



MISCONCEPTIONS PRE-QUIZ III

By now, you know a lot about speed-reading and SuperLearning. Now, it's time to think seriously about how to maintain the new memories you're creating over the long term. This quiz will test some of your misconceptions before we dive in.

1. If we properly invest in creating our markers and using the superlearning techniques, there's no need to review the information over time; our brains will remember it sufficiently.
 - A. True
 - B. False
2. Assuming we need to review something in difficult in order to continue remembering it, what do you think is the most effective way to schedule that review?
 - A. Review at set intervals (daily, weekly, or monthly)
 - B. Review at intervals that grow arithmetically (1 week, 2 weeks, 3 weeks...)
 - C. Review at intervals that grow geometrically (1 week, 2 weeks, 4 weeks...)
 - D. Review at intervals that are custom-calculated based on our curve of forgetting
3. SuperLearners don't generally have to take notes or highlight if the information isn't particularly dense, because they use visual memory techniques.
 - A. True
 - B. False
4. What do you think "mind mapping?" means?
5. What is a "memory palace," and why is it important?
6. How would you use the techniques you've learned to far to remember long strings of numbers?