

# HOME PAGE COPY

## Hero Section

**Rest for the Restless**  
**Releasing Your Ambition Through a Well-Rested Life**

I'm Marc Lucenius—pastor, author, coach and entrepreneur. I kind of doing stuff. Maybe you are restless like me. Join me as I continue to discover Jesus' way of living both restless and rested.

**[Get the Book]**  
**[Download the Free 7-Day Rest Reset]**

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## Endorsement Banner

“Marc writes with the honesty of a pastor who has lived in the tension between ambition and soul-level exhaustion—and found a better way in Jesus.”  
— *Anonymous*

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## Who This Book Is For

**For the restless in life who want to find a way live with both ambition and rest.**

If you:

- Love getting things done but feel your soul getting thinner
- Want to follow Jesus wholeheartedly but struggle with overcommitment
- Know rest is important but can't seem to access it

...then this book is for you.

**[See What's Inside]—link to book page**

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## About the Author (Home Page Mini-Bio)

I'm a husband, dad, and the lead pastor of 938 Church in West Chester, PA. For years, I lived at full speed—working hard for God while quietly running on and off fumes. *Rest for the Restless* is how Jesus taught me to release my ambition, find real rest, and work from grace and deep enjoyment.

**[Read More About Marc]**

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## **Free Resource**

### **Start a 7-Day Rest Reset**

Short, practical daily practices designed to help you slow down, breathe, notice God's presence, and work from rest—starting today.

**Get the Reset + ongoing insights to help you live rested.**

**[Download Free Guide]**

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## **Speaking Teaser**

### **Invite Marc to Speak**

Marc teaches on ambition, rest, and sustainable discipleship for churches, conferences, and leadership events.

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## **Email Signup (Footer)**

Stay encouraged with monthly reflections, practices, and updates on new resources. P

**[Join the Email List]. Please add a from for email addresses**

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## **2. ABOUT MARC PAGE COPY**

## Short Bio (for speaking + podcasts)

Marc Lucenius is the Lead Pastor of 938 Church in West Chester, Pennsylvania, and the author of *Rest for the Restless: Releasing Your Ambition Through a Well-Rested Life*. He writes and teaches to help ambitious Christians embrace the rest Jesus offers without abandoning their calling.

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## Longer Story

I've always been driven. Whether in ministry, leadership, or family life, I pushed hard—convinced that if I wasn't producing, I wasn't valuable. From the outside, things looked great. On the inside, I was running on fumes.

I wasn't burned out. Not yet.

But I was restless—always pushing, always striving, always feeling like there was one more thing I needed to do to prove that I belonged.

Then Jesus interrupted me.

Through Scripture, wise mentors, honest community, and some painful moments of hitting my limits, I began to see that the rest Jesus promised in Matthew 11 wasn't a metaphor—it was a way of life. His rest wasn't passive. It was active, grounding, and freeing. It restored my ambition rather than suppressing it.

*Rest for the Restless* is the story of that journey. It's written for every believer who wants to serve God wholeheartedly without losing themselves in the process.

Today, I pastor 938 Church, where we are learning how to live out God's vision with joy, not exhaustion. I live in West Chester, PA, with my family, and I love hiking, coaching leaders, exploring new ideas, and helping people rediscover the grace of a rested life.

[Download Press Kit & Headshots]

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## 3. THE BOOK PAGE COPY

### Rest for the Restless

### Releasing Your Ambition Through a Well-Rested Life

You don't need less ambition.  
You need less restlessness.

This book is for believers who want to show up to life with everything God has given without living exhausted, anxious, or endlessly driven by inner pressure.

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## **What This Book Will Help You Do**

- Understand why ambition itself isn't the enemy
  - Recognize the “work beneath the work” that keeps you striving
  - Learn rhythms of rest for your mind, heart, body, and relationships
  - Discover how Sabbath is a gift—not a legalistic burden
  - Practice slow, sustainable habits rooted in grace instead of pressure
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## **Inside the Book**

A gentle but practical guide, filled with:

- Biblical teaching that meets you where you really live
  - Personal stories from leadership, family life, and faith
  - Reflection questions at the end of each chapter
  - Realistic practices you can begin immediately
  - A hopeful vision of ambition surrendered to Jesus
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## **Who This Book Is For**

Ambitious Christians, leaders, pastors, entrepreneurs, parents, students—anyone who loves the idea of rest but struggles to actually live rested.

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## **Perfect For**

- Small group studies
- Leadership teams
- Church-wide rhythms
- Personal reflection

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## Buy the Book

[\[Buy on Amazon\]](#)  
[\[Buy from Publisher\]](#)

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## Free Chapter

Want to try it first?

[\[Download Chapter One + Reflection Guide\]](#)

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## 4. RESOURCES PAGE COPY

### Free Chapter + Reflection Guide

Get Chapter One of *Rest for the Restless* plus a guided reflection tool for personal or group use.

[\[Download Free Chapter\]](#)

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## 7-Day Rest Reset

A simple, daily practice designed to help you slow down, breathe, and experience the presence of Jesus in practical ways.

[\[Get the 7-Day Reset\]](#)

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## Small Group Guide

A 4–6 week discussion guide for churches and groups who want to explore rest, ambition, and the way of Jesus.

[\[Download Group Guide\]](#)

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## Related Sermons & Teachings

Listen to sermons and messages connected to the themes of the book.

**[View Sermons]**

(You can link to selected 938 Church messages.)

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## 5. SPEAKING PAGE COPY

### Invite Marc to Speak

Marc teaches on ambition, rest, the gospel, recovery and sustainable discipleship for churches, conferences, staff teams, and retreats. His speaking combines biblical depth, practical application, relatable humor, and real-life honesty.

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### Signature Topics

#### 1. Rest for the Restless

Why ambition isn't the enemy—and how Jesus gives us a way to lead with peace instead of pressure.

#### 2. The Work Beneath the Work

Understanding the inner drivers that quietly exhaust us—and how the gospel frees us from needing to prove ourselves.

#### 3. Recovery

How do we make it back when life or ambitions have taken us too far

#### 4. Ambition & Calling

How to pursue big vision without burning out your soul, family, or faith.

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## What Audiences Can Expect

- Clear biblical teaching
- Practical next steps (not abstract ideals)
- Honest stories from real ministry life
- A relatable, pastoral tone
- Encouragement for leaders who feel tired
- Hope for Christians who feel stuck

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## Speaking Inquiry

Interested in having Marc speak at your church or event?

Fill out the short form below, and someone will follow up soon.

**[Inquire About Speaking]**

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