

****Dulcolax Tablet 100mg** is a stimulant laxative used to relieve constipation and prepare the bowel before medical procedures. It contains bisacodyl, which stimulates intestinal movement to promote bowel evacuation.

🧪 Chemical Composition

- **Active Ingredient:** *Bisacodyl* 100 mg
- **Drug Class:** Stimulant laxative
- **Formulation:** Oral tablet (also available in 5 mg strength and suppositories)
- **Brand:** Dulcolax (by Boehringer Ingelheim)

💊 Dosage & Administration

- **Route:** Oral
- **Typical Adult Dosage:**
 - **Constipation:** 5-15 mg once daily (usually at bedtime)
 - **Bowel preparation:** 10-15 mg the night before procedure
- **Pediatric Dosage:**
 - Children 6-12 years: 5 mg once daily
 - Not recommended for children under 6 years without medical advice
- **Administration Tips:**
 - Swallow whole; do not crush or chew
 - Take with water, preferably at bedtime
 - Avoid taking with milk or antacids (may reduce effectiveness)

🩺 Medical Uses

- **Primary Indications:**
 - **Occasional constipation**
 - **Bowel cleansing before surgery or colonoscopy**
- **Mechanism of Action:**
 - Bisacodyl stimulates nerve endings in the colon
 - Increases peristalsis and fluid secretion, promoting bowel movement within 6-12 hours

⚠ Side Effects

Common:

- Abdominal cramps
- Diarrhea
- Nausea
- Mild bloating

Less Common but Serious:

- Electrolyte imbalance (with prolonged use)
- Dehydration

- Rectal bleeding (rare)
- Allergic reactions (rash, itching)

🌟 Risks & Precautions

- **Contraindications:**
 - Intestinal obstruction
 - Acute surgical abdomen
 - Severe dehydration
 - Known allergy to bisacodyl
- **Pregnancy & Breastfeeding:**
 - Generally considered safe; consult a doctor
- **Drug Interactions:**
 - Avoid with antacids, milk, or proton pump inhibitors (may dissolve coating prematurely)
- **Overuse Risk:**
 - Chronic use may lead to dependence or loss of normal bowel function

💬 Patient Feedback & Complaints

Positive Feedback:

- Fast and predictable relief
- Convenient once-daily dosing
- Effective for bowel prep before procedures

Common Complaints:

- Cramping and discomfort
- Urgent bowel movements
- Occasional diarrhea
- Concerns about dependency with frequent use

📊 Summary Table

Category	Details
Drug Name	Dulcolax Tablet
Active Ingredient	Bisacodyl 100 mg
Use	Constipation relief, bowel prep
Dosage	5-15 mg once daily; 10-15 mg for prep
Common Side Effects	Cramps, diarrhea, nausea, bloating

Serious Risks	Electrolyte imbalance, dehydration, allergic reactions
Patient Feedback	Effective; cramping, urgency, dependency concerns
Contraindications	Obstruction, dehydration, allergy to bisacodyl

Sources:

- [1mg - Dulcolax Tablet](<https://www.1mg.com/drugs/dulcolax-tablet-337710>)
- [Drugs.com - Dulcolax Overview](<https://www.drugs.com/dulcolax.html>)
- [Medicover Hospitals - Dulcolax
Uses](<https://www.medicoverhospitals.in/medicine/dulcolax>)
