## AstaDaily®

Astaxanthin Soft Capsules

# All In One, One For All

over  
0  
meticulously selected  
ingredients

over  
0  
natural astaxanthin

over  
0  
more effective than  
similar products

## AstaDaily®

#### ASTAXANTHIN SOFT CAPSULE

We offer the best professional health solution with the world's strongest natural antioxidant - astaxanthin. Our unique all-in-one formula contains over 10 different ingredients to maximize the health benefits to your body.

#### AstaDaily® is a reliable source of natural antioxidant and omega-3 fatty acids for the maintenance of good health.

• It maintains eyesight in conditions such as cataracts and age-related macular degeneration  
• It reduces risk of developing cataracts and improve macular pigment optical density  
• It maintains healthy hair, nail, mucous membranes and skin   
• It prevents biotin deficiency  
• It maintains and support cardiovascular health

#### MEDICINAL INGREDIENTS

|  |  |
| --- | --- |
| Astaxanthin | 6 mg |
| Lutein esters | 10 mg |
| Blueberry | 40 mg |
| Resveratrol | 4 mg |
| Biotin | 30 mcg |
| Vitamin C (Ascorbic acid) | 30 mg |
| Vitamin E (d-alpha Tocopherol) | 10 lU |
| Zinc (Zinc citrate) | 15 mg |
| Fish Oil (Engraulidae-whole) | 333 mg |
| Docosahexaenoic acie (DHA) | 40 mg |
| Eicosapentaenoic acid (EPA) | 60 mg |

###### ANTI-AGING EFFECTS

Astaxanthin reduced the mitochondria's endogenous production of oxygen radicals and protected the mitochondria against a decline of membrane function that typically occurs over time in cell cultures.

###### ANTI-INFLAMMATION EFFECTS

Chronic inflammation is believed to be the silent disease at the heart of most degenerative conditions and lifestyle-related diseases. Astaxanthin has been reported to have anti-inflammatory effects as it can significantly lower the concentration of biomarkers of systemic inflammation.

###### VISION AND EYE HEALTH

Astaxanthin has been extensively researched for its benefits for vision in terms of visual sharpness improvement, relieve eye fatigue and mitigate the age-related macular degeneration (AMD).

###### IMMUNE SYSTEM BENEFITS

Immune response cells are particularly sensitive to oxidative stress and membrane damage by free radicals. Astaxanthin is found can enhance in vitro antibody production and can also partially restore decreased humoral immune responses.

## QUESTIONS

#### [1. HOW IS ASTADAILY DIFFERENT FROM OTHER ASTAXANTHIN SOFTGELS?](#question1)

•  Cutting edge technology;  
•  Compound formula - All in one, one for all. Helping you to save time and money;  
•  Health Canada Approved;  
•  Best origin ingredients; We only choose the best qualities of ingredients.

#### [2. WHY HAS THERE BEEN SO FEW CLAIMS ABOUT ASTAXANTHIN HEALTH BENEFITS?](#question2)

Astaxanthin is the most powerful antioxidant known to science. However, it is very difficult to have industrial production, which is why they are not widely mentioned in various publications on nutrition.   
Until recent years, only a few companies around the globe can access microalgae to industrially produce astaxanthin, and we are one of them.

#### [3. WHO SHOULD TAKE ASTADAILY?](#question3)

Antioxidants are necessary at all ages as only a lucky few have the skill and opportunity to supply their bodies with all the necessary antioxidants through their diet. This dietary supplement is recommended for anyone whose daily intake of fruit and vegetables is less than 500 g. So far there is no data available on the suitability of astaxanthin for people under 20 years of age.

#### [4. WHAT IS THE BEST WAY TO TAKE ASTAXANTHIN?](#question4)

It is best to take the astaxanthin capsule with food that has at least some fat content. For Example: whole milk products, boiled eggs, meat, nuts, seeds and chocolate. The fats in food ensure that the astaxanthin is fully absorbed in the body.

#### [5. WHY DOES THE ASTADAILY CAPSULE CONTAIN OIL?](#question5)

Astaxanthin, just like other carotenoids, including beta-carotene, is fat soluble. Astaxanthin is better absorbed together with fats and thus has a better bioaccessibility in the body.   
This is also why it is recommended to add a drop of oil to fresh-squeezed carrot juice.

#### [6. IS IT POSSIBLE TO BE ALLERGIC TO ASTAXANTHIN?](#question6)

Base on the study, so far there is no report that human body is allergic to astaxanthin.

#### [7. IS ASTAXANTHIN RECOMMENDED DURING PREGNANCY AND BREASTFEEDING?](#question7)

Astaxanthin has demonstrated safety in numerous human clinical trials. However, we recommend postponing in such sensitive periods.

#### [8. HOW DOES ASTAXANTHIN INTERACT WITH OTHER MEDICATION?](#question8)

Astaxanthin can reduce the blood glucose level, therefore it should be used with care in combination with other glucose reducing medication.  
If you are using insulin or other medication for diabetes, please consult with your doctor before beginning use of astaxanthin in order to adjust the dosage of insulin or other diabetes medication accordingly.  
  
Astaxanthin can lower blood pressure. If you are using other medication, dietary or plant supplements to lower blood pressure, please consult with your doctor to determine the necessity of use and proper dosage.  
  
Astaxanthin can increase risk of bleeding or blood clots when used in combination with other medication of this type, including aspirin, anticoagulants (blood thinners) such as warfarin or heparin, antithrombotic medication such as clopidrogel.  
  
Astaxanthin may interact with some medications which are metabolised via the liver cytochrome P450 enzyme system. This can lower the level of these medications in the blood thus decreasing their efficiency. If you use any other medication, please study the instructions for use and consult a competent medical professional about possible interaction before starting to use astaxanthin.