## AstaDaily®

Astaxanthin Soft Capsules

# All In One, One For All

## AstaDaily®

#### ASTAXANTHIN SOFT CAPSULE

We offer the best professional health solution with the world's strongest natural antioxidant - astaxanthin. Our unique all-in-one formula contains over 10 different ingredients to maximize the health benefits to your body.

#### AstaDaily® is a reliable source of natural antioxidant and omega-3 fatty acids for the maintenance of good health.

• It maintains eyesight in conditions such as cataracts and age-related macular degeneration  
• It reduces risk of developing cataracts and improve macular pigment optical density  
• It maintains healthy hair, nail, mucous membranes and skin   
• It prevents biotin deficiency  
• It maintains and support cardiovascular health

#### MEDICINAL INGREDIENTS

|  |  |
| --- | --- |
| Astaxanthin | 6 mg |
| Lutein esters | 10 mg |
| Blueberry | 40 mg |
| Resveratrol | 4 mg |
| Biotin | 30 mcg |
| Vitamin C (Ascorbic acid) | 30 mg |
| Vitamin E (d-alpha Tocopherol) | 10 lU |
| Zinc (Zinc citrate) | 15 mg |
| Fish Oil (Engraulidae-whole) | 333 mg |
| Docosahexaenoic acid (DHA) | 40 mg |
| Eicosapentaenoic acid (EPA) | 60 mg |

###### ANTI-AGING EFFECTS

Astaxanthin is found not only can preserve mitochondrial functions and its unique potential in the fight against aging, but also increase mitochondrial activity in these cells by increasing oxygen consumption without increasing generation of reactive oxygen species.

###### ANTI-INFLAMMATION EFFECTS

Chronic inflammation is believed to be the silent disease at the heart of most degenerative conditions and lifestyle-related diseases. Astaxanthin has anti-inflammatory effects as it can significantly lower the concentration of biomarkers of systemic inflammation.

###### VISION AND EYE HEALTH

Astaxanthin has benefits for vision in terms of visual sharpness improvement, relieve eye fatigue and mitigate the age-related macular degeneration (AMD). Astaxanthin with strong antioxidant activity and UV-light protection effect reduced the risk for both nuclear cataracts and AMD

###### IMMUNE SYSTEM BENEFITS

Immune response cells are particularly sensitive to oxidative stress and membrane damage by free radicals. Astaxanthin can enhance in vitro antibody production and can also partially restore decreased humoral immune responses.

## QUESTIONS

#### [1. HOW IS ASTADAILY DIFFERENT FROM OTHER ASTAXANTHIN SOFTGELS?](#question1)

•  Our unique all-in-one formula was developed to maximized the health benefits for human while other astaxanthin capsules normally only contains astaxanthin will have lower bioavailability and effects  
•  Our holistic production line including strain selection, cell cultivation, astaxanthin extraction and product formulation is a guarantee for the best quality of astaxanthin products can be delivered to customers

•  Our products are made with the highest standards and regulated by the Health Canada

#### [2. WHY HAS THERE BEEN SO FEW CLAIMS ABOUT ASTAXANTHIN HEALTH BENEFITS?](#question2)

Astaxanthin is the most powerful antioxidant known to science. However, it is very difficult to have industrial production from microalgae, which is why they are not widely promoted by nutraceutical companies.   
Until recent years, only a few companies around the globe can access microalgae to industrially produce astaxanthin, and our cutting-edge technologies made us one of best.

#### [3. WHO SHOULD TAKE ASTADAILY?](#question3)

Antioxidants are necessary for all ages but only a lucky few have the skill and opportunity to supply their bodies with all the necessary antioxidants through their diet. This dietary supplement is recommended for anyone. So far there is no data available on the suitability of astaxanthin for people under 20 years of age.

#### [4. WHAT IS THE BEST WAY TO TAKE ASTAXANTHIN?](#question4)

It is best to take the astaxanthin capsule with food that has at least some fat content. For example, whole milk products, boiled eggs, meat, nuts, seeds, and chocolate. The fats in food ensure will also enhance the bioavailability of astaxanthin.

#### [5. WHY DOES THE ASTADAILY CAPSULE CONTAIN OIL?](#question5)

Astaxanthin, just like other carotenoids, including beta-carotene, is fat soluble. Astaxanthin is better consumed together with fats and thus has a better bioaccessibility in the body.

#### [6. IS IT POSSIBLE TO BE ALLERGIC TO ASTAXANTHIN?](#question6)

Base on the study, so far there is no report that human body is allergic to astaxanthin.

#### [7. IS ASTAXANTHIN RECOMMENDED DURING PREGNANCY AND BREASTFEEDING?](#question7)

Astaxanthin has demonstrated safety in numerous human clinical trials. However, we recommend postponing in such sensitive periods.

#### [8. HOW DOES ASTAXANTHIN INTERACT WITH OTHER MEDICATION?](#question8)

Astaxanthin can lower blood sugar and pressure. If you are currently taking medication, please consult with your doctor before beginning use of astaxanthin in order to determine the necessity of use and proper dosage.