



London's Bright Beginnings
1 (443) 939-0012
Baltimore, Maryland

CURRICULUM

The diverse programs offered at London's Bright Beginnings incorporate all the fundamental areas of learning into the curriculum. The curriculum provided to both infants and toddlers, preschool, and school-age children aims to nurture social, emotional, physical, artistic, and intellectual development through play and exploration. Children are encouraged to learn at their own pace in a relaxed and supportive atmosphere, fostering a positive attitude towards learning and a genuine enthusiasm for it.'

London's Bright Beginnings has developed a comprehensive written curriculum guide for Infants and Toddlers, as well as Pre-School and School Age programs, utilizing The Creative Curriculum, fourth Edition, published by Teaching Strategies. This guide serves as a valuable tool for our program staff in crafting classroom lessons. Weekly lesson plans are prepared and displayed in each classroom for parental information and reference.

Additionally, London's Bright Beginnings employs Program Coordinators who regularly visit each classroom. They act as a resource to Directors and classroom teaching staff, ensuring that the program aligns with our objectives, providing assistance with classroom management techniques, offering ideas for room arrangement, and observing interactions between staff, parents, and children. Parents are encouraged to review the curriculum, and any suggestions or ideas from them are always welcomed.

Our programs offer a variety of activities to promote growth across different areas of development. Children have the opportunity to engage in creative dramatics, block building, arts and crafts, storytelling, music and movement activities, sand and water play, science and nature exploration, manipulative and fine motor activities, basic math concepts, reading readiness, outdoor recreational activities, community engagement, and field trips.

Each day is structured to provide a balance between individual exploration with classroom materials and teacher-directed small group and large group activities that reinforce weekly

themes and foster cognitive skills. Children are also guided in developing appropriate social skills and problem-solving techniques.

The specific daily routine, schedule, and lesson plans are available for parental review in each classroom. Parents are encouraged to check the "Parent Information" area in their child's classroom for more details. The daily schedule may vary depending on the age of the children, group dynamics, planned activities such as swimming, field trips, and special events, as well as meal times, rest periods, and outdoor play.

Sample daily schedules for the Preschool, Kindergarten Program, and School Age program are outlined below. These schedules are tailored by each classroom teacher based on observations of the group's needs and interests.

Preschool Program - Sample Daily Schedule

(The actual schedule may vary depending on location)

7:00am-8:15am: Morning Play: activities include tabletop manipulative learning materials, puzzles, free art, books, and music.

8:15am-8:45am: Preparation for breakfast (wash hands)

8:45am-9:30am: Outdoor Play: engaging in large muscle (motor) activities

9:30am-10:00am: Circle Time: activities include reviewing the calendar, discussing weather, and planned daily activities, along with music appreciation.

10:00am-10:15am: Preparation for AM snack (wash hands)

10:15am-11:15am: Cognitive Skills: small group activities focused on reading and writing readiness, math concepts, science & nature, social studies, art, and cooking.

11:15am-12:00pm: Free Play at Activity Centers

12:00pm-12:15pm: Storytelling, Puppets, or Flannel Board

12:15pm-1:00pm: Preparation for lunch (wash hands)

1:00pm-2:30pm: Rest Time

2:30pm-2:45pm: Wake up - quiet book time.

2:45pm-3:00pm: Preparation for snack (wash hands)

3:00pm-3:45pm: Outdoor Play: engaging in large muscle (motor) activities

3:45pm-4:00pm: Circle Time

4:00pm-4:45pm: Theme Projects or Cognitive Activities

4:45pm-5:30pm: Free Play at Activity Centers

5:30pm-5:45pm: Group Game/Indoors

5:45pm-6:30pm: Tabletop Activities: providing manipulative learning materials, free art, books, puzzles, etc., until closing time

The schedule is adaptable to meet the needs of children in each age group, accommodating monthly field trips or special occasions.

Half Day AM Only Program - Sample Daily Schedule

9:00am-9:05am: Arrival

9:05am-9:45am: Activity Centers Open

Activity Centers include block area, dramatic play, science center, reading center, music center, art center, table games, and manipulative learning materials.

9:45am-10:00am: Morning Meeting/Circle Time

Activities include calendar review, storytelling, and music & movement.

10:00am-10:40am: Small Group - Cognitive Skills Development

Teacher-directed activities focusing on math, science, and language arts skills, along with arts & crafts, creative dramatics, and cooking.

10:40am-11:20am: Outdoor Play/Large Muscle (motor) Activities

Children have free choice with outdoor equipment or may participate in teacher-directed games.

11:20am-11:30am: Transitional Activity (stories, songs, movement activities)

Preparation for lunch (wash hands)

11:30am-12:10pm: Lunch

12:10pm-12:30pm: Quiet Activity/Departure

Offering reading, puzzles, and manipulative learning materials.

Half Day PM Only Program - Sample Daily Schedule

11:30pm-12:10pm: Arrival and Lunch (wash hands)

12:10pm-12:30pm: Quiet Activities

Offering reading, puzzles, and manipulative learning materials.

12:30pm-1:10pm: Outdoor Play/Large Muscle (motor) Activities

Children have free choice with outdoor equipment or may participate in teacher-directed games.

1:10pm-1:25pm: Afternoon Meeting/Circle Time

Activities include calendar review, storytelling, and music & movement.

1:25pm-2:05pm: Small Group - Cognitive Skills Development

Teacher-directed activities focusing on math, science, and language arts skills, along with arts & crafts, creative dramatics, and cooking.

2:05pm-2:45pm: Activity Centers Open

Activity Centers include block area, dramatic play, science center, reading center, music center, art center, table games, and manipulative learning materials.

2:45pm-3:00pm: Transitional Activity/Departure

School Age Program - Sample Daily Schedule

Before School

7:00am-8:00am: Children arrive. Quiet activities provided: manipulative learning materials, free art, books, records, etc.

8:00am-8:30am: Breakfast (wash hands)

8:30am-8:50am: Classroom meeting, morning exercises, sharing, story, etc.

8:50am-9:00am: Children leave for elementary school. Room preparations for Program.

Children attending PM kindergarten may begin free play at activity centers.

After School

3:00pm-3:25pm: Children arrive from school; Snack is served (wash hands)

3:25pm-4:15pm: Outdoor play (may include a group game)

4:15pm-4:45pm: Creative projects and/or free play at activity centers

4:45pm-5:15pm: Group projects: clubs, games, science experiences.

5:15pm-5:45pm: Homework period (staff available to assist children with daily homework assignments. If there is no homework assigned, children may engage in quiet individual activities).

5:45pm - 6:00pm: Tabletop activities: manipulative learning materials, free art, books, puzzles (until closing).

School Age Program- Sample Full Day and Summer Daily Schedule

7:00am - 8:20am: Children arrive, free choice at activity centers

8:20am - 9:00am: Breakfast is served (wash hands)

9:00am - 9:45am: Outdoor play to include a planned recreational activity

9:45am-10:00am: Group Meeting - discussion of daily plans

10:00am-10:30am: Theme Related Activity

10:30am - 12:00pm: Special Events (refer to weekly lesson plans)

Monday - Wednesday and Friday - swimming

Tuesday - Special project or event

Thursday - Library or planned activity

12:00pm 12:50pm: Lunch (wash hands and preparation)

12:50pm - 1:15pm: Quiet time/Individual activity: period/Drop Everything and Read

1:15pm - 3:00pm: Clubs - Monday, Wednesday and Friday: 3 club choices available, children will choose one club to participate in. The group will determine what clubs will be offered. Clubs will change every few weeks. (refer to weekly lesson plans) Tuesday and Thursday: Reading Clubs

3:00pm - 3:10pm: Clean up/Prepare for Snack

3:10pm - 3:30pm: Snack is Served

3:30pm - 4:15pm: Outdoor Free Play including a planned recreational event

4:15pm - 5:00pm: Activity Centers and Free Choice (refer to weekly lesson plans)

5:00pm - 5:30pm: Evening Activity (refer to weekly lesson plans)

5:30pm - 6:00pm: Table Games and Quiet Activities

During inclement or severe weather, outdoor play will be substituted with indoor large muscle activities.

London's Bright Beginnings utilizes creative curriculum for children aged 0-36 months, as well as creative curriculum for preschool students aged 3-5 years old.