

# Oncology Nurses Symposium

SUNDAY - WEDNESDAY, OCTOBER 7-10, 2012 HILTON SAN DIEGO RESORT • SAN DIEGO, CALIFORNIA













Scripps Cancer Center

#### Course Overview

Scripps Cancer Center's Oncology Nurses Symposium is designed for nurses dedicated to the field of hematology/oncology who practice in settings across the continuum of care. During this three and a half day conference, attendees will benefit from an intimate learning environment in which renowned faculty will present the latest in oncology care and provide practical strategies and tools to improve nursing practice and patient outcomes. In addition to offering strong clinical content from leading experts, the Oncology Nurses Symposium will provide the necessary context to integrate the relevant information into practice to improve the overall quality of life of the patient. Don't miss this opportunity to interact and network with like-minded colleagues while earning a generous amount of CE credits!

### Conference Highlights

- Comprehensive presentations of the latest advances in cancer diagnosis and treatment with a strong patient care focus.
- Small group workshops allowing for additional interaction with expert faculty on pertinent topics.
- Audience Response System used for instant feedback and interactive learning.
- Multiple networking and one-on-one discussion opportunities through-out the course.
- Conference recording sent to all attendees 4-6 weeks after the conference.

#### **Educational Objectives**

#### After attending this activity, participants should be able to:

- Describe the current and potential utilization of genotyping directed therapy's for lung cancer patients and develop and navigate a clinical nursing practice towards genotype directed treatments for NSCLC patients.
- Analyze how culture, race and ethnicity differentially impact decision making in cancer care
- Explore the technology of proton beam therapy and discuss nursing implications to patient care.
- Recommend evidenced based practice strategies for insertion and maintenance of Vascular Access Devices.
- Explain the role of nutrition in patient management including treatment, survivorship and end of life care.
- Examine the expanding role of Nurse Navigators and evaluate their patient outcomes.
- Formulate interventions that nurses can implement in the workplace to prevent environmental contamination and personal exposure to hazardous drugs during Chemotherapy.
- Demonstrate effective communication skills to address sexual health concerns for patients and be able to develop an assessment framework for common sexual complaints while formulating a simple treatment paradigm for common sexual problems.
- Recognize the signs of compassion fatigue and determine interventions for oncology nursing professionals.
- Communicate with patients, peers and co-workers on a more meaningful level about the cause of young adults with cancer and implement new standards of care, best practices and communication protocols.
- Assess the newest treatment strategies and genetic differences in ovarian cancer.
- Evaluate the value of family history and universal tumor screening in colon cancer.
- Identify the physiological and emotional benefits of using laughter in the oncology setting.
- Examine the role of touch therapy in the management side effects as well as a means to improve the quality of life of the patient during treatment and recovery.
- Discuss the theory, research development, and practical implementation of Dignity Therapy.
- Establish networking relationships with clinical colleagues on contemporary nursing solutions.

# Accreditation, Disclosure & About Scripps

## California Board of Registered Nursing (BRN)

Provider approved by the California Board of Registered Nursing, Provider Number CEP15030 for 20 contact hours. Contact hours will be provided by Scripps Health.

#### Credit Breakdown by Day:

 Sunday
 2.0

 Monday
 7.2

 Tuesday
 7.2

 Wednesday
 3.6

#### **Disclosure**

#### **Commercial Support**

This course is supported, in part, by educational grants from industry, in accordance with ACCME accreditation Standards for Commercial Support. At the time of printing, a complete listing of comercial supporters was not available. Appropriate acknowledgement will be given to all supporters at the time of the educational activity.

#### **Cultural and Linguistic Competency**

This activity is in compliance with California Assembly Bill 1195 which requires that all CME activities comprising a patient care element include curriculum addressing the topic of cultural and linguistic competency. The intent of this bill is to ensure that health care professionals are able to meet the cultural and linguistic concerns of a diverse patient population through effective and appropriate professional development. Cultural and linguistic competency was incorporated into the planning of this activity.

#### **About Scripps Cancer Center**

Scripps Health is committed to combating cancer. That's why we mobilized the collective resources of five hospital campuses, our affiliated physicians and a renowned research center to form the Scripps Cancer Center. These providers work collaboratively toward prevention, early detection and coordinated treatment. The center's multidisciplinary approach ensures a comprehensive treatment plan that pairs leading-edge technology with an experienced, respectful care staff who are sensitive to the whole person and a range of healing approaches. Patients benefit from a collective array of cancerspecific personnel and services, as well as vigorous dialog between researchers and clinicians that brings the latest medical knowledge bedside. For more information on Scripps Cancer Center visit: www.scripps.org/services/cancer-care.

#### **Scripps Conference Services & CME**

Scripps Conference Services & CME, which offers nationally recognized live conferences in a variety of specialty areas, is committed to improving the quality of health care and advancing the practice of medicine by providing exceptional educational courses for physicians and other health care professionals. More information and conference brochure downloads are available at www.scripps. org/conferenceservices.

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www.youtube.com/scrippshealth

Target Audience: Hematology & Oncology Nurses

#### **Faculty**

#### **Course Director**

#### Cathleen Sugarman, RN, MSN, AOCNS

Oncology Advance Practice Nurse Scripps Cancer Center Scripps Memorial Hospital La Jolla, California

#### **Guest Faculty**

#### Paula Anastasia, RN, MN, AOCN

Gyn Oncology Clinical Nurse Specialist Cedars-Sinai Medical Center Los Angeles, California

#### Mary Ann Case, RN, MSN, OCN

Clinical Nurse Specialist Center for Clinical and Professional Development Dana-Farber Cancer Institute Boston, Massachusetts

#### Eric Cohen, RN, BSN, OCN

Program Manager, Patient and Family Education Life with Cancer® Inova Health System Fairfax, Virginia

#### Michael Coleman, JD

Sole Proprietor Laughing in San Diego San Diego, California

#### Teresa Deshields, PhD

Manager, Psycho-Oncology Service Alvin J. Siteman Cancer CenterBarnes-Jewish HospitalSt. Louis, Missouri

#### Johnnette du rand

Society for Oncology Massage Newport Beach, California

#### Jean-Bernard Durand, MD, FACP, FCCP, FACC

Associate Professor Department of Cardiology, University of Texas MD Anderson Cancer Center Houston, Texas

#### **Guest Faculty** (continued)

#### **Peg Ford**

Research Advocate Ovarian Cancer Advocacy Alliance (OCAA) San Diego, California

#### Marjorie Kagawa-Singer, PhD, MN, RN

Professor, UCLA School of Public Health and Asian American Studies Center Los Angeles, California

#### Patricia A. Kelly, DNP, APRN, CNS, AOCN

Interim Nursing Research/Evidence-Based Practice Facilitator Genomics Consultant Texas Health Presbyterian Hospital Dallas Dallas, Texas

#### Michael Krychman, MD

**Executive Director** The Southern California Center for Sexual Health and Survivorship Medical Director Sexual Medicine at Hoag Hospital Newport Beach, California

#### Mary Laskin, MN, RN, ACNS-BC

RN Case Manager Comprehensive Pain Management Kaiser Permanente San Diego, California

#### Lori Montross, PhD

Psychologist and Assistant Director Psychiatry Research Program The Institute for Palliative Medicine at San Diego Hospice San Diego, California

#### Michele A Myers, RN, BSN, OCN

Research Nurse Coordinator Massachusetts General Hospital Center for Thoracic Oncology Care Boston, Massachusetts

#### MiKaela M. Olsen, MS, RN, AOCNS® Sidney Kimmel Comprehensive

Cancer Center Johns Hopkins Hospital Baltimore, Maryland

#### Martha Polovich, PhD, RN, AOCN

Director Clinical Practice, Nursing Research and Education **Duke Oncology Network** 

#### Durham, North Carolina Carl J. Rossi, MD

Medical Director Scripps Proton Therapy Center La Jolla, California

#### Lee Silber

Professional Speaker and Author San Diego, California

#### Robin Sommers, DNP, ANP-BC, AOCNP

Nurse Practitioner Dana-Farber Cancer Institute Boston, Massachusetts

#### Matthew Zachary

Founder/CEO I'm Too Young for This! Cancer Foundation New York, New York

#### Faculty Disclosure

In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Employees of a commercial interest with business lines or products relating to the content of the CME activity will not participate in the planning or any accredited portion of the conference. Disclosure will be made to all participants at the conference location, prior to the

#### Conference Location & Hotel Information

#### Hilton San Diego Resort 1775 E. Mission Bay Drive San Diego, California 92109

**Reservations** 800-445-8667 **Hotel Direct** 619-276-4010 Hotel Fax 619-275-4944

#### www.sandiegohilton.com

The Hilton San Diego Resort offers impeccably appointed rooms on an 18-acre bay front park. Enjoy lush gardens, rolling lawns and sandy bay fronts just steps from your door. Newly renovated guest rooms capture sunshine and sea. Decorated to match the bright and festive hues of this waterfront oasis, each has been decked with luxury bedding and linens, designer furniture inside and out, and an open and airy feel that welcomes the rays and the breezes in.

Conveniently located within easy access of popular attractions such as the San Diego Bay, historic Old Town, the bustling Gaslamp District downtown, the aguatic marvels of Sea World and the world renowned San Diego Zoo, the Hilton San Diego Resort offers visitors a perfect taste of San Diego.

#### **Rates & Reservations**

We are fortunate to have obtained special low rates at the hotel starting at \$199 per night (plus tax). This low rate also includes:

- No resort fee
- Complimentary day and overnight parking
- Complimentary guestroom internet service
- · Complimentary use of the fitness center
- Complimentary transportation on Monday and Tuesday evening to various San Diego attractions
- 15% off all Spa Brezza services
- 15% off all Marketplace merchandise

Make your reservations early! A block of rooms is being held for Scripps until Friday, September 14, 2012. After September 14, 2012 reservations will be accepted on a space and rate availability basis only. Please make your own reservations and be sure to mention the Scripps Oncology Nurses Symposium to receive the reduced rate and conference amenities listed above.

Please note: Attendees who book their room through an online, third-party service (Hotels.com<sup>©</sup>, Expedia com<sup>©</sup>, Priceline.com<sup>©</sup>, etc.) are not eligible to receive the amenities listed above.



# Program

# Sunday, October 7 **Dinner Symposium**



5:30 p.m. Registration & Welcome Reception

6:10 p.m. Welcome & Introductions

6:15 p.m. Ovarian Cancer-The Silent Killer? NOT ANYMORE!

Peg Ford

7 p.m. The Latest Ovarian Cancer Treatments

Paula Anastasia RN, MN, AOCN

7:45 p.m. Panel Discussion / Q&A

8 p.m. Adjourn

# Monday, October 8

7 a.m. Registration, Continental Breakfast & View Exhibits

7:55 a.m. Welcome & Introductions

8 a.m. Genotype Directed Therapies for Lung Cancer in 2012

Michele A Myers, RN, BSN, OCN

9 a.m. SALLY KORKOWSKI LECTURE

Cultural Disparities in Oncology Care and the Effect of Ethnicity on Health Care Decisions

Marjorie Kagawa-Singer, PhD, MN, RN

10 a.m. Break & View Exhibits

10:30 a.m. Proton Bean Radio-Therapy of Cancer

Carl J. Rossi, MD

11:30 a.m. Lunch

12:30 p.m. Workshops (concurrent sessions)

A. Using Evidence-Based Oncology Massage in Your Practice Johnnette du rand

B. Evidenced Based Practice Strategies for the Management of Vascular Access Devices MiKaela M. Olsen MS. RN. AOCNS®

**C. Nutrition in Cancer Care** *Eric Cohen, RN, BSN, OCN* 

D. Oncology Nurse Navigator: Ensuring Safe Passage Mary Ann Case RN, MSN, OCN

2 p.m. Break & View Exhibits

2:30 p.m. Workshops

(repeat of earlier sessions)

4 p.m. Adjourn

## Tuesday, October 9

7 a.m. Sign-in, Continental Breakfast & View Exhibits

8 a.m. Oncology Nurses Self Care with Chemotherapy Martha Polovich, PhD, RN, AOCN

9 a.m. Speaking about Sex: Improving Quality of Life in Survivorship Michael Krychman, MD

10 a.m. Break & View Exhibits

10:30 a.m. The Development of a Compassion Fatigue Intervention: The Journey at Barnes-Jewish Hospital

Teresa Deshields, PhD

11:30 a.m. Lunch

12:30 p.m. Workshops (concurrent sessions)

A. Adherence to Oral Chemotherapy

Robin Sommers, DNP, ANP-BC, AOCNP

B. The Science of Laughter and Medicine

Michael Coleman, JD Mary Laskin, MN, RN, ACNS-BC

C. Colon Cancer Bottom Line: Family History and Tumor Screening Make a Difference Patricia A. Kelly, DNP, APRN, CNS, AOCN

Stupid Cancer:

Birth of a Movement

Matthew Zachary

2 p.m. Break & View Exhibits

2:30 p.m. Workshops (repeat of earlier sessions)

4 p.m. Adjourn

# Wednesday, October 10

7 a.m. Sign-in, Continental Breakfast & View Exhibits

8 a.m. Everyone Deserves to Have Their Story Heard: The Practice of Dignity Therapy Lori Montross, PhD

9 a.m. Cancer, Cardiotoxcity and Genetics Jean-Bernard Durand, MD, FACP, FCCP, FACC

10 a.m. Break & View Exhibits

10:30 a.m. WIN FROM WITHIN
Finding Your Inner Innovator
and Motivator

Lee Silber

11:30 a.m. Closing Remarks & Final Adjournment

# Oncology Nurses Symposium

# Conference Fees & Registration

O RESORT • SAN DIEGO, CALIFORNIA

SUNDAY - WEDNESDAY,	OCTOBER 7-	10, 2012 • HI	LTON SAN DIEG
	Thru Aug 31	Sept 1-Oct 3	On-site after Oct 3
Full Registration	\$385	\$400	\$425
Previous Attendee	\$375	\$390	\$415
Full Time Student	\$200	\$215	\$240
One-Day Registration		\$200	\$225
(Does not includes Dinner Symposium)  Circle one: Mon Tues Wed			
Dinner Symposium Only		\$100	\$125
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Receive up to 15% Off Your Registration! Refer a Friend When you and a friend register, you will both receive 10% off your registration fees. If you register in a group of three or more, everyone receives 15% off their registration fees.			
NAME OF ATTENDEES YOU ARE REFERRIN	IG		
<b>Please note:</b> Your referrals must not have attended the conference last year. There is no limit to the amount of people you refer however, 15% is the largest discount you are eligible to receive. This offer only applies to those who register for the full conference.			
Conference Course Materia			
Provided for all registered attendees, but available for purchase and will be maile			\$49.95 DVD
Do you give permission to publish your the conference?YesNo	name and e-mail a	address to be distrib	uted at
By completing this registration form and returning it to Scripps you are acknowledging compliance with			
all attendance policies.  Please Print Clearly. Your Badge Will Read as Follows:			
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PLEASE INDICATE ANY SPECIAL NEEDS (INCLUDING DIETARY RESTRICTIONS): Special requests will be considered and accommodated in full compliance with the Americans with Disabilities Act (ADA).			
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Included with Full Registration: course tuition, breakfasts, breaks, lunches, Sunday night dinner symposium, welcome reception, syllabus, and course recordings (audio and presentations, mailed 4-6 weeks after the conference)

#### Four Easy Ways to Register

scripps.org/conferenceservices

858-652-5565 Phone 858-652-5400

Scripps Conference Services & CME Mail

Oncology Nurses Symposium I 1025 North Torrey Pines Rd. Suite 200, Maildrop: SCRC 200 La Jolla, California 92037

#### **Attendance Policies**

#### **Registration Confirmation**

A confirmation letter will be e-mailed or mailed to you upon receipt of the conference registration form and payment. If you have not received it within two weeks, please contact the Scripps Conference Services & CMF office.

#### Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$100 processing fee, if your cancellation is received in writing no later than Friday, September 28, 2012. Attendee substitutions are allowed, but notification must be made in writing by Friday, September 28, 2012. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows."

#### **Guest Attendance Policy**

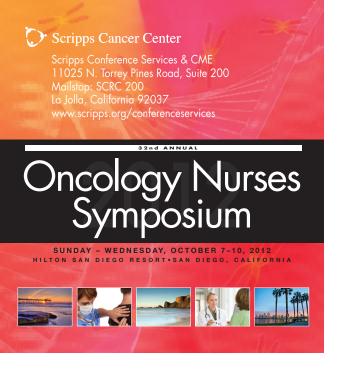
All conference activities (including educational sessions, meal functions, exhibit hall, etc.) are exclusively reserved for conference attendees. Non-registered guests (including children, family members, colleagues, etc.) are not allowed in the conference areas. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

#### **Scripps Conference Modification or Cancellation**

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

#### **Recording and Photography Clause**

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.



# Join Us!

Please pass this on to any colleagues

you think might be interested!

# Comments from 2011:

- The conference was very informative, speakers well versed and location wonderful.
- I think many of my colleagues would benefit from this conference.
- This has been one of the most interesting and informative symposiums that I have attended.
   It was big enough to get great speakers, small enough to get to know people.

## Save the Dates!



March I-3, 2013

IOTH ANNUAL

Advanced Practice Oncology Providers Symposium: Innovation through Practice Hyatt Begency Mission Bay. San Diego, California



September 29-October 2, 2013
scripps cancer center's 33RD annual
Oncology Nurses Symposium

Doubletree San Diego Mission Valley, San Diego, California

Scan this QR code with your mobile phone or QR reader to view the updated conference website!



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