Insertion Sort Example #1:

9, 7, 6, 15, 16, 5, 10, 11

9, 7, 6, 15, 16, 5, 10, 11
7, 9, 6, 15, 16, 5, 10, 11
6, 7, 9, 15, 16, 5, 10, 11
6, 7, 9, 15, 16, 5, 10, 11
6, 7, 9, 15, 16, 5, 10, 11
5, 6, 7, 9, 15, 16, 10, 11
5, 6, 7, 9, 10, 15, 16, 11
5, 6, 7, 9, 10, 11, 15, 16

Insertion Sort Example #2:

5, 7, 0, 3, 4, 2, 6, 1

5, 7, 0, 3, 4, 2, 6, 1
5, 7, 0, 3, 4, 2, 6, 1
0, 5, 7, 3, 4, 2, 6, 1
0, 3, 5, 7, 4, 2, 6, 1
0, 3, 4, 5, 7, 2, 6, 1
0, 2, 3, 4, 5, 7, 6, 1
0, 2, 3, 4, 5, 6, 7, 1
0, 1, 2, 3, 4, 5, 6, 7

Bonus:

G, e, n, E, R, a, L

e, G, n, E, R, a, L
e, G, n, E, R, a, L
e, G, n, E, R, a, L
e, E, G, n, R, a, L
e, E, G, n, R, a, L
a, e, E, G, n, R, L
a, e, E, G, L, n, R