

****Dulcolax Tablet 100mg** is a stimulant laxative used to relieve constipation and prepare the bowel before medical procedures. It contains bisacodyl, which stimulates intestinal movement to promote bowel evacuation.**

🧪 Chemical Composition

- ****Active Ingredient:**** *Bisacodyl* 100 mg
- ****Drug Class:**** Stimulant laxative
- ****Formulation:**** Oral tablet (also available in 5 mg strength and suppositories)
- ****Brand:**** Dulcolax (by Boehringer Ingelheim)

💊 Dosage & Administration

- ****Route:**** Oral
- ****Typical Adult Dosage:****
 - ***Constipation:** 5-15 mg once daily (usually at bedtime)
 - ***Bowel preparation:** 10-15 mg the night before procedure
- ****Pediatric Dosage:****
 - Children 6-12 years: 5 mg once daily
 - Not recommended for children under 6 years without medical advice
- ****Administration Tips:****
 - Swallow whole; do not crush or chew
 - Take with water, preferably at bedtime
 - Avoid taking with milk or antacids (may reduce effectiveness)

🏥 Medical Uses

- ****Primary Indications:****
 - ***Occasional constipation***
 - ***Bowel cleansing before surgery or colonoscopy***
- ****Mechanism of Action:****
 - Bisacodyl stimulates nerve endings in the colon
 - Increases peristalsis and fluid secretion, promoting bowel movement within 6-12 hours

⚠️ Side Effects

****Common:****

- Abdominal cramps
- Diarrhea
- Nausea
- Mild bloating

****Less Common but Serious:****

- Electrolyte imbalance (with prolonged use)
- Dehydration

- Rectal bleeding (rare)
- Allergic reactions (rash, itching)

⚠️ Risks & Precautions

- ****Contraindications:****
 - Intestinal obstruction
 - Acute surgical abdomen
 - Severe dehydration
 - Known allergy to bisacodyl
- ****Pregnancy & Breastfeeding:****
 - Generally considered safe; consult a doctor
- ****Drug Interactions:****
 - Avoid with antacids, milk, or proton pump inhibitors (may dissolve coating prematurely)
- ****Overuse Risk:****
 - Chronic use may lead to dependence or loss of normal bowel function

💬 Patient Feedback & Complaints

- ****Positive Feedback:****
 - Fast and predictable relief
 - Convenient once-daily dosing
 - Effective for bowel prep before procedures
- ****Common Complaints:****
 - Cramping and discomfort
 - Urgent bowel movements
 - Occasional diarrhea
 - Concerns about dependency with frequent use

📄 Summary Table

Category	Details
Drug Name	Dulcolax Tablet
Active Ingredient	Bisacodyl 100 mg
Use	Constipation relief, bowel prep
Dosage	5-15 mg once daily; 10-15 mg for prep
Common Side Effects	Cramps, diarrhea, nausea, bloating

Serious Risks	Electrolyte imbalance, dehydration, allergic reactions
Patient Feedback	Effective; cramping, urgency, dependency concerns
Contraindications	Obstruction, dehydration, allergy to bisacodyl

Sources:

- [1mg - Dulcolax Tablet](<https://www.1mg.com/drugs/dulcolax-tablet-337710>)
- [Drugs.com - Dulcolax Overview](<https://www.drugs.com/dulcolax.html>)
- [Medicover Hospitals - Dulcolax Uses](<https://www.medicoverhospitals.in/medicine/dulcolax>)
