Task Title: Sum of Natural Numbers Using Recursion

Objective:

- Understand the basics of recursion.
- Learn how to break a problem into smaller sub-problems.

Task Description:

Write a **recursive method** named SumOfNumbers that takes an integer n as input and returns the **sum of all natural numbers from 1 to n**.

Example Input: 5

Expected Output: 15(1 + 2 + 3 + 4 + 5)

Example Input: 3

Expected Output: 6 (1 + 2 + 3)

Guidelines:

- 1. The method should be **recursive**.
- 2. The **base case** is when n equals 1.
- 3. Handle **edge cases**, such as when n is less than or equal to 0.
- 4. Print the result in the Main method after calling the recursive method.