99      | 0.75–1.31 | 0.60      | 0.33–1.08 |
| Foot  | 1.16      | 0.83–1.63 | 1.48      | 0.71–3.08 |
| Spine | 0.86      | 0.67–1.11 | 0.84      | 0.53–1.32 |

\*Adjusted for age, body mass index, gender, heredity, occupation, physical activity level, and presence of OA at any of the other three sites.

RR = hazard risk ratio; CI = 95% confidence interval.

# Moderator

When an exposure has different effects on disease at different values of a variable **(interaction)**



# Moderating Effects of Coping on the Relationship Between Stress and the Development of New Brain Lesions in Multiple Sclerosis

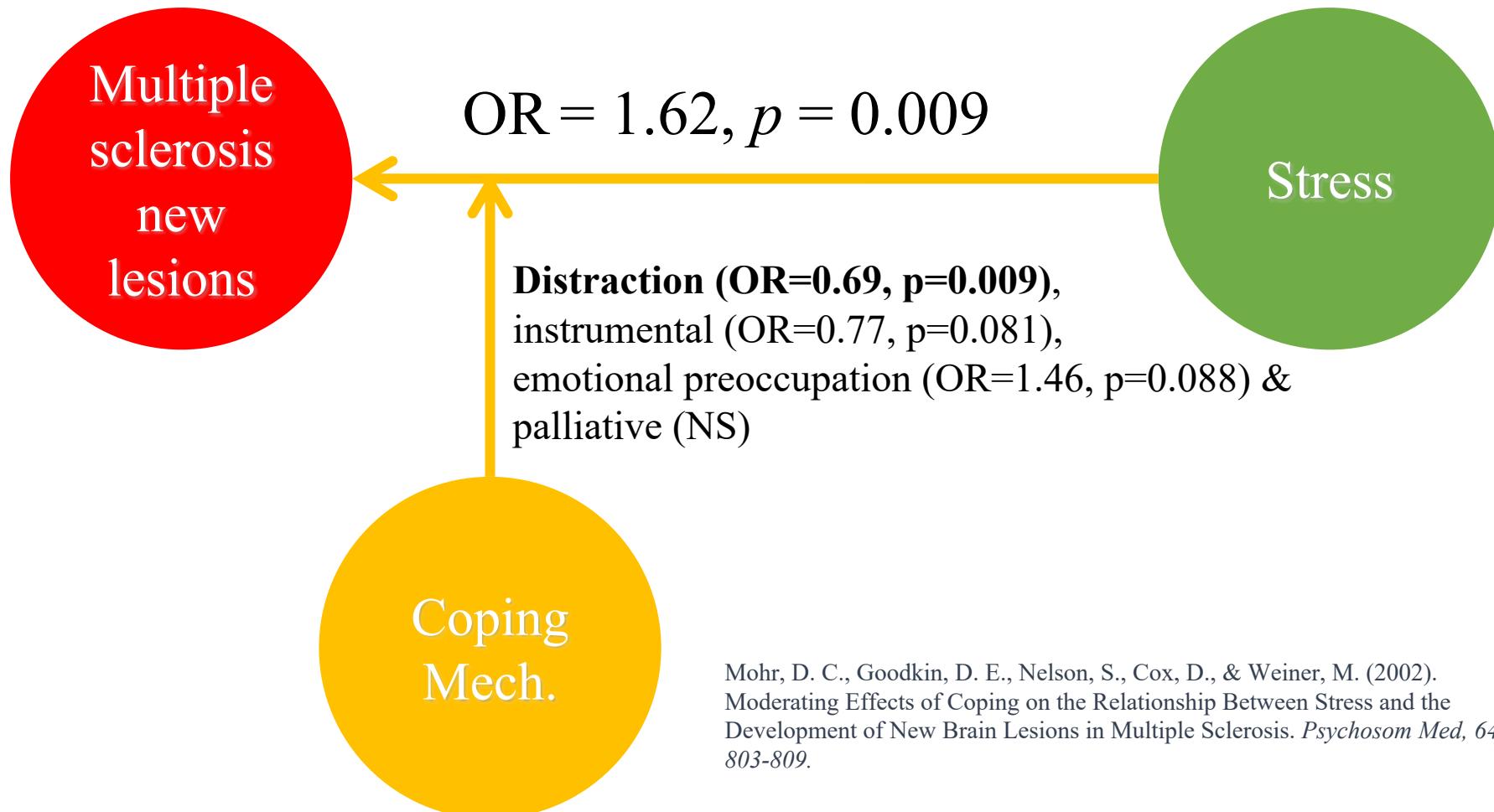
DAVID C. MOHR, PhD, DONALD E. GOODKIN, MD, SARAH NELSON, DRRERNAT, DARCY COX, PSYD, AND  
MICHAEL WERNER, MD

TABLE 1. Odds Ratios for the Effects of Coping and Attachment on the Development of New Gd+ Lesions and Interaction Effects Between Coping or Attachment and Stress and New Gd+ Lesions<sup>a</sup>

| Measure  | Odds Ratio  | Lower 95% CI | Upper 95% CI | p Value |
|--|-------------|--------------|--------------|---------|
| New Gd+ lesions at time of stress assessment (8 weeks prior) | <b>2.55</b> | <b>1.38</b>  | <b>4.70</b>  | .004    |
| Treatment with IFNβ-1b                                       | 0.50        | 0.16         | 1.54         | .22     |
| Conflict and Disruption in Routine                           | <b>1.62</b> | <b>1.12</b>  | <b>2.34</b>  | .009    |
| Coping   |             |              |              |         |
| Distraction  | 1.54        | 0.78         | 3.05         | .21     |
| Distraction × conflict                                       | <b>0.69</b> | <b>0.49</b>  | <b>0.98</b>  | .037    |
| Palliative   | 1.14        | 0.59         | 2.21         | .69     |
| Palliative × conflict  | 0.83        | 0.59         | 1.17         | .27     |
| Instrumental   | 1.26        | 0.57         | 2.74         | .55     |
| Instrumental × conflict                                      | 0.77        | 0.57         | 1.04         | .081    |
| Emotional preoccupation                                      | 0.89        | 0.46         | 1.72         | .72     |
| Emotional preoccupation × conflict                           | <b>1.46</b> | <b>0.94</b>  | <b>2.27</b>  | .088    |

<sup>a</sup> Bold = significant relationship; italic = marginal significance.

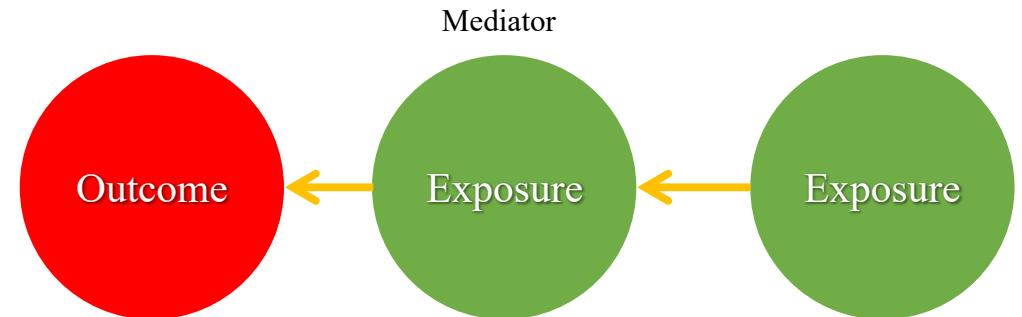
# Stress vs. MS vs. Coping mechanism



Mohr, D. C., Goodkin, D. E., Nelson, S., Cox, D., & Weiner, M. (2002). Moderating Effects of Coping on the Relationship Between Stress and the Development of New Brain Lesions in Multiple Sclerosis. *Psychosom Med*, 64(5), 803-809.

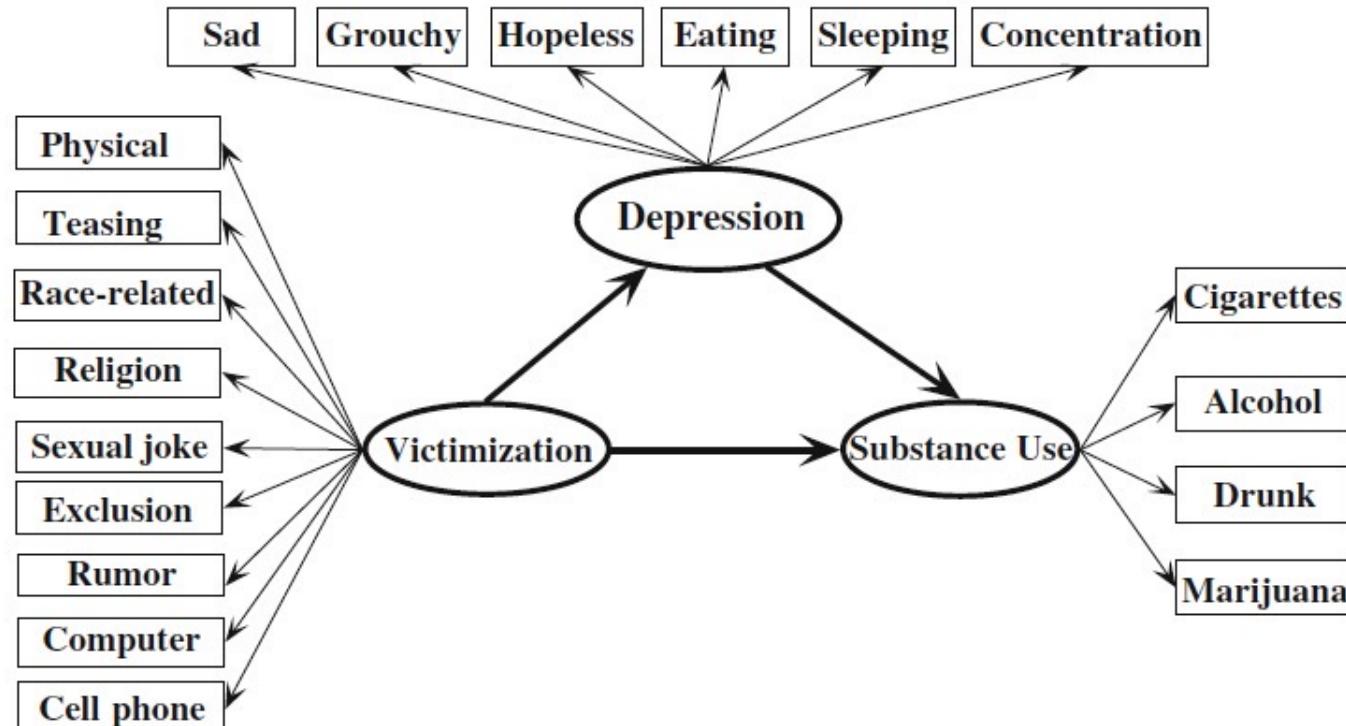
# Mediator

Mediator influence a relationship (between two variables) and it is also a **part of the pathway**



## Bullying Victimization and Substance Use Among U.S. Adolescents: Mediation by Depression

**Fig. 1** Theoretical model of the mediating role of depression. This figure shows the hypothesized mediating role of depression on the association of victimization with substance use. All three variables (i.e., victimization, depression and substance use) are latent variables measured by a few indicators. Socio-demographic variables were included as covariates to the outcome variable (i.e., substance use)



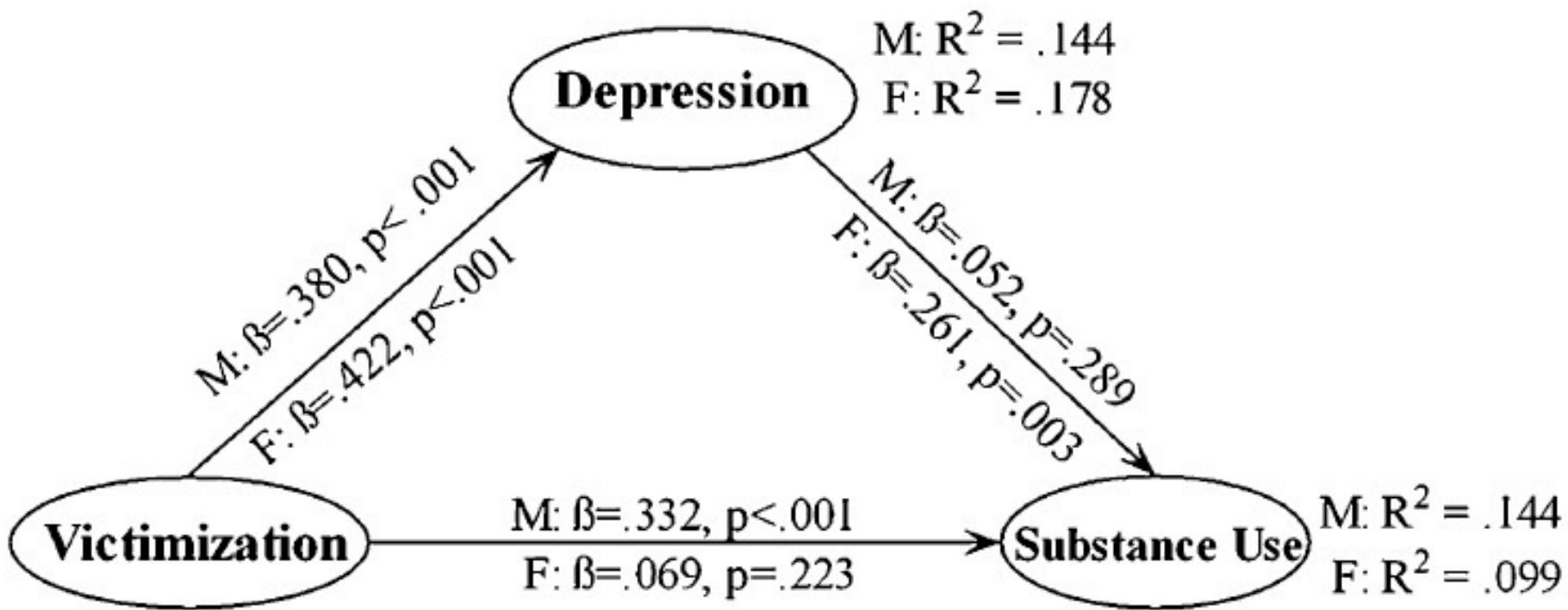
victimization poses among adolescent females.

**Keywords** Victimization · Depression · Substance use · Mediation · Sex difference

representative sample of adolescent females. Second, no previous study we are aware of has examined potential mediation of the association between victimization and substance use.

### Depression as a Candidate Mediator

A body of literature suggests a positive association between victimization and depression across various forms of



**Fig. 2** Results of the mediation model. The multiple-group SEM provided acceptable indices of goodness-of-fit, CFI=.962, TLI=.963, and RMSEA=.048. The path weights in the graph were standardized

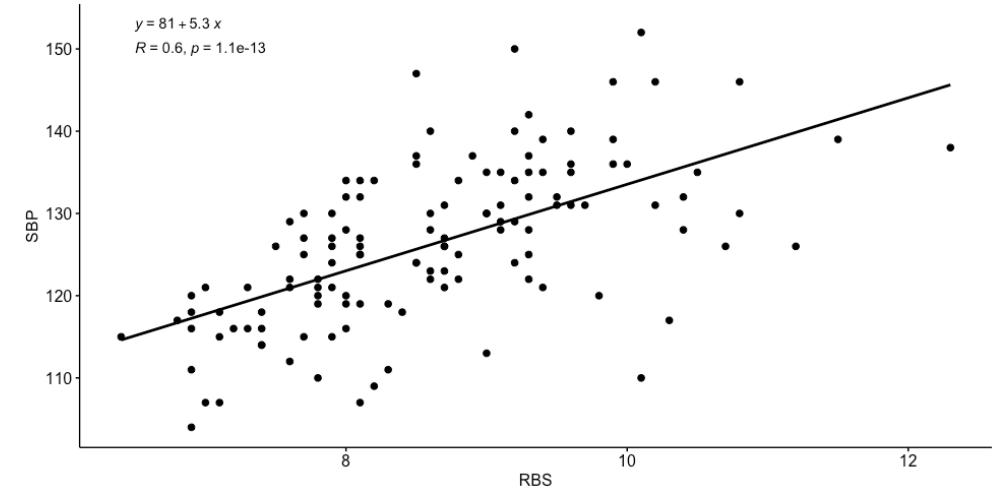
# Regression

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# Regression

- Best line to fit the data
- Many types:
  - Linear regression ( Y = Continuous)
  - Logistic regression (Y= Binary)
  - Poisson regression (Y=Count/Rate)
  - Survival analysis (Y=Time to event)



```
library(ggpubr)
ggscatter(data, x = "RBS", y = "SBP", add = "reg.line") +
  stat_cor(label.x = 6.5, label.y = 150) +
  stat_regrline_equation(label.x = 6.5, label.y = 153)
```

Dependent Var

Coefficient for Var  $x_1$

$$Y = \beta_0 + \beta_1 x_1 + \beta_2 x_2 + \cdots \beta_n x_n + \varepsilon$$

Intercept

Error/Residual

Explanatory Var  $x_1$

A diagram illustrating the components of a linear regression equation. The equation is 
$$Y = \beta_0 + \beta_1 x_1 + \beta_2 x_2 + \cdots \beta_n x_n + \varepsilon$$
. Blue arrows point from labels to specific terms: 'Dependent Var' points to  $Y$ ; 'Coefficient for Var  $x_1$ ' points to  $\beta_1$ ; 'Intercept' points to  $\beta_0$ ; 'Error/Residual' points to  $\varepsilon$ ; and 'Explanatory Var  $x_1$ ' points to  $x_1$ .

# Linear regression

# Example #1

$$Y = \beta_0 + \beta_1 x_1 + \beta_2 x_2 + \cdots \beta_n x_n + \varepsilon$$

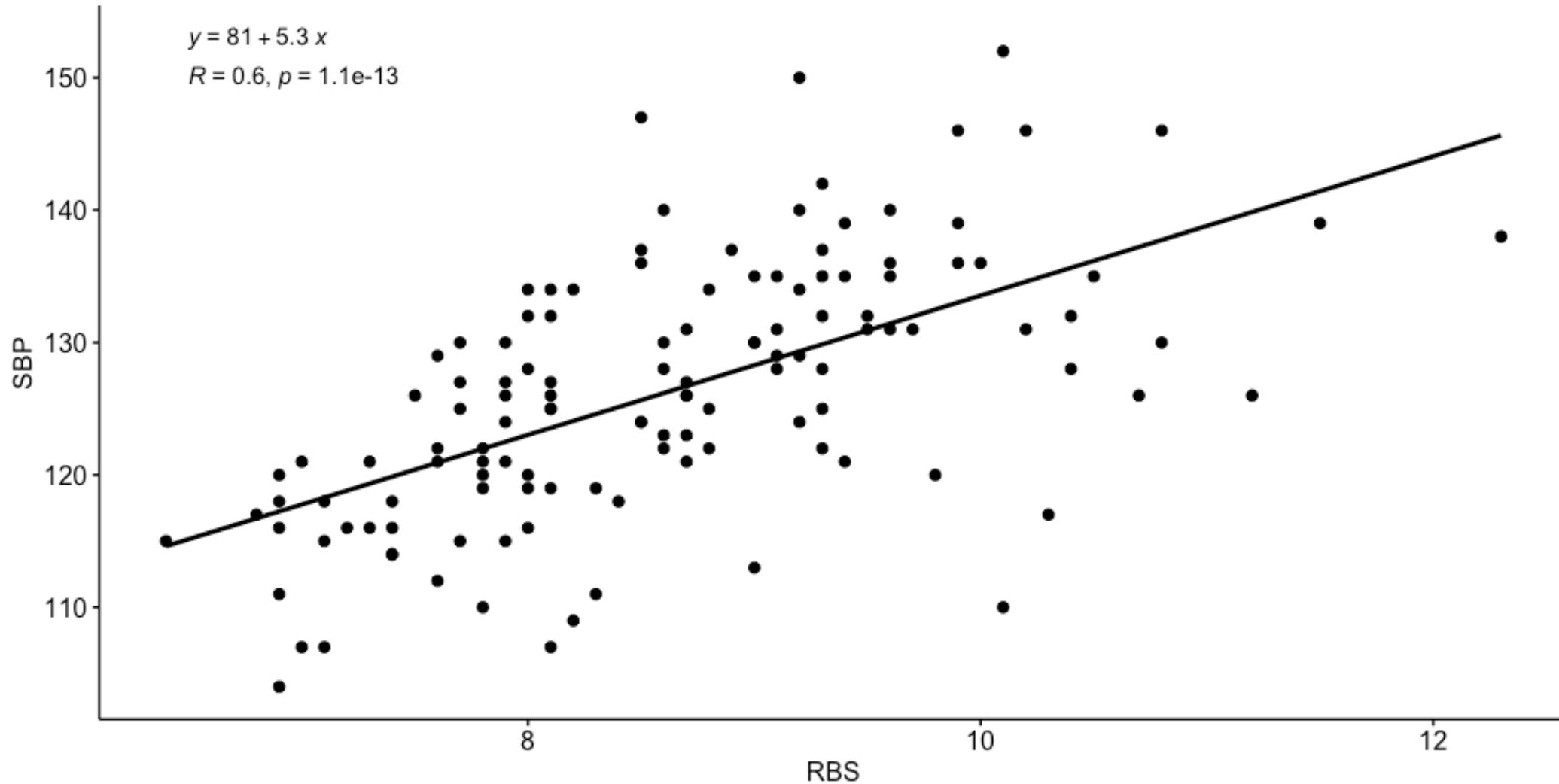
*Univariate model*

$$\text{SBP} \sim \text{Constant} + \text{RBS}$$

*Multivariate model*

$$\text{SBP} \sim \text{Constant} + \text{RBS} + \text{Age} + \text{Sex} + \text{Smoking} + \text{Exercise}$$

# SBP ~ RBS



# Multivariate model

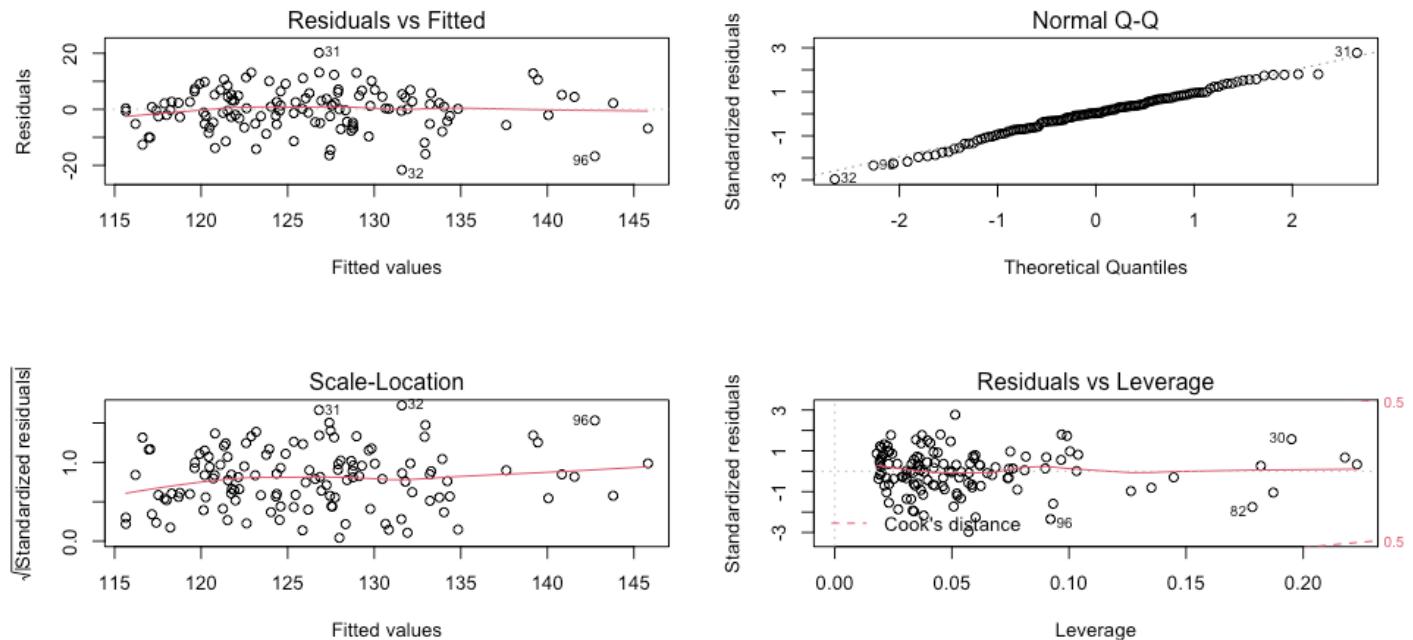
```
> m5 <- lm(SBP ~ Age + Exercise + Sex + Smoking + RBS)
> summary(m5)

Call:
lm(formula = SBP ~ Age + Exercise + Sex + Smoking + RBS)

Residuals:
    Min      1Q  Median      3Q     Max 
-21.5948 -4.7332  0.1603  4.8643 20.1945 

Coefficients:
            Estimate Std. Error t value Pr(>|t|)    
(Intercept) 79.5495   6.3796 12.469 < 2e-16 ***
Age          0.1863   0.1012  1.840  0.0683 .  
Exercise.L  -5.2211   2.2686 -2.301  0.0231 *  
Exercise.Q   2.8326   1.6211  1.747  0.0831 .  
SexMale      1.0813   1.4557  0.743  0.4591    
SmokingYes   3.6016   1.8133  1.986  0.0493 *  
RBS          4.7622   0.6161  7.730 3.66e-12 *** 
---
Signif. codes:  0 '****' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1

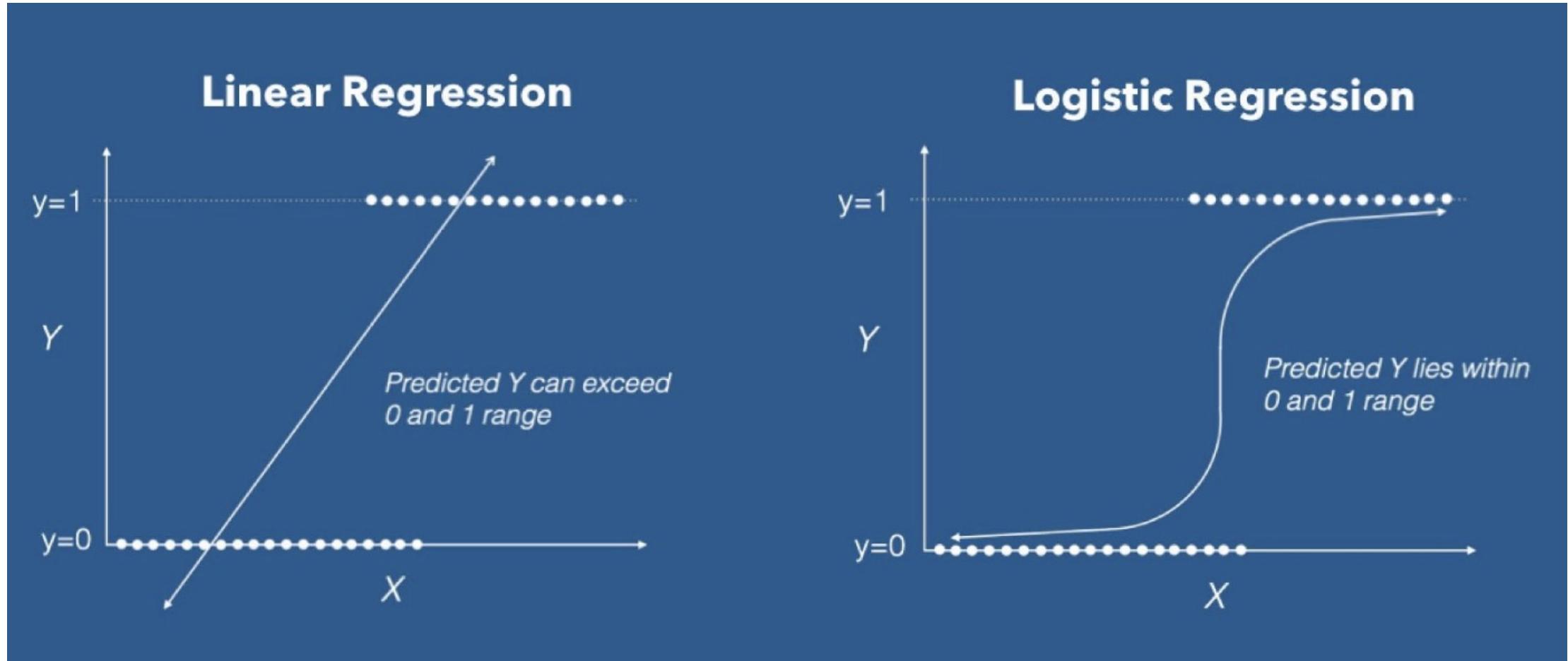
Residual standard error: 7.49 on 120 degrees of freedom
Multiple R-squared:  0.4357,    Adjusted R-squared:  0.4075 
F-statistic: 15.44 on 6 and 120 DF,  p-value: 4.605e-13
```



# Logistic regression

- Odds =  $\left( \frac{P}{1-P} \right)$
- $\ln \left( \frac{P}{1-P} \right) = \beta_0 + \beta_1 x_1 + \dots + \beta_n x_n$
- $\ln \left( \frac{P}{1-P} \right) = \text{Ln of OR} = \text{Logit}$

# Linear vs. Logistic Regression



Source: <https://medium.com/@maithilijoshi6/a-comparison-between-linear-and-logistic-regression-8aea40867e2d>

# Example #2

- Snoring and risk of cardiovascular disease in women . Hu 2000. From The Nurses' Health Study. Cohort. Baseline, N=71,779 women 40 to 65 years old and without diagnosed CVD or cancer in 1986. Till 31st May 1994.
- CVD = Snoring + Age + Smoking + BMI + Alcohol + Physical Activity + Menopausal status + Family history of MI + DM + Cholesterol + Hours sleeping + Sleeping position

## Snoring and Risk of Cardiovascular Disease in Women

Frank B. Hu, MD,\* Walter C. Willett, MD,†‡|| JoAnn E. Manson, MD,†‡§|| Graham A. Colditz, MD,†‡||  
Eric B. Rimm, ScD,†‡|| Frank E. Speizer, MD,‡|| Charles H. Hennekens, MD,¶ Meir J. Stampfer, MD\*†‡||

Boston, Massachusetts

### OBJECTIVES

To examine prospectively the association between snoring and incidence of cardiovascular disease (CVD) in women.

### BACKGROUND

Whether snoring increases risk of CVD remains unclear; most previous studies have been small, not prospective and limited to men.

### METHODS

Seventy-one thousand seven hundred seventy-nine female nurses 40 through 65 years of age and without previously diagnosed CVD or cancer at baseline in 1986 were followed up for eight years. Frequency of snoring was assessed using mailed questionnaires at baseline.

### RESULTS

During eight years of follow-up, we documented 1,042 incident cases of major CVD events (644 coronary heart disease [CHD] and 398 stroke). Compared with nonsnorers, the age-adjusted relative risks (RRs) of CVD were 1.46 (95% confidence interval 1.23 to 1.74) for occasional snorers and 2.02 (1.62 to 2.53) for regular snorers. The age-adjusted RRs of CHD were 1.43 (1.15 to 1.77) for occasional snorers and 2.18 (1.65 to 2.87) for regular snorers. The age-adjusted RRs of stroke were 1.60 (1.21 to 2.12) and 1.88 (1.29 to 2.74), respectively. After further adjustment for smoking, body mass index (BMI) and other covariates, the positive association between snoring and CVD was attenuated but remained statistically significant (RRs of CVD were 1.20 [1.01 to 1.43] for occasional snorers and 1.33 [1.06–1.67] for regular snorers).

### CONCLUSIONS

These data suggested that snoring is associated with a modest but significantly increased risk of CVD in women, independent of age, smoking, BMI and other cardiovascular risk factors. While further study is needed to elucidate the biological mechanism underlying this association, snoring may help clinicians identify individuals at higher risk for CVD. (J Am Coll Cardiol 2000;35:308–13) © 2000 by the American College of Cardiology

**Table 2.** Relative Risks (95% Confidence Intervals) of Coronary Heart Disease and Stroke According to Self-Reported Snoring at Baseline in 1986

|   | Frequency of Snoring |              |           |
|---|----------------------|--------------|-----------|
|   | Never                | Occasionally | Regularly |
| Total cardiovascular events (coronary heart disease + stroke)** |                      |              |           |
| # cases   | 162                  | 729          | 151       |
| Person-years  | 143,719              | 356,530      | 51,292    |

**Table 2.** Relative Risks (95% Confidence Intervals) of Coronary Heart Disease and Stroke According to Self-Reported Snoring at Baseline in 1986

|   | Frequency of Snoring |                  |                  |
|---|----------------------|------------------|------------------|
|   | Never                | Occasionally     | Regularly        |
| Total cardiovascular events (coronary heart disease + stroke)** |                      |                  |                  |
| # cases   | 162                  | 729              | 151              |
| Person-years  | 143,719              | 356,530          | 51,292           |
| Age-adjusted  | 1.0                  | 1.46 (1.23–1.74) | 2.02 (1.62–2.53) |
| Multivariate  | 1.0                  | 1.20 (1.01–1.43) | 1.33 (1.06–1.67) |
| Hemorrhagic stroke  |                      |                  |                  |
| # cases   | 16                   | 79               | 13               |
| Age-adjusted  | 1.0                  | 1.77 (1.03–3.03) | 1.97 (0.94–4.11) |
| Multivariate  | 1.0                  | 1.71 (0.99–2.95) | 1.80 (0.85–3.83) |

\*Models include the following: age (five-year category); time period (four periods); body mass index (five categories); cigarette smoking (never, past and current smoking of 1 to 14, 15 to 24 and  $\geq 25$  cigarettes per day); menopausal status (premenopausal, postmenopausal without hormone replacement, postmenopausal with past hormone replacement, postmenopausal with current hormone replacement); parental history of myocardial infarction before 60 years of age; alcohol consumption (four categories); multivitamin and vitamin E supplement use; physical activity (METS, in quintiles); average number hours of sleeping (5 h, 6, 7, 8,  $\geq 9$ ); usual sleep positions (on side, on back, on front); history of diabetes; history of hypercholesterolemia.  
METS = metabolic equivalent hours.

# The steps

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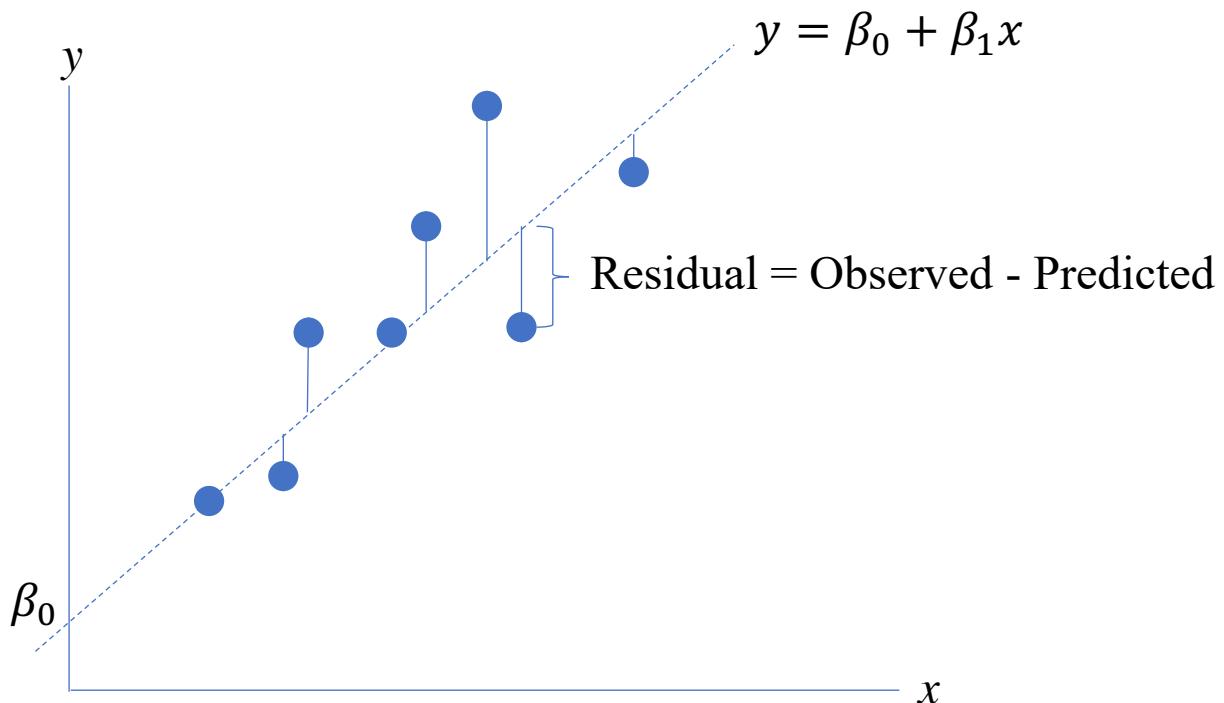
# The steps

1. Building a model
2. Interpreting coefficients
3. Assessing 3<sup>rd</sup> factors
4. Examining assumptions
5. Describe, assessing predictive & effect size

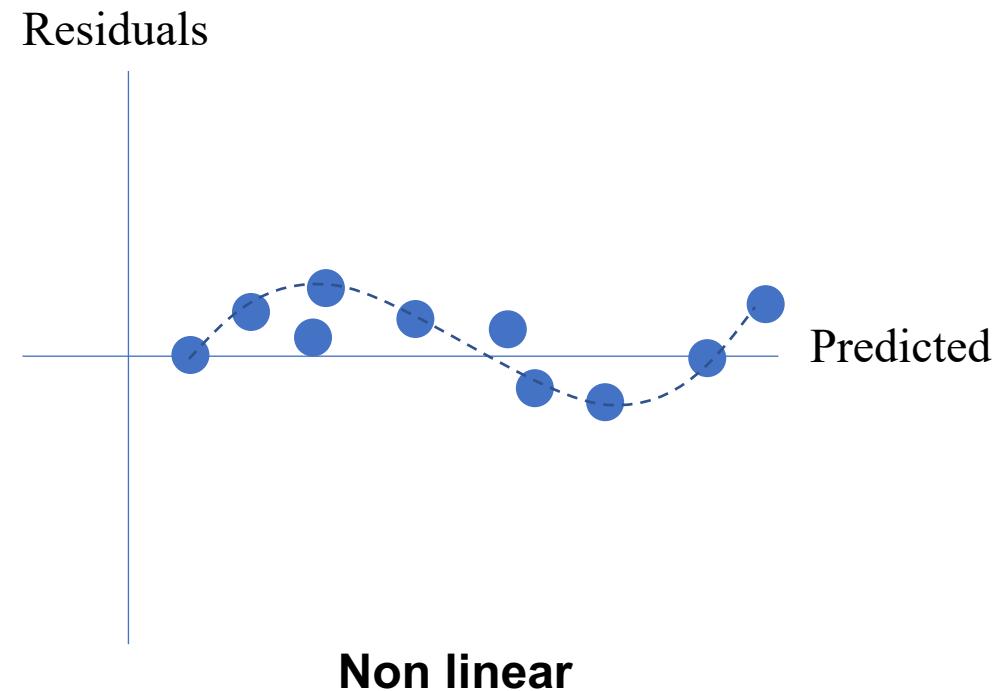
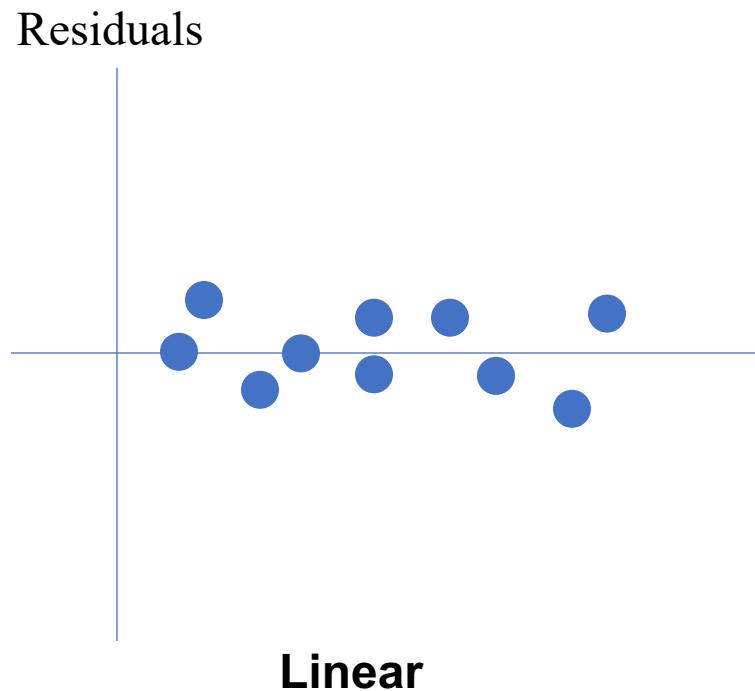
# Testing assumptions for linear regression

- 1. Linearity** between DV & IVs – *Scatter plot residuals vs. predicted*
- 2. Normality** – *Histogram of residuals*
3. No outliers – *Casewise diagnostics (within +/- 2SD), Cook's D (for influential points, <1), leverage point (< 4/n)*
- 4. Homogeneity** – Scatter plot
- 5. Independence** (no autocorrelation) – *Durbin Watson 1.5-2.5 (or some says 0-4)*
- 6. No multicollinearity** – *Tolerance > 0.1, VIF < 10*

# Residuals

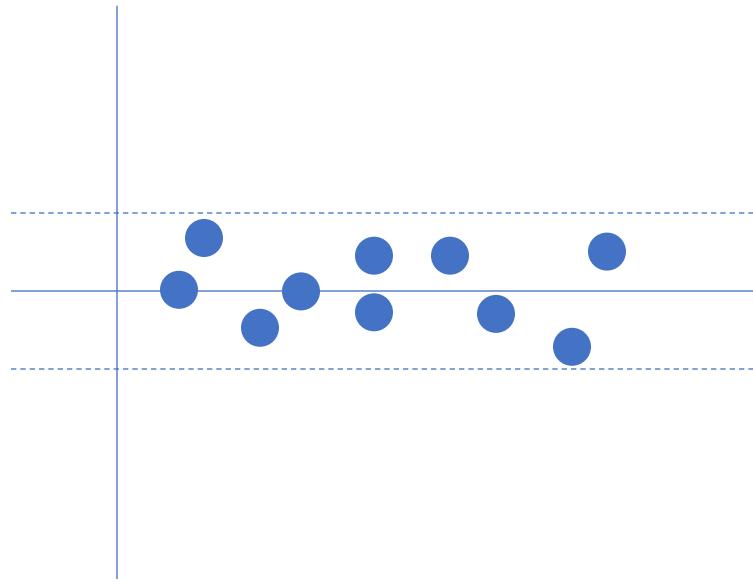


# Residual statistics - Linearity



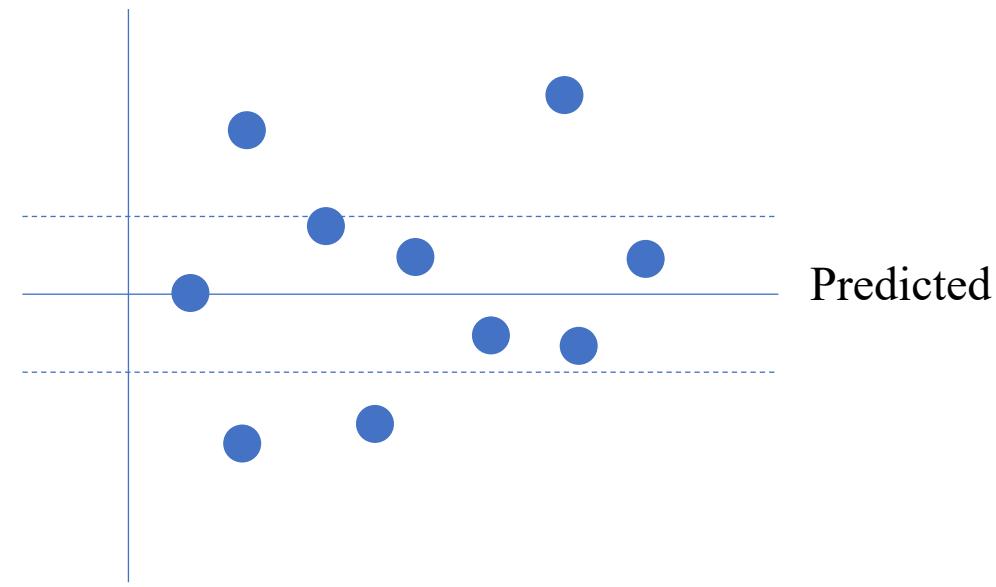
# Residual statistics - Normality

Residuals



**Normal distribution**

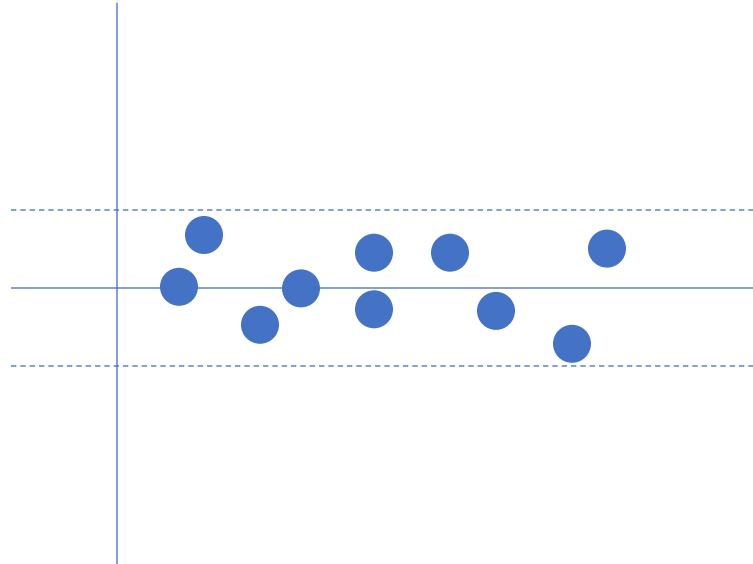
Residuals



**Not Normal**

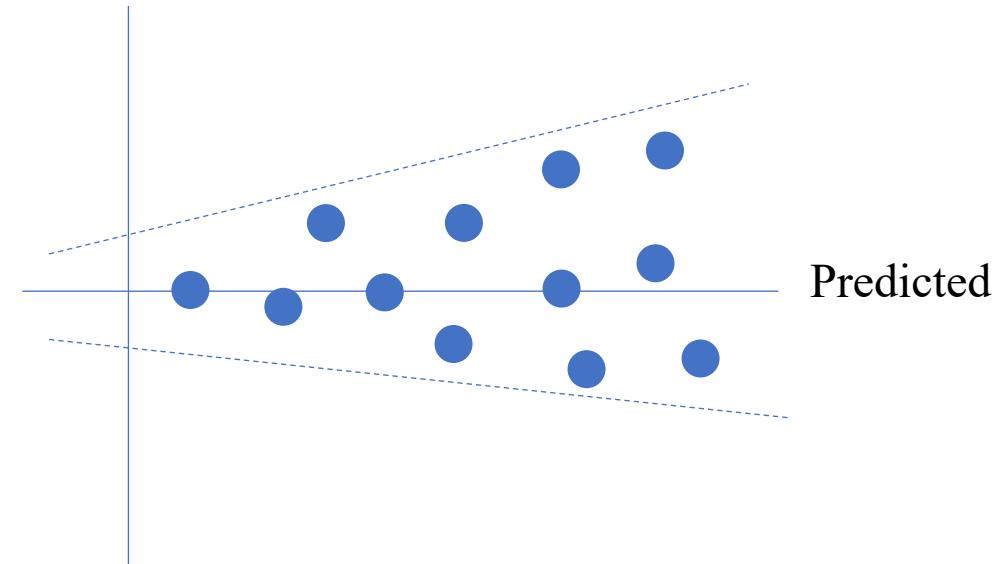
# Residual statistics - Heterogeneity

Residuals



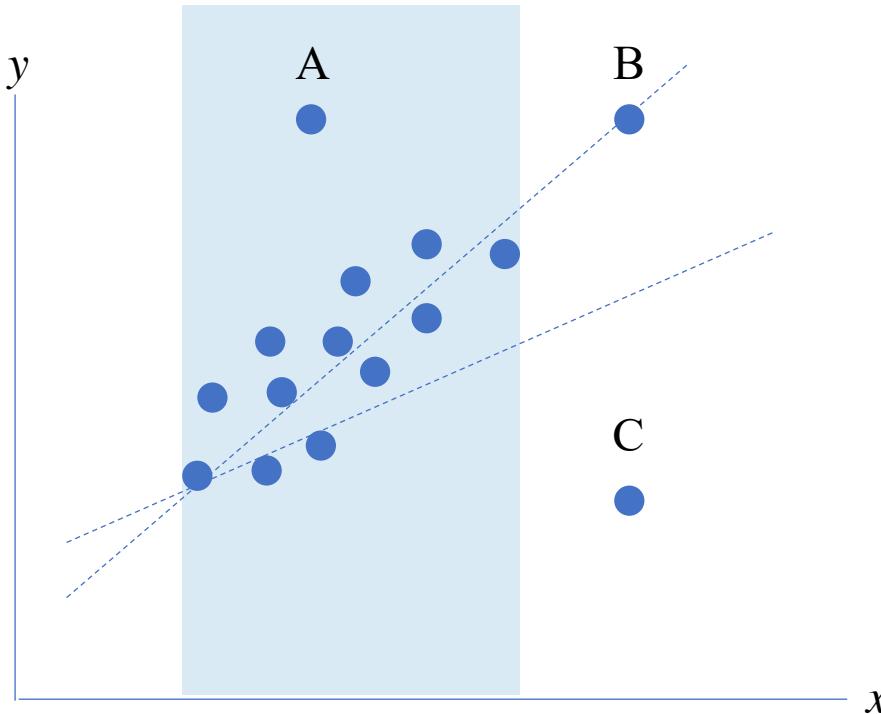
**Homogenous**

Residuals



**Heterogenous**

# Influential data

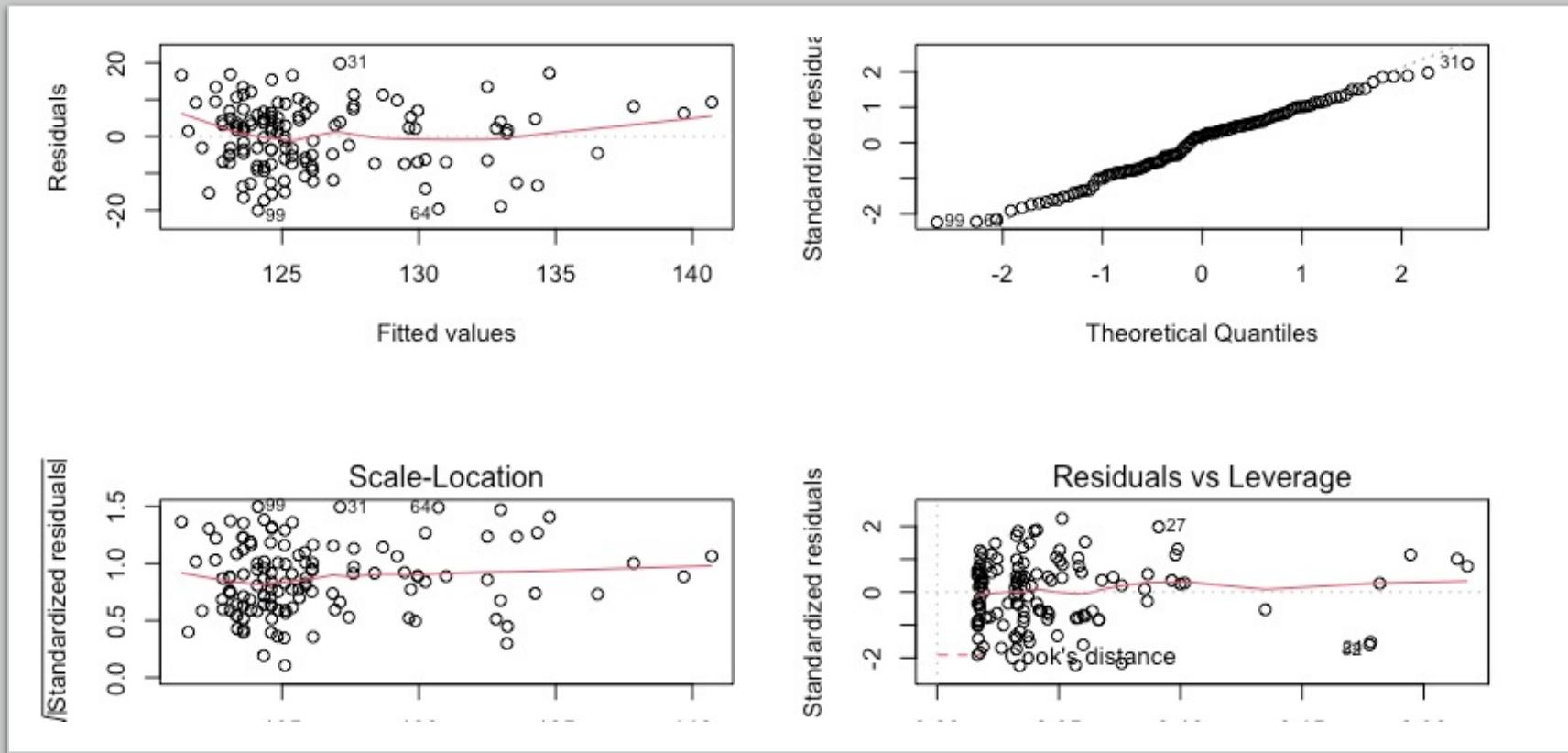


A = **Outlier**, still within the range of  $x$ , large residual value

B & C = **Leverage** points

B = Good leverage, it won't impact the regression line

C = Bad leverage. It will change the regression line



# Checking assumptions

# Type of multivariate tests

| <b>Dependent Variables</b> | <b>Independent Variables</b> | <b>Test</b>                     |
|----------------------------|------------------------------|---------------------------------|
| 1 – Cont                   | All Cont                     | Linear Regression               |
| 1 – Cont                   | All Cat                      | ANOVA                           |
| 1 – Cont                   | Cont + Cat                   | ANCOVA                          |
| > 1 – Cont                 | All Cat                      | MANOVA                          |
| > 1 – Cont                 | Cat + Cont                   | MANCOVA                         |
| Repeated Cont              | Cat + Cont                   | Repeated measures ANOVA         |
| 1 – Dichotomous            | Cont + Cat                   | Binary Logistic Regression      |
| 1 - Polytomous             | Cont + Cat                   | Multinomial Logistic Regression |