



ABC Child Development Center I & II
5268 & 5276 Park Heights Ave.
Baltimore, MD 21215
410-367-0405/410-466-1150

CURRICULUM

The various programs offered at ABC Child Development Center incorporates all the basic areas of learning into the curriculum. The curriculum offered to both infants and toddlers, preschool and school age children is designed to foster social, emotional, physical, artistic and intellectual development through play and exploration. Children are encouraged to learn at their own pace in an atmosphere that is relaxed and nurturing. The important result is the development of a positive attitude toward learning and an enthusiasm for it.

ABC Child Development Center has developed a written curriculum guide for Infants and Toddlers, and Pre School and School Age programs using The Creative Curriculum, fourth Edition, published by Teaching Strategies. The guide is a useful tool for our program staff in planning their classroom's lessons. Lesson plans are written weekly and posted in the classroom for parent information and reference. In addition to this resource, ABC Child Development Center employs Program Coordinators who visit each classroom on a periodic basis. They serve as a resource to Directors, and the classroom teaching staff, to ensure that the program meets our objectives, to assist with classroom management techniques, help provide ideas for room arrangement and to observe interactions between staff, parents and children. Parents are encouraged to review the curriculum. Suggestions or ideas from parents are always welcome.

The variety of activities provided in our programs help to promote growth in these areas of development. Children may choose to participate in creative dramatics, block building, arts and crafts, stories and finger plays, music and movement activities, sand and water play, science and nature activities, manipulative and small motor activities, basic math concepts, reading readiness, outdoor recreational activities, community awareness and field trips.

Each day is balanced with opportunities for individual exploration with materials and equipment available in the classroom (generally referred to as "Free Play" at

"Activity Centers"), and teacher directed small group and large group activities that reinforce weekly themes and promote cognitive skills. Children are also guided to develop appropriate social skills and problem-solving techniques.

The actual daily routine, schedule and lesson plans are available for parent review in each classroom. Please check the "Parent Information" area, in your classroom for more details. The daily schedule will vary from program to program and is dependent on the age of the children in the group, the needs and interests of the class, the incorporation of swimming-, field trips and special events into the daily routine, planned meals, rest periods, outdoor play, etc. It is encouraged that parents become familiar with the daily schedule to ensure that important activities are not missed by the child.

Outlined on the following pages are sample, daily schedules for a Preschool, Kindergarten Program and School Age program. Schedules are developed by each classroom teacher. The teachers observe the needs and interests of the group and adjust their schedules accordingly.

Preschool Program - Sample Daily Schedule

(The actual schedule may vary depending on location)

7:00am-8:15am: Morning Play: tabletop manipulative learning materials, puzzles, free art, books, music, etc.

8:15am-8:45am: Prepare for breakfast (wash hands)

8:45am-9:30am: *Outdoor Play: large muscle (motor) activities

9:30am-10:00am: Circle Time: review calendar, weather, planned daily. activities, Music Appreciation: songs, tapes/CDs, rhythm activities, circle games

10:00am-10:15am: Prepare for AM snack (wash hands)

10:15am-11:15am: Cognitive Skills: teachers will divide the class into small groups called "committees". Children will work on reading and writing readiness skills, math concepts, science & nature awareness, social studies, art, cooking, etc. The activities will include small muscle (motor) skills. Lessons will follow a weekly thematic unit.

11:15am-12:00pm: Free Play at Activity Centers

12:00pm-12:15pm: Story, Puppets or Flannel Board

12:15pm-1:00pm: Prepare for lunch (wash hands)

1:00pm-2:30pm: Rest Time
2:30pm-2:45pm: Wake up - quiet book time.
2:45pm-3:00pm: Prepare for snack (wash hands)
3:00pm-3:45pm: *Outdoor Play: large muscle (motor) activities
3:45pm-4:00pm: Circle Time
4:00pm-4:45pm: Theme Projects or Cognitive Activities
4:45pm-5:30pm: Free Play at Activity Centers
5:30pm-5:45pm: Group Game/Indoors
5:45pm-6:30pm: Tabletop Activities: manipulative learning materials,
free art, books, puzzles, etc., until closing time

The schedule is flexible and will be adjusted to meet the needs of the children in each age group. Adjustments to the daily schedules will be made to accommodate monthly field trips or special occasions.

Half Day AM Only Program - Sample Daily Schedule

9:00am-9:05am: Arrival
9:05am-9:45am: Activity Centers Open
Activity Centers include block area, dramatic play, science center, reading center, music center, art center, table games & manipulative learning materials.
9:45am-10:00am: Morning Meeting/Circle Time
Calendar, Story, Music & Movement Activity
10:00am-10:40am: Small Group - Cognitive Skills Development
Teacher directed activities in areas of math, science, and language arts skills. Special activities in arts & crafts, creative dramatics and cooking may also be included. The activities will include small muscle (motor) skills,
10:40am-11:20am: *Outdoor Play/Large Muscle (motor) Activities
Children have free choice with outdoor equipment, and/or may choose to participate in teacher directed game or activity.
11:20am-11:30am: Transitional Activity (stories, songs, movement activities)
Prepare for lunch (wash hands)
11:30am-12:10pm: Lunch
12:10pm-12:30pm: Quiet Activity/Departure Reading, puzzles, manipulative learning materials

Half Day PM Only Program - Sample Daily Schedule

11:30pm-12:10pm: Arrival and Lunch (wash hands)
12:10pm-12:30pm: Quiet Activities Reading, puzzles, manipulative learning materials.
12:30pm-1:10pm: *Outdoor Play/Large Muscle (motor) Activities
Children have free choice with outdoor equipment, and/or may choose to participate in a teacher directed game or activity.
1:10pm-1:25pm: Afternoon Meeting/Circle Time
Calendar, Story, Music & Movement Activity
1:25pm-2:05pm: Small Group - Cognitive Skills Development Teacher Directed Activity in areas of math, science, and language arts and reading skills. Special activities in arts & crafts, creative dramatics and cooking may also be included. The activities will include small muscle (motor) skills.

2:05pm-2:45pm: Activity Centers Open
Activity Centers include block area, dramatic play, science center, reading center, music center, art center, table games & manipulative learning materials.
2:45pm-3:00pm: Transitional Activity/Departure

School Age Program - Sample Daily Schedule Before School

7:00am-8:00am: Children arrive. Quiet activities provided: manipulative learning materials, free art, books, records, etc.
8:00am-8:30am: Breakfast (wash hands)
8:30am-8:50am: Classroom meeting, morning exercises, sharing, story, etc.
8:50am-9:00am: Children leave for elementary school. Room preparations for Program. Children attending PM kindergarten may begin free play at activity centers.

After School

3:00pm-3:25pm: Children arrive from school; Snack is served (wash hands)
3:25pm-4:15pm: * Outdoor play (may include a group game)
4:15pm-4:45pm: Creative projects and/or free play at activity centers
4:45pm-5:15pm: Group projects: clubs, games, science experiences.
5:15pm-5:45pm: Homework period (staff available to assist children with

daily homework assignments. If there is no homework assigned, children may engage in quiet individual activities).

5:45pm - 6:00pm: Table top activities: manipulative learning materials, free art, books, puzzles (until closing).

School Age Program- Sample Full Day and Summer Daily Schedule

7:00am - 8:20am: Children arrive, free choice at activity centers

8:20am - 9:00am: Breakfast is served (wash hands)

9:00am - 9:45am: *Outdoor play to include a planned recreational activity (refer to weekly lesson plans) 9:45am-10:00am: Group Meeting - discussion of daily plans

10:00am-10:30am: Theme Related Activity

10:30am - 12:00pm: Special Events (refer to weekly lesson plans)

Monday - Wednesday and Friday - swimming

Tuesday - Special project or event

Thursday - Library or planned activity

12:00pm 12:50pm: Lunch (wash hands and preparation)

12:50pm - 1:15pm: Quiet time/Individual activity: period/Drop Everything and Read

1:15pm - 3:00pm: Clubs - Monday, Wednesday and Friday: 3 club choices available, children will choose one club to participate in. The group will determine what clubs will be offered. Clubs will change every few weeks. (refer to weekly lesson plans) Tuesday and Thursday: Reading Clubs

3:00pm - 3:10pm: Clean up/Prepare for Snack

3:10pm - 3:30pm: Snack is Served

3:30pm - 4:15pm: *Outdoor Free Play including a planned recreational event (refer to weekly lesson plans)

4:15pm - 5:00pm: Activity Centers and Free Choice (refer to weekly lesson plans)

5:00pm - 5:30pm: Evening Activity (refer to weekly lesson plans)

5:30pm - 6:00pm: Table Games and Quiet Activities

Outdoor play will be substituted with indoor large muscle(motor) activities during inclement or severe weather.

ABC child development center uses creative curriculum for children 0-36 months as well as creative curriculum for pre-school students aged 3-5 years old.