Thompson-Sampling Based Reinforcement Learning for Networked Control of Unknown Linear System

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Abstract

In recent years, there has been considerable interest in reinforcement learning for linear quadratic Gaussian (LQG) systems. In this paper, we consider a generalization of such systems where the controller and the plant are connected over an unreliable packet drop channel. Packet drops cause the system dynamics to switch between controlled and uncontrolled modes. This switching phenomena introduces new challenges in designing learning algorithms. We identify a sufficient condition under which the regret of Thompson sampling-based reinforcement learning algorithm with dynamic episodes (TSDE) at horizon T is bounded by $\mathcal{O}(\sqrt{T})$, where the $\mathcal{O}(\cdot)$ notation hides logarithmic factors in T. These are the first results to generalize regret bounds of LQG systems to packet-drop networked control models.

1 Introduction

Systems with linear dynamics, quadratic cost, and Gaussian noise, are a commonly used modelling framework in control theory. In recent years, there has been a significant interest in such LQG systems in the AI literature as well. Apart from the importance of LQG models for applications, a major reason for this interest is that LQG systems are the simplest models with continuous state and action spaces, and unbounded cost. Therefore, algorithms which learn to control unknown LQG systems must carefully design exploration schemes to ensure stability during learning.

Simchowitz and Foster (2020) recently showed that any learning algorithm for LQR must have a regret of

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 $\tilde{\Omega}(n^{0.5}m\sqrt{T})$, where n is the dimension of the state, m is the dimension of the controls, T is the horizon, and the $\tilde{\Omega}(\cdot)$ notation hides logarithmic factors in T. There are several algorithms (Abbasi-Yadkori and Szepesvári, 2011; Faradonbeh et al., 2021; Cohen et al., 2019; Abeille and Lazaric, 2020; Dean et al., 2018; Mania et al., 2019; Faradonbeh et al., 2020b; Simchowitz and Foster, 2020; Faradonbeh et al., 2020a; Ouyang et al., 2020; Abeille and Lazaric, 2018) which nearly achieve this lower bound and have regret which can be upper bounded by $\tilde{\mathcal{O}}(n^{1.5}m\sqrt{T})$, where $\tilde{\mathcal{O}}(\cdot)$ notation hides logarithmic factors in T.

In this paper, we investigate a generalization of LQG models where the controller and the plant are connected over a noisy wireless channel. Such networked control systems (NCS) come up in various modern applications including platooning of self driving trucks and control of Internet of Things. There is a vast literature on planning for NCS (Antsaklis and Baillieul, 2004, 2007). However, as far as we are aware, deriving regret bounds for learning in NCS has not been investigated in the literature.

A standard result in planning for NCS is that the networked control system can be stabilized if the "capacity" of the channel is greater than a quantity which depends on the unstable eigenvalue of the system. In the simple case of a packet drop channel, the corresponding condition is that the probability of packet drop must be less than $1/\lambda_{\rm max}^2$, where $\lambda_{\rm max}$ is the largest eigenvalue of the system. So the natural question in the context of learning is the following: what are the conditions on the packet drop probability to ensure that learning regret in NCS is $\tilde{\mathcal{O}}(\sqrt{T})$. In this paper, we provide an initial partial answer to this question.

We consider the simplest model of NCS where the controller and plant are connected over a packet-drop channel. When the channel is on, the plant receives the control action taken by the controller; however, when the channel is off, the control action is not received at the plant and the plant evolves in an open-loop manner. Thus the packet-drop nature of the channel introduces a non-linearity, which causes the dynamics

to switch between closed-loop and open-loop behaviors. Thus, the analysis of existing algorithms is not directly applicable to NCS. A related recent result is Sattar et al. (2021), who propose a learning algorithm for Markov Jump Linear Systems. There is some work on RL for NCS (Jiang et al., 2017; Fan et al., 2019; Li et al., 2020), but these papers do not characterize regret.

We consider Thompson Sampling with Dynamic Episode (TSDE) by Ouyang et al. (2020) which is a Bayesian algorithm for learning unknown LQR systems. We present the natural generalization of TSDE for NCS, and identify sufficient conditions under which the regret of TSDE is $\tilde{\mathcal{O}}(n^{1.5}m\sqrt{T})$. These conditions specify a relationship between the packet drop probability and the set of unknown parameters of the system. We present examples to show that these conditions on learning can be strictly stronger or same as the conditions for planning. This suggests that learning unknown NCS may require stronger conditions.

The rest of this paper is organized as follows. We introduce the model in Sec. 2, describe the TSDE algorithm, assumptions, and our main result in Sec. 3, discuss the salient features of the sufficient conditions in Sec. 4, and present key steps of the proof in Sec. 5. Finally, we conclude in Sec. 6.

2 Model and problem formulation

Consider a linear quadratic system with state $x_t \in \mathbb{R}^n$, control input $u_t \in \mathbb{R}^m$, and disturbance $w_t \in \mathbb{R}^n$. We assume that the system starts from an initial state $x_1 = 0$ and evolves over time according to

$$x_{t+1} = Ax_t + \nu_t Bu_t + w_t, \quad t > 1,$$
 (1)

where $A \in \mathbb{R}^{n \times n}$ and $B \in \mathbb{R}^{n \times m}$ are the system dynamics matrices, the noise $\{w_t\}_{t \geq 1}$ is an independent and identically distributed Gaussian process with $w_t \sim \mathcal{N}(0, \sigma_w^2 I)$ and $\{\nu_t\}_{t \geq 1}$ is an i.i.d. Bernoulli process with $\mathbb{P}(\nu_t = 1) = q$.

At each time t, the system incurs a per-step cost given by

$$c(x_t, u_t, \nu_t) = x_t^{\mathsf{T}} Q x_t + \nu_t u_t^{\mathsf{T}} R u_t, \tag{2}$$

where Q and R are positive definite matrices.

Let $\theta^{\mathsf{T}} = [A, B]$ denote the parameters of the system. $\theta \in \mathbb{R}^{d \times n}$, where d = n + m. The performance of any policy $\pi = (\pi_1, \pi_2, \cdots)$ is measured by the long-term average cost given by

$$J(\pi; \theta) = \limsup_{T \to \infty} \frac{1}{T} \mathbb{E}^{\pi} \left[\sum_{t=1}^{T} c(x_t, u_t, \nu_t) \right], \quad (3)$$

where the expectation is with respect to the prior on θ , the noise processes, the channel processes, the initial conditions, and the potential randomizations done by the policy π .

Let $J(\theta)$ denote the infimum of $J(\pi; \theta)$ over all policies. Under the assumptions that pair (A, B) is controllable and probability of successful transmission satisfies $1 - q \le 1/|\lambda_{\max}(A)|^2$, Sinopoli et al. (2005) show that $J(\theta)$ is finite and is given by

$$J(\theta) = \sigma_w^2 \operatorname{Tr}(S(\theta)), \tag{4}$$

where $S(\theta)$ is the unique positive semi-definite solution of the following Riccati equation:

$$S(\theta) = Q + A^{\mathsf{T}} S(\theta) A$$
$$- q A^{\mathsf{T}} S(\theta) B (R + B^{\mathsf{T}} S(\theta) B)^{-1} B^{\mathsf{T}} S(\theta) A. \quad (5)$$

Furthermore, the optimal control action is given by

$$u_t = G(\theta)x_t,\tag{6}$$

where the gain matrix $G(\theta)$ is given by

$$G(\theta) = -(R + B^{\mathsf{T}}S(\theta)B)^{-1}B^{\mathsf{T}}S(\theta)A. \tag{7}$$

We are interested in the setting where the system parameters (A,B) are unknown while the channel statistics q and the cost matrices (Q,R) are known. We denote the unknown parameters by a random variable θ and assume that there is a prior distribution on θ . The Bayesian regret of a policy π operating for horizon T is defined by

$$\mathcal{R}(T;\pi) = \mathbb{E}^{\pi} \left[\sum_{t=1}^{T} c(x_t, u_t, \nu_t) - TJ(\theta) \right], \quad (8)$$

where the expectation is with respect to the prior on θ , the noise processes, the channel processes, the initial conditions, and the potential randomizations done by the policy π .

3 Thompson sampling based learning algorithm

3.1 Prior and Posterior Beliefs

We assume that the unknown model parameters θ lie in a compact subset Θ of $\mathbb{R}^{d \times n}$. For any distribution f on \mathbb{R}^d , we will use the notation $f|_{\Theta}$ to denote the projection of f onto Θ . For any $\theta \in \Theta$, let θ^k denote the k-th column of θ (thus, $\theta = [\theta^1, \dots, \theta^n]$) and let A_{θ} and B_{θ} to denote the A and B matrices corresponding to θ (thus, $\theta^{\mathsf{T}} = [A_{\theta}, B_{\theta}]$).

We assume that θ is a random variable that is independent of the initial states, the noise processes, and the channel state process. Furthermore, we assume that there is a prior p_1 on θ that satisfies the following.

Assumption 1 p_1 is given as:

$$p_1(\theta) = \left[\prod_{i=1}^n \xi_1^i(\theta^i) \right] \Big|_{\Theta}$$

where for $i \in \{1, \dots, n\}$, $\xi_1^i = \mathcal{N}(\mu_1^i, \Sigma_1)$ with mean $\mu_1^i \in \mathbb{R}^d$ and positive-definite covariance $\Sigma_1 \in \mathbb{R}^{d \times d}$.

Let $z_t = \text{vec}(x_t, \nu_t u_t)$. We can write the dynamics as

$$x_{t+1} = \theta^{\mathsf{T}} z_t + w_t. \tag{9}$$

We maintain a posterior distribution μ_t on θ based on the history $(x_{1:t-1}, u_{1:t-1}, \nu_{1:t-1})$ of the observations until time t. From standard results in Bayesian regression (Sternby, 1977), we know that the posterior is a truncated Gaussian distribution

$$p_t(\theta) = \left[\prod_{i=1}^n \xi_t^i(\theta^i) \right] \Big|_{\Theta}$$

where for $i \in \{1, \dots, n\}$, $\xi_t^i(\theta^i) = \mathcal{N}(\mu_t^i, \Sigma_t)$ and $\{\mu_t^i\}_{i=1}^n$ and Σ_t can be updated recursively as follows:

$$\mu_{t+1}^{i} = \mu_{t}^{i} + \frac{\sum_{t} z_{t} (x_{t+1}^{i} - (\mu_{t}^{i})^{\mathsf{T}} z_{t})}{\sigma_{v}^{2} + z_{t}^{\mathsf{T}} \sum_{t} z_{t}}, \tag{10}$$

$$\Sigma_{t+1}^{-1} = \Sigma_t^{-1} + \frac{1}{\sigma_w^2} z_t z_t^{\mathsf{T}},\tag{11}$$

where $x_t = [x_t^1, \cdots, x_t^n].$

3.2 Thompson Sampling with Dynamic Episodes Algorithm

We now present a variation of the Thompson sampling with dynamic episodes (TSDE) algorithm of Ouyang et al. (2020) for the networked control model presented in Sec. 2.

As the name suggests, the algorithm operates in episodes of dynamic length. Let t_k and T_k denote the start time and the length of episode k, respectively. Episode k ends when the length of the episode is strictly larger than the length of the previous episode (i.e., $t - t_k > T_{k-1}$) or at the first time after t_k when the determinant of the covariance Σ_t falls below half of its value at time t_k , i.e., $\det \Sigma_t < \frac{1}{2} \det \Sigma_{t_k}$. Thus,

$$t_{k+1} = \min \left\{ t > t_k \middle| \begin{array}{l} t - t_k > T_{k-1} \text{ or} \\ \det \Sigma_t < \frac{1}{2} \det \Sigma_{t_k} \end{array} \right\}.$$
 (12)

Note that the stopping condition (12) implies that

$$T_k \le T_{k-1} + 1, \quad \forall k. \tag{13}$$

The TSDE algorithm works as follows. At the beginning of episode k, a parameter θ_k is sampled from

Algorithm 1 TSDE

```
1: input: \Theta, \hat{\theta}, \Sigma_1
 2: initialization: t \leftarrow 1, t_0 \leftarrow 0, k \leftarrow 0.
 3: for t = 1, 2, \cdots do
 4:
           observe x_t
 5:
           update p_t according to (10)–(11)
           if ((t-t_k > T_{k-1}) \text{ or } (\det \Sigma_t < \frac{1}{2} \det \Sigma_{t_k}))
 6:
      _{
m then}
                T_k \leftarrow t - t_k, \ k \leftarrow k + 1, \ t_k \leftarrow t
 7:
                sample \theta_k \sim \mu_t
 8:
 9:
           Apply control u_t = G(\theta_k)x_t
10:
11: end for
```

the posterior distribution p_{t_k} . During the episode, the control inputs are generated using the sampled parameters θ_k , i.e.,

$$u_t = G(\theta_k)x_t, \quad t_k \le t \le t_{k+1} - 1.$$
 (14)

The complete algorithm is presented in Algorithm 1.

3.3 Regret Bounds

We impose the following assumptions on the support of the prior distribution.

Assumption 2 For every $\theta \in \Theta$, the pair (A_{θ}, B_{θ}) is controllable.

Assumption 3 For all $\theta \in \Theta$, the probability of successful transmission satisfies the sufficient condition of Sinopoli et al. (2005):

$$1 - q \le \frac{1}{|\lambda_{\max}(A_{\theta})|^2}, \quad \forall \theta \in \Theta$$
 (15)

where $\lambda_{\max}(A_{\theta})$ denotes the maximum eigenvalue of A_{θ} .

Assumption 4 Define δ and σ as follows:

$$\delta \coloneqq \sup_{\theta, \phi \in \Theta} \|A_{\theta} + B_{\theta}G(\phi)\|,$$

$$\sigma \coloneqq \sup_{\theta \in \Theta} \|A_{\theta}\|.$$

Then, we assume that $\delta^q \sigma^{1-q} < 1$.

The following result provides an upper bound on the regret of the proposed algorithm.

Theorem 1 Under Assumptions 1–4, the regret of TSDE is upper bounded by

$$\mathcal{R}(T; \mathtt{TSDE}) \le \tilde{\mathcal{O}}(\sigma_w^2(n+m)\sqrt{nT}).$$
 (16)

The proof is presented in Sec. 5.

4 Discussion of the assumption

Assumptions 2 and 3 are necessary for the learning problem to be well posed. The additional technical assumption that we have is Assumption 4. Both Assumptions 3 and 4, pose a constraint between the packet drop probability q and the uncertain set Θ . In this section, we explore this relationship in details.

Define a feasible region for planning as, $Q_p(\Theta) = [q_p, 1]$, where

$$q_p = \sup_{\theta \in \Theta} \left[1 - \frac{1}{|\lambda_{\max}(A_{\theta})|^2} \right]^+,$$

where $[x]^+ = \max\{x,0\}$. Similarly, define a feasible region for learning as, $\mathcal{Q}_{\ell}(\Theta) = \{q \in [0,1] : \delta^q \sigma^{1-q} < 1\}$, where δ and σ depend on Θ and are given in Assumption 4.

For the unknown system to have finite performance, $q \in \mathcal{Q}_p(\Theta)$. For our proof of the upper bound to hold $q \in \mathcal{Q}_p(\Theta) \cap \mathcal{Q}_\ell(\Theta)$. So, a natural question is whether $\mathcal{Q}_p(\Theta) \subset \mathcal{Q}_\ell(\Theta)$ or $\mathcal{Q}_\ell(\Theta) \subset \mathcal{Q}_p(\Theta)$. We consider four cases for (δ, σ) and answer this question for each case.

Case 1: $\delta < 1$ and $\sigma < 1$. Observe that $\lambda_{\max}(A_{\theta}) \le ||A_{\theta}|| \le \sigma$. Therefore, if $\sigma < 1$,

$$\frac{1}{\|\lambda_{\max}(A_{\theta})\|^2} \ge \frac{1}{\sigma^2} \ge 1.$$

Hence,

$$q_p = \sup_{\theta \in \Theta} \left[1 - \frac{1}{|\lambda_{\max}(A_{\theta})|^2} \right]^+ = 0.$$

Thus, $Q_p(\theta) = [0, 1].$

Furthermore, $\delta < 1$ and $\sigma < 1$ implies that for all q, $\delta^q \sigma^{1-q} < 1$. Hence, $\mathcal{Q}_{\ell}(\Theta) = [0,1]$.

Thus, in this case, both $Q_{\ell}(\Theta) = Q_p(\Theta) = [0, 1]$.

Case 2: $\delta < 1$ and $\sigma > 1$. In this case, $Q_{\ell}(\theta) = [q_{\ell}, 1]$, where

$$q_{\ell} = \frac{\log \sigma}{\log \sigma + \log \frac{1}{\xi}}.$$

We now show that depending on Θ , $q_p > q_\ell$ or $q_p < q_\ell$.

Example 1 Suppose,

$$\Theta = \{ [A, B] \in \mathbb{R}^2 : A \in [0.8, 1.2] \text{ and } B \in [2.0, 2.4] \}.$$

Then, $\delta = 0.624$ and $\sigma = 1.2$. Moreover,

$$q_l = 0.279$$
 and $q_p = 0.305$.

Thus $q_p > q_\ell$ and therefore, $\mathcal{Q}_p(\Theta) \cap \mathcal{Q}_\ell(\Theta) = \mathcal{Q}_p(\Theta)$.

Example 2 Suppose,

$$\Theta = \{ [A, B] \in \mathbb{R}^2 : A \in [0.8, 1.2] \text{ and } B \in [0.5, 0.9] \}.$$

Then, $\delta = 0.962$ and $\sigma = 1.2$. Moreover,

$$q_l = 0.824$$
 and $q_p = 0.305$.

Thus $q_{\ell} > q_p$ and therefore, $\mathcal{Q}_p(\Theta) \cap \mathcal{Q}_{\ell}(\Theta) = \mathcal{Q}_{\ell}(\Theta)$.

Case 3: $\delta > 1$ and $\sigma < 1$. In this case $\mathcal{Q}_{\ell}(\Theta) = [0, q_{\ell}]$, where q_{ℓ} is same as Case 2, but can also be rewritten as

$$q_{\ell} = \frac{\log \frac{1}{\sigma}}{\log \frac{1}{\sigma} + \log \delta}.$$

As in Case 1, $\sigma < 1$ implies that $\mathcal{Q}_p(\Theta) = [0, 1]$. Now, we present an example to show that q_{ℓ} can be less than 1.

Example 3 Suppose,

$$\Theta = \{ [A, B] \in \mathbb{R}^2 : A \in [0.1, 0.9] \text{ and } B \in [1.0, 2.4] \}.$$

Then, $\delta = 1.190$ and $\sigma = 0.9$. Moreover,

$$q_{\ell} = 0.37$$
 and $q_{p} = 0$.

Thus $q_{\ell} > q_p$ and therefore, $\mathcal{Q}_p(\Theta) \cap \mathcal{Q}_{\ell}(\Theta) = \mathcal{Q}_{\ell}(\Theta)$.

Case 4: $\delta > 1$ and $\sigma > 1$. In this case, $\delta^q \sigma^{1-q} > 1$ and hence, $\mathcal{Q}_{\ell}(\Theta) = \emptyset$.

The above examples show that in some instances, $\mathcal{Q}_p(\Theta) \subset \mathcal{Q}_\ell(\Theta)$, while in others $\mathcal{Q}_p(\Theta) \supset \mathcal{Q}_\ell(\Theta)$.

We conjecture that, Assumption 4 is stronger than what it needs to be and it should be possible to relax it and replace $\|\cdot\|$ in the definition of δ and σ by the spectral radius of the respective matrices. This would require modifying the proof of Lemma 1 in Sec. 5 to exploit asymptotic stability of $A+\nu_k BG_k$ rather than the contractive property. We refer the reader to Gagrani et al. (2021), where a similar relaxation for the original TSDE algorithm of Ouyang et al. (2020) is presented.

5 Regret analysis

A preliminary result. We first start with a preliminary result, which is critical in deriving the regret bounds.

Lemma 1 Define $\gamma_t = \delta^{\nu_t} \sigma^{1-\nu_t}$ and for any $s \leq t+1$, define $\Gamma_{s,t} = \gamma_s \cdots \gamma_t$. Then, under Assumption 4, there exists a $\bar{\Gamma} < \infty$ such that for all t > 1,

$$\sum_{s=1}^{t-1} \Gamma_{s+1,t-1} \le \bar{\Gamma}, \quad a.s.$$

PROOF Define $f(m) = \delta^m \sigma^{1-m}$. Then, $\Gamma_{s+1,t-1}$ may be written as $\Gamma_{s+1,t-1} = f(m_{s+1,t-1})^{t-s-1}$, where $m_{s+1,t-1} = \left(\sum_{\tau=s+1}^{t-1} \nu_{\tau}\right)/(t-s-1)$.

Observe that f is continuous and, by the strong law of large numbers, $\lim_{t\to\infty} m_{s+1,t-1} = q$ a.s. Furthermore, the rate of convergence of $m_{s+1,t-1}$ to q depends on s+1 and t-1 only through their difference t-s-1.

Thus, for any $\epsilon > 0$, there exists a $N(\epsilon)$ such that for all $t - s - 1 \ge N(\epsilon)$, $|m_{s+1,t-1} - q| < \epsilon$, a.s. By continuity of f, for any $\epsilon' > 0$, there exists a $N'(\epsilon')$ such that for all $t - s - 1 \ge N'(\epsilon')$, $|f(m_{s+1,t-1}) - f(q)| < \epsilon'$ a.s. Hence,

$$f(m_{s+1,t-1}) < f(q) + \epsilon'$$
 a.s.

By Assumption 4, we know that f(q) < 1. Now we can pick ϵ' such that $f(q) + \epsilon' =: \beta^* < 1$. Then for all $t \ge 1$,

$$\sum_{s=1}^{t-1} f(m_{s+1,t-1})^{t-s-1}
\leq \sum_{s=1}^{t-N'(\epsilon')-1} \beta^{*t-s-1} + \sum_{s=t-N'(\epsilon')}^{t-1} f(m_{s+1,t-1})^{t-s-1}
< \frac{\beta^{*N'(\epsilon')}}{1-\beta^*} + \sum_{s=t-N'(\epsilon')}^{t-1} F_*^{t-s-1},$$

where $F_* = \sup_{q' \in [0,1]} f(q')$. Both terms in the right hand side are bounded a.s., which proves the result.

Regret decomposition. For the ease of notation, we use $\mathcal{R}(T)$ instead of $\mathcal{R}(T; TSDE)$ in this section. We also use G_k and S_k to denote $G(\theta_k)$ and $S(\theta_k)$ respectively. We know that the policy $u_t = G_k x_t$ is optimal for model θ_k and, therefore, satisfies the following Bellman equation:

$$J(\theta_k) + x_t^{\mathsf{T}} S_k x_t = c(x_t, u_t, \nu_t)$$

+
$$\mathbb{E}[(\theta_k^{\mathsf{T}} z_t + w_t)^{\mathsf{T}} S_k (\theta_k^{\mathsf{T}} z_t + w_t)]. \quad (17)$$

Note that $x_{t+1} = \theta^{\mathsf{T}} z_t + w_t$. Adding and subtracting $\mathbb{E}[x_{t+1}^{\mathsf{T}} S_k x_{t+1}]$ in (17) and rearranging terms, we get

$$c(x_t, u_t, \nu_t) = J(\theta_k) + x_t^{\mathsf{T}} S_k x_t - \mathbb{E}[x_{t+1}^{\mathsf{T}} S_k x_{t+1}]$$

+
$$\mathbb{E}[(\theta^{\mathsf{T}} z_t)^{\mathsf{T}} S_k (\theta^{\mathsf{T}} z_t) - (\theta_k^{\mathsf{T}} z_t)^{\mathsf{T}} S_k (\theta_k^{\mathsf{T}} z_t)].$$
(18)

Let K_T denote the number of episodes until horizon T. For each $k > K_T$, we define t_k be to T + 1. Then, using (18), we have that

$$\mathcal{R}(T) = \underbrace{\mathbb{E}\left[\sum_{k=1}^{K_T} T_k J(\theta_k) - T J(\theta)\right]}_{\text{regret due to sampling error} =: \mathcal{R}_0(T)$$

$$+ \underbrace{\mathbb{E}\left[\sum_{k=1}^{K_T} \sum_{t=t_k}^{t_{k+1}-1} \left[x_t^{\mathsf{T}} S_k x_t - x_{t+1}^{\mathsf{T}} S_k x_{t+1}\right]\right]}_{\text{regret due to time-varying controller} =: \mathcal{R}_1(T)}$$

$$+ \underbrace{\mathbb{E}\left[\sum_{k=1}^{K_T} \sum_{t=t_k}^{t_{k+1}-1} \left[(\theta^{\mathsf{T}} z_t)^{\mathsf{T}} S_k (\theta^{\mathsf{T}} z_t) - (\theta_k^{\mathsf{T}} z_t)^{\mathsf{T}} S_k (\theta_k^{\mathsf{T}} z_t)\right]\right]}_{\text{regret due to model mismatch} =: \mathcal{R}_2(T)}$$

$$(19)$$

Thus,

$$\mathcal{R}(T) = \mathcal{R}_0(T) + \mathcal{R}_1(T) + \mathcal{R}_2(T). \tag{20}$$

We establish the bound on $\mathcal{R}(T)$ by individually bounding $\mathcal{R}_0(T)$, $\mathcal{R}_1(T)$, and $\mathcal{R}_2(T)$.

Bound on individual terms of (20). Let $X_T = \max_{t \leq T} ||x_t||$ be the maximum value of the norm of the state. Recall that K_T is the number of episodes until horizon T. Then, we have the following.

Proposition 1 The terms in (20) are bounded as follows:

- 1. $\mathcal{R}_0(T) \leq \mathcal{O}(\sigma_w^2 \mathbb{E}[K_T])$.
- 2. $\mathcal{R}_1(T) \leq \mathcal{O}(\mathbb{E}[K_T X_T^2])$.
- 3. $\mathcal{R}_2(T) \leq \mathcal{O}\left(d\sqrt{nT} \mathbb{E}\left[\sqrt{(\sigma_w^2 X_T^2 + X_T^4)\log(TX_T^2)}\right]\right)$

The proof arguments for bounding $\mathcal{R}_0(T)$ and $\mathcal{R}_1(T)$ are similar to those in Ouyang et al. (2020). The proof argument for bounding $\mathcal{R}_2(T)$ is similar to that in Gagrani et al. (2021). Some of the details are different due to the differences in the models. For the sake of completeness, we present the complete proof in the Appendix.

Bounding X_T and K_T . Now, to prove the regret bounds, we establish the following bounds on X_T and K_T .

Lemma 2 For any $\alpha \geq 1$, the following inequalities hold:

- 1. $\mathbb{E}[X_T^{\alpha}] \leq \mathcal{O}(\sigma_w^{\alpha} \log T)$.
- 2. $\mathbb{E}[X_T^{\alpha} \log X_T^2] \le \sigma_w^{\alpha} \tilde{\mathcal{O}}(1)$.
- 3. $K_T < \mathcal{O}(\sqrt{dT\log(TX_T^2/d)})$.

We prove the bound on $\mathbb{E}[X_T^{\alpha}]$ below. The bounds on the other two terms can be proved in a manner similar to Ouyang et al. (2020) and Gagrani et al. (2021). For the sake of completeness, the complete proofs are presented in Appendix A of the supplementary material.

PROOF (OF PART 1) During the k-th episode, we have $u_t = \nu_t G_k x_t$. Therefore,

$$||x_{t+1}|| = ||(A + \nu_t BG_k)x_t + w_t||$$

$$\leq ||(A + \nu_t BG_k)|| ||x_t|| + ||w_t||$$

$$\leq \gamma_t ||x_t|| + ||w_t||, \tag{21}$$

where the last inequality follows from the definition of $\gamma_t = \delta^{\nu_t} \sigma^{1-\nu_t}$. Then, iteratively applying (21), we get

$$||x_t|| \le \sum_{s=1}^{t-1} \Gamma_{s+1,t-1} ||w_s|| \le \sum_{s=1}^{t-1} \Gamma_{s+1,t-1} \max_{s \le T} ||w_s||,$$
(22)

where $\Gamma_{s+1,t-1} = \gamma_s \cdots \gamma_{t-1}$. Now using Lemma 1 in (22), we get

$$||x_t|| \le \bar{\Gamma} \max_{s < T} ||w_s|| \quad \text{a.s.}$$
 (23)

Therefore, for any $\alpha \geq 1$,

$$X_T^{\alpha} \le \left(\bar{\Gamma} \max_{t \le T} \|w_t\|\right)^{\alpha} \le \bar{\Gamma}^{\alpha} \max_{t \le T} \|w_t\|^{\alpha} \quad \text{a.s.} \quad (24)$$

From (Ouyang et al., 2020, Eq. (39)), we have

$$\mathbb{E}\left[\max_{t \leq T} \|w_t\|^{\alpha}\right] \leq \mathcal{O}(\sigma_w^{\alpha} \log T).$$

Substituting this in (24), we get the result.

Putting everything together. An immediate consequence of Proposition 1 and Lemma 2 is the following.

Corollary 1 The terms in (20) are bounded as follows:

- 1. $\mathcal{R}_0(T) \leq \tilde{\mathcal{O}}(\sigma_w^2 \sqrt{dT})$.
- 2. $\mathcal{R}_1(T) \leq \tilde{\mathcal{O}}(\sigma_w^2 \sqrt{dT})$.
- 3. $\mathcal{R}_2(T) \leq \tilde{\mathcal{O}}(\sigma_w^2 d\sqrt{nT})$

Proof We prove each part separately.

1. We have that

$$\mathcal{R}_{0}(T) \leq \mathcal{O}(\sigma_{w}^{2} \mathbb{E}[K_{T}]) \\
\stackrel{(a)}{\leq} \mathcal{O}(\sigma_{w}^{2} \mathbb{E}[\sqrt{dT \log(TX_{T}^{2}/d)}) \\
\stackrel{(b)}{\leq} \mathcal{O}(\sigma_{w}^{2} \sqrt{dT} \log(\mathbb{E}[X_{T}^{2}]T/d)) \\
\stackrel{(c)}{\leq} \mathcal{O}(\sigma_{w}^{2} \sqrt{dT} \log(T/d)) \\
\leq \tilde{\mathcal{O}}(\sigma_{w}^{2} \sqrt{dT}) \tag{25}$$

where (a) and (c) follow from Lemma 2, and (b) follows from Jensen's inequality.

2. We have that

$$\mathcal{R}_{1}(T) \leq \mathcal{O}(\mathbb{E}[K_{T}X_{T}^{2}]) \\
\leq \mathcal{O}(\mathbb{E}[X_{T}^{2}\sqrt{dT\log(TX_{T}^{2}/d)}] \\
\leq \mathcal{O}(\sqrt{dT}\mathbb{E}[X_{T}^{2}\sqrt{\log(TX_{T}^{2}/d)}]) \\
\stackrel{(e)}{\leq} \mathcal{O}(\sqrt{dT}\sqrt{\mathbb{E}[X_{T}^{4}\log(TX_{T}^{2}/d)}]) \\
\leq \mathcal{O}(\sqrt{dT}\sqrt{\sigma_{w}^{4}\mathcal{O}(\log T)\log T + \sigma_{w}^{4}\tilde{\mathcal{O}}(1)}) \\
\stackrel{(g)}{=} \mathcal{O}(\sigma_{w}^{2}\sqrt{dT}\sqrt{\mathcal{O}(\log T)\log T}) \\
\leq \tilde{\mathcal{O}}(\sigma_{w}^{2}\sqrt{dT}), \tag{26}$$

where (d) follows from Lemma 2, (e) follows from Jensens's inequality, (f) follows from Lemma 2, and (g) uses the fact that $\mathcal{O}(\log T) \log T$ dominates $\tilde{\mathcal{O}}(1)$.

3. Observe that

$$\mathbb{E}\left[\sqrt{\left(\sigma_w^2 X_T^2 + X_T^4\right) \log(T X_T^2)}\right]$$

$$= \sigma_w^2 \mathbb{E}\left[\sqrt{\left(\frac{X_T^2}{\sigma_w^2} + \frac{X_T^4}{\sigma_w^4}\right) \log\left(T \sigma_w^2 \frac{X_T^2}{\sigma_w^2}\right)}\right]$$

$$\leq \sigma_w^2 \tilde{\mathcal{O}}(1), \tag{27}$$

where the last inequality follows similarly to the argument in (25). Substituting the value of (27) in the expression of $\mathcal{R}_2(T)$ in Proposition 1 gives us the result.

Proof of Theorem 1. Now we have all the ingredients to prove Theorem 1.

PROOF (OF THEOREM 1) Corollary 1 implies that the $\mathcal{R}_2(T)$ term dominates $\mathcal{R}_0(T)$ and $\mathcal{R}_1(T)$. Thus, the total regret is of the same order as $\mathcal{R}_2(T)$.

6 Conclusion

In this paper, we considered the problem of learning the optimal control policy in a networked control system where the link between the controller and the system is a packet drop channel. We identified sufficient conditions under which the regret of TSDE is bounded by $\tilde{\mathcal{O}}(n^{1.5}m\sqrt{T})$. This bound is same as the regret bound for classical LQG systems. Our results show that, as long as the packet-drop probability satisfy specific conditions that depend on the set Θ of uncertain parameters, learning for NCS has a similar regret as classical LQG systems.

Our sufficient conditions are the intersection of two feasible regions for the packet drop probability: the feasible region $\mathcal{Q}_p(\Theta)$ for planning and the feasible region $\mathcal{Q}_\ell(\Theta)$ for learning. We present examples to show that none of these two conditions are more restrictive than the other one. These conditions are sufficient conditions and motivate further investigation into the model, in particular, to identify lower bounds on the regret and investigating more sophisticated models of networked control systems.

Appendix: Proof of Proposition 1

We prove each of the terms separately.

1. Bound on $\mathcal{R}_0(T)$. Consider

$$\mathcal{R}_{0}(T) = \mathbb{E}\left[\sum_{k=1}^{K_{T}} T_{k} J(\theta_{k}) - T J(\theta)\right]$$

$$\stackrel{(a)}{=} \sum_{k=1}^{\infty} \mathbb{E}\left[\mathbb{1}_{\{t_{k} \leq T\}} T_{k} J(\theta_{k})\right] - T \mathbb{E}\left[J(\theta)\right]$$

$$\stackrel{(b)}{\leq} \sum_{k=1}^{\infty} \mathbb{E}\left[\mathbb{1}_{\{t_{k} \leq T\}} (T_{k-1} + 1) J(\theta_{k})\right] - T \mathbb{E}\left[J(\theta)\right]$$

$$\stackrel{(c)}{\leq} \sum_{k=1}^{\infty} \mathbb{E}\left[\mathbb{1}_{\{t_{k} \leq T\}} (T_{k-1} + 1) J(\theta)\right] - T \mathbb{E}\left[J(\theta)\right]$$

$$\leq \mathbb{E}\left[\sum_{k=1}^{K_{T}} (T_{k-1} + 1) J(\theta)\right] - T \mathbb{E}\left[J(\theta)\right]$$

$$= \mathbb{E}[K_{T} J(\theta)], \tag{28}$$

where (a) follows from the monotone convergence theorem, (b) uses (13), (c) uses the Thompson sampling lemma (Ouyang et al., 2020, Lemma 4). The result now follows from observing that since θ belongs to a compact set, $J(\theta)$ given by (4) is uniformly bounded.

2. Bound on $\mathcal{R}_1(T)$. Consider

$$\mathcal{R}_{1}(T) = \mathbb{E}\left[\sum_{k=1}^{K_{T}} \sum_{t=t_{k}}^{t_{k+1}-1} \left[x_{t}^{\mathsf{T}} S_{k} x_{t} - x_{t+1}^{\mathsf{T}} S_{k} x_{t+1}\right]\right]$$

$$\stackrel{(a)}{=} \mathbb{E}\left[\sum_{k=1}^{K_{T}} \left[x_{t_{k}}^{\mathsf{T}} S_{k} x_{t_{k}} - x_{t_{k+1}}^{\mathsf{T}} S_{k} x_{t_{k+1}}\right]\right]$$

$$\stackrel{(b)}{\leq} \mathbb{E}\left[\sum_{k=1}^{K_{T}} x_{t_{k}}^{\mathsf{T}} S_{k} x_{t_{k}}\right]$$

$$\stackrel{(c)}{\leq} \mathcal{O}(\mathbb{E}[K_{T} X_{T}^{2}]) \tag{29}$$

where (a) follows by simplifying the telescopic sum, (b) follows because S_k is positive semidefinite, and (c) follows from the fact that $||S_k^{0.5}x_{t_k}|| \leq ||S_k^{0.5}|| ||x_{t_k}|| \leq \mathcal{O}(||x_{t_k}||)$ because θ_k belongs to a compact set and, by definition, $||x_{t_k}|| \leq X_T$.

3. Bound on $\mathcal{R}_2(T)$ **.** We start by considering the term inside the expectation of $\mathcal{R}_2(T)$:

$$||S_{k}^{0.5}\theta^{\mathsf{T}}z_{t}||^{2} - ||S_{k}^{0.5}\theta_{k}^{\mathsf{T}}z_{t}||^{2}$$

$$= (||S_{k}^{0.5}\theta^{\mathsf{T}}z_{t}|| + ||S_{k}^{0.5}\theta_{k}^{\mathsf{T}}z_{t}||) (||S_{k}^{0.5}\theta^{\mathsf{T}}z_{t}|| - ||S_{k}^{0.5}\theta_{k}^{\mathsf{T}}z_{t}||)$$

$$\leq (||S_{k}^{0.5}\theta^{\mathsf{T}}z_{t}|| + ||S_{k}^{0.5}\theta_{k}^{\mathsf{T}}z_{t}||) ||S_{k}^{0.5}(\theta - \theta_{k})^{\mathsf{T}}z_{t}||$$

$$\leq (||S_{k}^{0.5}\theta^{\mathsf{T}}z_{t}|| + ||S_{k}^{0.5}\theta_{k}^{\mathsf{T}}z_{t}||) ||S_{k}^{0.5}|||(\theta - \theta_{k})^{\mathsf{T}}z_{t}||. (30)$$

Note that we can bound $||S_k^{0.5}\theta^{\mathsf{T}}z_t||||S_k^{0.5}|| \leq ||S_k^{0.5}|||\theta^{\mathsf{T}}||||[I,\nu_tG_k^{\mathsf{T}}]||||x_t||||S_k^{0.5}|| \leq \mathcal{O}(||x_t||)$ because each of the other terms are bounded as θ and θ_k belong to a compact set. By the same argument $||S_k^{0.5}\theta_k^{\mathsf{T}}z_t|| \leq \mathcal{O}(||x_t||)$. Combining this with the fact that $||x_t|| \leq X_T$ and substituting in (30), we get

$$||S_k^{0.5}\theta^{\mathsf{T}}z_t||^2 - ||S_k^{0.5}\theta_k^{\mathsf{T}}z_t||^2 \le \mathcal{O}(X_T ||(\theta - \theta_k)^{\mathsf{T}}z_t||). \tag{31}$$

Therefore,

$$\mathcal{R}_2(T) \le \mathcal{O}\left(\mathbb{E}\left[X_T \sum_{k=1}^{K_T} \sum_{t=t_k}^{t_{k+1}-1} \|(\theta - \theta_k)^{\mathsf{T}} z_t\|\right]\right). \tag{32}$$

Now, we consider the term inside the $\mathcal{O}(\cdot)$:

$$\mathbb{E}\left[X_{T} \sum_{k=1}^{K_{T}} \sum_{t=t_{k}}^{t_{k+1}-1} \|(\theta - \theta_{k})^{\mathsf{T}} z_{t}\|\right] \\
= \mathbb{E}\left[X_{T} \sum_{k=1}^{K_{T}} \sum_{t=t_{k}}^{t_{k+1}-1} \|(\theta - \theta_{k})^{\mathsf{T}} \Sigma_{t_{k}}^{-0.5} \Sigma_{t_{k}}^{0.5} z_{t}\|\right] \\
\leq \mathbb{E}\left[\sum_{k=1}^{K_{T}} \sum_{t=t_{k}}^{t_{k+1}-1} \|(\theta - \theta_{k})^{\mathsf{T}} \Sigma_{t_{k}}^{-0.5} \| \times X_{T} \|\Sigma_{t_{k}}^{0.5} z_{t}\|\right] \\
\leq \sqrt{\mathbb{E}\left[\sum_{k=1}^{K_{T}} \sum_{t=t_{k}}^{t_{k+1}-1} \|(\theta - \theta_{k})^{\mathsf{T}} \Sigma_{t_{k}}^{-0.5} \|^{2}\right]} \\
\times \sqrt{\mathbb{E}\left[\sum_{k=1}^{K_{T}} \sum_{t=t_{k}}^{t_{k+1}-1} X_{T}^{2} \|\Sigma_{t_{k}}^{0.5} z_{t}\|^{2}\right]}, \tag{33}$$

where the last inequality follows from Cauchy-Schwartz inequality.

Now, we bound the two terms in (33) separately in Lemmas 3 and 4. The proof of these lemmas is given below.

Lemma 3 We have the following inequality

$$\mathbb{E}\left[\sum_{k=1}^{K_T} \sum_{t=t_k}^{t_{k+1}-1} \|(\theta - \theta_k)^{\mathsf{T}} \Sigma_{t_k}^{-0.5} \|^2\right] \leq \mathcal{O}(dnT).$$

Lemma 4 We have the following inequality

$$\mathbb{E}\bigg[\sum_{k=1}^{K_T}\sum_{t=t_k}^{t_{k+1}-1}X_T^2\|\Sigma_{t_k}^{0.5}z_t\|^2\bigg] \leq \mathcal{O}\big(d(\sigma_w^2X_T^2 + X_T^4)\log(TX_T^2)\big).$$

The result then follows by substituting the results of Lemma 3 and 4 in (33).

Proof of Lemma 3. The proof is similar to the proof of (Gagrani et al., 2021, Lemma 8).

Observe that the summand is constant for each episode. Therefore,

$$\mathbb{E}\left[\sum_{k=1}^{K_{T}}\sum_{t=t_{k}}^{t_{k+1}-1}\left[\|(\theta-\theta_{k})^{\mathsf{T}}\Sigma_{t_{k}}^{-0.5}\|^{2}\right]\right] \\
= \mathbb{E}\left[\sum_{k=1}^{K_{T}}\left[T_{k}\|(\theta-\theta_{k})^{\mathsf{T}}\Sigma_{t_{k}}^{-0.5}\|^{2}\right]\right] \\
\stackrel{(a)}{\leq} \mathbb{E}\left[\sum_{k=1}^{K_{T}}\left[(T_{k-1}+1)\|(\theta-\theta_{k})^{\mathsf{T}}\Sigma_{t_{k}}^{-0.5}\|^{2}\right]\right] \\
= \sum_{k=1}^{\infty}\mathbb{E}\left[\mathbb{1}_{\{t_{k}\leq T\}}(T_{k-1}+1)\|(\theta-\theta_{k})^{\mathsf{T}}\Sigma_{t_{k}}^{-0.5}\|^{2}\right] \\
= \sum_{k=1}^{\infty}\mathbb{E}\left[\mathbb{1}_{\{t_{k}\leq T\}}(T_{k-1}+1)\|(\theta-\theta_{k})^{\mathsf{T}}\Sigma_{t_{k}}^{-0.5}\|^{2}\mid h_{t_{k}}\right]\right] \\
\stackrel{(b)}{=} \sum_{k=1}^{\infty}\mathbb{E}\left[\mathbb{1}_{\{t_{k}\leq T\}}(T_{k-1}+1)\mathbb{E}\left[\|(\theta-\theta_{k})^{\mathsf{T}}\Sigma_{t_{k}}^{-0.5}\|^{2}\mid h_{t_{k}}\right]\right] \\
\stackrel{(c)}{\leq} \sum_{k=1}^{\infty}\mathbb{E}\left[\mathbb{1}_{\{t_{k}\leq T\}}(T_{k-1}+1)2dn\right] \\
\leq 2dn(T+\mathbb{E}[K_{T}]) \stackrel{(d)}{\leq} \mathcal{O}(dnT) \tag{34}$$

where (a) follows from (13), (b) follows from the fact that $\mathbb{1}_{\{t_k < T\}}(T_{k-1} + 1)$ is $\sigma(h_{t_k})$ measurable, (c) holds because conditioned on h_{t_k} each column of $\|(\theta - \theta_k)^\mathsf{T} \Sigma_{t_k}^{-0.5}\|^2$ is the difference of two i.i.d. vectors $\sim \mathcal{N}(0, I)$, and (d) follows from the fact that $K_T \leq T$.

Proof of Lemma 4. The proof follows a similar structure as the proof of (Gagrani et al., 2021, Lemma 7).

For any $s \leq t$, Eq. (11) implies that $\Sigma_s^{-1} \leq \Sigma_t^{-1}$ and consequently $\Sigma_s^{-1} \leq \Sigma_t^{-1}$ implies that $\Sigma_s \geq \Sigma_t$. Therefore, from (Abbasi-Yadkori and Szepesvári, 2011, Lemma 11), we get that for any $V \neq 0$ (of appropriate dimensions),

$$\frac{\|V^{\mathsf{T}}\Sigma_s V\|}{\|V^{\mathsf{T}}\Sigma_t V\|} \le \frac{\det \Sigma_s}{\det \Sigma_t} = \frac{\det \Sigma_t^{-1}}{\det \Sigma_s^{-1}}.$$
 (35)

Eq. (35) implies that for any $t \in \{t_k, \dots, t_{k+1} - 1\}$, we have

$$\|\Sigma_{t_k}^{0.5} z_t\|^2 = z_t^{\mathsf{T}} \Sigma_{t_k} z_t \le \frac{\det \Sigma_t^{-1}}{\det \Sigma_{t_k}^{-1}} z_t^{\mathsf{T}} \Sigma_t z_t \le 2 z_t^{\mathsf{T}} \Sigma_t z_t$$
(36)

where the last inequality follows from the second stopping criterion. Therefore,

$$\sum_{k=1}^{K_T} \sum_{t=t_k}^{t_{k+1}-1} X_T^2 \|\Sigma_{t_k}^{0.5} z_t\|^2 \le 2X_T^2 \sum_{t=1}^T z_t^{\mathsf{T}} \Sigma_t z_t.$$
 (37)

Since $\Sigma_t \leq \Sigma_1$, we have $\lambda_{\max}(\Sigma_t) \leq \lambda_{\max}(\Sigma_1) = 1/\lambda_{\min}(\Sigma_1^{-1})$. Therefore for any t

$$z_t^{\mathsf{T}} \Sigma_t z_t \le \frac{1}{\lambda_{\min}(\Sigma_1^{-1})} \|z_t\|^2 \le \frac{1}{\lambda_{\min}(\Sigma_1^{-1})} M_G^2 X_T^2, \tag{38}$$

where $M_G = \sup_{\delta \in \{0,1\}, \theta \in \Theta} ||[I, \delta G(\theta)^{\mathsf{T}}]^{\mathsf{T}}||$. From (38), we get that

$$z_t^{\mathsf{T}} \Sigma_t z_t \le \max \left(\sigma_w^2, \frac{M_G^2 X_T^2}{\lambda_{\min}(\Sigma_1^{-1})} \right) \min \left(1, \frac{z_t^{\mathsf{T}} \Sigma_t z_t}{\sigma_w^2} \right). \tag{39}$$

Hence

$$\sum_{t=1}^{T} z_t^{\mathsf{T}} \Sigma_t z_t \le \left(\sigma_w^2 + \frac{M_G^2 X_T^2}{\lambda_{\min}(\Sigma_1^{-1})}\right) \sum_{t=1}^{T} \min\left(1, \frac{z_t^{\mathsf{T}} \Sigma_t z_t}{\sigma_w^2}\right) \tag{40}$$

Using (11) and the intermediate step of the proof of (Abbasi-Yadkori and Szepesvari, 2014, Lemma 6), we have

$$\sum_{t=1}^{T} \min\left(1, \frac{z_t^{\mathsf{T}} \Sigma_t z_t}{\sigma_w^2}\right) = \sum_{t=1}^{T} \min\left(1, \left\|\frac{\Sigma_t^{0.5} z_t z_t^{\mathsf{T}} \Sigma_t^{0.5}}{\sigma_w^2}\right\|\right)$$

$$\leq 2d \log\left(\frac{\operatorname{Tr}(\Sigma_{T+1}^{-1})}{d}\right) - \log \det \Sigma_1^{-1}. \tag{41}$$

Now, from (11), we get that

$$\operatorname{Tr}(\Sigma_{T+1}^{-1}) = \operatorname{Tr}(\Sigma_{1}^{-1}) + \sum_{t=1}^{T} \frac{1}{\sigma_{w}^{2}} \operatorname{Tr}(z_{t} z_{t}^{\mathsf{T}})$$

$$\leq \operatorname{Tr}(\Sigma_{1}^{-1}) + \frac{T}{\sigma_{w}^{2}} M_{G}^{2} X_{T}^{2}, \tag{42}$$

where the last inequality uses the fact that $\operatorname{Tr}(z_t z_t^{\mathsf{T}}) = \operatorname{Tr}(z_t^{\mathsf{T}} z_t) = \|z_t\|^2 \leq M_G^2 X_T^2$. Combining (40) with (41) and (42), we get

$$\sum_{t=1}^{T} z_t^{\mathsf{T}} \Sigma_t z_t \le \mathcal{O}\left(d(\sigma_w^2 + X_T^2) \log(TX_T^2)\right). \tag{43}$$

Therefore, we can bound the expectation of the right hand side of (37) as

$$\mathbb{E}\left[2X_T^2 \sum_{t=1}^T z_t^{\mathsf{T}} \Sigma_t z_t\right] \le \mathcal{O}\left(d(\sigma_w^2 X_T^2 + X_T^4) \log(T X_T^2)\right). \tag{44}$$

The result then follows from (37) and (44).

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