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```
[34]: ls.index(5000)
```

```
[34]: 0
```

```
[35]: ls.insert(0,9)
```

```
[36]: ls
```

```
[36]: [9, 5000, 500, 400, 300, 200, 100]
```

```
[37]: ls.insert(123,90)
```

```
[38]: ls
```

```
[38]: [9, 5000, 500, 400, 300, 200, 100, 90]
```

```
[39]: ls.sort()
```

```
[40]: ls
```

```
[40]: [9, 90, 100, 200, 300, 400, 500, 5000]
```

```
[ ]:
```