

Q $H = H_0 + \lambda \hbar \omega (a^2 + \bar{a}^2)$

$$\begin{aligned} \text{i) } E_n^{(1)} &= \langle n | H' | n \rangle \\ &= \lambda \hbar \omega \langle n | a a | n \rangle + \lambda \hbar \omega \langle n | \bar{a} \bar{a} | n \rangle \\ &= \lambda \hbar \omega \left(\sqrt{(n+1)(n+2)} \langle n | n+2 \rangle + \sqrt{n(n-1)} \langle n | 0 \rangle \right) \\ &= 0. \end{aligned}$$

$$\begin{aligned} \text{ii) } E_n^{(2)} &= \sum_{m \neq n} \left| \frac{\langle m | H' | n \rangle}{E_n - E_m} \right|^2 \\ &= \sum_{m \neq n} \left[\frac{\lambda \hbar \omega \langle m | a^2 + \bar{a}^2 | n \rangle}{E_n - E_m} \right]^2 \\ &= \lambda^2 \hbar^2 \omega^2 \sum_{m \neq n} \frac{\left[\sqrt{(n+1)(n+2)} \delta_{m, n+2} + \sqrt{n(n-1)} \delta_{m, n-2} \right]^2}{\left((n+\frac{1}{2}) \hbar \omega - (m+\frac{1}{2}) \hbar \omega \right)} \\ &= \frac{(\lambda \hbar \omega)^2}{\hbar \omega} \sum_{m \neq n} \frac{(n+1)(n+2) \delta_{m, n+2} + n(n-1) \delta_{m, n-2}}{n-m} \\ &= \lambda^2 \hbar \omega \left[\frac{(n+1)(n+2)}{n-(n+2)} + \frac{n(n-1)}{n-(n-2)} \right] \\ &= \lambda^2 \hbar \omega \left(-\frac{1}{2} (n+1)(n+2) + \frac{1}{2} n(n-1) \right) \\ &= \frac{\lambda^2 \hbar \omega}{2} (-n^2 - 3n - 2 + n^2 - n) = -2 \lambda^2 \hbar \omega \left(n + \frac{1}{2} \right). \end{aligned}$$

$$\psi_n^{(1)} = \sum_{m \neq n} \frac{\langle m | H' | n \rangle}{E_n - E_m} |m\rangle$$

$$= \sum_{m \neq n} \frac{\lambda \hbar \omega \langle m | a^2 + \bar{a}^2 | n \rangle}{E_n - E_m} |m\rangle$$

$$= \sum_{m \neq n} \lambda \hbar \omega \frac{\langle m | a^2 | n \rangle + \langle m | \bar{a}^2 | n \rangle}{E_n - E_m} |m\rangle$$

$$= \lambda \hbar \omega \sum_{m \neq n} \frac{\sqrt{(n+1)(n+2)} \delta_{m, n+2} + \sqrt{n(n-1)} \delta_{m, n-2}}{(n+\frac{1}{2})\hbar\omega - (m+\frac{1}{2})\hbar\omega} |m\rangle$$

$$= \frac{\lambda \hbar \omega}{\hbar \omega} \sum_{m \neq n} \frac{\sqrt{(n+1)(n+2)} \delta_{m, n+2} + \sqrt{n(n-1)} \delta_{m, n-2}}{n-m} |m\rangle$$

$$= \lambda \left[\frac{\sqrt{(n+1)(n+2)}}{n-(n+2)} + \frac{\sqrt{n(n-1)}}{n-(n-2)} \right] |n+2\rangle$$

$$= -\frac{\lambda}{2} \left[\sqrt{(n+1)(n+2)} + \sqrt{n(n-1)} \right] |n+2\rangle$$

$$= -\frac{\lambda}{2} \left[\sqrt{(n+1)(n+2)} |n+2\rangle + \sqrt{n(n-1)} |n+2\rangle \right]$$
